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The antimicrobial peptide DGL13K is active against drug-resistant gram-negative bacteria and sub-inhibitory concentrations stimulate bacterial growth without causing resistance

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Abstract

Antimicrobial peptides may be alternatives to traditional antibiotics with reduced bacterial resistance. The antimicrobial peptide GL13K was derived from the salivary protein BPIFA2. This study determined the relative activity of the L-and D-enantiomers of GL13K to wild-type and drug-resistant strains of three gram-negative species and against *Pseudomonas aeruginosa* biofilms. DGL13K displayed in vitro activity against extended-spectrum beta-lactamase (ESBL)-producing and *Klebsiella pneumoniae* carbapenemase (KPC)-producing *Klebsiella pneumoniae* (MICs 16–32 µg/ml), MDR and XDR *P. aeruginosa*, and XDR *Acinetobacter baumannii* carrying metallo-beta-lactamases (MICs 8–32 µg/ml). *P. aeruginosa* showed low inherent resistance to DGL13K and the increased metabolic activity and growth caused by sub-MIC concentrations of GL13K peptides did not result in acquired bacterial resistance. Daily treatment for approximately two weeks did not increase the MIC of DGL13K or cause cross-resistance between LGL13K and DGL13K. These data suggest that DGL13K is a promising antimicrobial peptide candidate for further development.

Introduction

Antimicrobial peptides (AMPs) have been considered as an alternative to traditional antibiotics and may represent a different therapeutic modality with reduced opportunity for bacterial resistance [1, 2]. The possibility of bacterial resistance to AMPs has been extensively debated. On the one hand, it has been proposed that their mode of action at the cell membrane makes resistance unlikely [1, 3, 4] and peptides such as polymyxin B and nisin have been used for decades with no significant resistance [5]. On the other hand, resistance can be generated under laboratory conditions [6, 7] causing concerns that bacteria that become resistant to a therapeutic AMP would also be resistant to endogenous human host-defense peptides ("arming the enemy") [8–10], as shown for pexiganan and HNP-1 [6]. A recent study suggests that

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Data Availability Statement: All relevant data are within the paper.

Abbreviations: AMP, antimicrobial peptide; CFU, colony-forming units; ESBL, extended-spectrum beta-lactamase; KPC, Klebsiella Pneumoniae

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Carbapenemases; MDR, multidrug-resistant; MIC, minimal inhibitory concentration; PBS, phosphate-buffered saline; XDR, extensively-drug resistant.

AMPs are more likely to show collateral sensitivity rather than cross-resistance to traditional antibiotics [2]. In addition, we have recently reported that closely related peptide enantiomers can show significant differences in their interactions with bacterial defense mechanisms [11, 12].

We previously described the design of anti-inflammatory and bacterial agglutinating peptides based on the sequence of the human salivary protein BPIFA2 [13–16]. A modified peptide, GL13K, was developed by substituting three polar or charged amino acids with lysine residues [17]. The resulting peptide is a more cationic and highly bactericidal peptide, which retains anti-inflammatory activity in vitro and in vivo [17]. A second generation, D-enantiomer of GL13K (DGL13K) resists bacterial proteases [12, 18] and is bactericidal against gram-negative and gram-positive bacteria, including vancomycin-resistant *Enterococcus faecalis* and methicillin-resistant *Staphylococcus aureus* [12, 19]. Interestingly, a similar D-enantiomer selectivity of gram-positive bacteria was reported for the AMP M33-D [20]. The goal of this study was to determine the relative activity of the L-and D-enantiomers of GL13K to wild-type and drug-resistant strains of gram-negative bacteria and bacterial biofilms. In addition, we show that *Pseudomonas aeruginosa* exhibit hormesis in response to subinhibitory concentrations of the GL13K peptides but this does not result in acquired resistance to DGL13K or cross-resistance between the L- and D-enantiomers of GL13K.

Materials and methods

Bacterial isolate collection

The laboratory strains, *P. aeruginosa* Xen41, a bioluminescent derivate of PA01 (Xenogen, Alameda, CA; now Perkin-Elmer, Waltham, MA), *P. aeruginosa* ATCC 27853, and *Klebsiella pneumoniae* ATCC 13883 were used as quality control strains and analyzed in parallel with each minimal inhibitory concentration (MIC) experiment. Four clinical *P. aeruginosa* strains (55, 147, 220, 237) collected from Boston, MA, and 2 clinical strains (507, 508) from Philadelphia, PA were tested [21]. Six clinical isolates of *K. pneumoniae* were tested including three from Boston, MA (19, 127, 132) and three from Philadelphia, PA (556, 584, 596). Finally, six *Acinetobacter baumannii* isolates acquired from the Gram Negative Carbapenemase Detection and *A. baumannii* panels of the CDC & FDA Antibiotic Resistance Isolate Bank (Atlanta, GA) (http://www.cdc.gov/arisolatebank) were tested: AR Bank #33, #52, #102, #280, #290, and #294. The resistance phenotype for each strain is listed in **Table 1**. Isolates were characterized as multidrug-resistant (MDR) if non-susceptible to ≥ 1 agent in ≥ 3 antimicrobial categories, and extensively-drug resistant (XDR) if non-susceptible to ≥ 1 agent in ≥ 6 antimicrobial categories [22].

Peptides

Polymyxin B was purchased from MilliporeSigma (St. Louis, MO). LGL13K (GKIIKLK-ASLKLL-NH2) [17] and an all-D-amino acid version of this peptide (DGL13K) [12, 18] were purchased from Bachem AG (Bubendorf, Switzerland). The non-bactericidal control peptide GL13NH2 (GQIINLKASLDLL-NH2) [16, 17] was purchased from Aapptec (Louisville, KY). GL13K peptides were synthesized by Fmoc chemistry and the TCA form isolated at >95% purity by reverse-phase HPLC. The purity and identity of each peptide were verified by the suppliers by reverse-phase HPLC and mass spectrometry, respectively. The lyophilized peptides were re-suspended in 0.01% sterile acetic acid at 10 mg/ml and stored at 4˚C. All peptide batches were validated by MIC testing prior to use, using the modified Hancock protocol described below.

Table 1. LGL13K and DGL13K MIC values determined against wild-type and drug-resistant strains of gram-negative bacteria.

Species	Strain	Clinical isolate reference	Resistance phenotype	Resistance mechanisms	MIC: LGL13K (µg/ml)	MIC: DGL13K (µg/ml)
P. aeruginosa	PA01	N/A	Reference		128	32
	ATCC27853	N/A	Reference ATCC		128	32
	55	[21]	XDR phenotype	ND	128	64
	147	[21]	MDR phenotype	ND	128	64
	220	[21]	Wild-type	ND	128	64
	237	[21]	MDR phenotype	ND	64	32
	507	Present study	MDR phenotype	ND	>128	128
	508	Present study	MDR phenotype	ND	128	64
A. baumannii	AR Bank #33	N/A	XDR phenotype	NDM-1, OXA-94, sul2	64	16
	AR Bank #52	N/A	XDR phenotype	OXA-100, OXA-58, sul2	64	8
	AR Bank #102	N/A	XDR phenotype	ADC-25, armA, catB8, mph(E), msr(E), OXA-66, strA, strB, sul1	128	32
	AR Bank #280	N/A	XDR phenotype	aac(3)-Ia, ADC-25, aph(3')-Ic, OXA-66, strA, strB, sul1, TEM-1D	64	32
	AR Bank #290	N/A	XDR phenotype	ADC-25, aph(3')-Ic, aph(3')-VIa, armA, catB8, mph (E), msr(E), OXA-23, OXA-66, strA, strB, sul1, TEM-1D	64	32
	AR Bank #294	N/A	XDR phenotype	aac(3)-IIa, aph(3')-VIa, OXA-23, OXA-65, strA, strB, sul2, TEM-1B	64	32
K. pneumoniae	ATCC 13883	N/A	Reference ATCC		64	8
	19	[21]	Wild-type	ND	64	16
	127	[21]	Wild-type	ND	64	16
	132	[21]	ESBL phenotype	ND	64	32
	556	[25]	Carbapenem-resistant MDR phenotype	KPC-2	64	16
	584	[25]	Carbapenem-resistant MDR phenotype	KPC-3	64	16
	596	Present study	ESBL phenotype	ND	64	16

ESBL: extended-spectrum beta-lactamase; KPC: *Klebsiella pneumoniae* carbapenemase; MDR: multidrug-resistant; N/A: not applicable; ND: not determined; XDR: extensively drug-resistant

MIC determinations

MICs were determined via two different methods: the broth microdilution reference method used for traditional antibiotic susceptibility testing as recommended by the Clinical and Laboratory Standards Institute [23] and the Modified Hancock protocol, a broth microdilution method for cationic AMPs [24].

CLSI broth microdilution protocol. MICs were determined in at least duplicate on separate days. *P. aeruginosa* ATCC 27853 was used as a control strain and analyzed in parallel with each experiment. Briefly, all test isolates and ATCC reference strains were subcultured twice consecutively onto blood agar plates from storage at -80°C and incubated overnight at 35°C. Single isolated colonies were used to inoculate cation-adjusted Mueller-Hinton broth (BBL, Becton Dickinson and Company, Sparks, MD) to a final density of approximately 5×10^5 colony-forming units (CFU)/ml in each well of a 96-well plate. Bacterial inocula were verified via enumeration following plating of ten-fold dilutions of the inoculum suspension.

Modified Hancock protocol. Broth microdilution assay for cationic antimicrobial peptides [24] was performed as previously described [19]. Briefly, a 20 µl solution (1 mg/ml) of

each peptide was serially diluted 2-fold in a 1:10 dilution of phosphate-buffered saline (PBS) (Hyclone; GE Healthcare, Pittsburgh, PA) in dH2O (10%PBS), and then mixed with 100 μl of *P. aeruginosa* Xen 41 (10^5 CFU/ml) in Mueller-Hinton Broth. Final volume in each well was 120 μl and the peptide concentration range tested was 167 μg/ml– 0 μg/ml. Samples were incubated in polypropylene plates at 37˚C overnight with gentle shaking. The optical density at 630 nm (OD630) and luminescence were read in a Synergy HT plate reader (BioTek, Winooski, VT) and plotted against peptide concentration. The MIC was read as the lowest peptide concentration that prevented bacterial growth.

Biofilm assay

P. aeruginosa Xen 41 (5 x 10^5 CFU/well, 100 μl Luria-Bertani (LB) broth) were incubated with shaking overnight in 96-well microtiter plates at 37˚C. The wells were aspirated and the attached biofilms washed with 200 μl PBS. To each well was added 150 μl Mueller-Hinton Broth or PBS containing a 2-fold serial dilution of peptide (concentration range 1 mg/ml– 1.95 μg/ml). The plates were incubated 60 min at 37˚C and luminescence determined in a Bio-Tek plate reader to quantify live cells.

To determine total cells (live+dead) in the attached biofilm, the wells were aspirated and washed with 2 x 200 μl PBS. The plates were incubated with 150 μl/well of 0.03% crystal violet for 30 min at room temperature. The wells were aspirated and washed with 2 x 300 μl PBS followed by 2 x 300 μl dH2O. To each well was added 200 μl 95% ethanol, incubated for 30 min at 37˚C, and the OD630 determined. The readings for each peptide were normalized by dividing with the luminescence or OD of the samples with the lowest peptide concentration.

Hormesis

To determine the effect of subinhibitory concentrations of GL13K peptides on bacterial growth and metabolic activity, MIC values (modified Hancock protocol) were read spectrophotometrically and the OD630 (growth) and luminescence (metabolic activity) were determined at each peptide concentration. The peptide concentrations were converted to fold-MIC for each peptide and plotted to allow direct comparison of peptides with different MICs.

Frequency of resistance

LE agarose (BioExpress, Kaysville, UT) was dissolved at 1% in Mueller-Hinton Broth at 95˚C. The agarose broth was cooled to 60˚C, 100 μg/ml DGL13K was added and the DGL13K-agarose poured in 10 cm petri dishes. Overnight cultures of *P. aeruginosa* Xen41 were pelleted and suspended in sterile 0.9% saline at 5 x 10^8 CFU/ml (an aliquot was diluted and cultured on agar to validate the concentration of the culture). One ml bacterial culture was plated on each of duplicate DGL13K-agarose plates and incubated overnight at 37˚C. Surviving colonies were enumerated as a fraction of 10^9 plated CFU.

Serial MIC assay

This assay was performed to determine potential development of resistance, as described previously [12]. Briefly, an initial MIC assay was prepared using the modified Hancock protocol. The MIC was recorded the following day and the bacteria in the wells containing 0.5xMIC of each peptide (i.e. the highest peptide concentration that allowed growth) were diluted 1000-fold in Mueller-Hinton Broth and 100 μl/well used to inoculate a new MIC plate. The MIC assay was repeated daily for 16 days. On day 15, bacteria that had been exposed to LGL13K were treated with DGL13K to determine cross-resistance.

Results

Activity against drug-resistant bacteria

Drug-resistant bacteria are an increasing problem and novel antibiotics are urgently needed. The second generation AMP DGL13K has been found to be highly effective against vancomycin-resistant *E. faecalis* and methicillin-resistant *S. aureus* [12, 19]. In this study, we tested the L- and D-enantiomers of GL13K against drug-resistant strains of the gram-negative bacteria *K. pneumoniae*, *A. baumannii* and *P. aeruginosa* (Table 1).

The MIC for each peptide was relatively consistent between strains of each bacterial species (**Table** 1). Comparison of the MICs recorded for DGL13K and LGL13K showed that the MICs for DGL13K were generally 2-fold lower than those recorded for LGL13K (Fig 1), in agreement with our previous results [19]. Against the three gram-negative species tested, DGL13K was most active against *K. pneumoniae* and *A. baumannii*, with MICs ranging from 8–32 μg/ml (**Table** 1). Against *K. pneumoniae* isolates, MICs for ESBL- and KPC-producing strains did not significantly differ when compared to the ATCC reference strain. Against *P. aeruginosa*, MICs were within 2 doubling dilutions for MDR and XDR isolates (32–128 μg/ml) when compared to the reference strains (32 μg/ml). The latter results are about 6-fold higher than those previously reported for *P. aeruginosa* [19].
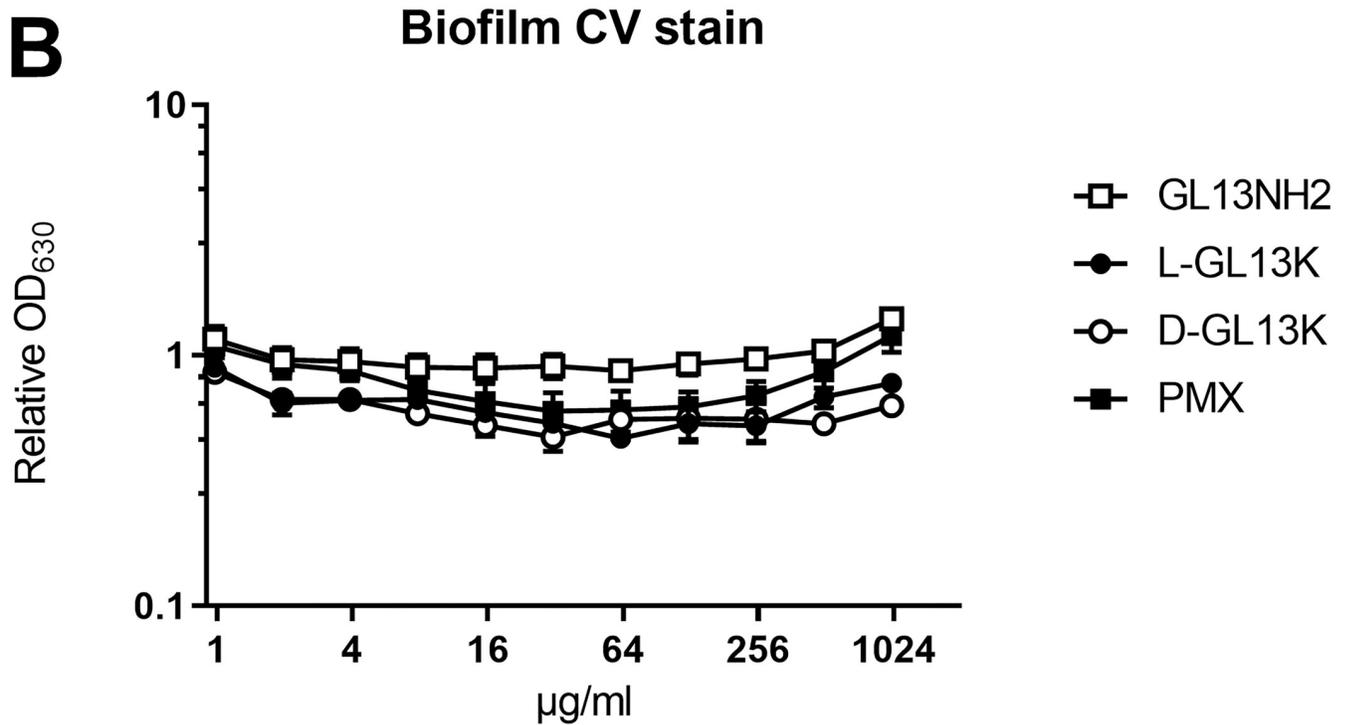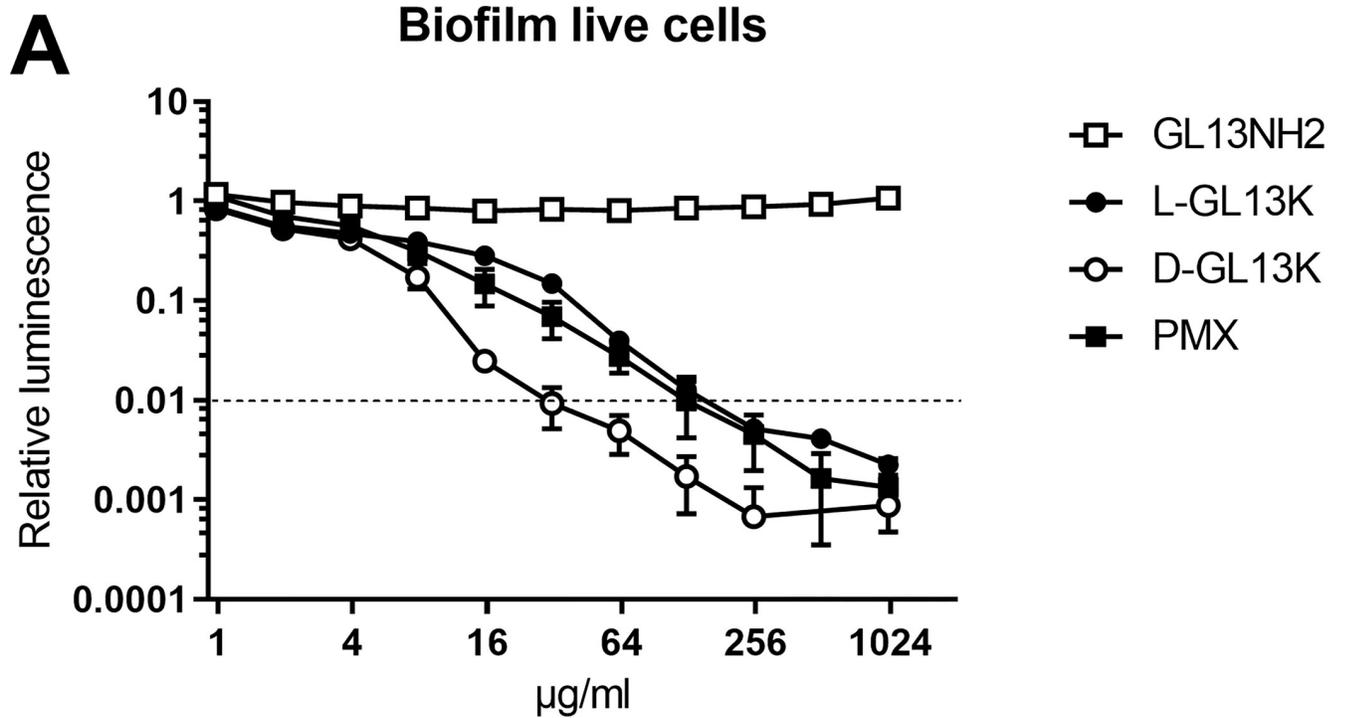
Activity against biofilms of *P. aeruginosa*

LGL13K and DGL13K kill biofilms of *P. aeruginosa* [18]. To compare the dose needed to kill biofilms with the MIC, biofilms were incubated with increasing doses of LGL13K, DGL13K, GL13NH2 and the control antimicrobial peptide polymyxin B. Fig 2A shows that 99% reduced viability (LD99) of wild-type *P. aeruginosa* was achieved at a concentration of 32 μg/ml, whereas 128 μg/ml of LGL13K or polymyxin B were required to reach a comparable reduction of viability. Thus, the LD99 for biofilms is similar to the MIC achieved for both GL13K enantiomers (Table 1). Biofilm viability was not affected by the control peptide GL13NH2, which is not bactericidal [17]. The biomass of the biofilms was not reduced by the peptide treatments, as evidenced by crystal violet staining of attached bacteria (Fig 2B). It has previously been demonstrated that killed biofilm can remain attached on DGL13K-coated surfaces [26].
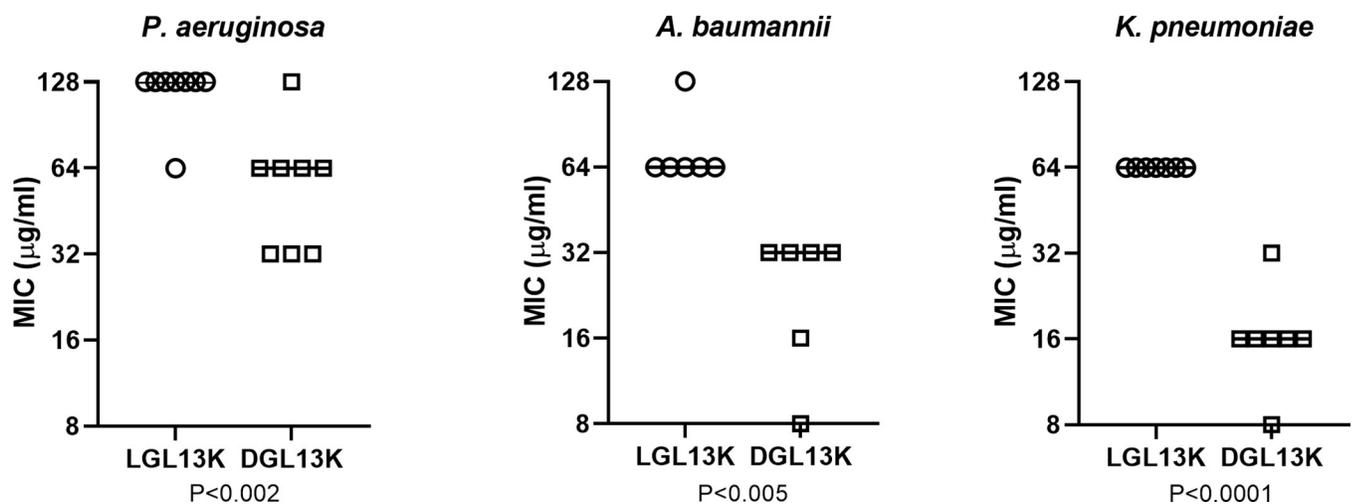
Fig 1. Comparison of MIC values for different strains of *P. aeruginosa*, *A. baumannii* and *K. pneumoniae* treated with LGL13K or DGL13K. For each species listed in Table 1, the MIC of the two peptide enantiomers were compared by paired student's t-test. P-values are indicated. Lines represent the median MIC of each group.

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A

Biofilm live cells

B

Biofilm CV stain

Fig 2. Bactericidal activity of peptides against *P. aeruginosa* biofilms. Biofilms were incubated for 1h with peptides, at the concentrations shown. **A.** live cells were quantitated by luminescence. Dotted line indicates 99% killing of biofilm. **B.** Biofilm biomass was quantitated by crystal violet staining. PMX = polymyxin B. Data from two independent experiments performed in duplicate were normalized to the mean of the lowest peptide concentration in each experiment. Data shown as mean ± SEM (N = 4).

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Effect of sub-inhibitory peptide concentrations on bacterial growth

In dose response experiments with *P. aeruginosa*, we noted that the OD_{630} of the cultures increased with increasing peptide concentration, up to 0.5 x MIC. A similar effect of subinhibitory concentrations has been reported for many toxic substances (hormesis), including traditional antibiotics [27]. To further evaluate this effect, the growth of *P. aeruginosa* was determined by culture density (OD_{630}) and bacterial metabolic activity was determined by cellular luminescence [28]. Increasing peptide concentration up to 0.5 x MIC increased the OD_{630} by about 50% (Fig 3A) while metabolic activity increased 2-4-fold (Fig 3B).

Bacterial resistance to L- and D-GL13K

The frequency of resistance of *P. aeruginosa* was less than 10^{-9} when the bacteria were plated on agar containing 100 μg/ml DGL13K, i.e. 3xMIC determined in **Table 1**. Thus, these bacteria show very low inherent resistance to DGL13K.

The increased metabolic activity caused by culturing *P. aeruginosa* in the presence of 0.5xMIC of the GL13K peptides raised the question if the bacteria acquire resistance to the GL13K enantiomers when they are cultured under sub-inhibitory peptide concentrations. Repeated exposure of *P. aeruginosa* to 0.5xMIC of DGL13K did not increase the MIC of this peptide after 16 rounds (days) of selection (Fig 4). The MIC for LGL13K trended towards a 2-fold increase but this did not reach statistical significance (P<0.06). Importantly, bacteria that had reached the higher MIC for LGL13K did not show an increased MIC for DGL13K (Fig 4, closed square). The lack of cross-resistance between these two closely related AMP enantiomers is promising for future clinical use [10].

Discussion

The antimicrobial peptide enantiomers LGL13K and DGL13K have shown promising activity against gram-negative (LGL13K and DGL13K) [17, 18] and gram-positive bacteria (DGL13K) [12, 19]. In this report, we determined the antibacterial activity against additional bacterial species as well as several drug-resistant strains of clinically important gram-negative bacteria. The second-generation antimicrobial peptide DGL13K shows activity against the tested drug-resistant strains that is similar to that of the corresponding wild-type strains. Importantly, DGL13K displayed activity against isolates of multiple species of resistant gram-negative pathogens including ESBL and KPC-producing *K. pneumoniae* (MICs 16–32 μg/ml), MDR and XDR *P. aeruginosa*, and XDR *A. baumannii* carrying metallo-beta-lactamases (MICs 8–32 μg/ml). Treatment options for infections caused by these resistant pathogens are limited and often result in treatment with more toxic agents such as the polymyxins or aminoglycosides [29, 30].

The MICs for DGL13K were consistently about 2-fold lower than the corresponding value for LGL13K (Fig 1). This is consistent with our earlier finding that LGL13K, but not DGL13K, is inactivated by conditioned bacterial medium while the activity is preserved in the presence of EDTA [18]. These results suggested that a bacterial metalloprotease is involved in the degradation of LGL13K in *P. aeruginosa* [18]. Similarly, we have reported that *Enterococcus faecalis* protease can degrade LGL13K, but not DGL13K [12]. Thus, in an overnight MIC assay there is increasing bacterial growth and release of proteases that would increase the apparent MIC for the susceptible LGL13K peptide.
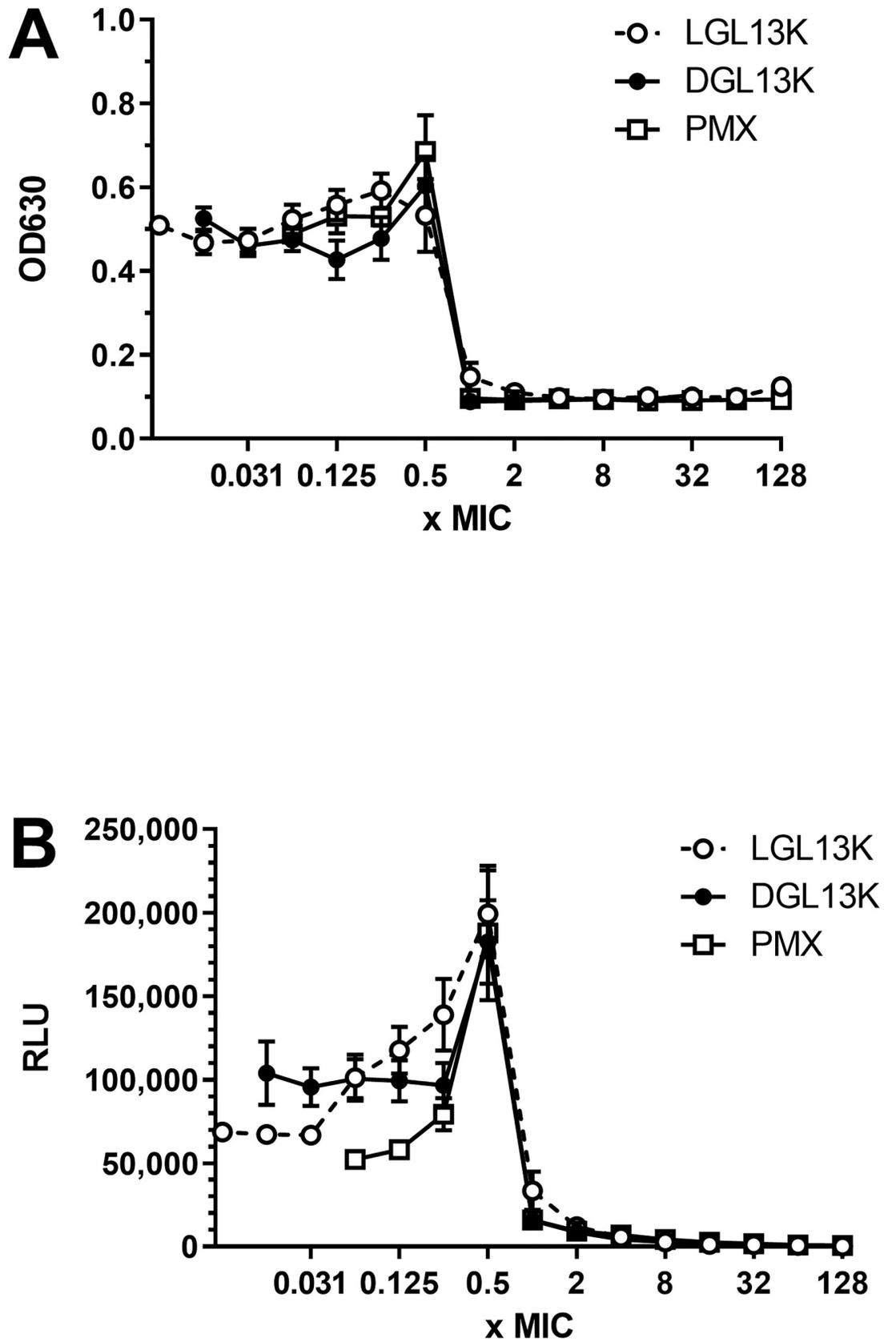
Fig 3. *P. aeruginosa* culture response to increasing peptide concentrations. *P. aeruginosa* Xen 41 were incubated with increasing concentrations of LGL13K (open circles), DGL13K (closed circles) or polymyxin B (PMX, open squares). OD at 630 nm (A) and luminescence (RLU) (B) were recorded at peptide concentrations corresponding to 0.007 to 128x MIC for each peptide. The data from 2–3 independent experiments are shown as mean ± SEM, N = 4–8.

The circular dichroism and NMR structures of LGL13K have been resolved in phospholipid environments that mimicked those of bacterial membranes [31, 32]. Once the peptide reaches the cell membrane, it transitions from random coil, through α-helix, to a ß-sheet structure that presumably represents the active conformation. The ß-sheet structure aligns with model membranes and has a high capacity to disrupt membrane order [31]. Analysis of DGL13K secondary structure suggests that its interaction with LPS-rich (Gram negative-like) membranes is similar to that of LGL13K [32]. In this context the negative charge of the target membrane attracts the higher concentrations of the cationic peptide needed for ß-sheet formation and membrane perturbation [31].

DGL13K did not exhibit collateral sensitivity [2] in drug-resistant strains of gram-negative bacteria. Similarly, we have recently reported that the MIC for drug-resistant *Staphylococcus aureus* and *Enterococcus faecalis* are not lower than the MIC for wild-type strains [12, 19]. Indeed, bactericidal activity is similar to the growth inhibiting activity in most cases and the peptide is highly active against established bacterial biofilms. Thus, DGL13K is a promising candidate for further development.

The data in Table 1 were generated using the CLSI protocol for broth microdilution [23] while our previous results [17–19] were obtained with a modified version of the protocol developed for cationic antimicrobial peptides by Hancock [24]. Similarly, it has been reported that the 'Hancock protocol' results in lower MICs for cationic peptides than the protocol described by CLSI [33]. The exact cause of the higher MIC values for the CLSI protocol is not clear. However, the CLSI protocol is not optimized for antimicrobial peptides and the different
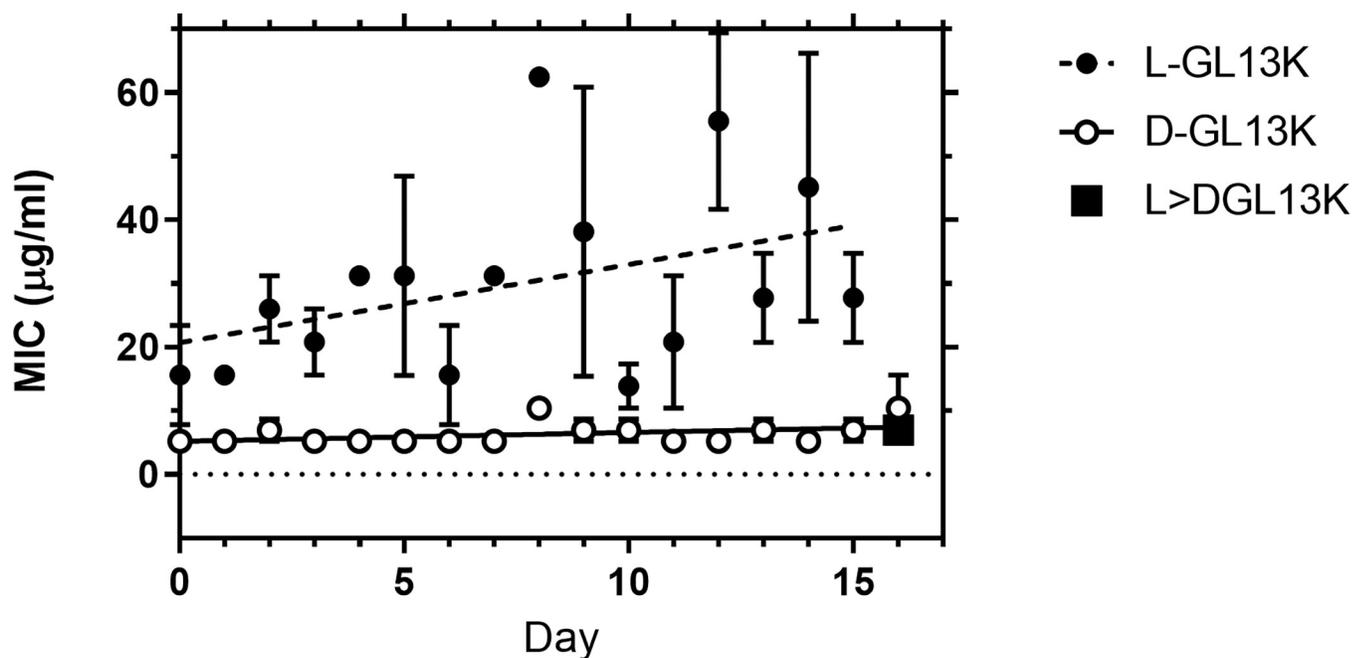
Fig 4. Development of resistance in *P. aeruginosa* by repeated treatment with LGL13K (closed circles) or DGL13K (open circles). The MIC determinations were plotted for each day (mean ± SEM, N = 3) and analyzed by linear regression. Samples treated with LGL13K for 15 days were then treated with DGL13K and the MIC determined (square. Mean ± SEM, N = 3).

results compared to the Hancock protocol likely result from a combination of factors embedded in the two protocols.

In the course of antibacterial activity studies, we noted that subinhibitory (sub-MIC) concentrations of the antimicrobial peptides caused increased growth and metabolic activity of *P. aeruginosa*, which was most notable at 0.5xMIC. A similar phenomenon (hormesis) has been described for several toxins in multiple species and taxa [34, 35]. Interestingly, the effect in bacteria has been linked to "medium-richness". Thus, the growth promoting effect of the antibiotics sulfamethazine and erythromycin were more pronounced in dilute Mueller-Hinton Broth than in full strength Mueller-Hinton Broth and the effect was absent in Luria-Bertani medium [27]. The effect of GL13K peptides was stronger on metabolic activity than overall growth, suggesting that *P. aeruginosa* were selectively stimulated in metabolic pathways. Consistent with this observation, hormesis has been suggested to constitute a defensive adaptation to low concentrations of stressors that affects the transcriptional activity of bacteria [36]. Thus, it is likely that low concentrations of antibiotics cause an adaptive response that increases survival upon further increases in antibiotic concentration.

Re-analysis of peptide dose-response curves (MIC assays) for the gram-positive bacteria *Streptococcus gordonii*, *Enterococcus faecalis* [12] and *Staphylococcus aureus* [19] revealed that some strains exhibited a similar growth stimulatory effect at subinhibitory concentrations of GL13K peptides (Gorr, unpublished). DGL13K, but not LGL13K, circumvents cell wall defense mechanisms that include D-alanylation of teichoic acids. Interestingly, the hormesis effect was observed in D-alanylation mutants that had lost resistance to LGL13K, suggesting that the effect is not associated with the initial point of attack at the cell surface. A better understanding of the cellular targets for GL13K peptides in gram-negative and gram-positive bacteria will be needed to determine the different mechanisms that allow peptide-induced bacterial hormesis.

P. aeruginosa show very low inherent resistance to DGL13K and the increased metabolic activity and growth at sub-MIC concentrations of GL13K peptides did not result in acquired bacterial resistance. Daily treatment for about two weeks had no effect on the MIC of DGL13K towards *P. aeruginosa*. Similar results were recently reported for the gram-positive bacteria *S. gordonii* and *E. faecalis* treated with DGL13K [12]. A likely explanation is that upregulation of bacterial proteases is an effective defense against the L-enantiomer of antimicrobial peptides. This readily explains the increased MIC observed for LGL13K (Fig 1) and the lack of resistance to DGL13K (Fig 4). The proposed translational response to sub-inhibitory doses of peptide (hormesis) [36] further supports that a simple upregulation of bacterial proteases can increase cellular resistance. As a further resistance mechanism, surface modification has also been suggested to block the attack by antimicrobial peptides, although membrane disruption may be costly to combat through bacterial mutation [4, 11].

It has been proposed that host antimicrobial peptides have remained effective against invading pathogen through a process of co-evolution [37]. The lack of inherent or acquired resistance of gram-negative (this study) and gram-positive bacteria [12] and the ability of DGL13K to overcome bacterial defense mechanisms (proteolysis) that affect LGL13K give hope that antimicrobial peptides can be designed to address bacterial resistance without "arming the enemy".

Author Contributions

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Writing – original draft: Sven-Ulrik Gorr, Elizabeth B. Hirsch.

Writing – review & editing: Sven-Ulrik Gorr, Hunter V. Brigman, Jadyn C. Anderson, Elizabeth B. Hirsch.

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