



Acetabular Defect Reconstruction with Trabecular Metal Augments: Study with Minimum One-year Follow-up

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Purpose: High rates of mechanical failure have been reported in type III acetabular defects. Recently porous trabecular metal augments have been introduced with, excellent biomechanical characteristics and biocompatibility, allowing early stability and greater bone ingrowth. The aim of the study was to assess the short term clinical and radiological outcome of the trabecular metal augments.

Materials and Methods: We performed, 22 revision total hip arthroplasties (THA) and 6 primary THA (total 28) using trabecular metal augments to reconstruct acetabular defect between 2011 to 2015. Among 28 patients, 18 were males, 10 females. Mean age of patients was 61.21 years. Paprosky classification for acetabular bone defects was used. Eighteen cases were classified as grade 3 A and 10 cases as grade 3B. Hip center was calculated in each case preoperatively and compared postoperatively to check whether it has been brought down. Clinical outcome assessed using Harris hip score (HHS) and radiological outcomes as osteolysis in acetabular zones and osseointegration, according to Moore's criteria.

Results: HHS improved from 58.00 to 86.20. Centre of rotation of hip joint corrected from 38.90 mm preoperatively to 23.85 mm postoperatively above the interteardrop line. Among 28 patients, 18 patients had three or more signs of osseointegration (Moore's criteria), during final follow up and 10 had one/two signs. No radiolucency, osteolysis, or loosening found during follow up radiographic examination.

Conclusion: Our study showed that trabecular metal augments were highly satisfactory in short term. However, long term study is required for better evaluation.

Key Words: Metal augment, Acetabular, Bone defect, Total hip arthroplasty

INTRODUCTION

The number of total hip arthroplasties (THA) performed each year is increasing and similar trend has also been observed for revision hip procedures¹). Reconstructing acetabular defects in revision hip arthroplasty can be challenging. Small, contained defects can be successfully reconstructed with porous-coated hemispheric cups with or without supplementary allografts²). Paprosky type III acetabular bone defects can be reconstructed with various methods depending on size and location of the defect. Different implant designs and sizes are available for THA

Submitted: January 9, 2017 **1st revision:** May 28, 2017
2nd revision: June 20, 2017 **Final acceptance:** July 6, 2017
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acetabular revisions³), which include mainly reinforcement devices (roof-reinforcement rings and anti-protrusion cages), custom-made triflanged acetabular components, jumbo cups and tantalum metal systems. Each design and method has various success rates as well as various complication rates^{4,5}. Trabecular metal can be used in acetabular cup alone or in conjunction with augments, depending upon type of defect of acetabulum. Trabecular materials facilitate rapid bony ingrowth because of high porosity of these products. These porous trabecular titanium comes in various shapes and sizes which offer to fill variable defect types and provide structural support in the acetabulum. Trabecular titanium augments along with uncemented porous coated cups have given the better results in high grades of acetabular bone loss as compared to uncemented hemispherical cup only^{6,7}.

The purpose of this study was to evaluate (1) the role of trabecular metal augments in early outcome of large acetabular defect reconstruction; (2) the functional outcome of these patients; (3) the restoration of the center of rotation of the hip joint after reconstruction; and (4) the osseointegration of the components as assessed on plain radiographs.

MATERIALS AND METHODS

Twenty-eight hips (in 28 patients) in which trabecular metal augments in conjunction with standard acetabular components operated from November 2011 to November 2015 were retrospectively reviewed. All surgeries were performed by single senior orthopaedic surgeon between this time periods. Out of 28 patients, there were 18 male (64.3%) and 10 female (35.7%) patients. The mean age of all patients was 61.21 years (range, 46 to 79 years). There were 18 cases of right hip and 10 cases of left hip involvement. There was no case with bilateral trabecular metal augments. This study was approved by the institutional review board of Korea University Guro Hospital (IRB No. MD 16049).

Out of 28 hips, 22 hips were revision arthroplasty cases and six hips were primary procedures. Major reasons of acetabular defect in primary cases were dysplasia, infection and post-traumatic post-surgical arthritis. Among the 22 revision procedures, infection of previously inserted prosthesis was the most common cause (12 hips out of 22 revision hips), followed by aseptic loosening and osteolysis of acetabular bone stock. In this retrospective study, mean follow up was 22 months (range, 12 to 42 months). Radiographic evaluation was performed by a single reviewer (CD). Digitalized images of all radiographs were acquired using

a picture archiving and communication system (PACS; Infinite, Seoul, Korea). The acetabular components were considered loose, if they had circumferential radiolucencies, more than 3-mm migration, or more than 5° change in inclination⁸. Osteolytic lesions more than 5 mm in the largest dimension were also reported. We had complete radiological follow up as well as complete clinical outcome questionnaire follow up of all 28 patients. There was no loss to follow up as well as no death of any patients.

1. Preoperative Planning

As part of preoperative evaluation, we did anteroposterior view, cross table lateral view, frog lateral view and Judet's view radiographs of pelvis and computed tomography (CT) scan of the pelvis for better understanding of acetabular defect. We classify the acetabular defect in all patients according to the Paprosky classification⁷, based on the preoperative anteroposterior radiograph of pelvis, Judet's view of pelvis, and CT scan of pelvis with three-dimensional reconstruction. The preoperative findings were confirmed intraoperatively in each case. We also confirmed our grading intraoperatively. In our study, 18 cases were classified as grade 3A and 10 cases as grade 3B.

2. Operation Method

Trabecular metal augments (Zimmer Inc., Warsaw, IN, USA; Fig. 1) are very stable mechanically and restore the center of the hip, which are a more recently available option to address bone loss. The indication for the use of trabecular metal augments was preoperative determination of acetabular defects using digital X-rays and CT scans which lead to the anticipation of the use of the trabecular metal augments (Fig. 2). Also the poor stability of acetabular cup and inability to achieve desired superolateral coverage of acetabular cup intraoperatively was also a guide.

We did templating in all cases, preoperatively. With the help of pre-operative templating, it becomes easy to forecast the possible requirement of trabecular metal augments as well as tentative amount of bone loss and hence the size of augments, preoperatively. The need for augments was predicted on the basis of templating as well as poor stability of acetabular component during the surgery. A posterior approach was used in all patients. After the complete exposure of acetabulum, hemispherical reamers were used to prepare the acetabulum. After that, the desired position for final acetabular prosthesis was determined with the trial

cup. The location and the amount of remaining supportive host bone was determined with trial cup *in situ*. With the trial cup in the desired degree of anteversion and abduction, the trial augment was placed against the deficient host bone.

Although, we can place augment in any position, we preferred to place the augment in posterior-superior position in most of cases, so that we can bring down the centre of rotation of hip joint. We contoured the acetabulum with a barrel burr



Fig. 1. Trabecular metal augment.

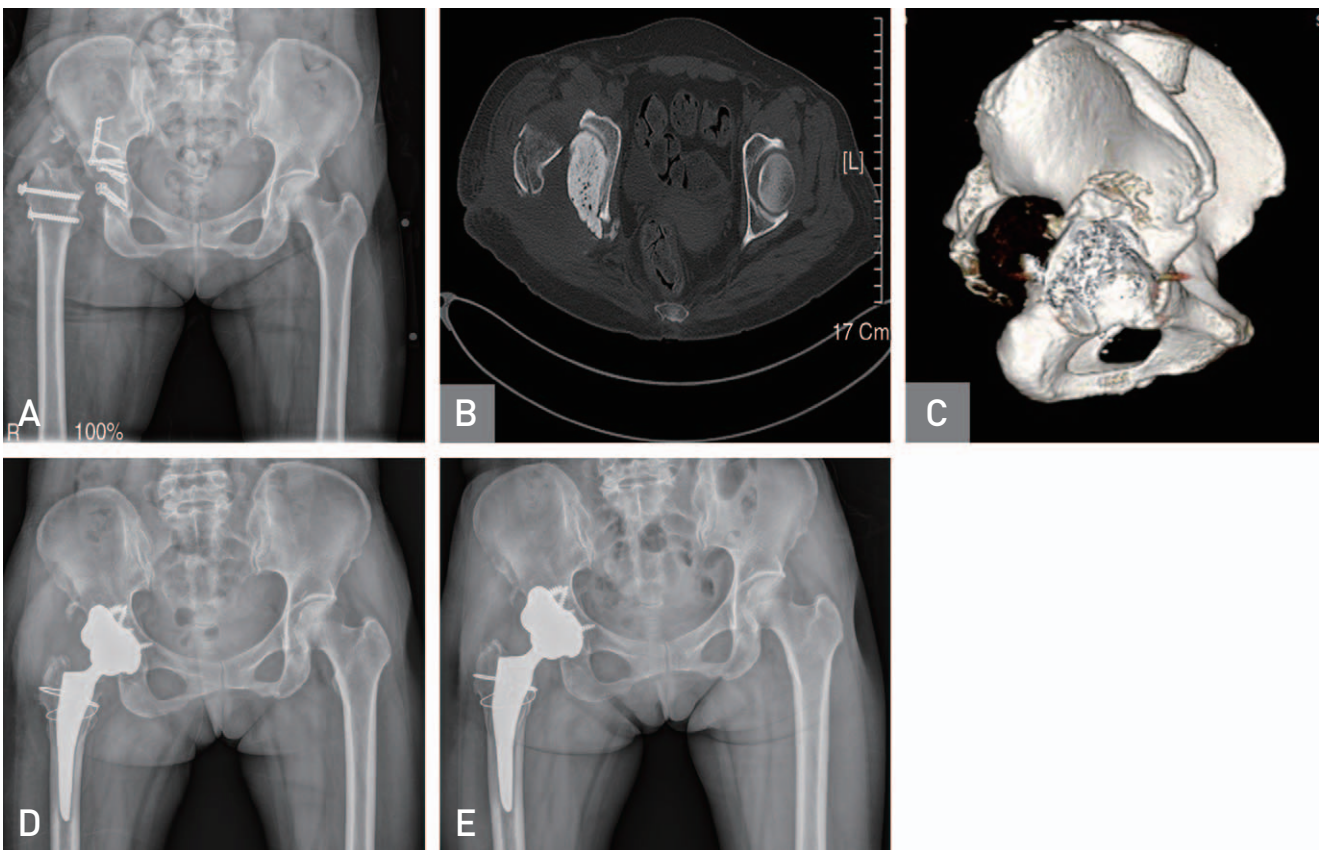


Fig. 2. (A) Anteroposterior radiograph of patient after debridement for infection which occurred after open reduction and internal fixation for Pipkin IV fracture dislocation. (B) Preoperative axial computed tomography (CT) scan shows large posterior bone defect of the acetabulum. (C) Preoperative three-dimensional CT scan shows large posterior bone defect of the acetabulum. (D) Immediate postoperative anteroposterior radiograph. (E) One year postoperative radiograph shows well fixed trabecular metal augment and the acetabular cup along with bony ingrowth after total hip arthroplasty.

to optimize the surface contact area. Then we left the trial cup *in situ* and the real augment implant was secured to the host bone with one or two screws. The augment was then packed with allobone graft and morsellized allobone graft was filled in the augment windows and around any peripheral residual gaps and defects in the region of augment using impaction punch and mallet. Polymethylmethacrylate cement was then placed directly onto the acetabular cup only in the areas mating with the augments. Then acetabular component was implanted using press-fit technique with a caution to prevent soft tissue interposition between prosthetic component and host bone during final implantation. Then, we placed multiple screws in acetabular cup to give additional support, initially. Then we impacted liner followed by uncemented femoral stem and femoral head. Finally, we reduced the hip joint and wound closure was done layer by layer over hemovac drain.

3. Rehabilitation after Operation

Post operatively, abduction brace was given to all patients for 6 weeks. Patients were allowed high sitting and knee

range of movements along with static quadriceps and ankle pumping from the second day of operation. Non weight bearing walking with crunches was allowed for 6 weeks and partial weight bearing walking with support for another 6 weeks. Patients were allowed to start full weight bearing walking after 3 months of surgery or as tolerated under the no evidence of acetabular component migration on follow up radiologic finding. We reviewed patients clinically and radiographically at 6 weeks post operatively and then monthly up to one year and yearly, thereafter. Clinical outcome was evaluated with Harris hip score (HHS) and radiographs were evaluated for change in center of rotation of hip joint, osteolysis of acetabular dome and osseointegration of acetabular component and trabecular metal augments with host bone according to the criteria of Moore et al⁹. This criteria includes following signs: (1) absence of radiolucent lines; (2) presence of a superolateral buttress; (3) presence of medial stress shielding; (4) presence of radial trabeculae; (5) presence of an inferomedial buttress. Moore et al.⁹ noted that when three or more of these signs present, positive predictive value for bone ingrowth is very high.

RESULTS

There were the demographics and clinical characteristics of patients (Table 1). Mean operation time was 274.9 minutes (147-455 minutes) and blood loss was 1,564.2 mL (600-3,500 mL). Also, mean transfusion and allograft amount were 2.3 pints (0-7 pints) and 85.7 mL (30-210 mL) (Table 2).

1. Clinical Outcome

For clinical outcome, we compare pre-operative HHS with the most recent post-operative HHS. The average HHS was improved from 58.00 pre-operatively to 86.20 post-operatively. There were the HHS of follow up periods in Table 3.

Table 1. Demographic Data of Patients

Category	Data
Age (yr)	61.21 (46-79)
Body mass index (kg/m ²)	24.7 (19-32)
Gender, male/female	18/10
Side, left/right	10/18
Duration of follow up (mo)	22±10
Diagnosis	
Revision THA*	22 (78.6)
Primary THA	
Acetabular fracture	3 (10.7)
Septic hip sequelae	1 (3.6)
Dysplasia	1 (3.6)
Secondary osteoarthritis	1 (3.6)

Values are presented as mean (range), number only, mean ± standard deviation, or number (%).

THA: total hip arthroplasty.

* Revision, 13; re-revision or more, 9.

Table 2. Intraoperative Data of Patients

Category	Data
Operation time (min)	274.9±66.6 (147-455)
Blood loss (mL)	1,564.2±784.2 (600-3,500)
Transfusion (pint)	2.3±2.0 (0-7)
Allobone amount (mL)	85.7±42.2 (30-210)

Values are presented as mean±standard deviation (range).

Table 3. Clinical Outcome after Operation

Follow-up period	Harris hip score
6 weeks	68.8 (50-82)
3 months	73.8 (52-90)
6 months	78.7 (52-92)
9 months	82.0 (55-98)
1 year	83.7 (54-97)
Latest follow up	86.2 (66-95)

Values are presented as mean (range).

2. Radiographic Outcome

For radiological outcome, we compared initial postoperative radiograph with the final follow up radiograph. Regarding the acetabular cup, the average diameter of acetabular cup used was 55.64 mm (range, 48-62 mm) and an average degree of cup abduction was 44.29° (range, 26.27° -55.02°). The degree of cup abduction remained unchanged at the time of final follow up, as well as the position of acetabular cup with reference to the inter-teardrop line also remained unchanged at the time of final follow up. In our study, there was no case exhibiting osteolysis around acetabulum as well as there was no radiolucent line visible at host bone vs. cup and host bone vs. augment interface in any case at the time of final follow up. Regarding the trabecular metal augment, 50 mm was the most common diameter of augment used and 10 mm was the most common thickness of the augment used. Fifty-millimeters diameter of augment was used in 13 patients and 54-mm diameter of augment was used in 4 patients, followed by 58-mm diameter of augment in 11 patients. Ten-millimeters thickness of augment was used in 18 patients. We used one or two screws

per augment and two or three screws per acetabular shell.

In our study, center of rotation of hip joint was located preoperatively, at a mean of 38.90 mm (range, 20.24-66.35 mm) above the interteardrop line. With the help of trabecular metal augments, we were able to bring down the center of rotation of hip joint postoperatively at a mean of 23.85 mm (range, 11.82-37.69 mm) above the interteardrop line. A high hip center was defined as being more than 35 mm above the interteardrop line¹⁰, because the inner to outer table thickness of the ilium attained its maximum of 42 mm (± 9 mm) at a point 35 mm (± 3 mm) above the anatomic teardrop, corresponding to the acetabular dome¹¹. Preoperatively, there were 19 patients either with high hip center or with excisional arthroplasty of femoral head with proximal migration of femur, while post-operatively there was only one patient with high hip center (that was at 37.69 mm above the interteardrop line).

At the time of final follow up, out of 28 patients, radiographs of 5 patients showed four signs and 13 patients showed three signs of osseointegration according to the criteria of Moore et al.⁹, while 5 patients showed two signs and remaining 5 patients showed one sign of osseointegration

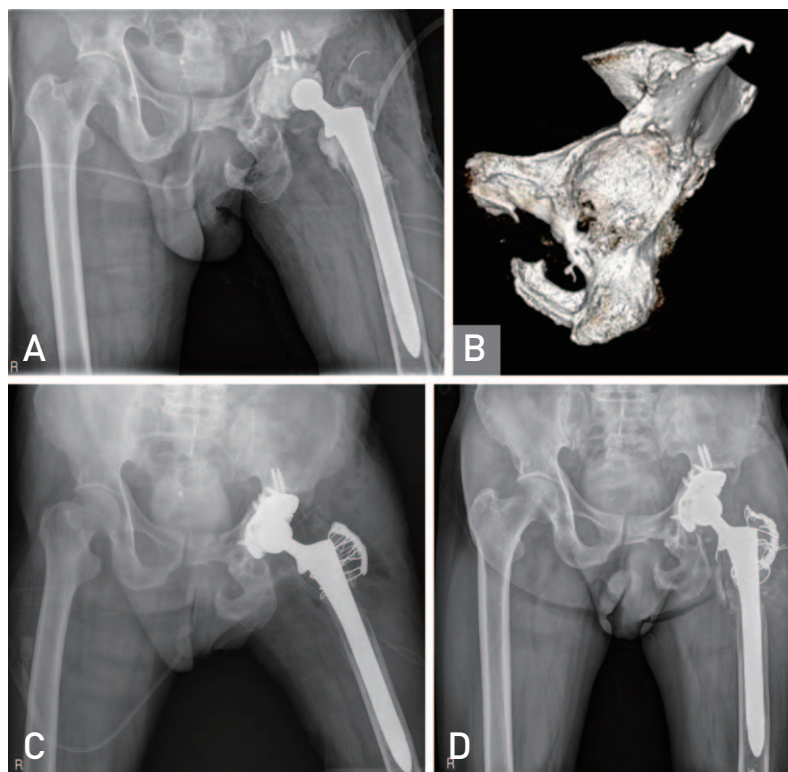


Fig. 3. (A) Anteroposterior radiograph after undergoing 1st stage debridement for fourth time recurrent periprosthetic hip joint infection due to underlying chronic pelvic infection. (B) Three-dimensional computed tomography scan shows large bone defect of the acetabulum. (C) Immediate postoperative anteroposterior radiograph. (D) Three years postoperative anteroposterior radiograph shows a well fixed trabecular metal augment and the acetabular cup with bony ingrowth.

according to the criteria of Moore et al⁹. So together, 18 patients out of 28 patients have three or more signs of osseointegration, which suggest there is very high probability of bone ingrowth into acetabular shell and the augments in these patients (Fig. 3).

3. Complications

There was no further revision required in any patient. There was no evidence of radiolucent line, migration of acetabular component and signs of loosening of the augment and/or acetabular component in any patient. There is no sign of operative site infection in any patient. Only one patient had history of single episode of dislocation of hip joint in 4 weeks after surgery, for which close reduction under the general anesthesia was done and had no recurrent dislocation.

DISCUSSION

There are many options available to reconstruct the acetabular defect, depending upon the type and location of the defect. Uncemented porous coated hemispherical components with screw fixation or extra-large acetabular components have been reported successful for acetabular

revisions^{12,13}. However, uncemented hemispherical components alone have higher rates of failure in hips with severe bone loss, including D'Antonio et al.¹⁴ class IV defects, Paprosky et al.⁷ type 3 acetabular defects, and when there is less than 50% contact with living host bone^{7,15}. Uncemented hemispherical components when used in conjunction with impaction bone grafting also showed poor results in large acetabular defects¹⁶. In such cases of severe bone loss, additional support is necessary to improve the outcome of revision reconstruction surgery. Acetabular defects can be reconstructed either by bone grafting alone or with cage or trabecular metal augments. Although, all of them have specific indications, there is a gray area where decision making is difficult⁹. Trabecular metal augment is one of the options for such reconstruction. Trabecular metal for revision surgery and for complex primary cases was introduced at the end of the twentieth century (Fig. 4). Trabecular titanium is an innovative highly porous structure that imitates the morphology of trabecular bone¹⁷. The average diameter of the cell pores, used in Ti6Al4V (trabecular titanium alloy) construct is 640 micrometer and the structure has an average porosity of 65%¹⁸. Trabecular titanium has exceptional biomechanical characteristics in terms of compression tests and tension tests for adhesion^{17,18}.

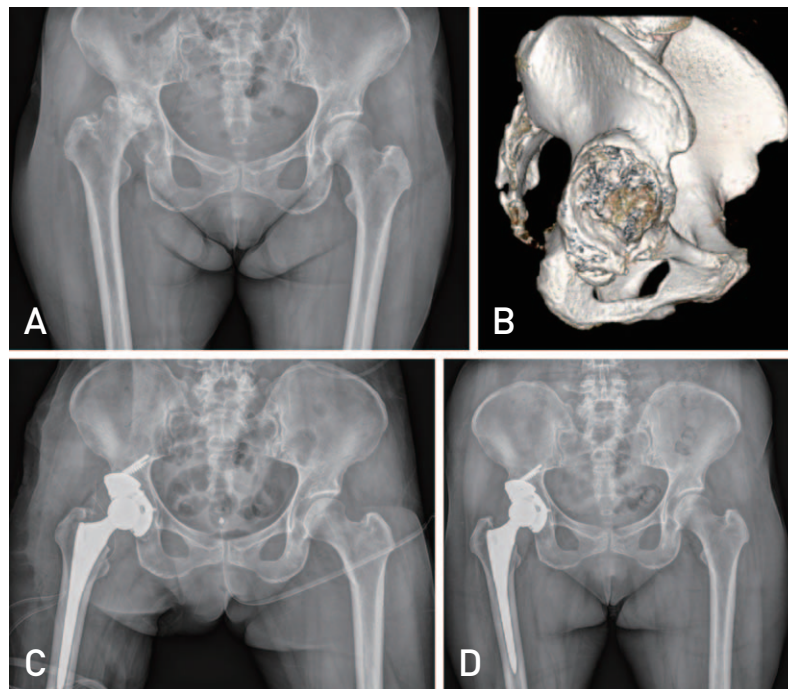


Fig. 4. (A) Anteroposterior radiograph shows secondary osteoarthritis due to underlying hip dysplasia. (B) Three-dimensional computed tomography scan shows large bone defect of the acetabulum. (C) Immediate postoperative anteroposterior radiograph. (D) Three years postoperative anteroposterior radiograph shows a well fixed trabecular metal augment and the acetabular cup with bony ingrowth.

In-vivo studies showed promising results and remarkably fast and complete osseointegration¹⁷⁾. Trabecular metal augments have very favourable biomechanical and biochemical properties for bony ingrowth. High coefficient of friction and its elastic modulus similar to bone makes it more suitable for biologic fixation^{6,17,18)}. In addition to this, their theoretical advantages like easy to use, modularity and lack of resorption (which is major problem with impaction bone grafting), make the augments very suitable implant for such reconstruction.

In this study, the average HHS has improved from 58.00 pre-operatively to 86.20 post-operatively, which was good. Other studies using trabecular metal augments, like Van Kleunen et al.¹⁹⁾, Del Gaizo et al.²⁰⁾, and Weeden and Schmidt²¹⁾ reported average post-operative HHS 76.00, 81.50, and 84.00 respectively. This difference in HHS may be due to very low (lesser than our study) preoperative HHS in all these studies. Studies which have used other techniques for acetabular reconstruction (other than augments) like Gustke et al.²²⁾ and Patel et al.²³⁾ have reported average HHS of 72.00 and 81.00, respectively, after reconstruction with jumbo cups while, Schreurs et al.²⁴⁾ reported an average HHS of 79 after reconstruction with impaction grafting. Trabecular metal augment offers the advantages of a modular cup and augment system that require less stripping of the ilium and mobilization of the abductors, a technically easier and faster procedure. The potential for biologic fixation with the use of a trabecular metal augment way also provide improved postoperative rehabilitation and long-term outcomes^{25,26)}. In this study, trabecular metal augments shows good results of reconstruction of massive acetabular defect in achieving stable, pain free and well-functioning hip joint.

We were able to bring down the center of rotation of hip joint at a mean of 38.90 mm above the interteardrop line, preoperatively, to at a mean of 23.85 mm above the interteardrop line, postoperatively. As the augments are hemispherical in the shape, eccentric placement of the augment was solve this purpose. As the most of cases of severe acetabular defect have variable amount of superior rim deficiency, (for example Paprosky type 2B, 3A and 3B), center of rotation of hip joint has lost superior lateral buttress and migrates proximally. In such cases, to restore the anatomy of abductor muscles, trabecular metal augments are helpful in bringing down the center of rotation of hip joint to its normal or near normal position, which is not possible with other reconstruction options like jumbo cups and cages. As per study of Abolghasemian et al.²⁷⁾ and Banerjee et al.²⁸⁾, post-operative center of rotation of hip joint was at a mean of 24.8 mm and 24.1 mm, respectively. This

suggests that the anatomy of the abductor muscle can be restored to normal with the augments.

Radiographically, loosening was considered present if the cup migrated superiorly more than 5 mm, medial migration (severe, cup in pelvis), continuous radiolucencies around cup in zones 1 to 3 of DeLee and Charnley²⁹⁾, cement fracture, broken cup or presence of progressive tilt as shown by studies of Röder et al.³⁰⁾ In our study, till the time of final follow up, no case exhibits radiolucent line between host bone and the implant (acetabular cup as well as augment). As per other studies, like Sporer and Paprosky³¹⁾ and Del Gaizo et al.²⁰⁾, there was no case and one case of aseptic loosening, respectively. This is because of initial stability given by augment and also fastens osseointegration resulting into stable cup. None of our case exhibit osteolysis around acetabulum. Out of 28 patients in our study, there were 18 patients with three or more signs of osseointegration according to the criteria of Moore et al⁹⁾. This may be due to short term study period and needs to be further follow up. None of our cases needed re-revision surgery.

There are several limitations of this study. First of all, being a retrospective study design, it is never as ideal as randomized controlled trial for comparison of this technique with other technique of reconstruction. Second, sample size of this study is also a limiting factor. As trabecular metal augments have limited indication in revision surgery and very rarely in primary cases, it was very difficult to get large number of cases. Third, mean follow up period of this study is also short in comparison to other studies^{19,20,22)}.

CONCLUSION

Results of acetabular reconstruction using trabecular metal augments for massive acetabular defects are very satisfactory but more long term studies are required preferably for better evaluation and comparison with other techniques of reconstruction to draw out any conclusion regarding which technique is better.

CONFLICT OF INTEREST

The authors declare that there is no potential conflict of interest relevant to this article.

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