



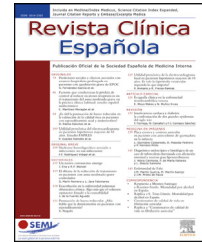
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## REVIEW

# Utility of probability scores for the diagnosis of pulmonary embolism in patients with SARS-CoV-2 infection: A systematic review

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### KEYWORDS

COVID-19;  
Pulmonary embolism;  
Diagnostic prediction model;  
Hypercoagulable state;  
Computed tomography pulmonary angiography;  
Thromboinflammation

### Abstract

**Background and objective:** Clinical prediction models determine the pre-test probability of pulmonary embolism (PE) and assess the need for tests for these patients. Coronavirus infection is associated with a greater risk of PE, increasing its severity and conferring a worse prognosis. The pathogenesis of PE appears to be different in patients with and without SARS-CoV-2 infection. This systematic review aims to discover the utility of probability models developed for PE in patients with COVID-19 by reviewing the available literature.

**Methods:** A literature search on the PubMed, Scopus, and EMBASE databases was carried out. All studies that reported data on the use of clinical prediction models for PE in patients with COVID-19 were included. Study quality was assessed using the Newcastle–Ottawa scale for non-randomized studies.

**Results:** Thirteen studies that evaluated five prediction models (Wells score, Geneva score, YEARS algorithm, and PERC and PEGeD clinical decision rules) were included. The different scales were used in 1,187 patients with COVID-19. Overall, the models showed limited predictive ability. The two-level Wells score with low (or unlikely) clinical probability in combination with a D-dimer level <3000 ng/mL or a normal bedside lung ultrasound showed an adequate correlation for ruling out PE.

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**PALABRAS CLAVE**

COVID-19;  
Embolia pulmonar;  
Escala de predicción  
diagnóstica;  
Estado  
hipercoagulable;  
Tomografía  
computarizada de  
arterias pulmonares;  
Tromboinflamación

**Conclusions:** Our systematic review suggests that the clinical prediction models available for PE that were developed in the general population are not applicable to patients with COVID-19. Therefore, their use in clinical practice as the only diagnostic screening tool is not recommended. New clinical probability models for PE that are validated in these patients are needed.

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## Utilidad de las escalas de predicción diagnósticas de embolia de pulmón en pacientes con infección por SARS-CoV-2: una revisión sistemática

**Resumen**

**Antecedentes y objetivo:** Las escalas de predicción clínica para embolia de pulmón (EP) determinan la probabilidad pretest y valoran la necesidad de las pruebas para estos pacientes. La infección por coronavirus se asocia a un mayor riesgo de EP aumentando su gravedad y confirmando un peor pronóstico. La patogénesis de la EP parece ser diferente en pacientes con y sin infección por SARS-CoV-2. Esta revisión sistemática pretende conocer, revisando la bibliografía disponible, la utilidad de los modelos predictivos desarrollados para EP en pacientes con COVID-19.

**Métodos:** Se realizó una búsqueda bibliográfica en las bases de datos de PubMed, Scopus y EMBASE, incluyendo todos los estudios que comunican datos relacionados con la aplicación de escalas de predicción clínica para EP en pacientes con COVID-19. La calidad de los estudios se evaluó con la escala Newcastle–Ottawa para estudios no aleatorizados.

**Resultados:** Se incluyeron 13 estudios de cohortes que evaluaron cinco modelos predictivos (escala de Wells, puntuación de Ginebra, algoritmo YEARS y las reglas de decisión clínica PERC y PEGeD). Las diversas escalas se aplicaron en 1.187 pacientes con COVID-19. En general, los modelos tuvieron una capacidad predictiva limitada. La escala de Wells de dos categorías con probabilidad clínica baja (o improbable) en combinación con un dímero D < 3000 ng/mL o con una ecografía pulmonar a pie de cama normal mostraron una adecuada correlación para excluir la EP.

**Conclusión:** Nuestra revisión sistemática sugiere que las escalas de predicción disponibles para EP desarrolladas en población general no son aplicables a los pacientes con COVID-19 por lo que, de momento, no se recomienda su uso en la práctica clínica como única herramienta de cribado diagnóstico. Se necesitan nuevas escalas de probabilidad clínica para EP validadas en estos pacientes.

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**Introduction**

Coronavirus disease 2019 (COVID-19) predisposes patients to the onset of arterial and venous thrombotic complications<sup>1-5</sup>. Numerous studies support the capacity of SARS-CoV-2 coronavirus to invade vascular endothelium cells through angiotensin-converting enzyme 2 (ACE-2) expressed on the cell surface<sup>6</sup>. This phenomenon induces endothelial inflammation, an increase in proinflammatory cytokine concentrations, activation of the complement, thrombin generation, and recruitment of platelets and neutrophils. It has been postulated that excessive immune system activation provokes a state of hypercoagulability that predisposes patients to thrombi formation<sup>7</sup>. Therefore, the concept of immunothrombosis (or thromboinflammation) has been proposed as a pathophysiological hypothesis underlying thrombosis in this population<sup>8</sup>.

Pulmonary embolism (PE) is the thrombotic event most frequently associated with COVID-19. Current evidence shows that this additional complication worsens the disease's prognosis<sup>9,10</sup>. In this regard, it is a priority to take action to diagnose it from the time the patient is admitted. Although there are certain parameters that allow for evaluating PE risk, such as the presence of high levels of D-dimer, C-reactive protein (CRP), lactate dehydrogenase (LDH), and myocardial damage markers, early detection of PE in patients with COVID-19 represents a challenge.

The diagnostic difficulty lies in the overlap of signs and symptoms that appear in acute respiratory distress syndrome (ARDS) associated with SARS-CoV-2 infection. This fact has caused a significant increase in the number of computed tomography pulmonary angiograms (CTPA), with the consequent increase in patients' exposure to radiation and iodinated contrast. At the same time, it could increase the

risk of nosocomial disease transmission due to the in-hospital transfer of the patient to the radiology department<sup>11</sup>. In addition, the cost of performing the diagnostic test must be noted.

For years, clinical practice guidelines on venous thromboembolism have recommended the use of scales developed for determining pretest probability for the diagnostic approach to patients suspected of having PE (Table 1). The Wells score<sup>12</sup> and the Geneva score<sup>13</sup> have been the most widely validated. Later, the YEARS algorithm<sup>14</sup> and the PERC<sup>15</sup> and PEGeD<sup>16</sup> clinical decision rules were incorporated. These scales, together with a plasma D-dimer determination, can rule out PE in low-risk groups and thus, no more examinations are needed to rule out the diagnosis.

The phenotype of PE in patients with COVID-19 seems to differ from that of patients without COVID-19. In patients with COVID-19, distal PE and a lower thrombus load are more common<sup>17</sup> and the incidence of concomitant deep vein thrombosis is lower<sup>18</sup>. These differences are at least in part due to the fact that physiopathologically, a high percentage of events associated with infection by this virus is secondary to the development of *in situ* thrombosis.

The aim of this systematic review is to know the diagnostic yield of the available prediction scales (CPS) for patients with SARS-CoV-2 infection when PE is suspected.

## Methods

According to the recommendations of the 2020 PRISMA (Preferred Reporting Items for Systematic reviews and Meta-Analyses) declaration<sup>19</sup>, the following research question was formulated: If the physiopathology of COVID-19-associated PE is mainly attributed to a mechanism of immunothrombosis due to excessive release of inflammatory mediators, are the CPS developed for the general population applicable in these patients?

### Search strategy and selection criteria

A bibliographic search was conducted on the PubMed, Scopus, and EMBASE databases aimed at locating studies that evaluated the diagnostic performance of clinical prediction models for the diagnosis of PE in adult patients hospitalized with COVID-19 from January 1, 2020 to March 31, 2022 with no restrictions on language.

The following search strategy was used, combining all terms of interest: coronavirus [Title/Abstract], COVID-19 [Title/Abstract], SARS-CoV-2 infection [Title/Abstract], pulmonary embolism [Title/Abstract], prognostic models [Title/Abstract], predictive scores [Title/Abstract], and the terms Wells and Geneva [Title/Abstract].

All studies that presented data on the validation of at least one CPS were included. During the selection process, three of the review's authors independently evaluated all documents obtained via the search strategy. After examining the titles and abstracts to eliminate unrelated articles, the full text of all remaining records was retrieved and verified based on eligibility criteria.

The quality of the studies was evaluated using the Newcastle–Ottawa scale for non-randomized studies. The following information was analyzed for each study selected:

first author; data source; study period; median age; sex; hospital area; CPS used; and evaluation of the model's diagnostic yield in terms of sensitivity, specificity, negative predictive value (NPV), positive predictive value (PPV), and area under the ROC curve (AUROC), if available.

In accordance with the Swets classification<sup>20</sup>, the discriminative capacity of the score was considered adequate when AUROC values are between 0.8 and 1.

## Results

### Selection of studies

A total of 175 records were identified on the databases explored. After excluding duplicates, the title and abstract of 152 records were reviewed and 38 articles were selected for an extensive analysis. Finally, 13 studies were included in this review (Fig. 1). The methodological quality was high in 11 of them (Table 2).

### Characteristics of the studies included

Table 3 shows the characteristics of the studies included. Thirteen studies were included, all of which were retrospective cohort studies<sup>21–33</sup>.

The first study was published on July 31, 2020<sup>22</sup> and the last on March 4, 2022<sup>29</sup>. The data originated in Italy, the United Kingdom, Germany, the United States, Switzerland, Portugal, France, and Turkey. The age of patients ranged from 37 to 84 years, with a greater proportion of men than women in most studies. In ten of the 13 studies, patients had a COVID-19 diagnosis confirmed with a laboratory microbiological test. The diagnosis of PE was considered present after confirmation with a computed tomography pulmonary angiogram (CTPA) or ventilation/perfusion lung gammagraphy.

The pretest probability of the various CPS was analyzed in 1,187 patients with COVID-19. The prevalence of PE was 27.8% (292/1,078), excluding the work by Bagirtan et al.<sup>29</sup>, which did not report the total number of patients with suspected PE. Among the 13 studies selected, five models were evaluated (Wells score, Geneva score, YEARS algorithm, and the PERC and PEGeD rules). The diagnostic yield of the Wells score was analyzed in six studies<sup>21–26</sup>. A Swiss work analyzed the dichotomized Wells score together with D-dimer<sup>27</sup> and a German study analyzed the Wells score together with a point-of-care lung ultrasound<sup>28</sup>. Bagirtan et al. used the Geneva score<sup>29</sup>, Jevnikar et al. used the YEARS algorithm<sup>30</sup>, and three other studies compared more than one clinical decision model in the same sample<sup>31–33</sup>.

### Predictive capacity of the various scales

The results of the evaluation of the various CPS are shown in Table 4.

Whyte et al. analyzed the original Wells score in 214 COVID-19 patients with suspected PE<sup>21</sup>. A total of 80 patients (37.38%) had PE. The proportion of patients with a high clinical probability was similar in subjects with and without PE (20/80 (25.0%) vs. 33/134 (22.3%), respectively;  $p = 0.951$ ).

**Table 1** Predictive models for pulmonary embolism diagnosis.

Diagnostic prediction scale	Wells score	Simplified Wells score	Revised Geneva Score, original version	Revised Geneva Score, simplified version	YEARS algorithm	PERC	PEGeD
Items	Clinical symptoms of DVT: 3 points Alternative diagnosis less probable than PE: 3 points Prior VTE: 1.5 points HR >100 bpm: 1.5 points Immobilization ( $\geq 3$ days) or surgery in the previous 4 weeks: 1.5 points Hemoptysis: 1 point Active cancer: 1 point	Clinical symptoms of DVT: 1 point Alternative diagnosis less probable than PE: 1 point Prior VTE: 1 point HR >100 bpm: 1 point Immobilization ( $\geq 3$ days) or surgery in the previous 4 weeks: 1 point Hemoptysis: 1 point Active cancer: 1 point	HR $\geq 95$ bpm: 5 points Pain upon pressure in the palpable vein of the lower limb and unilateral edema: 4 points Prior VTE: 3 points Unilateral pain in lower limb: 3 points HR 75-94 bpm: 3 points Surgery under general anesthesia or lower limb fracture in the previous 4 weeks: 2 points Cancer (solid or hematological tumor that is active or cured in the last year): 2 points Hemoptysis: 2 points Age >65 years: 1 point	HR $\geq 95$ bpm: 2 points Pain upon pressure in the palpable vein of the lower limb and unilateral edema: 1 point Prior VTE: 1 point Unilateral pain in lower limb: 1 point HR 75-94 bpm: 1 point Surgery under general anesthesia or lower limb fracture in the previous 4 weeks: 1 point Cancer (solid or hematological tumor that is active or cured in the last year): 1 point Hemoptysis: 1 point Age >65 years: 1 point	Clinical signs of DVT Hemoptysis PE as the most probable diagnosis D-dimer	Age <50 years HR <100 bpm SaO <sub>2</sub> >94% at room air No prior history of VTE No trauma or surgery that required hospitalization in the previous 4 weeks No hemoptysis No estrogen treatment No unilateral edema in the lower limbs	High clinical probability scale <sup>a</sup> + D-dimer
Clinical probability result	High: >6 points Intermediate: 2-6 points Low: <2 points	Probable: $\geq 2$ points Improbable: $\leq 1$ point	High: $\geq 11$ points Intermediate: 4-10 points Low: <4 points	Probable: $\geq 3$ points Improbable: $\leq 2$ points	High: • Presence of at least one of the three items + D-dimer $\geq 500$ ng/mL • D-dimer $\geq 1,000$ ng/mL in absence of any items	High: Presence of at least one of the eight items and D-dimer $\geq 500$ ng/mL Low: absence of items or presence of any and D-dimer <500 ng/mL	Low: scale with low probability + D-dimer <1,000 ng/mL

PE: pulmonary embolism; VTE: venous thromboembolism; HR: heart rate; DVT: deep vein thrombosis.

<sup>a</sup> The three-category Wells score was used in the original sample.

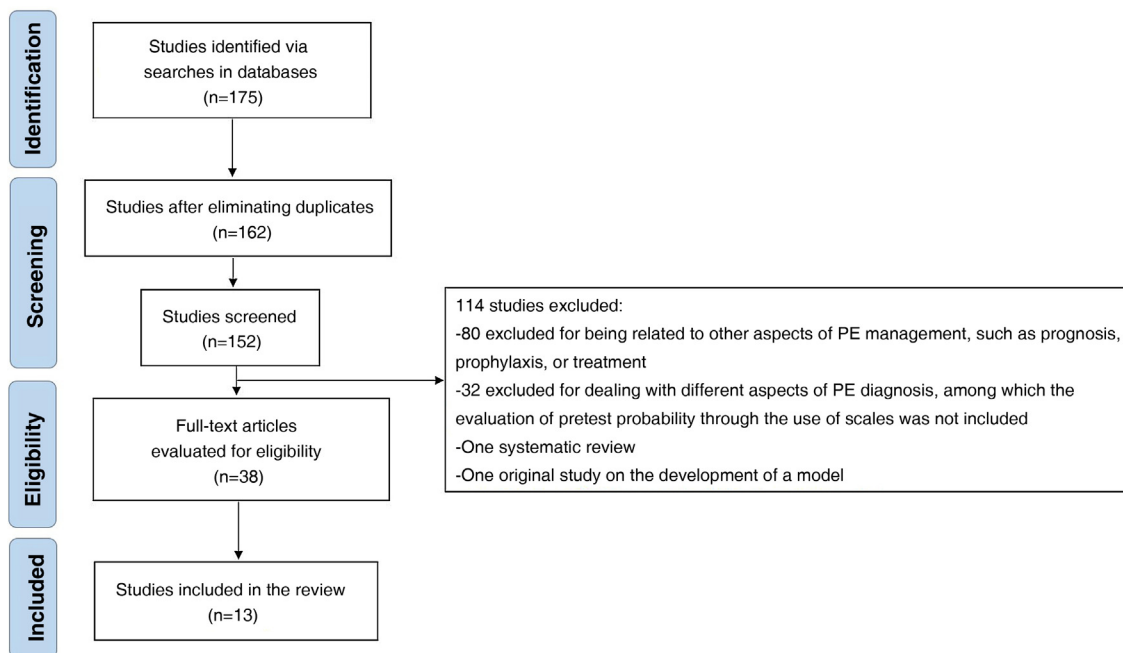


Figure 1 Study selection flowchart.

Table 2 Quality of the studies included with the Newcastle–Ottawa scale evaluation.

Study	Selection	Comparability	Outcome	Total score (risk of bias)
Whyte et al. <sup>21</sup>	****	*	***	8 (low)
Kirsch et al. <sup>22</sup>	****	*	***	8 (low)
Fang et al. <sup>23</sup>	****	*	***	8 (low)
Monfardini et al. <sup>24</sup>	****	*	***	8 (low)
Raj et al. <sup>25</sup>	****	*	***	8 (low)
Polo Friz et al. <sup>26</sup>	****	*	***	8 (low)
Kampouri et al. <sup>27</sup>	****	*	***	8 (low)
Zotzmann et al. <sup>28</sup>	****	*	***	8 (low)
Bagirtan et al. <sup>29</sup>	**	*	***	6 (high)
Jevnikar et al. <sup>30</sup>	**	*	**	5 (high)
Scardapane et al. <sup>31</sup>	****	*	**	7 (low)
Silva et al. <sup>32</sup>	****	*	***	8 (low)
Porfidia et al. <sup>33</sup>	****	*	**	7 (low)

In the work by Kirsch et al., the Wells scale did not show capacity for discriminating between patients with and without PE (AUROC 0.54), though it had a smaller sample size and PE incidence<sup>22</sup>. Similar results were reported in the article by Fang et al.<sup>23</sup> In another study conducted on a retrospective cohort of 34 patients, 76% of subjects with a Wells score  $\geq 2$  had PE<sup>24</sup>.

In the study by Raj et al., a Wells score  $\geq 4$  in combination with a D-dimer  $\geq 500$  ng/mL showed a sensitivity of 96.1%<sup>25</sup>. Finally, Polo Friz et al. analyzed the dichotomized Wells score in 40 COVID-19 patients with suspected PE<sup>26</sup>. The diagnosis was confirmed in eight patients (19.51%; 95% confidence interval (95% CI): 8.82–34.87). The sensitivity, specificity, PPV, and NPV were 13%, 85%, 17%, and 80%, respectively.

The two-category Wells score in combination with a D-dimer of  $\geq 3,000$  mg/dl was evaluated in 41 patients with

COVID-19 with a PE incidence of 65.85%<sup>27</sup>. This strategy showed a sensitivity of 57.1%, a specificity of 91.6%, a NPV of 98.5%, a PPV of 18.2%, and an AUROC of 0.905. The validity of the scale together with a point-of-care lung ultrasound was used in 20 critical patients, of which 12 (60%) had PE<sup>28</sup>. The pathological findings on a chest ultrasound included B lines, irregular or fragmented pleura, subpleural consolidations, and pleural effusion. This method showed a sensitivity, specificity, NPV, and PPV of 100%, 80%, 100%, and 88%, respectively, as well as a good discriminatory capacity (AUROC 0.944).

The Geneva score analyzed in 41 patients with PE showed a low diagnostic yield<sup>29</sup>. Jevnikar et al. used the YEARS algorithm in 98 patients with COVID-19 attended to in the emergency department<sup>30</sup>. PE was diagnosed in 13 patients (13.2%). The use of the YEARS algorithm would have avoided 39 CTPA (39.79%) at the expense of not diagnosing one

**Table 3** Characteristics of the studies included.

Author	Study period	Data source	Study type	Men, %	Median age, years	Patients hospitalized during the study period	Patients who underwent a radiological diagnosis	Patients with confirmed PE	Hospital area
Whyte et al. <sup>21</sup>	March 3 to May 7, 2020	United Kingdom	Retrospective	60.2	61.0	1,477	214	80 (36 ICU patients)	Emergency department, hospitalization ward, and ICU
Kirsch et al. <sup>22</sup>	February 1 to July 15, 2020	United States of America	Retrospective	54.7	54.9	459	64	12	Emergency department, hospitalization ward, and ICU
Fang et al. <sup>23</sup>	March 23 to April 19, 2020	United Kingdom	Retrospective	64.5	59.2	2,157	93	41 (12 emergency department patients, 16 hospitalization ward patients, and 13 ICU patients)	Emergency department, hospitalization ward, and ICU
Monfardini et al. <sup>24</sup>	March 1 to 31, 2020	Italy	Retrospective	With PE: 77.0 Without PE: 23.0	With PE: 61.0 Without PE: NA	1,207	34	26 (8 ICU patients)	Emergency department, hospitalization ward, and ICU
Raj et al. <sup>25</sup>	March 1 to December 1, 2020	United States of America	Retrospective	NA	With PE: 63.0 Without PE: 55.0	1,300	109	26	NA

Table 3 (Continued)

Author	Study period	Data source	Study type	Men, %	Median age, years	Patients hospitalized during the study period	Patients who underwent a radiological diagnosis	Patients with confirmed PE	Hospital area
Polo Friz et al. <sup>26</sup>	April 1 to 30, 2020	Italy	Retrospective	27.0	71.7	NA	41	8	Hospitalization ward and ICU
Kampouri et al. <sup>27</sup>	February 28 to May 7, 2020	Switzerland	Retrospective	57.7	68.6	443	135	27	Emergency department, hospitalization ward, and ICU
Zotzmann et al. <sup>28</sup>	March 8 to May 31, 2020	Germany	Retrospective	70.0	61.6	113	20	12	ICU
Bagırtan et al. <sup>29</sup>	March 2020 to June 2021	Turkey	Retrospective	73.2	53.92	NA	NA	41	Hospitalization ward and ICU
Jevnikar et al. <sup>30</sup>	NA	France	Retrospective	NA	NA	NA	106	15	Emergency Department
Scardapane et al. <sup>31</sup>	March 1 to April 30, 2020	Italy	Retrospective	51.1	65.0	NA	43	15	Hospitalization ward and ICU
Silva et al. <sup>32</sup>	April 1, 2020 to January 31, 2021	Portugal	Retrospective	With PE: 47.8	With PE: 76.0	NA	300	46	Emergency Department
Porfidia et al. <sup>33</sup>	<ul style="list-style-type: none"> <li>• March 15 to April 10, 2020</li> <li>• October 11 to November 27, 2020</li> </ul>	Italy	Retrospective	Without PE: 60.6 77.4	Without PE: 71.0 68.8	93	28	10	Emergency department and hospitalization ward

SD: standard deviation; PE: pulmonary embolism; NA: not available; ICU: intensive care unit.



**Table 4** Predictive capacity of the prediction scales analyzed in the studies included.

Author	Predictive scale	Sensitivity, %	Specificity, %	NPV, %	PPV, %	AUROC	<i>p</i> (univariate analysis between the scale and presence of PE)	Authors' conclusions	
Whyte et al. <sup>21</sup>	Wells $\geq 4$	NA	NA	NA	NA	NA	0.951	The Wells score did not show predictive capacity	
Kirsch et al. <sup>22</sup>	Wells $\geq 4$	NA	NA	NA	NA	0.54	0.04	The Wells score did not show predictive capacity	
Fang et al. <sup>23</sup>	Wells $\geq 4$	NA	NA	NA	NA	NA	0.801	The Wells score did not show predictive capacity	
Monfardini et al. <sup>24</sup>	Wells $\geq 4$	NA	NA	NA	NA	NA	NA	Of the 34 patients with Wells $\geq 4$ , 76% had PE and 24% did not	
Raj et al. <sup>25</sup>	Wells $\geq 4$ + D-dimer $\geq 500$ ng/mL	96.1	NA	NA	NA	NA	NA	The Wells score together with a D-dimer $\geq 500$ ng/mL may be a strategy with predictive capacity	
Polo Friz et al. <sup>26</sup>	Wells $\geq 2$	13	85.0	80.0	17.0	NA	0.851	The Wells score did not show predictive capacity	
Kampouri et al. <sup>27</sup>	Wells $\geq 2$	71.4	77.4	98.8	9.3	0.772	NA	The Wells score together with a D-dimer cut-off point may be a strategy with predictive capacity	
	Wells $\geq 2$ + D-dimer $\geq 3,000$ ng/mL	57.1	91.6	98.5	18.2	0.905			
Zotzmann et al. <sup>28</sup>	Wells $\geq 2$	90.0	70.0	87.0	75.0	0.813	NA	The Wells score together with a pulmonary ultrasound showed excellent predictive capacity	
	Wells $\geq 2$ + pulmonary ultrasound	100	80.0	100	88.0	0.944	0.042		
Bagirtan et al. <sup>29</sup>	Geneva	NA	NA	NA	NA	NA	NA	92.7% of patients with PE were classified as low or intermediate risk	
Jevnikar et al. <sup>30</sup>	YEARS	NA	NA	NA	NA	NA	0.08	The YEARS algorithm could have avoided a CTPA in 39.7% of patients (39/98)	
Scardapane et al. <sup>31</sup>	Wells $\geq 4$ Geneva $\geq 4$	NA	NA	NA	NA	NA	0.170 0.727	0.013	The Geneva score showed better predictive capacity than the Wells score
Silva et al. <sup>32</sup>	Wells $\geq 4$	95.6	8.2	91.3	15.8	0.520	0.533	None of the scales showed predictive capacity	
	Geneva $\geq 4$	95.6	8.2	91.3	15.8	0.520	0.784		
	YEARS	86.9	31.1	92.9	18.6	0.589	0.150		
	PEGeD	84.7	31.2	91.8	18.3	0.580	0.063		
	Wells $\geq 4$ + age-adjusted D-dimer	89.1	15.3	88.6	16.0	0.521	NA		
	Geneva $\geq 4$ + age-adjusted D-dimer	89.1	15.3	88.6	16.0	0.521	NA		
Porfidia et al. <sup>33</sup>	Wells $\geq 4$	NA	NA	NA	NA	NA	0.27	None of the scales showed predictive capacity	
	Geneva $\geq 4$						0.27		
	PERC						0.27		
	YEARS						0.03		

AUROC: area under the ROC curve; PE: pulmonary embolism; NA: not available; CTPA: computed tomography pulmonary angiogram; NPV: negative predictive value; PPV: positive predictive value.

patient with PE. Three studies analyzed more than one CPS in the same sample.

Scardapane et al. used the original Wells model and the revised Geneva model in 43 patients with COVID-19<sup>31</sup>. The incidence of PE in the population studied was 34.88% (15/43). The predictive capacity of the Wells score was not considered adequate. On the contrary, the revised Geneva score showed better performance, with an AUROC of 0.727 (95% CI: 0.52–0.92). The study by Silva et al. analyzed the Wells, Geneva, YEARS, and PEGeD scores in 300 patients with COVID-19 in the emergency department with suspected PE<sup>32</sup>. The incidence was 15.55% (46/300). The models did not have discriminatory capacity, with an AUROC lower than 0.6 for all.

No differences were observed when analyzing the Wells and Geneva scores together with age-adjusted D-dimer. Similar results to these were obtained with the original Wells, Geneva, PERC, and YEARS scores in a retrospective cohort with a smaller number of patients (n = 28)<sup>33</sup>.

## Discussion

In response to the research question, the available evidence analyzed in this work does not show, in general, predictive capacity in the pretest diagnostic yield of the various scales developed for PE in patients with COVID-19.

At present, it is recognized that a standardized diagnostic study by means of models to determine the pretest clinical probability and D-dimer may rule out the presence of PE with a fair degree of reliability, avoiding performing imaging tests that are not indicated. If the clinical probability is low and the D-dimer value is normal, no further studies are required, given that the NPV is 99%<sup>34</sup>. This recommendation makes even more sense in patients with COVID-19 due to risk of in-hospital transmission of infection during the transfer and the need to clean and disinfect the radiology ward.

The diagnostic difficulty in following this strategy in patients with COVID-19 lies in the fact that the clinical symptoms overlap with the characteristic symptoms of ARDS that patients with severe COVID-19 develop. In addition, high D-dimer levels are a common finding in these patients<sup>35</sup>.

In this systematic review, 13 retrospective cohort studies that evaluated five predictive models for PE in patients with COVID-19 were identified. In general, the original Wells score did not show discriminative capacity. In the works by Kampouri et al.<sup>27</sup> and Zotzmann et al.<sup>28</sup>, the predictive capacity of the simplified version can be considered acceptable for ruling out the diagnosis of PE due to its high NPV. The discriminative power of this model improved significantly when it was combined with plasma D-dimer  $\geq 3,000$  ng/mL<sup>27</sup>.

Patients with COVID-19 have high levels of D-dimer in absence of thrombosis; thus, a lower specificity as a predictor of thrombotic events is to be expected and it is necessary to search for a higher cut-off value. As in the work by Kampouri et al.<sup>27</sup>, the data published in the SEMI-COVID-19 Registry reported that a cut-off point of  $>3,000$  ng/mL was useful for predicting venous thromboembolism in these patients<sup>36</sup>.

In concordance with a combined proposal, similar results were reported in the work by Zotzmann when the score was

associated with a pathological bedside chest ultrasound<sup>28</sup>. Both strategies were safe as they obtained an AUROC greater than 90%. The evidence found on the performance of the Geneva score, the YEARS algorithm, and the PERC and PEGeD clinical decision rules limit their use. The scores' limited predictive capacity could be related to the physiopathological mechanism of PE in this population.

The available evidence highlights the role of thromboinflammation in patients with SARS-CoV-2 infection. Thus, viral endotheliitis and a hyperinflammatory state would activate the hemostatic system, triggering *in situ* vascular thrombosis<sup>37</sup>. According to this theory, the clinical probability models developed for PE in the general population would not have a good diagnostic yield in patients with COVID-19, mainly because they consider that PE generally originates in the context of deep vein thrombosis and not from a local lung phenomenon.

Another limitation lies in the item "diagnostic alternative less probable than PE" on the Wells score and the YEARS algorithm. Physicians may assume that ARDS is the cause of respiratory failure in these patients, except in the absence of pneumonia on the chest X-ray.

This review has limitations. The main limitation is that all studies included were retrospective, although 11 of the 13 studies had a low risk of bias. Second, the studies selected were not designed to analyze the predictive capacity of the scores evaluated. In this regard, the scales were used after confirming a diagnosis of PE, introducing a selective bias. In addition, some authors did not report the pretest capacity of the model in all clinical probability groups or the reliability of the scale through sensitivity, specificity, and AUROC values. Finally, the heterogeneity of the population studied, with the inclusion of patients from the emergency department, the hospitalization ward, and the ICU limited discovering the utility of the models in critical patients.

In conclusion, this study has aimed to clarify the applicability of various predictive models currently used for the diagnosis of PE in patients with COVID-19.

The data presented demonstrate a limited discriminatory capacity. An improbable pretest probability ( $\leq 1$ ) in the two-category Wells score combined with a D-dimer  $<3,000$  ng/mL or with a normal lung ultrasound conducted at the patient's bedside could be sure strategies for ruling out PE and reducing the performance of unnecessary CTPA in patients with COVID-19 and suspected PE.

The benefit of these tools needs prospective validation. Developing and validating new predictive models for PE in patients with COVID-19 that allow for determining the probability of this complication is a priority.

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## Conflicts of interest

The authors declare that they do not have any conflicts of interest.

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