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# WS<sub>2</sub>/Polyethylene Glycol Nanostructures for Ultra-Efficient MCF-7 Cancer Cell Ablation and Electrothermal Therapy

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current (AC) pulse WS<sub>2</sub>/PEG nanostructure system for enhancing therapeutic performance. A decrease in cell viability of ~42% for MCF-7 cells with WS<sub>2</sub>/PEG was achieved, which is above an average of ~25% for current electrothermal-based therapeutic methods using similar energy densities, as well as degradation time of the WS<sub>2</sub> of ~1 week, below an average of ~3.5 weeks for state-of-the-art nanostructure-based systems in physiological media. Moreover, the incubation time of MCF-7 cells with WS<sub>2</sub>/PEG reached ~24 h, which is above the average of ~4.5 h for current electrothermal-based therapeutic methods and with the use of the amount of time harnessed to incubate the cells with nanostructures before applying a stimulus as a measure of incubation time. Material characterizations further disclose the degradation of WS<sub>2</sub> and the grafting of PEG on WS<sub>2</sub> surfaces. These WS<sub>2</sub>-based systems offer strong therapeutic performance and, simultaneously, maintain excellent biodegradability/biocompatibility, thus providing a promising route for the ablation of cancer.

## **1. INTRODUCTION**

Cancer is a leading cause of death worldwide.<sup>1</sup> According to the World Health Organization, cancer accounted for ~10 million deaths in 2020. In terms of new cases, the number of cases occurring in 2020 was ~19.3 million, which is expected to increase by ~47% (~28.4 million) in 2040.<sup>2</sup> Additionally, approximately one in six patients with cancer who survived Covid-19 developed other side effects from the virus that lingered months later.<sup>3</sup> Thus, developing novel nanostructures and advanced nanotechnologies for cancer treatment has attracted ever-increasing interest. Electrothermal therapy (ETT) is a promising candidate for developing next-generation cancer treatments. ETT operations, based on the localized Joule heating of cancerous cells, ablating tumors without affecting surrounding tissues, offer high efficiency and minimal invasiveness.<sup>4</sup> Because of their excellent thermal performance, nanostructures such as conducting polymer nanoparticles, black phosphorus nanodots, carbon nanotubes, and other nanostructures have been used as thermal agents in cancer therapy.<sup>5-7</sup> Nanostructures with sizes in the 5-500 nm range have long blood circulation time and passively accumulate in tumors for an extended period through enhanced permeability and retention effects.<sup>8</sup> However, conventional inorganic nanostructures may

demonstrate the development of a previously unreported alternating

also have poor biodegradability and stay in the body for a long time, increasing the risk of deleterious effects. A difficulty arises from finding a balance between increasing the stability of the nanostructure state for enhancing treatment efficacy and, at the same time, improving the biodegradability/biocompatibility for improving safety.

Two-dimensional (2D) atomically thin tungsten disulfide  $(WS_2)$  is a leading contender for next-generation electrothermal agents.<sup>9–11</sup> WS<sub>2</sub> exhibits excellent electrical conductivity and is attractive for a wide range of applications such as electronics and optoelectronics.<sup>12</sup> Moreover, WS<sub>2</sub> has a large band gap ranging from 1.32 eV for bulk materials to 2.03 eV for monolayered WS<sub>2</sub>,<sup>13</sup> allowing excellent absorption across the ultraviolet and infrared regions. The liquid-phase exfoliation method is a popular strategy to fabricate WS<sub>2</sub> nanosheets with specified thicknesses and sizes for bioimaging and phototherapy.<sup>9,14,15</sup>

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**Figure 1.** Fabrication of the AC-pulse electrothermal framework based on WS<sub>2</sub>/PEG nanostructures. Schematic illustration of the strategy utilized to ablate cancer cells: (a) synthesis of WS<sub>2</sub>/PEG, (b) seeding of MCF-7 or MCF-10A cells ( $\sim 2 \times 10^3$  cells) in an ITO-on-glass substrate, (c) incorporation of WS<sub>2</sub>/PEG into the system, and (d) application of AC pulses in the setup.

For example, experiments have shown that  $\sim 5$  nm-thick WS<sub>2</sub> nanosheets possess a strong (near-infrared) NIR absorption and thermal conversion and are less cytotoxic.<sup>9</sup> However, clinical adoption of WS<sub>2</sub> nanosheets has been limited by poor stability of the nanosheet state in some solutions due to poor dispersion in aqueous media.

Herein, we show that by altering the biodegradation process, we can alter the stability of the nanostructure state by a polyethylene glycol (PEG)-driven approach to achieve excellent stability of the nanostructure state and, at the same time, maintain good biodegradability. We then demonstrate the development of a previously unconsidered alternating current (AC)-pulse WS<sub>2</sub>/PEG nanostructure system for achieving enhanced cancer cell ablation and electrothermal performance (Figure 1). A decrease in cell viability of ~42% for MCF-7 cells with WS<sub>2</sub>/PEG and a degradation time of WS<sub>2</sub> of  $\sim$ 1 week were achieved. the incubation time of MCF-7 cells with  $WS_2/PEG$ further reached ~24 h. Material characterizations reveal the degradation of WS<sub>2</sub> and the grafting of PEG on WS<sub>2</sub> surfaces. This proposed methodology based on WS<sub>2</sub>/PEG nanostructures holds intriguing potential for the development of nextgeneration cancer treatment platforms, which can be further applied for clinical purposes.

PEG, a well-known biodegradable and biocompatible polymer, is widely utilized as a vehicle in the delivery of drugs and nanostructures.<sup>16</sup> Additionally, PEG shows excellent stability of the polymer state in aqueous media, and the biodegradability of PEG can be controlled by altering its chemical compositions.<sup>17</sup> In previous studies, LA-PEG (lipoic acid-conjugated PEG) was successfully grafted onto the WS<sub>2</sub> surface.<sup>14</sup> This is due to the two sulfur atoms in the LA unit which form a strong bond with the transition metal dichalcogenides (TMDs), allowing the PEG to be assembled on TMDs.<sup>18</sup>

#### 2. MATERIALS AND METHODS

**2.1. Material Characterization.** The  $WS_2$  in deionized (DI) water was utilized as purchased (2D semiconductors). The solution was bath-sonicated (Elmasonic P) for 25 min to obtain the  $WS_2$  nanosheet samples. These samples were drop-cast on the silicon substrates. The material properties of the  $WS_2$  samples were then evaluated using the atomic force microscopy (AFM) (Bruker Contour GT-K), Raman spectroscopy (HORI-BA LabRAM HR 800), lock-in IR thermography (ELITE system), Fourier-transform infrared (FTIR) spectroscopy (PerkinElmer Inc. Spectrum Spotlight 200), and X-ray photoelectron spectroscopy (XPS) in a vacuum chamber (Thermo Fisher 250Xi).

**2.2.** Synthesis of WS<sub>2</sub>/PEG. The as-prepared WS<sub>2</sub> solution (2 mL, concentration = 92 mg/L) was mixed with 0.45 mg of 5 kDa LA-PEG (Nanocs). The mixture was then ultrasonicated for 30 min and stirred overnight. The WS<sub>2</sub>/PEG/precipitate was obtained by centrifugation at 14,000 rpm for 10 min and washed with DI water three times. Finally, WS<sub>2</sub>/PEG was re-dispersed in DI water and stored at 4 °C.

**2.3. Cell Culture.** Breast cancer cells (MCF-7) were cultured in Dulbecco's modified Eagle's medium (DMEM) with Lglutamine (Nacalai Tesque) and 7% fetal bovine serum (FBS) (Gibco). Non-malignant breast epithelial cells (MCF-10A) were cultured in DMEM/nutrient mixture F-12 (DMEM/F12) supplemented with 10% FBS, 0.5  $\mu$ g/mL hydrocortisone, 20 ng/ mL epidermal growth factor (Gibco), and 10  $\mu$ g/mL insulin (Sigma). Both cell lines were maintained at 37 °C under a 5% CO<sub>2</sub> atmosphere.

**2.4. In Vitro Cytotoxicity Study.** Cells were plated into 96well plates and cultured for 24 h before treatment with different WS<sub>2</sub> or WS<sub>2</sub>/PEG concentrations. Relative cell viabilities were determined using the crystal violet (CV) assay for 24 h after incubation with the material. The CV was prepared by dissolving the powder in methanol (0.05% concentration). The samples, that is, cells with pure WS<sub>2</sub> or WS<sub>2</sub>/PEG, were washed using DPBS. The CV was then added to these samples, and the samples were dried overnight at room temperature. The absorbance values of the samples were determined at  $\lambda = 570$ nm using a multiplate reader (Thermo Scientific Multiskan GO).

**2.5. Electrothermal Simulations.** The thermal distribution of cell systems was computed using the finite element method (Ansys). Standard simulation parameters were utilized (Table S1). Material parameters were assumed to be independent of temperature, and the initial temperature was set at standard cell culture temperature ( $\sim$ 37 °C). Heat transfer was modeled using the heat-conduction equation

$$\nabla \cdot k \nabla T + Q = \rho c \frac{\partial T}{\partial t} \tag{1}$$

where *Q* is the Joule heat generated per unit volume per unit time, *T* is the temperature, *t* is the time,  $\rho$  is the density, *c* is the

specific heat, and k is the thermal conductivity. Bias pulses with different amplitudes in the 1-5 V range were administered to the cell system. The pulse length was set at 2  $\mu$ s.

**2.6. In Vitro Electrothermal Study.** Cell suspensions with a density of  $2 \times 10^3$  cells was seeded into a glass substrate/ITO system (Latech). A cloning cylinder (Sigma) was utilized to confine the cells. The cells were cultured for 24 h to allow cell attachment to the glass surface. The cells were then incubated with the material for 24 h. The bias pulses were administered to the system at an energy density of 5.9 J/mL (5 kV/cm, 2  $\mu$ s, and 0.59 A/cm<sup>2</sup> pulses; 1000 pulses). The CV assay was utilized 24 h after the electrothermal experiment to measure cell viability.

#### 3. RESULTS

**3.1. Characterization of WS**<sub>2</sub>/PEG Nanostructures and Electrothermal Characterizations. Ultrasonication of bulk WS<sub>2</sub> yielded WS<sub>2</sub> nanostructures. We further synthesized WS<sub>2</sub> nanostructures with PEG for enhancing the stability of the nanostructure state and, at the same time, maintaining excellent biocompatibility. Raman spectroscopy was utilized to characterize the structure of WS<sub>2</sub>. Experiments have demonstrated two Raman peaks around 400 cm<sup>-1</sup>, which are called the  $E_{2g}1$  and  $A_{1g}$  peaks.<sup>19</sup> Figure 2a and Supporting Information Figure S1



**Figure 2.** Characterization of WS<sub>2</sub>/PEG nanostructures and electrothermal characterizations for AC-pulse ETT applications. (a) Raman spectra of WS<sub>2</sub>/PEG. (b) FTIR spectra of LA-PEG, WS<sub>2</sub>, and WS<sub>2</sub>/ PEG. (c,d) Thermal distributions of WS<sub>2</sub> at bias voltages of (c) 0 and (d) 30 V. The thermal signal images are superimposed on the optical images to mark the heating points with thermal data.

disclose the Raman spectra of pure WS<sub>2</sub> and WS<sub>2</sub>/PEG nanostructures, and both the  $E_{2g}1$  and  $A_{1g}$  peaks are present. The positions of the peaks were almost unchanged in the WS<sub>2</sub>/PEG nanostructures, which indicate that the intrinsic structure of WS<sub>2</sub> was not affected by PEG. Moreover, to investigate the grafting of PEG on WS<sub>2</sub> surfaces, FTIR spectroscopy was used. The FTIR spectrum of WS<sub>2</sub>/PEG nanostructures discloses typical stretching vibration of the carbonyl group in PEG at ~942 cm<sup>-1,20,21</sup> indicating the surface presence of PEG. Additionally, AFM was utilized to characterize the WS<sub>2</sub> nanostructures before and after PEGylation. An average diameter of ~200 nm and an average thickness of ~27 nm were exhibited by the pure WS<sub>2</sub> nanostructures (Supporting Information Figure S2). The average diameter of WS<sub>2</sub> decreased

(from ~200 to 190 nm) after coating with LA-PEG as the sonication process may partially break down the nanostructures. However, the PEGylated WS<sub>2</sub> exhibited an increased thickness (from ~27 to 41 nm) due to the existence of PEG coatings. Besides, we investigated the conductance of WS<sub>2</sub>, WS<sub>2</sub>/PEG, and PEG in DMEM. The WS<sub>2</sub>/PEG samples showed a larger conductance compared to that of pure PEG samples (Supporting Information Figure S3) because PEG is an insulator. This indicates that WS<sub>2</sub> could efficiently convert electrical energy into thermal energy via Joule heating. Furthermore, the thermal distributions of WS<sub>2</sub> sheets upon the application of electrical stimuli were examined. As shown in Figure 2c,d, the peak temperature increases with an increase in stimulus amplitude, which can modulate the degree of ablation in cancer cells.

3.2. Biodegradation Behavior of WS<sub>2</sub>/PEG Nanostructures. To understand the degradation behavior, we define the degree of degradation as the percentage decrease in absorbance {percentage decrease in absorbance = [(absorbance of the nanostructure after storage in a medium for specified time absorbance of the pristine nanostructure)/absorbance of the pristine nanostructure]  $\times$  100%. Thus, a larger percentage decrease in absorbance corresponds to a higher degree of degradation. Because we are interested in the variation of the degradation behavior of nanostructures, we record the variation of absorbance of nanostructures stored in DMEM for different nanostructures (Figure 3a,b, Supporting Information Figure S4). DMEM is a major component in cell media and is widely utilized to examine the stability of nanostructures in biological environments.<sup>22</sup> Thus, we chose to utilize DMEM as a medium to examine the biodegradation behavior. A clear dependence of the normalized absorbance on the storage time can be observed in Figure 3a,b and Supporting Information Figure S4. When the pure WS<sub>2</sub> was stored in DMEM for a week, the normalized absorbance decreased by ~21% (Supporting Information Figure S4). In other words, the pure  $WS_2$  showed a high degree of degradation. However, the normalized absorbance remained almost the same with an increase in storage time due to a constant degree of degradation. This means that the nanostructures with a consistently high degree of degradation could be fully degraded. Moreover, a lower degree of degradation should result in a smaller percentage decrease in normalized absorbance for the case of WS<sub>2</sub>/PEG stored in DMEM for a week ( $\sim$ 15%) (Figure 3a,b). Additionally, the onset time of decrease in the normalized absorbance of WS<sub>2</sub>/ PEG kept in DMEM is  $\sim$ 1 week, which is below the average of ~3.5 weeks for state-of-the-art nanostructure-based systems in physiological media (Supporting Information Figure S5). Furthermore, it is likely that PEG isolates the interior WS<sub>2</sub> from DMEM, resulting in a low degree of degradation. PEG would then degrade via hydrolysis processes since DMEM is an aqueous medium.<sup>23</sup>

Moreover, XPS was utilized to investigate the interaction details between WS<sub>2</sub>/PEG and DMEM. In the S 2*p* spectrum of pristine WS<sub>2</sub>/PEG, the strong peak centered at ~163 eV is attributed to the S  $2p_{1/2}$  of S–S bonds.<sup>24</sup> For the WS<sub>2</sub>/PEG stored in DMEM for a week, a similar peak was observed (Figure 3c). Another broad peak appeared at ~169 eV, which was caused by the unavoidable oxidation of WS<sub>2</sub> to S<sub>x</sub>O<sub>y</sub> species.<sup>25</sup> The W 4f XPS spectrum was further analyzed (Supporting Information Figure S6). The WS<sub>2</sub>/PEG after storage in DMEM for a week shows a strong peak at ~31 eV corresponding to the W 4f<sub>7/2</sub> of



**Figure 3.** Biodegradation performance of  $WS_2/PEG$  nanostructures in DMEM for AC-pulse electrothermal therapeutics. (a) Absorbance spectra of the  $WS_2/PEG$  stored in DMEM for different weeks. (b) Variation of the normalized absorbance at a wavelength of 875 nm in different weeks. (c) XPS spectra showing the binding energies of S 2p of the pure  $WS_2$  and  $WS_2/PEG$  stored in DMEM for a week. The XPS counts were normalized to background. (d) Schematic illustration of the biodegradation process of  $WS_2/PEG$  via a PEG-facilitated disrupt-and-release process in physiological environments.



**Figure 4.** Combined effects of the AC pulse and WS<sub>2</sub>/PEG nanostructure on ablating cancer cells. (a,b) Relative viability of the MCF-10A and MCF-7 cells after incubation with (a) pure WS<sub>2</sub> and (b) WS<sub>2</sub>/PEG nanostructures for 24 h. The statistical significance of relative cell viabilities can be found in Supporting Information Table S2. (c) Relative viability of the MCF-10A and MCF-7 cells after incubation with WS<sub>2</sub>/PEG nanostructures for 24 h and upon applying bias pulses. The control is defined as cells only after the application of bias pulses. Cell viability measurement was performed using the CV staining assay for (a–c), and the error bars represent SEM from three independent experiments (n = 6). Statistical significance was calculated based on the Student's *t*-test and is indicated as \*\* (p < 0.01) and \*\*\* (p < 0.001). (d) Comparison of the percentage decrease in cell viability of the MCF-7 cells with WS<sub>2</sub>/PEG with that of the state-of-the-art electrothermal-based therapeutic system using similar energy densities. The information Table S3.

 $W^{4+}$ , which is typical of a WS<sub>2</sub> bond.<sup>26</sup> These results indicate that the oxidation can occur at the S site rather than at the W site.

The schematic illustration of the biodegradation process is shown in Figure 3d. Under physiological conditions, the external PEG shells degrade gradually due to the hydrolysis of ester linkage into smaller segments and monomers.<sup>27</sup> The degradation of PEG disrupts the nanostructures and triggers the release of interior  $WS_2$  nanosheets.<sup>28</sup> Thus, the unique biodegradability of  $WS_2$ /PEG nanostructures enables increased stability of the nanostructure state and, at the same time, maintains excellent biocompatibility/biodegradability.

3.3. In Vitro Cytotoxicity Assays and AC-Pulse WS<sub>2</sub>/ PEG-Nanostructure-Based Electrothermal Experiments. The cytotoxicity of the pure WS<sub>2</sub> and WS<sub>2</sub>/PEG nanostructures in non-malignant breast epithelial cells (MCF-10A) and breast cancer cells (MCF-7) was investigated. The relative viability of both cell lines incubated with the nanostructures for  $\sim$ 24 h was determined using the CV staining assay (Figure 4a,b). We observed that the cell viability of MCF-10A cells with pure WS<sub>2</sub> nanostructures decreases with an increase in WS<sub>2</sub> concentration. Moreover, the cell viability of MCF-10A cells with pure WS<sub>2</sub> nanostructures was higher than that of MCF-7 cells with WS<sub>2</sub> nanostructures (Figure 4a). For the MCF-10A cells with  $WS_2/$ PEG nanostructures, when an increased WS<sub>2</sub> concentration was utilized  $(0-100 \ \mu M)$ , negligible cytotoxicity was observed (Figure 4b). However, for the MCF-7 cells with WS<sub>2</sub>/PEG nanostructures, the cells disclosed an onset of a slight decrease in relative cell viability at ~50–75  $\mu$ M WS<sub>2</sub>. Based on the cell viability constraints of MCF-7 and to achieve a high electrical conduction, we chose to utilize the WS<sub>2</sub>/PEG nanostructures with 75  $\mu$ M WS<sub>2</sub> for the ablation experiments.

The electrothermal ability of AC-pulse systems with WS<sub>2</sub>/ PEG nanostructures for ablating cancer cells was investigated. After ~24 h of incubation with WS<sub>2</sub>/PEG nanostructures, MCF-7 cells were injected with bias pulses, and the cell viability was assessed using the CV assay (Figure 4c). A low cell viability was observed for the MCF-7 cells with WS<sub>2</sub>/PEG nanostructures  $(\sim 75 \,\mu M \,\text{WS}_2)$  upon the application of bias pulses. On the other hand, the application of bias pulses to the control (MCF-7 cells only) does not compromise cell viability. Moreover, we investigated the cell viability of MCF-10A cells under similar conditions. Both the control and MCF-10A cells with WS<sub>2</sub>/PEG nanostructures (75  $\mu$ MWS<sub>2</sub>) showed excellent cell viability after applying bias pulses. The energy density of the system is estimated to be ~5.9 J/mL (energy density =  $n \times E \times j \times t$ , where *n* is the number of pulses, *E* is the electric field, *j* is the current density, and *t* is the pulse length). Additionally, the MCF-7 cells with WS<sub>2</sub>/PEG nanostructures showed a decrease in cell viability of ~42%, above an average of ~25% for current electrothermal-based therapeutic methods using similar energy densities (Figure 4d). These results demonstrate excellent electrothermal efficiency of WS<sub>2</sub>/PEG nanostructures to specifically ablate cancer cells. Moreover, the incubation time of MCF-7 cells with WS<sub>2</sub>/PEG nanostructures reached ~24 h, which is above the average of ~4.5 h for existing electrothermalbased therapeutic methods and with the use of the amount of time harnessed to incubate the cells with nanostructures prior to application of a stimulus as a measure of incubation time (Supporting Information Figure S7).

Besides, thermal distributions of the AC-pulse system with  $WS_2/PEG$  nanostructures were investigated using electrothermal simulations (Supporting Information Figure S8). When a bias pulse was injected (5 V, 2  $\mu$ s), the model showed a large peak temperature (~42.5 °C) in the cell layer, indicating that Joule heating of  $WS_2/PEG$  nanostructures could be propagated to neighboring cells. Based on this finding, we hypothesize that cell death may occur in MCF-7 cells with  $WS_2/$ PEG nanostructures upon the application of bias pulses due to strong Joule heating. In addition, simulations were performed to determine the electrical parameters utilized for in vitro experiments. The models disclosed that 5 V pulses were sufficient to ablate cancer cells and that rectangular pulses result in extended heating times (Supporting Information Figure S9). Moreover, the upper bound of bias generated by the pulse generator is 5 V. Based on these results and specifications and to attain a moderate ablation bias, rectangular pulses with an amplitude of 5 V were chosen for the experiments in vitro.

## 4. DISCUSSION

Traditional thermal-based ablation methods utilize a variety of energy sources (e.g., light irradiation and magnetic field) that are converted to heat, but their effectiveness can be compromised by insufficient depth of penetration into tissues.<sup>29</sup> Conventional photothermal-based ablation methodologies harness NIR light with a wavelength of 808 nm, which allows a penetration depth of 1-2 mm through tissues.<sup>30</sup> However, the amount of heat generated in deeper tissues (outside the irradiation area) tends to be limited. Emerging approaches, such as magnetic-thermalbased strategies, have also been investigated. The in vitro and in vivo experiments have demonstrated that AC magnetic field can achieve a deeper tissue penetration.<sup>31,32</sup> However, there is a limited number of techniques that can ablate cancer cells in vitro with high efficiency and using a short exposure time. Electrothermal ablation protocols can ablate cancer cells without affecting surrounding healthy cells. In this work, we demonstrate an electrothermal procedure that exhibits a short degradation time with an extended incubation period and a high ablation efficiency. We were able to achieve a decrease in cell viability of ~42% for MCF-7 cells with WS<sub>2</sub>/PEG nanostructures, which is above the average of  $\sim 25\%$  for current electrothermal-based therapeutic methods using similar energy densities. This enables the ablation of a larger population of cancer cells for enhancing treatment efficacy. Moreover, a degradation time of WS<sub>2</sub> of  $\sim$ 1 week was realized, which is below the average of  $\sim 3.5$  weeks for current nanostructure-based systems in physiological media. This will permit the discharge of nanostructures from the body in a reasonable time for facilitating treatment safety. Furthermore, the incubation time of MCF-7 cells with WS<sub>2</sub>/PEG nanostructures reached  $\sim$ 24 h, which is above the average of ~4.5 h for existing electrothermal-based therapeutic methodologies and with the use of the amount of time harnessed to incubate the cells with nanostructures prior to applying a stimulus as a measure of incubation time. This would allow the ablation of cancer cells with a longer time window for improving treatment efficacy.

Tungsten disulfide is an attractive electrothermal agent because it has excellent thermoelectric properties.<sup>33</sup> Moreover, its properties can be tuned by functionalization to improve, for example, cytotoxicity and degradability, since there are many active sites on the surface.<sup>34</sup> In this study, an improved material state of WS<sub>2</sub> was developed by surface modification with PEG. Compared with traditional thermal agents such as few-layered black phosphorous and gold nanoparticles,<sup>7,35</sup> WS<sub>2</sub>/PEG nanostructures are attractive because of their unique biodegradability. PEG, which is FDA-approved, degrades by hydrolysis within a reasonable timeframe.<sup>16</sup> Upon administration into the body, the WS<sub>2</sub>/PEG nanostructures can show increased circulation time and ensure sufficient tumor accumulation for highly efficient thermal-based cancer therapy.<sup>36</sup> The WS<sub>2</sub>/PEG nanostructures can be utilized for an extended time without compromising their stability.<sup>28</sup> After fulfilling their therapeutic functions, the degradation of PEG can result in the release of WS<sub>2</sub>. Although the investigation of the biodistribution of WS<sub>2</sub> is beyond the scope of this study, experiments have indicated that WS<sub>2</sub> can be uniformly distributed in tumor sites.<sup>14</sup> The accumulation occurs within 24 h after injection of WS<sub>2</sub>/PEG in nude mice bearing MCF-7 and the nanostructures remain in

tumors for up to 120 h.<sup>14</sup> Furthermore, Hao et al. demonstrated that WS<sub>2</sub> was harmlessly excreted via the liver after 30 days.<sup>28</sup>

The studies for understanding nanostructure internalization within healthy and cancer cells have been reported previously.<sup>14,37–40</sup> For example, Duo et al. demonstrated cellular uptakes of molybdenum disulfide ( $MoS_2$ ) nanosheets with PEG within the MCF-7 and MCF-10A cells.<sup>39</sup> The results suggested that the uptake was significantly higher in MCF-7 cells than in MCF-10A cells. In another experiment, Kong et al. disclosed similar results on the accumulation of PEGylated WS<sub>2</sub> structures in cancer cells.<sup>14,40</sup> It was suggested that the internalization had occurred via the endocytosis pathway.

Furthermore, it has been reported that nano-biointeractions between nanomaterials and cells can affect cell morphology. For instance, studies have reported that cells with PEG-coated nanomaterials are generally smooth and circular in appearance.<sup>41,42</sup> Bhattacharya et al. investigated the morphology of cancer cells (MCF-7) and healthy cells (HBL-100) with nanoparticles/PEG.<sup>42</sup> The cells were stained with Phalloidin and counter-stained with DAPI. Smooth surfaces and spherical shapes were shown by both cell lines, and the cells showed negligible cell damage. On the other hand, experiments have demonstrated that cancer cells with traditional pristine nanostructures may disclose physical damage.43-45 Scanning electron microscopy (SEM) was utilized to characterize changes in the cellular morphology of MCF-7, liver cancer (HepG2), and cervical cancer (CaSki) cells with pure zinc oxide (ZnO) nanowires.<sup>43</sup> The SEM images show that these cells with ZnO nanowires may exhibit mechanical damage due to the disruption of the cell structure induced by one-dimensional nanomaterials and a large degree of change in cell morphology.<sup>43</sup> Therefore, further investigations may include morphological change of cells upon interaction with nanostructures.

## 5. CONCLUSIONS

These large decreases in cell viability for MCF-7 cells after AC pulse stimulation and excellent biodegradability are achieved through a PEG-facilitated disrupt-and-release process in electro-thermal therapeutic systems that alters the biodegradation process of  $WS_2/PEG$  nanostructures. Furthermore, the proposed cancer therapy represents the first methodology reported using  $WS_2/PEG$  nanostructures for clinically relevant electrothermal cancer cell ablation and constitutes an extraordinary opportunity for the development of cancer treatment platforms.

## ASSOCIATED CONTENT

#### **Supporting Information**

The Supporting Information is available free of charge at https://pubs.acs.org/doi/10.1021/acsomega.2c00284.

Properties utilized for simulation; statistical significance; list of references for comparison of percentage decrease in cell viability, degradation time and incubation time; Raman spectra of WS<sub>2</sub>; AFM images of WS<sub>2</sub> and WS<sub>2</sub>/ PEG; conductance of WS<sub>2</sub>, WS<sub>2</sub>/PEG, and PEG; absorbance spectra of WS<sub>2</sub> before and after degradation; comparison of degradation time; XPS spectra after degradation; comparison of incubation time; and electrothermal simulation results (PDF)

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#### Notes

The authors declare no competing financial interest.

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