Adaptive immune resistance in HPV-associated head and neck squamous cell carcinoma

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Keywords: head and neck cancer, HPV, immune checkpoints, PD-1, PD-L1

Human papillomavirus (HPV) variants associated with head and neck cancer generally induce a robust immune response. Despite the establishment of such an inflammatory microenvironment, HPV is able to persist and promote malignant transformation. The PD-1:PD-L1 immune checkpoint may play a critical role in the creation of an immunoprivileged site for viral persistence and the subsequent development of cancer.

Human papillomavirus (HPV) is recognized as the causative agent of a growing subset of head and neck cancers.^{1,2} HPVassociated head and neck squamous cell carcinomas (HPV-HNSCC) arise in the lymphoid tissue of the tonsils and the tongue base and the majority of these lesions can be discriminated from tobaccorelated neoplasms by a characteristic infiltration of lymphocytes in the stroma and tumor nests.3 HPV-infected cells as well as HPV-associated cancer cells express foreign viral proteins such as E6 and E7, which are highly immunogenic and hence would be expected to induce strong antitumor immune responses. In fact, a high frequency of tumor-infiltrating lymphocytes (TILs) is found within these tumors, reflecting their inherent immunogenicity. Nevertheless, HPV-HNSCCs are able to evade immune surveillance, persist and grow.

We were interested in understanding how HPV can infect lymphoid organs such as the palatine and lingual tonsils and still evade immune recognition and clearance as virus-infected cells undergo malignant transformation. Interestingly, we observed that the strong immunological responses generated against HPV-HNSCC cells can trigger the programmed cell death 1 (PD-1)/PD-1 ligand 1 (PD-L1) immune checkpoint, which abolish their capacity to eliminate tumor cells in the absence of therapeutic interventions.⁴ To evaluate the relevance of the PD-1/PD-L1 pathway in HPV-HNSCC, we compared PD-1 expression by TILs and peripheral blood mononuclear cells (PBMCs) in patients with HPV-HNSCCs and from patients with a nonmalignant tonsil process. We found that the majority of activated CD8⁺ TILs isolated from HPV-HNSCC lesions express high levels of PD-1 as compared with CD8⁺ T cells isolated from benign, chronically inflamed tonsils.

The engagement of PD-1 on activated T cells by its ligand, PD-L1, can promote robust immunosuppressive effects. Therefore, we investigated the expression levels of PD-L1 in the tumor microenvironment and found that up to 70% of HPV-HNSCC cells expressed PD-L1 on their membrane, and that PD-L1 was often juxtaposed to CD8+ T cells.4 In normal tissues, PD-L1 is induced in response to inflammatory cytokines such as interferon γ (IFN γ). This system constitutes a major mechanism of tissue protection in the course of T-cell mediated inflammation. Driven by these premises, we evaluated IFNy expression in HPV-HNSCC lesions using quantitative RT-PCR. We found a significant increase in the expression of IFNy-coding mRNAs, which correlated with increased amounts of CD8⁺

TILs, in PD-L1-expressing as compared with PD-L1 non-expressing tumors, suggesting that the CD8⁺ T cells that infiltrate PD-L1+ HPV-HNSCCs are activated and secrete IFNy, which in turn may drive the expression of PD-L1. Subsequent functional assays demonstrated that the CD8+PD-1+ TILs isolated from PD-L1+ tumors are functionally anergic and unable to produce effector cytokines in adequate amounts. These findings support a model in which the PD-1:PD-L1 system is activated during the development of HPV-HNSCCs as an adaptive mechanism of resistance to local IFN γ secretion, hence protecting cancer cells from immune elimination. Furthermore, we observed a localized expression of PD-L1 within the deep crypts of tonsils, where initial HPV infection occurs. This suggests that HPV may infect an immunoprivileged site within the tonsils and perhaps explains how a virus can evade immune recognition and clearance within a lymphoid organ.

The relevance of the PD-1:PD-L1 immune checkpoint in anticancer immunity is highlighted by several reports demonstrating that the blockade of PD-1 or PD-L1 by specific monoclonal antibodies can reverse the anergic state of tumorspecific T cells and hence enhance antitumor immune responses.^{5,6} The blockade

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Submitted: 02/19/13; Accepted: 02/21/13

Citation: Pai SI. Adaptive immune resistance in HPV-associated head and neck squamous cell carcinoma. Oncolmmunology 2013; 2:e24065; http://dx.doi.org/10.4161/onci.24065



Figure 1. Mechanism by which tumor cells resist adaptive immune responses. Activated CD8⁺ T cells expressing the PD-1 receptor are recruited to the tumor and become activated to secrete interferon γ (IFN γ). The local production of IFN γ induces the expression of PD-L1 on the surface of tumor cells, resulting in the delivery of a PD-1-transduced, immunosuppressive signal to CD8⁺ T cells that drives anergy.

of immune checkpoints is being investigated as a novel therapeutic approach to cancer in patients. In particular, cytotoxic T-lymphocyte antigen 4 (CTLA-4) and PD-1, two major regulators of these checkpoints, are actively being targeted by

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therapeutic interventions. Ipilimumab, a monoclonal antibody specific for CTLA-4, has been shown to provide a survival benefit to advanced metastatic melanoma patients in a randomized Phase III clinical trial, though it was associated

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with significant immune-related toxicities.7 In a first-in-human clinical trial, a PD-1-blocking antibody (MDX-1106, Nivolumab) has been evaluated in patients affected by advanced metastatic melanoma, colorectal cancer, castrate-resistant prostate cancer, non-small-cell lung cancer, and renal cell carcinoma. In this study, the antibody was well tolerated and clinical activity was recorded in all settings but prostate cancer.8 In a subset of patients, the expression of PD-L1 on the surface of tumor cells appeared to correlate with the likelihood of response to therapy. Extended Phase I clinical studies with anti-PD-1 (MDX-1106, Nivolumab) and anti-PD-L1 (BMS-936559) antibodies confirmed objective clinical responses in patients affected by multiple tumor types as well as a link between PD-L1 expression on the tumor cell surface and the rate of objective responses.9,10

As HPV-HNSCC cells express high levels of PD-L1 on their membrane, our study supports a rationale for administering PD-1- or PD-L1-targeting therapies to head and neck cancer patients (Fig. 1).

Disclosure of Potential Conflicts of Interest

No potential conflicts of interest were disclosed.

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