Supplementary Online Content

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This supplementary material has been provided by the authors to give readers additional information about their work.

eTable 1. ICD-9 and ICD-10 Codes Used to Ascertain Study Conditions.

| Health condition | ICD-9 codes | ICD-10 codes | | | |
|------------------------|---|--|--|--|--|
| Hypoglycemia | 251.0, 251.1, 251.2, 270.3, 962.3 or | E08.641, E08.649, E09.641, E09.649, | | | |
| Trypogrycernia | 250.8x (and not 259.8, 272.7, 681.xx, | E10.641, E10.649, E11.641, E11.649, | | | |
| | 682.xx, 686.9x, 707.1-707.9, 709.3, | E13.641, E13.649, E15, E16.0, E16.1, | | | |
| | 730.0-730.2, 731.8) | E16.2, T38.3X1A, T38.3X1D, T38.3X1S, | | | |
| | 730.0-730.2, 731.0) | T38.3X2A, T38.3X2D, T38.3X2S, | | | |
| | | T38.3X3A, T38.3X3D, T38.3X3S, | | | |
| | | T38.3X4A, T383X4D, T38.3X4S, | | | |
| | | T38.3X5A, T383X5D, T38.3X5S | | | |
| | ICD-0 codes from Ginde, et al ¹ : ICD-10 | codes were adapted by study investigators | | | |
| | based on clinical expertise | codes were adapted by study investigators | | | |
| Dementia | 046.1x, 290.1x, 290.2x, 290.3, 290.4x, | A81.0x, F01.5x, F02.8x, F03.9x, F10.27, | | | |
| | 291.2, 292.82, 294.1x, 294.2x, 331.0, | F10.97, F13.27, F13.97, F18.97, F19.17, | | | |
| | 331.1x, 331.2, 331.6, 331.82, 331.89 | F19.27, F19.97, G30.x, G31.0x, G31.1, | | | |
| | | G31.83, G31.85 | | | |
| | Adapted from cohort definition in NQF-e | ndorsed quality measure "Antipsychotic Use | | | |
| | in Persons with Dementia" and Americal | n Academy of Neurology's "Diagnosis | | | |
| | (active) dementia group" value set (foun | d in VSAC) | | | |
| End-stage renal | 585.5, 585.6, 403.01, 403.11, 403.91, | N18.5, N18.6, I12.0, I13.11, I13.2 | | | |
| disease | 404.02, 404.03, 404.12, 404.13, | | | | |
| | 404.92, 404.93, V45.11 | | | | |
| | | on clinical expertise and literature review | | | |
| Chronic kidney | 585.3, 585.4 | N18.3, N18.4 | | | |
| disease, stage 3- 4 | Investigator developed algorithm based | on clinical expertise and literature review | | | |
| Myocardial | 410.xx, 412 | I21.xx, I22.x, I25.2 | | | |
| infarction | Adapted from AHRQ CCS category 100 | | | | |
| Heart failure | 398.91, 402.01, 402.11, 402.91, | 109.81, I11.0, I13.0, I13.2, I50.xx | | | |
| | 404.01, 404.03, 404.11, 404.13, | , , , , | | | |
| | 404.91, 404.93, 428.xx | | | | |
| | Adapted from the cohort for the NQF-endorsed CMS "Hospital 30-day, all-cause, | | | | |
| | risk-standardized readmission rate (RSF | RR) following heart failure (HF) | | | |
| | hospitalization" measure (ACO-37; NQF | ⁵ #0330) ^{3 4} | | | |
| Cerebrovascular | 430, 431, 432.x, 433.xx, 434.xx, 435.x, | G45.0, G45.1, G45.2, G45.8, G45.9, | | | |
| disease | 436, 437.x, 438.xx, V12.54 | G46.x, I60.xx, I61.x (except I61.0), I62.xx, | | | |
| | | I63.xxx, I65.xx, I66.xx, I67.8x (except | | | |
| | | 167.83, 167.84), 167.9, 169.xxx, Z86.73 | | | |
| | Adapted from "Cerebrovascular disease | , Stroke, TIA" value set from Quality Insights | | | |
| | of Pennsylvania (QIP) from VSAC | | | | |
| Chronic | 490, 491.xx, 492.x, 494.x, 496 | J40, J41.x, J42, J43.x, J44.x, J47.x | | | |
| obstructive | Definition taken from the chronic obstruc | ctive pulmonary disease and asthma chronic | | | |
| pulmonary | disease group in the NQF-endorsed CM | S "All-Cause Unplanned Admissions for | | | |
| disease | Patients with Multiple Chronic Condition | s" measure (ACO-38) ⁵ | | | |
| Cancer (except | 14x.xx, 15x.xx, 160.x-165.x, 170.x- | C00.x-C14.x, C15.x-C26.x, C3x.xx, | | | |
| non-melanoma | 172.x, 174.x-176.x, 179-189.x, 19x.xx, | C40.xx-C41.x, C43.x, C4A.xx, C45.x- | | | |
| skin cancer) | 200.xx-208.xx (except 203.x1, 204.x1, | C49.xx, C50.xxx, C51.x-C58, C60.x-C63.x, | | | |
| <u> </u> | 205.x1, 206.x1, 207.x1, 208.x1) | C64.x-C68.x, C69.xx-C72.x, C73-C75.x, | | | |
| | , | C76.x-C80.x, C7A.xx, C81.xx-C96.x | | | |
| | | (except C90.x1, C91.x1, C92.x1, C93.x1, | | | |
| | | C94.x1, C95.x1) | | | |
| | Taken from AHRQ CCS categories 11-22; 24-43 ² | | | | |
| Cirrhosis | 571.2, 571.5, 571.6 | K70.3x, K74.3, K74.4, K74.5, K74.6x | | | |
| | Taken from "Cirrhosis" value set from M. | | | | |
| | | 1 /2 | | | |

| Proliferative retinopathy | 361.xx, 362.02, 362.53, 369.xx, 379.23 | H33.xxx, E11.359x, H35.359, H54.xx, H43.1x | | | |
|---------------------------|---|---|--|--|--|
| , can open y | Adapted from Glasheen, et al ⁶ and the NQF-endorsed CMS "Risk-Standardized Acute Admission Rates for Patients with Diabetes" measure (ACO-36) ⁷ | | | | |
| Peripheral | 250.6x, 354.x, 355.x, 356.9, 357.2, | E10.40, E10.42, E11.40, E11.42, E13.42, | | | |
| neuropathy | 713.5 | G56.x, G57.x, G58.x, G60.9, M14.6x | | | |
| | Adapted from Glasheen, et al ⁶ and the N | IQF-endorsed CMS "Risk-Standardized | | | |
| | Acute Admission Rates for Patients with | | | | |
| Hypertension | 401.x, 402.xx, 403.xx, 404.xx, 405.xx | I10, I11.x, I12.x, I13.xx, I15.x, I16.x | | | |
| | Adapted from "Hypertension" value sets | | | | |
| | Pennsylvania (found on VSAC) | | | | |
| Arthritis | 711.2x, 714.xx (except 714.81), | M05.xxx, M06.xxx, M12.0xx, M35.2, M45.x, | | | |
| | 715.xx, 720.x, 725 | M46.1, M46.8x, M46.9x, M49.8x, M35.3 | | | |
| | Taken from AHRQ CCS categories 202- | 203, 205 ² | | | |
| Urinary | 625.6, 788.30, 788.31, 788.32, 788.33, | N39.3, N39.41, N39.42, N39.46, N39.490, | | | |
| incontinence | 788.34, 788.38, 788.39, 788.91 | N39.492, N39.498, R32, R39.81 | | | |
| | Investigator developed algorithm based on clinical expertise and lin | | | | |
| Depression | 311, 290.13, 290.21, 290.43, 296.2x, | F01.51, F32.xx (except F32.81), F33.xx, | | | |
| | 296.3x, 296.82, 298.0, 301.12, 309.0, | F34.8x, F43.21, F43.23 | | | |
| | 309.1, 309.28 | | | | |
| | Adapted from "Depression" value set from Quality Insights of Pennsylvania (found on | | | | |
| | VSAC) | | | | |
| Falls | E88x.x, E987.x | W00.xxxx, W01.xxxx, W03.xxxx, | | | |
| | | W04.xxxx, W05.xxxx, W06.xxxx, | | | |
| | | W07.xxxx, W08.xxxx, W09.xxxx, | | | |
| | | W10.xxxx, W11.xxxx, W12.xxxx, | | | |
| | | W13.xxxx, W14.xxxx, W15.xxxx, | | | |
| | | W16.xxxx, W17.xxxx, W18.xxxx, | | | |
| | | W19.xxxx, Y30.XXXA | | | |
| | Investigator developed algorithm based on clinical expertise and literature review | | | | |

Abbreviations: ACO, Accountable Care Organization; CCS, Clinical Classification Software; MI, myocardial infarction; VSAC, United States National Library of Medicine Value Set Authority Center

<u>Analytic Note</u>: All code sets were reviewed for relevance and validity by study investigators experienced in diabetes management and diabetes-related health care delivery research. In circumstances where no validated code sets existed (specifically: falls, urinary incontinence), relevant diagnosis codes were identified by study investigators based on clinical experience and review of pertinent literature.

The Ginde ICD-9 algorithm has been used extensively to identify hypoglycemia-related utilization events, including hospitalizations and emergency department visits, despite its original development in the ED setting. It is used by the Centers for Disease Control and Prevention (CDC) to ascertain hospitalizations and ED visits for hypoglycemia (https://gis.cdc.gov/grasp/diabetes/DiabetesAtlas.html#) using data from the National Inpatient Sample (NIS) and the National Emergency Department Sample (NEDS), respectively.

All ICD9 and ICD10 codes for diabetes complications of retinopathy and neuropathy were adapted from the validated Diabetes Complications Severity Index (DCSI)⁶ and also the National Quality Forum (NQF)-endorsed CMS "Risk-Standardized Acute Admission Rates for Patients with Diabetes" measure (ACO-36)⁷. For retinopathy, the DCSI and ACO-36 definitions include both proliferative and non-proliferative retinopathy codes, and proliferative retinopathy codes were extracted by the study investigators. Rationale for focusing on proliferative rather than all retinopathy is that American Diabetes Association (ADA) and Department of Veterans Affairs/ Department of Defense (VA/DoD) specify that patients with severe non-proliferative diabetic retinopathy (NPDR) and proliferative diabetic retinopathy (PDR) should be treated to less stringent glycemic targets.

Because we relied on diagnosis codes to identify patients with PDR, we sought to capture the likely ways that PDR is billed by providers, which means looking not only for codes associated with PDR but also the ways that PDR

presents in any given patient. Specifically, PDR (ICD9 362.02) is defined by the presence of neovascularization arising from the disc or retinal vessels, which can lead to pre- retinal and vitreous hemorrhage (ICD9 379.23), fibrosis, and traction retinal detachment (ICD9 361.xx).8 We included cystoid macular degeneration (ICD9 362.53) because clinically significant macular edema can lead to vision loss. We also included blindness and low vision (ICD9 369.x) because this reflects end-stage or clinically significant eye disease. We did not include diabetic ophthalmologic disease (ICD9 250.5x); background diabetic retinopathy (ICD9 362.01); other background retinopathy and retinal vascular changes (ICD9 362.1x); or retinal hemorrhage, retinal exudates and deposits, and retinal edema (ICD9 362.81-362.83) because these diagnoses are not necessarily reflective of severe NPDR or PDR.

eTable 2. Adjusted Risk Factors for Hypoglycemia-Related ED Visits/
Hospitalizations—Type 1 vs Type 2 Diabetes. These Poisson regression analyses examine the associations between patient characteristics and potential hypoglycemia risk factors with hypoglycemia-related ED visits and hospitalizations among adults with type 1 and type 2 diabetes, with all factors adjusted for simultaneously. The total number of chronic conditions was calculated from among dementia, end-stage renal disease, stage 3-4 chronic kidney disease, myocardial infarction, heart failure, cerebrovascular disease (transient ischemic attack/stroke), chronic obstructive pulmonary disease, cancer (except for non-melanoma skin cancer), cirrhosis, proliferative retinopathy, peripheral neuropathy, hypertension, arthritis, urinary incontinence, depression, and falls. Prior history of a hypoglycemia-related ED visit/hospitalization ("prior hypoglycemia") was considered separately and therefore was not included in the total count of guideline-specified chronic conditions. *With or without other glucose-lowering medications (not insulin, sulfonylurea).

| | Type 1 Diabetes | | Type 2 Diabetes | |
|--|--------------------|--------|-------------------|--------|
| | IRR (95% CI) | Р | IRR (95% CI) | Р |
| Age group | | | | |
| 18-44 years | Ref | Ref | Ref | Ref |
| 45-64 years | 1.37 (0.91, 2.06) | 0.13 | 0.86 (0.63, 1.17) | 0.33 |
| 65-74 years | 0.87 (0.54, 1.41) | 0.57 | 1.30 (0.96, 1.76) | 0.09 |
| ≥75 years | 1.10 (0.66, 1.84) | 0.72 | 1.64 (1.21, 2.24) | 0.002 |
| Gender | | | | |
| Male | Ref | Ref | Ref | Ref |
| Female | 1.07 (0.83, 1.39) | 0.60 | 0.92 (0.83, 1.02) | 0.12 |
| Race/ethnicity | | | | |
| White | Ref | Ref | Ref | Ref |
| Black | 1.07 (0.76, 1.52) | 0.68 | 1.35 (1.20, 1.52) | <0.001 |
| Hispanic | 0.46 (0.26, 0.8) | 0.01 | 0.83 (0.71, 0.98) | 0.02 |
| Asian | 2.14 (1.05, 4.4) | 0.04 | 1.00 (0.76, 1.32) | 0.98 |
| Unknown | 1.04 (0.52, 2.06) | 0.91 | 0.99 (0.74, 1.31) | 0.97 |
| Annual household income | | | | |
| <\$40,000 | Ref | Ref | Ref | Ref |
| \$40,000-\$49,999 | 1.51 (0.95, 2.40) | 0.08 | 0.98 (0.83, 1.16) | 0.81 |
| \$50,000-\$59,999 | 0.95 (0.54, 1.67) | 0.86 | 0.96 (0.80, 1.15) | 0.63 |
| \$60,000-\$74,999 | 1.26 (0.79, 2.01) | 0.33 | 0.87 (0.73, 1.03) | 0.11 |
| \$75,000-\$99,999 | 0.93 (0.58, 1.49) | 0.77 | 0.82 (0.68, 0.98) | 0.03 |
| ≥\$100,000 | 0.78 (0.51, 1.19) | 0.25 | 0.60 (0.50, 0.72) | <0.001 |
| Unknown | 1.36 (0.89, 2.06) | 0.15 | 0.97 (0.79, 1.20) | 0.75 |
| Prior severe hypoglycemia-related ED visits/hospitalizations | 9.79 (7.23, 13.26) | <0.001 | 5.78 (4.96, 6.74) | <0.001 |
| Comorbidities | | | | |
| 0-1 | Ref | Ref | Ref | Ref |

| 2 | 2.06 (1.38, 3.09) | <0.001 | 1.10 (1.35, 1.91) | <0.001 |
|--|-------------------|--------|----------------------|--------|
| 3 | 1.76 (1.12, 2.76) | 0.01 | 2.22 (1.87, 2.64) | <0.001 |
| 4 | 3.43 (2.22, 5.32) | <0.001 | 2.47 (2.05, 2.97) | <0.001 |
| 5 | 2.74 (1.63, 4.63) | <0.001 | 3.00 (2.46, 3.67) | <0.001 |
| 6 | 5.32 (3.18, 8.92) | <0.001 | 3.21 (2.53, 4.07) | <0.001 |
| 7 | 1.61 (0.62, 4.17) | 0.33 | 3.57 (2.68, 4.75) | <0.001 |
| ≥8 | 1.94 (0.67, 5.58) | 0.22 | 4.50 (3.31, 6.12) | <0.001 |
| Index HbA _{1c} level | | | | |
| ≤5.6% | 1.13 (0.38, 3.41) | 0.82 | 1.48 (1.14, 1.93) | 0.003 |
| 5.7 - 6.4% | 1.33 (0.68, 2.58) | 0.41 | 1.08 (0.91, 1.29) | 0.38 |
| 6.5 - 6.9% | Ref | Ref | Ref | Ref |
| 7.0 - 7.9% | 1.72 (1.01, 2.92) | 0.05 | 0.99 (0.84, 1.16) | 0.87 |
| 8.0 - 8.9% | 1.86 (1.08, 3.20) | 0.02 | 1.14 (0.95, 1.36) | 0.16 |
| 9.0 - 9.9% | 1.50 (0.81, 2.75) | 0.20 | 1.15 (0.94, 1.42) | 0.18 |
| ≥10.0% | 2.17 (1.23, 3.83) | 0.01 | 1.14 (0.93, 1.40) | 0.20 |
| Treatment regimen | | | | |
| Other medications | | | Ref | Ref |
| Sulfonylurea* | | | 6.78 (4.95, 9.27) | <0.001 |
| Basal insulin* | Ref | Ref | 12.62 (8.94, 17.82) | <0.001 |
| Basal insulin + sulfonylurea* | 0.88 (0.23, 3.43) | 0.86 | 14.16 (10.02, 20.00) | <0.001 |
| Bolus insulin* | 1.11 (0.48, 2.56) | 0.80 | 23.66 (14.87, 37.66) | <0.001 |
| Bolus insulin + sulfonylurea* | - | | 19.12 (10.63, 34.37) | <0.001 |
| Basal + bolus insulins* | 1.46 (0.68, 3.14) | 0.33 | 28.68 (21.04, 39.10) | <0.001 |
| Basal + bolus insulins + sulfonylurea* | 0.50 (0.10, 2.43) | 0.39 | 27.50 (19.75, 38.30) | <0.001 |
| No fills | | | 4.09 (2.94, 5.69) | <0.001 |
| | • | | | |

Abbreviations: HbA_{1c}, hemoglobin A_{1c}.

eTable 3. Differential Effect of Multimorbidity as a Function of Age. We examined the possible interaction between patient age and increasing count of comorbidities on the risk of experiencing hypoglycemia requiring ED visits and hospitalizations by calculating the adjusted incidence rate ratios (IRRs) for hypoglycemia-related ED visits/hospitalizations separately for each age group. Comorbidity count was analyzed as a continuous variable. Poisson regression models were adjusted for all remaining factors, including gender, race/ethnicity, annual household income, diabetes type, prior severe hypoglycemia-related ED/hospital care, index hemoglobin A_{1c}, and the glucose-lowering treatment regimen.

| | Overall | | Type 1 Diabetes | | Type 2 Diabetes | |
|-------------|-------------------|--------|-------------------|--------|-------------------|--------|
| | IRR (95% CI) | Р | IRR (95% CI) | Р | IRR (95% CI) | Р |
| 18-44 years | 1.55 (1.37, 1.77) | <0.001 | 1.60 (1.27, 2.03) | <0.001 | 1.55 (1.32, 1.82) | <0.001 |
| 45-64 years | 1.28 (1.22, 1.34) | <0.001 | 1.31 (1.20, 1.43) | <0.001 | 1.27 (1.20, 1.35) | <0.001 |
| 65-74 years | 1.25 (1.20, 1.30) | <0.001 | 1.15 (0.98, 1.33) | 0.08 | 1.26 (1.21, 1.31) | <0.001 |
| ≥75 years | 1.08 (1.03, 1.13) | 0.001 | 0.87 (0.73, 1.03) | 0.10 | 1.10 (1.05, 1.15) | <0.001 |

eTable 4. Adjusted Risk Factors for Hypoglycemia-Related ED Visits and Hospitalizations—Secondary Analysis Examining Individual Comorbidities in the Overall Population. In this Poisson regression analysis, the association between each comorbid health condition, rather than the total count of comorbidities, and hypoglycemia-related ED visits and hospitalizations was assessed. All variables were adjusted for simultaneously, allowing for the examination of the independent associations between each of these risk factors and the risk of hypoglycemia-related ED visits/hospitalizations. *With or without other glucose-lowering medications (not insulin, sulfonylurea).

| | IRR (95% CI) | p-value |
|--|-------------------|---------|
| Age group | | |
| 18-44 years | Ref | Ref |
| 45-64 years | 0.97 (0.76, 1.24) | 0.79 |
| 65-74 years | 1.30 (1.02, 1.66) | 0.04 |
| ≥75 years | 1.70 (1.32, 2.19) | <0.001 |
| Gender | | |
| Male | Ref | Ref |
| Female | 0.94 (0.86, 1.04) | 0.25 |
| Race/ethnicity | | |
| White | Ref | Ref |
| Black | 1.31 (1.17, 1.47) | <0.001 |
| Hispanic | 0.78 (0.67, 0.91) | 0.001 |
| Asian | 1.05 (0.81, 1.36) | 0.71 |
| Unknown | 1.00 (0.77, 1.29) | 0.99 |
| Household income | | |
| <\$40,000 | Ref | Ref |
| \$40,000-\$49,999 | 1.01 (0.87, 1.18) | 0.88 |
| \$50,000-\$59,999 | 0.95 (0.80, 1.12) | 0.53 |
| \$60,000-\$74,999 | 0.90 (0.76, 1.12) | 0.19 |
| \$75,000-\$99,999 | 0.82 (0.69, 0.97) | 0.02 |
| ≥\$100,000 | 0.62 (0.52, 0.73) | <0.001 |
| Unknown | 0.99 (0.83, 1.19) | 0.96 |
| Diabetes type | | |
| Type I | 1.35 (1.16, 1.57) | <0.001 |
| Type II | Ref | Ref |
| Prior severe hypoglycemia- related ED visits/hospitalizations | 6.29 (5.49, 7.21) | <0.001 |
| Comorbidities | | |
| None | 0.63 (0.44, 0.89) | 0.01 |
| Dementia | 1.02 (0.84, 1.23) | 0.88 |
| ESRD | 1.43 (1.18, 1.73) | <0.001 |
| CKD, stages 3-4 | 1.37 (1.22, 1.53) | <0.001 |

| Myocardial infarction | 1.41 (1.20, 1.65) | <0.001 |
|--|-------------------------------------|------------------|
| Heart failure | 1.06 (0.94, 1.2) | 0.32 |
| Stroke/TIA | 1.20 (1.07, 1.35) | 0.002 |
| COPD | 1.15 (1.02, 1.29) | 0.02 |
| Cancer (except non-melanoma skin cancer) | 0.93 (0.80, 1.08) | 0.34 |
| Cirrhosis | 1.18 (0.85, 1.65) | 0.31 |
| Proliferative retinopathy | 1.15 (0.96, 1.39) | 0.13 |
| Peripheral neuropathy | 1.27 (1.15, 1.4) | <0.001 |
| Hypertension | 1.10 (0.90, 1.34) | 0.36 |
| Arthritis | 1.07 (0.96, 1.19) | 0.23 |
| Urinary incontinence | 1.06 (0.87, 1.29) | 0.54 |
| Depression | 1.31 (1.16, 1.49) | <0.001 |
| Falls | 1.44 (1.22, 1.70) | <0.001 |
| Index HbA _{1c} levels | | |
| ≤5.6% | 1.44 (1.11, 1.85) | 0.01 |
| 5.7 - 6.4% | 1.09 (0.92, 1.30) | 0.32 |
| 6.5 - 6.9% | Ref | Ref |
| 7.0 - 7.9% | 1.04 (0.89, 1.22) | 0.61 |
| 8.0 - 8.9% | 1.19 (1.01, 1.41) | 0.04 |
| 9.0 - 9.9% | 1.16 (0.95, 1.41) | 0.15 |
| ≥10.0% | 1.22 (1.01, 1.47) | 0.04 |
| Glucose-lowering treatment regimen | | |
| Other medications | Ref | Ref |
| Sulfonylurea* | 6.69 (4.90, 9.16) | <0.001 |
| Basal insulin* | 12.48 (8.86, 15.58) | <0.001 |
| Basal insulin + sulfonylurea* | 13.83 (9.81, 19.50) | <0.001 |
| Bolus insulin* | 23.72 (16.06, 35.06) | <0.001 |
| Bolus insulin + sulfonylurea* | 19.26 (10.71, 34.61) | <0.001 |
| Basal + bolus insulins* | 27.62 (20.28, 37.62) | <0.001 |
| Basal + bolus insulins + sulfonylurea* | 26.17 (18.81, 36.39) | <0.001 |
| No fills | 4.24 (3.05, 5.90) | <0.001 |
| Abbraviationa IIbA bamaglabin A CKD al | arania kidnay diagona atagon 2 4: 4 | CODD abassis aba |

Abbreviations: HbA_{1c}, hemoglobin A_{1c}. CKD, chronic kidney disease stages 3-4; COPD, chronic obstructive pulmonary disease; ESRD, end-stage renal disease; TIA, transient ischemic attack.

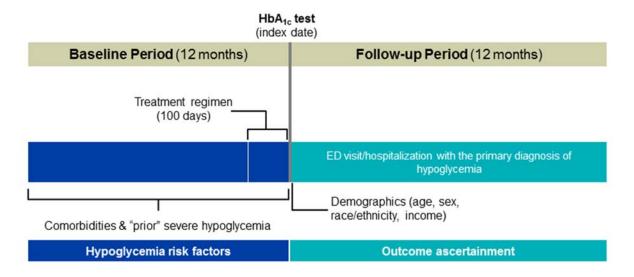
eTable 5. Adjusted Risk Factors for Hypoglycemia-Related ED Visits/
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Among Patients With Type 1 and Type 2 Diabetes. In this Poisson regression
analysis, the association between each comorbid health condition, rather than the total
count of comorbidities, and hypoglycemia-related ED visits/hospitalizations was
assessed separately for patients with type 1 and type 2 diabetes. All variables were
adjusted for simultaneously, allowing for the examination of the independent
contribution of each of these risk factors to the risk of hypoglycemia-related ED
visits/hospitalizations. *With or without other glucose-lowering medications (not insulin,
sulfonylurea).

| | Type 1 Diabetes | | Type 2 Diabetes | |
|--|--------------------|--------|-------------------|--------|
| | IRR (95% CI) | Р | IRR (95% CI) | Р |
| Age group | | | | |
| 18-44 years | Ref | Ref | Ref | Ref |
| 45-64 years | 1.34 (0.88, 2.04) | 0.18 | 0.88 (0.64, 1.19) | 0.40 |
| 65-74 years | 0.99 (0.60, 1.63) | 0.97 | 1.34 (0.99, 1.82) | 0.06 |
| ≥75 years | 1.43 (0.83, 2.48) | 0.20 | 1.73 (1.27, 2.36) | 0.001 |
| Gender | | | | |
| Male | Ref | Ref | Ref | Ref |
| Female | 0.98 (0.75, 1.28) | 0.86 | 0.94 (0.85, 1.04) | 0.23 |
| Race/ethnicity | | | | |
| White | Ref | Ref | Ref | Ref |
| Black | 1.11 (0.78, 1.57) | 0.57 | 1.36 (1.20, 1.53) | <0.001 |
| Hispanic | 0.51 (0.29, 0.90) | 0.02 | 0.82 (0.70, 0.96) | 0.02 |
| Asian | 2.02 (0.99, 4.14) | 0.06 | 0.99 (0.75, 1.30) | 0.94 |
| Unknown | 1.14 (0.57, 2.27) | 0.71 | 1.00 (0.76, 1.31) | 0.98 |
| Annual household income | | | | |
| <\$40,000 | Ref | Ref | Ref | Ref |
| \$40,000-\$49,999 | 1.37 (0.86, 2.17) | 0.18 | 0.97 (0.82, 1.15) | 0.74 |
| \$50,000-\$59,999 | 0.81 (0.46, 1.43) | 0.47 | 0.96 (0.80, 1.15) | 0.65 |
| \$60,000-\$74,999 | 1.27 (0.79, 2.04) | 0.32 | 0.86 (0.72, 1.03) | 0.09 |
| \$75,000-\$99,999 | 0.92 (0.57, 1.47) | 0.72 | 0.82 (0.68, 0.98) | 0.03 |
| ≥\$100,000 | 0.77 (0.50, 1.18) | 0.22 | 0.59 (0.49, 0.72) | <0.001 |
| Unknown | 1.27 (0.82, 1.96) | 0.28 | 0.96 (0.78, 1.18) | 0.68 |
| Prior severe hypoglycemia-related ED visits/hospitalizations | 8.56 (6.26, 11.70) | <0.001 | 5.54 (4.75, 6.47) | <0.001 |
| Comorbidities | | | | |
| None | 1.00 (0.54, 1.84) | 1.00 | 0.49 (0.31, 0.78) | 0.002 |
| Dementia | 0.75 (0.44, 1.30) | 0.31 | 1.13 (0.92, 1.39) | 0.24 |
| ESRD | 0.91 (0.45, 1.82) | 0.78 | 1.52 (1.24, 1.86) | <0.001 |
| CKD, stages 3-4 | 1.24 (0.86, 1.78) | 0.25 | 1.38 (1.23, 1.56) | <0.001 |
| Myocardial infarction | 2.43 (1.64, 3.62) | <0.001 | 1.26 (1.06, 1.50) | 0.01 |

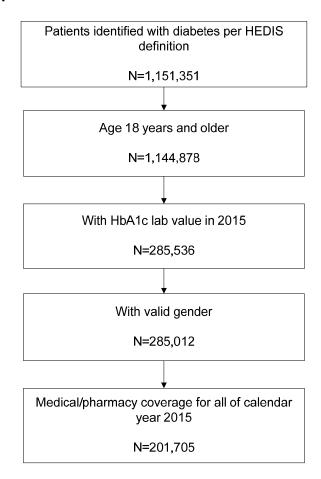
| I I of f-II | 0.00 (0.44.4.00) | 0.07 | 4.45 (4.04.4.04) | 0.04 |
|--|-------------------|-------|----------------------|--------|
| Heart failure | 0.68 (0.44, 1.03) | 0.07 | 1.15 (1.01, 1.31) | 0.04 |
| Stroke/TIA | 1.15 (0.81, 1.65) | 0.43 | 1.23 (1.09, 1.39) | 0.001 |
| COPD | 0.63 (0.42, 0.96) | 0.03 | 1.23 (1.09, 1.38) | 0.001 |
| Cancer (except non-melanoma skin cancer) | 0.60 (0.33, 1.08) | 0.09 | 0.95 (0.81, 1.12) | 0.54 |
| Cirrhosis | 0.75 (0.23, 2.43) | 0.63 | 1.28 (0.91, 1.81) | 0.15 |
| Proliferative retinopathy | 1.02 (0.67, 1.56) | 0.92 | 1.13 (0.92, 1.39) | 0.24 |
| Peripheral neuropathy | 1.59 (1.20, 2.11) | 0.001 | 1.21 (1.09, 1.35) | <0.001 |
| Hypertension | 1.45 (0.91, 2.30) | 0.12 | 1.03 (0.82, 1.28) | 0.82 |
| Arthritis | 1.31 (0.96, 1.79) | 0.09 | 1.04 (0.93, 1.16) | 0.52 |
| Urinary incontinence | 1.36 (0.77, 2.42) | 0.29 | 1.04 (0.84, 1.28) | 0.74 |
| Depression | 1.52 (1.11, 2.07) | 0.01 | 1.27 (1.11, 1.46) | 0.001 |
| Falls | 2.00 (1.33, 3.02) | 0.001 | 1.33 (1.11, 1.60) | 0.002 |
| Index HbA _{1c} levels | | | | |
| ≤5.6% | 1.38 (0.46, 4.17) | 0.56 | 1.45 (1.11, 1.88) | 0.01 |
| 5.7 - 6.4% | 1.42 (0.73, 2.78) | 0.30 | 1.07 (0.89, 1.27) | 0.48 |
| 6.5 - 6.9% | Ref | Ref | Ref | Ref |
| 7.0 - 7.9% | 1.52 (0.89, 2.61) | 0.12 | 0.98 (0.83, 1.16) | 0.84 |
| 8.0 - 8.9% | 1.75 (1.02, 3.02) | 0.04 | 1.13 (0.95, 1.35) | 0.17 |
| 9.0 - 9.9% | 1.38 (0.75, 2.54) | 0.30 | 1.16 (0.94, 1.42) | 0.18 |
| ≥10.0% | 2.03 (1.15, 3.60) | 0.02 | 1.14 (0.92, 1.39) | 0.23 |
| Glucose-lowering treatment regimen | | | | |
| Other medications | | | Ref | Ref |
| Sulfonylurea* | | | 6.70 (4.89, 9.16) | <0.001 |
| Basal insulin* | 1 | Ref | 12.39 (8.77, 17.51) | <0.001 |
| Basal insulin + sulfonylurea* | 0.78 (0.20, 3.04) | 0.72 | 13.95 (9.87, 19.71) | <0.001 |
| Bolus insulin* | 1.08 (0.47, 2.48) | 0.87 | 24.02 (15.09, 38.22) | <0.001 |
| Bolus insulin + sulfonylurea* | | | 19.46 (10.82, 35.01) | <0.001 |
| Basal + bolus insulins* | 1.46 (0.68, 3.14) | 0.34 | 28.20 (20.66, 38.49) | <0.001 |
| Basal + bolus insulins + sulfonylurea* | 0.46 (0.09, 2.24) | 0.34 | 27.38 (19.65, 38.15) | <0.001 |
| No fills | | | 4.13 (2.97, 5.74) | <0.001 |
| Abbroviations: UhA homoglobin A | 1 | | | |

Abbreviations: HbA_{1c}, hemoglobin A_{1c}.

eFigure 1. Study Design. Schematic demonstrating the time periods during which study outcomes and the independent (predictor) variables were assessed. The index date was set to the last available hemoglobin A_{1c} result in 2015.

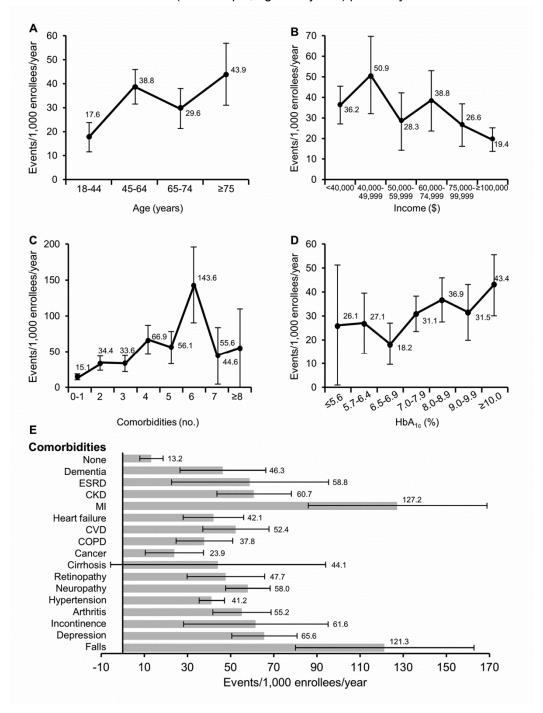


eFigure 2. Study Population.



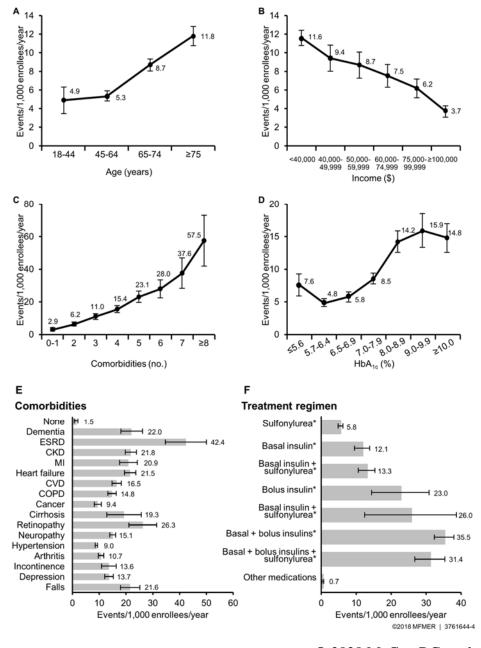
eFigure 3. Crude Rates of Hypoglycemia-Related ED Visits/Hospitalizations

Among Patients With Type 1 Diabetes. Crude (unadjusted) rates of hypoglycemia-related ED visits/hospitalizations experienced by adults with type 1 diabetes, stratified by (A) patient age; (B) annual household income in \$U.S.; (C) total number of comorbid health conditions from among those specified by the American Diabetes Association (ADA) and the U.S. Department of Veterans Affairs/ Department of Defense (VA/DoD) diabetes management guidelines; (D) hemoglobin A₁c; and (E) the individual comorbidities specified by the ADA and the VA/DoD diabetes management guidelines. Rates of hypoglycemia-related ED visits/hospitalizations were calculated as the total number of hospitalizations and emergency department visits with the primary/first diagnosis of hypoglycemia per 1000 persons with the characteristic of interest (for example, age ≥75 years) per one year.



eFigure 4. Crude Rates of Hypoglycemia-Related ED Visits/Hospitalizations

Among Patients With Type 2 Diabetes. Crude (unadjusted) rates of hypoglycemia-related ED visits/hospitalizations experienced by adults with type 2 diabetes, stratified by (A) patient age; (B) annual household income in \$U.S.; (C) total number of comorbid health conditions from among those specified by the American Diabetes Association (ADA) and the U.S. Department of Veterans Affairs/ Department of Defense (VA/DoD) diabetes management guidelines; (D) hemoglobin A1c; (E) the individual comorbidities specified by the ADA and the VA/DoD diabetes management guidelines; and (F) the glucose-lowering treatment regimen. Rates of hypoglycemia-related ED visits/hospitalizations were calculated as the total number of hospitalizations and emergency department visits with the primary/first diagnosis of hypoglycemia per 1000 persons with the characteristic of interest (for example, age ≥75 years) per one year.



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