**META-ANALYSIS** 

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Accepte	d: 2018.06.1 d: 2018.07.1 d: 2018.08.0	16	The Prognostic Value of Noncoding RNA (IncRNA Host Gene 1 (SNHG1) in Malignant Tumors: A Sy Meta-Analysis	Patients with Solid
Sti Data Statistic Data Inte anuscript F Literat	Contribution: udy Design A collection B cal Analysis C erpretation D Preparation E ture Search F Collection G	ABCDEFG 1 ABCDEFG 1 BC 1 DF 2 ADG 2	Jingtao Zhang	<ol> <li>The First Clinical Medical College, Nanchang University, Nanchang, Jiangxi, P.R. China</li> <li>Department of Thoracic Surgery, The First Affiliated Hospital of Nanchang University, Nanchang, Jiangxi, P.R. China</li> </ol>
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		ckground: /Methods:	tumors. The aim of this systematic review and meta cRNA SNHG1 was associated with prognosis in patie A literature review from Jan 1970 to July 2018 identifie included: PubMed, OVID, Web of Science, the Cochra review and meta-analysis were performed according	ed publications in the English language. Databases searched ne Database, Embase, EBSCO, Google Scholar. Systematic g to the Preferred Reporting Items for Systematic Reviews
	Results:		was used. Eight publications (570 patients) and eight solid tu cancer, hepatocellular carcinoma, non-small cell lun gastric cancer. Meta-analysis showed that expressio reduced overall survival (OS) (HR=1.917; 95% CI, 1.58 SNHG1 expression was significantly correlated with	astle-Ottawa Scale (NOS) assessment tool for risk of bias mors were identified, including osteosarcoma, colorectal g cancer, esophageal cancer, ovarian cancer, glioma, and n of the lncRNA SNHG1 was significantly correlated with 8–2.31) (P<0.001). Subgroup analysis showed that lncRNA TNM stage (OR=3.99; 95% CI, 2.48–6.43) and lymph node re no significant correlations between lncRNA SNHG1 ex-
	Co	nclusions:	pression and patient gender, tumor subtype, or tumo Systematic literature review and meta-analysis iden	
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# Background

Worldwide, solid malignant tumors arising from epithelial cells, or cancers, are an increasing cause of morbidity and mortality as populations increase, live longer, environmental pollution increases, and other lifestyle factors exert carcinogenic effects [1]. In the United States (US) in 2017, there were 1,688,780 new cancer cases and 600,920 cancer deaths [2]. Currently, surgery, radiotherapy, and chemotherapy remain the first-line treatments for cancer, although new therapeutic approaches are being developed and for some types of cancer, including nasopharyngeal carcinoma, treatments have resulted in improved patient prognosis [3]. However, the overall survival (OS) rate for most types of cancer remains low, and the majority of patients with cancer have a poor prognostic [2]. Therefore, there remains a need to identify novel prognostic biomarkers and more effective therapeutic strategies for cancer.

Recently published studies have shown that long noncoding RNAs (lncRNAs), with a length of more than 200 nucleotides, and which are non-protein-encoding RNAs, have a role in transcriptional and posttranscriptional processing, and genomic imprinting in oncogenesis [4,5]. Studies have shown that increased expression of lncRNAs can be found in several human cancers, including breast cancer, ovarian cancer, gastric cancer, and lung cancer [6–9]. Also, lncRNAs have a regulatory role in cell proliferation, apoptosis, and cancer metastasis, which are associated with patient prognosis [10–13]. Therefore, lncRNAs have potential as a biomarker for cancer diagnosis, prognosis, or treatment [14]. However, these roles for lncRNAs in human cancer remain to be investigated.

The long non-coding RNA (lncRNA) small nucleolar RNA host gene 1 (SNHG1) (GenBank accession ID: 23642) is a newly identified non-protein coding RNA localized at 11q12.3, which is upregulated in several types of solid malignant tumors, and may have a role in tumorigenesis [15-17]. Recently published studies have shown that the lncRNA SNHG1 is expressed in the cellular processes involved in malignant neoplasia, including cell proliferation and migration, invasion and metastasis [18,19]. Also, IncRNA SNHG1 has been shown to be expressed during the initiation and progression of malignancy by affecting the expression of p53, regulating microRNA, and competing with the expression of endogenous RNA [20–22]. Lan et al. showed that the lncRNA SNHG1 functions as a competing endogenous RNA (ceRNA) to antagonize the effect of miR-145a-5p on the down-regulation of NUAK1 in nasopharyngeal carcinoma cells [23]. Also, Lu et al. showed that the expression of the IncRNA SNHG1 reduced miR-145-5p and upregulated MTDH, the gene encoding metadherin, in non-small cell lung cancer (NSCLC) [24]. Based on these previously published findings, it is possible that the lncRNA SNHG1 might represent a diagnostic, prognostic, or therapeutic cancer biomarker.

Also, recently published studies have shown that the increased expression of the lncRNA SNHG1 was associated with reduced survival rates in patients with several types of malignant solid tumors, including osteosarcoma [25], colorectal cancer [18], hepatocellular carcinoma (HCC) [26], non-small cell lung cancer (NSCLC) [27], esophageal squamous cell cancer [28], epithelial ovarian cancer [29], glioma [30] and gastric cancer [31]. However, because most published studies have been limited by low study sample size, the prognostic value of expression of the lncRNA SNHG1 remains unclear. Therefore, the aim of this study was to undertake a systematic review of the literature and meta-analysis to determine whether expression of the lncRNA SNHG1 is associated with prognosis in human solid malignant tumors.

# **Material and Methods**

### Literature search

A search of the literature was performed to identify published studies on the expression of the long non-coding RNA (lncRNA) small nucleolar RNA host gene 1 (SNHG1) in human solid malignant tumors and patient outcome in the English language, published in the Peoples' Republic of China. The following databases were searched: Pubmed, OVID, Web of Science, the Cochrane Database, Embase, EBSCO, and Google Scholar,

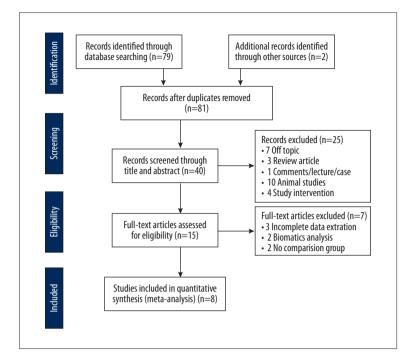
The following keywords were used in the database search: 'snhg1,' 'SNHG1,' 'neoplasia,' 'neoplasm,' 'tumor,' 'tumors,' 'cancer,' 'cancers,' 'malignant neoplasm,' 'malignant neoplasms,' 'neoplasm, malignant,' 'malignancy,' 'malignancies,' 'benign neoplasms,' 'neoplasms, benign.' All irrelevant articles were excluded by review of the publication title and abstract. Duplicated publications were excluded using the function in Endnote X8. The selected full text of the included publications that were identified our reviewers were read in full.

# Design and implementation of the systematic literature review and meta-analysis

A review of the literature was undertaken from Jan 1970 to April 2018, with meta-analysis conducted according to the guidelines of the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) (*http://prisma-statement.org*) (Figure 1).

### **Publication inclusion criteria**

All publications were initially screened and selected by two investigators, based on publication titles and abstracts, followed by a review of the published manuscript. The inclusion criteria for meta-analysis followed the population, intervention,



# Figure 1. The flowchart shows the process of the literature search and study selection.

control, and outcomes (PICO) criteria. (1) All articles were written and published in English with the availability of the full text of the publication. (2) Studies included those on human solid malignant neoplasms. (3) Expression of IncRNA SNHG1 in the tissue specimens of patients with malignant neoplasms were detected by established molecular methods, usually by quantitative reverse transcription polymerase chain reaction (qRT-PCR). (4) Studies were included that demonstrated the correlation between lncRNA SNHG1 expression, patient survival, and other clinical parameters of prognosis, including tumor stage and histological grade, and the presence of lymph node metastases. (5) Studies were included that provided survival information, including overall survival (OS), relapse-free survival (RFS), progression-free survival (PFS) and were correlated with lncRNA SNHG1 expression. (6) Sufficient statistical analysis was required, including hazard ratios (HRs) and the 95% confidence interval (CI) and hazard ratios (HRs) with prognostic endpoints, or data that could be used to estimate the HRs and 95% CIs, or other outcomes for OS such as Kaplan-Meier survival curves.

### Publication exclusion criteria

(1) Preclinical *in vitro* or *in vivo* experimental studies were excluded. (2) Articles were not published in English were excluded. (3) Studies without access to the full text of the publication were excluded. (4) Case reports, letters, expert opinions, meeting records, review articles, commentaries, and clinical guidelines were excluded. (5) Studies without available clinical parameters, such as TNM stage, histological grade, lymph node metastasis data, were excluded. (6) Studies without HRs

or 95% CIs were excluded. (7) Studies with a patient sample size <30 were excluded.

### **Data extraction**

The databases were searched and the publications were assessed independently by two reviewers (BFX and ZHH). The included studies were chosen by consensus. The following data were obtained from each eligible study: author and year, ethnic background, country, sample size, cancer type, patient number, the method of detection used for lncRNA SNHG1 expression, the analysis type, the cut-off value, clinicopathological features, and the follow-up period. The prognostic endpoints included overall survival (OS), progression-free survival (PFS), recurrence-free survival (RFS), and disease-free survival (DFS). Hazard ratios (HRs) and 95% confidence intervals (CIs) were directly extracted from the univariate or multivariate analysis, or with the use of Engauge Digitizer4.1, a digitizing program, converting Kaplan-Meier survival curves [32].

#### **Quality assessment**

The quality of each study was assessed using the Newcastle-Ottawa Scale (NOS) and was quantitatively evaluated by two independent reviewers (BFX and ZHH) [33]. Any disagreements between the two reviewers were resolved by discussion and consensus. The scores for quality assessment ranged from 0 (minimum) to 9 (maximum); studies with a NOS score >6 were considered to be high quality.

First author	Year	Ethnicity	Sample size	Cancer	AT	Specimen	Follow-up (mounths)	Outcome measures	HR	95%CI
Cui Y [27]	2017	Asia	68	NSCLC	None	Tissue	60	OS	1.83	(1.14, 2.95)
Hu Y [31]	2017	Asia	50	GC	None	Tissue	60	OS	2.40	(1.12, 5.14)
Wang Q [17]	2017	Asia	78	Golima	N/A	Tissue	45	OS	1.64	(0.85, 3.17)
Zhu Y [18]	2017	Asia	108	CRC	None	Tissue	60	OS/PFS	2.20	(1.37, 3.54)
Zhang M [26]	2016	Asia	82	HCC	None	Tissue	60	OS/RFS	2.13	(1.20, 3.77)
Wang J [25]	2018	Asia	45	OS	None	Tissue	60	OS	1.56	(0.79, 3.10)
Wang S [29]	2017	Asia	67	EOC	None	Tissue	60	OS	1.99	(1.20, 3.30)
Zhang Y [28]	2017	Asia	72	ESCC	None	Tissue	70	OS	1.78	(1.19, 2.67)

 Table 1. Characteristics of studies included in the meta-analysis of the systematic literature review of the long non-coding RNA (IncRNA) small nucleolar RNA host gene 1 (SNHG1) expression in patients with solid malignant tumors.

### Statistical analysis

Primary outcome data, including OS and HRs, were calculated using STATA 12 (Stata, College Station, TX, USA) and Engauge Digitizer version 4.1. Statistical heterogeneity was assessed using the I<sup>2</sup> test as well as the chi-based Q-test, to determine heterogeneity between several studies. Heterogeneity was considered as statistically significant with I<sup>2</sup> <50%. When the I<sup>2</sup> was >50%, a random effects model was used. Otherwise, a fixed effects model was used to analyze the pooled results. According to the results from the STATA 12, there was the same outcome data in the fixed effects model and the random effect model. Also, a sensitivity analysis was used to check the stability of the combined results and to determine the source of any heterogeneity. The publication bias was evaluated using Begg's test and Egger's test. The trim and fill procedure was included in the meta-analysis to further evaluate any possible publication bias. Using a two-tailed statistical test, a P-value of <0.05 was considered as statistically significant.

### Results

### **Study characteristics**

A systematic literature review of published studies on the expression of the long non-coding RNA (lncRNA) small nucleolar RNA host gene 1 (SNHG1) and prognosis in patients with solid malignant tumors included publications from the Peoples' Republic of China. As shown in the flow diagram of the literature search process (Figure 1), a total of 81 publications in the English language were identified from PubMed, OVID, Web of Science, the Cochrane Database, Embase, EBSCO, and Google Scholar from Jan 1970 to July 2018 (Figure 1). A total of 41 duplicate studies were excluded, and 25 publications were

excluded following screening the abstracts. Seven full-text publications were excluded, including three without extractable data, two bioinformatics studies, as well as two uncontrolled studies. Based on the inclusion and exclusion criteria, there were eight different types of cancer evaluated, including osteosarcoma [25], colorectal cancer [18], hepatocellular carcinoma [26], non-small cell lung cancer [27], esophageal squamous cell cancer [28], epithelial ovarian cancer [29], glioma [30] and gastric cancer [31].

Of the eight publications identified, 570 patients were included in the meta-analysis. The characteristics of the seven published studies are summarized in Table 1. All patients with solid malignant tumors were diagnosed based on histology, with tissue specimens collected from tumor tissues and adjacent normal tissues, to determining the expression level of lncRNA SNHG1 by qRT-PCR. The Newcastle-Ottawa Scale (NOS) scores of all the included published studies were  $\geq$ 7 [34].

# Quality assessment using the Newcastle-Ottawa Scale (NOS)

The quality scores of the NOS [34], which ranged from 6–8, indicating that all of the studies were eligible for inclusion and were of high quality. Of the eight identified publications, NOS assessment included two publications with a NOS score of 6, five publications with a NOS score of 7, and one publication with a NOS score of 8, with a median score of 7. Therefore, all eight eligible studies underwent meta-analysis (Table 2).

# The association between lncRNA SNHG1 expression and overall survival (OS)

The eight published studies that included 570 patients reported HRs for the OS according to the levels of lncRNA SNHG1

Author	Year	Selection	Comparability	Outcome	Total score
Cui Y	2017	4	2	1	7
Hu Y	2017	3	1*	2	6*
Wang Q	2017	4	2	2	8*
Zhu Y	2017	4*	1	2	7
Zhang M	2016	4	2*	1	7
Wang J	2018	3	2*	1	6*
Wang S	2017	4	1	2	7
Zhang Y	2017	4	2	1*	7

Table 2. Quality assessment based on the Newcastle-Ottawa Scale (NOS).

Study ID		ES (95% CI)	% weigh
Cui Y, 2017		1.83 (1.14, 2.95)	15.74
Hu Y, 2017		2.40 (1.12, 5.14)	6.13
Wang Q, 2017		1.64 (0.85, 3.17)	8.21
Zhu Y, 2017		2.20 (1.37, 3.54)	15.78
Zhang M, 2016		2.13 (1.20, 3.77)	10.85
Wang J, 2016 -		1.56 (0.79, 3.10)	7.61
Wang S, 2017		1.99 (1.20, 3.30)	13.90
Zhang Y, 2017		1.78 (1.19, 2.67)	21.78
Overall (I-squared=0.0%, p=0.981)	$\diamond$	1.92 (1.59, 2.32)	100.00
.195	1	5.14	

### Figure 2. Forest plot shows the relationship between the long non-coding RNA (lncRNA) small nucleolar RNA host gene 1 (SNHG1) expression and overall survival (OS).

expression. As shown in Figure 2 and Table 3, due to the lack of statistically significant heterogeneity (P=0.981; I<sup>2</sup>=0.0%), the fixed-effects model was used for the pooled HR with corresponding 95% CI. The aggregated data showed that high expression levels of lncRNA SNHG1 expression were significantly correlated with poor OS (HR=1.917, 95% CI: 1.58,2.31, P<0.001), which means the lower lncRNA SNHG1 expression in patients with solid malignant tumors may result in a better clinical outcome (Figure 2).

### Subgroup analysis

Although the study heterogeneity was low ( $l^2 < 25\%$ ; P=0.981), several subgroup analyses were performed. The subgroup analysis data is presented in Table 3. By stratifying the combined data according to tumor stage (OS vs. RFS/PFS), cancer type (gastrointestinal cancers vs. 'other cancers') (Figure 3), and the tumor size (>72 mm vs. <72 mm) (Figure 4). The correlations between SNHG1 lncRNA expression with clinicopathological features in the eight included studies are summarized

in Table 4. The clinical outcomes showed that low expression of lncRNA SNHG1 was correlated with gender (OR=1.29; 95% CI, 0.81–2.05), TNM stage (OR=3.99; 95% CI, 2.48–6.43), and lymph node metastasis (OR=3.12; 95% CI, 1.95–4.98) (Figure 5). Owing to limited data for analysis further associations between other clinicopathological characteristics and lncRNA SNHG1 expression could not be analyzed.

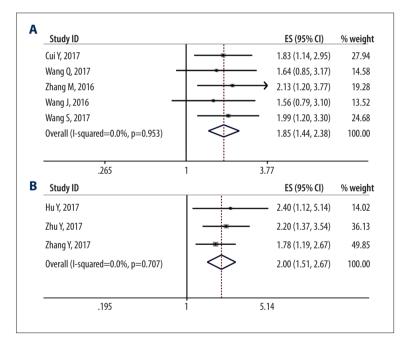
### Analysis of sensitivity

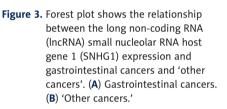
A sensitivity analysis was performed using STATA 12 software to assess whether any individual study affected the overall results. The pooled results were not affected by the removal of individual studies, and the corresponding combined HRs were not significantly changed (Figure 6). Galbraith's radial plot for heterogeneity between studies (Figure 7) confirmed the sensitivity and reliability of the meta-analysis.

<b>6</b>		Heteroge	neity test			Hypoth HR (95%Cl)		···· Studies	
Comparisons	Q	P I² (%) H		н	HK (95%CI)	Z	Р	Studies	
Total									
OS	1.54	0.981	<25%	1.0	1.917 (1.58,2.31)	7.77	<0.01	8	
PRS/RFS	0.5	0.478	<25%	1.0	2.171 (1.50,3.12)	3.50	<0.01	2	
Cancer types									
Digestive	0.69	0.707	<25%	1.0	2.004 (1.50,2.66)	4.78	<0.01	3	
Other cancers	0.68	0.953	<25%	1.0	1.853 (1.44,2.38)	4.81	<0.01	5	
Tumor size									
<72	0.74	0.864	<25%	1.0	1.899 (1.42,2.52)	4.39	<0.01	4	
>72	0.80	0.851	<25%	1.0	1.931 (1.42,2.52)	5.15	<0.01	4	

### Table 3. Main results of the pooled hazard ratios (HRs) in the meta-analysis.

Digestive - Digestive cancer, including colorectal cancer, gastric Cancer, esophageal squamous cell carcinoma (ESCC).





### Analysis of publication bias

Begg's funnel plot and Egger's test were performed to detect publication bias (Figure 8). The findings showed that there was no significant publication bias in the evaluation of IncRNA SNHG1 expression and OS in the gastrointestinal cancer group and the 'other cancers' group (Figure 3, Table 4). And the data in detail of publication bias of SNHG1 for Begg's test and Egger's test were showed in Table 5.

### Discussion

Systematic literature review and meta-analysis identified eight publications that included 570 patients with eight types of solid malignant tumor and showed that increased expression of the long non-coding RNA (IncRNA) small nucleolar RNA host gene 1 (SNHG1) was significantly associated with worse clinical outcome.

Worldwide, cancer continues to be an increasing public health problem that results in patient morbidity with impaired quality of life, and the mortality rates for many solid malignant tumors remains high. Increasing numbers of studies have shown a role

	Study ID	-	:		ES (95% CI)	% weigh
	Wang Q, 2017 -		•		1.64 (0.85, 3.17)	14.50
	Zhu Y, 2017	-	-		2.20 (1.37, 3.54)	27.87
	Zhang M, 2016			$\longrightarrow$	2.13 (1.20, 3.77)	19.17
	Zhang Y, 2017		*	_	1.78 (1.19, 2.67)	38.46
	Overall (I-squared=0.0%, p=0.851)	·	$\diamondsuit$	>	1.93 (1.50, 2.48)	100.00
-	.265	1		3.7	7	
	.265 Study ID	1		3.7	7 ES (95% CI)	% weigh
		1		3.7		% weigh 36.28
	Study ID			3.7	ES (95% CI)	
	Study ID Cui Y, 2017		*	3.7	<b>ES (95% CI)</b> 1.83 (1.14, 2.95)	36.28 14.13
	<b>Study ID</b> Cui Y, 2017 Hu Y, 2017			3.7	<b>ES (95% CI)</b> 1.83 (1.14, 2.95) 2.40 (1.12, 5.14)	
-	Study ID           Cui Y, 2017           Hu Y, 2017           Wang J, 2018			3.7 	ES (95% CI) 1.83 (1.14, 2.95) 2.40 (1.12, 5.14) 1.56 (0.79, 3.10)	36.28 14.13 17.55

Figure 4. Forest plot shows the relationship between the long non-coding RNA (lncRNA) small nucleolar RNA host gene 1 (SNHG1) expression and tumor size. (A) Tumor size >72 mm. (B) Tumor size <72 mm.

**Table 4.** The association between low expression levels of the long non-coding RNA (lncRNA) small nucleolar RNA host gene 1(SNHG1) and clinicopathological characteristics

Characteristics			Heterogeneity assessment				
Characteristics	Pooled OR (95% CI)	Chi <sup>2</sup>	l <sup>2</sup>	P value			
Gender Male <i>vs</i> . Female	1.292 (0.811, 2.057)	1.43	<20%	0.700			
TNM stage I/II <i>vs</i> . III/IV	3.994 (2.479, 6.433)	0.81	<20%	0.848			
LNM N <i>vs</i> . P	3.115 (1.948, 4.980)	0.45	<20%	0.930			

LNM - lymph node metastasis; N - negative; P - positive.

for long non-coding RNAs (lncRNAs) in tumorigenesis [35]. The lncRNAs can act either as an oncogene or a tumor suppressor gene to regulate cancer-related biological processes. For example, lnc-IGFBP4-1 has been shown to be upregulated in lung cancer, and the degree of expression is significantly associated with increased tumor stage, and lncRNA SNHG1 has been shown to be an oncogenic lncRNA [15–17]. However, there has previously been some controversy regarding the relationship between the expression of lncRNA SNHG1 and patient prognosis in solid malignant tumors, which is why this systematic literature review and meta-analysis was undertaken.

The findings of this systematic review of the literature identified eight eligible studies that underwent meta-analysis. The survival data analyzed included overall survival (OS), relapse-free survival (RFS), and progression-free survival (PFS). A fixed effects model was used to analyze the data, based on the findings of heterogeneity analysis. To our knowledge, at this time, this was the first meta-analysis of the prognostic value of lncRNA SNHG1 in solid malignant tumors. A high level of expression of IncRNA SNHG1 was significantly correlated with poor OS, based on meta-analysis. Cox multivariate analysis of combined hazard ratios (HRs), showed that there was a significant difference in OS between high and low lncRNA SNHG1 expression level groups (HR=1.917; 95% CI, 1.58-2.31) (P<0.001). However, because of lack of data, it was not possible to perform meta-analysis to verify whether lower expression of lncRNA SNHG1 in tumor tissues had an impact on PFS and RFS. Also, subgroup analysis showed that there was no significant difference between gastrointestinal cancers and 'other cancers,' or with tumor specimen size >72 mm and <72 mm, which further supported the pooled results. There was no significant correlation between the expression of lncRNA SNHG1 and other clinicopathological parameters, including gender, TNM stage, and lymph node metastasis.

A Study ID	OR (95%	Cl) % weight
Cui Y, 2017 -	* 1.86 0.69,	4.98 18.64
Zhu Y, 2017 –	<u> </u>	3.20 33.78
Zhang M, 2016	• 0.83 0.25,	2.73 19.13
Zhang Y, 2017	1.01 0.40,	2.56 28.45
Overall (I-squared=0.0%, p=0.700)	1.290.81,	2.06 100.00
.201	1 4.98	
B Study ID	OR (95%	Cl) % weight
Cui Y, 2017	5.09 (1.81, 14	4.36) 18.59
Zhu Y, 2017	3.20 (1.45, 2	7.09) 39.89
Wang S, 2017	3.49 (1.21, 10	0.10) 22.01
Zhang Y, 2017	5.13 (1.87, 14	4.07) 19.51
Overall (I-squared=0.0%, p=0.848)	3.99 (2.48, 6	5.43) 100.00
.0696	1 14.4	
C Study ID	OR (95%	Cl) % weight
Cui Y, 2017	4.12 (1.45, 1	1.67) 17.78
Zhu Y, 2017	2.80 (1.26, 6	5.23) 36.38
Wang S, 2017	2.67 (0.98, 2	7.26) 23.46
Zhang Y, 2017	3.30 (1.24, 8	8.79) 22.39
Overall (I-squared=0.0%, p=0.930)	3.11 (1.95, 4	4.98) 100.00
.0857	1 11.7	

Figure 5. Forest plot shows the relationship between the long non-coding RNA (lncRNA) small nucleolar RNA host gene 1 (SNHG1) expression and clinicopathological characteristics of patients with solid malignant tumors.
(A) Gender. (B) Tumor TNM stage.
(C) The presence of lymph node metastasis.

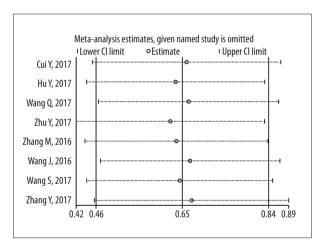


Figure 6. The sensitivity of the meta-analysis for overall survival (OS) in patients with solid malignant tumors.

However, this study had several limitations. Only eight studies were included in the meta-analysis. All patients in the analysis were Asian and from China, which means the data applied only to one ethnic group, which is a form of study bias. Although the outcomes the publication bias plots that included Begg's, Egger's and trim and fill were convincing, there is still the possibility of publication bias. Also, the meta-analysis was a retrospective analysis, and selection bias may have

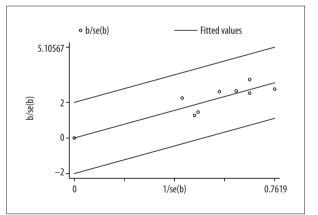
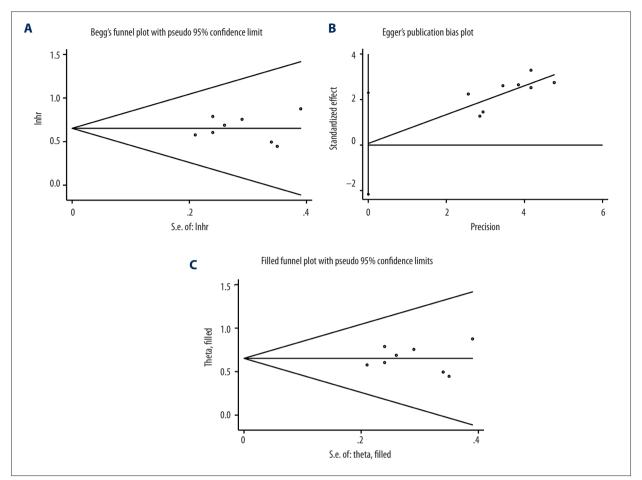
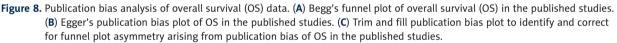


Figure 7. Galbraith's radial plot for heterogeneity between studies on the long non-coding RNA (lncRNA) small nucleolar RNA host gene 1 (SNHG1) expression.

been a limitation. The cut-off values of the expression of lncRNA SNHG1 in tumor issues were not consistent in the published studies and were not reported in some of the studies. The values of HRs and 95% CIs were estimated from Kaplan-Meier survival curves, which might have overestimated the prognostic value of lncRNA SNHG1 expression. Finally, in studies that include different types of cancer, there are likely to be different oncogenic mechanisms involved and the same gene





Comparison		's test		Egger's test			
companion	z	р	t	р	95% CI		
OS	0.12	1.000	0.06	0.941	-2.158-2.298		
Digestive	1.57	0.296	1.19	1.19	-15.053-18.152		
Other cancers	0.98	0.462	1.26	1.26	-5.269-2.271		
<72	0.68	0.734	0.30	0.793	-6.093-7.00		
>72	0.68	0.734	0.13	0.906	-7.802-7.332		

may play different roles in different cancers, which could affect the prognostic role of expression of lncRNA SNHG1 in different types of malignant solid tumor.

Although prognostic biomarkers in human cancer are used routinely and can assist treatment decisions, including CA19-9 [36], AFP [37], CEA [38], and prostate-specific antigen (PSA) the sensitivity and specificity of these clinical biomarkers require improvement [39]. Recent developments in tumor diagnosis with technological improvements have included the detection of circulating tumor cells (CTC) [40], and circulating tumor DNA (ctDNA) [41] in blood samples from patients with cancer. According to our previous review [42], the capability of exosomes to transfer functionally active components highlights

their importance as promising biomarkers as well as diagnostic molecules. The findings from the present systematic review of the literature and meta-analysis have provided encouraging support for further studies to evaluate the expression levels of lncRNA SNHG1 in cancer patients, with the potential for practical clinical application in treatment decisions or in the detection of early-stage malignancy.

# Conclusions

Previously, the prognostic value of detecting the expression levels of long non-coding RNA (lncRNA) small nucleolar RNA host gene 1 (SNHG1) in patients in solid malignant tumors has been controversial. The findings of this systematic review of the literature and meta-analysis showed that increased expression of

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IncRNA SNHG1 was significantly correlated with poor prognosis in patients with solid malignant tumors. Because the number of studies evaluated was limited, further high-quality studies are required to provide more data on the role of lncRNA SNHG1 in different types of malignant tumor.

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#### **Conflicts of interest**

None.

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