## **Epigenetic Mechanisms of Alcohol Neuroadaptation:** Insights from Drosophila

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ABSTRACT: Alcohol addiction is a serious condition perpetuated by enduring physiological and behavioral adaptations. An important component of these adaptations is the long-term rearrangement of neuronal gene expression in the brain of the addicted individual. Epigenetic histone modifications have recently surfaced as important modulators of the transcriptional adaptation to alcohol as these are thought to represent a form of transcriptional memory that is directly imprinted on the chromosome. Some histone modifications affect transcription by modulating the accessibility of the underlying DNA, whereas others have been proposed to serve as marks read by transcription factors as a "histone code" that helps to specify the expression level of a gene. Although the effects of some epigenetic modifications on the transcriptional activity of genes are well known, the mechanisms by which alcohol consumption produces this rearrangement and leads to lasting changes in behavior remain unresolved. Recent advances using the Drosophila model system have started to unravel the epigenetic modulators underlying functional alcohol neuroadaptations. In this review, we discuss the role of 3 different histone modification systems in Drosophila, which have a direct impact on key alcohol neuroadaptations associated with the addictive process. These systems involve the histone deacetylase Sirt1, the histone acetyltransferase CREB-binding protein (CBP), and a subset of the Drosophila JmjC-Domain histone demethylase family.

KEYWORDS: Alcohol, addiction, Drosophila, epigenetics, histone, Sirtuin, CBP, JmjC domain, KDM, HAT, HDAC

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### Introduction

The processing of information that underlies specific behavioral traits is ultimately dictated by the particular characteristics of the neuronal circuits in the brain.<sup>1</sup> However, as the nervous system is exposed to distinct environmental conditions, the molecular identity of the neurons within these circuits can change. This transformation allows for functional continuity despite an ever-changing environment.<sup>2</sup> As a neural depressant, alcohol consumption can trigger a series of compensatory neuroadaptations that may lead to a progressive increase in alcohol tolerance and the emergence of physiological dependence. Both tolerance and dependence have been linked to increased alcohol consumption through the dysregulation of the brain reward system.<sup>3-5</sup>

In recent years, numerous efforts have been directed to understanding the molecular mechanisms by which alcohol initiates and perpetuates the changes in neural physiology and behavior that drive the alcoholic state. It has become clear that many of these mechanisms involve changes in gene expression that result in a transcriptional reprogramming of the specific neuronal circuits that regulate alcohol use disorders. Studies in animal models as well as in humans have shown that both acute and chronic alcohol consumption can significantly alter the brain transcriptome.<sup>6-11</sup> However, while the number of differentially expressed "alcohol genes" identified keeps growing, little is known of the underlying molecular mechanisms that orchestrate these transcriptional neuroadaptations to alcohol. Identifying these mechanisms is crucial for the development of more effective treatments for alcoholism.

To understand these mechanisms, it is important to note that every cell in an organism shares essentially the same genetic sequence. Nevertheless, different cells express distinct sets of genes. It is now well known that the ability to express a particular gene set is dependent on epigenetic modifications that alter chromatin structure and DNA accessibility.<sup>12,13</sup> In the 1940s, Conrad Waddington introduced the term epigenetics as "the branch of biology which studies the causal interaction between genes and their products, which brings the phenotype into being."14 In modern terms, epigenetics refers to the set of nongenetic modifications that determines the gene expression profile of a cell.<sup>15</sup> By altering the structure of chromatin, epigenetic modifications can not only allow cells to differentiate from each other developmentally but they can also mediate the transcriptional reprogramming required for adaptation to environmental stimuli. The adaptations emerging from drug exposure are certainly a great example of this reprogramming.16-18

Epigenetic chromatin remodeling is mediated by posttranscriptional modifications of histone tails or through direct chemical modification of DNA. Each modification can have a specific effect on the biophysical structure of chromatin. Together, these chromatin changes regulate the accessibility of the transcriptional machinery to the underlying DNA and can also serve as signals that can influence the timing, speed, and/ or volume of transcription.<sup>19</sup> The best-studied examples of epigenetic modifications include methylation and acetylation of lysines in histone tails and direct DNA methylation. Acetylation



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of histone H3 (H3ac) and acetylation of histone H4 (H4ac) are generally associated with processes in which the DNA is made accessible and thus transcriptional active.<sup>20,21</sup> Meanwhile, methylation of histones can have a wide range of transcriptional effects depending on the specific histone residue modified. Histone lysine methylation can occur on both the histone H3 and H4 tails, where each lysine residue can be mono-(me1), di- (me2), or trimethylated (me3). Methylation of residues H3K4 and H3K36 is associated with transcriptionally active chromatin. Genome-wide analyses of the different H3K4 methylation states indicate that H3K4me3 is enriched at transcription start sites.<sup>22</sup> H3K4 trimethylation, in combination with histone acetylation, accurately reflects promoter activity, whereas H3K4me1 is mostly associated with the location of cis-regulatory elements or enhancers.<sup>21,23</sup> The H3K36me3 mark is considered to be a marker for transcriptional elongation as it appears with the passage of RNA polymerase II.24 Monitoring the occurrence of H3K36me3 can, therefore, be regarded as taking a snapshot of recent transcriptional activity. Finally, H3K27me3 and H3K9me 3 are tightly associated with inactive gene promoters and with the inhibition of gene transcription and act in opposition to H3K4me3 and H3 acetylation.<sup>25,26</sup> Together, these chromatin marks hold great promise because their involvement in gene regulation is conserved from *Drosophila* to humans.<sup>22,25,27,28</sup>

Although epigenetic modifications can remain for the entire lifespan of an organism—or even inherited through the germ line—the process is enzymatically controlled and reversible.<sup>29</sup> Chromatin remodeling enzymes can be informally subdivided into "writers" or those that add a modification and "erasers," which refer to those that remove the modifications. Both writers and erasers are critical mediators of transcriptional reprogramming and often work in concert with transcription factors (aka "readers") to influence the expression profile of a cell.<sup>30</sup> And, because of their reversible nature, these mechanisms have the potential of being exploited as therapeutic interventions.<sup>31</sup> In this article, we review the recent advances made in identifying the epigenetic writers and erasers that control alcohol neuroadaptation in *Drosophila melanogaster*.

#### Drosophila Paves the Way

*Drosophila* has proven to be an effective biological model to study alcohol addiction. Fruit flies not only show behavioral responses to alcohol that closely resemble those of humans but will also develop the underlying neuroadaptations.<sup>32–34</sup> On repeated exposure, flies display tolerance, increased alcohol preference, and symptoms of withdrawal.<sup>35–39</sup> All of these phenotypes are good predictors of alcohol dependence in humans.<sup>40</sup> Moreover, the behavioral assays to measure these adaptations in flies are uncomplicated and mostly straightforward and thus lend themselves quite well to genetic screens. It is important to note that dependence to alcohol can also be directly measured in *Drosophila* as shown by Robinson and colleagues.<sup>41,42</sup> In these

studies, the authors showed that after withdrawal from chronic alcohol exposure, the performance of *Drosophila* larvae in a cognitive task (learning) is significantly impaired. Interestingly, on alcohol reinstatement, their learning performance improves significantly. These results demonstrate that larvae can indeed become dependent to the presence of alcohol.

Alcohol tolerance is by far the easiest alcohol neuroadaptation to measure in *Drosophila*. Tolerance is generally defined as an increase in resistance to the drug in response to repeated exposure. However, tolerance can take different forms depending on the mechanism by which it is manifested. A distinction is often made between functional tolerance and metabolic or dispositional tolerance. The former refers to adaptations elicited to compensate for the disruption caused by alcohol in both behavior and physiology, whereas the latter refers to a change in the ability to metabolize or eliminate the drug. Because adult flies do not display metabolic tolerance to alcohol, they are a great system to study functional tolerance.<sup>43</sup>

In flies, a single sedating dose of alcohol can elicit tolerance that is evident as early as 4 hours but can still be detected a week after the initial exposure.44,45 Alcohol is often delivered to flies as vapor, and the time to sedation (and/or recovery) is recorded either visually by an observer or through an automated locomotion-tracking device. An identical protocol is used to monitor the knockdown (and recovery) period of flies undergoing a second sedation. These 2 events are directly compared and assessed. Because tolerance is defined as a reduced effect to the drug on repeated exposure to the drug, a significant delay in knockdown (or a speedier recovery) is a clear indicator that the flies have acquired tolerance. Other methods to monitor alcohol neuroadaptations such as increased preference, withdrawal, and cognitive dependence are usually more laborious but just as robust. These methods have been reviewed in detail in the work by Rothenfluh et al.<sup>46</sup>

The genetic component of alcohol neuroadaptation can be easily studied in Drosophila because screening large numbers of genes for a participatory role is possible and practical. Flies are one of the few animals in which community resources provide access to mutations and RNAi transgenes for almost all genes. Also, their minimal maintenance cost makes the screening of large numbers of genes practical, and their rapid life cycle means that combinations of genetic tools can be quickly created. Furthermore, Drosophila also facilitates the use of powerful tools to study the neural components of behavior. The UAS-Gal4 system championed in flies47 allows one to genetically manipulate individual neural circuits and explore their relevance in different behavioral processes including alcohol neuroadaptation. This technique has been successfully used to map the brain regions important for the rewarding aspects of alcohols in flies.38

*Drosophila* research translates well to mammals and has provided the keys for understanding important regulatory pathways and neurobiological processes involved in alcohol

neuroadaptation. Examples of alcohol genes identified in Drosophila and then used to identify their mammalian counterparts in both sequence and function include the BK-type K+ channel gene slo<sup>48</sup> and the LMO protein gene Bx.<sup>49</sup> The slo gene contributes to similar neural processes in mammals and flies. In both, slo is required for implementing circadian rhythms,<sup>50</sup> and expression of *slo* BK channels has been shown to underlie physiological alcohol tolerance in both, the rat hypothalamo-neurohypophysial explant system and behavioral alcohol tolerance in the fly.<sup>36,51</sup> The Bx gene was first shown to be involved in the response of flies to cocaine and alcohol. This fly result translated well to mammals, as 2 of the mammalian Bx homologues (Lmo4 and Lmo3) were later shown to play similar roles in mammals. While Lmo4 was shown to regulate the response to cocaine in mice,<sup>52</sup> Lmo3 was implicated in the response to alcohol.53,54

Over the years, close to a hundred genes covering many different biological pathways have been associated with alcohol neuroadaptation in Drosophila (reviewed in the works by Rodan and Rothenfluh<sup>55</sup> and Park et al<sup>34</sup>). It is now evident that the adaptations elicited during alcohol exposure are very complex and not dependent on single genes. Instead, these responses seem to be choreographed by multigene networks. It has thus become increasingly clear that proper understanding of these adaptations requires the analysis of the molecular mechanisms that coordinate the regulation of these networks. Because of its intricate role in the regulation of gene expression, epigenetic histone modifications have become a major focus of research in this area. In Drosophila, a series of studies have led the way toward understanding the role of epigenetic histone modifications in the control of alcohol-induced transcriptional changes. A wave of histone acetylation around the BK channel gene slo was first detected in response to the anesthetic benzyl alcohol.<sup>56</sup> This increase in histone acetylation was directly linked to an increase in expression of the gene, the development of tolerance to this drug, and to the subsequent binding of the transcription factor CREB.57 A similar mechanism was later confirmed for alcohol.<sup>58</sup> Moreover, a recent genomic study that exploits genome-wide analysis of epigenetic modifications induced by different drugs identified a network of genes that show common alcohol-induced histone acetylation responses.<sup>59</sup> These genes were not only shown to have a direct role in the development of alcohol tolerance but also share highly correlated expression profiles in response to diverse environmental stimuli. These results strongly suggest that the genes in this network are coordinately regulated. Indeed, these genes fall into interconnected categories and encode a set of proteins that are tightly associated with the regulation of synaptic plasticity.

In the past 2 years, 3 alcohol studies from different *Drosophila* groups have identified a set of histone-modifying enzymes with direct roles in controlling adaptive alcohol responses.<sup>60–62</sup> These findings, reviewed below, have strengthened the link between epigenetic modifications and alcohol-induced neuroadaptations

and have solidified the importance of the *Drosophila* model in elucidating the mechanisms of alcohol addiction.

#### The Histone Deacetylase Sir2/Sirt1

The Silence Information Regulator 2 or Sir2 is a histone deacetylase protein (HDAC) that is conserved in almost every domain of life. It was first discovered in *Saccharomyces cerevisiae* for its effect on important mating type loci<sup>63</sup> and later associated with the regulation of DNA repair and DNA recombination (reviewed in the work by Loo and Rine<sup>64</sup>). Molecularly, Sir2 is directly involved in gene silencing through the removal of acetyl groups from histones and other proteins. Sir2 belongs to a family of NAD-dependent protein deacetylases known as Sirtuins.<sup>65</sup> In *Drosophila*, Sir2 is encoded by the gene *Sirt1* and has previously been linked to the regulation of longevity and the maintenance of metabolic health and feeding behavior,<sup>66,67</sup> for which it has received significant attention.

Drosophila Sirt1 was first linked to alcohol responses through a genome-wide survey of alcohol-induced transcriptional responses using RNA microarrays.<sup>6</sup> Sirt1 was significantly downregulated after acute alcohol exposure. This was later confirmed by a second genome-wide study from a different group.<sup>68</sup> In the latter study, the authors followed up with behavioral analysis of a Sirt1 mutant and demonstrated the involvement of Sirt1 in functional alcohol tolerance. More recently, however, a study by Engel et al<sup>60</sup> have expanded this analysis and found that Drosophila Sirt1 is an integral part of a transcriptional program to alter presynaptic properties and neural responses essential for the development of alcohol tolerance, preference, and reward.

In this most recent article, the authors showed that Sirt1 mutants were both less sensitive to the sedating effects of acute alcohol and showed a significant decrease in alcohol tolerance. These strong behavioral effects were shown to be neurally specific, as RNAi knockdown of Sirt1 in neurons, but not in other tissues, showed the same effects. Moreover, through a more exhaustive mapping of the circuitry controlling this behavior, the authors narrowed the requirement of *Sirt1* to the mushroom bodies, a brain neuropil that has been previously implicated in learning and memory, as well as in alcohol preference and reward.<sup>38,69,70</sup> Interestingly, the Sirt1 mutant effect extended also to the rewarding aspects of alcohol-induced behaviors. The authors showed that when given a choice between regular food and alcohol supplemented food, Sirt1 mutant flies preferred the alcohol-containing food even without being previously exposed to alcohol. This is in marked contrast to wild-type flies, which are initially uninterested in alcohol but develop a slight preference over time. Similarly, flies that lacked Sirt1 presented a reduction in alcoholconditioned odor preference, which is indicative of a loss of the alcohol rewarding effects.

Because *Sirt1* expression is reduced following alcohol exposure and because its activity is closely linked to the epigenetic

regulation of gene expression, the authors hypothesized that Sirt1 sets up a transcriptional program that regulates neural activity. Indeed, when they searched for possible transcriptional targets of Sirt1, they found a small group of neural proteins that were differentially regulated in response to alcohol in Sirt1 mutants. They use RNA-Seq to detect changes in expression induced by ethanol exposure in either Sirt1 mutants or wild-type controls. Of the 492 genes upregulated in wildtype flies in response to alcohol, only 52 were also upregulated in Sirt1 mutant flies, evidencing a very distinct transcriptional profile between the 2 lines. One gene, in particular, Syn, which encodes Synapsin-a protein associated with maintenance of the synaptic vesicle reserve pool<sup>71</sup>—showed a marked difference in response to alcohol in Sirt1 mutants vs control. While Syn expression was reduced in response to alcohol exposure in wild-type animals, it increased in the Sirt1 mutant. Syn has been previously linked to altered alcohol tolerance in Drosophila72 and its involvement was confirmed here. Furthermore, the authors show that alcohol may also regulate 2 other genes in a Sir2-dependent manner: cac and Cdk5. These genes encode a presynaptic calcium channel (cac) and a cyclindependent kinase involved in presynaptic function (Cdk5). However, while Syn decreased, cac and Cdk5 increased. The authors thus propose that acute alcohol exposure leads to presynaptic adaptations that increase neurotransmitter release through the action of Sirt1.

Overall, this study demonstrates that Sirt1 is required to promote alcohol sensitivity and facilitate the development of functional alcohol tolerance. Sirt1 is likely acting through the direct regulation of genes involved in synaptic modulation. Sirtuins, such as Sirt1, target different histone marks, including H4K16Ac, H3K9Ac, H3K56Ac, and H3K18Ac, and nonhistone components of the chromatin machinery, such as enzymes and structural proteins.<sup>65</sup> It is thus expected that the regulation of alcohol-responsive genes will be mediated through an overall change in acetylation of these targets.

# The Histone Acetyltransferase CREB-Binding Protein

The CREB-binding protein (CBP) is one of the best-studied histone acetyltransferases. It acetylates several nuclear proteins, including histone H3 on K14, K18, and K27, and H4 on K5 and K8. It is a member of the bromodomain-like superfamily and contains the highly conserved CBP/p300-type histone acetyltransferase domain.<sup>26,73</sup> Through its direct role in transcriptional activation, CBP has been linked to cell proliferation, cell signaling, and differentiation, and in developmental patterning (reviewed in the works by Janknecht<sup>74</sup> and Dancy and Cole<sup>75</sup>). Interestingly, in mammals, CBP has also been linked to alcohol behaviors, as increased levels of CBP and histone acetylation were observed in the amygdaloid brain regions of rats.<sup>76</sup>

In *Drosophila*, CBP is encoded by the gene *nej* and it was recently linked to the development of functional alcohol

tolerance.<sup>61,77</sup> In this article, Ghezzi and colleagues first showed that a mutation in *nej* significantly reduces tolerance to alcohol sedation. Moreover, when *nej* was artificially induced using a heat-inducible transgene, the experimenters were able to induce an increase in alcohol resistance that resembled the wild-type tolerance phenotype. These findings suggested that CBP was indeed necessary and sufficient for the acquisition of functional tolerance.

The authors also linked CBP with the increased acetylation and subsequent transcriptional upregulation of known alcohol tolerance genes. One of which is the BK channel gene slo. The role of *slo* in drug-related behaviors is well-documented and has been shown to be an important player in the development of alcohol tolerance in both flies and mammals.<sup>5,78</sup> In flies, its involvement in the alcohol response is directly mediated by an increase in histone H4 acetylation.58 Artificially induction of the heat-inducible *nej* transgene failed to increase alcohol resistance in the slo mutant background. In contrast, alcoholinduced expression of the *slo* gene, as well as 5 other alcohol response genes, was effectively blocked in a nej mutant background. Together, these results directly link CBP activity with the transcriptional regulation of 6 different genes involved in synaptic regulation. And, because CBP was found to bind the transcriptional control regions of these genes directly, it was proposed that CBP orchestrates the expression of these synaptic genes during the adaptation to alcohol.

CBP is well known for (and, in fact, it is named after) its interaction with the transcription factor CREB. The authors thus postulate that CBP-regulated alcohol response genes involve the recruitment of CREB to their transcriptional control regions. This is based on the observation that *Drosophila* CREB mutants can also block the development of alcohol tolerance while inhibiting the alcohol-induced histone acetylation profiles of the *slo* gene.<sup>56,57</sup> Interestingly, CBP is also known to interact with the Sirt2,<sup>79</sup> another chromatin remodeler that, as discussed above, has also been recently linked to presynaptic changes associated with the development of alcohol tolerance and preference.<sup>60</sup> It is thus foreseeable that the coordinate induction of CBP and suppression of Sir2 by alcohol can dramatically increase acetylation of histones and significantly reshape the chromatin structure.

#### The JmjC-domain Histone Demethylases

The most recent epigenetic system implicated in alcohol use disorders is composed of a set of JmjC domain-containing demethylases (JmjC-KDM). These enzymes represent the largest class of histone demethylases. They functionally bind and modify chromatin by removing methyl groups from lysines of histone tails. In *Drosophila*, there are at least 13 JmjC-KDMs each with different substrate specificity.<sup>80</sup> In a recent study, Pinzón et al<sup>62</sup> systematically tested the role of all known *Drosophila* JmjC-KDM in alcohol-induced responses. They focused on 2 main alcohol-related behaviors: innate sensitivity and rapid tolerance. In addition, they tested these behaviors under 3 different doses. Out of the 13 genes known to encode JmjC-KDMs in the fly, 4 induced significant and reproducible impairments in functional alcohol tolerance and/or sensitivity to sedation when mutated. These genes are *KDM3*, *lid*, *NO66*, and *HSPBAP1*.

KDM3, which is also known in Drosophila by JDHM2, catalyzes the removal of methyl groups from Histone H3 on lysine 9 and thereby promotes an open chromatin structure.<sup>81,82</sup> It was first found in the meiotic and postmeiotic male cells and originally described as a coactivator of the androgen receptor with a direct role in primordial germ cell development.<sup>81</sup> Lid or little imaginal discs (named for its mutant phenotype) is a trimethyl H3K4 histone demethylase that regulates transcription through both demethylase-dependent and demethylase-independent mechanisms, as it has also been shown to contribute to histone acetyltransferase activity (H3K9 specific).<sup>80,83</sup> In flies, Lid has been associated with the regulation of cell growth, circadian rhythm, stress resistance, hematopoiesis, and fertility.<sup>84-87</sup> The *lid* gene interacts with various molecular pathways such as the Notch and the JAK-STAT signaling pathways.85,88,89 Finally, NO66 is a histone demethylase that is so far very understudied. Substrate specificity to H3K4me and H3K36me has only been inferred from UniProt Gene Ontology curation based on sequence similarities.90

Interestingly, mutants of each of the 4 JmjC-KDMs genes have relatively different alcohol behaviors. Knockout of NO66, KDM3, and lid resulted in increased sensitivity in all doses. However, mutations in HSPBAP1 gene resulted in less sensitivity only when flies were exposed to low doses. Furthermore, NO66 had no significant difference in tolerance except in low doses, whereas KDM3 had less tolerance in mid and high doses and no significant difference in low doses. Similarly, HSBAP1 resulted less tolerant in low and high doses and no significant difference in mid dose. In contrast, *lid* had a strikingly different phenotype. Although it shows more sensitivity to alcohol (such as NO66 and KDM3), it was the only one that showed enhanced tolerance in every dose. Together, these results suggest that different JmjC-KDM genes have different roles in controlling the distinct aspects of alcohol-induced responses, but most importantly, it genetically separated innate sensitivity from the capacity to acquire tolerance.

To confirm that *KDM3*, *NO66*, and *lid* were indeed involved in functional alcohol tolerance, the authors performed transgenic rescue experiments in an attempt to reverse the mutant phenotype. For this, wild-type genomic constructs for each of the 3 JmjC-KDM genes that affected tolerance were recombined with their respective mutant background. While the *KDM3* and *NO66* genomic rescues were able to restore to wild-type phenotype, the *lid* rescue failed. However, instead, the authors were able to validate the involvement of *lid* in alcohol tolerance using a *lid*-RNAi line that mimicked the *lid* mutant phenotype and thus ruling out nonspecific effects. In this case, however, the *lid* RNAi transgene was expressed exclusively in neurons, and yet was still able to recapitualte the mutant phenotype, which indicates that *lid* is required in the brain for normal responses to alcohol. Similar results were observed for *KDM3* and *NO66*. RNAi knockdown of *KDM3* and *NO66* using panneuronal promoters also photocopied the mutant tolerance phenotypes, suggesting that all 3 JmjC-KDMs are important for alcohol tolerance specifically in the nervous system.

Altogether, these results demonstrate that JmjC-KDMs serve critical roles in the neuroadaptive behavior to alcohol. Furthermore, the authors speculate that these JmjC-KDMs interact with other components of the chromatin remodeling complex such as Snr1 (a SET domain protein associated with histone lysine methylation) to affect changes in alcohol-induced behaviors. Both Lid and NO66 suppress the expression of the Snr1 gene, whereas KDM3 enhances the expression of the Snr1 gene.<sup>91</sup> Snr1 expression is not only regulated by 3 of these 4 JmjC-KDMs but also is influenced by the SWI/SNF chromatin remodeling complex that regulate a vast number of genes and has been associated with alcohol-induced behaviors.<sup>91,92</sup>

#### **Final Remarks**

The brain is one of the most complex tissues in higher organism. Its ability to adapt to environmental changes is remarkable. Not only is this important because it can maintain a constant level of global activity but at the same time it allows selected modifications induced by activity itself to occur. This plasticity is not only crucial for proper functioning of innate behaviors but it is also tightly involved in higher order processing and cognition. Alcohol, similar to many other psychoactive drugs, is an environmental stressor that can directly affect the carefully controlled balance of activity and inhibition within the brain. It is thus not surprising that in response to its consumption, the brain elicits a series of neuroadaptive changes to compensate its effects.

As demonstrated in flies, the responses elicited by alcohol are not short-lived events, but rather adaptations that persist for a relatively extended period of time. A single exposure to alcohol results in a prolonged increase in alcohol resistance that extends over several days.<sup>45</sup> This enduring tolerance phenotype is accompanied by an equally long increase in susceptibility to seizures-a common symptom of alcohol withdrawal in humans.<sup>39</sup> The persistent nature of drug-induced adaptations suggests that the mechanisms behind them involve long-lasting changes in gene expression and include the epigenetic restructuring of chromosomal regions that perpetuate them. Because the process of gene transcription is dependent on chromatin state,<sup>19</sup> enzymes with the ability to remodel chromatin structure have the potential to reprogram the expression pattern of a cell. Here, we reviewed 3 independent epigenetic systems that are not only known to affect chromatin structure but are all linked to alcohol (see Table 1 for a summary of the

PROTEIN NAME	GENE SYMBOL	MOLECULAR FUNCTION	SUBSTRATE SPECIFICITY	MUTANT PHENOTYPE	HUMAN HOMOLOGUE	REFERENCES
Sir2/Sirt1	Sirt1	Sirtuin, histone deacetylase activity	H3	Enhanced tolerance	SIRT1	Engel et al <sup>60</sup>
CBP	Nej	Histone acetyltransferase activity	H3, H4	Reduced tolerance	CREBBP	Ghezzi et al <sup>61</sup>
NO66	NO66	Histone demethylase activity	H3K4, H3K36	Enhanced tolerance	RIOX1	Pinzón et al <sup>62</sup>
KDM3	JHDM2	Histone demethylase activity	НЗК9	Reduced tolerance	KDM3	Pinzón et al <sup>62</sup>
LID	Lid	Histone demethylase activity	H3K4	Enhanced tolerance	KDM5	Pinzón et al62
HSPBAP1	CG12879	Histone demethylase activity	H3K4, H3K36	Reduced tolerance	HSPBAP1	Pinzón et al62

Table 1. Summary of the chromatin remodelers in Drosophila melanogaster known to affect alcohol-induced neuroadaptation.

Shown are their molecular functions, substrate specificity, mutant alcohol phenotype, their human homologues, and the publications demonstrating their role in the alcohol phenotypes in Drosophila.



**Figure 1.** Schematic model of the role of epigenetic modifiers in functional tolerance. The figure shows the transition from a transcriptionally silent, condensed chromatin state (top) to a transcriptionally active, relaxed chromatin state (bottom) during the development of functional alcohol tolerance. (1) The histone acetyltransferase CBP, which is induced by alcohol, catalyzes the addition of acetyl groups to the tails of histone H3 and H4, resulting in the relaxation of chromatin and promoting alcohol tolerance. Mutations in CBP reduce alcohol tolerance. (2) The histone deacetylase SIRT1, which is suppressed by alcohol, catalyzes the removal of acetyl groups from the tails of histone H3, resulting in chromatin condensation and reduces alcohol resistance. Mutations in SIRT1 enhance alcohol tolerance. (3) The histone demethylases NO66 and LID catalyze the removal of activating methyl groups from the tails of histone H3 residues K4 and K36, resulting in chromatin condensation and reduce alcohol resistance. Mutations in NO66 and LID enhance alcohol tolerance. (4) The histone demethylase KDM3 catalyzes the addition of repressive methyl groups from the tails of histone H3 residues K9, resulting in the relaxation of chromatin and favoring alcohol tolerance. Mutations in KDM3 reduce alcohol tolerance.

enzymes implicated). Figure 1 depicts the role each of these enzymes play in chromatin remodeling and its effect on functional tolerance. It is expected that the interplay between these writers and erasers of histone modifications results in the optimal combination of histone marks that produces the adapted cellular state.

Many of the enzymes implicated so far can interact with each other—either directly through protein-protein interactions or indirectly by modulating the same histone substrates. It is thus expected that together these enzymes maintain a tightly controlled balance between acetylation/deacetylation and methylation/demethylation of chromatin regions (Figure 1). By doing so, they can fine-tune neuronal excitability. Even small changes in chromatin state can have a significant impact on the transcriptional profile of individual cells of the nervous system.

An important problem in medical research today is that it is difficult to extrapolate from any single model system to humans. The strong evolutionary conservation of the mechanistic response between distantly related species such as *Drosophila* and humans is a good predictor that response will continue to humans. Histones are among the most highly conserved proteins in eukaryotes, so it is extremely likely that the study of how alcohol modifies these proteins will translate directly to humans.

#### **Author Contributions**

All authors critically reviewed the research articles, and contributed discussions to the final manuscript. AG wrote the manuscript with support from MR and CB.

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