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Deciphering the transcriptional switches of innate lymphoid cell programming: the right factors at the right time

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Abstract

Innate lymphoid cells (ILCs) are increasingly recognised as an innate immune counterpart of adaptive T_H cells. In addition to their similar effector cytokine production, there is a strong parallel between the transcription factors that control the differentiation of T_H1 , T_H2 and T_H17 cells and ILC Groups 1, 2 and 3, respectively. Here, we review the transcriptional circuit that specifies the development of a common ILC progenitor and its subsequent programming into distinct ILC groups. Notch, GATA-3, Nfil3 and Id2 are identified as early factors that suppress B and T cell potentials and are turned on in favour of ILC commitment. Natural killer cells, which are the cytotoxic ILCs, develop along a pathway distinct from the rest of the helper-like ILCs that are derived from a common progenitor to all helper-like innate lymphoid cells (CHILPs). PLZF⁻ CHILPs give rise to lymphoid tissue inducer cells while PLZF⁺ CHILPs have multi-lineage potential and could give rise to ILCs 1, 2 and 3. Such lineage specificity is dictated by the controlled expression of T-bet, ROR α , ROR γ t and AHR. In addition to the type of transcription factors, the developmental stages at which these factors are expressed are crucial in specifying the fate of the ILCs.

Introduction

Transcriptional programming of immune cell fate and lineage specificity is essential for the commitment and development of the hematopoietic system¹⁻³. The recent discovery of innate lymphoid cells (ILCs) has sparked an intriguing question relating to their ontogeny – ie. where do these cells come from? The ILCs are characterised by their lymphoid origin and hence their requirement for the common cytokine receptor gamma chain⁴. Like other innate immune cells, the ILCs lack somatically rearranged antigen-specific receptors and can respond rapidly to stimuli. However, the ILCs mediate their immune effector functions through the secretion of key effector cytokines that were previously primarily associated with a T helper cell (T_H) response. Three groups of ILCs have been assigned. Group 1 ILCs (ILC1s) are defined by their production of the signature type 1 cytokine interferon gamma

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(IFN γ), Group 2 ILCs (ILC2s) produce the type 2 cytokines interleukin 4 (IL-4), IL-5 and/or IL-13, and Group 3 ILCs (ILC3s) produce the T_H17-associated cytokines IL-17 and/or IL-22⁴. The ILCs include the previously discovered natural killer cells (NK)^{5,6} and lymphoid tissue inducer cells (LTi)^{7,8} and these cells are now reclassified as Group 1 and 3 ILCs, respectively⁴. Importantly, functionally equivalent populations of human ILCs have been identified^{4,9-11}.

ILCs have been implicated in immune protective functions and tissue homeostasis, but their release of potent pro-inflammatory cytokines has also been shown to contribute to inflammatory conditions such as allergic asthma and inflammatory bowel diseases (IBD)^{10,11}. It is noteworthy that genes required for ILC2 growth and differentiation have been associated with differences in asthma severity in large-scale genome wide association studies^{12,13}. ILC3s in mice were first linked to colitis¹⁴ but subsequent studies have implicated human Group 1 ILC- and Group 3 ILC-like cells in Crohn's disease as well^{15,16}. ILC3s are IL-23-responsive cells, and the reported association between polymorphism in the IL-23 receptor with IBD re-affirms the pathological role of ILC3s in IBD¹⁷. ILC2 and NCR⁺ ILC3 have also been recently implicated in atopic dermatitis and psoriasis, respectively, after these cells were shown to accumulate in the skin lesion of these patients^{18,19}.

With the discovery of the ILCs, immune functions and pathologies once assumed to be T_H cell-dependent are now being revisited to determine ILC involvement and this may allow development of more targeted therapies tailored to the ILCs. Understanding the cues for ILC development has therefore become a focus of interest and major advances have been made within a relatively short period of time. Reviews on the biology of ILCs and its cytokine effector functions have been published elsewhere^{4,10,11}. This review will thus focus on the developmental programming of the ILCs and is aimed at consolidating current information on known transcription factors that regulate the development of a common ILC progenitor and its subsequent differentiation into the distinct ILC groups. We will begin with an overview of the development of the three ILC groups, followed by a discussion of some key transcription factors that are required for the functional differentiation/maturation of ILCs.

Development of the different ILC groups

A common ILC progenitor?

The notion of a common ILC progenitor arose from various early observations that the deletion of the transcription factor inhibitor of DNA binding 2 (Id2) resulted in the ablation of all recognised ILC groups^{3,20-22}, suggesting that all the ILCs are developmentally related. Significant progress towards our understanding of the relatedness of the ILCs was made with the description of an Id2⁺ progenitor that was termed the common progenitor to all helper-like ILCs (CHILPs). CHILPs have multi-ILC lineage potential, and with the exception of NK cells, CHILPs give rise to members of all three ILC groups following adoptive transfer^{4,23} (Figure 1). Transcription factor profiling of the CHILP revealed that it was made up of heterogenous populations of cells and could be bisected into those that expressed the transcription factor promyelocytic leukaemia zinc finger (PLZF⁺), and those that did not (PLZF⁻). While all the ILCs could arise from the PLZF⁺ population, LTi cells

appears to be derived from the PLZF⁻ precursor²⁴ (Figure 1). This showed that all the other ILCs are more closely related to each other than to LTi cells and even less so to NK cells. However, the heterogeneity of the CHILPs suggests that greater refinement is required to discriminate the ILC progenitors. Indeed, the involvement of GATA-3^{4,25} and Nfil3^{7,8,26} at these stages of commitment and the regulation of the downstream ILCs 1, 2 and 3 defining factors remains to be defined fully.

Group 1 ILCs (ILC1s)

Group 1 ILCs (ILC1s) are defined by their production of IFN γ and their requirement for the T-box transcription factor T-bet (Tbx21)^{4,9-11}. To date, members of the group include the conventional NK (cNK) and thymic NK (tNK) cells¹⁰, ex-ILC3s (described later) that have developed the ability to secrete IFN γ and express T-bet ²⁷⁻²⁹, intestinal and tonsillar intraepithelial ILC1³⁰ and a recently identified subset of lamina propria resident ILC1²³. Although T-bet is considered the signature transcription factor of the ILC1s, NK cells are also dependent on another T-box transcription factor Eomes for their terminal maturation³¹ and Eomes is also expressed by intraepithelial ILC1s³⁰.

All the identified ILC1s produce IFN γ in response to the pro-inflammatory cytokine IL-12^{23,29,30,32,33}, but a combination of IL-12 and IL-18 has been suggested to act synergistically on NK cells³². With the exception of the intraepithelial ILC1s³⁰, the development of all the other ILC1s are dependent on IL-15^{23,29,34-36}. In fact, IL-15, IL12 and IL-18 induce T-bet expression³⁷ and in the case of the ILC3-derived ILC1s, IL-15 and IL-12 are important for the downregulation of the ILC3-defining transcription factor ROR γ t²⁹ (described later) in order for these cells to acquire an ILC1 phenotype.

NK cells posses potent cytolytic activity towards virally-infected cells and tumours through their production of perforin and granzymes³⁸. They are activated via surface natural cytotoxicity receptors (NCR), which are important for both tumour ³⁹ and viral antigen recognition⁴⁰. While NKp44 (NCR2) is only present in human, NKp46 (NCR1) is conserved in human and mice^{41,42}. Similar to NK cells, the remaining members of the Group 1 ILCs also express NCRs but confer immune protection against non-viral intracellular pathogens such as *Salmonella enterica*²⁸ and *Toxoplasma gondii*²³, although they have also been implicated in immune pathology such as colitis²⁸⁻³⁰. While intraepithelial ILC1s express perforin and granzymes which is suggestive of their potential cytotoxicity³⁰, lamina propria ILC1s²³ and ex-ILC3s^{27,29} do not and these latter cells are considered helper-like ILCs rather than cytotoxic ILCs.

Of all members of the Group 1 ILCs, the developmental pathways of the NK cells are best characterised. The bone marrow is the primary site of NK cell development at steady state in the adult human and mice, but the liver^{43,44}, thymus^{33,45} and lymph nodes^{46,47} also serve as sites of NK-poiesis. However, it has been suggested that NK cell development in the bone marrow differs from that in the liver – both in the temporal acquisition of the mature NK markers NKp46 and DX5⁴⁸, and their dependence on the transcription factor Eomes³¹.

In mice, mature cNK cells develop from a bone marrow-derived common lymphoid progenitor (CLP) that progressively undergoes three major stages of development, each

characterised by a sequential change in the expression of distinct cell surface markers^{2,49,50}. The expression of surface NK1.1 and DX5 are commonly used to distinguish these different intermediary stages⁵¹⁻⁵⁴. The earliest progenitor committed to the NK lineage is a CD122⁺ NK precursor (NK1.1⁻ DX5⁻), which then progresses through an immature NK cell stage (NK1.1⁺ DX5⁻) before becoming a mature NK cell (NK1.1⁺ DX5⁺). In human, cNK cells develop from a CD34⁺ hematopoietic progenitor that undergoes four major stages of development characterised by variable expression of the surface markers CD34, CD94 and CD117⁵⁵. Mature human cNK cells are then further divided into two subsets based on their levels of CD56 expression⁵⁶.

In contrast, tNK cells are derived from a bipotent NK/T cell progenitor found in the thymus of humans and mice^{57,58}. In mice, tNK cells are distinguished from the BM-derived cNK based largely on the expression of CD127³³ but T cell receptor gamma (TCR γ) rearrangement was also suggested as a unique marker of these cells⁵⁹. The decision of thymocytes to commit into either a T or NK cell is dependent on the expression of the transcription factor Bcl11b at the double negative 2a (DN2a) stage (Figure 1). Bcl11b was shown to promote the expression of a panel of genes associated with T cell development, but repress NK-cell associated genes such as *Id2, Nfil3, Tbx21* and *Eomes*, leading to a commitment to the T cell lineage. Consistent with this, Bcl11b-deficient thymocytes beyond the DN2 stage acquire NK-like properties with a concomitant loss of T cell features^{60,61}. Following their development, NK cells migrate to seed other anatomical sites including the lung, liver, peripheral blood and secondary lymphoid organs, although the contribution of NK cells of different origin to these sites may differ^{33,62}.

The development of other ILC1s is distinct from the NK cells. For example, a subset of ILC1 are derived from the re-differentiation of an ILC3 and were defined by being RORyt fate-map positive^{27,29}. Intraepithelial ILC1 and lamina propria ILC1 are RORyt fate-map negative^{23,30}, indicating that they are not of an ILC3 origin. The lamina propria ILC1s develop directly from the CHILPs²³. However, CHILPs did not give rise to Eomes⁺ progeny²³ and hence may not be the progenitor to intraepithelial ILC1. Both intraepithelial ILC1 and NK cells are T-bet⁺ Eomes⁺, suggesting that they are more closely related, but unlike the NK cells, intraepithelial ILC1 are independent of IL-15 signalling³⁰. The developmental pathway for this unique class of ILC1 remains to be fully determined.

Group 2 ILCs (ILC2s)

Members of the Group 2 ILCs (ILC2s) were discovered almost concurrently by three independent research groups and were initially termed natural helper cells (NHC)²⁰, nuocytes⁶³ and innate type 2 helper cells (Ih2)⁶⁴. These cells were first reported within the fat-associated lymphoid clusters (FALC), mesenteric lymph nodes, intestines, spleen and liver^{20,63,64}, but were later shown to reside within the lung^{65,66} and skin^{18,19} as well. The different ILC2s show variation in their surface markers and cytokine secretion, but these variations may simply reflect their different anatomical location or activation state.

The ILC2s are dependent on IL-7 for development and in response to IL-25, IL-33, thymic stromal lymphopoietin (TSLP) and TL1A, they secrete primarily IL-5 and IL-13, although their secretion of IL-4 and IL-6 have also been reported^{20,63,64,66-68}. Interestingly, in

addition to these type 2 cytokines, ILC2s also produce the growth factor amphiregulin⁶⁹. ILC2s are indispensable for conferring immune defence against helminth infection^{63,64} and through the release of amphiregulin, ILC2s promote tissue remodelling following influenza virus-induced airway damage⁶⁹. However, ILC2s also mediate type 2 immune pathology and have been shown to be the key players in viral-⁷⁰⁻⁷² and allergen-induced airway inflammation^{65,66}. Functionally equivalent ILC2s have also been identified in the human

ILC2s could be derived from the PLZF⁺ fraction of CHILPs^{23,24} and require the transcription factors GATA-3⁶⁷ and RORα^{74,75} for their commitment. A GATA-3^{high} ILC2 precursor (ILC2P) that has a transcriptional profile similar to that of ILC2s but lacks surface expression of KLRG1 that is found on mature ILC2s has also been identified⁶⁷. Conditional deletion of GATA-3 in Id2⁺ cells demonstrated the requirement of GATA-3 for ILC2 development⁶⁷. In addition to GATA-3, ILC2s are also dependent on the transcription factor retinoic acid receptor-related orphan nuclear receptor alpha (RORα)^{74,75}. RORα-deficient mice lack ILC2s and bone marrow progenitors from these mice fail to develop into ILC2 both *in vivo* and *in vitro*. Although GATA-3^{high} ILC2P has been reported to express lower levels of RORα compared to mature ILC2s⁶⁷, possibly suggesting that RORα is required for the maturation of ILC2s from an ILC2P stage, experimental evidence is still required for the relationship of RORα and GATA-3 in ILC2 commitment.

lung⁶⁹ and gut and were enriched in the nasal polyps of patients with chronic

GATA-3 also drives human ILC2 development and function, and human ILC2s similarly express high amounts of ROR α^{76} . Thus, the transcription factors GATA-3 and ROR α can be used to define the mature ILC2s. However, it was shown recently that early ablation of GATA-3 is detrimental to the development of all ILC groups as well²⁵, indicating that GATA-3 is required for the development of the CHILPs.

Group 3 ILCs (ILC3s)

rhinosinusitis⁷³.

Group 3 ILCs (ILC3s) represent the most developmentally diverse group of ILCs. The hallmarks of the ILC3s are their requirement for the transcription factor ROR gamma t (ROR γ t) and their release of the T_H17-associated cytokines IL-17 and/or IL-22 upon IL-23 and IL-1 β stimulation^{14,77-81}. In fact, ILC3s are the main producers of host-protective IL-17 following *Candida albicans* infection⁸² and very recently, both ILC2s and ILC3s were shown to be expanded in the peripheral blood of filarial-infected patients⁸³. Similar to the ILC2s, ILC3s express IL-7R α and are dependent on IL-7 for their development^{14,21,78-80,84-86}. Members of the Group 3 ILCs include the lymphoid tissue inducer (LTi) cells, and two subsets of ILC3s distinguished by their expression of NCR – the NCR⁺ ILC3s and NCR⁻ ILC3s.

As their name suggests, LTi cells are the key drivers of secondary lymphoid organogenesis throughout life: in fetal development of lymph nodes and Peyer's patches^{7,8}, postnatal development of cryptopatches and isolated lymphoid follicles^{87,88}, and in adults, for maintaining the integrity of the secondary lymphoid organs⁸⁹. LTi cells mediate such functions by expressing surface lymphotoxin LT α 1 β 2 that engage and activate lymphoid stromal cells expressing the corresponding LT β receptor⁹⁰. In addition to these established

roles, LTi cells were later discovered to contribute to immune defence. $CD4^+$ and $CD4^-$ LTi-like cells were shown to secrete IL-17 and IL-22 upon IL-23⁸¹ and IL-1 β stimulation⁷⁷ and mediate the expulsion of the intestinal bacterial pathogen *Citrobacter rodentium* by providing an early source of the effector cytokine IL-22⁹¹. Human LTi cells that similarly express LT α and LT β and produce IL-17 and IL-22 have also been discovered⁹².

This area of cytokine producing innate lymphoid cells underwent a rapid burst of expansion with concurrent reports of the identification RORγt-dependent ILCs that are now collectively referred to as NCR⁺ ILC3s⁷⁸⁻⁸⁰. The NCR⁺ ILC3s reside in the lamina propria of mice and were identified as RORγt⁺ NKp46⁺ NK1.1^{-/lo} cells that produce only IL-22. Equivalent IL-22 producers were also discovered in human tonsils, Peyer's patches and uteri^{84,93-95}. In earlier reports, the NCR⁺ ILC3s were referred to as NCR-22²¹, NK-22^{84,93}, NKR-LTi²⁹ and ILC22 ^{77,96} cells. IL-22 has previously been shown to mediate the expulsion of the attaching and effacing pathogen *C.rodentium* by triggering the release of anti-microbial peptides⁹⁷. Thus, similar to the LTi cells, mouse NCR⁺ ILC3s were identified to be important sources of IL-22 for defence against *C.rodentium* infection⁸⁰. Notably, although NCR⁺ ILC3s express NKp46, they do not exhibit the cytotoxicity characteristic of the NK cells⁷⁸⁻⁸⁰.

In addition to the NCR⁺ ILC3s, NCR⁻ ILC3s were also described. This innate population of CD4⁻ LTi-like cells accumulate in the inflamed intestines of *Helicobacter hepaticus*infected mice. In addition to IL-17 and IL-22, these cells secrete IFN γ and express the transcription factor T-bet¹⁴. Like the LTi cells, these innate CD4⁻ cells express CCR6, but not the NKp46 NCR that is associated with NK cells despite exhibiting an NK-like phenotype. To distinguish them from the LTi and NK cells, they were initially referred to as NCR⁻ ILC3s⁴. However, to be able to specifically distinguish this subset from the other NCR⁻ ILC3s (discussed below), we refer to them here as CCR6⁺ NCR⁻ ILC3s (Figure 1).

The many similarities between NCR⁺ ILC3s and LTi cells led to initial speculation that LTi cells were precursors to NCR⁺ ILC3s^{29,98}. However, more elaborate analysis in mice suggested that NKp46⁻ RORyt⁺ cells that were thought to be representative of the LTi cells reported in earlier studies actually consisted of a heterogenous mix of cell types. Using CCR6, CD4 and NKp46 surface staining, Sawa et al.⁹⁹ and Klose et al.²⁸ described a more comprehensive subgrouping of the RORyt⁺ cells where the cells were first divided into two main fractions based on CCR6 expression. The CCR6⁺ fraction included the classical CD4⁺ LTi cells (LTi₄) and CD4⁻ LTi cells (LTi₀) both of which were NKp46⁻, while the CCR6⁻ fraction was invariably CD4⁻ but could be further divided into NKp46⁺ and NKp46⁻ cells. By adoptive transfer, Klose et al. demonstrated that intestinal NCR⁺ ILC3s arise from a CCR6⁻ CD4⁻ NKp46⁻ precursor, but not from CCR6⁺ CD4^{+/-} NKp46⁻ LTi cells²⁸. Similar observations were also confirmed in vitro where cultures of LTi₄ and LTi₀ cells failed to give rise to NKp46⁺ cells⁹⁹. The CCR6⁻ precursors to NCR⁺ ILC3s were also not derived from CCR6⁺ LTi cells²⁸. Moreover, depletion of CD4⁺ cells led to a reduction in only the numbers of CD4⁺ LTi cells but not NCR⁺ ILC3s, indicating that NCR⁺ ILC3s originated from a CD4⁻ parent⁹⁹. This was confirmed by Rankin et al. who reported that only cultures of CD4⁻ NKp46⁻ cells differentiated into CD4⁻ NKp46⁺ progenies¹⁰⁰. However, in the absence of CCR6 staining, the population of CD4⁻ NKp46⁻ precursors identified by Rankin

et al. would have included the CCR6⁻ cells described by Klose et al. Taken together, all these findings suggest that in mice, NCR⁺ ILC3s are developmentally distinct from the LTi cells (Figure 1).

The acquisition of NKp46 by the NCR⁺ ILC3s is accompanied by their expression of the ILC1-defining transcription factor T-bet. In fact, following the expression of T-bet, NCR⁺ ILC3s develop the ability to secrete IFN γ and they downregulate the expression of ROR γ t over time^{28,29}. Such progressive change in functional ability and transcriptional control marks the transition of the cell from an ILC3 to an ILC1 and eventually gives rise to a population of ILC1 that is identified as ROR γ t-fate-map positive²⁹, as described earlier. To date, this functional plasticity has only been observed in the NCR⁺ ILC3s.

The CHILP progenitors of ILCs are characterised as being Lineage⁻ Id2⁺ $\alpha 4\beta 7^+$ ROR γt^- cells²³. Prior to the discovery of CHILPs, a population of $\alpha 4\beta 7^+$ ROR γt^+ progenitors downstream of the CLP was already shown to generate LTi₄ and LTi₀ cells, while it was proposed that $\alpha 4\beta 7^-$ ROR γt^+ progenitors generated the NCR⁺ ILC3s^{99,101}. However, ablation of Id2 in mice resulted in marked reduction in the frequency of the $\alpha 4\beta 7^+$ ROR γt^+ cells and hence LTi cells, but did not perturb the frequency of $\alpha 4\beta 7^-$ ROR γt^+ cells although a severe reduction in NCR⁺ ILC3s was observed^{21,101}. Thus, Id2 is required for the development of $\alpha 4\beta 7^-$ ROR γt^+ cells and the subsequent generation of NCR⁺ ILC3s, but not for the generation of $\alpha 4\beta 7^-$ ROR γt^+ precursors. These data also highlighted that the $\alpha 4\beta 7^-$ ROR γt^+ cells were not derived from $\alpha 4\beta 7^+$ ROR γt^+ cells, and may represent an independent branching from the CLP.

Common transcription factors for multiple ILC lineages

In the last section, we have provided an overview of the progenitor-progeny relationship between members of the different ILC groups. Here, we discuss the transcription factors that are needed to programme the CLP into a common ILC precursor and the lineage-defining factors that then induce differentiation into the various ILC branches.

Id2 (Inhibitor of DNA binding 2)

All ILC groups are dependent on the transcription factor Id2 for development^{20-22,52}. Id2 is highly expressed in NK precursors (NKPs)^{102,103} and CHILPs²³ but not in hematopoietic stem cells (HSCs) and CLPs⁶⁷, indicating that the expression of Id2 downstream of the CLP is needed for subsequent ILC development (Figure 1). In addition to the ILCs, Id2 has also been implicated for the development of dendritic cells^{104,105}.

The earliest evidence for the importance of Id2 was demonstrated by Id2-deficient mice having significantly reduced NK and LTi cell populations. As a consequence, these mice failed to develop lymph nodes and Peyer's patches²². Subsequent studies then found that $Id2^{-/-}$ mice also lacked ILC2s²⁰ and NCR⁺ ILC3s²¹. While the loss of ILC2s and 3s could be attributed to the loss of CHILPs, loss of NK cells was not due to failure to generate the NKPs. Indeed, Id2-deficient mice have normal proportions of NKPs and immature NK (iNK) cells despite a significant reduction in mature NK (mNK) cells⁵². This ability to generate NKPs in an $Id2^{-/-}$ background was attributed to the compensatory role of Id3,

another member of the Id family of transcription factors. The expression patterns of Id2 and Id3 were found to be inversely correlated. While Id3 is highly expressed in CLPs and NKPs, the expression of Id2 is low in CLPs but increases significantly in NKPs and mNK cells. The expression of Id3 was also found to be doubled in Id2-deficient NKPs⁵². Nevertheless, despite the compensatory role of Id3 in early NKP development, Id2 appears to be indispensable for subsequent NK maturation. Ectopic expression of Id3 was also shown to drive the development of human NK cells from a CD34⁺ bipotent NK/T cell progenitor. This was accompanied by a concomitant block in TCR gene rearrangement and a loss of T cell potential¹⁰⁶.

Id2 acts by sequestering the E box protein transcription factors, thus preventing their binding to DNA and the induction of E protein target genes¹⁰⁷. Deletion of one of the major E proteins E2A in Id2-deficient mice restored both NK and LTi cell numbers and lymph node and Peyer's patch development⁵². E2A proteins are essential for B cell development by inducing the B cell-defining transcription factor Pax5^{108,109} and are crucial for early thymocyte commitment to become T cell precursors¹¹⁰. Taken together, Id2 appears to drive ILC development by suppressing intrinsic B and T cell lineage potentials to allow for the expression of ILC-specific factors.

GATA-3 (GATA binding protein 3)

The role of the zinc finger transcription factor GATA-3 in immunity was first implicated in T cells. GATA-3 is essential for thymocytes to develop beyond the earliest double negative 1 (DN1) CD4⁻ CD8⁻ stage¹¹¹, and in a mature T cell, GATA-3 is the key driver of $T_{\rm H2}$ differentiation and to induce the expression of the type 2 cytokines IL-4, IL-5 and IL-13¹¹².

Consistent with its T_H2-associated role, GATA-3 was initially reported as an ILC2 lineagedefining transcription factor⁶⁷. However, GATA-3 also regulates NK cell function. Although GATA-3 deficiency did not affect the frequency of total CD3⁻ NK1.1⁺ NK cells, the resulting $Gata3^{-/-}$ NK cells displayed an immature phenotype and were characterised by lower T-bet expression and defective IFNy production in response to IL-12 and/or IL-18 stimulation¹¹³. Indeed, collective data derived from various GATA-3 deletion models suggest that GATA-3 plays niche roles at various stages of ILC development and that these differ between ILC groups. Deletion of GATA-3 from all hematopoietic cells using Gata3^{fl/fl}-Vav-Cre mice resulted in the most widespread effect on the ILCs. These mice exhibited a marked reduction in all CD127⁺ ILCs including thymic NK cells (ILC1), ILC2s and RORyt⁺ ILC3s, but not CD127⁻ cNK cells²⁵. A reduction in RORyt⁺ ILC3s was also observed following the adoptive transfer of GATA-3-deficient hematopoietic precursors into irradiated recipient mice, and the residual Gata3-/- ILC3s that are formed in these mice failed to produce IL-22 upon IL-23 stimulation¹¹⁴. This suggest that ILC3s require GATA-3 for both early development and for effector function. However, in another deletion model, GATA-3 ablation in Id2-expressing cells markedly reduced the size of the ILC2 pool but spared the RORyt⁺ ILC3s⁶⁷, suggesting that unlike the ILC2s, RORyt⁺ ILC3s no longer require GATA-3 for development at the stage where Id2 is turned on. In addition, when GATA-3 was deleted in NKp46-expressing cells, only lamina propria resident ILC1 were reduced in numbers but the cNK cell and NCR⁺ ILC3 pools remained intact²³.

These findings highlight that: (1) GATA-3 is dispensable for cNK cell commitment, and more importantly, (2) GATA-3 is crucial for the generation of a common ILC progenitor and appears to be needed upstream of Id2 (Figure 1). Once a GATA-3-dependent ILC progenitor is formed from the CLP, Id2 becomes crucial for the maintenance of this ILC progenitor while the role of GATA-3 becomes dispensable until needed again for the development of the lamina propria ILC1 and ILC2, or for the proper functioning of the ILC3s. Thus, the need for GATA-3 occurs in two waves; first during early progenitor development, and later during ILC differentiation. The GATA-3-dependent progenitor may represent a multipotent ILC/T cell progenitor, with the decision to become an ILC or a T cell factor 1 (TCF-1) are the three transcription factors that are crucial in the early stages of T cell commitment¹¹⁵. As will be discussed in the next section, Notch signalling is similarly required for early ILC development. Thus, it seems likely that Notch and GATA-3 may give rise to an ILC/T cell progenitor but while TCF-1 would then specify a T cell lineage, Id2 specifies an ILC lineage.

Notch signalling

Unlike most of the other transcription factors, Notch signalling is not cell intrinsic but is dependent on the engagement of the Notch receptors with extracellular Notch ligands expressed by neighbouring cells. In vertebrates, four Notch receptors (Notch 1, 2, 3 and 4,) and five Notch ligands (Delta-like (DL)-1, -3 and -4 and Jagged-1 and -2) have been identified¹¹⁶.

Notch signalling is essential for silencing the early B cell factors, EBF1 and Pax5, allowing commitment to a T cell fate³. *In vitro* cultures of CLPs in the absence of Notch ligands generates mostly B cells, but in the presence of Notch ligands, T cells, ILC2s and ILC3s could be derived^{75,101,117}. These observations suggest that Notch acts in parallel with GATA-3, being required for facilitating ILC- and T-potential and repressing the B cell programme (Figure 1). However, Notch signalling is dispensable for cNK^{96,101} and tNK¹¹⁸ cell development and indeed, CLPs cultured in the absence of Notch ligands develop NK potential^{101,117}. These data suggest that cNK cells may have already branched from the other ILC lineages early in development, and that a subpopulation of tNK cells may also develop independently of a T/NK progenitor.

Notch signalling is crucial for the development of ILC2s^{75,119}, NCR⁺ ILC3s^{96,100} and LTi cells⁹⁶. As mentioned previously, the development of NCR⁺ ILC3s is accompanied by T-bet expression, which is dependent on the presence of Notch¹⁰⁰. Nevertheless, the overall role of Notch signalling in LTi cells appears less straightforward. Notch signalling was reported to be crucial for the generation of an $\alpha 4\beta 7^+$ ROR γt^- LTi progenitor from fetal liver CLPs *in vitro*, but continued Notch engagement retarded the development of mature LTi cells¹⁰¹. However, LTi cells were reduced following the ablation of Notch effector protein RBP-J κ in mice⁹⁶, indicating that Notch is needed for LTi cell development. This discrepancy between the need for Notch in the fetal and adult stages may be related to LTi cell's requirement for aryl hydrocarbon receptor (AHR), a key transcription factor that is required for ILC3 development. *Notch1* has been identified as a target gene of AHR⁹⁶ and fetal LTi cells are

AHR-independent, and therefore Notch-independent, while postnatal LTi cells are AHRand Notch – dependent^{96,120,121}. Such change in the requirement for Notch was also consistent with another study that showed that Notch signalling was important only for the development of ROR γ t⁺ ILC3s from adult bone marrow-derived CLPs but not from fetal liver CLPs¹¹⁷. These different requirements for Notch may suggest an adaptation of the cells for the differential expression of Notch ligands in the adult and fetal hematopoietic microenvironments.

TCF-1 (T cell factor 1)

TCF-1 is induced by Notch signalling and is required for T cell development³. TCF-1 is encoded by the *Tcf7* gene and is highly expressed in early thymocytes, NK cells, ILC2s and both NCR⁺ and NCR⁻ ILC3s¹²². However, *Tcf7^{-/-}* mice do not show impairment in the frequency of NK cells or NCR⁻ ILC3s, but they lack ILC2s and NCR⁺ ILC3s^{119,122}. As a result of the loss of ILC2s, *Tcf7^{-/-}* mice mount a delayed immune response to helminth infection¹¹⁹ and allergen-induced airway challenge^{119,122}. GATA-3 and ROR α expression was also decreased in heterozygous *Tcf7^{+/-}* mice, suggesting that TCF-1 may be required for their expression¹²². Indeed, overexpression of TCF-1 upregulated the expression of GATA-3, and GATA-3 was required for TCF-1-mediated upregulation of ILC2-associated genes such as *Il17rb* and *Il2ra*¹¹⁹.

Despite the high levels of *Tcf7* expression in NCR⁻ ILC3s, this pool of cells developed normally in TCF-1-deficient mice. This may be indicative of the role of TCF-1 in inducing the transition of NCR⁻ ILC3s to NCR⁺ ILC3s, consistent with the loss of the latter population in *Tcf7^{-/-}* mice¹²². The diminished numbers of NCR⁺ ILC3s resulted in increased susceptibility to *C.rodentium* infection. Thus, while TCF-1 is important to switch off ILC potential early in development, it is required again during ILC2 and NCR⁺ ILC3 differentiation.

Nfil3 (Nuclear factor interleukin-3)

Nfil3, known also as E4-binding protein 4 (E4bp4), is essential for NK cell development. *Nfil3^{-/-}* mice develop normal frequencies of NKPs, but have decreased iNK cells and almost undetectable mNK cells^{53,54} and tNK cells¹⁰³. However, the NKP cells in these early reports were defined according to an initial definition of Lin⁻ CD3⁻ CD122⁺ NK1.1⁻ DX5⁻ cells that were enriched for, but did not exclusively contain NKP⁵⁰. Using a more refined definition of NKP proposed by Fathman et al.¹²³ which segregates the NKPs into pre-NKP (pNKP) and refined NKP (rNKP) based on distinct surface markers, Male et al. showed that deletion of Nfil3 resulted in a significant reduction of pNKP and rNKP cells¹²⁴. Consistent with this, deletion of Nfil3 also resulted in decreased proportions of Id2⁺ NKP, demonstrating that Nfil3 is required at the NKP stage¹⁰³.

The arrest of the majority of NK cells at the immature stage in $Nfil3^{-/-}$ mice may be related to a reduced expression of Eomes which is crucial for NK cell maturation³¹. $Nfil3^{-/-}$ bone marrow progenitor cells had lower expression of Id2 and Eomes and ectopic expression of Id2 and Eomes in $Nfil3^{-/-}$ cells were shown to overcome the need for Nfil3 and restored NK cell development^{53,95,103}. Nfil3 binding sites have been found both in the transcriptional

regulatory region of the Id2 and Eomes genes¹²⁴. However, in contrast to the *Nfil3^{-/-}* bone marrow hematopoietic progenitors, residual NK cells that can develop in an Nfil3-deficient background expressed Id2 at comparable levels with wild type NK cells. Thus, Id2 expression may be sustained through Nfil3-independent means following NK lineage commitment. Apart from Id2 and Eomes, lower GATA-3 expression was also observed in *Nfil3^{-/-}* hematopoietic progenitor cells⁵³. However, overexpression of GATA-3 into *Nfil3^{-/-}* bone marrow cells did not rescue NK cell development¹²⁴.

Growing evidence now indicates that Nfil3 contibutes to all ILC groups. Indeed, intraepithelial ILC1, lamina propria ILC1, ILC2s, LTi cells and both the NCR⁺ and NCR⁻ ILC3s are all dependent on Nfil3^{23,26,30,125}. Consequently, *Nfil3^{-/-}* mice display defective formation of Peyer's patches, increased susceptibility to *C.rodentium* infection and an inability to mediate allergen-induced eosinophil migration to the lung ^{26,125}. Thus, like Id2, Nfil3 is important for the generation of a common ILC precursor and as T cells and B cells develop normally in Nfil3-deficient mice^{26,53,54}, Nfil3 appears to be downstream of the GATA-3, but upstream of Id2.

PLZF (Promyelocytic leukaemia zinc finger)

The dependence of ILCs on the NK T cell factor PLZF $(Zbtb16)^{126}$ was initially discovered when several ILCs were found to be fate-mapped in PLZF fate-mapping reporter mice²⁴. This led to the identification of a PLZF⁺ Lineage⁻ IL-7Ra⁺ $\alpha 4\beta7^+$ ILC progenitor within the fetal liver and bone marrow. In *in vitro* cultures, PLZF⁻ ILC progenitors developed into PLZF⁺ cells in the presence of Notch signalling. Both adoptively transferred, and *in vitro* cultured PLZF⁺ progenitors gave rise to cells that phenotypically resembled ILCs 1, 2 and 3, but not cNK, LTi, T and B cells²⁴, demonstrating for the first time that LTi cells branched from a distinct PLZF⁻ progenitor. Indeed, the PLZF⁻ progenitor expressed the transcription factor TOX that has already been implicated in LTi cell development^{24,51}.

PLZF⁺ and PLZF⁻ progenitors appear to make up the population of CHILPs. CHILPs were characterised by the expression of surface markers that overlapped with the PLZF^{+/-} progenitors such as IL-7R α , $\alpha 4\beta$ 7 and cKit, but more importantly, flow cytometry analysis of the CHILPs demonstrated that it consisted of PLZF⁺ and PLZF⁻ subsets of cells^{23,24} (Figure 1). It remains to be determined whether the PLZF⁺ CHILPs have multi-lineage potential or whether heterogeneity exists within the PLZF⁺ CHILPs for specific ILC1, 2 and 3 precursors.

ILC lineage-defining transcription factors

T-bet (T-box expressed in T cells) and Eomes (Eomesodermin)

T-bet was first identified as a $T_{\rm H}1$ cell commitment factor¹²⁷ but all known Group 1 ILC1s are also dependent on T-bet for their development^{23,28,30,31,37,100}, making T-bet the defining transcription factor of the ILC1s.

In NK cells, T-bet acts in conjunction with another T-box transcription factor Eomes to promote both cell maturation and function ^{31,103}. Consistent with the IL-15-dependence and IL-12-responsive nature of NK cells, both these cytokines were shown to induce the

expression of T-bet³⁷, and T-bet in turn promotes IFN γ expression¹²⁷. Thus, T-bet-deficient NK cells are defective in carrying out immune effector functions such as IFN γ secretion and cytolysis of target cells³⁷. A double-deficiency in Eomes and T-bet resulted in the absence of NK cells, but the NKPs could develop at frequencies comparable to wild type mice³¹. This shows that T-bet and Eomes are dispensable for NKP formation and but are needed for stable NK cell commitment beyond this stage. However, while Eomes-deficient mice could give rise to iNK cells, T-bet-deficient mice could not, and in fact, T-bet deficiency led to accelerated maturation of the NK cells. This was thought to be due to the increased expression of Eomes in the residual $Tbx21^{-/-}$ NK cells³¹, and suggested that T-bet is needed at an earlier developmental stage than Eomes (Figure 1). Besides NK cells, Eomes is also found to be expressed at high levels by the intraepithelial ILC1 but the role of Eomes in its development has not been examined³⁰.

The expression of T-bet provides the drive for the differentiation of CCR6⁻ NCR⁻ ROR γ t⁺ ILC3s into NCR⁺ ILC3s and subsequently into the ex-ROR γ t ILC1^{28,100}. This expression of T-bet is accompanied by the expression of NKp46, the ability to secrete IFN γ and the downregulation of ROR γ t²⁸. The ablation of T-bet in *Tbx21^{-/-} Rag2^{-/-}* ulcerative colitis (TRUC) mice resulted in the development of intestinal ILC3s that produce less IFN γ , but were instead poised to produce more IL-17A that exacerbates the development of colitis¹²⁸. This highlights the importance of T-bet as an important regulator that maintains the balance of intestinal homeostasis. It has been suggested that gut microbiota may induce T-bet in the NCR⁻ ILC3s precursors, since germ-free mice have lower proportions of T-bet⁺ NCR⁻ ROR γ t⁺ ILC3s compared to specific pathogen-free mice²⁸.

RORa (retinoic acid receptor-related orphan nuclear receptor alpha)

The importance of ROR α in ILC2 development was demonstrated using staggerer *ROR* $\alpha^{sg/sg}$ mice that have a spontaneous deletion in ROR α^{129} . *ROR* $\alpha^{sg/sg}$ mice have low numbers of ILC2s and residual ILC2s in these mice fail to expand *in vivo* in response to IL-25 administration^{74,75}. *ROR* $\alpha^{sg/sg}$ bone marrow progenitors were also impaired in their development of ILC2s, thus confirming their dependence on ROR α^{75} . ROR α -deficient mice, or recipient mice transplanted with *ROR* $\alpha^{sg/sg}$ bone marrow were defective in helminthic expulsion and suffer from greater worm burden compared to wild type mice^{75,130}.

NK cells and ROR γ t⁺ ILC3s also express notable, but lower levels of ROR α compared to the ILC2s⁶⁷. However, ROR α -deficient mice develop similar frequencies of NK cells and ROR γ t⁺ ILC3s⁷⁴, probably due to the redundant role of ROR α in these cells.

RORyt (retinoic acid receptor-related orphan nuclear receptor gamma t)

The developmental requirement for ROR γ t in ILC3s was first observed in LTi cells¹³¹⁻¹³³, before being extended to all the subsequently discovered NCR^{+/-} ILC3s in mice^{14,29,78-80}. Human ILC3s also express high levels of ROR γ t^{92,93,95,98}.

ROR γ , ROR β and the aforementioned ROR α belong to the ROR superfamily of nuclear receptors. ROR γ t (also called ROR γ 2) is one of two isoforms of the ROR γ subfamily

encoded by the *Rorc* gene and was first found to be highly expressed in CD4⁺ CD8⁺ doublepositive thymocytes¹³⁴. Both ROR α and ROR γ t act in a synergistic manner to promote T_H17 cell function, although ROR γ t appears to be more critical^{135,136}. ROR γ t has been implicated in inducing the expression of IL-23R in both T_H17 cells and ILC3s^{14,137}, thus facilitating the IL-23 responsiveness of these cells. IL-7, upon which both T_H17 cells and ILC3s are dependent, was also shown to stabilise the expression of ROR γ t²⁹, and hence the lineage maintenance of these cells.

AHR (Aryl hydrocarbon receptor)

AHR is a ligand-activated transcription factor that has been proposed as a xenobiotic sensor that is activated upon engagement of environmental antigens such as hydrocarbon pollutants and dietary phytochemicals^{120,138}. Like ROR γ t, AHR is also crucial for the differentiation of T_H17 cells¹³⁹, and the recent descriptions of the role of AHR in ILC3s highlights the parallel between these two groups of cells.

Consistent with its activation by environmental cues, AHR is vital for the postnatal development and maintenance of ILC3s. $Ahr^{-/-}$ mice have normal numbers of fetal LTi cells and equally, newborn $Ahr^{-/-}$ mice have normal numbers of ROR γ t⁺ ILC3s compared to wild type. However, adult $Ahr^{-/-}$ mice lack all subsets of lamina propria ROR γ t⁺ ILC3s beginning from weaning at 3 weeks of age^{96,120,121}. Notably, residual ILC3s that developed in the absence of AHR were also unable to produce IL-22¹²¹ and although ROR γ t could directly induce IL-22 expression, AHR was demonstrated to interact with ROR γ t and they synergise to induce IL-22 production¹²¹.

Interestingly, the dependence of LTi cells on AHR appears to vary depending on their site of residence. NCR⁺ ILC3s were depleted both in the lamina propria and Peyer's patches of $Ahr^{-/-}$ mice, but while LTi cells were reduced in the lamina propria, LTi cells within the Peyer's patches were comparable to wild type mice⁹⁶. Complementing these findings, $Ahr^{-/-}$ mice have normal development of prenatally-primed secondary lymphoid organs such as the lymph nodes and Peyer's patches but not the postnatally-primed crytopatches and isolated lymphoid follicles^{96,120}. In fact, AHR is dispensable for fetal LTi cell development, and the expression of AHR is important for adult but not fetal intestinal RORyt⁺ ILC3s¹²¹. Together, this suggests a degree of heterogeneity within the LTi cells, where AHR-dependent LTi cells that develop/expand after birth are important for the postnatal development of secondary lymphoid organs, while AHR-independent LTi cells that develop at the fetal stage are important for prenatal development of secondary lymphoid organs. The AHR-dependent and -independent LTi cells may either represent different subsets of LTi cells altogether, or they may represent LTi cells that have migrated from the lymph nodes and Peyer's patches to the lamina propria after birth and developed the requirement for AHR.

Ligands for the activation of AHR and subsequent ILC3 induction were proposed to be dietary ligands or other food catabolites generated by the gut microflora. Dietary phytochemicals from cruciferous vegetables for example were identified as a source of AHR ligands¹⁴⁰. However, studies on the effects of dietary plant ligands revealed conflicting conclusions. While one study found that mice fed with phytochemical-free diet resulted in a

loss of ILC3s similar to AHR-deficiency¹²⁰, another study found that the exclusion of vegetable products in mouse diet did not result in any impairment to ILC3 development⁹⁶. Similarly, the role of commensal microbiota remains debatable. Although earlier findings have demonstrated that germ free mice do not develop NCR⁺ ILC3s^{79,80}, subsequent reports found intact populations of NCR⁺ ILC3s in germ-free mice^{96,99,121}. Discrepancies in these studies may be due to the different models of germ-free mice used and the technical difficulties associated with ensuring their germ-free status.

Concluding remarks

The discovery of the ILCs in recent years together with a deeper understanding of their biology has led to a major paradigm shift in the study of immunity and hematopoiesis. A striking parallel between the ILCs 1, 2 and 3 and T_H 1, T_H 2 and T_H 17 cells, respectively, highlights the possibility that the ILCs may represent the evolutionarily older innate counterparts of the adaptive T_H cells before somatic diversification of antigen receptors and the ability to generate immune memory took place. Many of the transcription factors that programme T_H cell differentiation are also conserved in the ILCs but the cues for switching them on, and when they can be replaced or substituted by another transcription factor are not completely understood. These aspects of ILC development form exciting research questions for future investigation.

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Figure 1. Schematic of the proposed transcriptional circuit regulating ILC development ILC1s are grouped in blue and are divided into the helper ILC1s and cytotoxic ILC1s (NK cells), ILC2s are grouped in green, ILC3s in red and CHILPs in yellow. I.E. ILC1 = intraepithelial ILC1; L.P. ILC1 = lamina propria ILC1.

B cells, T cells and all ILCs are derived from a multipotent CLP, with the decision to differentiate into any of these immune cell types dependent on the transcription factor that is turned on. Expression of EBF1 and Pax5 for example allows differentiation into a B cell (1). Expression of Nfil3 and Id2/Id3 (2) leads to an NK precursor that then progresses onto a mature cNK cell via a pathway that requires T-bet and Eomes. If Notch and GATA-3 are switched on instead (3), a multipotent ILC/T progenitor may be generated. Expression of TCF-1 by this progenitor (4) leads to a more restricted NK/T progenitor that continues to develop in the thymus. If Bc111b is switched on, a T cell is generated, but sequential expression of Nfil3, Id2, T-bet and Eomes gives rise to tNK cells instead. ILC/T progenitors that otherwise express Nfil3 and Id2 become CHILPs (5). PLZF⁻ CHILPs develop into LTi cells, while PLZF⁺ CHILPs give rise to the remaining helper ILC1s, ILC2s and NCR^{+/-} ILC3s via the expression of lineage-specific transcription factors. These are T-bet for the ILC1s, GATA-3 and ROR α for ILC2s and AHR and ROR γ t for ILC3s. CCR6⁻ NCR⁺ ILC3s demonstrate plasticity and can further differentiate to become an ILC1 by expressing T-bet. The origin of the I.E. ILC1 has not been determined.