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REVIEW ARTICLE

Gynecology

Laparotomic versus robotic surgery in elderly patients with endometrial cancer: A systematic review and meta-analysis

Antonio Raffone^{1,2} | Antonio Travaglino³ | Diego Raimondo² | Dominga Boccia¹ | Martino Vetrella¹ | Paolo Verrazzo¹ | Marcello Granata¹ | Paolo Casadio² | Luigi Insabato³ | Antonio Mollo⁴ | Renato Seracchioli²

¹Gynecology and Obstetrics Unit, Department of Neuroscience, Reproductive Sciences and Dentistry, School of Medicine, University of Naples Federico II, Naples, Italy

²Division of Gynecology and Human Reproduction Physiopathology, Department of Medical and Surgical Sciences (DIMEC), IRCCS Azienda Ospedaliero-Univeristaria di Bologna, University of Bologna, Bologna, Italy

³Anatomic Pathology Unit, Department of Advanced Biomedical Sciences, School of Medicine, University of Naples Federico II, Naples, Italy

⁴Gynecology and Obstetrics Unit, Department of Medicine, Surgery and Dentistry "Schola Medica Salernitana", University of Salerno, Baronissi, Italy

Correspondence

Paolo Casadio, Division of Gynaecology and Human Reproduction Physiopathology, Department of Medical and Surgical Sciences (DIMEC), IRCCS Azienda Ospedaliero-Univeristaria di Bologna, S. Orsola Hospital, University of Bologna, Bologna, Italy. Email: p.paolocasadio@gmail.com

Abstract

Background: Although robotics has been shown to improve outcomes in some highdifficulty surgical category patients, it is unclear if such an approach may improve outcomes in elderly patients with endometrial carcinoma (EC).

Objective: To compare robotic and laparotomic surgery in the treatment and staging of elderly EC patients.

Materials and methods: A systematic review and meta-analysis was performed assessing the risk of overall, intra-operative, and peri-operative complications associated with the surgical approach (laparotomic vs robotic) for elderly patients with EC by relative risk (RR). Pooled means ± standard deviation of length of stay were compared with the unpaired *t* test. Subgroup analyses for overall complications were performed based on different age cut-offs (>70, >65, and >75 years) and severity of complications (minor and major). A value of P less than 0.05 was considered significant.

Results: Five studies with 7629 EC patients were included. Pooled RR for robotic compared with laparotomic surgery was 0.40 (P < 0.001) for overall, 0.46 (P = 0.18) for intra-operative, and 0.43 (P < 0.001) for peri-operative complications. Pooled difference between means ± standard deviation of length of stay for robotic versus laparotomic surgery was -3.34 (P < 0.001). At subgroup analyses, pooled RR of overall complications for robotic surgery versus laparotomic surgery was 0.34 (P < 0.001) in the >70 years, 0.51 (P < 0.01) in the >65 years, 0.20 (P = 0.12) in the >75 years groups. Pooled RR was 0.50 (P = 0.1) in the minor complications subgroup, and 0.42 (P = 0.002) in the major complications subgroup.

Conclusion: Robotics might be a viable alternative to the laparotomic approach for EC in elderly patients because it significantly decreases the risk of overall and perioperative complications (mainly major complications), and the length of stay when compared with laparotomy. The decrease in risk of overall complications is greater with increasing patient age.

Antonio Mollo and Renato Seracchioli contributed equally to this study.

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KEYWORDS cancer, endometrium, laparotomy, robotics, surgery, tumor

1 | INTRODUCTION

Endometrial carcinoma (EC) is the most common gynecologic malignancy in the western world, with an increase in both incidence and mortality in the last two decades.¹⁻⁷ Patient age affects both EC incidence and mortality.⁸⁻¹¹ In fact, EC occurs mostly after the menopause, with median age at diagnosis being 61 years.¹² On the other hand, survival rate declines with age: patients aged 20-49 years at diagnosis have a disease-specific 5-year survival rate of 89.7%, whereas those older than 70 years at diagnosis have a disease-specific 5-year survival rate of 78.6%.¹³ Moreover, age also affects surgery, which has a critical role in EC treatment, staging, and prognosis.^{14,15} In particular, in patients undergoing laparotomy for EC, it has been demonstrated that as age increases, the risk of post-operative surgical complications, medical complications, length of stay in hospital, and mortality also increase.¹⁶ It appears crucial to identify the best surgical approach in elderly patients with EC.

The development of minimally invasive surgery techniques such as laparoscopic and robotic surgery has revolutionized the treatment of gynecologic cancers and has become the preferred approach for the treatment of apparent early-stage disease.¹⁷⁻¹⁹ Robotic surgery has been shown to improve outcomes even more than laparoscopy in some high-difficulty surgical categories, such as obese patients.²⁰⁻²² However, it is unclear if the robotic approach can improve outcomes in elderly patients with EC.

The aim of this study was to compare robotic and laparotomic surgery in the treatment and staging of elderly EC patients.

2 | MATERIALS AND METHODS

2.1 | Study protocol

The study was performed according to an a priori defined protocol for systematic review and meta-analysis. The whole study was reported following the Preferred Reporting Item for Systematic Reviews and Meta-analyses (PRISMA) statement and checklist.²³ Each review stage was performed by two blinded authors, and disagreements were solved by a discussion with other authors.

2.2 | Search strategy

Several searches were performed using MEDLINE, Google Scholar, EMBASE, Web of Sciences, Scopus, ClinicalTrial.gov, OVID, and Cochrane Library as electronic databases, from their inception to March 2020. Several combinations of the following words were adopted: "endometr*"; "neoplasia"; "carcinoma"; "cancer"; "tumor"; "tumour"; "malignancy"; "surgery"; "robotic"; "laparotomy"; "open"; "minimally invasive"; "age"; "old"; "years"; "elderly". Review of articles also included the abstracts of all references retrieved from the eligible articles.

2.3 | Study selection

All peer-reviewed studies which allowed extraction of data about complications associated with laparotomic and robotic surgery for staging and treatment of elderly patients with EC were included. Exclusion criteria were: studies with overlapping data with other included studies, case reports, and reviews. No restriction was applied for language.

2.4 | Risk of bias within studies assessment

The assessment of risk of bias within studies was performed following the Methodological Index for Non-Randomized Studies (MINORS).²⁴ Eight domains related to risk of bias were assessed in each included study: (1) Aim (i.e. if the aim was clearly stated); (2) Inclusion of consecutive patients (i.e. if all eligible patients were included in the study); (3) Prospective data collection (i.e. if data collection was performed following an a priori defined study protocol); (4) End points (i.e. if end points considered were appropriate to the aim); (5) Unbiased assessment of the study end point (i.e. if the study endpoint was evaluated without bias); (6) Follow up (i.e. if the follow up was appropriate to assess the study end points); (7) Loss to follow up (i.e. if no more than 5% of patients were lost to follow up); and (8) Prospective calculation of the study size (i.e. if information about the level of statistical significance and estimates of power when comparing the outcomes were reported). Authors judged each domain as "low risk", "unclear risk", or "high risk" of bias based on whether data were "reported and adequate", "reported but inadequate", or "not reported", respectively.

2.5 | Data extraction

Data from included studies were extracted without modification of the original data according to the PICO (Population, Intervention or risk factor, Comparator, Outcomes) items.²³ The "Population" of our study was patients over the age cut-off who underwent surgery for EC. The age cut-off was 70 years for two studies,^{25,26} 65 years for two studies,^{27,28} and 75 years for the remaining study.²⁹ "Intervention" (or risk factor) was robotic surgery for EC. "Comparator" was laparotomic surgery for EC. "Outcomes" were divided into primary outcome and secondary outcomes. Primary

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outcome was the rates of overall complications associated with the surgical approach, whereas secondary outcomes were the rate of intra-operative complications, the rate of peri-operative complications, and the mean length of stay in hospital. In the case of data reported as percentage, the number of events was calculated from the total number of patients in the group.

2.6 | Data analysis

The risk of overall complications (primary outcome), intra-operative complications, and peri-operative complications (secondary outcomes) associated with the surgical approach (laparotomic vs robotic) for elderly patients with EC was assessed by calculating relative risk (RR). The RR was calculated for each included study and as pooled estimate, and was graphically reported on forest plots, with 95% confidence interval (CI). Statistical significance of RR comparing the laparotomic and robotic groups was assessed using the *Z* test with significant *P* value being <0.05.

As another secondary outcome, the means \pm standard deviation (SD) of length of stay in hospital (in days) associated with the surgical approach (laparotomic vs robotic) for elderly patients with EC were calculated for each included study and as pooled estimate, and it were graphically reported on forest plot, with 95% CI. Means \pm SD were compared between the laparotomic and robotic groups by using the unpaired *t* test with significant *P* value less than 0.05.

The random effect model of DerSimonian-Laird was adopted for all analyses.

Statistical heterogeneity among studies was evaluated by adopting the inconsistency index l^2 : heterogeneity was judged as null for $l^2 = 0$, insignificant for $0 < l^2 \le 25\%$, low for $25 < l^2 \le 50\%$, moderate for $50 < l^2 \le 75\%$ and high for $l^2 > 75\%$, as previously reported.³⁰⁻³³

REVIEW MANAGER 5.3 (Copenhagen: The Nordic Cochrane Centre, Cochrane Collaboration, 2014) was used for the analysis.

Additional analyses were performed as subgroup analyses. Some subgroups were based on the age cut-off of patients adopted in the included studies: 70, 65, and 75 years.

Other subgroups were based on severity of complications: minor and major. We defined minor complications as grade I–II complications from the Clavien-Dindo classification,³⁴ and major complications as grade III–V complications.

In each subgroup, the risk of overall complications associated with the surgical approach (laparotomic vs robotic) for patients with EC was assessed as described for the main analyses.

3 | RESULTS

3.1 | Study selection

A total of 378 studies were identified through electronic searches; 140 studies remained after removal of duplicates, 32 after title screening, and 11 after abstract screening. After assessment for eligibility, five studies with 18 802 patients were included in the qualitative and quantitative analyses²⁵⁻²⁹ (see Figure S1).

3.2 | Characteristics of the included studies and patients

All the included studies were designed as retrospective cohort studies.

Of the 18 802 patients, 7629 were over the age cut-off. The age cut-off was 70 years for two studies,^{25,26} 65 years for two studies,^{27,28} and 75 years for one study.²⁹ Of patients over the age cut-off, 6130 underwent laparotomic surgery for EC, and 1472 underwent robotic surgery (Table 1). The body mass index (BMI; calculated as weight in kilograms divided by the square of height in meters) of patients ranged from 17 to 50, with no significant difference between laparotomic and robotic groups in two studies.^{25,28} and a significantly lower BMI in the robotics group in one study²⁶ (Table 2). From the included studies with available data, no significant difference was reported between laparotomic and robotic groups for FIGO (the International Federation of Gynecology & Obstetrics) stage of EC,^{25,26} American Society of Anesthesiologists score,²⁸ and the Charlson comorbidity index score²⁶; the latter was significantly lower in the robotic group in one study²⁷ (Table 2). No data about genetic or other clinical conditions underlying EC pathogenesis was reported in the included studies.

Characteristics of surgery and data about primary and secondary outcomes are shown for each included study in Tables 3 and 4, respectively.

3.3 | Risk of bias within study assessment

All the included studies were judged at low risk of bias in the "Aim", "Prospective data collection", "End points", "Unbiased assessment of the study end point", "Follow up", and "Loss to follow up" domains.

For the "Inclusion of consecutive patients" domain, all included studies were judged at unclear risk of bias because they did not report whether all eligible patients were included in the study, with the exception of one study, which was judged at low risk of bias.²⁵

For the "Prospective calculation of the study size", all included studies were judged at unclear risk of bias because they did not report information about the level for statistical significance and estimates of power when comparing the outcomes.

Authors' judgements are reported graphically in the Supplementary material (Figure S2).

3.4 | Main analyses

All included studies were eligible for analysis of all outcomes, with the exception of the study by Backes et al.,²⁶ which was excluded

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FABLE 1 Charact	TABLE 1 Characteristics of the included studies								۷IJ
					Patients over age cut-off, N	age cut-o	ff, N		LEY
Study	Setting	Design	Study period	Study population	Age cut- off, y	Total	Laparotomy	Robotics	
2016 Backes ²⁶	The Ohio State University Wexner Medical Center, Columbus and Florida Hospital Cancer Institute, Orlando	Retrospective cohort study	2003-2009	778	70	182	93	89	ÉCOLOGY STETRICS
2014 Lavoue ²⁵	McGill University, Montreal	Retrospective cohort study	2003-2007 2008-2013	472	70	163	50	113	
2014 Doo ²⁸	University of Colorado, Aurora	Retrospective cohort study	2010-2012	228	65	73	47	26	FIG
2016 Guy ²⁷	University of Colorado School of Medicine, Aurora and Columbia University, New York	Retrospective cohort study	2008-2010	16 980	65	7142	5914	1228	<u> </u>
2016 Bourgin ²⁹	Centre Hospitalier Universitaire de Rennes, Rennes	Retrospective cohort study	2006-2014	344	75	69	26	16	
Total				18 802	65-75	7629	6130	1472	

TABLE 2 Characteristics of patients in the included studies^a

	Age, years		BMI			FIGO	FIGO Stage, n				Charlson co	Charlson comorbidity index score ASA score	idex score	ASA s	core			
						Lap.		Rob.						Lap.		Rob.		
Study	Lap.	Rob.	Lap.	Rob.	Р	=	VI-III II-I	Ē	VI-III	٩	Lap.	Rob.	٩	1-2 ≥3	53	1-2	≥3	٩
2016 Backes ²⁶	75 (70-86)	75 (70-92)	75 (70-86) 75 (70-92) 30 (17-49) 28 (19-50)	28 (19-50)	<0.001	71	22	77	12	0.078	I	I	I	I	ī	Т	I	I
2014 Lavoue ²⁵	76.8±4.6	77.9 ± 5.4	29.3 ± 6.6	29.5 ± 6.7	0.87	38	12	87	26	0.30	I	I	I	66	47	28	22	0.86
2014 Doo ²⁸	73.1 ± 7.0		30.2 ± 7.8		0.42	I	I	I	I	I	8.7 ± 3.3	7.6 ± 2.8	0.15	I	ī	I	I	ī
2016 Guy ²⁷	73.6 ± 6.7	73.4 ± 6.7	I		I	I	I	I	I	I	2.6 ± 1.1	2.5 ± 0.8	<0.001	I	ī	I	I	I
2016 Bourgin ²⁹ 80 (75-89)	80 (75-89)		27 ± 6.5		I	I	I	Т	I	I	I	I	I	Т	ı	Т	I	I
Abbreviations: ASA, American Society of Anesthesiologists; BMI, body mass index (calculated as weight in kilograms divided by the square of height in meters); Lap., laparotomic surgery group; Rob.,	4, American So	ciety of Anest	thesiologists; {	3MI, body mas	s index (ca	lculated	as weigh	t in kilog	grams divi	ded by the	square of h	eight in mete	ers); Lap., laı	oarotom	nic surg	ery grou	p; Rob	÷.

robotic surgery group; SD, standard deviation. ªValues are given as mean ± standard deviation or as mean (range).

TABLE 3 Characteristics of surgery in the included studies^a

			Lymph noc	le dissection				
	Hyster-	Oophor-	Pelvic			Para-a	ortic	
Study	ectomy	ectomy	Lap.	Rob.	Р	Lap.	Rob.	Р
2016 Backes ²⁶	100	100	87	98	0.007	77	67	0.18
2014 Lavoue ²⁵	100	100	8.4 ± 5.4	8.8 ± 4.1	0.81	-		-
2014 Doo ²⁸	98.6	98.6	67.1		0.42	52.1		0.09
2016 Guy ²⁷	100	97.5	71.1 ^b	79.2 ^b	<0.001 ^b	-		-
2016 Bourgin ²⁹	100	100	-		-	-		-

Abbreviations: Lap., laparotomic surgery group; Rob., robotic surgery group.

^aValues are given as mean ± standard deviation or as percentage.

^bData refer to unspecified lymph node dissection.

TABLE 4 Primary and secondary outcomes in laparotomic and robotic surgery groups of patients with endometrial cancer over the age cut-off^a

	Sample	e size	Overall complica	tions	Intra-o compli	perative cations	Peri-ope complica		Length of s	tay, d	
Study	Lap.	Rob.	Lap.	Rob.	Lap.	Rob.	Lap.	Rob.	Lap.	Rob.	Р
2016 Backes ²⁶	93	89	90	29	16	2	74	27	4	1	0.001
2014 Lavoue ²⁵	50	113	38	30	5	6	33	24	8.0 ± 5.8	3.1 ± 6.3	0.000
2014 Doo ²⁸	47	26	35	7	7	1	28	6	4.4 ± 2.0	2.2 ± 1.9	<0.01
2016 Guy ²⁷	5914	1228	2832	325	242	72	2590	253	5.1 ± 4.90	2.00 ± 2.09	<0.001
2016 Bourgin ²⁹	26	16	8	1	2	0	6	1	10.7 ± 7.9	4.5 ± 3.3	-

Abbreviations: Lap., laparotomic surgery group; Rob., robotic surgery group.

^aValues are given as number or as mean ± standard deviation.

	Robotic su	irgery	Laparotomic s	urgery		Risk Ratio	Risk	Ratio	
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Random, 95% Cl	M-H, Rand	lom, 95% Cl	
2014 Doo	7	26	35	47	14.4%	0.36 [0.19-0.70]			
2014 Lavoue	30	113	38	50	24.5%	0.35 [0.25-0.49]			
2016 Backes	29	89	90	93	26.1%	0.34 [0.25-0.46]			
2016 Bourgin	1	16	8	26	2.6%	0.20 [0.03-1.48]		+-	
2016 Guy	325	1228	2832	5914	32.4%	0.55 [0.50-0.61]	•		
Total (95% CI)		1472		6130	100.0%	0.40 [0.29-0.55]	•		
Total events	392		3003						
Heterogeneity: Tau ² =	= 0.09; Chi ² =	16.73, c	f = 4 (P = 0.002)	; / = 76%					400
Test for overall effect	: <i>Z</i> = 5.46 (P	× 0.0000	1)				0.01 0.1 Favors [experimental]	Favors [control]	100

FIGURE 1 Forest plot of individual studies and pooled relative risk for overall complications in robotic surgery and laparotomic surgery groups of patients treated for endometrial cancer [Colour figure can be viewed at wileyonlinelibrary.com]

from analysis about length of stay in hospital because it did not report the outcome as mean ± SD.

Pooled RR of overall complications for robotic surgery compared with laparotomic surgery for EC was 0.40 (95% CI 0.29–0.55, P < 0.001, with moderate heterogeneity ($I^2 = 76\%$) (Figure 1).

Pooled RR of intra-operative complications for robotic surgery compared with laparotomic surgery for EC was 0.46 (95% CI 0.15–1.42, P = 0.18), with high heterogeneity ($I^2 = 76\%$) (Figure 2). Pooled RR of peri-operative complications for robotic surgery compared with laparotomic surgery for EC was 0.43 (95% CI 0.37–0.50, P < 0.001), with insignificant heterogeneity ($I^2 = 14\%$) (Figure 3). Pooled difference between means ± SD of length of stay in hospital for robotic and laparotomic surgery was -3.34 (95% Cl -4.36 to -2.31, P < 0.001) with moderate heterogeneity ($l^2 = 70\%$) (Figure 4).

3.5 | Additional analyses

Two studies were included in the 70 years cut-off subgroup,^{25,26} two studies in the 65 years subgroup,^{27,28} and one study in the 75 years subgroup.²⁹

Pooled RR of overall complications for robotic surgery compared with laparotomic surgery for EC was 0.34 (95% CI 0.27–0.43, P < 0.001, $l^2 = 0\%$) in the 70 years subgroup (Figure 5a), 0.51 (95% CI

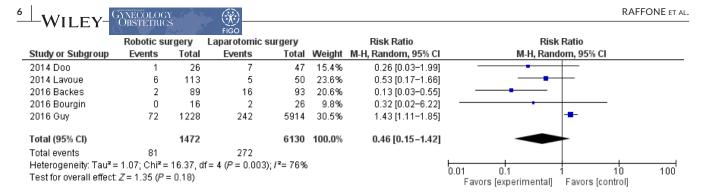


FIGURE 2 Forest plot of individual studies and pooled relative risk for intra-operative complications in robotic surgery and laparotomic surgery groups of patients treated for endometrial cancer [Colour figure can be viewed at wileyonlinelibrary.com]

	Robotic su	irgery	Laparotomic s	surgery		Risk Ratio	Risk	Ratio	
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Random, 95% Cl	M-H, Rand	lom, 95% Cl	
2014 Doo	6	26	28	47	4.0%	0.39 [0.18-0.81]			
2014 Lavoue	24	113	33	50	12.1%	0.32 [0.21-0.48]			
2016 Backes	27	89	74	93	17.3%	0.38 [0.27-0.53]			
2016 Bourgin	1	16	6	26	0.6%	0.27 [0.04-2.05]		+	
2016 Guy	253	1228	2590	5914	66.0%	0.47 [0.42-0.53]			
Total (95% CI)		1472		6130	100.0%	0.43 [0.37-0.50]	•		
Total events	311		2731						
Heterogeneity: Tau ² =	= 0.01; Chi ^z =	4.65, df	= 4 (P = 0.33); / ³	²= 14%					4.00
Test for overall effect	:Z=11.02 (P	0.000 × 0	01)				0.01 0.1 Favors [experimental]	Favors [control]	100

FIGURE 3 Forest plot of individual studies and pooled relative risk for peri-operative complications in robotic surgery and laparotomic surgery groups of patients treated for endometrial cancer [Colour figure can be viewed at wileyonlinelibrary.com]

	Robot	ic surg	егу	Laparoto	omic sur	gery		Mean Difference	Mean Difference
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Random, 95% Cl	IV, Random, 95% Cl
2014 Doo	2.2	1.9	26	4.4	2	47	32.4%	-2.20 [-3.13 to -1.27]	
2014 Lavoue	3.1	6.3	113	8	5.8	50	16.6%	-4.90 [-6.88 to -2.92]	•
2016 Bourgin	4.5	3.3	16	10.7	7.9	26	7.4%	-6.20 [-9.64 to -2.76]	+
2016 Guy	2	2.09	1228	5.1	4.9	5914	43.6%	-3.10 [-3.27 to -2.93]	•
Total (95% CI)			1383			6037	100.0%	-3.34 [-4.36 to -2.31]	•
Heterogeneity: Tau²÷ Test for overall effect);/ = 70	%		⊢ -10	DO -50 0 50 100 Favors [experimental] Favors [control]

FIGURE 4 Forest plot of individual studies and pooled mean ± standard deviation (SD) for length of stay in hospital in robotic surgery and laparotomic surgery groups of patients treated for endometrial cancer [Colour figure can be viewed at wileyonlinelibrary.com]

0.37-0.71, P < 0.001, $I^2 = 37\%$) in the 65 years subgroup (Figure 5b), and 0.20 (95% CI 0.03-1.48, P = 0.12; I^2 not applicable) in the 75 years subgroup (Figure 5c).

All included studies were suitable for the subgroup analysis of severity of complications. Pooled RR of overall minor complications for robotic surgery compared with laparotomic surgery for EC was 0.50 (95% Cl 0.21–1.16, P = 0.1), with moderate heterogeneity ($I^2 = 84\%$) (Figure 6a).

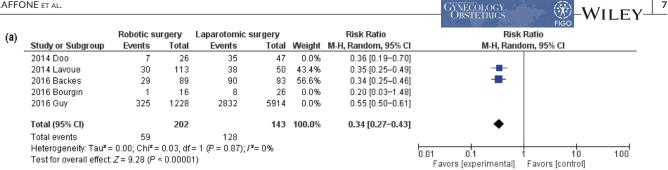
Pooled RR of overall major complications for robotic surgery compared with laparotomic surgery for EC was 0.42 (95% Cl 0.25–0.72, P = 0.002), with moderate heterogeneity ($I^2 = 75\%$) (Figure 6b).

4 | DISCUSSION

This study shows that robotic surgery decreases the risk of overall and peri-operative complications, and the length of stay in hospital when compared with laparotomy in the treatment and staging of elderly patients with EC. In particular, the risk decreased about 2.5 times for overall and peri-operative complications, and the length of stay decreased by about 3.5 days. The decrease in risk of overall complications was greater when the age-cut off went up, with a five-fold reduced risk in patients over 75 years of age. Moreover, the increase in the risk of overall complications mainly regarded major complications. On the other hand, no significant difference was found in intra-operative complications and overall minor complications.

Such findings may be due to the advantages of robotic surgery that involve both the surgeon and the patient. Robotic surgery makes use of a sophisticated surgical platform capable of reproducing, by miniaturizing them, the movements of the human hand within the body cavity or within the operating field.^{35,36} It offers the possibility of seeing the operating field in three dimensions, and by filtering and making any operator tremors almost impossible, it eliminates the typical laparoscopic fulcrum controlled by the surgeon and allows

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(b)

al Events Total 6 35 47 3 38 50 9 90 93	19.7%	M-H, Random, 95% Cl 0.36 [0.19-0.70]	M-H, Random, 95% Cl
3 38 50		• •	
	0.0%	0.05/0.05/0.401	
n oo on		0.35 [0.25-0.49]	
3 30 30	0.0%	0.34 [0.25-0.46]	
6 8 26	0.0%	0.20 [0.03-1.48]	
8 2832 5914	80.3%	0.55 [0.50-0.61]	
4 5961	100.0%	0.51 [0.37-0.71]	•
2867			
df = 1 (P = 0.21); /²= 37%			0.01 0.1 1 10 100
			Favors (experimental) Favors (control)
		f = 1 (P = 0.21); /= 37%	if=1 (P=0.21); /= 37%

(C)

	Robotic su	irgery	Laparotomic s	surgery		Risk Ratio	Risk Ratio
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Random, 95% Cl	M-H, Random, 95% Cl
2014 Doo	7	26	35	47	0.0%	0.36 [0.19-0.70]	
2014 Lavoue	30	113	38	50	0.0%	0.35 [0.25-0.49]	
2016 Backes	29	89	90	93	0.0%	0.34 [0.25-0.46]	_
2016 Bourgin	1	16	8	26	100.0%	0.20 [0.03-1.48]	
2016 Guy	325	1228	2832	5914	0.0%	0.55 [0.50-0.61]	_
Total (95% CI)		16		26	100.0%	0.20 [0.03-1.48]	
Total events	1		8				
Heterogeneity: Not ap	oplicable						0.01 0.1 1 10 100
Test for overall effect	:Z=1.58 (P=	= 0.12)					Favors [experimental] Favors [control]

FIGURE 5 Forest plot of individual studies and pooled relative risk for overall complications in robotic surgery and laparotomic surgery groups of patients treated for endometrial cancer stratified for age cut-off as follows: (a) 70 years; (b) 65 years; (c) 75 years [Colour figure can be viewed at wileyonlinelibrary.com]

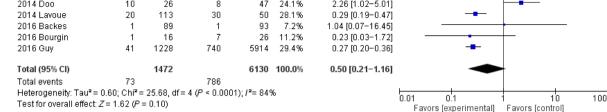
more natural movements typical of open surgery. In this way, it increases the ease of access and the precision of surgery, especially in narrow spaces, reducing the maneuverability and visibility challenges that surgeons face in confined spaces such as the pelvis.³⁵⁻³⁷ Such surgical advantages become even greater in high-difficulty surgical categories, such as obese patients.³⁸ Concerning patient advantages, robotics requires minimal incisions with a significant decrease in post-operative pain, blood loss, and therefore the need for transfusions, and peri-operative and post-operative infections. This would explain the decrease in length of stay in hospital.

To date, the main limiting factor in the use of robotics is the cost. In fact, in cost-effectiveness analyses, robotic surgery is more expensive compared with traditional laparoscopy and laparotomy.³⁹ The median actual costs of the robotic surgery are 35% higher per patient than the costs related to traditional laparoscopy.^{40,41} Amortization of the robot console and costs involved with robot instrumentation are the major determinants of the incremental costs related to robotic surgery.^{42,43} However, amortization may be minimized by increasing the number

of operations and by using some reusable devices for multiple operations.⁴⁴⁻⁴⁶ In addition, the significant decrease in complications and length of stay that we found in elderly patients with EC may also help to reduce the long-term costs of robotic surgery.

However, regardless of the cost issue, decreasing overall and peri-operative complications of surgery is critical in elderly women with EC, who are a high-risk category of patients. Indeed, because of age, elderly patients had significantly higher rates of perioperative surgical complications including ileus, thromboembolic events, cardiac events, wound infections, and postoperative hemorrhage compared with younger patients.⁴⁷ Age also affects survival in EC patients¹³; robotics might help to improve oncological and surgical outcomes and quality of life in this high-risk category of EC patients.

This study may be the first meta-analysis comparing robotic and laparotomic surgery in the treatment and staging of elderly patients with EC. We found significant differences in complications and length of stay, which might recommend robotics as a viable alternative to laparotomy for treatment and staging of EC in elderly patients.



(b)

	Robotic su	irgery	Laparotomic s	urgery		Risk Ratio	Risk	Ratio	
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Random, 95% Cl	M-H, Ran	lom, 95% Cl	
2014 Doo	1	26	39	47	6.5%	0.05 [0.01-0.32]	·		
2014 Lavoue	5	113	4	50	12.5%	0.55 [0.16–1.97]		+	
2016 Backes	26	89	72	93	36.1%	0.38 [0.27-0.53]			
2016 Bourgin	0	16	3	26	3.2%	0.23 [0.01-4.13]		+	
2016 Guy	285	1228	2141	5914	41.7%	0.64 [0.58-0.71]	•		
Total (95% CI)		1472		6130	100.0%	0.42 [0.25-0.72]	•		
Total events	317		2259						
Heterogeneity: Tau ² :	= 0.18; Chi ² =	15.82, c	f = 4 (P = 0.003)	;/ = 75%					
Test for overall effect	: Z= 3.14 (P=	= 0.002)					0.01 0.1 Favors [experimental]	1 10 Favors [control]	100

FIGURE 6 Forest plot of individual studies and pooled relative risk for overall complications in robotic surgery and laparotomic surgery groups of patients treated for endometrial cancer stratified for severity of complications as (a) minor complications and (b) major complications [Colour figure can be viewed at wileyonlinelibrary.com]

Moreover, such findings might be relevant to elderly patients requiring surgery for other diseases, either benign or malignant.

However, several limitations may affect our findings. First, a limitation may be the retrospective design of the included studies. After the Laparoscopic Approach to Cervical Cancer (LACC) Trial,⁴⁸ limitations related to retrospective design have been highlighted in drawing conclusions. Therefore, despite the quality of the included studies being high (as shown by the assessment of risk of bias within studies), further prospective studies are necessary to confirm these findings. Second, data from the included studies did not allow comparisons about survival outcomes among the surgical approaches. For these outcomes, further studies assessing this subset of EC patients are needed. Third, data from the included studies did not allow us to stratify analysis based on the extension of surgical staging for EC nor on the FIGO stage of EC. However, no significant difference was reported in the included studies between robotic and laparotomic groups.

In conclusion, robotics might be recommended as a viable alternative to the laparotomic approach for elderly patients with EC because it significantly decreases the risk of overall and peri-operative complications (mainly major complications), and the length of stay in hospital when compared with laparotomic surgery for treatment and staging of elderly patients with EC. Moreover, the decrease in risk of overall complications is greater with increasing patient age.

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[Correction added on 07-May-2022, after first online publication: CRUI-CARE funding statement has been added.]

CONFLICTS OF INTEREST

The authors have no conflicts of interest.

AUTHOR CONTRIBUTIONS

AR conception, protocol, data analysis, manuscript preparation, results interpretation, disagreement resolutions; AT conception, protocol, data analysis, manuscript preparation, results interpretation, disagreement resolutions; DR protocol, study selection, data extraction, risk of bias assessment, manuscript preparation, results interpretation; DB protocol, study selection, data extraction, risk of bias assessment, manuscript preparation, results interpretation; MV protocol, study selection, data extraction, risk of bias assessment, manuscript preparation, results interpretation; PV protocol, manuscript preparation, results interpretation, disagreement resolutions; MG protocol, manuscript revision, results interpretation, disagreement resolutions, supervision; PC protocol, manuscript revision, results interpretation, disagreement resolutions, supervision; LI protocol, manuscript revision, results interpretation, disagreement resolutions, supervision; AM conception, protocol, manuscript revision, results interpretation, disagreement resolutions, supervision; RS conception, protocol, manuscript revision, results interpretation, disagreement resolutions, supervision.

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SUPPORTING INFORMATION

Additional supporting information may be found online in the Supporting Information section.

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