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# The five primary prostaglandins stimulate contractions and phasic activity of the urinary bladder urothelium, lamina propria and detrusor

Zane Stromberga, Russ Chess-Williams and Christian Moro\* 

## Abstract

**Background:** Inflammation is often associated with several bladder dysfunctions, including overactive bladder (OAB) and interstitial cystitis/bladder pain syndrome (IC/PBS). As such, inflammation of the bladder and the actions of inflammatory mediators may contribute to the development of urinary symptoms. This study assessed the actions of PGE<sub>2</sub>, PGF<sub>2α</sub>, PGD<sub>2</sub>, TXA<sub>2</sub>, and PGI<sub>2</sub> on urinary bladder urothelium with lamina propria (U&LP), and detrusor smooth muscle.

**Methods:** Studies were carried out using isolated tissue baths, where strips of porcine bladder U&LP or detrusor were exposed to varying concentrations of prostaglandin agonists (1 μM and 10 μM).

**Results:** All assessed prostaglandin agonists contracted both the U&LP and detrusor smooth muscle, with the rank order of contractile response effectiveness as: PGE<sub>2</sub> > PGF<sub>2α</sub> > TXA<sub>2</sub> > PGD<sub>2</sub> > PGI<sub>2</sub>. In U&LP, treatment with PGE<sub>2</sub> (10 μM) increased tonic contractions by 1.36 ± 0.09 g (*n* = 42, *p* < 0.001) and phasic contractions by 40.4 ± 9.6% (*n* = 42, *p* < 0.001). In response to PGF<sub>2α</sub> (10 μM), U&LP tonic contractions increased by 0.79 ± 0.06 g (*n* = 14, *p* < 0.001) and phasic activity by 13.3% ± 5.3% (*n* = 15, *p* < 0.05). In detrusor preparations, PGE<sub>2</sub> (10 μM) increased tonic contractions by 1.32 ± 0.13 g (*n* = 38, *p* < 0.001) and PGF<sub>2α</sub> (10 μM) by 0.97 ± 0.14 g (*n* = 12, *p* < 0.001). Only 34% (*n* = 48) of all detrusor preparations exhibited spontaneous activity prior to the addition of any agonist at a frequency of 2.03 ± 0.12 cpm. In preparations that did not exhibit initial phasic activity, all of the prostaglandin agonists were capable of commencing phasic activity.

**Conclusions:** The urinary bladder U&LP and detrusor respond to a variety of prostaglandin agonists, with their activation resulting in direct contractions, as well as increases to spontaneous contractile activity. This study presents the prostaglandin receptor system as a potential therapeutic target for lower urinary tract dysfunction.

**Keywords:** Inflammation, Prostaglandins, Urinary bladder, Urothelium, Detrusor

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## Background

The involvement of prostaglandins in bladder physiology was first recognised from their release after urinary bladder distension or injury to the urothelium [1, 2]. An increase of prostaglandins in the urine of patients suffering from OAB has been well-reported previously [3–6], suggesting the prostaglandin system as a potential future therapeutic target in various bladder dysfunctions. The exact role and mechanisms of endogenous prostaglandins in the urinary bladder are not well understood. However, previous studies utilising exogenous prostaglandins have shown that these chemicals can alter contractility and micturition reflex in human bladders [7].

Prostaglandin production is generally low in healthy tissue but can increase immediately following acute inflammation [8]. They are synthesised in the bladder by cyclooxygenase (COX) and then subsequently converted into five primary prostanoids via their respective synthases: PGE<sub>2</sub>, PGD<sub>2</sub>, PGF<sub>2 $\alpha$</sub> , prostacyclin (PGI<sub>2</sub>) and thromboxane (TXA<sub>2</sub>) [9]. Prostaglandins are synthesised in both the bladder urothelium with lamina propria (U&LP) and in detrusor smooth muscle in response to stretch, nerve stimulation, U&LP damage or other inflammatory mediators [10, 11]. The production of prostaglandins is determined by the cells present at sites of inflammation capable of synthesising prostaglandins and the activity of the two cyclooxygenase isoenzymes, namely COX-1 and COX-2. For example, macrophages predominantly generate PGE<sub>2</sub> and TXA<sub>2</sub>, whereas mast cells produce PGD<sub>2</sub> [12]. COX-1 is present in most cells, whereas the expression of COX-2 is generally low in cells, but can increase dramatically upon stimulation by immune cells [13]. Prostaglandin I<sub>2</sub> is the main prostaglandin synthesised in the human bladder, followed by PGE<sub>2</sub>, PGF<sub>2 $\alpha$</sub>  and TXA<sub>2</sub> [14, 15].

Although past studies have explored the effects of the different prostaglandins on the urinary bladder with a large focus on the actions of PGE<sub>2</sub>, a complete understanding of the contractile effects of the other four prostaglandins on the urinary bladder remain unclear. Specifically, of interest is to determine how the actions of the prostaglandins affect urothelium with lamina propria that is separated from the detrusor smooth muscle. Therefore, this study aimed to assess the influence of PGE<sub>2</sub>, PGF<sub>2 $\alpha$</sub> , PGD<sub>2</sub>, TXA<sub>2</sub> and PGI<sub>2</sub> on the urinary bladder urothelium with lamina propria and detrusor smooth muscle contractions and phasic activity.

## Methods

### Tissue preparation

Urinary bladders were obtained from Large White-Landrace pigs (approximately six months old, weighing between 80 and 100 kg) from the local abattoir after slaughter for the routine commercial provision of food.

All methods were carried out in accordance with relevant Australian guidelines and regulations, and all experimental protocols were in accordance the Australian Code of Practice for the Care and Use of Animals for Scientific Purpose [16]. As no animals were bred, harmed, culled, interfered, or interacted with as part of this research project, Animal Ethics Approval was not required for offal use [17]. Urothelium with lamina propria was dissected from the underlying detrusor layer, consistent with methods carried out in past studies [18–21], and cut in strips. Adjacent strips of U&LP and detrusor (10 mm × 5 mm) were tied vertically between an isometric force transducer (MCT050/D, ADInstruments, Castle Hill, Australia) and a fixed hook in 10 mL organ baths (Labglass, Brisbane, Australia), and superfused with Krebs-bicarbonate solution (NaCl 118.4 mM, NaHCO<sub>3</sub> 24.9 mM, CaCl<sub>2</sub> 1.9 mM, MgSO<sub>4</sub> 2.41 mM, KCl 4.6 mM, KH<sub>2</sub>PO<sub>4</sub> 1.18 mM and D-glucose 11.7 mM) and carbogen gas (95% oxygen and 5% carbon dioxide) at 37 °C. After tissue mounting, strips of U&LP and detrusor were washed three times, tension adjusted to 1.5–2.0 g and tissues left to equilibrate for 30 min. After the equilibration period, a single dose of a prostaglandin receptor agonist was added to the tissue strip.

### Pharmaceutical agents

The following compounds were used in this study: prostaglandin E<sub>2</sub>, prostaglandin F<sub>2 $\alpha$</sub> , prostaglandin D<sub>2</sub>, prostaglandin I<sub>2</sub> and thromboxane A<sub>2</sub> (U-46619, Cayman Chemicals, Michigan, USA). Prostaglandin E<sub>2</sub>, prostaglandin F<sub>2 $\alpha$</sub> , prostaglandin D<sub>2</sub>, and prostaglandin I<sub>2</sub> were dissolved in 100% ethanol and diluted with distilled H<sub>2</sub>O. U-46619 was supplied as a solution in methyl acetate, which was diluted with distilled H<sub>2</sub>O. Two concentrations of each prostaglandin receptor agonists were selected, 1  $\mu$ M and 10  $\mu$ M.

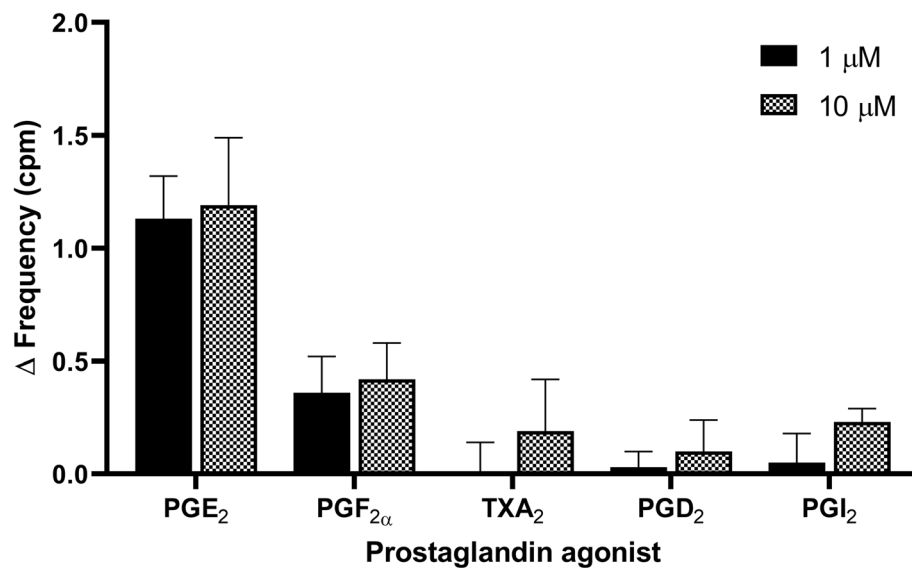
### Data analysis

Data were graphed and analysed using GraphPad Prism version 8.3 for Windows (GraphPad Software, La Jolla, California, USA). Statistical analysis was conducted using a paired Student's *t*-test, where *p* < 0.05 was considered as significant. All values were reported as mean change  $\pm$  SEM. *n* equates to the number of individual bladders used in this study.

## Results

### Prostaglandin agonists for increasing U&LP spontaneous phasic activity

Strips of U&LP exhibited spontaneous phasic contractions in the absence of any stimulation at a mean frequency of  $3.26 \pm 0.07$  cycles per minute (cpm, *n* = 146). Treatment with PGE<sub>2</sub> caused the most prominent increases to U&LP spontaneous contractile activity. When



**Fig. 1** U&LP changes in the frequency of spontaneous phasic contractions after the treatment with 1 μM and 10 μM of each specific prostaglandin agonists E<sub>2</sub>, F<sub>2α</sub>, TXA<sub>2</sub>, D<sub>2</sub>, and I<sub>2</sub>. There were no statistically significant differences in frequency changes between the 1 μM and 10 μM concentrations for any of the agonists (unpaired Student's 2-tailed *t*-test)

PGE<sub>2</sub> (1 μM) was added to isolated tissues, spontaneous activity increased by 39.2% ± 6.7% (*n* = 38, *p* < 0.001, Fig. 1). A greater concentration of PGE<sub>2</sub> (10 μM) showed similar increases of 40.4% ± 9.6% to the U&LP spontaneous activity (*n* = 42, *p* < 0.001). Treatment with PGF<sub>2α</sub> showed smaller increases of 10.5% ± 4.6% to spontaneous activity when treated with 1 μM (*n* = 10, *p* < 0.05) and 13.3% ± 5.3% when treated with 10 μM (*n* = 14, *p* < 0.05). The addition of PGI<sub>2</sub> (10 μM) increased spontaneous activity by 6.2% ± 1.6% (*n* = 8, *p* < 0.01) but had no effect at a lower concentration (1 μM, *n* = 8). The frequency was not significantly affected by PGD<sub>2</sub> (1–10 μM, *n* = 12) or TXA<sub>2</sub> (1–10 μM, *n* = 16).

The average amplitude of these spontaneous phasic contractions exhibited in U&LP strips in the absence of any stimulation was 0.57 ± 0.02 g (*n* = 146). In response to treatment with 1 μM PGE<sub>2</sub>, amplitude decrease of 0.14 ± 0.04 g (*n* = 38, *p* < 0.001, Table 1) were observed. Similar decreases of 0.16 ± 0.03 g were also observed in response to a higher PGE<sub>2</sub> concentration (10 μM, *n* = 42,

*p* < 0.01). Treatment with TXA<sub>2</sub> (1 μM) showed a significant decrease in the amplitude by 0.28 ± 0.06 g (*n* = 8, *p* < 0.01), which was not observed at a higher concentration (10 μM, *n* = 6). The addition of PGI<sub>2</sub> (10 μM) decreased amplitude of spontaneous activity by 0.14 ± 0.05 (*n* = 8, *p* < 0.05) but had no effect at a lower concentration (1 μM, *n* = 8). The amplitude of spontaneous contractions was not altered by the addition of either PGF<sub>2α</sub> (1–10 μM, *n* = 24) or PGD<sub>2</sub> (1–10 μM, *n* = 12, Table 1). None of the decreases in the amplitude of spontaneous phasic contractions of the U&LP were significantly affected by the two different prostaglandin receptor agonist concentrations (1 μM and 10 μM).

#### Prostaglandin agonists in stimulating phasic contractions in detrusor

Total of 34% (*n* = 48) of the detrusor preparations that were set up in the organ baths exhibited spontaneous activity prior to the addition of any agonists. These

**Table 1** U&LP changes in the amplitude of phasic contractions in response to the five primary prostaglandin agonists (mean ± SEM)

Agonist	1 μM of agonist		n	10 μM of agonist		n
	Absence (g)	Presence (g)		Absence (g)	Presence (g)	
PGE <sub>2</sub>	0.53 ± 0.05	0.40 ± 0.03***	38	0.53 ± 0.04	0.37 ± 0.03**	42
PGF <sub>2α</sub>	0.30 ± 0.03	0.29 ± 0.01	10	0.51 ± 0.06	0.46 ± 0.08	14
TXA <sub>2</sub>	0.90 ± 0.16	0.62 ± 0.14**	8	0.75 ± 0.16	0.71 ± 0.25	6
PGD <sub>2</sub>	0.59 ± 0.10	0.46 ± 0.04	4	0.55 ± 0.08	0.43 ± 0.06	8
PGI <sub>2</sub>	0.64 ± 0.07	0.56 ± 0.07	8	0.57 ± 0.09	0.43 ± 0.06*	8

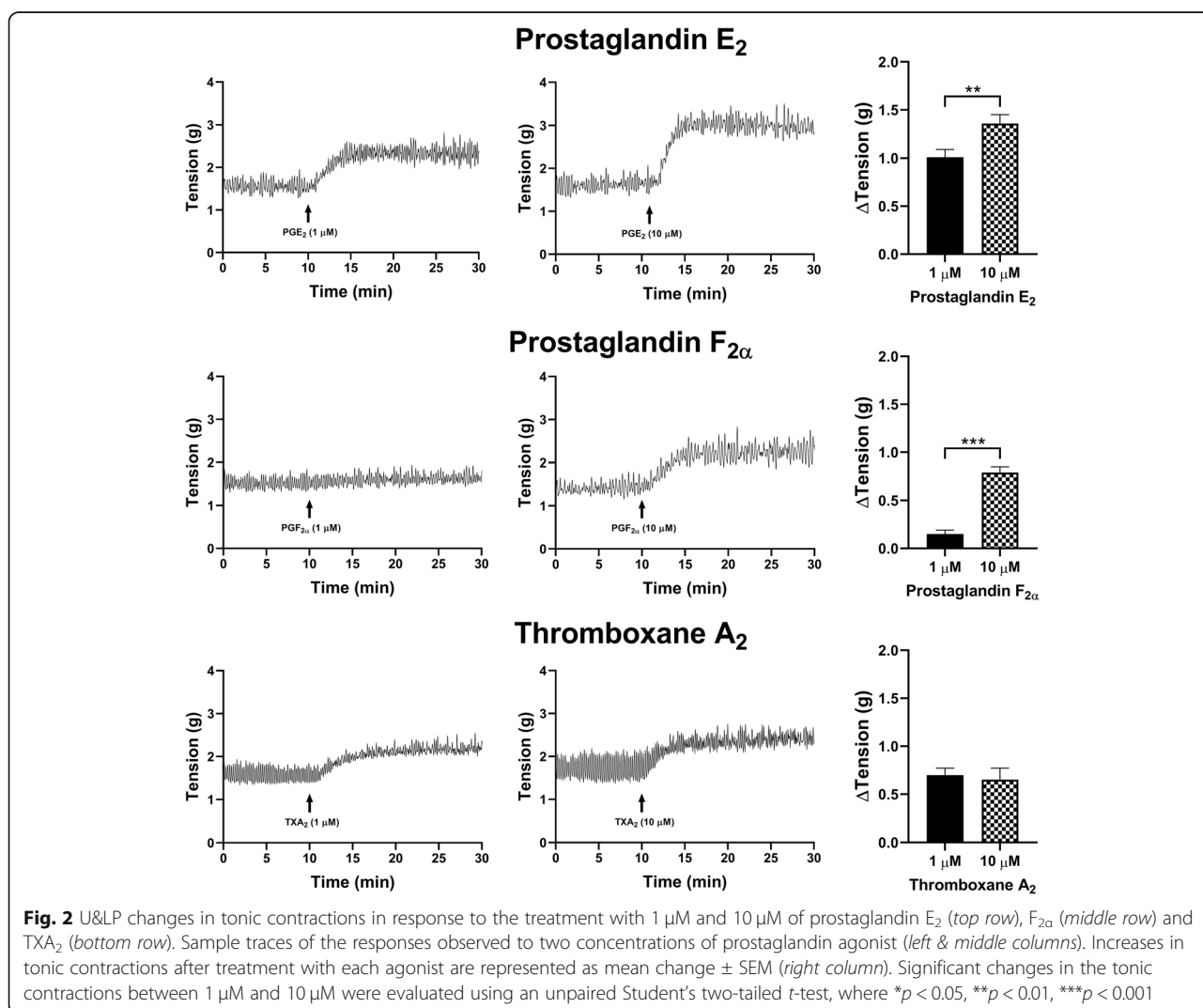
\**p* < 0.05, \*\**p* < 0.01, \*\*\**p* < 0.001. Paired Student's *t*-test

contractions occurred at an average frequency of  $2.03 \pm 0.12$  cpm ( $n = 48$ ) with an average amplitude of  $0.26 \pm 0.02$  g ( $n = 48$ ). However, the majority of the detrusor preparations, that were otherwise quiescent developed spontaneous phasic contractions after the addition of the agonist.

Of those detrusor preparations that did not exhibit initial phasic activity during baseline: PGE<sub>2</sub> (1 μM) sparked contractions in 68% of preparations ( $n = 19$ ) and PGE<sub>2</sub> (10 μM) in 69% ( $n = 22$ ); PGF<sub>2α</sub> (1 μM) initiated contractions in 56% ( $n = 5$ ) and PGF<sub>2α</sub> (10 μM) in 88% ( $n = 7$ ); TXA<sub>2</sub> (1 μM) initiated contractions in 63% ( $n = 5$ ) and TXA<sub>2</sub> (10 μM) in 80% ( $n = 4$ ); PGD<sub>2</sub> (1 μM) initiated phasic activity in 50% ( $n = 2$ ) and PGD<sub>2</sub> (10 μM) in 75% ( $n = 6$ ); and lastly PGI<sub>2</sub> (10 μM) initiated contractions in 40% ( $n = 2$ ) of preparations. This demonstrates the ability of prostaglandin agonists to induce spontaneous activity in otherwise quiescent detrusor tissue strips.

**Prostaglandin agonists in stimulating tonic contractions in U&LP**

All assessed prostaglandin agonists contracted the U&LP with the rank order of contractile response effectiveness as: PGE<sub>2</sub> > PGF<sub>2α</sub> > TXA<sub>2</sub> > PGD<sub>2</sub> > PGI<sub>2</sub>. The addition of PGE<sub>2</sub> (1 μM) to isolated U&LP induced tissue contractions, with increases of  $1.01 \pm 0.08$  g ( $n = 38$ ,  $p < 0.001$ ) to the tonic contractions. When a greater concentration of PGE<sub>2</sub> (10 μM) was selected, increases of  $1.36 \pm 0.09$  g ( $n = 42$ ,  $p < 0.001$ , Fig. 2) were observed. Treatment with 1 μM PGF<sub>2α</sub> showed a small increase to tonic contractions of  $0.15 \pm 0.04$  g ( $n = 10$ ,  $p < 0.01$ ) when compared to a higher concentration of 10 μM, which exhibited increases of  $0.79 \pm 0.06$  g ( $n = 14$ ,  $p < 0.001$ ). The addition of two concentrations of TXA<sub>2</sub> induced similar contractions, where tonic contraction increased by  $0.70 \pm 0.07$  g when treated with 1 μM ( $n = 8$ ,  $p < 0.001$ ), and by  $0.65 \pm 0.12$  g after treatment with 10 μM ( $n = 6$ ,  $p < 0.001$ ).



When PGD<sub>2</sub> (1 μM) was added to the U&LP tissue preparations, tonic contractions increased by 0.19 ± 0.04 g (*n* = 4, *p* < 0.05, Fig. 3). Treatment with a higher concentration of PGD<sub>2</sub> (10 μM) exhibited increases of 0.63 ± 0.09 g (*n* = 8, *p* < 0.001). The addition of PGI<sub>2</sub> showed small increases in tonic contractions of 0.11 ± 0.02 g in response to 1 μM PGI<sub>2</sub> (*n* = 8, *p* < 0.001), and 0.22 ± 0.03 g in response to 10 μM PGI<sub>2</sub> (*n* = 8, *p* < 0.001, Fig. 3).

### Prostaglandin agonists in stimulating tonic contractions in detrusor

All assessed prostaglandin agonists contracted the detrusor smooth muscle preparations with the rank order of contractile response effectiveness as: PGE<sub>2</sub> > PGF<sub>2α</sub> > TXA<sub>2</sub> > PGD<sub>2</sub> > PGI<sub>2</sub>. In detrusor preparations, PGE<sub>2</sub> (1 μM) increased the tonic contractions by 0.73 ± 0.09 g (*n* = 34, *p* < 0.001), whereas PGE<sub>2</sub> (10 μM) nearly doubled the response, producing an average increase of 1.32 ± 0.13 g (*n* = 38, *p* < 0.001, Fig. 4). Treatment with 1 μM PGF<sub>2α</sub> showed a small increase of 0.20 ± 0.05 g (*n* = 10, *p* < 0.01), whereas 10 μM of PGF<sub>2α</sub> increased the tonic contractions by 0.97 ± 0.14 g (*n* = 12, *p* < 0.001). When TXA<sub>2</sub> was added, tonic contractions increased by 0.47 ± 0.12 g when treated with 1 μM (*n* = 8, *p* < 0.001), and by 1.03 ± 0.14 g (*n* = 6, *p* < 0.001, Fig. 4) when treated with 1 μM TXA<sub>2</sub>.

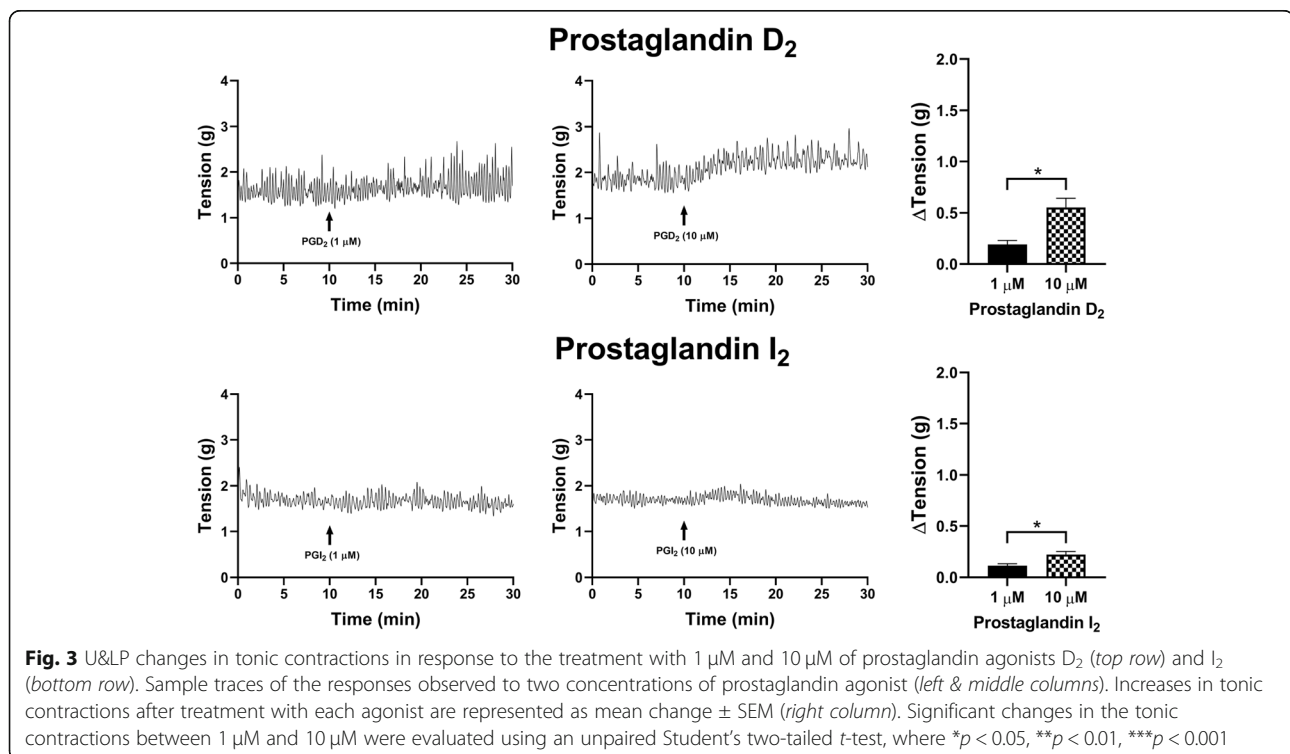
PGD<sub>2</sub> showed a small increase in the tonic contractions of 0.12 ± 0.04 g when 1 μM was added (*n* = 4, *p* <

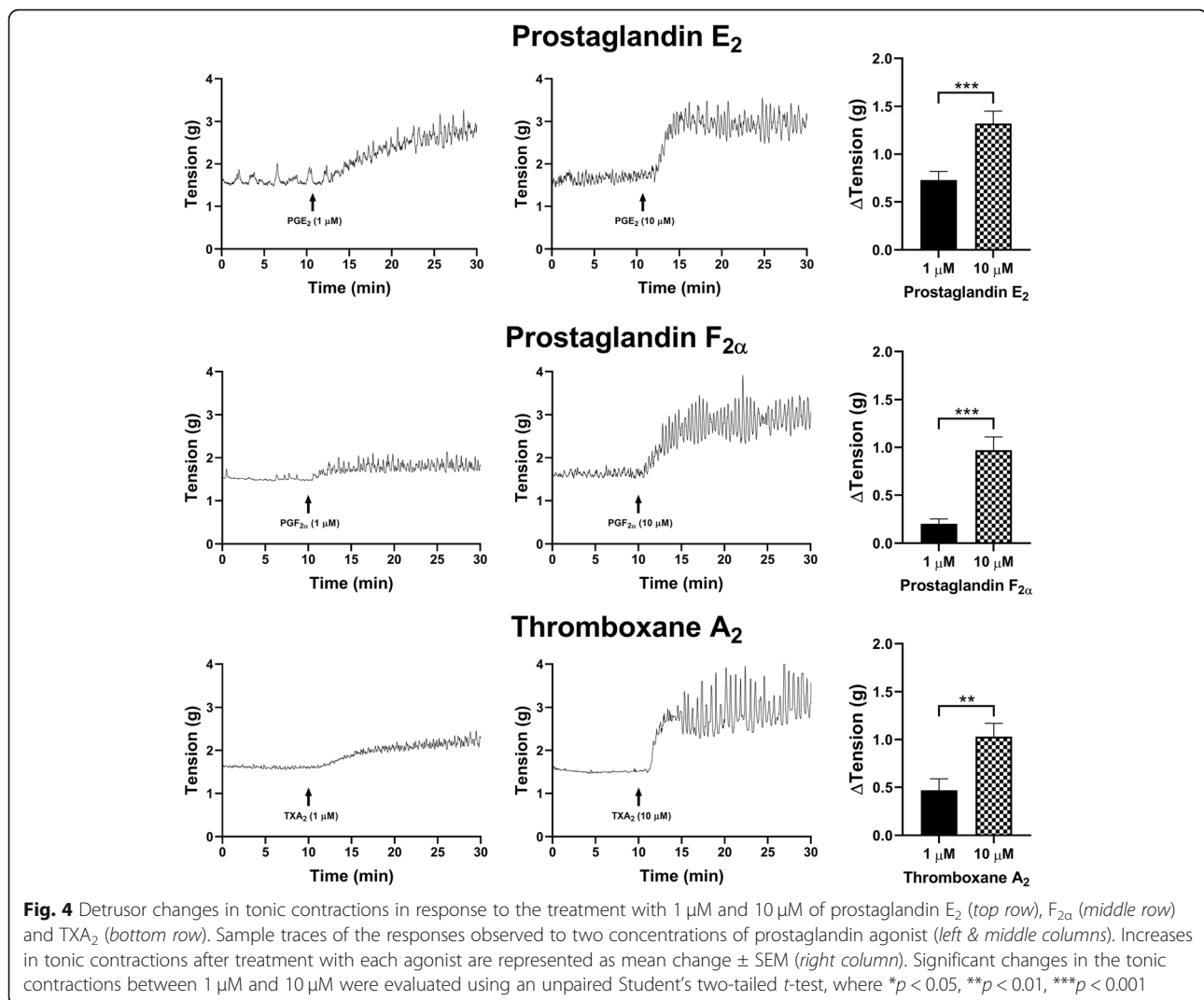
0.05), and an increase of 0.36 ± 0.06 g when 10 μM PGD<sub>2</sub> was added (*n* = 6, *p* < 0.01, Fig. 5). PGI<sub>2</sub> showed small increases in tonic contractions at both concentrations, showing an increase of 0.16 ± 0.02 g when treated with 1 μM (*n* = 8, *p* < 0.001), and 0.13 ± 0.03 g when treated with 10 μM PGI<sub>2</sub> (*n* = 8, *p* < 0.001, Fig. 5). The effects of prostaglandin agonists on tonic contractions of the detrusor smooth muscle were significantly different between the two concentrations (1 μM and 10 μM) for PGE<sub>2</sub> (*p* < 0.001), PGF<sub>2α</sub> (*p* < 0.001) and PGD<sub>2</sub> (*p* < 0.05).

### Discussion

Previous research has shown that stimulation of the M3 muscarinic receptor in U&LP causes immediate contractions, as well as increases in the frequency of spontaneous phasic contractions, and reduction in their amplitude [22, 23]. In our study, the prostaglandin agonists have shown similar contractile responses to both tonic contractions and spontaneous activity, thereby associating the actions of prostaglandins with many of the bladder contractile dysfunctions, such as OAB and IC/BPS.

The ability to contract the tissue was varied between the different prostaglandin agonists. The rank order of agonist response in stimulating contractions in U&LP and detrusor was: PGE<sub>2</sub> > PGF<sub>2α</sub> > TXA<sub>2</sub> > PGD<sub>2</sub> > PGI<sub>2</sub>. This furthers previous research which reported the involvement of PGE<sub>2</sub> in the initiation of micturition in both humans and animals [24], suggesting a contribution





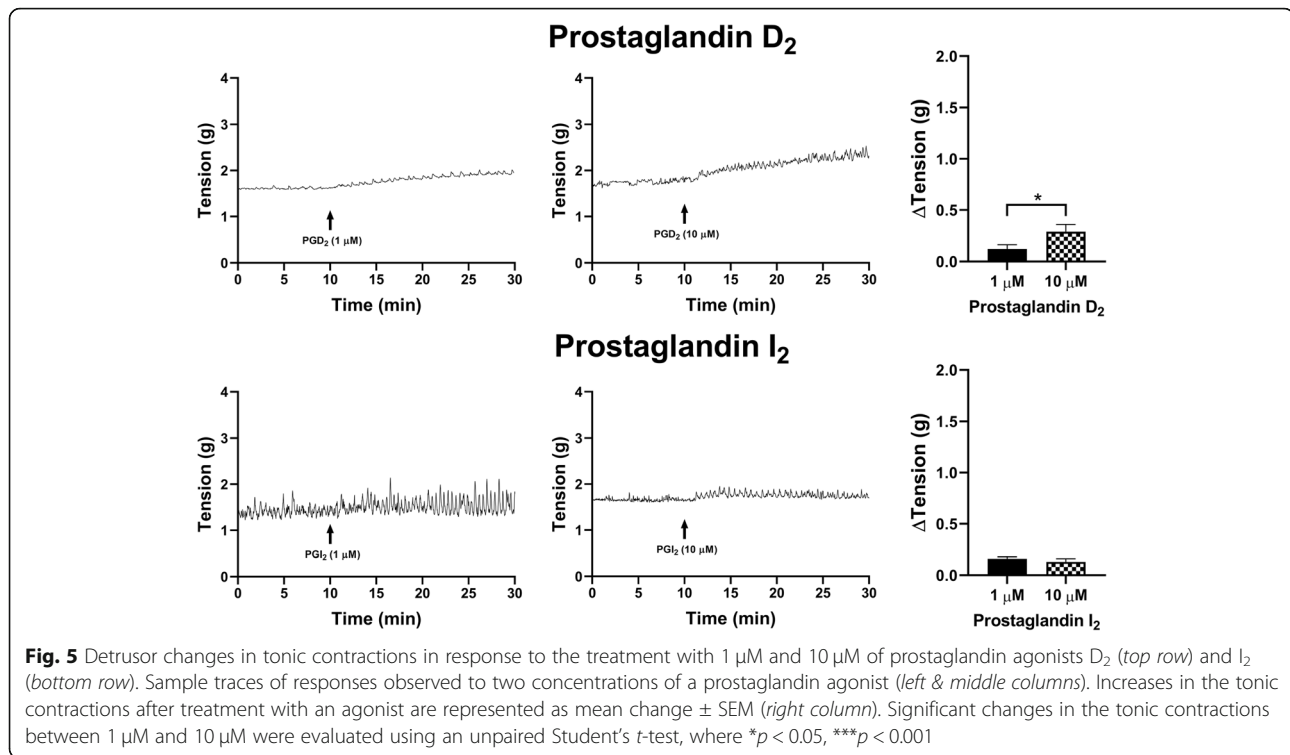
to bladder overactivity. Treatment with PGF<sub>2α</sub> showed minimal increases at a concentration of 1 μM, yet responses were significantly enhanced in both U&LP and detrusor when increased to 10 μM. At the smaller concentration of 1 μM, treatment with TXA<sub>2</sub> reached maximal contractile responses, and as such, was not enhanced at the higher agonist concentration of 10 μM. This was not the case with detrusor preparations, wherein the higher concentration of TXA<sub>2</sub> (10 μM) resulted in significantly enhanced contractions. The responses observed in porcine tissue in response to PGF<sub>2α</sub> and TXA<sub>2</sub> are consistent with the Palea [25] findings. In addition, our study has established that U&LP isolated tissue is also capable of responding and producing definite increases in tonic contractions in response to these prostaglandin agonists.

Of the five prostaglandins, PGD<sub>2</sub> and PGI<sub>2</sub> had the smallest effect on both tonic contractions and

spontaneous activity. This lack of increases to the tonic contractions or spontaneous contractile frequency may be explained by PGD<sub>2</sub> having potential inhibitory actions via the stimulation of DP receptor [26]. An explanation for the small contractile effects observed in our study in response to PGI<sub>2</sub>, the main prostaglandin synthesised in the human bladder [14, 27], is that the aqueous solutions of PGI<sub>2</sub> are extremely chemically unstable with a relatively short half-life, depending on the buffer concentration [28]. As such, future studies utilising more chemically stable PGI<sub>2</sub> agonist analogues might provide further insights into the actions of this inflammatory mediator on the urinary bladder.

## Conclusions

The urinary bladder is capable of responding to all five major prostaglandins produced in the urinary bladder. Out of these prostaglandins, PGE<sub>2</sub> and PGF<sub>2α</sub> had the



most significant impact on both contraction and increases to the spontaneous contractile frequency in the U&LP. All five prostaglandin receptor agonists were also capable of inducing spontaneous phasic contractions in otherwise quiescent detrusor tissue strips.

#### Abbreviations

PG: Prostaglandin; IC/BPS: Interstitial cystitis/bladder pain syndrome; OAB: Overactive bladder; U&LP: Urothelium and lamina propria; TX: Thromboxane

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#### Authors' contributions

Data was collected by ZS. CM, RCW and ZS were all equally responsible for the study design, data analysis, and preparation of manuscript. All authors read and approved the manuscript.

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This research was supported by the Australian Bladder Foundation managed by the Continence Foundation of Australia. ZS was supported by an Australian Government Research Training Program Scholarship. The funding bodies had no role in the design of the study and collection, analysis, and interpretation of data and in writing the manuscript.

#### Availability of data and materials

The datasets used and/or analysed during the current study are available from the corresponding author on reasonable request.

#### Ethics approval and consent to participate

All methods were carried out in accordance with relevant Australian guidelines and regulations, and all experimental protocols were in accordance the Australian Code of Practice for the Care and Use of Animals for Scientific Purpose [16]. As no animals were bred, harmed, culled,

interfered, or interacted with as part of this research project, Animal Ethics Approval was not required for offal use [17].

#### Consent for publication

Not applicable.

#### Competing interests

The authors declare that they have no competing interests.

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