Simultaneous Screening of 177 Drugs of Abuse in Urine Using Ultra-performance Liquid Chromatography with Tandem Mass Spectrometry in Drug-intoxicated Patients

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Objective: The demand for rapid and broad clinical toxicology screening methods to identify drugs of abuse and medicinal drugs is increasing steadily. Liquid chromatography-tandem mass spectrometry (LC-TMS) is increasingly used to screen for drugs of abuse and to identify a wide range of drugs and metabolites in clinical samples. We revised a high-throughput and rapid ultra-performance (UP) LC-TMS method for simultaneous screening of 177 of the most prevalent medicinal drugs and drugs of abuse in urine and validated the quality of performance using system suitability mixture (SSM) and quality control (QC) materials. Methods: We assessed the limits of detection (LOD) using high concentrations of the test substances. The method was applied to 473 urine samples obtained from patients intoxicated with drugs who visited the emergency center.

Results: The retention time, peak area, and total ion chromatogram of the SSM and QC materials were within the acceptance criteria of the pre-defined acceptance interval. The LODs were <62 ng/ml for 12 commonly encountered drugs. In total, 418 patients (88,4%) tested positive for one or more medicinal drugs or drugs of abuse. Twenty-eight drugs were detected over ten times; the most commonly detected were zolpidem, ephedrine, paracetamol, and chlorpheniramine.

Conclusion: The UPLC-TMS method provided excellent performance for simultaneous screening of a large number of the drugs of abuse in urine samples. We conclude that this robust technique is useful for screening for a large number of drugs and for rapid screening of the most commonly encountered substances in emergency cases.

KEY WORDS: Drugs of abuse; Liquid chromatography; Tandem mass spectrometry; Toxicology.

INTRODUCTION

The demand for rapid and broad clinical toxicology screening methods to identify drugs of abuse and medicinal drugs is steadily increasing. This is primarily related to an increasing number of therapeutic drugs and drugs of abuse as well as samples submitted for analysis. Screening for substances is performed using immunoassays, gas chromatography mass spectrometry (GC-MS), liquid chromatography or liquid chromatography mass spectrometry (LC-MS).¹⁻⁵⁾

Immunoassays for screening drugs of abuse are rapid; however, these methods are calibrated at cut-off levels

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that are higher than the detection limit to ensure reliability. Therefore, these methods lack sensitivity and specificity, leading to false-negative results and false-positive screening results.⁶⁾ Automated high performance liquid chromatography system has been a useful complementary technique in the clinical toxicology laboratory.⁷⁾ Only GC-MS can detect a variety of drugs; however, this method involves a laborious and time-consuming chemical derivatization of nonvolatile and polar analytes.^{8,9)}

LC-MS/MS has been increasingly used in clinical toxicology to identify a wide range of drugs and metabolites in clinical samples.¹⁰⁾ The major advantages of the LC-MS/MS technique are ease of sample preparation, that no derivatization required, the short analysis time, and simultaneous screening of analytes with higher sensitivity and selectivity.^{11,12)} In screening of drugs of abuse, LC-MS/MS has demonstrated sufficient validity to replace previous screening methodologies.¹³⁾

Ultra-performance liquid chromatography-tandem mass

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spectrometry (UPLC-TMS) has been used for screening of drugs of abuse and therapeutic drugs in urine, blood, and hair as sample matrices. Urine contains both the drug itself and its metabolites, and in many cases the detection window is longer in urine than in blood. There is an increasing need to broaden the range of drugs that can be screened for simultaneously using a limited sample.

In this study, we revised a high-throughput, rapid and robust UPLC-TMS method that involves simple pretreatment for the simultaneous screening of a large number of drugs of abuse in urine. A total of 177 of the most prevalent medicinal drugs and drugs of abuse was included, and the method was successfully applied to 473 urine samples obtained from patients intoxicated with drugs who visited the emergency center.

METHODS

Materials and Reagents

Urine samples (stored at 4°C until tested) were collected from patients intoxicated with drugs who visited the emergency center in Soonchunhyang University Bucheon Hospital (Bucheon, Korea) between July 2011 and June 2013. All samples were anonymized and subjected to UPLC-TMS analysis within 3 days of collection.

All solvents were LC-MS grade. Methanol and acetonitrile were obtained from Duksan (Ansan, Korea) and formic acid and ammonium acetate were purchased from Sigma-Aldrich (St. Louis, MO, USA). The system suitability mixture (SSM; Sigma-Aldrich) including reserpine, doxepine, doxylamine, colchicine, caffeine, and imipramine was prepared for validation of quality.

SSM was reconstituted to 1 μ g/ml of six compounds in 5 mM ammonium formate (pH 3.0). A 150- μ l aliquot of urine was transferred to an individual 1.5-ml tube. Then, 150 μ l of acetonitrile were added to precipitate the protein. The mixture was mixed using a vortex mixer for 1 min until the sample was thoroughly dissolved and centrifuged at 13,000 rpm for 5 min. The supernatant was diluted fivefold using 400 μ l of LC-MS grade water. Sample aliquots were injected into the UPLC-TMS for analysis.

UPLC-TMS

UPLC was performed on a Waters Acquity[®] UPLC system (Waters Corp., Milford, MA, USA). The autosampler injected 10 μ l of extract into an Acquity[®] UPLC HSS C18 column (2.1×150 mm, 1.8 μ m) maintained at 50°C in a column oven. LC separation of the drugs was performed

using a gradient profile of mobile phase A and B solutions, consisting of 5 mM ammonium formate (pH 3.0) and acetonitrile with 0.1% formic acid (v/v), respectively. The flow rate was 400 μ l/min and running time was 15 min. The gradient program was 13% B increased to 95% B at 400 μ l/min for 15 min. The total instrumental analysis time was 17 min, including column re-equilibration.

TMS was used to detect 177 drugs with a Waters Acquity[®] TQ-Detector (Table 1). At unit mass resolution, the mass analyzer had the following settings: cone voltage, 25-55 V; collision energy, 10-50 eV; source and desolvation temperatures, 150 and 400°C, respectively; and desolvation gas flow, 800 L/h. The analysis was performed in single multiple reaction monitoring (MRM) mode for each compound and was electrospray ionization positive using the transactions: mass to charge ratio (m/z)(MRMs available upon request). Detection was performed using TargetLynx Manager in the Waters MassLynx 4.1 software (Waters Corp., Milford, MA, USA). A single MRM transition (two daughter ions) for each compound in addition to its expected retention time was obtained in the preconfigured TargetLynx method (available upon request). After processing, a list of compounds with peak areas above a pre-defined threshold was reviewed.

Method Validation

1. Quality control

The quality of the performance using 1 μ g/ml SSM was assessed using the following acceptance criteria: a pre-defined retention time acceptance interval of within 0.2 min, peak area of >200 and total ion chromatogram of >1.0×10⁴ for six compounds in each batch. Additionally, quality control (QC) using two levels (negative and positive) of commercially available QC materials (LiquichekTM Qualitative Urine Toxicology Control; Bio-Rad, Hercules, CA, USA) was analyzed in each run; the QC material contains 12 commonly encountered substances.

2. Limits of detection (LOD)

LOD was evaluated using the positive control material, which comprised commercially available drug of abuse QC materials. LOD was determined by twofold serial dilution of the LiquichekTM material with the following minimum criteria: a pre-defined retention time acceptance interval of within 0.2 min, peak area of > 100 and total ion chromatogram of $> 1.0 \times 10^3$ for each analyte. The LOD was defined as the lowest concentration that corresponded to the minimum criteria.

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	Drugs detected		Drugs detected		Drugs detected
1	6-Monoacetylmorphine	60	EDDP	119	Nitrazepam
2	7 amino-clonazepam	61	Ephedrine	120	Norbuprenorphine
3	7 amino-flunitrazepam	62	Estazolam	121	Nordiazepam
4	7 amino-nitrazepam	63	Ethenzamide	122	Norketamine
5	Acebutolol	64	Fenspiride	123	Nortriptyline
6	Acepromazine	65	Fentanyl	120	Olanzapine
7	Alimemazine	66	Flecainide	124	
8	Alprazolam	67	Flumazenil	125	Oxazepam
					Oxcarbazepine
9	Ambroxol	68	Flunitrazepam	127	Oxprenolol
10	Amiodarone	69	Fluoxetine	128	Oxycodone
11	Amisulpride	70	Fluphenazine	129	Paracetamol
12	Amitriptyline	71	Flurazepam	130	Paroxetine
13	Amoxapine	72	Fluvoxamine	131	Phencyclidine
14	Amphetamine	73	Haloperidol	132	Perphenazine
15	Atenolol	74	Heroin	133	Phenacetin
16	Atropine	75	Hydrocodone	134	Pheniramine
17	Benzoylecgonine	76	Hydromorphone	135	Phenylpropanolamine
18	Betaxolol	77	Hydroquinidine	136	Phenytoin
19	Bisoprolol	78	Hydroxy Alprazolam	137	Pindolol
20	Bromazepam	79	Hydroxyzine	138	Piroxicam
21	Brompheniramine	80	Imipramine	139	Prazepam
22	Buflomedil	81	Indomethazin	140	Primidone
23	Bupivacaine	82	Ketamine	140	Procaine
23 24	Buprenorphine	83		141	Promethazine
			Labetalol		
25	Bupropion	84	Lamotrigine	143	Propafenone
26	Caffeine	85	Levomepromazine	144	Propoxyphene
27	Carbamazepine	86	Lidocaine	145	Propranolol
28	Celiprolol	87	Loprazolam	146	Pseudoephedrine
29	Chlordiazepoxide	88	Lorazepam	147	Quetiapine
30	Chloroquine	89	Lormetazepam	148	Quinidine
31	Chlorpheniramine	90	Loxapine	149	Rantitidine
32	Chlorpromazine	91	LSD	150	Reserpine
33	Citalopram	92	Maprotiline	151	Rispéridone
34	Clenbuterol	93	MBDB	152	Salbutamol
35	Clobazam	94	MDA	153	Scopolamine
36	Clomipramine	95	MDEA	154	Sertraline
37	Clonazepam	96	MDMA	155	Sotalol
38	Clonidine	97	Meloxicam	156	Strychnine
39	Clotiazepam	98	Meperidine	157	Sulindac
40	Cloxazolam	99	Meprobamate	158	Sulpiride
40 41	Clozapine	100	Methadone	158	Temazepam
		100			
42 42	Cocaine		Methamphetamine Mathagarbargal	160	Tetracaine
43		102	Methocarbamol	161	Tetrazepam The are builling
44	Colchicine	103	Methyl Clonazepam	162	Theophylline
45	Desalkyl flurazepam	104	Methylphenidate	163	Thioridazine
46	Desipramine	105	Metoclopramide	164	Tianeptine
47	Dextromethorphan	106	Metoprolol	165	Tiapride
48	Dextromoramide	107	Mianserine	166	Tofisopam
49	Diazepam	108	Midazolam	167	Topiramate
50	Dihydrocodeine	109	Milnacipran	168	Tramadol
51	Diltiazem	110	Mirtazapine	169	Trazadone
52	Diphenydramine	111	Molsidomine	170	Triazolam
53	Disopyramide	112	Morphine	171	Trifluoperazine
54	Domperidone	113	Nadolol	172	Trimipramine
55	Doxapram	113	Nalbuphine	172	Tripolidine
		114		173	
56	Doxepine		Nalorphine		Venlafaxine
57 58	Doxylamine	116	Naltrexone	175	Verapamil
<u>הא</u> ר	Droperidol	117	Naproxen	176	Zolpidem

Table 1. The list of 177 drugs detectable using ultra performance liquid chromatography with tandem mass spectrometry

EDDP, 2-ethylidene-1,5-dimethyl-3,3-diphenylpyrrolidine; LSD, lysergic acid diethylamide; MBDB, N-methyl-1,3-benzodioxolylbutanamine; MDA, 3,4-methylenedioxy-N-ethylamphetamine; MDMA, 3,4-methylenedioxy-N-methylamphetamine.

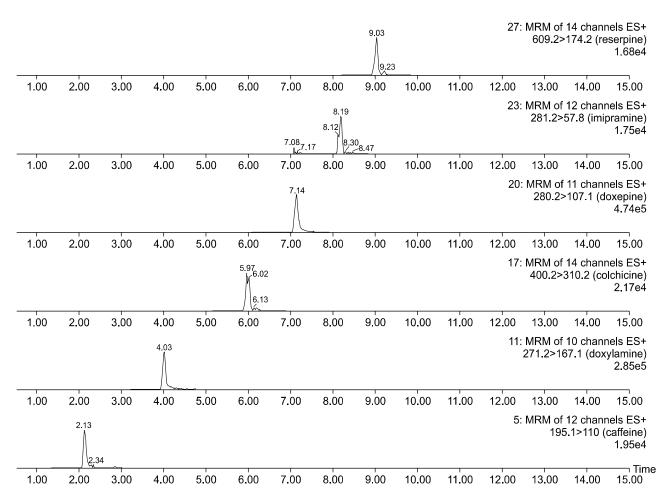


Fig. 1. Chromatograms of the system suitability mixture, which included caffeine, doxylamine, colchicine, doxepine, imipramine, and reserpine, as generated by ultra-performance liquid chromatography-tandem mass spectrometry. ES+, electrospray ionization positive mode.

 Distribution of drugs detected in 473 drug-intoxicated patients

Drug intoxication screening using the UPLC-TMS method was performed in 473 patients who were suspected of drug intoxication and who visited the emergency center from July 2011 to June 2013. The number of patients with a confirmed diagnosis of drug intoxication and the characteristics of the drugs detected were investigated. The study was approved by the institutional review board of Soonchunhyang University Bucheon Hospital (IRB 2013-10-030).

RESULTS

SSM and Screened Drug UPLC-TMS Chromatograms

Six isolated peaks were separated chromatographically. Excellent peak shapes were observed for SSM, including caffeine, doxylamine, colchicine, doxepine, imipramine, and reserpine (Fig. 1). The retention times were 2.13, 4.03, 6.00, 7.14, 8.19, and 9.03 min, respectively.

The single MRM transition for each compound in addition to its expected retention time was provided in the preconfigured method for screening purposes. After processing, a list of compounds with peak areas above a pre-defined threshold was viewed (Fig. 2).

UPLC-TMS Performance Validation

The retention time, peak area, and total ion chromatogram of the SSM were within the acceptance criteria of the pre-defined acceptance interval. Additionally, the reproducibility tests using negative and positive QC materials showed results consistent with the target values for all analytes.

The LODs determined were <62 ng/ml for 12 commonly encountered drugs from the QC material. The LODs of MDMA (3,4-methylenedioxy-N-methylamphe-

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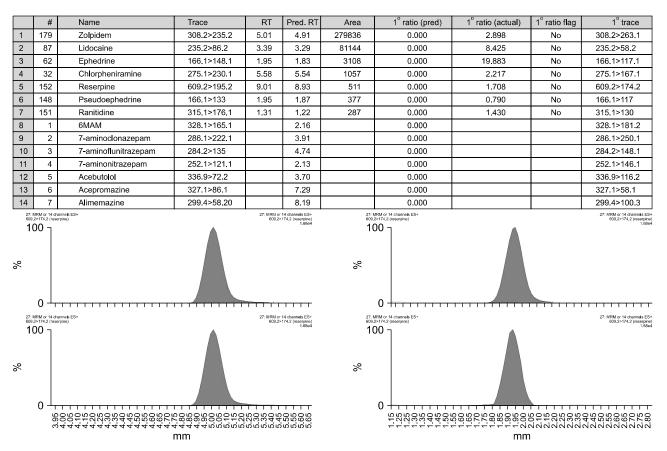


Fig. 2. Drugs with peak areas above a pre-defined (Pred.) threshold and chromatograms of the identified substances (i.e. zolpidem). RT, retention time.

Table 2	. Limits of	detection	for th	ne 12	commonly	encountered	drugs	contained	in th	ne quality	control materials
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	Assigned concentration (ng/ml)	Peak area (serial dilution of positive control material)									
Drug		No dilution	2-fold	4-fold	8-fold	16-fold	32-fold	64-fold	128-fold	detection (ng/ml)	
Benzoylecgonine	4,000	220,565	10,9881	57,495	28,707	14,213	6,806	3,745	1,950	<31	
Morphine	3,000	5,430	3,744	2,266	1,455	940	376	136	48	<24	
Nordiazepam	3,000	17,961	9,923	6,521	2,802	1,773	449	390	44	<24	
Amphetamine	2,000	50,095	31,344	19,063	9,904	4,824	2,352	1,080	995	< 16	
Methamphetamine	2,000	161,765	82,626	43,463	22,618	10,641	5,240	2,695	1,456	< 16	
Nortriptyline	2,000	22,560	9,642	3,969	1,895	602	83	ND	ND	62	
Oxazepam	1,000	4,531	2,432	847	521	216	78	ND	ND	31	
3,4-methylenedioxy- methamphetamine	750	26,949	13,746	6,291	3,630	1,566	937	324	234	<6	
Methadone	750	52,380	22,869	9,701	4,840	2,266	787	202	96	6	
Propoxyphene	750	48,875	21,026	10,820	5,396	2,382	956	152	56	6	
Phencyclidine	250	1,957	952	445	57	84	ND	ND	ND	16	
Oxycodone	150	902	596	218	101	ND	ND	ND	ND	19	

ND, not detected.

tamine), methadone and propoxyphene were < 6, 6, and 6 ng/ml, respectively (Table 2).

In total, 473 urine samples from the emergency center were analyzed by UPLC-TMS. A total of 418 patients

(88.4%) tested positive for one or more medicinal drugs or drugs of abuse. Twenty-eight drugs were detected at least ten times; the drugs detected most commonly were zolpidem (hypnotics, 21.4%), ephedrine (sympathomimetic

Table 3. Distribution of the drugs detected most commonly in theurine of 473 drug-intoxicated patients who visited the emergencycenter

Drug	Detected, n (%)
Zolpidem	101 (21.4)
Ephedrine	88 (18.6)
Paracetamol	86 (18.2)
Chlorpheniramine	79 (16.7)
Ranitidine	69 (14.6)
Caffeine	66 (14.0)
Tramadol	55 (11.6)
Trazadone	38 (8.0)
Diphenhydramine	33 (7.0)
Metoclopramide	32 (6.8)
Citalopram	28 (5.9)
Doxylamine	28 (5.9)
Phenylpropanolamine	25 (5.3)
Quetiapine	23 (4.9)
Venlafaxine	19 (4.0)
Domperidone	18 (3.8)
7-amino-clonazepam	17 (3.6)
Atropine	17 (3.6)
Sulpiride	17 (3.6)
Topiramate	16 (3.4)
Fluoxetine	15 (3.2)
7-amino-flunitrazepam	14 (3.0)
Atenolol	14 (3.0)
Propanolol	14 (3.0)
Nortriptyline	13 (2.7)
Alprazolam	12 (2.5)
Ambroxol	11 (2.3)

amine, 18.6%), paracetamol (analgesics, 18.2%) and chlorpheniramine (antihistamine, 16.7%) (Table 3).

DISCUSSION

It is clear that clinical laboratories are moving more towards MS-based technology for broad screening of abused drugs and other toxicants. In this study, we established a revised high-throughput UPLC-TMS method for simultaneous screening of drugs most often identified and other toxicants in urine samples detected at the emergency center. This method was validated and was selective, rapid, and robust and showed no compromise of the separation of otherwise interfering peaks.

This method was based on data acquisition associated with targeted MRM screening.¹⁴⁾ The MRM method can be compromised either by the number of analytes that can be simultaneously screened, or by the analysis time. However, the acquisition method in this study was arranged into 30 time windows over the chromatographic elution range and could evaluate large panels of analytes within a short time, resulting in improved data efficiency and a number of data points sufficient for peak characterization. The overall cycle time for comprehensive screening was reduced significantly, greatly increasing throughput.

The SSM was used to verify that the method was performing as expected prior to acquiring sample data. The data were obtained by injecting a SSM containing a combination of substances that eluted across the entire chromatographic run.

The LODs showed that each analyte could be measured with acceptable accuracy. The methods had high sensitivity for screening low concentrations of drugs (6 ng/ml) in urine. The majority of immunochromatographic methods shows much higher cut-off values of 300-1,000 ng/ml. Therefore, UPLC-TMS is highly recommended for detection of low concentrations of drugs in urine.

Additionally, the reproducibility tests using negative and positive QC materials showed results consistent with the target values for all analytes; moreover, these data were in agreement with those reported by the manufacturers.

A total of 473 clinical urine samples from the emergency center were analyzed using UPLC-TMS. Most of the drug intoxicated patients intended to manage uncontrollable pain or commit suicide; therefore, they were admitted to the emergency center with loss of consciousness. A rapid screening of a broad range of drugs is commonly used as the initial work-up to identify the reason for the loss of consciousness. In this study, 418 patients (88.4%) tested positive for one or more medicinal drugs or drugs of abuse. Twenty-eight drugs were detected at least 10 times; the drugs detected most commonly were zolpidem, ephedrine, paracetamol, and chlorpheniramine. As seen in other studies, nicotine, caffeine, and lidocaine were commonly encountered during screening for drugs of abuse. Interestingly, theophylline was detected frequently, likely due to it being metabolized by the liver from caffeine.

The major limitation of this method is that the method do not use internal standard and just use the peak area of drug only (not drug and internal standard ratio). Even though the method is qualitative (semi-quantitative) method, sensitivity of mass spectrometry is very vulnerable to matrix effect and the instrument condition. This may cause the errors in the analysis. And the validation of the study was just limited to only 6 drugs for UPLC condition (peak shape and retention time) and only 12 drugs of LOD validation. Therefore most of other drugs (among 177 drugs) were not validated in the study.

Here, the revised and rapid UPLC-TMS method showed excellent performance for the simultaneous screen-

ing of drugs of abuse in urine samples. Sample preparation was simple and the ability to simultaneously detect a large number of the drugs encountered most commonly significantly enables high throughput, and shortens runtimes. We concluded that this method is a highly specific, reliable and robust technique to screen for a large number of drugs simultaneously and is thus preferred for rapid screening of the substances commonly encountered in emergency cases.

Acknowledgments -

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