

# Two separate nodules of Merkel cell carcinoma occurring concomitantly on one cheek

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Merkel cell carcinoma (MCC) is a rare and highly aggressive neuroectodermal carcinoma arising from mechanoreceptor Merkel cells. Multiple MCCs are even rarer. We report a case of two independent MCCs simultaneously present in the cheek of a patient, which were effectively and esthetically treated using a cheek flap. Punch biopsy performed in a 60-year-old woman admitted with a chief complaint of two skin-colored hard nodules in her left cheek, accompanied by an itching sensation, was suggestive of MCC. Accordingly, we performed sentinel lymph node biopsy through the modified Blair incision under general anesthesia, in cooperation with the head and neck surgery department. The defect was covered with a cheek flap by slightly extending the existing incision following wide excision with a safety margin of 1 cm. This paper is significant in that it introduces an effective reconstruction technique that maintains function using a cheek flap for the management of this rare case. In addition, this paper is the first to classify multiple MCCs according to the time of onset. We believe that this paper presents an effective alternative reconstruction technique with sentinel node biopsy through the modified Blair incision.

**Keywords:** Carcinoma, Merkel cell / Cheek / Surgical flaps

## INTRODUCTION

Merkel cell carcinoma (MCC) is a rare and highly aggressive neuroectodermal carcinoma that arises from mechanoreceptor Merkel cells [1]. It was first characterized as a distinct clinical entity in 1972 and was reported to have an annual incidence of 0.6 per 100,000 population, which has been increasing by 8% yearly [2,3]. The major risk factors include polyomavirus infection, immunosuppression, and ultraviolet (UV) radiation exposure. In 81% of the cases, MCC is found in areas of UV-exposed skin. Among such cases, 36% are found in the head and neck region, with the cheeks being the most common location [4]. MCC is rare, and cases of multiple MCCs in the same person

are even rarer [5,6]. We report the case of two independent but synchronous MCCs in the left cheek of a patient, which were effectively and esthetically treated using a cheek flap.

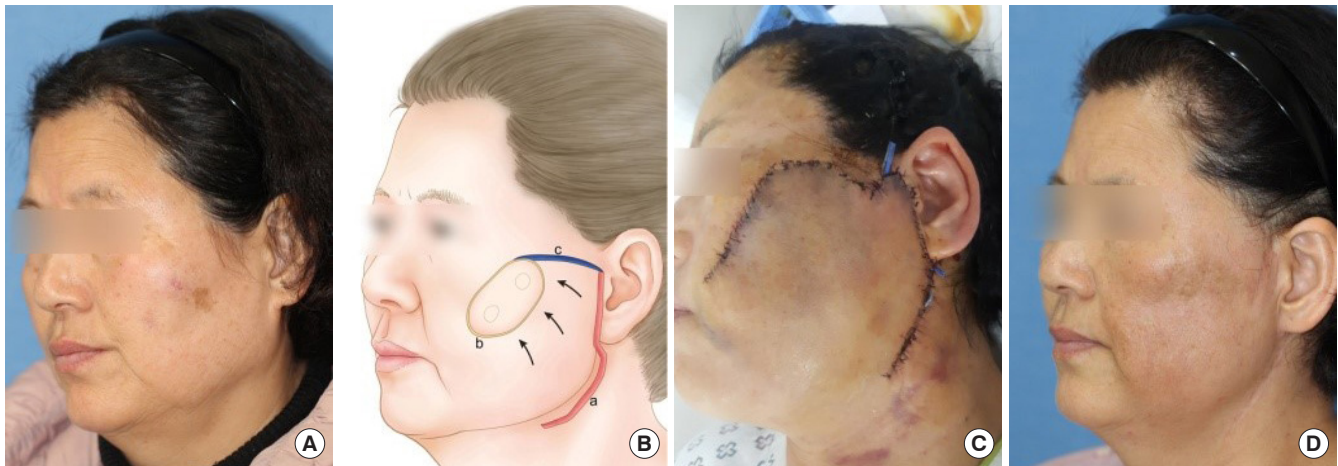
## CASE REPORT

A 60-year-old woman with no underlying disease discovered two skin-colored hard, pruritic nodules, approximately 1 cm in size, in her left cheek 3 weeks before hospitalization. Punch biopsy performed following her visit to the department of dermatology revealed pathological findings of MCC, which led to consultation with the department of plastic surgery. No regional lymphadenopathy was observed. Enhanced computed tomography (CT) and positron emission tomography (PET) CT of the head, neck, and chest areas to detect regional or distant metastasis revealed no suspicious findings. The two nodules appeared similar on a photograph (Fig. 1A) and PET CT image.

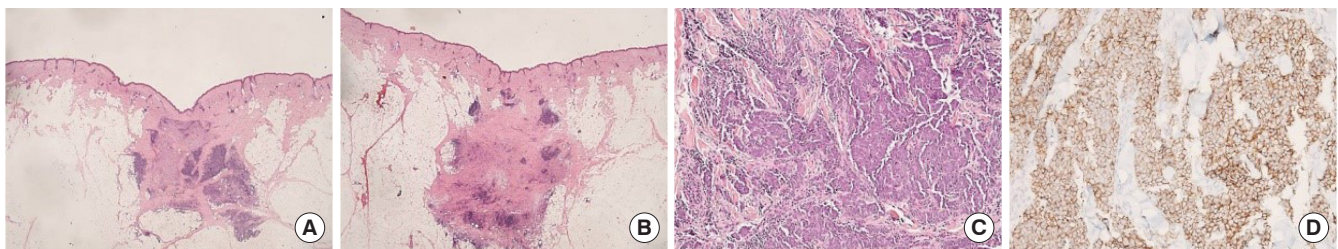
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**Fig. 1.** (A) Preoperative photograph. (B) The 5×2.5 cm sized cheek skin defect. After wide excision (b) was covered by elevating a lateral-based cheek flap through a small additional incision (c) added to the modified Blair incision (a). (C) Postoperative 1 day and (D) postoperative 7 months.



**Fig. 2.** Histologic findings of mass 1 (A) and mass 2 (B) (H&E, ×10). (C) Monotonous tumor cells are infiltrated in dermis (H&E, ×100) and (D) they are CD56 positive (immunohistochemistry, ×100).

The patient was admitted 1 day before surgery and underwent preoperative lymphoscintigraphy. Surgery was performed under general anesthesia in cooperation with the head and neck surgery department. First, a modified Blair incision for left partial parotidectomy and sentinel lymph node biopsy was made by the head and neck surgeon. The findings from frozen-section histological examination indicated no tumor. Subsequently, we performed wide excision with a 1-cm safety margin for the two nodular lesions. Frozen-section examination revealed MCCs in both nodules. All resected margins were clear. For the skin defect (5×2.5 cm<sup>2</sup> in size), the modified Blair incision made by the head and neck surgeon was extended to cover the defect with a laterally based cheek flap elevation (Fig. 1B and C).

Postoperative permanent pathological findings indicated MCCs in both lesions (Fig. 2). The patient was discharged 10 days postoperatively, without complications, such as hematoma, seroma, and nerve injury, except slight skin necrosis distal to the flap. Two months postoperatively, adjuvant radiation therapy (total 56 Gy, 28 fractions) was initiated. Scarring because of the therapy was observed at 7 months postoperatively, but it was nearly invisible (Fig. 1D). The patient is still undergoing

regular follow-up, and no findings of local recurrence or metastasis were observed 3 years postoperatively.

## DISCUSSION

MCC is a rare, aggressive cancer with a local recurrence rate of 35% to 40% and an overall 3-year survival rate of 50% [7]. Except for multiple MCCs arising from local recurrence, multiple MCCs (cutaneous neuroendocrine carcinomas) in the same person can be divided into five types according to the time of onset: metachronous metastatic MCCs [6,8]; spontaneous multiple metastatic MCCs [9,10]; in-transit metastatic MCCs [6,11]; metachronous primary MCCs [6,12]; and spontaneous multiple primary MCCs [13].

Metachronous metastatic MCC is a primary MCC with distant metastasis. The prevalence of distant metastasis in MCC cases is approximately 6% to 7% [14]. Among such cases, the proportion of cases with the skin being the metastatic site is approximately 35% [15]. Primary and subsequent metastatic MCCs are found in 2% to 2.5% of all MCC cases.

Spontaneous multiple metastatic MCCs refer to multiple skin

lesions due to cutaneous metastasis of primary neuroendocrine carcinoma occurring in the pancreatic and gastrointestinal tissues and are very rare, such that only a few cases have been reported so far [9,10].

In-transit metastatic MCCs are uncommon, accounting for only 4% of all MCCs, and represent a regional condition that occurs in close spatial proximity to and independent of lymphatic metastases between the primary tumor site and a regional nodal basin. Although they may synchronously present with a solitary or primary lesion, they commonly appear as metachronous multiple nodules after primary tumor resection and mostly have poor outcomes [11].

Metachronous primary MCCs are “second primary” MCCs that develop after the onset of an existing primary MCC. They are differentiated from metastatic MCCs on the basis of genetic differences determined through genome analysis [6,12].

Finally, spontaneous multiple primary MCCs refer to the simultaneous occurrence of different types of primary MCCs and are rarely reported. They must be differentiated from the in-transit metastatic MCCs or spontaneous multiple metastatic MCCs by genetic study or cancer screening [13].

In our case, the skin lesions occurred in close proximity to each other (2–3 cm), but both lesions were discovered simultaneously. Moreover, the patient showed a good prognosis with no local recurrence or regional lymph node or distant metastasis during the 3-year follow-up. Therefore, even if the lesions were synchronous, they might have a slight difference in the time of onset, and the likelihood of the lesions being in-transit metastases with poor prognosis was low. As visceral neuroendocrine carcinoma was not found, multiple distant metastasis could be dismissed as well. Accordingly, a diagnosis of two stage I primary MCCs occurring spontaneously was likely. However, one limitation of the report is that genetic study was not performed to obtain a more accurate diagnosis.

The optimal treatment for MCC is controversial. As the incidence of regional lymphatic basin metastases can reach up to 50%–70%, some surgeons prefer prophylactic lymph node dissection with or without radiotherapy, which can reduce the regional failure rate to 20% but is associated with considerable morbidity. Consequently, the sentinel node technique, which can enable optimal regional control and reduce the number of unnecessary dissections, is being widely used today [16]. The sentinel node technique is performed at our hospital, in cooperation with the head and neck surgery department. For cases of skin cancer, the head and neck department prefer the modified Blair incision for dissection of the parotid and adjacent lymph nodes because of the advantages of a less prominent scar and lower likelihood of transection of the greater auricular

nerve [17].

For cheek defects, reconstruction using local or regional flaps with tissue from adjacent units is preferable [18]. However, when a moderate-to-large defect is created because of a wide excision, as in cases involving MCC, reconstruction using a skin graft may also be performed. A local or regional flap can retain skin color and uniformity of texture better than a skin graft, and it has not been associated with minor or complete graft loss caused by postoperative radiotherapy and pain or scar in the graft donor site [19]. Accordingly, it may be viewed as an esthetic method with maintenance of function but has the disadvantage of leaving an additional scar from the additional incision. However, with the modified Blair incision for sentinel node biopsy, which starts from the preauricular crease and courses around the ear lobule into an upper neck crease, as in our case, additional incision for cheek rotation advancement flap may be minimal. Moderate defects, which are approximately  $5 \times 2.5 \text{ cm}^2$  in size, can be covered without extending the incision below the upper neck crease. For larger defects, successful reconstruction could be achieved by extending the incision down to the neck or chest, as in cases of skin cancer in old age [20].

In summary, we performed esthetic reconstruction with maintenance of function using a cheek flap in a rare case of two synchronous MCCs occurring in close proximity to each other. To the best of our knowledge, this paper is the first to classify multiple MCCs according to the time of onset. We also believe that this paper presents an effective alternative reconstruction technique with sentinel node biopsy through a modified Blair incision.

## NOTES

### Conflict of interest

No potential conflict of interest relevant to this article was reported.

### Ethical approval

The study performed in accordance with the principles of the Declaration of Helsinki. Written informed consent was obtained.

### Patient consent

The patient provided written informed consent for the publication and the use of her images.

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