

# Gd<sup>n<sup>3+</sup></sup>@CNTs-PEG versus Gadovist<sup>®</sup>: In Vitro Assay

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## ABSTRACT

*Objectives:* Carbon nanotubes (CNTs) are allotropes of carbon with a length-todiameter ratio greater than 10<sup>6</sup> with the potential uses as medical diagnostic or therapeutic agents. In vitro studies have revealed that gadolinium (Gd) nanoparticlecatalyzed single-walled carbon nanotubes (SWCNTs) possess superparamagnetic properties, which enable them to be used as contrast agents in magnetic resonance imaging (MRI). Our study synthesized Gd-CNT for use as MRI contrast agents. *Methods*: To reduce the toxicity and solubility of CNTs, it was functionalized, and after loading with Gd was coated with polyethylene glycols (PEG). We then synthesized different concentrations of Gd<sub>n</sub><sup>3+</sup>@CNTs-PEG and Gadovist<sup>\*</sup> to be evaluated as MRI contrast agents. *Results:* The analysis showed that the Gd concentration in Gadovist<sup>\*</sup> was 12.18% higher than synthesized Gd<sub>n</sub><sup>3+</sup>@CNTs-PEG, but the mean signal intensity of the Gd<sub>n</sub><sup>3+</sup>@CNTs-PEG was approximately 3.3% times higher than Gadovist<sup>\*</sup>. *Conclusions:* Our findings indicate that synthesized Gd<sub>n</sub><sup>3+</sup>@CNTs-PEG has the potential to be used as an MRI contrast agent in vitro, but in vivo assessment is necessary to determine the bio-distribution, kinetic, and signal enhancement characteristics.

agnetic resonance imaging (MRI) is widely used as a powerful diagnostic tool in medical research due to its excellent temporal and spatial resolution, the absence of ionizing radiation, fast image acquisition, and deep penetration in tissues.<sup>1,2</sup> This modality depends on the hydrogen relaxation times in water molecules,<sup>3</sup> which simultaneously provides anatomic, functional, and molecular information. In addition to ongoing growth in the application of MRI in routine clinical practice and molecular imaging, there have been few reports on the application of MRI to visualize carbon nanotubes (CNT) due to their poor contrast.<sup>4</sup>

Contrast agents are used in most MRI diagnosis to enhance the signal level and improve tissue contrast.<sup>5</sup> Gadolinium (Gd) ions due to their physical properties such as large magnetic moment, relative long electron spin relaxation time, and high relaxivity compared to other paramagnetic metal ions,<sup>5</sup> are the most used contrast agents clinically in the form of paramagnetic Gd chelates such as Gd-DTPA (Magnevist<sup>®</sup>), Gd-DOTA (Dotarem<sup>®</sup>), Gd-HP-DO3A (ProHance<sup>®</sup>), and Gd-BOPTA (Multihance<sup>®</sup>). They generally increase signal intensity by decreasing the longitudinal relaxation time of surrounding water protons.<sup>6</sup> Paramagnetic gadolinium (Gd3þ) metal ion-based complexes are also used clinically as T1 relaxation agents, and the capability of Gd3þ-containing CNT as MRI contrast agents has been assessed.<sup>7–10</sup>

Recently, CNT have been focused as agents for drug delivery, therapeutic, and diagnostic modalities.<sup>11-15</sup> In the last two decades, singlewalled carbon nanotubes (SWCNT) have gained enormous attention in biomedical research.<sup>16,17</sup> Their structure enables them to be the choice for nanoscale confinement, external surface functionalization to be biocompatible for biological targeting, and multifunctional drug delivery agents.<sup>18–23</sup>

In this study, SWCNTs were functionalized, PE (polyethylene) gylated and loaded with Gd to enhance image contrast and the results were compared with commercial contrast agent Gadovist<sup>®</sup>.

#### **METHODS**

SWCNT (outer diameter 1–2 nm, and length of 5–30  $\mu$ m, US Research Nanomaterials Inc.) were oxidized according to the previously reported procedure.<sup>24</sup> SWCNTs 1.00 g was added to a 15 mL mixture of sulfuric acid and nitric acid (3:1 v/v) in a balloon and was bath-sonicated for 30 minutes (Pars Nahand Eng. Co., Tehran, Iran). It was then refluxed for 21 hours at 120 °C, cooled and diluted with double distilled water (1 L), filtered and washed with deionized was dried using an electric oven.

Oxidized SWCNT were loaded with gadolinium chloride  $(GdCl_3)$  by mixing 0.84 mg of oxidized SWCNT (O-SWCNT) and 0.84 mg of GdCl\_3.6H\_2O (REacton W, 99.9%) rigorously in 25 ml deionized water followed by bath-sonication (Pars Nahand Eng. Co., Tehran, Iran) for one hour. The mixture was placed overnight at room temperature undisturbed to flocculate Gd<sup>3+</sup>-loaded oxidized CNT (Gd<sub>n</sub><sup>3+</sup>@CNTs) from the mix, and the supernatant was gently decanted. Any remaining sediment was dispersed in deionized water using a bath sonicator, and the previous step was repeated to remove any unabsorbed GdCl<sub>3</sub>. This procedure was repeated three times, and the product was dried in an electric oven.

To PEGylate the product, 89.00 mg of  $Gd_n^{3+}$  @ CNTs mixed with 1500.00 mg polyethylene glycol (PEG) bis (3-aminopropyl) terminated Mn~1500 (Sigma-Aldrich, Missouri, USA) and the mixture was stirred at a temperature of 120 °C under a gentle nitrogen purge for one week. The product was dialyzed against water with a dialysis bag (~14KDa cut-off) for three days after the free PEG was removed completely. The remaining product in dialysis bag was centrifuged at 14000 rpm for 15 minutes three-times to remove large nanotube bundles and the supernatant was freeze-dried [Figure 1].



**Figure 1:** Synthesized Gd-CNT and  $Gd_n^{3+}$ @CNTs-PEG.

Transmission electron microscopy (TEM)<sup>1</sup> (LEO 906E, Carl Zeiss, Germany) and dynamic light scattering (DLS)<sup>2</sup> (Malvern Instruments, Malvern, UK) were performed to gather the size and morphology information of the final product.

Inductively coupled plasma (ICP)<sup>3</sup> (Agilent Series 4500; Agilent, Santa Clara, USA) analysis was performed to determine the Gd content in the final product in PEGylated and non-PEGylated forms. The product was digested with nitric acid (a strong oxidizing agent) to prepare the samples.

Finally, the solutions were poured into identical vials at different known concentrations for MRI, which was performed using a 1.5T clinical MRI Scanner (GE Healthcare, USA) at 27 °C.

#### RESULTS

The imaging parameters are given in Table 1 and applied spin echo sequence and quadknee<sup>®</sup> coil. After completing the imaging procedure, the obtained

Table 1: Magnetic resonance imaging scan	
parameters.	

Imaging parameters	Measurements
Time of repetition	200.0 ms
Time of echo	2.6 ms
Field of view	$16 \times 16 \text{ cm}^2$
Matrix size	$384 \times 192 \text{ mm}^3$
Number of excitation	1.0
Slice thickness	2.0 mm
Spacing	0.2 mm



	11			
Sample	Vial number	Concentration, mg/mL	Concentration, %	Signal intensity
Gd <sup>3+</sup> @CNTs-PEG	1	0.11	6.3	274.74
-	2	0.05	12.5	345.59
	3	0.02	25.0	400.07
	4	0.01	50.0	367.20
	5	0.00	100	0
Gd-CNT	1	0.05	6.3	320.49
	2	0.11	12.5	308.92
	3	0.22	25.0	356.00
	4	0.44	50.0	365.64
	5	0.88	100	385.62
Gadovist®	1	0.00	0.001	247.85
	2	0.01	0.01	334.53
	3	0.15	0.1	443.49
	4	1.57	1.0	432.42
	5	9.81	6.3	150.52
	6	19.62	12.5	0*
	7	21.16	25.0	0*
	8	39.25	50.0	0*
	9	78.50	100	0*

Table 2: Concentrations of Gd <sup>3+</sup> CNTs-PEG, Gd-CNT, Gadovist, and signal intensity.

\*The value is due to high gadolinium (Gd) concentration in vials.

images were analyzed off-line using the software available on the MRI unit.

The T1-W images and quantitative signal intensity of  $Gd_n^{3+}$ @CNTs-PEG, Gd-CNT and Gadovist<sup>®</sup> samples with different Gd concentrations were demonstrated in Figure 2 and Table 2. The



**Figure 2:** Signal intensity versus concentration of gadolinium

signal intensities of vials with corresponded Gd concentrations, which were serially diluted, were recorded after image acquisition and analysis.

We loaded Gd on PEGylated SWCNT. The relaxivity of Gd-based contrast agents is partly dependent on the number of Gd per nano-carrier and their exchange rate with surrounding water protons.<sup>25</sup> The relaxivity of the synthesized  $Gd_n^{3+}$ @CNTs-PEG, Gd-CNT, and commercial contrast agent, Gadovist<sup>®</sup> are given in Figure 3.

The size of particles was identified by DLS and TEM and are shown in Figure 4 and Figure 5, respectively.

Results of ICP analysis revealed that the  $Gd_n^{3+}$  content of  $Gd_n^{3+}$ -CNTs and  $Gd_n^{3+}$ @CNTs-PEG is 2.1% and 0.031% (w/w), respectively, and no free Gd ion was detected in the sample eventually. MRI of the vials obtained using a 1.5T MR scanner (GE, Healthcare, USA) and a standard quadknee<sup>®</sup> coil [Figure 6].

Figure 2 demonstrates the signal intensity of Gadovist<sup>®</sup> and Gd<sub>n</sub><sup>3+</sup>@CNTs-PEG with the same protocol and a similar percentage concentrations (100%, 50.0%, 25.0%, 12.5%, and 6.3%).

After analyzing images obtained from each vial, the signal intensity was plotted versus Gd concentration [Figure 7].



Figure 3: Relaxivity curves of (a) Gd<sub>n</sub><sup>3+</sup>@CNTs-PEG, (b) Gd-CNT, and (c) Gadovist<sup>\*</sup>.



**Figure 4:** DLS results of (a) Gd-CNT, (b)  $Gd_n^{3+}$ @CNTs-PEG, and (c) filtered-  $Gd_n^{3+}$ @CNTs-PEG.





**Figure 5:** Transmission electron microscopy images of (a) raw CNT, (b) oxidized CNT, (c) Gd-CNT, and (d)  $Gd_n^{3+}$ @CNTs-PEG.



Figure 6: (a) Vials and (b) magnetic resonance imaging scanner.

## DISCUSSION

We oxidized SWCNT in harsh acidic conditions and loaded them with  $Gd_n^{3+}$ . Oxidization was performed with a mixture of nitric and sulfuric acid (1:3). This procedure removes any impurity (metal catalysts)

and produces open end terminals in the structure and sidewall defects stabilized by -COOH and -OH groups.<sup>26–28</sup> These hydrophilic holes are appropriate for accumulating Gd<sup>3+</sup> (hydrophilic metallic ions) at the surface or inner side of the CNT<sup>28–30</sup>;



**Figure 7:** Mean signal intensity versus concentration for (a)  $Gd_n^{3+} @CNTs-PEG$ , (b) Gd-CNT, and (c) Gadovist<sup>\*</sup>.

besides, the -COOH group might be coupled to biochemical or chemical groups.<sup>28,30,31</sup> CNTs have a rigid structure and are insoluble in any solvents, and solubilization of CNT with chemical functionalization has been studied briefly.<sup>12,27,32,33</sup> Among hydrophilic polymers, PEG is attractive for use with CNT as it is biocompatible, nontoxic, stable, and low immunogenicity.<sup>12,31,33,34</sup> Gd<sup>3+</sup>-CNT was functionalized using PEG-1500N (Gd<sub>3</sub><sup>3+</sup>-CNT-PEG). The attachment of PEG with Gd,3+-CNT was performed via a thermal reaction and zwitterion interaction between oxidized CNT carboxylic groups and terminated amines in PEG.<sup>31</sup> The Gd\_<sup>3+</sup>-CNT-PEG solution had more stability than Gd<sup>3+</sup>-CNT in phosphate buffered saline. The Gd\_3+-CNT-PEG remained homogeneous in an observation time of two months while in the Gd<sup>3+</sup>-CNT black precipitation was observed after a few days. In oxidized SWCNT, a weight loss was observed at 470 °C, which might be due to thermally unstable functional groups (e.g., -OH and COOH on SWCNT) formed during oxidation. These findings show that PEG chains have successfully covered the SWCNT surfaces.<sup>35</sup>

Gd chelates shorten T1 relaxation times and therefore lead to higher signal intensity on T1-W images. In fact, beyond a certain concentration (depending on pulse sequence), the signal intensity starts to decrease with increased Gd concentration. The main reason for the unexpected relationship between Gd concentration and MRI signal intensity is that Gd contrast agents shorten not only T1 but also T2 relaxation times. At high concentrations of Gd chelate, T2 shortening is substantial enough to cause signal loss, overcoming the effect of T1 shortening.<sup>36</sup> At low concentrations where T1 effects dominate, the signal intensity increases nonlinearly with concentration. However, above a certain concentration (depending on the characteristics of the pulse sequence), the T2 effects become more important and lead to signal loss.<sup>36</sup>

According to the findings, increasing the concentrations of Gd in contrast agent results to increased signal intensity in T1-W images; but above a certain Gd concentration, the reverse phenomena



(signal reduction) is observed. Gadovist<sup>®</sup> was diluted as recommended by the company,<sup>37</sup> and was poured into the vials as for  $Gd_n^{3+}$ @CNTs-PEG and Gd-CNT for imaging phase. Comparing the obtained T1-W images from different vials at considered concentrations, we observed that the signal intensity of the  $Gd_n^{3+}$ @CNTs-PEG with Gd concentration of 0.01 mg/mL was comparable with the Gadovist<sup>®</sup> with a concentration of 0.01 mg/mL.

However, Gd concentration in Gadovist<sup>®</sup> was 12.2% higher than  $Gd_n^{3+}@CNTs$ -PEG, but the signal intensity of the  $Gd_n^{3+}@CNTs$ -PEG was approximately 3.3% times greater than Gadovist<sup>®</sup>. It suggests a potentially higher imaging ability in  $Gd_n^{3+}@CNTs$ -PEG than Gadovist<sup>®</sup> at the same Gd concentration, which could increase the sensitivity of MRI and early diagnosis of tumors. Our findings are in agreement with another study that showed a better imaging potential in  $Gd_n^{3+}@CNTs$ -PEG compared to Magnevist<sup>®</sup> (another Gd-based contrast agent). The synthesized  $Gd_n^{3+}@CNTs$ -PEG led to a much higher contrast and better image quality.<sup>35</sup>

The most important criteria for optimization diagnostic efficacy and patient safety are relaxivity and stability of contrast agents.<sup>38</sup>

The first contrast agent approved for in vivo usage was Gd-DTPA (Magnevist<sup>®</sup>), which is still among the most frequently used contrast agents.<sup>39</sup> Relaxivity of Gadovist<sup>®</sup> and Magnevist<sup>®</sup> are 5.2 and 4.1 L/mmol/s at 1.5 Tesla scanner (r1 in plasma at 37 °C), respectively.<sup>40</sup> There are two structural classes of Gd chelate complexes: macrocyclic and linear. Macrocyclic structures impart added strength compared to a linear structure. Gadovist® and Magnevist<sup>®</sup> have a macrocyclic structure and linear structure, respectively.<sup>40</sup> The higher signal seen with higher-relaxivity agents affords the potential for contrast agents to be used at lower doses in patients at risk of developing NSF.<sup>4,41-46</sup> Besides, stability is an important consideration because the Gd<sup>3+</sup> is toxic and the ability of a ligand to bind tightly to the Gd ion is an important safety consideration.47

The authors of another study concluded that Gd<sup>3+</sup>n-US-tube species are linear super paramagnetic molecular magnets with MRI efficacies 40–90 times higher than any current Gd<sup>3+</sup>-based contrast agent in clinical usage.<sup>8</sup> The results of this study and ours are not exactly comparable as they used Magnevist<sup>®</sup> while we used Gadovist<sup>®</sup>, but the efficacy of our synthesized

 $Gd_n^{3+}$ @CNTs-PEG was better than Gadovist<sup>®</sup>. Nevertheless, it seems that gadonanotube can be used as a new high-performance MRI contrast agent and, compared to other commercial gadolinium-based contrast agents, is safe and produce higher signal intensity.

#### CONCLUSION

Superparamagnetic  $Gd_n^{3+}$ @CNTs-PEG displayed highly significant MRI positive contrast enhancement. In vitro MRI studies showed that gadonanotube enhanced signal intensity in T1-W images, therefore suggesting the potential application as MRI contrast agents. The amount of Gd chelates loaded on nanotubes is much lower than commercial contrast agents, but the relaxivity of Gd-CNT is higher and, as a result, we observed an enhancement of signal intensity in T1-W images. Although the Gd concentration in Gadovist<sup>®</sup> is higher the signal intensity of the Gd  $^{3+}$ CNTs-PEG was approximately 3.3% times greater. As there is a difference of Gd ion concentrations in Gadovist<sup>®</sup> and synthesized Gd\_<sup>3+</sup>@CNTs-PEG, we were unable to use same concentrations of the Gd ion in the two contrast agents, and we used different dilations to get the optimized image. Further studies are needed to compare the bio-distribution and kinetics of such complexes in vivo.

#### Disclosure

The authors declared no conflicts of interest. No funding was received for this work.

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