

STATE-OF-THE-ART REVIEW

Genetics and Pharmacogenetics of Atrial Fibrillation



A Mechanistic Perspective

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HIGHLIGHTS

- The diversity of genes and biological pathways involved in AF pathogenesis and variability in individual response to treatment highlights the need for a personalized approach for AF management. Over the past decade, GWAS have identified more than 140 AF-associated loci, and family-based studies have identified rare variants in genes encoding ion channel as well as non-ion channel proteins.
- This review discusses studies that have provided novel insights regarding variant-specific pathophysiologic mechanisms that can pave the way for personalized medicine for AF.
- Recent translational advances in AF genetics include the development of high-throughput in vitro assays for functional validation of variants of uncertain significance that can bridge the gap in variant classification and risk stratification.
- GWAS-derived PRS for AF can be used for predicting AF risk and adverse outcomes. Further studies are needed to validate if AF PRS are superior to traditional risk stratification tools.
- Genotype-guided clinical trials and advances in bioengineered preclinical models are needed for developing personalized therapy for AF.

SUMMARY

The heritability of atrial fibrillation (AF) is well established. Over the last decade genetic architecture of AF has been unraveled by genome-wide association studies and family-based studies. However, the translation of these genetic discoveries has lagged owing to an incomplete understanding of the pathogenic mechanisms underlying the genetic variants, challenges in classifying variants of uncertain significance (VUS), and limitations of existing disease models. We review the mechanistic insight provided by basic science studies regarding AF mechanisms, recent developments in high-throughput classification of VUS, and advances in bioengineered cardiac models for developing personalized therapy for AF. (JACC Basic Transl Sci 2024;9:918–934) © 2024 The Authors. Published by Elsevier on behalf of the American College of Cardiology Foundation. This is an open access article under the CC BY-NC-ND license (<http://creativecommons.org/licenses/by-nc-nd/4.0/>).

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The authors attest they are in compliance with human studies committees and animal welfare regulations of the authors' institutions and Food and Drug Administration guidelines, including patient consent where appropriate. For more information, visit the [Author Center](#).

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Atrial fibrillation (AF), the most common cardiac arrhythmia requiring therapy, is associated with significant morbidity and increased mortality.¹ Epidemiologists predict that in the next 3 decades, the incidence of AF may rise to 16 million in the United States alone.² Despite recent advances in catheter-based ablation therapy, AF recurs in as many as 40% of patients after ablation, and antiarrhythmic drug (AAD) therapy fares even worse, with ~50% of patients experiencing a recurrence of AF within 6 months.^{3,4} The variability in response to treatment is not only determined by the underlying genetic heterogeneity but also by the type of AF (paroxysmal vs persistent vs long-standing persistent), with more advanced forms showing greater resistance to maintenance of sinus rhythm.^{4,5} Despite the advances in AF genetics, personalized therapy for AF has not yet been translated into clinical practice. A fundamental obstacle to improving AF treatment through personalized medicine is incomplete understanding of the underlying genetic and molecular substrate of AF and our inability to predict response to therapy.⁵

Over the past 2 decades, tremendous progress has been made in understanding the genetic architecture of AF. Genome-wide association studies (GWAS) have identified more than 140 AF-associated loci.⁵ In contrast, linkage analysis and whole exome sequencing have implicated rare mutations encoding ion channels, signaling molecules, transcription factors, and, recently, structural proteins linked with familial or early-onset AF. The mechanisms underlying these genetic variants are under investigation to develop personalized therapies tailored to the cellular and molecular substrate.

The large amount of genomic data acquired from GWAS is being used to develop polygenic risk scores (PRS) to determine AF risk.⁶ Whether AF PRS can guide clinical care decisions to identify subclinical AF and prevent and reduce AF-associated morbidities remains unclear. One of the translational challenges in AF genetics is the large proportion of variants of unknown clinical significance (VUS) identified by genetic studies. High-throughput in vitro assays are being developed for reclassification and screening of VUS.^{7,8} The broad array of genetic risk factors associated with AF not only shows the complex and heterogeneous substrate but also highlights the limitations of in vitro heterologous expression systems and in vivo animal models to adequately recapitulate AF pathophysiology that translate to the bedside care of patients. Primary cell culture has the distinct advantage of being patient specific, but human atrial tissue is rarely accessible and these cell

lineages have limited survival. Human-induced pluripotent stem cells (hiPSCs) are an extremely versatile and powerful tool that address many of the limitations of existing in vitro and in vivo models and have several advantages for translational studies in AF. For example, despite the cardiac ion channels being highly conserved among mammals, the individual currents shaping the cardiac action potential (AP) vary considerably across species.⁹ Using cardiomyocytes from hiPSCs (hiPSC-CMs) therefore provides higher fidelity for electrophysiologic (EP) assays. Furthermore, hiPSCs are easily derived from fibroblasts or peripheral blood mononuclear cells, making patient-specific hiPSC lines for mechanistic studies and drug screening feasible.¹⁰ Finally, genome editing in hiPSCs has allowed for a greater understanding of the genetic mechanisms of AF at the molecular and cellular levels.

In this paper we review the current understanding of the pathophysiological mechanisms of both common and rare AF-associated variants, with a focus on recent studies that have identified new AF loci and putative candidate genes; the variability in response to therapy; the current status of AF PRS in risk stratification; translational advances in functional genomic screens for VUS and hiPSC-based cardiac models; and the current and future perspective on clinical applications of genetics in AF management.

GENETIC MECHANISMS OF AF

There is a significant heritability to AF, estimated to be up to 22% in people of European ancestry.^{4,5} Common variants identified by GWAS have a minor allele frequency of $\geq 1\%$, and rare variants, which are far less common, have a minor allele frequency of $\leq 1\%$. Although common variants provide an estimate of disease susceptibility, they are not necessarily causative. In contrast, rare pathogenic variants can be causative and have higher penetrance and much lower frequency. A recent study performed on 1,293 patients from the Vanderbilt AF registry, identified patients with rare pathogenic variants in arrhythmia and cardiomyopathy genes in 10.1% of participants with early-onset AF (AF diagnosis before 66 years of age).¹¹ Among the most prevalent pathogenic variants, 27% were in *TTN*, 13% in *MYH7*, 6% in *LMNA*, 7% in *MYH6*, and 6% in *KCNQ1*.¹¹

The diversity of genes and biological pathways contributing to AF risk suggests that the underlying

ABBREVIATIONS AND ACRONYMS

AAD	= antiarrhythmic drug
AF	= atrial fibrillation
AP	= action potential
APD	= action potential duration
DAD	= delayed afterdepolarization
EAD	= early afterdepolarization
EHT	= engineered heart tissue
EP	= electrophysiologic
GOF	= gain-of-function
GWAS	= genome-wide association studies
hiPSC-aCM	= human-induced pluripotent stem cell-derived atrial cardiomyocyte
LOF	= loss-of-function
PRS	= polygenic risk score
SNP	= single nucleotide polymorphism
VUS	= variants of uncertain clinical significance

pathophysiology is highly heterogeneous. Such heterogeneity emphasizes the importance of a personalized approach to diagnosis, assessment, treatment, and genetic counseling.⁵ We now discuss the mechanisms underlying common and rare AF-associated variants in ion and nonion channel proteins.

ION CHANNEL VARIANTS. Sodium channel variants. Voltage-gated sodium channels initiate and maintain AP activation and impulse propagation. The most abundant sodium channel, encoded by the *SCN5A* gene, is the α -subunit of Nav1.5.¹² Atrial depolarization on the electrocardiogram, represented by the P-wave, is determined by both sodium and calcium channels.¹³ Mutations in *SCN5A* may be either gain-of-function (GOF) or loss-of-function (LOF), exhibiting increased sustained sodium current (I_{Na}) or compromised peak I_{Na} .¹² GOF mutations induce AF by increasing AP duration (APD) and cellular excitability (**Central Illustration, Table 1**); long QT syndrome is another example of a channelopathy caused by an *SCN5A* GOF mutation.¹⁴ LOF mutations induce AF by reducing conduction velocity.

The second major cardiac sodium channel is Nav1.8, encoded by *SCN10A*, which until recently, was thought to be expressed only in the sensory neurons of the dorsal root ganglion in the peripheral nervous system. The voltage-gated sodium channel Nav1.8 is responsible for the late sodium current, $I_{Na,L}$. Blocking Nav1.8 in cardiomyocytes reduces $I_{Na,L}$ and shortens the APD. Both GOF and LOF *SCN10A* mutations are associated with early-onset AF.¹⁵ *SCN10A* may modulate *SCN5A* physiologically and pathologically,¹⁶ and it is currently unknown if *SCN10A* functions independently from *SCN5A*.

Characterization of a pathogenic GOF variant *SCN5A*-E428K with the use of hiPSC-derived atrial cardiomyocytes (aCMs) revealed increased $I_{Na,L}$, which was inhibited by ranolazine.¹⁷ Transcriptomic studies showed an up-regulation of the nitric oxide pathway with enhanced nitrosylation of Nav1.5, which modulated $I_{Na,L}$ and triggered AF. Although the signaling pathways regulating $I_{Na,L}$ are complex, it is possible that the *SCN5A*-E428K GOF mutation leads to increased calcium-calmodulin kinase II phosphorylation of the cardiac sodium channel and enhances $I_{Na,L}$.¹⁸ A recent study using iPSC-CMs derived from carriers of a common variant, *SCN5A* S1103Y, which is found at a higher frequency in individuals with African and East Asian ancestry, showed enhanced $I_{Na,L}$ with a normal APD. The normal APD was attributed to an increase in the rapid component of delayed rectifier potassium current, I_{Kr} . An I_{Kr} blocker, dofetilide, prolonged the APD at a much lower dose in S1103Y

iPSC-CMs, revealing their susceptibility to torsadogenic drugs.¹⁹

Potassium channel variants. Cardiomyocytes express several types of potassium channels, which are responsible for achieving and maintaining a sufficiently stabilized and hyperpolarized membrane, with each playing a different role in repolarization. The ultrarapidly repolarizing potassium (I_{Kur}) channel Kv1.5, encoded by *KCNA5*, is expressed almost exclusively in aCMs. As an atrial-specific channel, it is a promising therapeutic target for AF.²⁰ Nonsense *KCNA5* mutations increase susceptibility to AF, as well as electrical and conduction instability. Loss-of-function mutations result in delayed AP repolarization, prolonged APD, and early afterdepolarizations (EADs) (**Figure 1, Table 1**).²⁰ GOF mutations shorten APD and increase atrial excitability, triggering AF.²¹

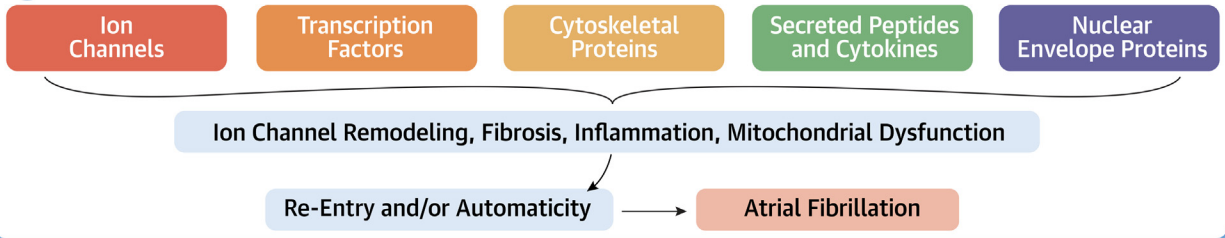
The first gene (*KCNQ1*) linked with familial AF, encoding the cardiac delayed rectifier potassium channel current (I_{Ks}), was identified in a large Chinese kindred with early-onset AF.²² Both GOF and LOF mutations in *KCNQ1* have been associated with early-onset AF through the modulation of the APD and refractory period and enhanced atrial AP repolarization.²² GOF mutations in *KCNE2*, one of the subunits of *KCNQ1*, are also associated with AF via increased I_{Ks} and enhanced AP repolarization.²⁴

A GOF mutation in the gene (*KCND3*) encoding the transient outward potassium channel Kv4.3 and current (I_{to}) also has been associated with early-onset AF.²⁵ *KCNJ2* encodes the inward rectifier potassium channel, Kir2. There are 5 different members of Kir2. Kir2.1 is found mainly in the ventricles and regulates the resting membrane potential. In contrast, Kir2.3 is primarily expressed in aCMs.²⁶ A gain-of-function in *KCNJ2* results in increased I_{K1} as well as enhanced atrial AP repolarization.^{24,27} In 2010, a GWAS conducted by Ellinor et al²⁸ identified a single nucleotide polymorphism (SNP) in the gene *KCNN3*, a gene encoding calcium-activated potassium channel SK3. Calcium-activated potassium channels of small conductance (SK1-3) are an emerging atrial-specific target discussed below.

Calcium channel variants. The L-type calcium channel Cav1.2, encoded by *CACNA1C*, is the dominant ion channel in excitation-contraction coupling in the heart, playing a crucial role in phase 2 of the AP and contributing to the EP profile of cardiomyocytes. Whereas Cav1.2 is the only voltage-gated calcium channel in ventricular cardiomyocytes, Cav1.3 (encoded by *CACNA1D*), is found in atrial myocytes, nodal cells, and vascular smooth muscle cells.¹⁴ Cav1.3 knockout mice show impaired calcium homeostasis, which predisposes to AF.²⁹ Furthermore,

CENTRAL ILLUSTRATION Genetic Mechanisms of AF and Translational Outlook

A AF Associated Genetic Variants



B Challenges in Pharmacologic Therapy of AF

Variability in Response Due to Genetic Heterogeneity



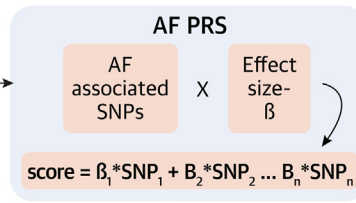
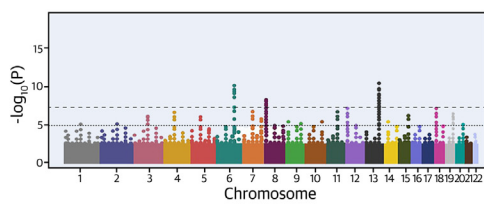
Polymorphisms in 4q25, ACE, ARDB1, ADRA2C, CYP2D6, SCN5A Haplotype B

Proarrhythmic



Risk of TdP, ventricular flutter and fibrillation

C PRS for AF Risk Estimation



Clinical Risk



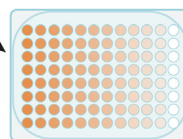
Biomarkers



AF Risk Estimation

D High Throughput Functional Genomic Screens for VUS

Plasmid library of SNPs

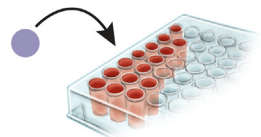


Functional Readout

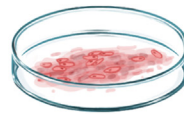
E Patient-Specific hiPSC-Cardiac Models



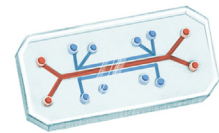
Engineered heart tissue



Microtissues, spheroids, and organoids



Micropatterned co-cultures



Microphysiologic systems

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(A) Atrial fibrillation (AF)-associated variants identified in genes encoding ion channels, transcription factors, cytoskeletal proteins, secreted peptides, and cytokines, and nuclear envelope proteins create an arrhythmogenic substrate for AF by various mechanisms. (B) Challenges in pharmacologic therapy of AF include genetic heterogeneity leading to variability in drug responses and proarrhythmic effects. (C to E) Translational outlook in AF: (C) polygenic risk scores (PRS) for AF—calculated by the weighted sum of the product of AF-associated single nucleotide polymorphisms (SNPs) and their effect size—are complementary to clinical risk and AF biomarkers in predicting AF risk; (D) high-throughput functional genomic screens for assessing variants of uncertain clinical significance (VUS) in AF-associated genes; (E) bioengineered models of patient-specific human induced pluripotent stem cell (hiPSC)-derived cardiac models for understanding pathophysiologic mechanisms and testing drug responses. TdP = torsades de pointes.

TABLE 1 Genetic Mechanisms of Atrial Fibrillation

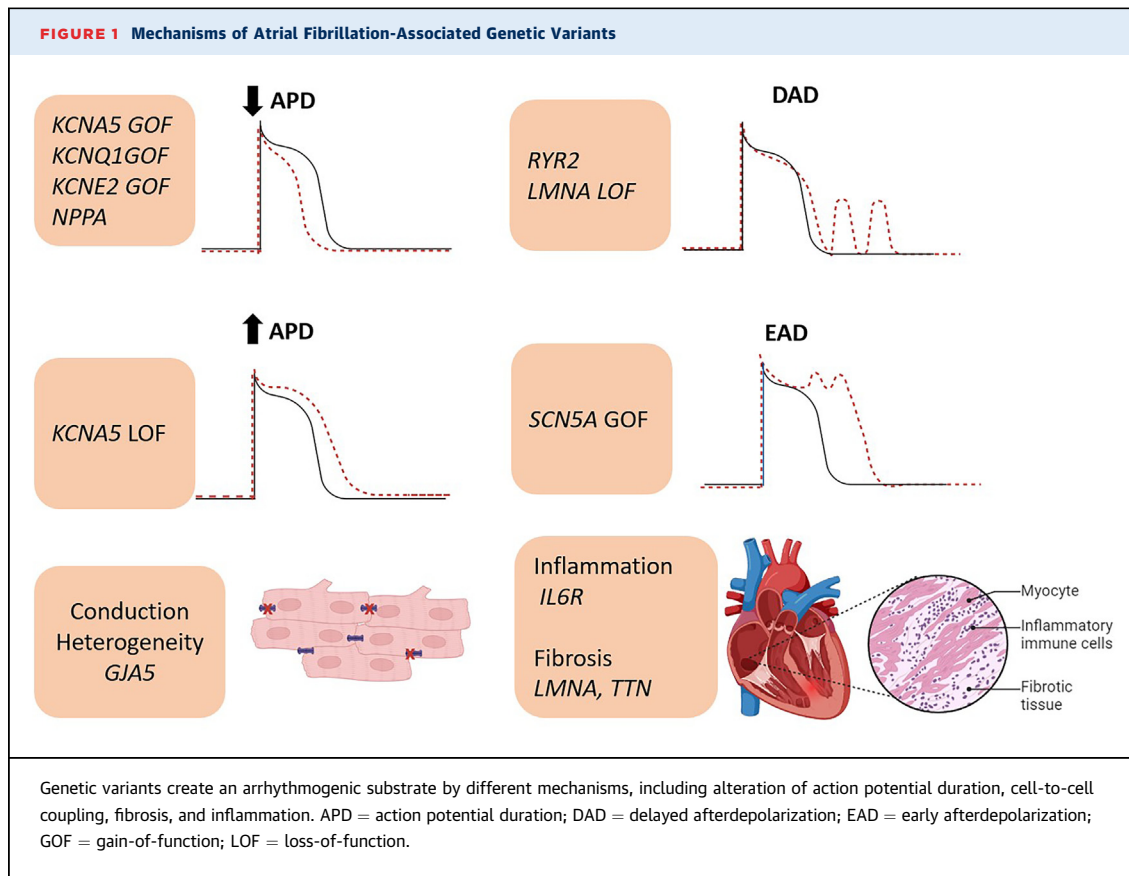
Gene	Protein	Mechanism	First Author
Ion channel variants			
Sodium channel			
<i>SCN5A</i> GOF	Nav1.5	EADs	Remme and Bezzina ¹²
<i>SCN5A</i> LOF, <i>SCN10A</i> LOF	Nav1.5, Nav1.8	Reduction in conduction velocity	
Potassium channel			
<i>KCNA5</i> LOF	Kv1.5	APD prolongation	Chen et al, ²² Mahida et al, ²³ and Brugada et al ²⁴
<i>KCNA5</i> GOF	Kv1.5	Shortening of APD	
<i>KCNQ1</i> GOF	Kv1.7	Shortening of APD	
Calcium channel			
<i>CACNA1D</i> LOF	-	Impaired calcium homeostasis, regulation of ANP and BNP secretion	Mancarella et al ²⁹ and Srivastava et al ³⁰
<i>RYR2</i>	Ryanodine receptor 2	Triggered calcium release	Zhabyeyev et al ³²
<i>GJA5</i>	Connexin-40	Conduction heterogeneity leading to reentry	Gollob et al ³³
Non-ion channel variants			
Transcription factors			
<i>PITX2</i>	Paired homeobox transcription factor 2	Increased activity of RyR channels Slight prolongation of APD Regulates transcription of genes encoding ion channels	Zhang et al ³⁸ and Kim et al ⁴³
<i>ZFXH3</i>	Zinc finger homeobox 3	Structural remodeling, repression of <i>SCN5A</i>	Rubio-Alarcón et al ⁴⁵
<i>TBX3</i>	T box transcription factor 3	Increased ectopic automaticity	Hoogaars et al ⁵⁵
<i>TBX5</i>	T box transcription factor 5	Regulation of transcription of AF-associated genes	Hiroi et al ⁵⁷
<i>GATA4</i> , <i>GATA6</i>	GATA-binding protein 4	Abnormal development of pulmonary vein myocardium Impaired regulation on downstream AF-associated target genes, such as <i>NPPA</i> ¹	Roselli et al ⁴⁶ and Wang et al ⁴⁷
<i>NKX2.5</i>	NK2 homeobox 5	Delayed conduction	Chen et al ⁴⁹ and Shiratori et al ⁵⁰
<i>ERRg</i>	Estrogen receptor γ	Regulates the expression of AF-associated genes	Miyazawa et al ⁵⁸
Secreted peptides			
<i>NPPA</i>	ANP	Shortening of APD	Hodgson-Zingman et al ⁷⁶
Cytoskeletal proteins			
<i>TTN</i>	Titin	Sarcomeric dysfunction, fibrosis	Ahlberg et al ⁶⁷
<i>MYL4</i>	Myosin light chain 4	Part of ATPase cellular motor protein complex	Nattel et al, ⁶¹ Gudbjartsson et al, ⁶² and Goette et al ⁶³
<i>MYH7</i>	Myosin heavy chain 7	Sarcomeric dysfunction	Maron et al ⁷⁰
<i>MYBPC3</i>	Myosin-binding protein C3	Sarcomeric dysfunction	Maron et al ⁷⁰
<i>DES</i>	Desmin	Intermediate filament protein, reduced AERP, conduction delay, mitochondrial dysfunction	Schrickett et al ⁷²
<i>PLEC</i>	Plectin	Cytoskeletal structure disruption	Thorolfssdottir et al ⁷⁴
<i>JPH2</i>	Junctophilin	Tethering protein in excitable cells, abnormal calcium release binds to RyR	Beavers et al ⁷⁵
Nuclear envelope proteins			
<i>LMNA</i>	Lamin A/C	Triggered DADs	Salvarani et al ⁸²
<i>NUP155</i>	NUP155	APD shortening, impaired nucleocytoplasmic transport	Zhang et al ⁸³
Mediators of inflammation			
<i>IL6R</i>	Interleukin-6 Receptor	Cytokine receptor promotes inflammation Predicts AF recurrence after catheter ablation	Miyazawa et al ⁵⁸

ANP = A-type natriuretic peptide; APD = action potential duration; ATPase = adenosine triphosphatase; BNP = B-type natriuretic peptide; DAD = delayed afterdepolarization; EAD = early afterdepolarization; GOF = gain-of-function; LOF = loss-of-function; RyR = ryanodine receptor.

Cav1.3 regulates the secretion of A- and B-type natriuretic peptides.³⁰ L-type calcium channel blockers are frequently used as rate control therapy for AF, with limited toxicity or debilitating side-effects.³¹

Ryanodine receptors are active during calcium-induced calcium release. After membrane depolarization activates L-type calcium channels on the

surface of the sarcoplasmic reticulum, an initial calcium influx triggers a second wave of calcium release through the ryanodine receptors, thus resulting in the complete contraction of sarcomeres. Mutations in ryanodine receptors cause automaticity, characterized by calcium-triggered delayed afterdepolarizations (DADs) (Figure 1, Table 1).^{25,32}



Gap junction mutations. Connexins are gap junction proteins that play an important role in cell-cell communication, syncytial electrical coupling, and impulse propagation in the human myocardium. Thus, mutations in *GJA5* (encoding the atrial-specific gap junction protein connexin-40) could lead to heterogeneous cardiac conduction, impaired propagation of an electrical impulse between adjacent cardiomyocytes, and increased AF susceptibility (Figure 1, Table 1).³³ Several studies have reported the association of both common and rare germline variants and somatic mutations in *GJA5* with AF susceptibility and pathogenesis, respectively.³⁴⁻³⁶

NONION CHANNEL VARIANTS. Traditionally, AF is considered to be a channelopathy, but over the past decade, GWAS as well as candidate gene studies have identified an increasing number of variants in non-ion channel genes that are associated with AF. Variants in cytoskeletal proteins, cardiac hormones, nuclear envelope proteins, and transcription factors have been linked to AF pathogenesis. Here, we discuss non-ion channel variants that are associated

with AF and the underlying molecular mechanisms that create an arrhythmogenic substrate for AF.

Transcription factors. GWAS have identified a significant genetic signal on chr4q25, an intergenic region with at least 4 independent AF-associated loci near the *PITX2* gene.³⁷ Although nonhuman animal models suggest that *PITX2* plays a key role in AF pathogenesis, it was only recently that chromosome conformation capture studies showed that chr4q25 SNPs interact with the promoter of the cardiac-specific isoform of *PITX2C*, supporting the hypothesis that 4q25 variants regulate *PITX2* expression.³⁸ In adult human hearts, *PITX2C* is confined to the left atrium and targets genes encoding ion channels (*CACNA1D*, *CACNA2D2*, *RYR2*, *ATP2A2*, *JPH2*, *KCNQ1*, *KCNN3*, *KCNJ11*), transcriptional regulators (*TBX20*, *HDAC7*, *ZFHX3*), and intercalated disk proteins (*GJA1*, *CTNNB1*).³⁹ Deficiency in *PITX2* increases susceptibility to AF.⁴⁰ *PITX2C* is required for the formation of the pulmonary myocardium, which is a source of triggered electrical activity in AF. In paroxysmal AF, pulmonary vein isolation is the main ablation

strategy.⁴¹ PITX2 is also regulated by gremlin-2, encoded by *GREM2*, which is a bone morphogenetic protein antagonist and is associated with AF. Increased expression of gremlin-2 has led to decreased contraction and slower conduction velocity.^{25,41}

A recent study on PITX2^{-/-} atrial engineered heart tissue (aEHT) recapitulated some of the electrical remodeling in AF. PITX2^{-/-} aEHT had a triangulation of APD and a slight increase in APD90. That supported the use of aEHT for studying the effects of specific variants on ion channel electrophysiology in AF.⁴² In addition to potassium channel remodeling, haploinsufficient mouse models of PITX2^{+/-} have implicated hyperactivity of ryanodine receptor channels in PITX2-mediated AF pathogenesis.⁴³ *ZFHX3* (zinc finger homeobox3) is the second most common gene associated with AF.⁴⁴ It encodes for a transcription factor required for right-left atrial patterning and predisposes to atrial cardiomyopathy. A recent study showed that *ZFHX3* regulates the expression of the sodium channel and peak I_{Na} .⁴⁵

A multiethnic GWAS conducted by Roselli et al⁴⁶ identified loci close to genes encoding transcription factors *TBX3*, *TBX5*, and *NKX2-5* with AF. These genes play an important role in the development of the cardiac conduction system.⁴⁷ *NKX2* insufficiency caused the up-regulation of *HCN4* channels, down-regulation of *CX40*, and disruption of calcium handling proteins in cultured atrial cells, revealing the molecular substrate for AF.^{48,49} Furthermore, *NKX2.5* regulates the expression of *PITX2* by binding to the enhancer element of *PITX2*. The 2 transcription factors may work in concert to regulate the expression of genes involved in AF pathogenesis.⁵⁰

Variants in *GATA-4* and *GATA-6* transcription factor genes have been found to co-segregate with AF.^{47,51} This may be partially explained by impaired development of pulmonary sleeve myocardium as well as impaired regulation of transcription of AF-associated genes such as *ANP*.⁵⁰ Rare variant joint analysis as well as GWAS studies have associated *PRRX1* with AF.^{52,53} *PRRX1* regulates transcription factors involved in smooth muscle development.⁵⁴ Abnormal smooth muscle morphogenesis of pulmonary vasculature leading to ectopic electrical activity may be a potential link between *PRRX1* variants and AF.^{48,54}

T-box transcription factors *TBX3* and *TBX5* have been associated with AF.⁴⁶ *TBX3* regulates the sinoatrial node gene program and may be involved in abnormal ectopic automaticity in AF.⁵⁵ *TBX5* is involved in cardiac development and limb identity. Variants in *TBX5* are associated with AF and cause

Holt Oram syndrome, which is characterized by congenital heart defects, conduction disease, and upper limb deformities. The synergistic action of *TBX5* and *NKX2* regulates the transcription of AF-related genes such as *NPPA*, *KCNJ2*, *CX40*, and *TBX3*.^{56,57}

More recently, a cross-ancestry GWAS of more than 1 million individuals conducted by Miyazawa et al⁵⁸ analyzed transcription factors that bound to AF loci and found substantial enrichment of estrogen receptor γ at AF loci. Functional studies in hiPSC-CMs revealed that pharmacologic inhibition of estrogen receptor γ caused irregular beating, prolongation of contraction duration, and decreased expression of AF-associated genes. Transcriptome-wide analysis implicated *IL6R* to be a causal gene that is supportive of the role of inflammation in AF pathogenesis.⁵⁸

Cytoskeletal proteins. We and others have recently identified rare mutations in myocardial sarcomeric proteins associated with early-onset AF.^{37,59,60} Increasingly, atrial myopathy, ie, any structural, macro- or cyto-architectural, contractile, fibrotic, or EP remodeling in the atria is being recognized as a potential cause of AF.⁶¹⁻⁶³ Atrial dilation may be secondary to increased ventricular filling pressures, creating a substrate for AF. However, hemodynamic consequences of ventricular cardiomyopathy may not always be responsible for AF. Increasingly, mutations in genes encoding sarcomeric proteins have been associated with early-onset AF. A mutation in the gene that encodes for the atrial-specific sarcomeric protein myosin light chain 4 (*MYL4*) was the first gene linked with AF due to an atrial myopathy.⁶⁰ *MYL4* is part of an adenosine triphosphatase cellular motor protein complex. Loss of *MYL4*, resulting in highly penetrant AF, suggests the involvement of the contractile apparatus in impulse conduction, with or without an associated cardiomyopathy.⁶² Increasingly, genes implicated in ventricular cardiomyopathy are being recognized as a cause of AF. Zhang et al⁶⁴ reported a family with AF harboring a pathogenic mutation in *LMNA*. A recent study compared echocardiographic parameters of patients with *LMNA* and truncating variants in *TTN* (*TTNtv*s) with healthy control subjects and found evidence of atrial myopathy in patients harboring *LMNA* variants reflected by reduced left atrial contractile strain in the absence of left ventricular dysfunction and left atrial dilation.⁶⁵

The sarcomeres serve as the bridge between mechanical and electrical functions in the heart. The Z-disk of sarcomeres links excitation with contraction, communicating electrical impulses to the sarcomere by means of the deep invaginations of the T-tubule

system, which is densely packed with L-type calcium channels.⁶⁶ Titin, which connects the thick filament of the sarcomere to the Z-disks, is expressed in all chambers of the heart. Heterozygous *TTN* variants are responsible for about 20% of all dilated cardiomyopathy and have also been associated with an increased burden of AF.^{59,67} *TTN* variants result in compromised cardiac performance and metabolism, and one-third of patients with these variants develop heart failure within 5 years of AF diagnosis.⁶⁸ AF development following heart failure onset is also common.⁶⁹ This co-occurrence of heart failure and AF suggests that sarcomeric dysfunction could be a common pathophysiological link with early-onset AF.⁵⁸ A zebrafish model of a rare variant in *TTN* showed atrial fibrosis in larval and adult zebrafish, highlighting the potential role of fibrosis in the pathogenesis of AF.⁶⁷ Variants associated with hypertrophic cardiomyopathy, such as *MYH7* and *MYBPC3*, are also associated with AF, but it remains unclear why there is a higher incidence of AF associated with these variants.⁷⁰

Desmin is an intermediate filament protein encoded by the *DES* gene. Variants in desmin increase the risk for cardiac arrhythmias.⁷¹ Studies in mouse models and hiPSC-CMs have provided insights into the molecular mechanism underlying desmin-associated cardiomyopathy and arrhythmogenesis. Desmin knockout mice have prolonged interatrial conduction and an increase in supraventricular as well as ventricular ectopic beats and a reduction in the atrial effective refractory period.⁷² Desmin aggregates hamper mitochondrial function by altering mitochondrial respiration. Interestingly, mitochondrial dysfunction in mouse models has been observed before the onset of cardiac pathology.⁷³ *PLEC* encodes a large cytoskeletal protein. A GWAS on an Icelandic cohort identified variants in *PLEC* to be associated with AF.⁷⁴

Variants in *JPH2*, encoding junctophilin, a structural protein linking L-type calcium channels in T-tubules with ryanodine receptors, were found in 2 patients with juvenile-onset AF. A knockin mouse model of this variant had increased inducibility of AF and abnormal calcium release events. This was attributed to decreased binding of *JPH2* with ryanodine receptors revealing the molecular mechanism underlying *JPH2*.⁷⁵

Cardiac hormone: A-type natriuretic peptide. Next-generation sequencing has identified common and rare genetic variations in genes that encode A-type natriuretic peptide (ANP), *NPPA*, and the renin-angiotensin-aldosterone system. ANP is crucial in controlling intravascular blood volumes, vascular tone, vasodilation, and diuresis, as well as

modulating sodium, potassium, and calcium channels. The protein that results from a frame-shift mutation in *NPPA* shortened the atrial monophasic AP, potentially predisposing to a reentrant mechanism of AF.⁷⁶ GOF mutations in both *KCNQ1* and *NPPA* shortened APD and altered calcium handling.⁷⁷ Furthermore, mutations in angiotensin, angiotensinogen, and angiotensin-converting enzymes cause atrial fibrosis and structural remodeling, resulting in electrical heterogeneity and a reentrant mechanism of AF.^{76,77} Ly et al⁷⁷ modeled an *NPPA* variant in hiPSC-aCMs that showed a shortening of APD and an increase in the delayed rectifier potassium current (I_{Ks}).

Nuclear envelope proteins. *LMNA* encodes the nuclear envelope proteins lamin A/C, which play an important role in maintaining the nuclear and cytoskeletal architecture, gene expression, and transcriptional regulation.⁷⁸ Pathogenic variants in *LMNA* cause malignant heart disease characterized by conduction disease, atrial and ventricular arrhythmias, and dilated cardiomyopathy.^{78,79} AF is the most common arrhythmia in lamin A/C heart disease and is often the first clinical presentation in the absence of overt cardiomyopathy.⁸⁰ Studies from rodent models have implicated mitogen-activated protein kinase (MAPK), mammalian target of rapamycin, and increased activity of transforming growth factor- β pathways underlying the cardiomyopathy in lamin A/C heart disease, with hiPSC-CMs providing important insights into arrhythmogenic mechanisms. hiPSC-CMs derived from a frameshift mutation in *LMNA*-K117fs showed increased activity of the transforming growth factor β pathway underlying the phosphorylation of sarcoplasmic reticulum calcium channel and ryanodine receptor, leading to spontaneous calcium release and DADs.⁸¹ Lamin A/C interacts with chromatin in defined regions known as lamin-associated domains. Mutations in lamin A/C can cause changes in lamin-associated domains as well as spatial organization of chromatin, leading to altered expression of genes. hiPSC-CMs derived from a family affected by a missense variant K219T in *LMNA* revealed epigenetic silencing of the *SCN5A* gene that led to a decrease in peak I_{Na} as well as diminished conduction velocity.⁸² Variants in *NUP155*, which encode nucleoporins, co-segregate with AF and sudden death in early childhood.^{83,84} Studies in mouse models have shown the shortening of APD and impaired nucleocytoplasmic transport as the underlying mechanism in AF.

An incomplete understanding of the genetic mechanisms by which genetic variants in *TTN*, *MYL4*, and other nonion channel genes cause AF limits

pharmacologic therapy for patients harboring these mutations as current AADs solely target ion channels. Elucidating the underlying molecular mechanisms by which mutations in structural genes result in AF will not only identify novel therapeutic targets, but also enable a mechanism-based approach to the treatment of this common and morbid arrhythmia. The **Central Illustration** lists the genes associated with AF. Mechanisms of AF underlying genetic variants are illustrated in **Figure 1**.

GENOTYPIC DIFFERENCES IN RESPONSE TO THERAPY

RESPONSE TO AADs. The first pharmacogenetic study that supported the idea of genotype-guided response to AADs assessed the *ACE I/D* polymorphism.⁸⁵ *ACE I* and *D* correspond to the insertion or deletion, respectively, of a 287-base-pair intronic segment in the *ACE* gene. Patients with *ACE DD* or *ACE I/D* genotype have higher circulating levels of angiotensin-converting enzyme (*ACE*) which leads to activation of the renin-angiotensin-aldosterone system and myocardial fibrosis. Patients with *ACE DD* or *ACE I/D* genotype had a higher percentage of failure of response to AADs. Polymorphisms in adrenergic receptor genes have also been shown to modulate response to β -blockers. A study conducted on patients from the Vanderbilt AF Registry showed that patients with the Gly389 polymorphism, in the *ADRB1* gene, which encodes the β_1 receptor, responded better to rate control (OR: 1.42; 95% CI: 1.00-2.03; $P < 0.05$).⁸⁶ G389R is an LOF variant that acts synergistically with β -blockers and augments their effect. A study in a Japanese cohort of 159 patients found that in patients with Gly389 polymorphism, the efficacy of flecainide was reduced when co-administered with β -blockers.⁸⁷ Another polymorphism in the *ADRB1* gene, Arg389Arg was investigated in a substudy of the BEST (β -Blocker Evaluation of Survival Trial), which determined that Arg389 homozygotes showed a better response to bucindolol treatment, with a 74% reduction in new-onset AF (HR: 0.26; 95% CI: 0.12-0.57).⁸⁸ However, the Arg389Arg polymorphism was not associated with a better outcome in a clinical trial comparing rhythm status in a heart failure cohort randomized to bucindolol or metoprolol.⁸⁹ β_1 receptors are the primary target for bucindolol, but polymorphisms in the *ADRA2C* gene, which encodes the α_{2C} -adrenergic receptor located in the prejunctional sympathetic nerve terminal, also modulate the response to β -blockers. A 4-amino-acid deletion in positions 322-325 generates an LOF phenotype that is

associated with an exaggerated response to bucindolol in heart failure.⁹⁰ The presence of more than 1 variant can have a synergistic effect in reducing the efficacy of β -blockers.

Genetic polymorphisms can also affect drug efficacy by modulating pharmacokinetics. The *CYP2D6* gene which encodes the cytochrome P450 enzyme is a key enzyme involved in the metabolism of AADs. Flecainide is a *CYP2D6* substrate, and variants in *CYP2D6* are associated with delayed clearance of flecainide and require more frequent monitoring of serum levels.⁹⁰ A population pharmacokinetic study showed that there was an age-related decline in flecainide clearance in different genotype groups of *CYP2D6* (22.1% in heterozygous extensive metabolizers and 49.5% in heterozygous intermediate and poor metabolizers).^{91,92} Variants in the promoter of the *SCN5A* gene termed Asian specific promoter HapB genotype are associated with slowed conduction and various arrhythmias.⁹³ A study compared the efficacy of flecainide between the HapA and HapB genotypes in a cohort of 146 patients with supraventricular arrhythmias and determined that HapB carriers can achieve therapeutic efficacy at lower doses of flecainide (42.9% vs 68.8%; $P = 0.02$).⁹⁴

Parvez et al⁹⁵ reported that 3 AF loci on chr4q25, chr16q22, and chr1q21 modulated response to AADs, and found that a common SNP (rs10033464) in the chr4q25 locus not only predicted response to AADs, but also demonstrated a differential response to class I vs class III AADs. Patients with this SNP had almost 4-fold higher odds of maintaining sinus rhythm when prescribed a class I AAD. Although its results were promising, the study was limited to whites of European descent. A large clinical trial in a multiethnic cohort is in progress to determine genetic modulators of response to class I vs class III AADs (NCT02347111). **Table 2** summarizes the variants modulating drug responses in the management of AF.

GENOTYPIC DIFFERENCES IN RESPONSE TO CATHETER ABLATION. Rhythm control therapy improves AF-related symptoms and maintenance of sinus rhythm.⁹⁶ The CABANA (Catheter Ablation vs Anti-arrhythmic Drug Therapy for Atrial Fibrillation) trial showed that catheter ablation has higher efficacy in maintaining sinus rhythm compared with AADs.⁹⁷ However, recurrence after ablation is common and often requires repeated ablation. An improved understanding of the underlying atrial substrate may enable the selection of patients most likely to respond to ablation.⁹⁸ Although cross-sectional studies

TABLE 2 Genetic Modifiers of Response to AADs

Genetic Determinant	Modulation of Response to AADs	First Author
ACE	ACE DD or ACE I/D genotype were significant predictors of failure of response to AADs (OR: 2.25; 95% CI: 1.05-4.80; $P = 0.04$)	Darbar et al ⁸⁵
ARDB1	Gly389 polymorphism is associated with a better response to rate control (OR: 1.42; 95% CI: 1.00 to 2.03; $P < 0.05$) Gly389 reduced the efficacy of flecainide when co-administered with β -blockers ($P = 0.001$) Arg389Arg showed a better response to bucindolol (HR: 0.26; 95% CI: 0.12-0.57)	Parvez et al ⁸⁶ Doki et al ⁸⁷ Aleong et al ⁸⁸
ADRA2C	A 4-amino-acid loss-of-function deletion is associated with an exaggerated response to bucindolol in heart failure ($P = 0.012$)	O'Connor et al ⁹⁰
CYP2D6	Variants in CYP2D6 decrease the clearance of flecainide and require more frequent monitoring (22.1% in heterozygous extensive metabolizers, 49.5% in heterozygous intermediate and poor metabolizers)	Doki et al ⁹¹
SCN5A Haplotype B	Haplotype B genotype is associated with higher therapeutic efficacy at lower doses of flecainide (42.9% vs 68.8%; $P = 0.022$)	Doki et al ⁹⁴
4q25 (rs2200733, rs10033464)	rs2200733, rs10033464 predicts recurrence of AF (OR: 3.27; 95% CI: 1.7-6.0; $P < 0.001$) and better response to AADs, and showed a differential response to class I vs class III AADs (OR: 10.0; 95% CI: 1.03-97.5; $P < 0.05$)	Parvez et al ⁹⁵

suggest that chr4q25 SNPs predict postablation AF recurrence,⁹⁹ the findings need to be confirmed in a prospective and randomized clinical trial before a genotype-based catheter ablation approach is considered. The differences in response to catheter ablation are most likely due to interindividual differences in AF mechanisms. An improved understanding of the myocardial substrate for AF will guide the ablation procedure, patient monitoring, and postablation follow-up.

ATRIAL-SPECIFIC AADs. Pharmacologic approaches for AF are aimed at inhibiting ectopic activity and preventing reentry by prolonging the APD. Class I AADs inhibit the I_{Na} , decrease conduction velocity, and suppress ectopic beats, whereas class III AADs inhibit potassium channels, prolong the APD, and prevent reentry.⁹⁹ However, a significant challenge with currently available AADs is their proarrhythmic side-effects.^{100,101} A decrease in conduction velocity by class I AADs may promote re-entry, especially in the presence of structural remodeling.⁹⁹ On the other hand, excessive prolongation of the APD by class III AADs in ventricles can lead to EADs and result in dangerous ventricular arrhythmias such as torsades de pointes. Atrial-specific drugs that target ion channels specifically expressed in the atria could avert the ventricular proarrhythmic effects. This idea has led to many preclinical investigations for atrial-selective therapy, which have shown promising results. However, none have shown any benefit in clinical trials thus far.⁹⁹ The failure of the initial clinical trials for inhibitors of atrial-selective currents acetylcholine-activated inwardly rectifying potassium current ($I_{K_{ACh}}$) and ultrarapid-activating delayed rectifier potassium channel (I_{Kur}) along with the success of ablation therapy in symptom reduction after ablation reduced the

enthusiasm for developing atrial-selective pharmacologic therapy. However, AADs continue to be commonly used for AF management and may be essential when there are contraindications to ablation therapy. **Table 3** summarizes trials investigating atrial-specific therapy.

In permanent AF, shortening of the APD that leads to reentry¹⁰² is mainly brought about by increasing potassium currents.¹⁰³ Potassium channels are the major players in determining the APD and waveform. Calcium-activated potassium channels of small conductance (SK1-3) are an emerging atrial-specific target. They are encoded by the *KCNN1-3* genes and conduct the I_{KCa} current, which contributes to AP repolarization and is increased in permanent AF.¹⁰⁴ However, the expression of SK channels increases in the ventricles in heart failure patients, which would result in the loss of atrial selectivity.¹⁰⁵ An SK channel inhibitor, AP30663, is currently in a phase 2 clinical trial for the conversion of AF (NCT04571385).¹⁰⁶ TWIK-related acid-sensitive potassium channels (TASK-1) encoded by *KCNK3* conduct the I_{K2P} current and are responsible for background currents and stabilization of resting membrane potential.¹⁰⁷ TASK-1 is up-regulated in patients with permanent AF and is predominantly expressed in the atria. Pharmacologic inhibition of TASK-1 leads to APD prolongation.¹⁰⁸ A respiratory stimulant, doxapram, that has TASK-1 inhibitor properties is being investigated for AF conversion in the DOCTOS (Doxapram Conversion To Sinus Rhythm; EudraCT 2018-002979-17) trial. The acetylcholine-activated inwardly rectifying potassium channel and the ultrarapid-activating delayed rectifier channel are expressed in the atria. However, clinical trials of $I_{K_{ACh}}$ and I_{Kur} inhibitors have not demonstrated any significant benefit in reducing AF burden.^{109,110}

TABLE 3 Atrial Selective Drug Targets for AF				
Current	Gene	Channel Subunit	Progress in Development	First Author
I_{KCa}	<i>KCNN1 (1-2)</i>	SK (1-3)	An SK channel inhibitor, AP30663, is currently in a phase 2 clinical trial for the conversion of AF (NCT04571385)	Gal et al ¹⁰⁶
I_{Kp}	<i>KCNK3</i>	TASK-1	A respiratory stimulant, doxapram, that has TASK-1 inhibitor properties is being investigated for AF conversion in the Doxapram Conversion To Sinus Rhythm (DOCTOS) trial	EudraCT 2018-002979-17
I_{Na}	<i>SCN5A</i>	Nav1.5	Ranolazine and vernakalant are nonselective blockers that show frequency- and state-dependent binding kinetics	McIntyre et al ¹¹⁷ and Guerra et al ¹¹⁸
I_{Kur}	<i>KCNA5</i>	Kv1.5	S66913 Did not decrease the AF burden in the DIAGRAF-IKUR clinical trial, potentially because I_{Kur} is decreased in AF	Camm et al ¹⁰⁹
I_{KAch}	<i>KCNJ3/KCNJ5</i>	Kir3.1/Kir3.4	BMS 914392 did not decrease AF burden in a clinical trial in patients with paroxysmal AF	Podd et al ¹¹⁰

In permanent AF there is constitutive activity of I_{KAch} .^{111,112} Several I_{KAch} blockers have shown to be effective in preclinical models but have failed to reduce AF burden in clinical trials. Some of the currently used AADs have I_{KAch} -blocking properties, such as dronedarone, amiodarone, propafenone, and flecainide; however, they block other ion channels as well.¹¹³⁻¹¹⁵ Although the initial trials have failed or were aborted early on, because Kir3.1/3.4 channels are primarily expressed in atria there is potential for developing I_{KAch} -specific inhibitors for AF. Kv1.5 potassium channel encoded by *KCNA5* conducts I_{Kur} . Studies have shown an increase in this current at high pacing rates. One potential reason why I_{Kur} inhibitors have failed to show any benefit in clinical trials is that I_{Kur} is decreased in AF.^{109,116} Other potassium channels that contribute to APD shortening include increased basal inward-rectifier potassium current (I_{K1}), I_{Ks} , and I_{to} .

STATE-DEPENDENT INHIBITION OF SODIUM CHANNELS.

EP differences between the atria and ventricles promote the atrial selective binding of sodium channel blockers. The more depolarized RMP in atria and high atrial rates in AF favor the binding of sodium channel blockers in the atria such as Ranolazine and Vernakalant. Vernakalant also inhibits the atrial-specific I_{KAch} and I_{Kur} .^{117,118}

TRANSLATION OF GENETIC DISCOVERIES TO THE CLINICAL CARE OF PATIENTS

HIGH-THROUGHPUT ASSAYS FOR FUNCTIONAL ASSESSMENT OF VUS.

According to the American College of Medical Genetics and Genomics, variants are classified as pathogenic, likely pathogenic, benign, or likely benign.¹¹⁹ Variants that have insufficient evidence for clinical classification are labeled as VUS. VUS can account for more than 50% of known variants for a certain gene.⁷ Whereas in vitro functional studies can effectively validate pathogenic and benign variants, assays lag for functional validation

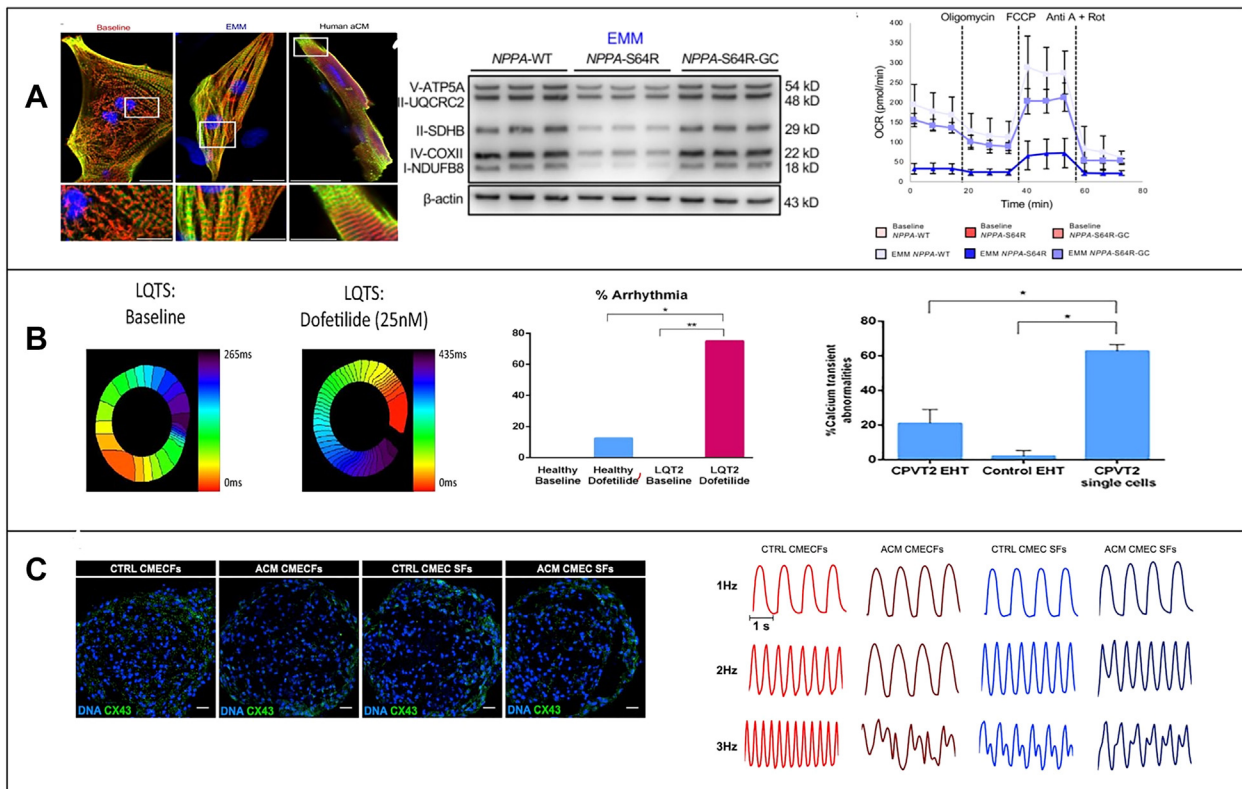
of VUS. Recently, a few groups have developed high-throughput assays for screening thousands of variants using multiplexed assays for variant evaluation (MAVE).

Muhammad et al⁷ screened 2,592 VUS in *KCNE1* with the use of a MAVE that assessed potassium flux and cell surface expression as a readout. Their results were concordant with EP and computational analysis. Their approach could potentially be used to reclassify VUS.⁷ Anderson et al⁸ recently performed a high-throughput analysis of *LMNA* VUS and showed that most pathogenic *LMNA* variants are prone to aggregation in the nucleoplasm. They overexpressed 178 variants in myoblasts and HEK293 cells and performed aggregation analysis. They examined the phenotype for a small subset of variants in hiPSC-CMs as well.

BIOENGINEERING ADVANCES IN PATIENT-SPECIFIC hiPSC-DERIVED CARDIAC MODELS. Bioengineering advances in hiPSC-based disease modeling have given rise to an array of 2-dimensional (2D) and 3-dimensional (3D) cardiac models, such as micro-patterned co-cultures, spheroids, organoids, EHT, microphysiologic heart-on-a-chip, and multiorgan-on-chip platforms for testing pharmacologic responses and understanding disease mechanisms (Figure 2).^{120,121} hiPSC-derived cardiac models with nonmyocyte cells of the heart not only better recapitulate human cardiac physiology, but also are important to study of the effects of genetic variants on noncardiomyocytes that may contribute to disease pathogenesis.

A recent micropatterned co-culture platform of hiPSC-CMs and cardiac fibroblasts significantly improved the structural, metabolic, EP, and contractile kinetics compared with random monocultures.¹²² Patient-specific 3D models of EHT for modeling long QT syndrome elicited arrhythmias only in response to QT prolongation agents, whereas 2D models showed frequent arrhythmias (Figure 2B).⁹ A microtissue model of arrhythmogenic cardiomyopathy consisting of cardiomyocytes, endothelial cells, and cardiac

FIGURE 2 From 2-Dimensional Monolayers to 3-Dimensional Organoids in Disease Modeling and Drug Development for Cardiac Arrhythmias



(A) An electrometabolic maturation (EMM) approach reveals a mitochondrial defect in human-induced pluripotent stem cell-derived atrial cardiomyocytes (hiPSC-aCMs) as an underlying mechanism of atrial fibrillation due to an *NPPA* mutation (reproduced from Ly et al⁷⁷ with permission). Immunofluorescence staining for cardiac troponin T and actinin shows sarcomeric organization in EMM hiPSC-aCMs similar to that of human atrial tissue. Western blotting of mitochondrial oxidative phosphorylation proteins shows decreased expression only in the EMM hiPSC-aCMs with the *NPPA*-S64R variant. EMM *NPPA* S64R hiPSC-aCMs have reduced respiration rate, indicating the necessity of using matured hiPSC-aCMs. (B) Activation maps of ring-shaped engineered heart tissues (EHTs) from patients with long QT syndrome (LQTS) showing reentry on administration of 25 nmol/L dofetilide. LQTS EHT showed less frequent arrhythmias on administration of dofetilide compared with 2-dimensional monolayers owing to differences in drug diffusion kinetics (reproduced from Goldfracht et al⁹ with permission). (C) A microtissue model of arrhythmogenic cardiomyopathy consisting of cardiomyocytes, endothelial cells, and cardiac fibroblasts reveals decreased expression of connexin-43 and arrhythmic contraction patterns but no change in microtissues with SF (reprinted from Giacomelli et al¹²³ with permission). CF = cardiac fibroblast; CPVT = catecholaminergic polymorphic ventricular tachycardia; EC = endothelial cell; EHT = engineered heart tissue; SF = skin fibroblast.

fibroblasts revealed decreased expression of CX43 in atrial fibroblasts and arrhythmic contraction patterns (Figure 2C).¹²³

One of the main limitations of hiPSC-derived cardiac models is their immature phenotype, which resembles fetal cardiomyocytes more than adult cardiomyocytes. This remains a challenge in the reliable prediction of drug responses and characterization of genetic variants. A maturation strategy developed by Ly et al,⁷⁷ comprising electrical stimulation and metabolic conditioning, markedly improved the structural and EP characteristics of hiPSC-aCMs and revealed a mitochondrial defect due to a variant in the *NPPA* gene encoding A-type natriuretic peptide. The EP studies showed a

shortening of APD and an increase in I_{Ks} . That study highlighted targeting I_{Ks} as a potential therapy for AF (Figure 2A). We and others have shown that the shortening of APD is due to an increase in I_{Ks} ,²² but the partial contribution of I_{Ks} to atrial repolarization reserve should also be recognized. Furthermore, because I_{Ks} is not atrial specific, blocking I_{Ks} may have torsadogenic effects.^{124,125}

PRS FOR DETERMINING AF RISK. The large number of common genetic variants associated with AF identified by GWAS can be used to determine genetic susceptibility to AF. A PRS, computed by the weighted sum of AF-associated SNPs and their effect size, provides an estimate of the cumulative genetic risk for AF. Early studies performed in European and

Japanese populations found that variants at the chromosome 4q25 locus conferred a 5-fold increase in the risk of AF.¹²⁶ The AFGen Consortium found that while PRS for AF were associated with AF and stroke beyond clinical risk factors, they were not incremental in predicting the risk of arrhythmia.¹²⁷ Recently, a PRS for AF, using 6.6 million SNPs in the UK Biobank, reported that 6.1% of the general population was at a 3-fold increased risk for AF.¹²⁸ Although PRS are independent predictors of AF risk, the integration of clinical risk factors and biomarkers may further refine risk assessment. This was recently shown by Marston et al,¹²⁹ with a 6.7-million-SNP PRS independently predicting AF risk, and combining the PRS with clinical risk factors and N-terminal pro-B-type natriuretic peptide providing superior risk prediction.

Calculating a PRS predicts not only AF risk and adverse outcomes such as stroke, but also response to AAD and ablation therapy.⁵ Identifying AF as a cause of ischemic stroke is important to initiate anticoagulant therapy to prevent recurrent strokes. Using AF PRS to predict the risk of stroke due to AF can be incremental over cardiac rhythm monitoring. Pulit et al¹³⁰ determined that the genetic risk score for AF was associated with cardioembolic stroke independently from clinical risk factors. A genetic risk score for stroke using 32 SNPs predicted stroke independently from traditional risk factors. Those with AF in that study with a low CHA₂DS₂-VASc score but a high genetic risk score had a risk of stroke similar to those with a higher CHA₂DS₂-VASc score.¹³¹ The addition of clinical risk to PRSs for AF can also discriminate between cardioembolic and noncardioembolic causes of stroke.¹³² A combination of AF PRS and clinical risk is emerging as a promising strategy to reduce morbidity due to AF-associated stroke.

Despite the advances in AF genomics, there are some limitations and challenges that need to be overcome before a genome-informed PRS can be implemented into clinical decision making. First, GWAS-derived PRSs are largely based on individuals of European descent. Genomic differences between ancestries with differing genetic variant frequencies and phenotype severity warrant GWAS to be performed in diverse populations.⁵ Diversification of GWAS can also mitigate differences due to socioeconomic disparities within populations, which may affect AF-associated outcomes and access to health care. Another limitation is that there are no guidelines that define the threshold for initiation of preventive therapy based on genome-informed PRS for AF. We need to validate if AF PRS can predict subclinical AF and identify those at the highest risk for

stroke and heart failure. Implementation of strategies for risk stratification may not only improve AF diagnosis and management, but also prevent AF-associated morbidities.

INTEGRATION OF AF GENETICS IN CLINICAL CARE.

Current guidelines do not recommend genetic testing in AF. With the decreasing cost of genetic testing, it may not be cost-prohibitive to be used widely. However, several questions remain to be answered regarding the integration of AF genetics in clinical care. Specifically, who should be offered genetic testing: Should it be offered broadly or to a selected group of patients most likely to have a genetic basis for their disease? An increasing body of evidence supports the utility of candidate gene screening in patients with early-onset AF with a strong family history of cardiac disease.^{11,133} Early detection can prevent the onset of structural changes and associated comorbidities. Genetic testing not only will facilitate early detection of AF in the individual, but also may have important implications for personalized therapy. Equally important is cascade screening of first-degree relatives who may be at risk of developing phenotypes other than AF, such as dilated cardiomyopathy and neuromuscular disease. For the broader population at risk for AF, while emerging studies support the utility of AF PRS in clinical risk stratification,^{129,132} further studies are needed to validate whether a genome-informed AF PRS is superior to traditional risk stratification tools in predicting AF risk and AF-associated adverse outcomes.

CONCLUSIONS AND PERSPECTIVE

AF is a complex disease with significant clinical and genetic heterogeneity. Improved understanding of the myocardial substrate for AF and genotype-guided prospective trials are urgently needed for translating genetic discoveries to the bedside care of patients. Although there have been significant advances in ablation and device therapy for AF owing in part to the AF epidemic, AADs will remain important for therapy. Identification of variant-specific mechanisms and new molecular pathways and targets will broaden the scope of AADs, which currently target ion channels only. Functional validation of VUS and limitations of existing disease models are challenges in the translation of genetic discoveries to the bedside care of patients. These challenges are being addressed by high-throughput multiplexed assays for the reclassification of VUS and novel bioengineering strategies to develop hiPSC-derived cardiac models with increasing complexity to reliably recapitulate AF pathophysiology and predict drug responses. These

translational advances have the potential to develop personalized therapy for this common and morbid arrhythmia.

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- KEY WORDS** arrhythmia, genome-wide association study, induced pluripotent stem cell