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#### VIDEOS IN EMERGENCY MEDICINE

Trauma

## SALT triage training and virtual reality demonstration

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### 1 | BACKGROUND

SALT (sort-assess-lifesaving interventions-treatment and/or transport) was developed as a national all-hazards mass casualty initial triage standard for all patients (eg, adults, children, and special populations).<sup>1</sup> SALT is endorsed by<sup>1–3</sup> the American College of Emergency Physicians (ACEP), American College of Surgeons Committee on Trauma, American Trauma Society, National Association of EMS

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# SALT Triage Training and Virtual Reality Demonstration

#### VIDEO 1 SALT triage training.

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Physicians (NAEMSP), and National Disaster Life Support Education Consortium.

#### 3 | KEY POINTS

#### 2 | PROCESS

The process is explained using Video 1, and its algorithm is presented in Figure 1.

Hemorrhage is the leading preventable cause of death in trauma (30%-40% of fatalities).<sup>4</sup> Death from hemorrhage can occur in as little as 3–5 minutes. SALT allows for early hemorrhage control. In other triage algorithms, bleeding control does not occur until *after* respirations are counted and perfusion (cap refill) is checked.



FIGURE 1 SALT (sort-assess-lifesaving interventions-treatment and/or transport) triage algorithm.





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In SALT, the individual assessment begins with limited rapid lifes aving interventions, such as:  $^{\rm 5}$ 

- to control major hemorrhage with tourniquets or direct pressure provided by other patients or other devices;
- to open the airway through positioning or basic airway adjuncts (no advanced airway devices should be used);
- 3. if the patient is a child, consider giving two rescue breaths;
- 4. chest needle decompression;
- 5. CBRN antidotes or autoinjector antidotes:
  - SALT includes an expectant category for patients who are still breathing but unlikely to survive given current resources.
  - SALT allows for a quick global sorting of the patients so responders can more accurately identify patients who are not responding or have an obvious life threat.

#### 4 | VR DEMONSTRATION

VR SALT demonstration is presented using Video 2.6

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#### CONFLICT OF INTEREST STATEMENT

The authors report no conflicts of interest.

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