

Primary tumor sidedness is not prognostic factor in resectable colorectal cancer liver metastasis: a retrospective observational cohort study

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Purpose: Right-sided tumors have been reported to have a poorer survival rate than left-sided tumors; however, there remains debate regarding whether sidedness is an independent prognostic factor in colorectal cancer liver metastasis (CRLM). This study aimed to assess the impact of sidedness on prognosis in resectable CRLM and to identify prognostic factors.

Methods: Patients who underwent liver resection for CRLM at Samsung Medical Center from January 2008 to December 2021 were included in the investigation. Overall survival (OS) and progression-free survival (PFS) were analyzed, and prognostic factors were identified.

Results: A total of 497 patients were included in the study, with 106 on the right side and 391 on the left side. The right-sided group had a higher percentage of synchronous tumors (90.6% vs. 80.3%, $P = 0.020$). In survival analysis, the right side showed lower 5-year OS (49.7% vs. 54.2%, $P = 0.305$) and 5-year PFS (57.1% vs. 60.2%, $P = 0.271$), but the differences were not statistically significant. In the analysis of prognostic factors, synchronous tumor (odds ratio [OR], 5.01; $P < 0.001$), CEA (OR, 1.46; $P = 0.016$), and maximum tumor size of hepatic metastasis (OR, 1.09; $P = 0.026$) were associated with OS.

Conclusion: In resectable CRLM, there was no difference in prognosis based on sidedness. CEA level, synchronous tumor, and maximum tumor size of hepatic metastasis were identified as prognostic factors.

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Key Words: Colorectal cancer liver metastasis, Prognosis, Sidedness

INTRODUCTION

Colorectal cancer (CRC) is a common form of cancer, accounting for approximately 13% of newly diagnosed cases [1]. A significant concern is that 15%–25% of CRC cases are diagnosed at stage IV, often accompanied by hepatic metastasis [2]. In the treatment of colorectal cancer liver metastasis (CRLM), a combination of locoregional treatment (such as surgical resection, thermal ablation, and intra-arterial chemotherapy) and systemic therapy is typically employed [3,4]. Liver

transplantation has also been attempted in select patients [5]. However, surgical resection remains a particularly noteworthy option, with reported 5-year and 10-year overall survival (OS) rates of 42% and 25%, respectively [6-9].

Several studies have consistently reported CRC sidedness, which has different embryologic origins depending on the primary tumor's location, resulting in genetic and histopathologic differences and differing prognoses [10-12]. Right-sided tumors in CRLM have been reported to have a worse survival rate than left-sided tumors, and liver transplant

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patients with CRLM have also shown a poor prognosis [13,14]. However, there is still debate as to whether sidedness is an independent prognostic factor in CRLM [14,15].

The aim of this study was to assess the effect of sidedness on both OS and progression-free survival (PFS) in resectable CRLM and to identify prognostic factors.

METHODS

Ethics statements

The study protocol conformed to the ethical guidelines of the Declaration of Helsinki and was approved by the Institutional Review Board (IRB) of Samsung Medical Center (IRB No. SMC 2024-02-063). The need for informed consent was waived by the IRB due to the retrospective nature of the study.

Patient selection

The study investigated patients who underwent liver resection for CRLM at Samsung Medical Center between January 2008 and December 2022. Exclusion criteria included unresectable CRLM, double primary colon cancer with different primary tumor locations, and R2 resection of liver lesion.

Medical records were reviewed to obtain data on sex, age, presence of synchronous cancer, hepatectomy timing in synchronous cancer, history of chemotherapy, history of concurrent ablation, and CEA levels. Pathology records were also reviewed to gather data on primary site, T stage of primary CRC, N stage of primary CRC, maximum tumor size of hepatic metastasis, and number of tumors. The extent of hepatectomy was determined from operation records and categorized into 2 groups: major and minor. Major liver resections are classified as the removal of more than 3 liver segments, while minor resections involve the removal of 3 or fewer segments. The hepatectomy method and resection status were also investigated based on the operation record, and the hepatectomy method was categorized into anatomical and non-anatomical resection.

Classification of sidedness

Sidedness was categorized into right side and left side based on the distal 2/3 of the transverse colon. For the OS analysis, apart from the right and left division, we also stratified the analysis into 3 groups: right, left, and rectum. The upper rectum was considered separately as rectum, while the rectosigmoid colon was grouped with the left colon.

History of chemotherapy

The history of chemotherapy was examined to determine the presence or absence of chemotherapy and the number of chemotherapy cycles administered before hepatectomy. Chemotherapy was defined as treatment administered after

the detection of liver metastasis, and the number of cycles completed prior to surgery was recorded. Patients who did not receive chemotherapy were excluded from the analysis of calculating the distribution of the number of chemotherapy cycles. Neoadjuvant concomitant chemoradiation therapy for rectal cancer was not included in the chemotherapy count.

Classification of recurrence pattern

Recurrence patterns were categorized into local recurrence and distant metastasis. Local recurrence was defined as occurring at the surgical margin of the primary tumor. Patients with local recurrence accompanied by distant metastasis were classified into the distant metastasis group. Distant metastases were further classified into 5 categories: hepatic, pulmonary, peritoneal, distant lymph node, bone, and other. Recurrences were also classified as single- or multiple-organ based on whether a combination of the 5 categories was present.

Statistical analysis

The primary outcome measures were 5-year OS and PFS. For the survival analysis, the Kaplan-Meier estimates and the log-rank test were used. Both the OS and PFS were analyzed using time-to-event regression. The Cox proportional hazard model was used to evaluate prognostic variables, an estimated hazard ratio with a 95% confidence interval (CI) was presented, and $P < 0.05$ was considered statistically significant. Continuous variables with normal distribution are summarized with mean \pm standard deviation, and non-normal continuous variables are expressed as the median (range). The Fisher exact test or Pearson chi-square test was applied to compare proportions between groups as appropriate. For the comparison of continuous variables, the Student t-test or Mann-Whitney U-test was used. All analyses were performed using R software ver. 4.2.1 (The R Foundation).

RESULTS

Among 499 patients who underwent liver resection for CRLM, 497 were eligible for the inclusion criteria after excluding double primary cancer ($n = 2$). Across the entire cohort, there were 106 patients on the right-sided group and 391 patients on the left-sided group.

Baseline characteristics

Comparisons of characteristics between the right-sided group and the left-sided group are summarized in Table 1. The right-sided group was older than the left-sided group (right vs. left, 62.6 ± 11.2 years vs. 58.3 ± 11.6 years; $P = 0.001$) and had a lower prehepatectomy chemotherapy rate (right vs. left, 17% vs. 28.9; $P = 0.019$). However, there were no differences in sex distribution, concurrent ablation, or CEA. Regarding primary

Table 1. Comparison of characteristics between right-side and left-side liver metastasis

Characteristic	Right side	Left side	P-value
No. of patients	106	391	
Age (yr)	62.6 ± 11.2	58.3 ± 11.6	0.001
Sex			
Male	59 (55.7)	236 (60.4)	0.446
Female	47 (44.3)	155 (39.6)	
Colorectal cancer TN stage			
T stage			
Tx	0 (0)	5 (1.3)	0.223
T1	2 (1.9)	12 (3.1)	
T2	5 (4.7)	17 (4.3)	
T3	67 (63.2)	264 (67.5)	
T4a	30 (28.3)	73 (18.7)	
T4b	2 (1.9)	20 (5.1)	
N stage			
Nx	33 (31.1)	82 (21.0)	0.138
N1a	17 (16.0)	65 (16.6)	
N1b	20 (18.9)	81 (20.7)	
N1c	0 (0)	11 (2.8)	
N2a	20 (18.9)	67 (17.1)	
N2b	16 (15.1)	85 (21.7)	
Synchronous metastasis			
No	10 (9.4)	77 (19.7)	0.020
Yes	96 (90.6)	314 (80.3)	
Hepatectomy timing in synchronous metastasis			
Simultaneous resection	95 (99.0)	305 (97.1)	0.464
Stage resection	1 (1.0)	9 (2.9)	
Prehepatectomy chemotherapy			
No	88 (83.0)	278 (71.1)	0.019
Yes	18 (17.0)	113 (28.9)	
No. of chemo-cycle	6 (3–10)	5 (3–9)	0.906
Concurrent ablation			
No	102 (96.2)	365 (93.4)	0.383
Yes	4 (3.8)	26 (6.6)	
Hepatectomy extent			
Minor	69 (65.1)	260 (66.5)	0.877
Major	37 (34.9)	131 (33.5)	
Hepatectomy method			
Anatomical resection	48 (45.3)	186 (47.6)	0.757
Non-anatomical resection	58 (54.7)	205 (52.4)	
Resection status			
R0/1	103 (97.2)	379 (96.9)	>0.999
R2	3 (2.8)	12 (3.1)	
No. of tumors			
1	61 (57.5)	217 (55.5)	0.901
2	21 (19.8)	85 (21.7)	
≥3	24 (22.6)	89 (22.8)	
Maximum tumor size of hepatic metastasis (cm)	2.2 (1.5–3.5)	2.1 (1.5–3.2)	0.438
Prehepatectomy CEA (ng/mL)			
≤3	44 (41.5)	139 (35.5)	0.310
>3	62 (58.5)	252 (64.5)	

Values are presented as number only, mean ± standard deviation, number (%), or median (interquartile range).

CRC characteristics, there were no differences in the T stage and N stage. In terms of liver metastasis characteristics, the proportion of synchronous metastasis was higher in the right-sided group (right vs. left, 90.6% vs. 80.3%; $P = 0.020$), but there were no differences in hepatectomy timing in synchronous metastasis, hepatectomy extent, hepatectomy method, resection status, number of tumors, or maximum tumor size of hepatic metastasis.

Survival outcomes according to sidedness

In the survival analysis, the right-sided group exhibited lower 5-year OS (right vs. left, 49.7% vs. 54.2; $P = 0.305$) and 5-year PFS (right vs. left, 57.1% vs. 60.2%; $P = 0.271$) compared to the left-sided group, although these differences were not statistically significant. Survival analyses in the 3 groups—right, left, and

rectum—also indicated no difference in 5-year OS (right vs. left vs. rectum, 49.7% vs. 53.5% vs. 55.8%; $P = 0.512$) and 5-year PFS (right vs. left vs. rectum, 57.1% vs. 60.5% vs. 59.7%; $P = 0.353$) (Fig. 1). In subgroup analysis, there was no difference in 5-year OS (right vs. left, 47.8% vs. 50.4%; $P = 0.521$) and 5-year PFS (right vs. left, 61.1% vs. 61.9%; $P = 0.344$) based on sidedness in the synchronous tumor group. For metachronous cancer, 5-year survival analyses were not possible due to insufficient follow-up, thus 3-year survival analyses were conducted. The analysis revealed no difference in 3-year OS (right vs. left, 100% vs. 90.1%; $P = 0.468$), but PFS showed all recurrences in the right-sided group ($P = 0.027$) (Fig. 2).

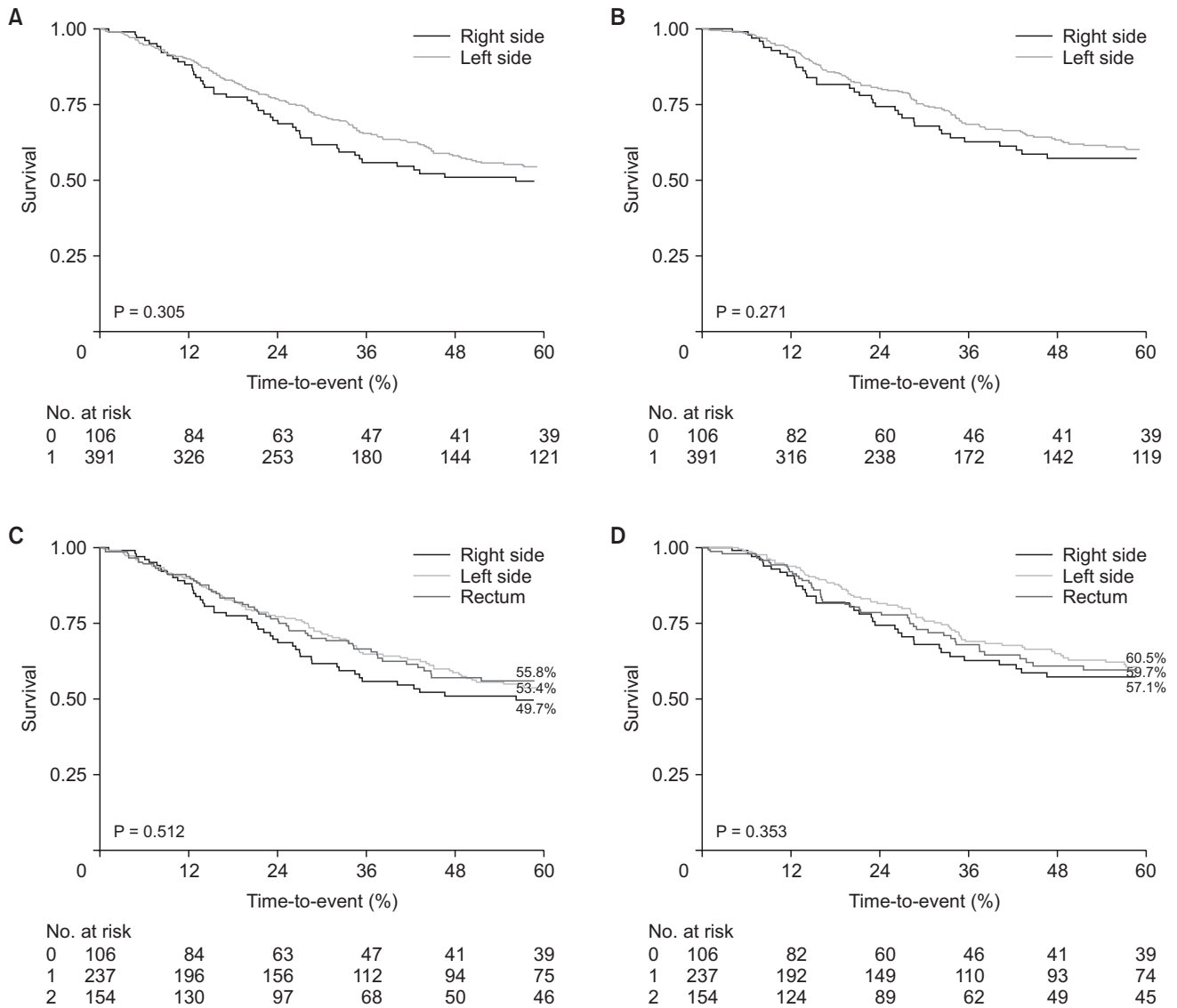


Fig. 1. Kaplan-Meier survival graph according to sidedness. (A) Overall survival. (B) Progression-free survival. (C) Overall survival categorized as right, left, and rectum. (D) Progression-free survival categorized as right, left, and rectum.

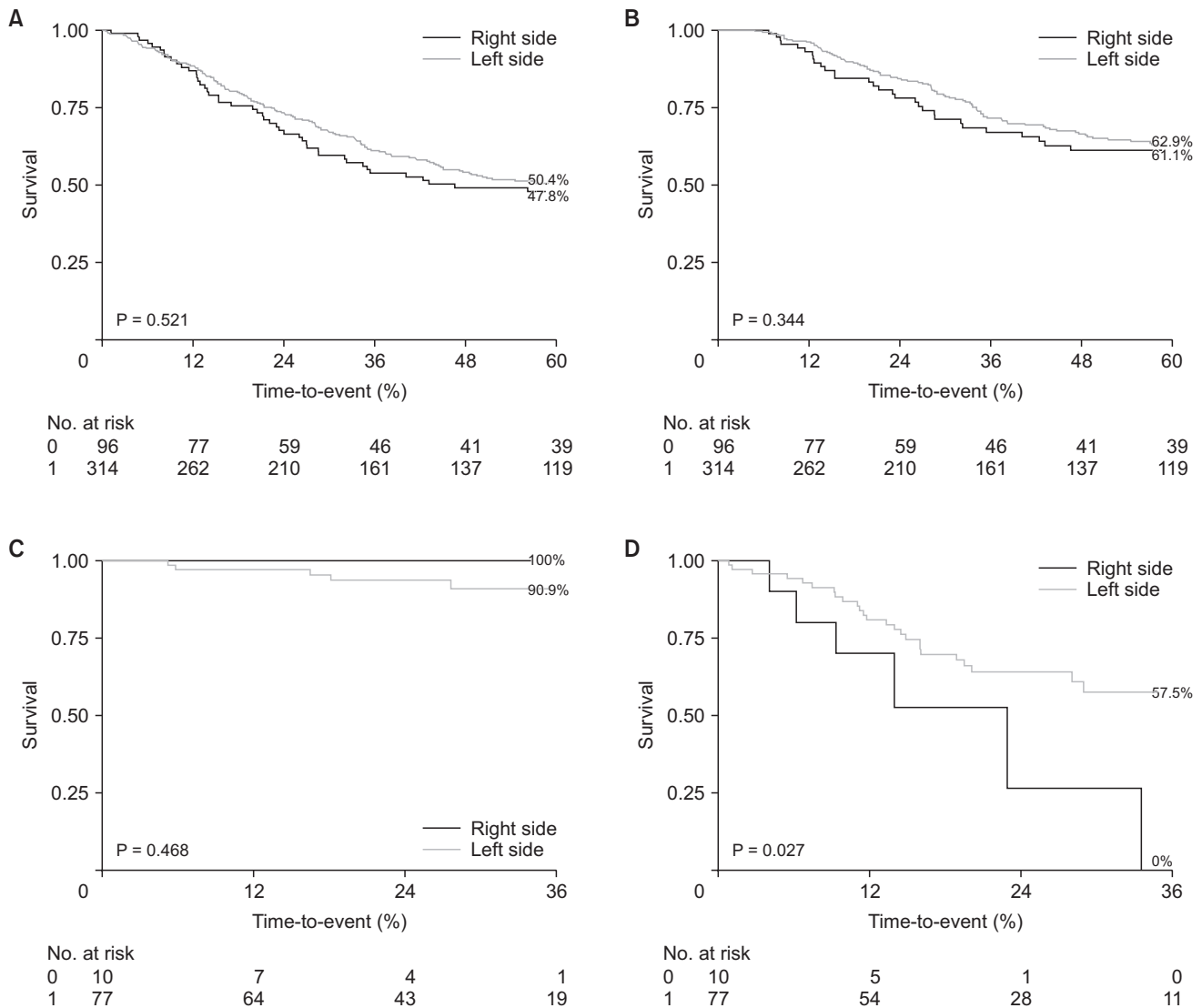


Fig. 2. Kaplan-Meier survival graph according to sidedness in synchronous and metachronous tumors. (A) Overall survival in synchronous tumors. (B) Progression-free survival in synchronous tumors. (C) Overall survival in metachronous tumors. (D) Progression-free survival in metachronous tumors.

Survival outcomes according to hepatectomy timing

The 5-year OS and 5-year PFS were subjected to further analysis in accordance with the timing of hepatectomy (staged vs. simultaneous) in the context of synchronous tumors. The findings indicated that the staged operation exhibited superior OS (staged vs. simultaneous, 87.5% vs. 49.3%; $P = 0.465$) and PFS (staged vs. simultaneous, 100% vs. 62.2%; $P = 0.276$) outcomes, although this difference was not statistically significant (Fig. 3).

Prognostic factor analyses

In the analysis of prognostic factors, synchronous tumor (odds ratio [OR], 5.01; $P < 0.001$), CEA (OR, 1.46; $P = 0.016$), and maximum tumor size of hepatic metastasis (OR, 1.09; $P = 0.026$) were associated with OS in multivariate analysis (Table

2). In the analysis of prognostic factors associated with PFS, synchronous tumor (OR, 0.43; $P < 0.001$), CEA (OR, 1.48; $P = 0.014$), and maximum tumor size of hepatic metastasis (OR, 1.06; $P = 0.037$) were significant in the univariate analysis, but only synchronous tumor (OR, 0.42; $P < 0.001$) and CEA (OR, 1.40; $P = 0.042$) remained statistically significant in the multivariate analysis (Table 3).

Recurrence pattern according to sidedness

Comparisons of recurrence pattern between the right-sided group and the left-sided group are summarized in Table 4. There was no difference in the proportion of local recurrence (right vs. left, 4.4% vs. 3.6%; $P = 0.678$) and distant metastasis (right vs. left, 95.6% vs. 96.4%) based on sidedness, and the types of distant metastasis were similar, with single-organ

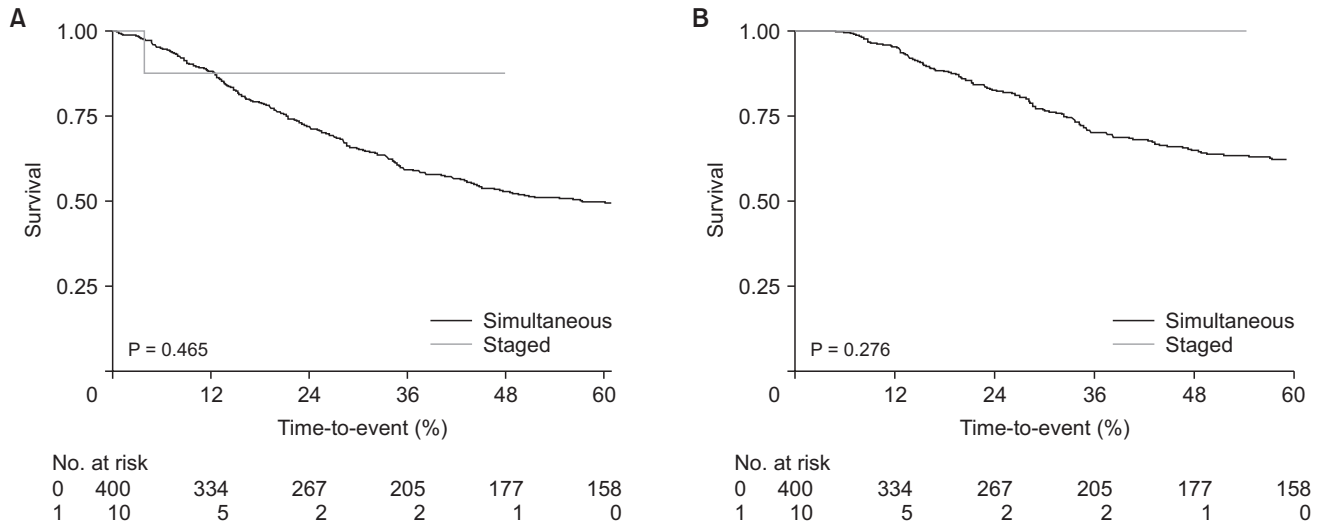


Fig. 3. Kaplan-Meier survival graph according to hepatectomy timing in synchronous tumors. (A) Overall survival. (B) Progression-free survival.

Table 2. Univariate and multivariate analyses of prognostic factors associated with overall survival

Variable	Univariate		Multivariate	
	Crude OR (95% CI)	P-value	Adjusted OR (95% CI)	P-value
Age	1.01 (1.00–1.02)	0.068		
Primary site sidedness, left vs. right	0.86 (0.63–1.17)	0.326		
T stage				
Tx	Reference			
T1	0.47 (0.11–2.11)	0.326		
T2	1.05 (0.29–3.83)	0.938		
T3	0.69 (0.22–2.16)	0.518		
T4a	1.22 (0.38–3.91)	0.734		
T4b	1.69 (0.49–5.82)	0.402		
N stage				
Nx	Reference			
N1a	0.87 (0.52–1.47)	0.61		
N1b	1.11 (0.71–1.72)	0.657		
N1c	0.73 (0.23–2.38)	0.607		
N2a	1.86 (1.22–2.84)	0.004		
N2b	2.22 (1.49–3.32)	<0.001		
Synchronous metastasis, yes vs. no	5.22 (2.14–12.72)	<0.001	5.01 (2.06–12.22)	<0.001
Prehepatectomy chemotherapy, yes vs. no	0.94 (0.68–1.3)	0.705		
No. of chemo-cycle	1.01 (0.97–1.04)	0.773		
Concurrent ablation, yes vs. no	0.89 (0.52–1.52)	0.662		
Hepatectomy extent, major vs. minor	1.17 (0.89–1.54)	0.268		
Hepatectomy method, anatomical vs. non-anatomical	0.87 (0.67–1.13)	0.304		
Resection status, R2 vs. R0/1	0.94 (0.44–1.99)	0.862		
No. of tumors				
1	Reference			
2	1.06 (0.76–1.47)	0.747		
≥3	1.04 (0.74–1.44)	0.837		
Maximum tumor size of hepatic metastasis	1.09 (1.04–1.14)	<0.001	1.09 (1.01–1.12)	0.026
Prehepatectomy CEA (ng/mL), >3 vs. ≤3	1.61 (1.20–2.16)	0.002	1.46 (1.07–1.97)	0.016

OR, odds ratio; CI, confidence interval.

Table 3. Univariate and multivariate analyses of prognostic factors associated with progression-free survival

Variable	Univariate		Multivariate	
	Crude OR (95% CI)	P-value	Adjusted OR (95% CI)	P-value
Age	1 (0.99–1.02)	0.761		
Primary site sidedness, left vs. right	0.83 (0.59–1.16)	0.272		
T stage				
Tx	Reference			
T1	0.39 (0.05–2.76)	0.344		
T2	1.11 (0.23–5.36)	0.896		
T3	0.87 (0.21–3.51)	0.840		
T4a	1.61 (0.39–6.62)	0.510		
T4b	2.11 (0.48–9.35)	0.326		
N stage				
Nx	Reference			
N1a	0.79 (0.45–1.36)	0.39		
N1b	0.95 (0.6–1.49)	0.808		
N1c	0.46 (0.11–1.91)	0.285		
N2a	1.65 (1.07–2.54)	0.025		
N2b	1.48 (0.96–2.29)	0.074		
Synchronous metastasis, yes vs. no	0.43 (0.29–0.64)	<0.001	0.42 (0.28–0.63)	<0.001
Prehepatectomy chemotherapy, yes vs. no	1.32 (0.95–1.83)	0.103		
No. of chemo-cycle	1.03 (0.99–1.06)	0.103		
Concurrent ablation, yes vs. no	1.02 (0.6–1.73)	0.95		
Hepatectomy extent, major vs. minor	1.08 (0.8–1.46)	0.604		
Hepatectomy method, anatomical vs. non-anatomical	0.94 (0.7–1.25)	0.661		
Resection status, R2 vs. R0/1	1.14 (0.54–2.43)	0.731		
No. of tumors				
1	Reference			
2	0.97 (0.68–1.4)	0.887		
≥3	1 (0.7–1.44)	0.996		
Maximum tumor size of hepatic metastasis	1.06 (1–1.13)	0.037	1.05 (0.98–1.12)	0.157
Prehepatectomy CEA (ng/mL), 3> vs. ≤3	1.48 (1.08–2.02)	0.014	1.40 (1.01–1.94)	0.042

OR, odds ratio; CI, confidence interval.

Table 4. Comparison of recurrence pattern between right-sided group and left-sided group

	Right side (n = 45)	Left side (n = 140)	P-value
Recurrence type			
Local	2 (4.4)	5 (3.6)	0.678
Distant metastasis	43 (95.6)	135 (96.4)	
Type of distant metastasis			
Single organ	31 (72.1)	95 (70.4)	0.981
Hepatic	15 (48.4)	35 (36.8)	0.868
Pulmonary	10 (32.3)	37 (38.9)	
Peritoneal	2 (6.5)	7 (7.4)	
Distant lymph node	2 (6.5)	6 (6.3)	
Bone	0 (0)	4 (4.2)	
Others	2 (6.5)	6 (6.3)	
Multiple organs	12 (27.9)	40 (29.6)	
Hepatic + pulmonary	8 (66.7)	21 (52.5)	0.982
Hepatic + intra-abdominal	2 (16.7)	8 (20.0)	
Hepatic + others	1 (8.3)	2 (5.0)	
Pulmonary + intra-abdominal	1 (8.3)	5 (12.5)	
Pulmonary + others	0 (0)	1 (2.5)	
Intra-abdominal	0 (0)	3 (7.5)	

metastasis accounting for about 70% in both groups ($P = 0.981$). The proportions of single-organ metastasis (hepatic; right vs. left, 48.4% vs. 36.8%; $P = 0.868$) also showed no difference in sidedness.

DISCUSSION

While numerous factors influenced survival in CRC, several studies have reported on the concept of 'sidedness', which refers to differences in survival based on the location of the primary tumor [16-19]. Survival outcomes according to sidedness suggest a worse prognosis for right-side colon cancer compared to left-side, and this discrepancy has been attributed to differences in embryonic origin, *RAS* status, and microsatellite instability [19].

Survival disparities based on the location of the primary tumor have also been observed in CRLM. In unresectable CRLM, right-sided colon cancer is associated with worse survival compared to left-sided colon cancer [20]. However, conflicting results have been reported in resectable CRLM. A meta-analysis of survival after hepatectomy showed that right-sided colon cancer was associated with a poorer prognosis compared to left-sided colon cancer, but Sasaki et al. [14] reported the opposite result. Furthermore, Zhang et al. [15] reported that patients with right-sided colon cancer had worse recurrence-free survival but similar OS.

In our study, we found no differences in OS or PFS based on sidedness. This result is consistent with the findings of Zhang et al. [15], who analyzed 611 patients using propensity score matching (PSM). The main difference between their study and ours is that we did not conduct PSM, and instead performed a subgroup analysis. In the subgroup analysis, synchronous tumors did not show a difference in prognosis based on sidedness. However, in the subgroup analysis of metachronous tumors, OS did not differ by sidedness, but PFS was worse in the right-sided group. Although various factors may have contributed to this outcome, we speculate that the higher proportion of single hepatic metastasis within the metachronous tumor (right vs. left, 30% vs. 67%) on the left side may have played a role.

The right-sided group exhibited a lower proportion of prehepatectomy chemotherapy. In the analysis of subgroups, prehepatectomy chemotherapy did not show any differences in the metachronous group, but the low proportion of prehepatectomy chemotherapy in synchronous tumors had an impact. It appears that this is due to selection bias that arose from our investigation of resectable CRLM rather than the entire CRLM population.

The prognostic factor analysis of our study revealed that resection status did not exert an influence on OS and PFS. Firstly, this result may be attributed to selection bias, whereby patients with a high probability of R2 resection are excluded

from the initial selection process for hepatectomy. Furthermore, in the case of R2 resection, all but 3 patients had resections that were not detected and removed due to their small size. Consequently, we consider that the analysis demonstrated that resection status did not affect prognosis.

The postoperative recurrence rate of CRLM is reported to be around 70% [21], and intrahepatic metastasis has been identified as the most common recurrence pattern, although rates vary according to systemic therapy and clinical risk score (CRS) [22]. Recurrence patterns by sidedness also indicate that intrahepatic metastasis is the predominant pattern regardless of the primary tumor location [14]. However, in our study, pulmonary metastasis was identified as the most common single-organ distant metastasis in the left-sided group, although the difference was not statistically significant. Unlike previous studies, we differentiated between single-organ distant metastasis and multi-organ distant metastasis and found that the prevalence of at least one intrahepatic metastasis in multi-organ distant metastasis was more than 80%, regardless of the sidedness.

Various aggressive methods, including consideration of future remnant liver volume, are being explored in the management of CRLM, and liver transplantation is also under investigation [23-25]. When considering surgical resection, factors such as size, tumor location, and biological characteristics of the primary tumor should be taken into account to determine resectability [26-28]. However, in clinical practice, some patients may present with borderline resectability despite consideration of these factors. If the location of the primary tumor were an independent prognostic factor in these patients, the concept of sidedness could become a critical consideration in clinical decision-making. However, our results confirm that sidedness is not an independent prognostic factor in patients with CRLM.

This study has several limitations, including its retrospective nature and single-center study design. In addition, it did not consider various prognostic factors such as classification of CRS and genomic status (*RAS* or *BRAF* status). However, unlike other studies, we exclusively analyzed patients after 2008 onwards and also included patients after 2016, when less invasive liver resections such as laparoscopic liver surgery began to be actively performed [29,30].

In conclusion, sidedness was not identified as an independent prognostic factor in resectable CRLM. Instead, prognosis was associated with CEA levels, synchronous tumor, and maximum tumor size of hepatic metastasis. In addition, the patterns of recurrence after hepatectomy did not differ based on sidedness.

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Conflict of Interest

No potential conflict of interest relevant to this article was reported.

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