

New insights in the pathogenesis and genetics of leprosy

Andrea Gulia¹, Isabella Fried² and Cesare Massone^{2*}

Addresses: ¹Department of Dermatology, University of L'Aquila, Via Vetoio – Coppito 2 I-67100, L'Aquila, Italy; ²Department of Dermatology, Medical University of Graz, Auenbruggerplatz 8, A-8036, Graz, Austria

* Corresponding author: Cesare Massone (cesare.massone@klinikum-graz.at)

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Abstract

In the last 30 years the leprosy burden has been dramatically reduced but over the last 5 years still more than 200,000 new cases were detected each year. Advances in immunology, pathogenesis, and genetics of leprosy have been reported. A deeper understanding of the mechanisms of infection will ultimately improve our ability to fight against this potentially devastating infectious disease.

Introduction and context

Leprosy is a human chronic infectious disease caused by *Mycobacterium leprae*. It affects the skin and peripheral nerves and can cause irreversible impairment of nerve function and consequent chronic disabilities. Only a small percentage (less than 1%) of the population that comes into contact with *M. leprae* will develop the disease [1]. Since the introduction of multidrug therapy in 1982 by the World Health Organisation the leprosy burden has been dramatically reduced, but over the last 5 years more than 200,000 new detected cases were still being reported each year [1,2].

The hallmark of leprosy is a broad clinical spectrum of pathology determined by the host immune response. Tuberculoid (TT) leprosy patients mount a vigorous T-helper 1 (Th1) cell-mediated immune response in skin and nerves, displaying a delayed-type hypersensitivity response to *M. leprae* antigens. Although limiting the number of bacilli and lesions, this strong response accounts for the prominent impairment of the peripheral nerves [1]. Conversely, lepromatous (LL) leprosy patients exhibit specific cellular unresponsiveness to *M. leprae* antigens associated with a T-helper 2 (Th2) immune response and high mycobacterial loads in the skin and nerves. However, most leprosy patients display a pathogenesis between the two polar forms and are classified as either borderline tuberculoid or borderline lepromatous. Leprosy reactions are common in these

immunologically unstable borderline groups and involve an upregulation of the host response to *M. leprae* antigens [1,2]. In patients with the disseminated form, lepromatous leprosy, a reaction known as erythema nodosum leprosum (ENL) is frequent, being observed in up to 50% of lepromatous leprosy patients receiving antimicrobial therapy [1,2].

Research into the mechanisms underlying infection, pathogenesis, and clinical sequelae has been limited by the fact that *M. leprae* infects only humans and cannot be cultured *in vitro*. However, the complete sequence of the genome of *M. leprae* was published at the beginning of the 21st century [3]. Today, accumulated evidence clearly indicates that exposure to *M. leprae* is necessary but not sufficient to explain susceptibility to leprosy, and several genes and genomic regions have been implicated as players in the complex genetic mechanism controlling host susceptibility to the disease [1].

Recent advances

Immune response

An effective innate immune response in combination with the low virulence of the leprosy bacillus may underlie resistance to the development of clinical disease. Dendritic cells (DCs) uptake *M. leprae* and subsequent local production of cytokines and chemokines regulates inflammation and influences the course of the adaptive cell-mediated immunity into a Th1 or

Th2 response. Although DCs are known to be effective presenters of *M. leprae* antigens, major histocompatibility complex (MHC) class I and II expression is downregulated in monocyte-derived DCs infected with *M. leprae* bacilli. On the other hand, DCs stimulated with *M. leprae* membrane antigens upregulate both MHC class II and CD40 ligand-associated interleukin-12 (IL-12) production, suggesting that whole live bacilli may suppress the interaction of DCs and T cells [4].

The cytokine profile present in the lesion also appeared to be correlated with Toll-like receptor (TLR) function: Th1-type cytokines are associated with TLR1 and TLR2 activation, and Th2-type cytokines are associated with inhibition of activation. The expression of TLR1 and TLR2 has been found to be stronger on monocytes and DCs in TT lesions than in the LL counterparts. In addition, *in vitro* studies showed that the *M. leprae* 19-kDa and 33-kDa lipoproteins could activate monocytes and monocyte-derived DCs through TLR2 [5].

Recent investigations showed that plasmacytoid DCs are not involved in the immune response against *M. leprae* whereas FoxP3-positive cells (markers of regulatory T cells, or T_{reg} cells) were present in 95% of the cases in a retrospective immunohistochemical study, with an average density of 2.9% of the infiltrate. Their distribution was not related to granulomatous structures or special locations [6].

Helminthic co-infection and leprosy

Since similar investigations in tuberculosis, a significant association between intestinal helminthic infections and multibacillary leprosy has also been reported [7,8]. Intestinal helminths are known to elicit a strong systemic Th2-type response, which is normally followed by a reduction in Th1-type immunity. It is possible that the presence of intestinal helminths downregulates the required Th1-type immunity via upregulation of Th2-type cytokine production, facilitating a subsequent infection by *M. leprae*. Evidence that Th1 downmodulation occurs during intestinal helminth infection was provided by the fact that intracellular interferon-gamma (IFN- γ) levels in both tuberculoid and lepromatous, helminth-free leprosy patients were approximately two-fold higher than in helminth-infected leprosy patients. Conversely, lepromatous patients harboring intestinal helminths produced close to twofold more IL-4 and IL-10 than helminth-free leprosy patients [8].

Diniz and colleagues [9] recently reported a significant association between intestinal helminth infections and lepromatous leprosy and observed that the frequency of intestinal helminths correlated strongly with the

mycobacterial index. Again, intracellular levels of IFN- γ were significantly decreased in leprosy patients co-infected with intestinal helminths when compared with leprosy patients without worms. Conversely, lepromatous leprosy patients with intestinal worms produced higher levels of both IL-4 and IL-10. Results suggest and confirm that a pre-existing infection by intestinal helminths may facilitate the establishment of *M. leprae* infection or its progression to a more severe form of leprosy [9].

Alternative mechanisms of infection

Recent work has suggested that the successful infection and survival of *M. leprae* could be associated with the ability of *M. leprae* to regulate cytokine production or to drive Th1 or Th2 responses. Other pathways like insulin-like growth factor could be implicated [10]. Lipid droplet (LD) formation and prostaglandin 2 (PGE₂) production are directly correlated, indicating that *M. leprae*-induced LDs constitute intracellular sites for eicosanoid synthesis and that foamy cells may be critical regulators in subverting the immune response in leprosy [11].

Neutrophil recruitment

One of the histological differences between ENL and lepromatous leprosy is the characteristic infiltration of neutrophils in ENL lesions. Lee and colleagues [12] investigated the mechanisms of neutrophil recruitment at the site of disease. The gene expression profile of ENL lesions comprised an integrated pathway of TLR2 and Fc receptor activation, neutrophil migration, and inflammation. Major aspects of this pathway include the following: (a) FcR or TLR2 induction of IL-1b release; (b) endothelial activation, including the upregulation of E-selectin and subsequent neutrophil binding; and (c) upregulation of inflammatory mediators associated with both neutrophils and monocytes/macrophages. Thalidomide, which is a highly effective agent used in the treatment of ENL and is known to reduce neutrophil infiltration in lesions, targeted individual events in this inflammatory pathway [12].

Biomarkers

Comparative analysis of serum proteome of leprosy patients by two-dimensional electrophoresis followed by mass spectrometry showed differential expression of acute-phase protein alpha-1-acid glycoprotein (AGP). AGP levels in untreated ENL cases were significantly higher when compared with lepromatous leprosy. After treatment with thalidomide, the levels of AGP decreased to normal levels [13].

Leprosy genes and genomic loci

Studies indicate that leprosy pathogenesis is a two-step process in which a group of genes controls susceptibility

to infection *per se* while different genes control the clinical manifestation of disease. Recent evidence suggests the existence of a third set of genes influencing the development, in a proportion of affected individuals, of leprosy reversal reaction type 1 (RR1).

Concerning human leukocyte antigen (HLA) genes, a strong association has been described between leprosy and HLA-DRB1, HLA-DQA, HLA-linked genes (such as *TAP*, *MICA*, and *MICB*), and two microsatellite markers of the tumor necrosis factor-alpha (*TNFA*) gene located in the HLA region. Nonetheless, a positive association between leprosy and alleles of HLA-linked genes must be interpreted with caution due to the linkage disequilibrium phenomenon [14-17].

Numerous non-HLA variants located in different genes, such as the vitamin D receptor (*VDR*), the natural resistance-associated macrophage protein 1 (*NRAMP1*), the *IL-10*, and the *PARK2/PACRG* genes, have been described as leprosy genetic risk factors. Two single-nucleotide polymorphisms (SNPs) located at the regulatory region shared by the *PARK2* and *PACRG* genes at chromosomal region 6q25-q27 were found to be independently associated with leprosy susceptibility *per se* in both a Vietnamese and a Brazilian population [18-20]. The chromosomal region 10p13 has been linked to paucibacillary leprosy in two independent studies. The *MRC1* gene, encoding the human mannose receptor, is located in the 10p13 region, and nonsynonymous SNPs in exon 7 of the gene have been suggested as leprosy susceptibility factors. Alter and colleagues [21] determined that G396S is the only nonsynonymous exon 7-encoded polymorphism after studying 396 unrelated Vietnamese subjects.

A recent genome-wide study observed a significant association between SNPs in the genes *CCDC122*, *C13orf31*, *NOD2*, *TNFSF15*, *HLA-DR*, and *RIPK2* and a trend toward an association with an SNP in *LRRK2*. The associations between the SNPs in *C13orf31*, *LRRK2*, *NOD2*, and *RIPK2* and multibacillary leprosy were stronger than the associations between these SNPs and paucibacillary leprosy [22]. Another interesting aspect of the study is that variation in some of the implicated genes is known to be associated with bowel inflammatory conditions. A frame-shift mutation in *NOD2* has been identified as a strong susceptibility factor for Crohn's disease. Likewise, variants of *TNFSF15* and *IL-12B* have been associated with Crohn's disease. These findings are consistent with studies of mouse models that have also established a role for *Nod2*, *Ripk2*, and *Nfkb* in intestinal homeostasis and colitis. Together, these studies establish a strong genetic and functional

link between susceptibility to leprosy and predisposition to Crohn's disease [22,23]. Alleles of an SNP and a microsatellite marker of the *TLR2* gene were the first genetic variants associated with protection and susceptibility to RR1, respectively. Two subsequent reports demonstrated an impact of *TLR1* gene variants over the risk of occurrence of RR1 [24,25].

Variability and phylogeography of *Mycobacterium leprae*

New opportunities for understanding the transmission of *M. leprae* and its phylogeny have arisen following the determination of the complete genome sequence by the group led by Stewart Cole [26]. A notable feature of the *M. leprae* genome is the exceptionally large number of pseudogenes, which occupy almost half of the genome. Initial analysis of SNPs demonstrated that genetic variability between different isolates of *M. leprae* was very rare. Furthermore, all extant isolates of *M. leprae* were nearly indistinguishable, belonging to one of only four SNP types, and are derived from a single clone [26]. Monot and colleagues [26] recently described the complete genome sequence and comparative analysis of a Brazilian strain of *M. leprae*, Br4923, which was compared with the genomes of strains from North America, Thailand, and India. Monot and colleagues discovered that the four strains share 99.995% sequence identity. These results are consistent with the hypothesis that leprosy has arisen from infection with a single clone that has passed through a recent evolutionary bottleneck. Differences were found in only 215 polymorphic sites, mainly SNPs, and in 5 pseudogenes. Sixteen interrelated SNP subtypes were defined by genotyping both extant and extinct strains of *M. leprae* from around the world. The 16 SNP subtypes showed a strong geographical association that reflects the migration patterns of early humans and trade routes, with the Silk Road linking Europe to China having contributed to the spread of leprosy [26].

Implications for clinical practice

Leprosy forms a spectrum of clinical manifestations that correlate with the immune response to the pathogen, *M. leprae*. This spectrum is dynamic, with patients developing immune reactions. Leprosy can be seen as a model of a number of phenotypes, ranging from other infectious diseases to several aspects of the immune response.

In terms of the diagnosis, treatment, and prevention of leprosy, the finding that four strains of *M. leprae* from widely separated countries have genomes that are 99.995% identical is extremely encouraging. These data mean that antigenic drift in *M. leprae* should be negligible and that the sequences of drug targets will

not vary. Moreover, genomic studies have allowed investigators to understand the phylogeography of *M. leprae*.

In the future, biomarkers for reactional stages could aid in early diagnosis, efficient treatment, prevention of neurological complications, and prediction of predisposition to reactional stages. Validation of AGP as an ENL-specific biomarker and treatment indicator has to be confirmed.

The significant association between the presence of intestinal helminths and multibacillary leprosy suggests and supports the implementation of antihelminthic strategies in endemic areas, and this may improve general health and reduce the burden of mycobacterial infections. Further studies on this issue have to be conducted.

The description of the pathogenesis and the genetic basis of susceptibility to leprosy may lead to better protocols for diagnosis, treatment, and prevention of disease. Clinicians will not yet reap benefits from the genetic studies or from the advances in immunopathogenesis of leprosy as described above. At the moment, no changes to clinical practice can be recommended. The hope is that a deeper understanding of the mechanisms of infection will ultimately improve our ability to fight against a potentially devastating infectious disease.

Abbreviations

AGP, alpha-1-acid glycoprotein; DC, dendritic cell; ENL, erythema nodosum leprosum; HLA, human leukocyte antigen; IFN- γ , interferon-gamma; IL, interleukin; LD, lipid droplet; LL, lepromatous; MHC, major histocompatibility complex; RR1, reversal reaction type 1; SNP, single-nucleotide polymorphism; Th1, T-helper 1; Th2, T-helper 2; TLR, Toll-like receptor; TT, tuberculoid.

Competing interests

The authors declare that they have no competing interests.

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