

Encephalitic syndrome and anosmia in COVID-19: Do these clinical presentations really reflect SARS-CoV-2 neurotropism? A theory based on the review of 25 COVID-19 cases

Lydia Pougá MD Virology, PhD Neurosciences 

Necker-Enfants malades Hospital, Infectious Diseases and Tropical Medicine Unit, APHP, Paris, France

Correspondence

Lydia Pougá, MD Virology, PhD Neurosciences, Necker-Enfants malades Hospital, Infectious Diseases and Tropical Medicine Unit, APHP, 149 Rue de Sèvres, 75015 Paris, France.
Email: lydia.pougá@hotmail.fr

Abstract

Since the discovery of coronavirus disease 2019 (COVID-19), a disease caused by the new coronavirus severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2), the pathology showed different faces. There is an increasing number of cases described as (meningo)encephalitis although evidence often lacks. Anosmia, another atypical form of COVID-19, has been considered as testimony of the potential of neuroinvasiveness of SARS-CoV-2, though this hypothesis remains highly speculative. We did a review of the cases reported as brain injury caused by SARS-CoV-2. Over 98 papers found, 21 were analyzed. Only four publications provided evidence of the presence of SARS-CoV-2 within the central nervous system (CNS). When facing acute neurological abnormalities during an infectious episode it is often difficult to disentangle neurological symptoms induced by the brain infection and those due to the impact of host immune response on the CNS. Cytokines release can disturb neural cells functioning and can have in the most severe cases vascular and cytotoxic effects. An inappropriate immune response can lead to the production of auto-antibodies directed toward CNS components. In the case of proven SARS-CoV-2 brain invasion, the main hypothesis found in the literature focus on a neural pathway, especially the direct route via the nasal cavity, although the virus is likely to reach the CNS using other routes. Our ability to come up with hypotheses about the mechanisms by which the virus might interact with the CNS may help to keep in mind that all neurological symptoms observed during COVID-19 do not always rely on CNS viral invasion.

KEYWORDS

anosmia, central nervous system, COVID-19, encephalitis, meningitis, SARS-CoV-2

1 | INTRODUCTION

Coronavirus disease 2019 (COVID-19) is a pathology induced by a new coronavirus named severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2). Two clinical presentations are classified as atypical forms of COVID-19: confusion syndrome and anosmia. They are often considered as both resulting from nervous system

damage, the first one being linked to a direct central nervous system (CNS) involvement and the second one to a peripheral nervous system damage.¹

There is an increasing number of cases reporting as SARS-CoV-2 (meningo) encephalitis. Nevertheless, evidence is often lacking. Encephalitis can lead to diverse neurological symptoms (confusion, seizure, focal signs, and coma) that reflect brain injury. Meningitis is

characterized by a neck stiffness and the presence of a cerebrospinal fluid (CSF) pleocytosis, without any parenchymal involvement. A sustained inflammatory response originating outside the brain can also lead to vascular and cells damage without any viral proliferation within the CNS (acute encephalopathy).² Many pathogens including coronaviruses can induce an auto-immune response directed toward the CNS after the resolution of an infection (acute disseminated encephalomyelitis [ADEM]).³ It is often difficult to distinguish encephalitis, meningitis, and neurological symptoms induced by metabolic, vascular, or auto-immune disorders occurring during or after a severe infection.

We reviewed all COVID-19 cases reporting a brain damage (except the ones related to ischemic stroke in the context of a severe infection) and we proposed the mechanisms by which SARS-CoV-2 could impair the CNS. It is urgent to clarify the different ways SARS-CoV-2 may interact with the CNS to distinguish the severe cases (ie, SARS-CoV-2 encephalitis) from the ones related to a transient impact of SARS-CoV-2 infection on the CNS.

1.1 | Case reports

Among 98 records identified from Pubmed database (the search terms “central nervous system,” “CNS,” “neurological,” “encephalitis,” “meningitis,” “meningoencephalitis,” “meningo-encephalitis,” “seizure,” “seizures,” “confusion,” “encephalopathy,” “COVID,” “SARS,” and “coronavirus” were used between 1st of December 2019 and 26th of May 2020), 85 titles and abstracts were screened (13 duplicates) with no language restrictions. Sixty-four were excluded because they were not relevant to the topic covered in this paper. Twenty-one articles reported as SARS-CoV-2 brain injury were fully read,⁴⁻²⁴ corresponding to 25 cases.

When performed ($n = 10$), the SARS-CoV-2 reverse transcription polymerase chain reaction (RT-PCR) in the CNS was positive only in four patients (40%). Among those four cases, comorbidities have been reported in two of them (50% vs 33% of the patients with a negative RT-PCR in the CNS), the virus was systematically found in the upper respiratory tract (the test was performed simultaneously in the CNS and in the nasopharynx only for two patients, and no other body compartment has been tested), and they all displayed a severe form except one (75% vs 33% of the patients with a negative RT-PCR), with one death and no recovery at the day of the publication for the other three severe cases.

Most of patients were males ($n = 17$, 68%) and reported comorbidities ($n = 13$, 52%). Alteration in mental status/confusion were the most reported neurological symptoms ($n = 22$, 88%). The neurological symptoms were concomitant with respiratory symptoms ($n = 7$, 28%) or appeared in the context of a worsening of initial respiratory symptoms ($n = 7$, 28%). Cerebral magnetic resonance imagery (MRI) performed in twelve patients revealed abnormalities in 50% of cases and showed inflammatory lesions that brain computed tomography (CT) failed to reveal (cases 2⁵ and 9¹⁴). Among the fourteen lumbar punctures performed, 50% were normal (no

pleocytosis and no elevation of proteins level). A lymphocytic pleocytosis was found in five cases (36%). An elevation of proteins level in the CSF was reported only in two cases (14%). When performed ($n = 8$) SARS-CoV-2 RT-PCR on CSF samples were positive only in two cases (25%). Finally, almost half of the patients ($n = 11$, 44%) had a severe infection (intensive care unit, mechanical ventilation, death) with recovery in the majority of cases ($n = 15/24$, 62.5%) (Table 1).

1.2 | The indirect impact of SARS-CoV-2 on the CNS

Although many authors presented their cases as SARS-CoV-2 (meningo) encephalitis, this diagnosis remains speculative without any evidence of the virus within the CNS. The neurological symptoms observed in the infant (case 5⁹) and the child (case 7¹²) reported in Table 1 with fast and total recovery are in favor of a moderated effect of cytokines on the brain. This mechanism has been recently proposed to explain aseptic CSF pleocytosis commonly observed in infants during urinary tract infections.²⁵ The apparition of neurological impairments after the resolution of respiratory symptoms observed in three patients in this paper (cases 10,¹⁵ 16,¹⁹ and 24²³) are highly suggestive of ADEM.

1.3 | Possible mechanisms of SARS-CoV-2 brain invasion

Based on post-mortem data available about the brain of healthy people and patients with neurological diseases, we now know that CNS brain invasion by coronaviruses might probably occur more frequently than expected.²⁶ Animal studies have showed that coronaviruses are able to reach the CNS via peripheral nerves.²⁷ Based on these data and the neurological symptoms found in COVID-19 some have postulated that SARS-CoV-2 might have neurotropic properties. As a matter of fact, the presence of a virus within the CNS involves two concepts: the virus capacity to reach the CNS (neuroinvasiveness) and the virus capacity to proliferate efficiently within the CNS (neurovirulence). Neuroinvasiveness can be achieved by viruses able at using the machinery of neurons be transported within a neuron as seen in the case of herpes viruses. Viruses can also be present in the CNS using other pathways such as the bloodstream. In this case the virus does not need any particular affinity for neurons (neurotropism) (Figure 1).

1.3.1 | SARS-CoV-2 CNS invasion via the hematogenous route

Virus can take advantage of the increased local blood vessels permeability and epithelium disruption induced by a sustained inflammatory response to reach the bloodstream. Unlike primary viremia that occurs silently during the early stage of an infection, this secondary viremia occurs later and during a sustained viral

TABLE 1 Cases reported as SARS-CoV-2 (meningo) encephalitis or encephalopathy

Case	Authors	Sex (M/F), age (y or d)	Country	Neurological symptoms			CNS samples			Brain abnormalities				Neurological diagnosis proposed by the authors			
				Onset (Ac, Ar, C or I) ^a	Comorbidities	Type	Anosmia ^b	CSF	Brain sample	SARS-CoV-2 RT-PCR in CSF or brain sample	Severity (ICU/MV/ death)	EEG	Brain CT		Brain MRI	Outcome	
1	Filatov et al	M, 74 y	USA	Parkinson, CVD, COPD	C	Altered mental status	n		ND	ND	Yes	aN	n	ND	ND	Poor prognosis	Encephalopathy
2	Moriguchi et al	M, 24 y	Japan		Ac	Unconsciousness, seizures, meningeal syndrome		Lymphocytic pleocytosis	+		Yes	ND	n	Encephalitis	Poor prognosis	Meningoencephalitis	
3	Poyiadji et al	F, 55 y	USA		C	Altered mental status		Traumatic	ND			ND	ND	Hemorrhagic lesions		ANE	
4	Duong et al, updated by Hung et al	F, 41 y	USA	Diabetes, obesity	I	Disorientation, hallucinations, seizures, meningeal syndrome		Lymphocytic pleocytosis	+		No	aN	n	ND	Recovery	Meningoencephalitis	
5	Chacón-Aguilar et al	M, 26 d	Spain	No	C	Hypertonia, seizures, irritability	n		ND		No	n	ND	ND	Recovery		
6	Ye et al, Yin et al	M, 64 y	China	No	Ac	Altered consciousness, pyramidal syndrome, meningeal syndrome	n		ND		No	ND	n	ND	Recovery	Encephalitis	
7	McAbee et al	M, 11 y	USA	No	I	Seizures		Pleocytosis	ND		No	aN	n	ND	Spontaneous recovery	Encephalitis	
8	Paniz-Mondolfi et al	M, 74 y	USA	Parkinson	C	Confusion, agitation, aggressivity		ND	Viral particles coming in/out of the endothelial wall and inside neural cell bodies	+	Yes	ND	aNR	ND	Death	Encephalitis	
9	Zanin et al	F 54	Italy	Brain artery aneurysm	Ac	Unconsciousness, seizures	Yes (before)	n	ND	Neg	Yes	aN	n	Multifocal hypertensive lesions	Recovery	Encephalitis or ADEM	
10	Pellitero and Ferrer-Bergua	F 30	Spain	No	Ar	Vestibular syndrome	Yes (before)	ND	ND	ND	No	ND	ND	n	Fast recovery		

TABLE 1 (Continued)

Case	Authors	Sex (M/F), age (y or d)	Country	Comorbidities	Neurological symptoms		CNS samples			Brain abnormalities			Neurological diagnosis proposed by the authors			
					Onset (Ac, Ar, C or I) ^b	Type	Anosmia ^a	CSF	Brain sample	SARS-CoV-2 RT-PCR in CSF or brain sample	Severity (ICU/MV/ death)	EEG		Brain CT	Brain MRI	Outcome
11	Franceschi et al	M, 48 y	USA	Obesity	Ac	Altered mental status	ND	ND	ND	ND	Yes	ND	Edema, hemorrhage	Edema, petechial hemorrhages	Recovery	PRES
12	Franceschi et al	F, 67 y	USA	CVD, asthma, diabetes	I	Altered consciousness, confusion	ND	ND	ND	ND	No	ND	Edema, hemorrhages	Edema, hemorrhages	Recovery	PRES
13	Sohal and Mos-sammat	M, 72 y	USA	CVD, diabetes, chronic kidney disease on hemodialysis	C	Altered mental status, seizures	ND	ND	ND	ND	Yes	aN	aNR	ND	Death	Encephalitis
14	Chaumont et al	M, 67 y	France (Guadeloupe)	No	C	Altered consciousness, focal signs, meningeal syndrome	Yes (contaminant)	Lymphocytic pleocytosis, mHYP	ND	ND	No	aN	ND	n	Partial recovery	Meningoencephalitis
15	Bernard-Valnet et al	F, 64 y	Switzerland	No	Ac	Disorientation focal signs, seizures, hallucinations, psychotic symptoms	ND	Lymphocytic pleocytosis	ND	Neg	No	aN	ND	n	Recovery	Meningoencephalitis
16	Bernard-Valnet et al	F, 67 y	Switzerland	No	Ar	Confusion, aggressivity, focal signs	ND	Lymphocytic pleocytosis	ND	Neg	No	ND	ND	n	Recovery	Meningoencephalitis
17	Beach et al	M, 76 y	USA	Major neurological disorder, CVD	I	Altered mental status, aggressivity, myoclonus, akinetic mutism	?	ND	ND	ND	No	ND	aNR	ND	Partial recovery	Encephalopathy
18	Beach et al	M, 70 y	USA	Dementia with Lewy bodies, CVD	B	Altered mental status, agitation, myoclonus, akinetic mutism	?	ND	ND	ND	No	ND	aNR	ND	Partial recovery	Encephalopathy

(Continues)

TABLE 1 (Continued)

Case	Authors	Sex (M/F), age (y or d)	Country	Comorbidities	Neurological symptoms			CNS samples			Brain abnormalities			Neurological diagnosis proposed by the authors		
					Onset (Ac, Ar, B, C or I) ^a	Type	Anosmia ^a	CSF	Brain sample	SARS-CoV-2 RT-PCR in CSF or brain sample	Severity (ICU/MV/death)	EEG	Brain CT		Brain MRI	Outcome
19	Beach et al	M, 68 y	USA	Schizophrenia, chronic kidney disease	I	Altered mental status (after fall), akinetic mutism	?	ND	ND	ND	No	aN	subdural hemorrhatoma	ND	Recovery	Encephalopathy
20	Beach et al	F, 87 y	USA	Dementia, CVD, COPD, diabetes	B	Altered in consciousness, altered mental status, agitation, myoclonus	?	ND	ND	ND	Yes	ND	n	ND	Death	Encephalopathy
21	Zayet et al	M, 68 y	France	Obesity	B	Altered consciousness, confusion	No	n	ND	Neg	Yes	ND	ND	n	Recovery	Encephalopathy
22	Zayet et al	M, 39 y	France	No	C	Altered consciousness, focal sign	Yes (before)	n	ND	Neg	No	ND	ND	n	Recovery	Encephalopathy
23	Al-olama et al	M, 36 y	United Arab Emirates	No	Ac	Altered consciousness, confusion	?	ND	ND	+ (Subdural hemorrhatoma)	Yes	ND	ND	Edema, hemorrhatoma	Stable	Meningoencephalitis complicated with hemorrhatoma
24	Fasano et al	M, 54 y	Italy	No	Ar	Unconsciousness, seizures	ND	ND	ND	ND	Yes	ND	n	ND	Recovery	Encephalopathy
25	Haddad et al	M, 41y	USA	Controlled HIV	Ac	Confusion, seizures, agitation	n, Hyperprot	n	ND	ND	Yes	aN	n	ND	Recovery	Encephalopathy

Note: F ~55 y; for case 3, the authors did not precise the patient's age and wrote: "A female airline worker in her late fifties." Abbreviations: ADEM, acute disseminated encephalomyelitis; aN, abnormalities; aNR, abnormalities not related to COVID-19; ANE, acute necrotizing encephalopathy; CNS, central nervous system; COPD, chronic obstructive pulmonary disease; CSF, cerebrospinal fluid; CT, computed tomography; CVD, cardiovascular disease; EEG, electroencephalogram; Hyperprot, elevation of proteins level in CSF (>100 mg/dL); ICU, intensive care unit; mHyperprot, moderated elevation of proteins level in CSF (50-100 mg/dL); MRI, magnetic resonance imaging; MV, mechanical ventilation; n, normal; ND, not done; Neg, negative SARS-CoV-2 RT-PCR; PRES, posterior reversible encephalopathy syndrome; RT-PCR: reverse transcription polymerase chain reaction; SARS-CoV-2, severe acute respiratory syndrome coronavirus 2.
^aWhen anosmia was not explicitly investigated; ? when the patient's mental status did not allow to investigate anosmia; () to precise if anosmia appeared before or was concomitant with neurological symptoms.
^bOnset of neurological symptoms: Ac for apparition of neurological symptoms while those are still present, Ar for apparition of neurological symptoms after respiratory symptoms resolution, B for apparition of neurological symptoms before respiratory symptoms, I for isolated neurological symptoms, and C for concomitant respiratory and neurological symptoms.

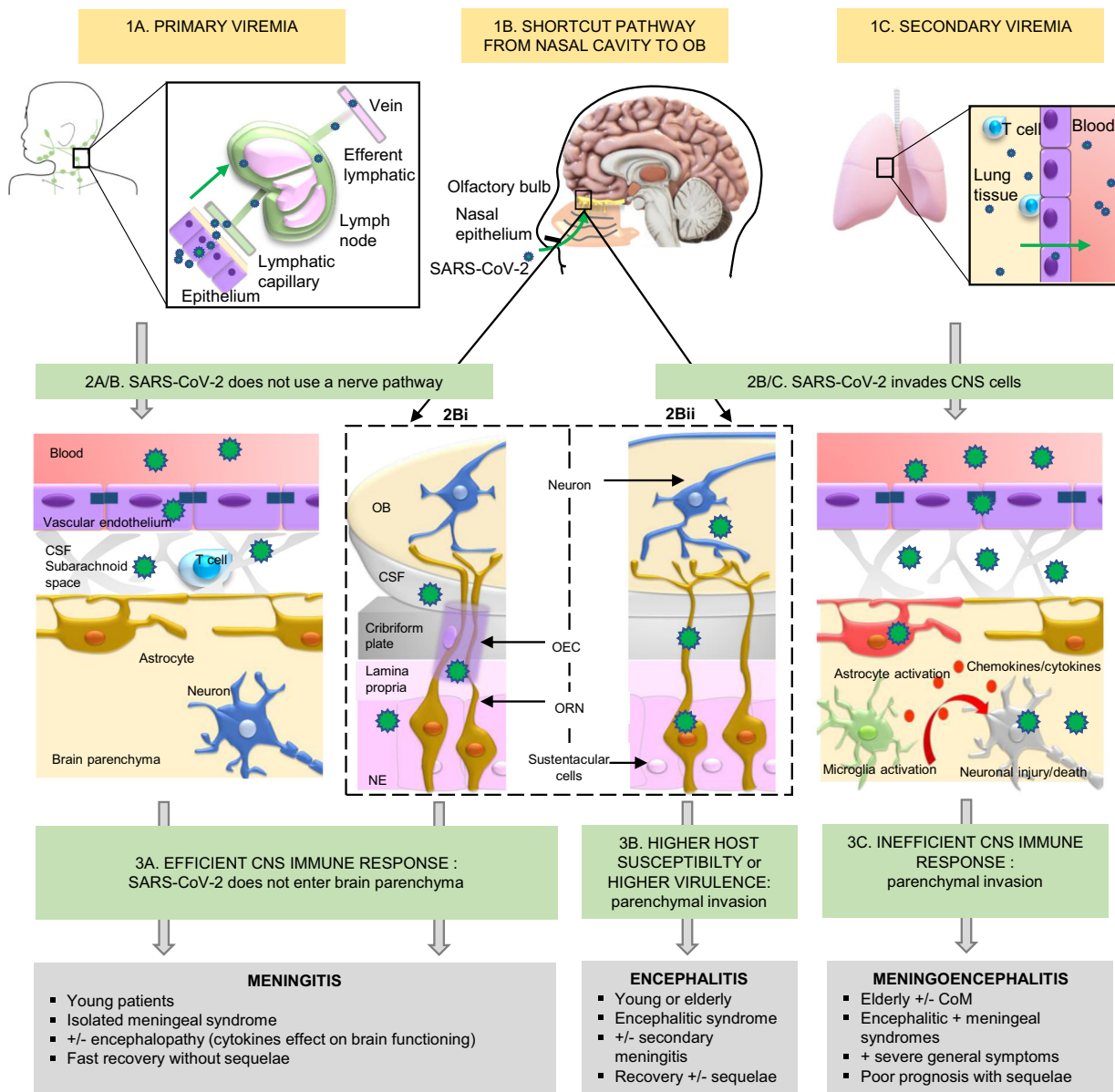


FIGURE 1 Possible mechanisms of severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) brain invasion. 1A, The primary viremia: during a viral infection a small amount of virus can reach the bloodstream. As lymphatic vessels drain into the circulatory system, virus particles can freely reach the bloodstream via this way. Taking advantage from the disruption of the blood-brain-barrier (BBB) caused by the inflammation or using ACE-2 receptors present at the surface of BBB endothelial cells, SARS-COV-2 could then enter the CSF (2A), without any proliferation within the brain parenchyma (3A). In this case symptoms would be limited to a meningeal syndrome. 1B, The shortcut pathway from nasal cavity: When SARS-CoV-2 enters the nasal cavity it could reach the CNS via two routes. 2Bi: It could “passively” reach the CSF via the OECs that have an open connection with the CSF; the CNS immune response should prevent spread of SARS-CoV-2 into the brain parenchyma (3A). 2Bii: SARS-CoV-2 could also invade ORNs with the assumption that ACE-2 is present in those cells; in this case the virus would use a nerve pathway by being transported retrogradely from ORNs to the OB and could continue to spread through chains of connected neurons to reach the brain (3B), which might result in possible irreversible damage to the CNS. 1C, The secondary viremia: during a sustained viral replication due to the host inability to clear the viral proliferation a large amount of virus is produced and the respiratory epithelium can be disrupted, allowing the virus to reach the bloodstream. The virus could then cross the endothelial barrier by taking advantage from the disruption of the BBB caused by the inflammation or using ACE-2 receptors present at the surface of BBB endothelial cells (2C). The ineffective immune response leads to a viral proliferation within the brain parenchyma leading to neural cells damages and severe neurological symptoms (3C). ACE-2., angiotensin converting enzyme II; CNS, central nervous system; CoM, comorbidities; CSF, cerebrospinal fluid; NE, nasal epithelium; OB, olfactory bulb; OEC, olfactory ensheathing cell; ORN, olfactory receptor neuron

replication due to the host inability to clear the viral infection.²⁸ After having reached the bloodstream the virus can use three ways to enter the brain: invading the endothelial cells of the blood-brain-barrier (BBB) (Figure 1, 1C/2C/3C), crossing the epithelial cells of the blood-CSF barrier in the choroid plexus, or using the immune cells ("Trojan horse") which are naturally able to migrate across the BBB during inflammation.²⁹ To our knowledge the only human cases of proven coronavirus brain invasion associated with neurological symptoms have been described for SARS-CoV. The three reported patients with SARS-CoV encephalitis all had a relative alteration of their immune system, all displayed severe pneumonia, and SARS-CoV was found in other body compartments.^{8,30,31} Gu et al's study³² which investigated eight autopsies of patients who died from a severe form of SARS-CoV infection showed that the virus was systematically found in the brain. Interestingly all patients had other organs impairment. All those cases are more in favor of a SARS-CoV spread from an hematogenous dissemination.

It has been shown that SARS-CoV can infect and replicate within peripheral blood mononuclear cells (PBMCs), although the viral replication was limited.³³ The capacity of SARS-CoV-2 to infect and to replicate within PBMCs, which can cross the BBB ("Trojan horse"), remains unknown. The viral gene expression of SARS-CoV-2 in patients PBMCs has not been reported yet.³⁴ According to these preliminary data the "Trojan horse" mechanism does not appear to contribute to SARS-CoV-2 brain invasion.

SARS-CoV-2 invades human cells via angiotensin converting enzyme II (ACE-2).³⁵ It has been shown that in the human brain ACE2 protein might be present only in the endothelial and the smooth muscle cells present in brain arteries and veins.³⁶ The autopsy performed on case 8¹³ confirmed the possibility of a brain access pathway via the endothelial cells of the BBB.¹³ Interestingly this patient had a history of Parkinson disease. Based on the fact that ACE2 expression is modulated by intrinsic factors such as hypertension or ischemic injuries,³⁷ it is possible that history of neurovascular injuries create favorable local conditions for allowing SARS-CoV-2 brain proliferation. In this hypothesis, SARS-CoV-2 might not be a neurotropic virus per se but rather an opportunist neuro-pathogene that proliferates within brain parenchyma only in the case of severe SARS-CoV-2 infection and in patients with neuropathological disorders or immunosuppressed conditions.

1.3.2 | SARS-CoV-2 meningitis

Similarly to enteroviruses which are the principal causal agents of meningitis³⁸ whereas rarely involved in encephalitis, the presence of SARS-CoV-2 within the CSF does not mean that it is able to invade the brain and cause encephalitis. In the nasal epithelium olfactory receptor neurons (ORNs) are surrounded by the olfactory ensheathing cells that have an open connection with the CSF surrounding the olfactory bulbs: those cells create a direct channel between the nasal cavity and the CNS for particles or pathogens up to 100 nm³⁹ (Figure 1, 1B/2Bi/3A). Also, viral particles could be

found in the CSF due to the anatomical connection recently highlighted between the CNS lymphatic system and the nasal lymphatic vessels^{40,41} or via of the lymphatic vessels of the head and the neck that drain into the circulatory system (Figure 1, 1A/2A/3A). Thus SARS-CoV-2 will be present within the CNS without any neurotropic ability. The presence of SARS-CoV-2 within the CSF might induce a local immune response aimed at limiting viral proliferation in immunocompetent patients. This might result in a meningitis that can resolve spontaneously without sequelae. This clinical presentation may be complicated with encephalopathy due to the transient effect of cytokines on brain functioning, as seen in case 4^{7,8} in this review.

1.3.3 | The shortcut olfactory route: anosmia and encephalitis

Anosmia has been mainly reported in pauci-symptomatic patients,⁴² although we cannot rule out that this symptom would be unnoticed in severe patients. It has been shown in animal studies that the fast apoptosis of ORNs prevents anterograde transport of respiratory virus into the CNS.³⁹ Anosmia might rather reflect an efficient innate immune response that leads to ORNs apoptosis via indirect and still unknown mechanisms, and that thus prevents SARS-CoV-2 from reaching the CNS. In this case one may expect that a brain invasion occurring via the nasal pathway would only occur in patients with an inefficient local immune response.

The first case of proven SARS-CoV-2 meningoencephalitis (case 2⁵) has been seen as reflected SARS-CoV-2 potential to be transferred from the nasal cavity to the CNS via an anterograde trans-synaptic route (Figure 1, 1B/2Bii/3B). In fact, the patient showed mainly MRI lesions within a region connected with the olfactory bulbs and a pan-paranasal sinusitis. The human olfactory mucosa directly connects the outside world to the CNS via its ORNs: the axons of these bipolar cells cross the cribriform plate of the ethmoid bone that separates the nasal and cranial cavities, and end in the olfactory bulbs. The hypothesis on a shortcut pathway from nasal cavity to the CNS comes from studies conducted in animals. They showed that an intranasal inoculation of coronaviruses led to the spread of viruses into the CNS without evidence of proliferation within the lower respiratory tract.^{27,29,43} Nevertheless, it has been shown that ACE2 might be absent or rare in ORNs,⁴⁴ which make the hypothesis of a nerve pathway from those cells less probable than defended in the recent literature. Moreover, observations in animal models do not necessarily reflect how a virus behaves in human. In those experimental studies, viral strains are sometimes selected for their neurotropic properties and large amounts of virus are sometimes required to induce CNS disease after peripheral inoculation.

Another question is raised by the discrepancy between the existence of this putative effective pathway and the relative rarity of SARS-CoV-2 encephalitis. After a primary infection herpes simplex virus (HSV) almost systematically reaches the peripheral nervous system, although HSV encephalitis (HSE) remains rare. Studies conducted in animals and in familial cases of HSE strongly

suggest the major roles of host innate immune response and viral factors (strain, route of inoculation, amount of virus) in limiting or promoting HSV access to the CNS.⁴⁵ We can postulate that SARS-CoV-2 encephalitis would occur only in patients with a higher susceptibility to SARS-CoV-2 (higher density of ACE2 in the ORNs, relative deficit in CNS innate immune response) or in the case of a more virulent strain of SARS-CoV-2 able to reach the CNS directly from the olfactory route. Contrary to meningoencephalitis observed during a secondary viremia in patients with comorbidities and with a severe infection, an encephalitis that would occur via a nerve pathway could be observed in young people without comorbidities, as for the two proven cases of (meningo)encephalitis in this review (cases 2⁵ and 23²²). According to this hypothesis neurological symptoms might be isolated or may precede low respiratory tract symptoms. More importantly, the diagnosis could be missed if the lumbar puncture is performed too early after the onset of neurological symptoms, such as observed in HSE.⁴⁶

2 | CONCLUSION

This paper highlights the fact that in most cases the neurological symptoms reported in the literature were more related to the indirect impact of SARS-CoV-2 on brain rather than to a parenchymal invasion. COVID-19 pandemic should not eclipse other neurological infections: *Streptococcus pneumoniae* and enteroviruses remain the principal cause of meningoencephalitis.³⁸ This review also highlighted the necessity to perform a brain MRI as this imagery is superior to CT in highlighting parenchymal lesions linked to meningoencephalitis or vasculitis complications.⁴⁷ In patients with severe neurological symptoms, multiple samples should be performed (in different body compartments but also repeatedly) and the viral genomic sequences compared when possible.

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ORCID

Lydia Pougá  <http://orcid.org/0000-0002-2574-0254>

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