

β -amyloid infusion into lateral ventricle alters behavioral thermoregulation and attenuates acquired heat tolerance in rats

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Abbreviations: AD, Alzheimer disease; A β , β -amyloid; T_a , ambient temperature; T_{ab} , abdominal temperature; T_s , selected ambient temperature; i.c.v., intracerebroventricular; PO/AH, preoptic area/anterior hypothalamus; Dcx, doublecortin; PCNA, proliferating cell nuclear antigen.

We investigated behavioral thermoregulatory function and acquired heat tolerance of β -amyloid (A β)-infused rats. Male Wistar rats were anesthetized and implanted in the intraperitoneal cavity with a temperature transmitter. A β peptide (4.9–5.5 nmol) was dissolved in a solvent of 35% acetonitrile and 0.1% trifluoroacetic acid (pH 2.0). The solvent was used as the vehicle. An osmotic pump contained $234 \pm 13.9 \mu\text{l}$ of A β solution was subcutaneously implanted in the back and was cannulated into the left cerebral ventricle. Moreover, $0.5 \mu\text{g}$ of AlCl_3 was injected into the right cerebral ventricle with a micro syringe pump (A β -infused rats). The solvent-infused rats were used as control rats (CN rats). After 2 weeks, rats were placed in a thermal gradient and their intra-abdominal temperature (T_{ab}) and their ambient temperatures (T_a) selected (T_s) were measured for 3 consecutive days. In an additional study, rats were kept at a T_a of 32°C for 4 weeks to attain heat acclimation. Then, rats were subjected to a heat tolerance test, i.e. they were exposed to a T_a of 36°C for 160 min. Although there were clear day-night variations of T_s and T_{ab} in CN rats, patterns were significantly abolished in A β -infused rats. Moreover, heat tolerance obtained by heat acclimation was attenuated in A β -infused rats. These results suggest that A β -infusion in the lateral ventricle modifies behavioral thermoregulation and lowers an ability to acclimate to heat in rats.

Introduction

Alzheimer disease (AD) is a progressive neurodegenerative disorder characterized by cognitive and memory deterioration and a major social and clinical burden in the elderly. There is accumulating evidence that the production and deposition of β -amyloid (A β) is central to the pathogenesis of AD (Selkoe 1991, Hardy, Selkoe 2002). A β has been shown to cause synaptic dysfunction and neuronal cell death by some mechanisms, e.g. increased oxidative stress, disruption of cellular calcium homeostasis and induces neuronal cell death (Mattson, 1997). A β also suppresses neuronal progenitor cell proliferation and differentiation in the hippocampus and/or cerebral cortex that may contribute to depletion of neurons and cognitive impairment in AD (Gibson et al., 2001, Haughey et al., 2002). Moreover, patients with AD suffer from non-cognitive behavioral symptoms, such as depression, anxiety, agitation, hyperactivity and disturbed circadian

rhythms and sleep (Assal, Cummings 2002; Gillette-Guyonnet et al., 2007; Bombois et al., 2010; Klaffke, Staedt 2006; Stoppe, Brandt, Staedt 1999; Finkel 2003). Abnormalities have been seen in accordance with a decrease of thermal sensation in AD patients (Gibson et al., 2001, Iwamoto, Hanyu, Umahara 2013). Decline of thermal sensation increases the risk of burn and/or frostbite. Attenuation of thermal sensation and cognitive function in AD patients are expected to affect behavioral thermoregulatory functions. Because autonomic thermoregulatory functions in the elderly are attenuated (Armstrong, Kenney, 1993, Minson et al., 2002, Okawa et al., 1991), deficient of behavioral thermoregulatory functions induce several incidents such as hypothermia and/or heat stroke. However, those of thermoregulatory functions in AD have not been proven experimentally.

On the other hand, heat acclimation has been attracting attention as prevention of heat stroke. For animals, constant exposure to moderate heat has been well known to result in development

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of heat acclimation (Wyndham et al., 1976). Heat-acclimated animals show reinforced heat dissipation, reduced heat production and enhanced heat tolerance for acute heating (Wyndham et al., 1976, Garrett et al., 2009, Sawka et al., 2011). We have previously reported that hypothalamic progenitor cell proliferation and neural differentiation, namely neurogenesis, are enhanced in heat-acclimated rats (Matsuzaki et al., 2009). Moreover, heat exposure-induced hypothalamic neurogenesis and acquired heat tolerance in rats were interfered with aging (Matsuzaki et al., 2014). Thus, neurogenesis and associated reconstructions of neuronal networks in the hypothalamic area might have a pivotal role in modulating heat acclimation. However, a capacity of acquired heat tolerance by heat acclimation in AD has not been sufficiently examined.

In this study, we investigated the effect of intracerebroventricular (i.c.v.) A β infusion on behavioral thermoregulation of rats by measuring their selected ambient temperatures (T_s). Also, a capacity of acquired heat tolerance in A β -infused rats was analyzed.

Materials and Methods

Procedure of A β infusion

A β infusion were carried out as described previously (Nitta et al., 1991, Hashimoto et al., 2002, Matsuzaki et al., 2005, Haque et al., 2008, Hashimoto et al., 2011). Twelve male Wistar rats (Japan SLC) of 10 weeks old were individually housed in transparent plastic cages (width, 270 mm; length, 440 mm; height, 187 mm) with wood chippings and initially maintained at an ambient temperature (T_a) of $24.0 \pm 0.1^\circ\text{C}$ and relative humidity of $45 \pm 5\%$ under a 12:12-h light–dark cycle. Rats were anesthetized with pentobarbital sodium (50 mg/kg, i.p.) and a temperature transmitter (TA10TA-F40; Data Sciences) was implanted in their intraperitoneal cavity. A β_{1-40} (Peptide institute) was dissolved in a solvent of 35% acetonitrile plus 0.1% trifluoroacetic acid (pH 2.0). The solvent was used as the vehicle. As a small amount of AlCl $_3$ has been documented to facilitate aggregation of A β in vitro (Kawahara et al., 1994), 0.5 μg of AlCl $_3$ was injected into the right cerebral ventricle by using a micro syringe pump. This procedure strongly improved reproducibility and reliability in yielding an animal model of AD with impaired memory (Nitta et al., 1991, Hashimoto et al., 2002, Matsuzaki et al., 2005, Haque et al., 2008). The osmotic pump contained $234 \pm 13.9 \mu\text{l}$ of A β solution. A total amount of 5.5 nmol A β was infused at the infusion rate of 0.56 $\mu\text{l}/\text{h}$. The rats were allowed to recover from surgery for at least 12 d prior to data collection (A β -infused rats). Vehicle infused rats were used as control rats (CN rats). Vehicle infusion has not affect cognitive function and locomotors activity in rats. All rats were housed individually to avoid crosstalk of radio telemetry.

Estimation of behavioral thermoregulation

Behavioral thermoregulation of A β -infused rats were estimated their selected ambient temperatures (T_s) as described previously (Sugimoto, Sakurada, Shido 1999). Briefly, a long wire

mesh cage (200 \times 12 \times 12 cm) located in an outer temperature gradient box constructed from 0.78-cm-thick aluminum and dimensions of 210 \times 15 \times 15 cm. Eighteen position sensors activated by an infrared light source (PZ-41, KEYENCE) were located along the length of the temperature gradient at approximately 10-cm intervals. The ends of the outer gradient box were maintained at 15 and 37 $^\circ\text{C}$ with water perfusion devices, which resulted in air temperatures inside the box ranging from approximately 17 to 36 $^\circ\text{C}$. AM receivers (RLA3000, Data Sciences) were placed on the temperature gradient box. Food was placed on the floor of the internal cage and water was provided through 4 holes made on the ceiling of the temperature gradient box. Then, the rats could have food at their T_s and drink water at a temperature close to their T_s . The light control was maintained throughout the experiments. The location of the rats in the thermal gradient was detected by the position sensors and T_s was estimated by the calibration curve of air temperature as a function of the location. Measurements started at 16:00 hour and continued for following 3 d T_{ab} and T_s data were sampled every minute with a computer logging system. Spontaneous activity levels of the rats were estimated according to the number of times that the rats crossed the infrared beam emitted from the position sensors in a minute.

Heat tolerance test

Heat tolerance test was carried out as described previously (Matsuzaki et al., 2014). After T_s measurements, CN and A β -infused rats were subjected to a 160-min heat exposure that was increased by 0.7–0.8 $^\circ\text{C}$ every 10 min from 24–36 $^\circ\text{C}$, as shown in Fig. 3A. When the rats were subjected to the heat, T_{ab} of the rats in each group was measured by telemetry system (Dataquest; Data Sciences). Food and water were removed during the test.

Immunohistochemistry

After the heat tolerance test, pentobarbital sodium (50 mg/kg, i.p.) was used to anesthetize the rats and was transcardially perfused with ice cold 4% Paraformaldehyde phosphate buffer solution (Wako, Tokyo, Japan) preceded by a saline perfusion. The brain was removed, fixed overnight at 4 $^\circ\text{C}$ in 4% formaldehyde phosphate buffer solution, and immersed in 20% (w/v) sucrose solution. A cryostat was used to prepare brain sections (40- μm thickness), which were collected as free-floating sections, of all the rats. The brain sections were incubated in 50% formamide/2 \times standard sodium citrate for 2 h at 65 $^\circ\text{C}$, incubated in 2 N HCl for 30 min at 37 $^\circ\text{C}$, rinsed in 100 mM boric acid (pH 8.5) for 10 min at 25 $^\circ\text{C}$, and washed with 0.25% Triton X-100 in Tris-buffered saline (pH 7.4). For multiplex immunoassaying, coronal sections were incubated with several primary antibodies for 12 h at 4 $^\circ\text{C}$. The primary antibodies used in this study were polyclonal rabbit anti c-Fos IgG (1:500; SantaCluz), polyclonal rabbit anti-doublecortin (Dcx) IgG (1:200; Abcam), monoclonal mouse anti-proliferating cell nuclear antigen (PCNA) IgG (1:200; Cell Signaling). To identify c-Fos-immunopositive (c-Fos+) cells, PCNA-immunopositive (PCNA $^+$) cells and Dcx immunopositive (Dcx+) cells, Alexa Fluor 488 anti-rabbit IgG

and Alexa Fluor 488 anti-mouse IgG (1:500; Molecular Probes) were used as the secondary antibodies. After staining, brain sections were mounted on glass slides and covered with 80% glycerol. A confocal microscope (FV-1000; Olympus) and imaging software (Olympus Fluoview; Olympus) were used to visualize all sections under 20× or 40× magnifications. For the hypothalamic area, brain sections (between −0.26 and −4.80 mm from the bregma) were obtained according to the Paxinos and Watson atlas (Paxinos, Watson 1998).

Additional experiment; measurements of acquired heat tolerance

Additionally, we have confirmed whether Aβ-infused rats can improve heat tolerance by long-term heat acclimation. Eight male Wistar rats were used for this additional experiment. After recovery period, all rats were subjected to a constant T_a of $32.0 \pm 0.2^\circ\text{C}$ and relative humidity of $40 \pm 10\%$. On the 40th day after the start of the heat exposure period, all rats were subjected to a heat tolerance test. Then, brains were sampled and used for immunohistochemistry and/or Western blot analysis.

Western blot analysis

Hypothalamic section were extracted with lysis buffer including 1 mM EDTA, 1% SDS, 1 × Complete protease inhibitor cocktail (Roche Diagnostics) and 10 mM HEPES (pH 7.5). Lysate was boiled at 95°C for 10 min, sonicated and centrifuged at 14,000 r.p.m for 20 min at 4°C to obtain the supernatant as cell extract. The lysates were separated by 12.5% SDS-PAGE and transferred onto membranes. The membranes were incubated with polyclonal rabbit anti-Dcx antibody (1:1000). HRP-conjugated anti rabbit IgG (1:2000, Cell Signaling) was used as secondary antibody. Immunoblots were incubated with ECL detection kit (Amersham ECL Prime, GE Health Care) and were visualized by image analyzer (LAS-4000, FUJI FILM). Then the membrane were stripped and reprobed with monoclonal rabbit anti-GAPDH antibody (1:1000; Cell Signaling).

Data quantification and statistical analysis

The results are presented as the mean \pm SEM. The parameters obtained were analyzed by 2-way analysis of variance (ANOVA) with Tukey's post hoc test and/or Student's T-test. Statistical analyses were performed with SPSS (version 18.0, IBM) software. A P value < 0.05 was considered to indicate statistical significance.

Results

The mean T_{ab} values of CN and Aβ-infused rats were measured by telemetry system. Before surgery, T_{ab} levels of CN rats did not differ from those of Aβ-

infused rats (Fig 1A). Eleven days after surgery, T_{ab} of the light phase in Aβ-infused rats was significantly higher than that of CN (Fig. 1B, $F_{(1,24)} = 14.2$, $P < 0.01$, 2-way ANOVA with Tukey's post hoc test). T_{ab} of Aβ-infused rats in the dark phase was slightly lower than that of CN.

T_s of Aβ-infused rats

Two weeks after surgery, T_s value of CN and Aβ-infused rats were analyzed by the thermal gradient chamber. Although there were clear day-night variations of T_s in CN rats, those of variations were abolished in Aβ-infused rats (Fig. 2A). Mean T_s of CN rats in the light phase was significantly higher than that of the dark phase (Fig. 2B, $P < 0.01$). In the light phase, mean T_s of Aβ-infused rats was significantly lower than that of CN rats (Fig. 2B, $P < 0.05$). However, in the dark phase, mean T_s of Aβ-infused rats was significantly higher than that of CN (Fig. 2B, $P < 0.01$).

Heat tolerance of Aβ-infused rats without heat acclimation

During heat tolerance test, T_a was raised from 24°C to 36°C as shown in Fig. 3A. The mean T_{ab} values of 2 groups during the heat tolerance test are shown in Fig. 3B. Both CN and Aβ-infused rats, T_{ab} gradually increased with time. The increases in T_{ab} in CN and Aβ-infused rats did not significantly differ (Fig. 3B).

c-Fos+ cells in the hypothalamus of Aβ-infused rats

After heat tolerance test, brain section of the preoptic area/ anterior hypothalamus (PO/AH) in the hypothalamus, a center of autonomic thermoregulation, were stained with anti-c-Fos antibody to determine neural activation. Although much number of c-Fos+ cells were detected in PO/AH, the expression level and distribution of c-Fos+ cells did not alter between CN and Aβ-infused rats (Fig. 3C).

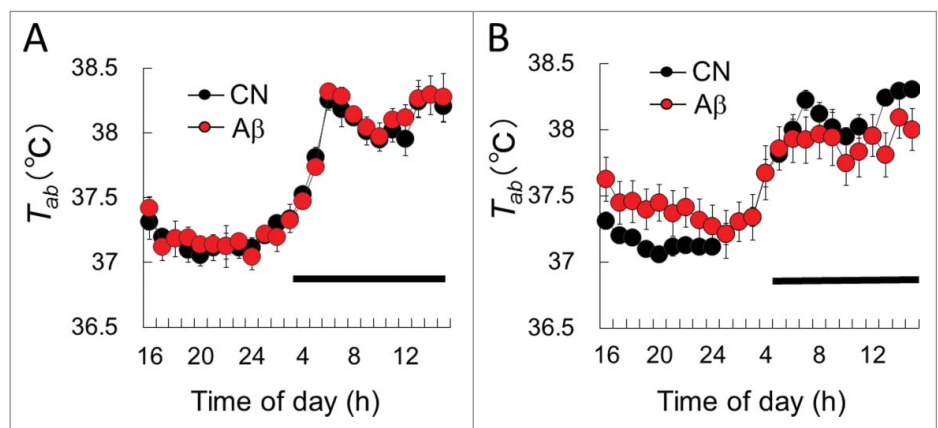


Figure 1. The mean T_{ab} in CN and Aβ-infused rats. (A) Before surgery, T_{ab} levels of CN (black circle) did not differ from those of Aβ-infused rats (red circle). (B) Twelve days after surgery, T_{ab} of the light phase in Aβ-infused rats was significantly higher than that of CN. Dark bars above abscissa indicate the dark phase of the day. Values are the means \pm S.E.Ms ($n = 6$ in each group).

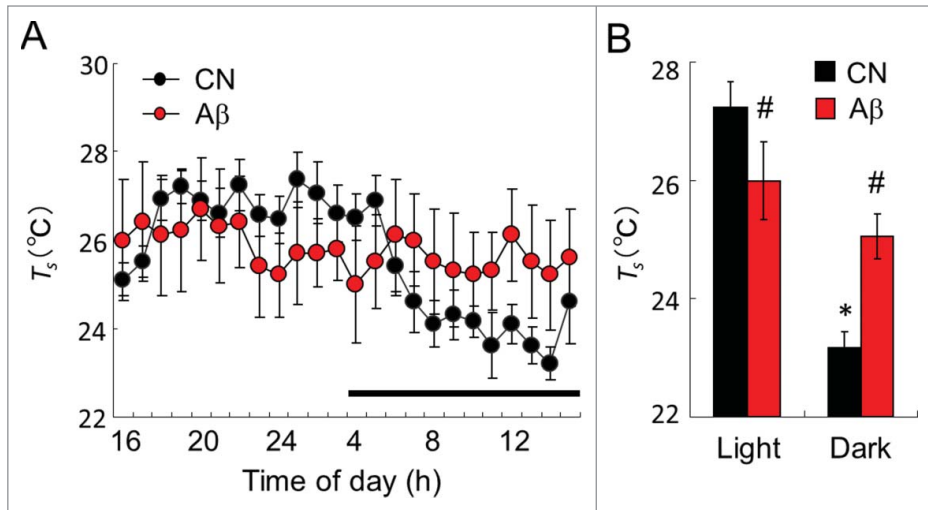


Figure 2. The mean T_s in CN and A β -infused rats. **(A)** T_s value of day in CN (black circle) and A β -infused rats (red circle). Dark bar above abscissa indicates the dark phase of the day. **(B)** Mean T_s of CN (black bar) and A β -infused rats (red bar) in the light and dark phase. In the light phase, mean T_s of A β -infused rats was significantly lower than that of CN. However, in the dark phase, mean T_s of A β -infused rats was significantly higher than that of CN. Values are the means \pm S.E.Ms ($n = 6$ in each group). *Shows significant difference of the light phase and dark phase. # shows significant difference between CN and A β -infused rats.

Additional experiment; Improvement of heat tolerance of A β -infused rats

Additionally, A β -infused rats ($n=4$) were newly made and loaded to 32°C for 40 d to improve heat tolerance. After the heat exposure period, rats were subjected to acute heat as described previously. The mean T_{ab} values of 2 groups during the heat load are shown in Fig. 4A. Before heat load, the T_{ab}

values of the CN and A β -infused rats did not differ. However, the increase in T_{ab} values during 100–160 min after commencing heat load of A β -infused rats was significantly higher than that of CN rats (Fig. 4A, $F_{(1,20)} = 21.3$, $P < 0.01$, 2-way ANOVA with Tukey's post hoc test). The T_{ab} difference between CN and A β -infused rats at 160 min after starting heat load was 0.56°C.

PCNA⁺ and Dcx⁺ cells in the hypothalamus after heat acclimation

Rats were anesthetized and brains were sampled for immunohistochemistry. The hypothalamic section were immuno-labeled with an anti-PCNA antibody, which labels nuclei of proliferating neuronal progenitor cells, and/or an anti-Dcx antibody, which labels soma of migrating immature neuron. In CN rats, PCNA⁺ cells and Dcx⁺ cells were broadly expressed in PO/AH.

These cells in A β -infused rats, however, were hardly detected in PO/AH (Fig. 4B and C). Western blot analysis indicated that the expression level of Dcx protein in the hypothalamus is significantly decreased by A β infusion (Fig. 4D)

Discussion

In this study, we measured T_s variation of A β -infused rats by the thermal gradient system. The thermal gradient system is well known to be one of the ideal methods for studying long-term changes in behavioral thermoregulation, because rats can select an optimal ambient temperature for regulating body core temperature simply by moving to a different location (Laughter, Blatteis 1985). Also, animals have mechanisms that allow them to optimize their energy expenditure for thermoregulation by selecting a thermal environment that corresponds to the lowest metabolic oxygen requirements (Gordon, 1994). Therefore selected ambient temperature measured by the thermal gradient system is capable to one of the marker for behavioral thermoregulation. Chronic infusion of A β into lateral ventricle attenuated T_s variation in rats (Fig. 2A and B). This result suggest that A β suppresses behavioral thermoregulatory

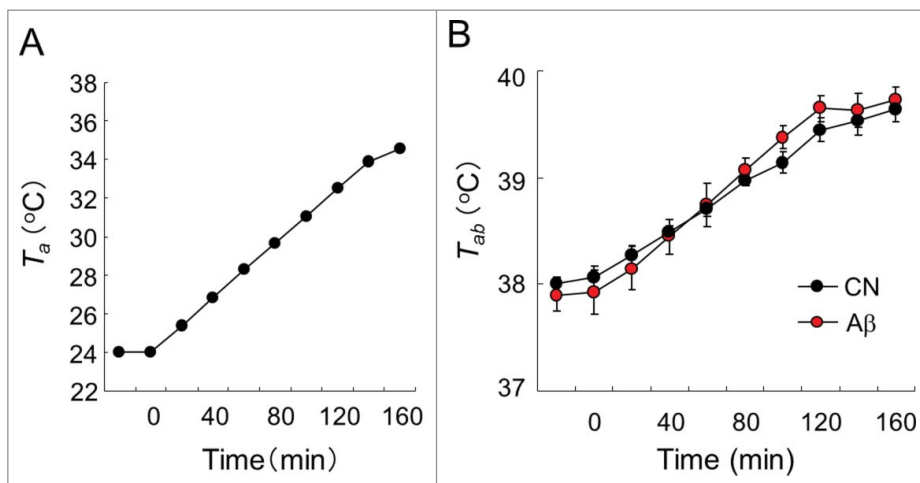


Figure 3. Heat tolerance test in CN and A β -infused rats. **(A)** T_a of the chamber in the heat tolerance test. T_a was gradually raised from time at 0 min. **(B)** T_{ab} responses to gradient heat of CN (black circle) and A β -infused rats (red circle). The T_{ab} values of all rats were monitored by a telemetry system. T_{ab} responses of CN and A β -infused rats did not significantly change. **(C)** c-Fos⁺ cells in the PO/AH. Green signals show c-Fos⁺ cells. The expression level of c-Fos⁺ cells of CN (left) and A β -infused rats (right) did not alter. Scale bar: 50 μ m. **(D)** Over view of PO/AH of hypothalamic section. Red box shows immuno-stained area of **(C)**. ac, anterior comm. ox, optic chiasm.

function in rats. Compared with the knowledge about autonomic thermoregulation, central mechanism of behavioral thermoregulation is not fully examined. Although central mechanism of behavioral thermoregulation is hardly identified, the neural pathway from skin thermoreceptors to the cerebral cortex for somatic thermal sensation has been well investigated (Craig et al., 2000). Neurons responding non-noxious thermal stimuli applied to the skin are located in the lamina I of the spinal cord (Han, Zhang, Craig 1998). Signals from these neurons reach mainly the posterior part of the ventral medial nucleus in the thalamus. Previous studies using functional magnetic resonance imaging (fMRI) have shown that these signals reach several areas in the cerebral cortex, i.e., the insula, primary and secondary somatosensory, orbitofrontal, and cingulate cortex (Becerra et al., 1999, Craig et al., 1994, Davis et al., 1998). Although specific role of cerebral cortex for behavioral thermoregulation are unclear, cerebral cortex is attributable to behavioral thermoregulation. In this study, A β has been chronically injected into rats' lateral ventricle by using osmotic pump. In this animal model, much A β plaque have been seen in the cerebral cortex and hippocampus whereas A β deposits are hardly detected in hypothalamic parenchyma (Nabeshima, Nitta 1994, Hashimoto et al., 2011). This deposition patterns of A β is very similar to AD patients. Indeed, our western blot analysis indicated that the expression level of PSD-95, a postsynaptic neuronal marker, in the cerebral cortex is significantly reduced in A β -infused rats whereas this protein expression in the hypothalamus was hardly changed (data not shown). Probably, this distributional changes of A β and a synaptic marker reduction in cerebral cortex may be related to disruption of behavioral thermoregulatory functions. On the other hand, the magnitude of increase in T_{ab} during heat tolerance test did not differ between CN and A β -infused rats (Fig. 3B). Also, c-Fos protein expression, a neural activation marker, in PO/AH after 160 min heat stimulation did not alter (Fig. 3C). It is now widely accepted that PO/AH plays a key role in autonomic thermoregulation in the heat. Animals with lesions of the PO/AH have reduced ability of autonomic thermoregulation; however, they can conduct behavioral thermoregulation (Carlisle, 1969), indicating that PO/AH is not so important for the behavioral processes. A β infusion into cerebral cortex may hardly affects autonomic thermoregulatory functions in young rats.

A β infusion into lateral ventricle altered T_{ab} of the light phase in rats (Fig. 1B). In contrast, the mean T_s in the light phase of the A β -infused rats was significantly lower than that of CN,

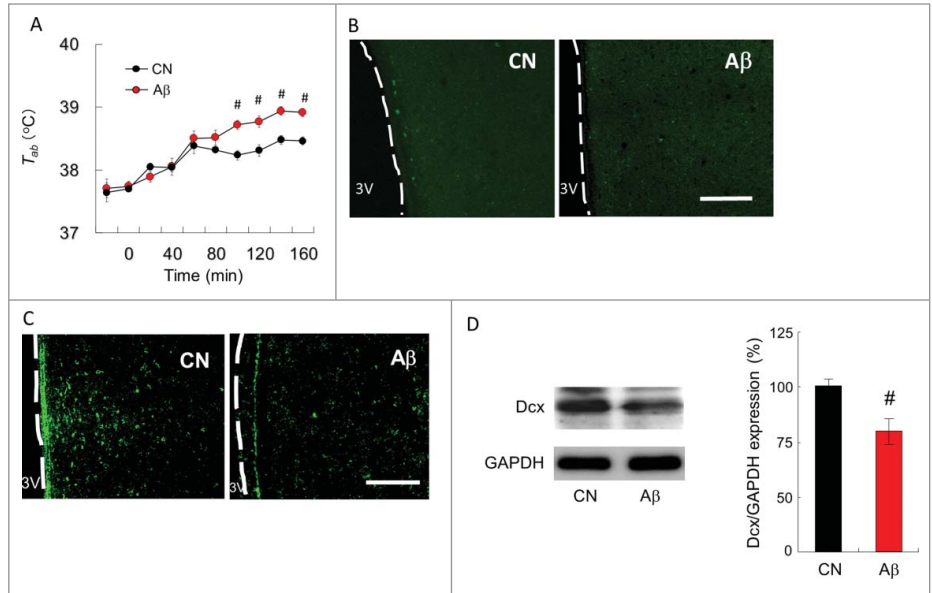


Figure 4. Ability of acquired heat tolerance in CN and A β -infused rats. (A) Heat tolerance test in CN (black circle) and A β -infused rats (red circle) after long term heat exposure. The increase in the T_{ab} values was slower for CN rats than that for the A β -infused rats. #, significant difference between CN and A β -infused rats. Values are the mean \pm SEM (n = 4). (B) PCNA and (C) Dcx immunostaining in the hypothalamus. Scale bar, 100 μ m. (D) Western blot analysis of Dcx protein in the hypothalamus. (Left) Western blot analyses were performed using anti-Dcx antibody. Blots were then stripped and reprobed with anti-GAPDH antibody to verify that equal amount of protein was electrophoresed in each lane. (Right) The densitometric data on Dcx/GAPDH of CN (black bar) and A β -infused rats (red bar). # shows significant difference between CN and A β -infused rats. Values are the mean \pm SEM (n = 4).

whereas the mean T_s in the dark phase was raised by A β infusion (Fig. 2B). Although exact reason for this relationship between changes of T_{ab} and T_s is unknown, disruption of variance in day-night locomotor activity in A β -infused rats may be associated. Indeed, there was day-night variance of locomotor activity in CN rats, while those of variance in A β -infused rats was disappeared (data not shown). This result may be involved that sleep-wake cycle of A β -infused rats was impaired. In AD patients, disturbances in the sleep-wake cycle and circadian rhythms are typical symptoms. Most notably, a fragmented sleep-wake pattern characterized by decreased daytime activity and disrupted nighttime sleep is a common complaint in AD patients (Bonanni et al., 2005). Both the frequency and duration of nocturnal awakenings and daytime naps can influence an abnormal variability of T_{ab} and behavioral thermoregulation. Although the sleep-wake cycle of A β -infused rats has not been measured in the present study, disruption of variance in day-night locomotor activity of A β -infused rats may also be associated with the changes of T_{ab} and T_s .

We additionally investigated an ability of heat acclimation in A β -infused rats. Acquired heat tolerance obtained by 40-day heat exposure in A β -infused rats were significantly lower than that of CN rats (Fig. 4A). This result suggest that A β impairs an ability of heat acclimation in rats. As a prediction, attenuation of acquired heat tolerance may be at least partially related to the changes in the expression levels of PCNA and Dcx proteins in

the hypothalamus. Previously, we have reported that progenitor cell proliferation and neural differentiation are enhanced in the hypothalamus of heat-acclimated rats (Matsuzaki et al., 2009). Also, aging attenuates the ability of heat tolerance and acquired heat tolerance in rats (Matsuzaki et al., 2014). Moreover, inhibition of hypothalamic neurogenesis by mitosis inhibitor attenuates acquired heat tolerance in rats (Unpublished observation). These observations suggest that neurogenesis in the hypothalamus may be important to attain heat acclimation in rats. On the other hand, PCNA protein is originally identified by immunofluorescence as a nuclear protein whose appearance correlated with the proliferative state of the cell (Bravo 1986). Dcx is typically associated with the migration of newborn neurons during the development of the central nervous system (Brown et al., 2003). The protein expression levels of PCNA and Dcx are kept high during the development of newborn neurons within certain areas of the adult mammalian brain. In this study, the expression levels of PCNA and Dcx in the hypothalamus was reduced by A β infusion (Fig. 4B and C). In adult rat hypothalamus, neuronal progenitor cells exist in the ependymal layer of the third ventricle and they migrate into the hypothalamic parenchyma where they differentiate into neurons (Markakis et al., 2004, Xu et al., 2005). Although A β was injected into lateral ventricle, A β may have reached third ventricle via interventricular foramen and impaired the functions of progenitor cell proliferation and neural differentiation. In human AD patients, A β concentration in the cerebrospinal fluid is increased. Because soluble A β has high toxicity for central nervous system, neurogenesis in the hypothalamus of AD patients may be attenuated.

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Disclosure of Potential Conflicts of Interest

No potential conflicts of interest were disclosed.

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