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ORIGINAL ARTICLE

Efficacy and safety of alirocumab among individuals with diabetes mellitus and atherosclerotic cardiovascular disease in the ODYSSEY phase 3 trials

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This research was supported by Sanofi and Regeneron Pharmaceuticals, Inc. The sponsors were involved in the study design, collection, analysis and interpretation of data, as well as in checking of information. The authors were responsible for all content and editorial decisions and received no honoraria related to the development of this publication. **Aims:** Individuals with both diabetes mellitus (DM) and atherosclerotic cardiovascular disease (ASCVD) are at very high risk of cardiovascular events. This *post-hoc* analysis evaluated efficacy and safety of the PCSK9 inhibitor alirocumab among 984 individuals with DM and ASCVD pooled from 9 ODYSSEY Phase 3 trials.

Materials and methods: Changes in low-density lipoprotein cholesterol (LDL-C) and other lipids from baseline to Week 24 were analysed (intention-to-treat) in four pools by alirocumab dosage (150 mg every 2 weeks [150] or 75 mg with possible increase to 150 mg every 2 weeks [75/150]), control (placebo/ezetimibe) and background statin usage (yes/no).

Results: At Week 24, LDL-C changes from baseline in pools with background statins were –61.5% with alirocumab 150 (vs –1.0% with placebo), –46.4% with alirocumab 75/150 (vs +6.3% with placebo) and –48.7% with alirocumab 75/150 (vs –20.6% with ezetimibe), and –54.9% with alirocumab 75/150 (vs +4.0% with ezetimibe) without background statins. A greater proportion of alirocumab recipients achieved LDL-C < 70 and < 55 mg/dL at Week 24 vs controls. Alirocumab also resulted in significant reductions in non-high-density lipoprotein cholesterol, apolipoprotein B and lipoprotein(a) vs controls. Alirocumab did not appear to affect glycaemia over 78-104 weeks. Overall safety was similar between treatment groups, with a higher injection-site reaction frequency (mostly mild) with alirocumab.

Conclusion: Alirocumab significantly reduced LDL-C and other atherogenic lipid parameters, and was generally well tolerated in individuals with DM and ASCVD.

KEYWORDS

cardiovascular disease, dyslipidaemia, lipid-lowering therapy, clinical trial

1 | INTRODUCTION

Diabetes mellitus (DM) is associated with a high prevalence of atherosclerotic cardiovascular disease (ASCVD), including coronary heart disease, ischaemic stroke and peripheral arterial disease, and ASCVD is the main cause of mortality and morbidity among those with DM.¹⁻³ Furthermore, individuals with both DM and ASCVD represent a particularly high-risk group, with a higher risk of further ASCVD events compared with individuals with ASCVD but without DM.⁴⁻⁶

International guidelines for ASCVD risk management place individuals with DM and ASCVD in the highest risk category and recommend treatment with maximally tolerated statin therapy to reduce levels of low-density lipoprotein cholesterol (LDL-C), thereby reducing ASCVD risk.⁷⁻¹⁰ This is supported by data from randomized clinical trials and

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meta-analyses showing that treatment with statins reduces LDL-C levels and ASCVD risk in individuals with DM.¹¹⁻¹³ DM is commonly associated with diabetic dyslipidaemia, including elevated triglycerides and reduced levels of high-density lipoprotein cholesterol (HDL-C), and with an increased number of small dense LDL particles and apolipoprotein (apo) B-containing particles, which is thought to contribute to the increased risk level associated with DM.^{3,14} Because of this, some guidelines have suggested using non-HDL-C, representative of the sum total of all atherogenic cholesterol-containing particles, as an alternative or secondary treatment target for LDL-C.^{8,9,15} However, despite recent increases in the use of high-intensity statin therapy in practice, recent evidence indicates that many individuals with ASCVD and/or DM are not achieving LDL-C and non-HDL-C goals.¹⁶

Further reduction in LDL-C and ASCVD events has been observed in individuals with DM and ASCVD when non-statin therapies, ezetimibe¹⁷ or the proprotein convertase subtilisin/kexin type 9 (PCSK9) inhibitor evolocumab,¹⁸ were added to statin therapy, compared with statins alone. The proportion of participants in these trials who experienced adverse events was comparable with that of controls. Based on these data, guidelines have been updated and now propose that adding ezetimibe and/or a PCSK9 inhibitor should be considered if the individual does not attain sufficient LDL-C reduction with maximally tolerated statins alone, for example, if they have insufficient response to statin therapy or are unable to tolerate high or any doses of statins.^{7–10,15}

Alirocumab is a PCSK9 inhibitor that significantly reduced LDL-C and other atherogenic lipid parameters in participants with hypercholesterolaemia in Phase 3 ODYSSEY trials,¹⁹⁻²⁶ including dedicated trials involving individuals with DM who were receiving insulin therapy²⁷ or with mixed dyslipidaemia,²⁸ with a safety profile comparable to controls. Alirocumab has also been demonstrated to reduce major adverse cardiovascular events vs placebo in patients with recent acute coronary syndrome in the ODYSSEY OUTCOMES trial.²⁹ Subgroup analyses have suggested similar efficacy and tolerability of alirocumab in individuals with and without DM.^{26,30-33} However, it is important to examine the effects of alirocumab in the specific subgroup of individuals with both DM and ASCVD who are at particularly high risk and may benefit from additional lipid-lowering therapy beyond a statin.^{7-10,15} This post-hoc analysis used pooled data from 9 ODYSSEY Phase 3 trials to evaluate the efficacy and safety of alirocumab in individuals with both DM and ASCVD.

2 | METHODS

2.1 | Study designs and participants

This *post-hoc* pooled analysis included individuals with a medical history of Type 1 or Type 2 DM and ASCVD who participated in 9 randomized, double-blind, placebo- or ezetimibe-controlled ODYSSEY Phase 3 trials with subcutaneous alirocumab administered every 2 weeks (Q2W), with trial durations of 24-104 weeks (LONG TERM [NCT01507831],²⁶ FH I [NCT01623115],²³ FH II [NCT01709500],²³ HIGH FH [NCT01617655],²² COMBO I [NCT01644175],²⁴ COMBO II [NCT01644188],²⁰ OPTIONS I [NCT01730040],¹⁹ OPTIONS II [NCT01730053]²¹ and ALTERNATIVE [NCT01709513]).²⁵ Individual trial results have been published previously. Trial protocols were approved by appropriate independent ethics committees or institutional review boards at study centres. All studies were conducted in accordance with the Declaration of Helsinki and the International Conference on Harmonization guidelines for Good Clinical Practice. All participants provided written informed consent before trial enrolment.

For all but one of the trials included in this analysis, eligible participants with a history of ASCVD were required to have LDL-C levels ≥70 mg/dL at screening; in one trial (HIGH FH), eligible individuals had heterozygous familial hypercholesterolaemia with LDL-C levels ≥160 mg/dL at screening. ASCVD was defined as coronary heart disease, ischaemic stroke or peripheral arterial disease.³⁴ Coronary heart disease included acute/silent myocardial infarction, unstable angina, prior coronary revascularization procedures and other clinically significant coronary heart disease.

In seven trials, alirocumab was administered at a dosage of 75 mg Q2W with possible dose increase to 150 mg Q2W at Week 12 (denoted by 75/150 mg in the text) if LDL-C was ≥ 70 mg/dL at Week 8 in the FH I, FH II, COMBO I and COMBO II trials or was ≥70 or ≥ 100 mg/dL, depending on cardiovascular risk, in the OPTIONS I, OPTIONS II and ALTERNATIVE trials. Two trials, LONG TERM and HIGH FH, used alirocumab 150 mg Q2W throughout the treatment period. Alirocumab and control treatments were administered with background statin therapy in eight trials, at the maximally tolerated dose in LONG TERM, FH I, FH II, COMBO I, COMBO II and HIGH FH, and in addition to atorvastatin 20-40 mg in the OPTIONS I trial and to rosuvastatin 10-20 mg in the OPTIONS II trial. Maximally tolerated statin was defined as atorvastatin 40-80 mg, rosuvastatin 20-40 mg or simvastatin 80 mg, or lower doses with an investigator-approved reason. Participants in the ALTERNATIVE trial had documented statin intolerance and, therefore, were not receiving background statin therapy.

2.2 | Analysis pools

For analysis of baseline characteristics and lipid efficacy, data from the nine trials were pooled based on alirocumab dosage, control treatment (placebo or ezetimibe) and whether background statin was used: Pool 1: alirocumab 150 mg Q2W vs placebo with background statin (LONG TERM, HIGH FH); Pool 2: alirocumab 75 mg Q2W vs placebo with background statin (FH I, FH II, COMBO I); Pool 3: alirocumab 75 mg Q2W vs ezetimibe with background statin (COMBO II, OPTIONS I, OPTIONS II); Pool 4: alirocumab 75 mg Q2W vs ezetimibe without background statin (ALTERNATIVE only). Safety data were analysed in two pools based on control: a placebo-controlled pool and an ezetimibe-controlled pool.

2.3 | Endpoints

The primary efficacy endpoint was percentage change from baseline in LDL-C at Week 24, as in the primary trial analyses;²⁶ secondary endpoints included changes in non-HDL-C, lipoprotein(a) [Lp(a)], apoB, HDL-C and triglycerides from baseline to Week 24. LDL-C was calculated using the Friedewald formula; LDL-C values were excluded from analysis if triglyceride levels were > 400 mg/dL at that time point. Safety was assessed via reporting of treatment-emergent adverse events (TEAEs) and laboratory values for the placebo- and ezetimibecontrolled pools. Adverse events were classed as TEAEs if they were reported from the first dose of study treatment up to the last dose plus 70 days.

2.4 | Statistical analyses

Data were analysed using the same statistical approaches as those used for the primary trial analyses.²⁶ Efficacy was analysed using an intent-to-treat (ITT) approach, including all patients with a baseline and at least one post-baseline LDL-C value, regardless of adherence to treatment, in pools as described above. Least-squares mean lipid values were derived from a mixed-effects model with repeated measures for lipids assumed to follow a normal distribution, and adjusted mean values were calculated from a multiple imputation, followed by robust regressions for lipids not following a normal distribution (ie, Lp(a) and triglycerides) as described previously.²⁶ The proportion of individuals achieving an LDL-C level < 70 or < 55 mg/dL was analysed using a modified ITT approach, including only on-treatment lipid values, using multiple imputation followed by a logistic regression. LDL-C < 55 mg/dL is a goal not previously specified for the ODYS-SEY trials but is assessed here following recent guideline updates from the American Association of Clinical Endocrinologists.⁹ Descriptive statistics only were used for baseline and safety analyses; no formal statistical inference was planned in the original study protocols. The effects of treatment on glycated haemoglobin (HbA1c) and fasting plasma glucose (FPG) are presented for the placebo- and ezetimibecontrolled pools using descriptive statistics and graphs during the treatment period (ie, up to 21 days after the last injection). Statistical analyses were performed using SAS version 9.4 (SAS Institute Inc., Cary, North Carolina).

3 | RESULTS

3.1 | Baseline characteristics

A total of 984 participants with DM and ASCVD from 9 ODYSSEY Phase 3 clinical trials were included in the analysis. Most had Type 2 DM (n = 969, 98.5%), with few having Type 1 DM (n = 15, 1.5%). The most common type of ASCVD was coronary heart disease (85%-100% of patients across the groups); most individuals (83%-94%) had hypertension (Table 1). Baseline characteristics were generally well balanced between alirocumab and control groups within the pools of studies using background statins (Table 1). However, there was more variability between the alirocumab and ezetimibe groups in the pool with no background statin; for example, mean baseline LDL-C levels were 157.6 and 194.4 mg/dL, and mean age was 70.3 and 63.0 years, with alirocumab and ezetimibe, respectively. The number of patients in this pool (one study) was relatively small (n = 23 for alirocumab and n = 12 for ezetimibe). Mean baseline LDL-C, non-HDL-C, apoB and triglyceride levels overall were highest in the pool with no background statin (Table 1).

3.2 | Efficacy

Significant reductions from baseline in LDL-C with alirocumab treatment vs control were observed at Week 24 in all analysis pools in this population of individuals with DM and ASCVD (Figure 1A). At Week 24, in the pools with background statins, changes from baseline in LDL-C were -61.5% with alirocumab 150 mg Q2W (vs -1.0% with placebo), -46.4% with alirocumab 75/150 mg Q2W (vs +6.3% with placebo) and -48.7% with alirocumab 75/150 mg Q2W (vs -20.6% with ezetimibe) (Figure 1A). In the pool with no background statin, the change from baseline to Week 24 in LDL-C was -54.9% with alirocumab (vs +4.0% with ezetimibe) (Figure 1A). LDL-C reductions with alirocumab were maintained over time, with changes from baseline of -51.1% with 150 mg Q2W (vs +3.8% with placebo) and -43.1% with 75/150 mg Q2W (vs -0.3% with placebo) at Week 78 in the placebo-controlled pools, and -40.0% with 75/150 mg Q2W (vs -23.1% with ezetimibe) at Week 104 in the ezetimibe-controlled pool with background statin (Figure S1). A greater proportion of alirocumab recipients achieved LDL-C < 70 and < 55 mg/dL at Week 24 vs controls (Figure 1B,C). Compared with the ezetimibe-controlled pool, where background statins were used, the proportion achieving LDL-C < 55 mg/dL was lower in the pool with no background statin in both alirocumab and ezetimibe groups (Figure 1C); this can be explained by the relatively high baseline LDL-C levels at baseline in this pool (Figure 1A).

In the pools allowing for blinded alirocumab dose increase from 75 to 150 mg Q2W at Week 12, based on achievement of prespecified LDL-C levels at Week 8, the alirocumab dose was increased in 16.3% of patients in the pool of alirocumab 75/150 vs placebo (on statins), in 15.6% of patients in the pool of alirocumab vs ezetimibe (on statins) and in 34.8% of patients in the pool of alirocumab 75/150 vs ezetimibe (no statins). In comparison, for the overall trial populations, the dose was increased in 32.9%, 16.7% and 38.2%, respectively (data from ITT population).

Across all pools, alirocumab significantly reduced non-HDL-C and apoB levels compared with control (Figure 2A,B). As with LDL-C, reductions in non-HDL-C and apoB were maintained to Week 78 in the placebo-controlled pools and to Week 104 in the ezetimibe-controlled pool with background statin (Figures S2 and S3). Significant reductions in Lp(a) from baseline were seen with alirocumab at Week 24 in all pools with the exception of the pool of alirocumab 75/150 mg vs placebo (Figure 2C). Moderate increases in HDL-C and moderate reductions in triglycerides were also observed with alirocumab, which were significant vs placebo, but not vs ezetimibe (Figure S5).

HbA1c levels were stable up to 78 weeks in both alirocumab and placebo arms in the placebo-controlled pool of studies (Figure 3A). In the ezetimibe-controlled pool, stable HbA1c levels were maintained up to Week 104 in both alirocumab and ezetimibe arms (Figure 3B). Similar trends were seen in FPG (Figures 3C,D). In addition, stability in HbA1c and FPG levels with alirocumab and control was seen in all patients, irrespective of insulin use (Figure S6).

3.3 | Safety

Overall safety was generally similar between alirocumab and control groups in the placebo- and ezetimibe-controlled pools (Table 2).

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TABLE 1

Study pools	Alirocumab 150 mg (placebo (with statin)	22W vs	Alirocumab 75/150 r placebo (with statin)	ng Q2W vs	Alirocumab 75/150 r ezetimibe (with statir	ng Q2W vs 1)	Alirocumab 75/150 r ezetimibe (without st	mg Q2W vs tatin)
Treatment groups	Alirocumab (n = 346)	Placebo (n = 176)	Alirocumab (n = 93)	Placebo (n = 46)	Alirocumab (n = 176)	Ezetimibe (n = 112)	Alirocumab (n = 23)	Ezetimibe (n = 12)
Age, years, mean \pm SD	63.2 ± 8.7	$\textbf{62.0}\pm\textbf{9.5}$	64.0 ± 8.9	$\textbf{62.7}\pm\textbf{9.1}$	64.2 ± 9.3	64.6 ± 8.8	70.3 ± 7.1	6 3.0 ± 7.6
Males, n (%)	218 (63.0)	104 (59.1)	60 (64.5)	29 (63.0)	122 (69.3)	78 (69.6)	14 (60.9)	9 (75.0)
Race, white, n (%)	302 (87.3)	158 (89.8)	72 (77.4)	36 (78.3)	147 (83.5)	90 (80.4)	21 (91.3)	11 (91.7)
BMI, kg/m ² , mean \pm SD	31.9 ± 5.7	32.1 ± 5.2	33.2 ± 6.5	33.5 ± 7.2	31.7 ± 6.3	32.8 ± 5.8	$\textbf{31.9}\pm\textbf{6.3}$	29.5 ± 3.7
HbA1c, %, median (Q1:Q3)	6.7 (6.1:7.8)	6.9 (6.1:8.0)	6.6 (6.1:7.3)	6.4 (5.9:7.2)	6.8 (6.2:7.5)	6.7 (6.1:7.4)	6.5 (5.9:6.8)	6.2 (6.0:7.0)
FPG, mg/dL, median (Q1:Q3)	127.9 (108.1:154.9)	129.7 (108.1:162.5)	121.0 (104.0:151.3)	119.0 (104.0:138.0)	131.0 (110.5:149.5)	122.3 (102.8:142.3)	127.9 (101.0:145.0)	117.6 (101.0:150.8)
HeFH, n (%)	23 (6.6)	17 (9.7)	23 (24.7)	20 (43.5)	1 (0.6)	0	0	0
Insulin usage, n (%)	85 (24.6)	48 (27.3)	22 (23.7)	5 (10.9)	42 (23.9)	19 (17.0)	8 (34.8)	5 (41.7)
Statin usage, n (%)	345 (99.7)	176 (100.0)	93 (100.0)	46 (100.0)	176 (100.0)	112 (100.0)	1 (4.3)	0
High-intensity statin ^a usage, n (%)	151 (43.6)	83 (47.2)	62 (66.7)	32 (69.6)	111 (63.1)	65 (58.0)	0	0
ASCVD history, n (%)								
CHD	304 (87.9)	149 (84.7)	84 (90.3)	44 (95.7)	161 (91.5)	105 (93.8)	21 (91.3)	12 (100.0)
Acute coronary syndrome ^b	195 (56.4)	101 (57.4)	52 (55.9)	33 (71.7)	108 (61.4)	66 (58.9)	10 (43.5)	8 (66.7)
Coronary revascularization procedure	202 (58.4)	101 (57.4)	69 (74.2)	32 (69.6)	108 (61.4)	77 (68.8)	13 (56.5)	10 (83.3)
Other clinically significant CHD	118 (34.1)	57 (32.4)	27 (29.0)	17 (37.0)	77 (43.8)	60 (53.6)	12 (52.2)	7 (58.3)
Peripheral arterial disease	29 (8.4)	21 (11.9)	3 (3.2)	2 (4.3)	18 (10.2)	6 (5.4)	0	1 (8.3)
Ischaemic stroke	48 (13.9)	24 (13.6)	12 (12.9)	2 (4.3)	23 (13.1)	12 (10.7)	2 (8.7)	1 (8.3)
Hypertension, n (%)	314 (90.8)	157 (89.2)	86 (92.5)	43 (93.5)	159 (90.3)	104 (92.9)	21 (91.3)	10 (83.3)
Lipid parameters, mean \pm SD, mg/dL								
Calculated LDL-C	117.3 ± 36.1	$\textbf{120.6}\pm\textbf{39.6}$	105.2 ± 34.3	114.2 ± 47.1	$\textbf{105.6}\pm\textbf{32.3}$	$\textbf{97.8}\pm\textbf{29.5}$	157.6 ± 33.6	194.4 ± 84.3
Non-HDL-C	152.0 ± 41.5	153.0 ± 45.5	135.8 ± 38.1	143.0 ± 53.7	139.3 ± 41.0	129.2 ± 31.8	196.9 ± 42.6	$\textbf{253.0} \pm \textbf{72.7}$
ApoB	102.3 ± 26.1	102.6 ± 28.2	95.4 ± 25.4	$\textbf{96.0}\pm\textbf{30.2}$	$\textbf{95.7}\pm\textbf{23.8}$	88.3 ± 17.4	125.7 ± 23.2	150.1 ± 37.3
Lp(a), median (Q1:Q3)	20.1 (6.0:54.1)	17.2 (6.0:61.9)	38.5 (7.0:86.0)	43.5 (12.5:105.5)	27.0 (8.0:63.0)	19.5 (9.5:50.0)	28.0 (7.0:71.0)	8.0 (3.0:26.0)
Triglycerides, median (Q1:Q3)	154.9 (111.5:215.0)	148.7 (105.2:205.3)	133.0 (100.0:173.0)	120.0 (101.0:188.0)	146.5 (109.0:208.5)	146.5 (112.5:188.0)	201.0 (125.0:272.0)	247.0 (140.5:346.5)
HDL-C	47.9 ± 10.8	$\textbf{47.5} \pm \textbf{12.4}$	44.8 ± 13.2	$\textbf{46.0} \pm \textbf{12.5}$	$\textbf{43.5} \pm \textbf{11.2}$	43.6 ± 10.7	43.7 ± 12.5	$\textbf{45.3} \pm \textbf{11.1}$
Abbreviations: Apo, apolipoprotein; /	ASCVD, atherosclerotic	c cardiovascular disease	e; BMI, body mass inde	ex; CHD, coronary hear	t disease; DM, diabete	s mellitus; FPG, fasting	g plasma glucose; HbA1	1c, glycated haemoglo-

Abbreviations: Apo, apolipoprotein; ASCVD, atherosclerotic cardiovascular disease; נאחן, body mass index; נאט, נומשיביבי וויעוועט, נומשיביבי וויעוועט, נומשיביבי וויעוועט, עומשיביבי עומשיביבי עומשיביבי וויעוועט, עומשיביבי וויעוועט, עומשיביבי וויעוועט, עומשיביבי עומשיביבי עומשיביבי עומשיביי עומשיביבי עומשיביעט, עומשיביעט, עומשיביעט, עומשיביעט, עומשיביעט, עומשיביעט, עומשיביעט, אוועט, איגעט, ש אוועט איז עומשיביעט, עומשיביעט, אוועט, אוועט עומשיביעט, עומשיביעט, עומשיביעט, אוועט, איגעט, עומשיביעט, עומשיביע SD, standard deviation.

^a Atorvastatin 40 or 80 mg, rosuvastatin 20 or 40 mg or simvastatin 80 mg daily.

^b Includes silent MI, acute MI and unstable angina.



FIGURE 1 A, Percentage change from baseline to week 24 in LDL-C and proportion achieving B, LDL-C < 70 mg/dL or C, <55 mg/dL at week 24 among individuals with both DM and ASCVD, by analysis pool. Baseline values are from the randomized population. LS means (SE) in panel A derived from a mixed-effect model with repeated measures (ITT analysis). Proportions in panel B and C estimated from multiple imputation (modified ITT analysis). Abbreviations: ALI 150, alirocumab 150 mg Q2W; ALI 75/150, alirocumab 75 mg Q2W with possible increase to 150 mg Q2W at Week 12 based on Week 8 LDL-C; ASCVD, atherosclerotic cardiovascular disease; DM, diabetes mellitus; EZE; ezetimibe; ITT, intent-to-treat; LDL-C, low-density lipoprotein cholesterol; LS, least-squares; ND, not derivable (proportion in control group too small); PBO, placebo; Q2W, every 2 weeks; SE, standard error

Myalgia and other muscle-related TEAEs occurred in <5% of alirocumab-treated patients, and occurred with a similar frequency in the control groups (Table 2). Injection-site reactions were reported by 5.0% and 2.7% of alirocumab- and placebo-treated patients in the



FIGURE 2 Percentage change from baseline to week 24 in A, non-HDL-C, B, apoB and C, Lp(a) among individuals with both DM and ASCVD, by analysis pool. Baseline values are from the randomized population. LS means (SE) in panels A and B derived from a mixedeffect model with repeated measures (ITT analysis). Adjusted means (SE) in panel C from multiple imputation followed by robust regression (ITT analysis). Abbreviations: ALI 150, alirocumab 150 mg Q2W; ALI 75/150, alirocumab 75 mg Q2W with possible increase to 150 mg Q2W at Week 12 based on Week 8 LDL-C; apo, apolipoprotein; ASCVD, atherosclerotic cardiovascular disease; DM, diabetes mellitus; EZE; ezetimibe; HDL-C, high-density lipoprotein cholesterol; ITT, intent-to-treat; Lp(a), lipoprotein (a); LS, least-squares; PBO, placebo; SE, standard error



FIGURE 3 Median HbA1c values over time in A, placebocontrolled and B, ezetimibe-controlled pools and FPG values over time in C, placebo-controlled and D, ezetimibe-controlled pools. Analysed in the safety population. Abbreviations: FPG, fasting plasma glucose; HbA1c, glycated haemoglobin; Q, quartile

pool of placebo-controlled studies, and by 2.5% and 0.8% of alirocumab and ezetimibe recipients in the pool of ezetimibe-controlled studies; these events were mostly mild and rarely led to treatment discontinuation (Table 2).

4 | DISCUSSION

Individuals with both DM and ASCVD have a particularly high risk of events, compared with individuals with either DM alone or ASCVD alone, yet are often sub-optimally treated in clinical practice and may benefit from additional lipid-lowering therapy beyond statins, because of elevated numbers of atherogenic particles.^{7-10,15} In this analysis of alirocumab Phase 3 trials in a population of very high-risk patients with both ASCVD and DM, alirocumab treatment was shown to significantly reduce levels of LDL-C and other atherogenic lipid parameters compared with placebo or ezetimibe controls; reductions were maintained throughout the duration of the trials (24-104 weeks depending on trial) and overall safety was comparable to controls. The magnitude of LDL-C and other lipid percentage reductions, as well as the safety profile, were consistent with previous post-hoc analyses of alirocumab trials in individuals with or without DM.^{26,30–33} The overall efficacy and safety of alirocumab observed in this sub-analysis of individuals with both DM and ASCVD was also consistent with that reported for the overall patient population in alirocumab Phase 2 and 3 clinical trials.35,36

Recommended LDL-C targets for high-risk individuals have become stricter over the years with the development of more efficacious lipid-lowering drugs and new evidence regarding the cardiovascular benefit and safety of reducing LDL-C to lower levels. Most recently, The American Association of Clinical Endocrinologists (AACE) has proposed an LDL-C goal of < 55 mg/dL for "extreme risk" individuals, which includes those with both DM and ASCVD.9 Achievement of such LDL-C levels may only be possible for many individuals via treatment with a statin plus a PCSK9 inhibitor, as demonstrated in the current analysis where 61.9%-73.0% of individuals treated with alirocumab plus statin achieved LDL-C < 55 mg/dL, from mean baseline levels of 105.2-117.3 mg/dL, compared with 1.5%-2.8% of individuals treated with statin plus placebo and 30.8% treated with statin plus ezetimibe. Among individuals who were not receiving background statin, the proportion of individuals who achieved LDL-C <55 mg/dL was 43.9% with alirocumab, from a mean baseline LDL-C of 157.6 mg/dL, and 1.1% with ezetimibe, from a mean baseline LDL-C of 194.4 mg/dL.

The reductions in non-HDL-C and apoB observed with alirocumab in the present analysis may be particularly relevant for this population of individuals with both DM and ASCVD as these lipid parameters are considered to provide a better estimate of cardiovascular risk than LDL-C among individuals with DM, because they more closely reflect the true number of atherogenic particles compared with LDL-C.^{37,38} Alirocumab also produced significant reductions in Lp(a), which has been proposed to be an independent cardiovascular risk factor; however, other commonly used lipid-lowering strategies such as statins or ezetimibe have little or no effect on Lp(a).³⁹ The

TABLE 2 Safety data for patients with DM and ASCVD in placebo-controlled and ezetimibe-controlled pools

	Placebo-controlled pools (n = 656)		Ezetimibe-controlled pool (n = 322)	
n (%)	Alirocumab (n = 437)	Placebo (n = 222)	Alirocumab (n = 199)	Ezetimibe (n = 123)
TEAEs	358 (81.9)	179 (80.6)	162 (81.4)	93 (75.6)
Treatment-emergent SAEs	110 (25.2)	67 (30.2)	45 (22.6)	22 (17.9)
TEAEs leading to death	5 (1.1)	4 (1.8)	2 (1.0)	2 (1.6)
TEAEs leading to discontinuation	33 (7.6)	13 (5.9)	22 (11.1)	18 (14.6)
TEAEs in ≥5% of individuals				
Nasopharyngitis	53 (12.1)	21 (9.5)	8 (4.0)	5 (4.1)
Upper respiratory tract infection	38 (8.7)	25 (11.3)	11 (5.5)	11 (8.9)
Urinary tract infection	30 (6.9)	16 (7.2)	6 (3.0)	2 (1.6)
Hypertension	22 (5.0)	7 (3.2)	13 (6.5)	5 (4.1)
Influenza	22 (5.0)	11 (5.0)	10 (5.0)	9 (7.3)
Injection-site reaction	22 (5.0)	6 (2.7)	5 (2.5)	1 (0.8)
Bronchitis	23 (5.3)	19 (8.6)	9 (4.5)	7 (5.7)
Arthralgia	16 (3.7)	16 (7.2)	7 (3.5)	4 (3.3)
Myalgia	14 (3.2)	8 (3.6)	8 (4.0)	8 (6.5)
Osteoarthritis	13 (3.0)	7 (3.2)	7 (3.5)	7 (5.7)
Pain in extremity	13 (3.0)	13 (5.9)	5 (2.5)	4 (3.3)
Fatigue	12 (2.7)	13 (5.9)	6 (3.0)	1 (0.8)
Accidental overdose ^a	7 (1.6)	4 (1.8)	17 (8.5)	5 (4.1)
Muscle-related TEAEs				
Myalgia	14 (3.2)	8 (3.6)	8 (4.0)	8 (6.5)
Musculoskeletal pain	12 (2.7)	4 (1.8)	0	1 (0.8)
Muscle spasms	12 (2.7)	6 (2.7)	5 (2.5)	3 (2.4)
Muscle strain	2 (0.5)	5 (2.3)	1 (0.5)	2 (1.6)
Injection-site reactions				
Leading to treatment discontinuation	1/22 (4.5)	1/6 (16.7)	1/5 (20.0)	1/1 (100.0)
Severity ^b				
Mild	20/22 (90.9)	5/6 (83.3)	4/5 (80.0)	0/1 (0.0)
Moderate	2/22 (9.1)	1/6 (16.7)	1/5 (20.0)	0/1 (0.0)
Severe	0/22 (0.0)	0/6 (0.0)	0/5 (0.0)	1/1 (100.0)

Abbreviations: ASCVD, atherosclerotic cardiovascular disease; DM, diabetes mellitus; SAE, serious adverse event; TEAE, treatment-emergent adverse event.

^a Accidental or intentional administration of study drug at a frequency higher than that allowed by study protocol, if associated with an adverse event.

^b Local injection-site reactions were graded by severity and were characterized by related signs and symptoms such as (but not limited to) redness and pain. Severity was highest if an individual experienced several local injection site reactions.

percentage reduction in Lp(a) observed in individuals with DM and ASCVD who were treated with alirocumab was similar to that observed in the overall alirocumab-treated patient populations in the ODYSSEY trials,³⁹ with the exception of the pool without statins. For the DM and ASCVD population, Lp(a) changes from baseline were -36.0% with alirocumab and +10.0% with ezetimibe, compared with -25.9% with alirocumab and -7.3% with ezetimibe in the overall population.²⁵ These differences are possibly a result of the small number of individuals with DM and ASCVD in that pool.

Although statins have been shown consistently to reduce cardiovascular events, statin use is associated with a small but significant increased risk of developing Type 2 DM.^{40,41} Similarly, Mendelian randomization studies have indicated that individuals with loss-offunction mutations in PCSK9 have low levels of LDL-C and low rates of cardiovascular events, but have an increased propensity for developing Type 2 DM.⁴²⁻⁴⁴ In this analysis of patients with existing DM, treatment with alirocumab had no effect on FPG or HbA1c levels compared with placebo over 78 weeks of treatment and compared with ezetimibe over 104 weeks of follow-up, including comparison of individuals receiving insulin vs those not receiving insulin. These findings are consistent with those of the ODYSSEY DM-INSULIN trial²⁷ and previous sub-analyses that revealed no effect of alirocumab on glycaemic parameters^{31,33,45} or no increase in new-onset DM compared with controls.⁴⁵ Furthermore, in a recent meta-analysis of 15 randomized controlled trials with PCSK9 inhibitors, including alirocumab, there was no increase in glycaemic parameters in those without DM or pre-existing DM (crude rate, 5.6% vs 5.9%; odds ratio, 1.05 [95% confidence interval, 0.95-1.17], *P* = .32, I2 = 0%, heterogeneity *P* = .86).⁴⁶ More evidence has recently become available from the ODYSSEY OUTCOMES trial, involving 18 924 patients with recent

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acute coronary syndrome, using alirocumab vs placebo, with exposure for up to 5 years (median exposure, 2.8 years).²⁹

Comparing corresponding pools from the population with DM and ASCVD vs the overall trial population, the alirocumab dose was increased in a lower proportion of individuals with DM and ASCVD compared with the overall population (16.3% compared with 32.9%; pool of alirocumab 75/150 vs placebo [on statins]), but proportions were similar for the other two pools. The requirement for dose increase was LDL-C goal-based and was largely driven by baseline LDL-C levels.⁴⁷ The lower proportion of patients with dose increase in the DM and ASCVD population vs the overall population (in the alirocumab 75/150 vs placebo pool) may be explained, therefore, by the lower baseline LDL-C levels in the DM and ASCVD population (105.2 vs 129.0 mg/dL in the overall population). The proportion of HeFH patients in the DM and ASCVD population in this pool was also lower than that in the overall population (24.7% vs 70.1%).

This analysis is limited by its post-hoc nature and by the non-randomized nature of the subgroups. There were relatively few individuals in the pool with no background statin therapy (ie, the ALTERNATIVE study), which probably contributes to some discrepancies that were observed in this pool, including imbalances in baseline LDL-C between alirocumab and ezetimibe groups, and an observed 4% increase in LDL-C from baseline in the ezetimibe group; in the primary trial, ALTERNATIVE, LDL-C reductions from baseline to Week 24 were 45.0% with alirocumab and 14.6% with ezetimibe.²⁵ The analysis of glycaemic parameters is limited by the duration of the trials, the longest follow-up being 104 weeks. None of the studies included in this analysis was prospectively designed or powered for analysis of the effect of alirocumab on cardiovascular events, which was assessed in the ODYSSEY OUTCOMES study,²⁹ although data from the DM subgroup are not yet known. In addition, the efficacy of PCSK9 inhibition in reducing cardiovascular events in a subpopulation of very high-risk patients from the evolocumab FOURIER trial has recently been demonstrated.48

The present analysis demonstrated that alirocumab significantly reduced LDL-C and other atherogenic lipid parameters and was generally well tolerated in individuals with DM and ASCVD from phase 3 ODYSSEY trials. The efficacy and safety of alirocumab in this population was comparable to that of the overall ODYSSEY clinical programme. These data support the use of alirocumab as an effective lipid-lowering option for high-risk individuals with DM and ASCVD who require additional LDL-C reductions beyond that provided by statins.

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Conflict of interest

O. P. G. has received a research grant from Amarin Pharma; has participated in lectures for Merck; has been a consultant/advisory board member for Sanofi, Regeneron Pharmaceuticals, Inc., Amgen, Merck and Novo Nordisk; has received honoraria from Merck, Novo Nordisk, Amgen, Sanofi and Regeneron Pharmaceuticals, Inc.; and was partially supported by NIDDK grant # P30-DK036836. J. P. has received a research grant from AstraZeneca; and has been a consultant/advisory board member for Eli Lilly, CVS Caremark, Merck, Aegerion, Amgen, Janssen, Novo Nordisk, Sanofi and Vivus. M. B.-B, A. K. and A. L. are employees of and shareholders in Sanofi. S. S. is an employee of and shareholder in Regeneron Pharmaceuticals, Inc. J. M. is a contractor for Sanofi. L. A. L. has received personal fees from Esperion; has received grants and personal fees from Amgen, AstraZeneca, Eli Lilly and Company, Merck, Regeneron Pharmaceuticals, Inc. and Sanofi; and has received grants from Kowa and the Medicines Company, outside the submitted work.

Author contributions

O. P. G., J. P., S. K. S., M. B.-B., A. K., J. M., A. L. and L. A. L. were involved in interpretation of the data. L. A. L. was a trial investigator and involved in data acquisition. J. M. and A. L. performed the statistical analyses. All authors were involved in critical revision of the manuscript drafts, read and approved the final version, and are accountable for the accuracy and integrity of the manuscript.

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SUPPORTING INFORMATION

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