

CBCD: 25 YEARS LATER!

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In 1988, a handful of idealists led by Prof. Dr. Henrique Walter Pinotti - then Head Professor of Digestive Surgery, Faculty of Medicine, University of São Paulo - founded an prestigious organization that today all know, which is the BRAZILIAN COLLEGE OF DIGESTIVE SURGERY - CBCD.

These selfless whose naes can be seen in Figure 1, are or were university professors committed to the teaching of General Surgery and Digestive Surgery all over Brazil.

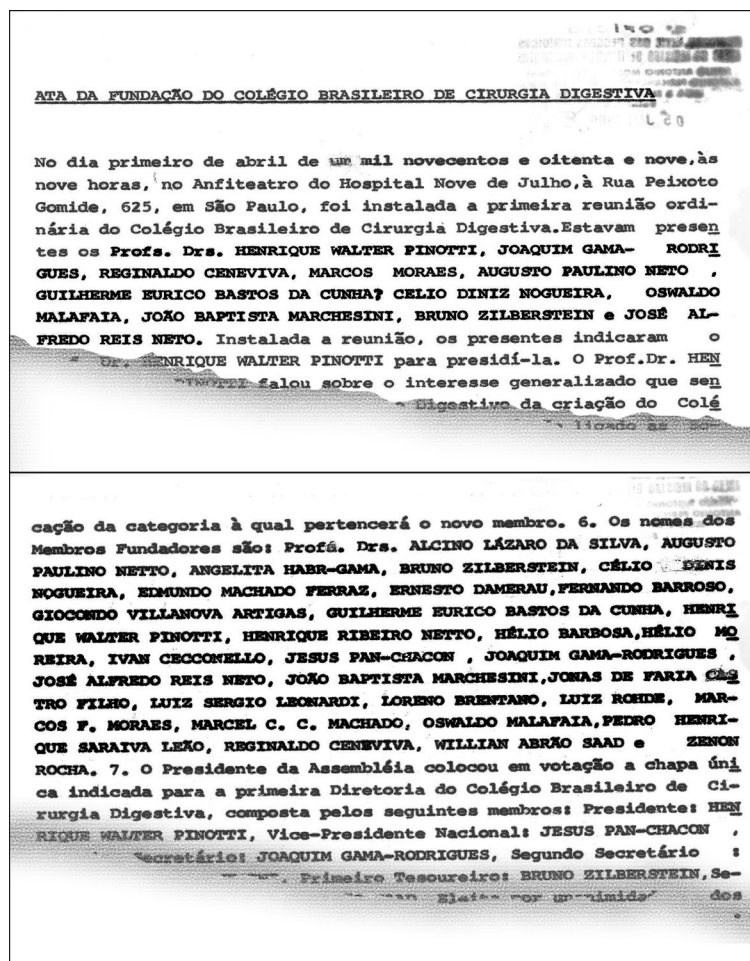


FIGURE 1 - Part of CBCD Foundation Minute with the names of his founders

Preceding this action, some years before, also the same Prof. Pinotti founded along with his colleagues the first journal on the specialty: ABCD Brazilian Archives of Digestive Surgery. Apparently "unpretentious", the actions to reach it required enormous effort, dedication and investment of all those involved.

And what happened? Why so much effort? Who benefited?

I think the current leaders of this entity are required to answer and justify all these actions, that in truth and in fact, resulted in favor of the medical community and patients, the real beneficiaries of these actions.

The evolution and progress are inexorable situations. The world goes not backward. Look only to the past, do not update sciences in general, and in particular in medicine that advances quickly, trampling those who have slow walking. The school of Medicine has fulfilled its role, and hardly allows recycling and updating knowledge.

How many news in our area in these 25 years! Surgical endoscopy, laparoscopic surgery, cancer surgery, robotic surgery, new guidelines, new procedures, the CBCD was always present. Created events, courses, update programs and, with integrative activity with the Brazilian Federation of Gastroenterology and Brazilian Society of Digestive Endoscopy, created the **Brazilian Week of Digestive System**, event with more than 5000 participants and integrating the knowledge in various concentration areas, allowing continuous updating to newer procedures, in addition to direct dialogue with the experts in each area, saving time and offering the possibility of practical application of earned knowledge.

It was not only in these points that the CBCD acted. Still continues acting in order to provide professional security

expertise in the area. With many other actions in the same direction RECOGNIZED DIGESTIVE SYSTEM SURGERY AS SPECIALTY, allowing the ones who practice it, to manage the area freely and with good performance. Consequently, MEDICAL RESIDENCY IN DIGESTIVE SURGERY was created, with more than 20 services recognized in Brazil, forming about 100 specialists annually. Today, the CBCD is responsible for preparing the Residence Rules in Digestive Surgery in Brazil, adopted by the CFM (Federal Council of Medicine) and CNRM (National Committee of Medical Residency). Even further: working with the Brazilian Medical Association AMB - entity that represents 57 medical specialties accepted today in Brazil - recognized the SPECIALIST IN DIGESTIVE SURGERY title, even for those who previously did not had the opportunity to be specialized in residency programs, but had enough clinical practice allowing them to submit to an specific examination and, if approved, to obtain the certification to ensure them the free specialized practice.

The fight continued and, in order to offer professionals a safe condition, developed Manuals and Consent Form for the most frequent procedures, which allows greater security to doctor and patient.

More, along with the CFM, AMB and CNRM created the Areas of Practice in Digestive Endoscopy and Laparoscopic Surgery, allowing the inclusion of these practices on the specialty, now regulated. More recently in partnership with SBCBM - Brazilian Society of Metabolic and Bariatric Surgery, approved the area Bariatric Surgery for support of professionals who are interested in these procedures.

In updating knowledge, CBCD created guidelines to help professionals in conflict situations disposing in ABCD and CBCD websites and also publishing the general guidelines on use of Digestive Cancer Anticoagulation, and with Brazilian Association of Gastric Cancer ABCG, the guidelines on Gastric Cancer.

To disseminate knowledge, CBCD is active in two other medical journals: Gastroenterology and Digestive Endoscopy GED, and Archives of Gastroenterology.

In order to fight for the benefit of the medical community in general and the surgeons of the digestive system in particular, with AMB partnership, drafted along with the Fundação Instituto de Pesquisas Econômicas FIPE table for medical fees, called CBHPM, referring to all procedures of Digestive Surgery in permanent update.

The CBCD remains and continues in this incessant struggle for the defense and respect to professional practice, participating in all regional and national movements in defense of free professional practice, for better working conditions and consistent remuneration in our profession and art.

In this sense, the members of its Board of Directors attend and participate in numerous meetings, both in AMB and CFM, always active in defense of specialty interests and its professionals.

As specialty and as representative body, CBCD went further and gave support to associative entities that are not specialties, but represent areas of interest to surgeons of the digestive tract. In this sense it opened its doors to Brazilian Society of Minimally Invasive Surgery and Robotics SOBRACIL, to Brazilian Society of Metabolic and Bariatric Surgery SBCBM, to Brazilian Association of Gastric Cancer ABCG, to Pancreas Club and to Brazilian Branch of International Hepato-Pancreatic-Biliary Association. This attitude allows that these entities operate and collaborate both in the dissemination of knowledge as well as having CBCD as their representative in AMB and CFM on their purposes.

The CBCD did not stop doing the best to specialty, and it went even further participating in the new areas of dialogue as the Surgical Oncology, walking in constant dialogue with the Brazilian Society of Surgical Oncology for preparing the Qualification Certificate in Surgical Oncology for every surgeon of the digestive system that has specialist title.

CBCD grew, and to get better integration/communication with regional differences in our country, created the Regional Chapters, which allowed to bring the College closer to its members, to better integrate, to exchange information and doing the best to meet the needs and particularities of each region. More recently, thanks to the tireless work of its Board and particularly of the Scientific Board, respectively Professors Osvaldo Malafaia and Nelson Adami Andreollo - former presidents of CBCD -, indexed ABCD not only in SCIELO but in MEDLINE/PUBMED, and in few months in PUBMED CENTRAL, allowing the papers published in Brazil to have international exposure with good impact factor analyzed by Scimago/Scopus.

This is how the CBCD has been working over the years with its Directory succeeding in the democratic process, with voluntary and selfless work on behalf of its members and the medical community in general. Over the past 25 years, beginning with its founder, Prof. Henrique Walter Pinotti, were biennial presidents the following professors: Luiz Sérgio Leonardi - 1991/1992 (UNICAMP, Campinas, SP); Edmundo Machado Ferraz - 1993/1994 (UFPE, Recife, PE); Luiz Rohde - 1995/1996 (UFRS, Porto Alegre, RS); Alcino Lazaro da Silva - 1997/1997 (UFMG, Belo Horizonte, MG); Osvaldo Malafaia - 1999/2000 (UFPR, Curitiba, PR); Joaquim José Gama-Rodrigues - 2001/2002 (USP, São Paulo, SP); Paulo Roberto Rocha Savassi - 2003/2004 (UFMG, Belo Horizonte, MG); Julio Cesar Uili Coelho - 2005/2006 (UFPR, Curitiba, PR); Angelita Habr-Gamma - 2007/2008 (USP, São Paulo, SP); Nelson Adami Andreollo - 2009/2010 (UNICAMP, Campinas, SP); Cleber Kruel - 2011/2012 (UFRGS, Porto Alegre, RS); Ivan Ceconello - 2013/2014 (USP, São Paulo, SP) and currently Bruno Zilberstein - 2015-2016 (USP, São Paulo, SP).

However, all these targets were possible to be reached due to the support, encouragement, accreditation and confidence of the associates who understood all these huge commitments, answered to all calls and came to our organization always helping and with indispensable participation.

CBCD did not stop and neither stopped its goals, its actions to keep and increase associates number - focused on Digestive System surgeons -, promoting and encouraging the dissemination of knowledge by developing guidelines, rules, consensus, orientations and, also, acting in defense of our common interests

And so, to continue working CBCD needs the help of all associates, each one doing his part, joining in associations, contributing to our professional practice to be valorized and recognized the benefit of all.