### **REVIEW ARTICLE**



# Nafamostat Mesylate for Treatment of COVID-19 in Hospitalised Patients: A Structured, Narrative Review

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Accepted: 7 August 2022 / Published online: 30 August 2022 © The Author(s) 2022

#### Abstract

The search for clinically effective antivirals against the severe acute respiratory syndrome coronavirus-2 (SARS-CoV-2) is ongoing. Repurposing of drugs licensed for non–coronavirus disease 2019 (COVID-19) indications has been extensively investigated in laboratory models and in clinical studies with mixed results. Nafamostat mesylate (nafamostat) is a drug licensed in Japan and Korea for indications including acute pancreatitis and disseminated intravascular coagulation. It is available only for continuous intravenous infusion. In vitro human lung cell line studies with nafamostat demonstrate high antiviral potency against SARS-CoV-2 (half maximal inhibitory concentration [IC50] of 0.0022  $\mu$ M [compared to remdesivir 1.3  $\mu$ M]), ostensibly via inhibition of the cellular enzyme transmembrane protease serine 2 (TMPRSS2) preventing viral entry into human cells. In addition, the established antithrombotic activity is hypothesised to be advantageous given thrombosis-associated sequelae of COVID-19. Clinical reports to date are limited, but indicate a potential benefit of nafamostat in patients with moderate to severe COVID-19. In this review, we will explore the pre-clinical, pharmacokinetic and clinical outcome data presently available for nafamostat as a treatment for COVID-19. The recruitment to ongoing clinical trials is a priority to provide more robust data on the safety and efficacy of nafamostat as a treatment for COVID-19.

### **Key Points**

In vitro studies have demonstrated that nafamostat mesylate has antiviral activity and appears to be one of the most potent drugs against severe acute respiratory syndrome coronavirus-2 (SARS-CoV-2).

Clinical trials to date are limited but suggest a potential benefit of nafamostat in patients with severe coronavirus disease 2019 (COVID-19).

Current evidence from case reports and observational studies provides guidance for potential adverse effects.

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## **1** Introduction

There is an urgent need for effective antivirals to combat the severe acute respiratory syndrome coronavirus-2 (SARS-CoV-2), responsible for the globally disruptive coronavirus disease 2019 (COVID-19) pandemic. Since December 2019, there have been hundreds of millions of cases worldwide and millions of deaths. Therefore, establishing effective treatments for patients with COVID-19 is a priority for clinicians and researchers, and would also provide much hope for the broader community.

Like other coronaviruses, SARS-CoV-2 is an enveloped single-strand RNA virus that contains four main structural proteins: the spike (S), nucleocapsid (N), membrane (M) and envelope (E) proteins [1]. Early SARS-CoV-2 in vitro studies showed that the S protein promotes entry into human lung epithelium-derived Calu-3 cells [2] and binds to the angiotensin-converting enzyme 2 (ACE2) receptor on the host cell, and employs the cellular enzyme transmembrane protease serine 2 (TMPRSS2) for S protein priming [3]. In respiratory epithelia, the S protein is cleaved by TMPRSS2, which facilitates membrane fusion and entry to the host cell

surface [4]. Targeting host proteins instead of viral proteins could prevent treatment failure due to target mutations [5]. Therefore, TMPRSS2 represents a promising drug target.

Nafamostat mesylate (nafamostat) is a broad-spectrum synthetic serine protease inhibitor that has been widely used in Japan and Korea for non-infection indications such as pancreatitis and disseminated intravascular coagulation. It has demonstrated nanomolar potency in in vitro SARS-CoV-2 studies [6]. In studies combining antiviral potency with achievable plasma concentrations, nafamostat is consistently one of the most potent drugs against SARS-CoV-2 [7]. However, its limited global licensing as well as its pharmacokinetic characteristics mean that it has not been extensively studied to date as a potential COVID-19 antiviral treatment.

In this review, we describe nafamostat's pharmacology, potency against SARS-CoV-2 and available clinical outcome data.

# 2 Methods

We conducted a literature search in PubMed and Cochrane databases between October 2021 and February 2022, for keywords *nafamostat* and *COVID-19*. The medRxiv Health Sciences source was searched to identify preprints of preliminary reports not yet peer reviewed or published. Additionally, registers of ongoing clinical studies were screened in the US National Library of Medicine (ClinicalTrials.gov), International Clinical Trials Registry Platform (ICTRP – trialsearch.who.int), International Standard Randomised Controlled Trial Number registry (ISRCTN – isrctn.com) and the European Clinical Trials Register (clinicaltrialsregister.eu).

# 3 Pharmacology

Nafamostat mesylate ((6-carbamimidoylnaphthalen-2-yl) 4-(diaminomethylideneamino) benzoate) [8] (Fig. 1) is a broad-spectrum synthetic serine protease inhibitor that has been widely used in Japan and Korea for the treatment of acute pancreatitis and disseminated intravascular



Fig. 1 Chemical structure depiction of nafamostat mesylate

coagulation [9]. The dosing for nafamostat varies based on the indication. For acute pancreatitis, the approved mode of administration is 10 mg by intermittent intravenous (IV) infusion over 2 h [10], once or twice daily according to the patient's status. For disseminated intravascular coagulation, a continuous infusion of 0.06–0.20 mg/kg/h is used [9, 11].

Nafamostat is also approved as an anticoagulant therapy for patients with bleeding tendencies undergoing continuous renal replacement therapy or cardiopulmonary bypass. It has actions as an anticoagulant (it inhibits the activity of a variety of serine proteases generated during the coagulation cascade and the inflammatory process, such as the activated factors VIIa and XIIa, kallikrein, thrombin, components of the complement system and trypsin [8, 9]), antifibrinolytic [12] (it inhibits tissue-type and urokinase plasminogen activators) and antiplatelet [13]. The indicated dose of nafamostat when used to prevent blood coagulation during extracorporeal blood circulation is from 20 to 50 mg/h continuously infused [14].

Nafamostat has been identified as a potent inhibitor of the S-mediated membrane fusion [5], and manifests antiviral activity through inhibition of TMPRSS2 [5, 15] (Fig. 2).

#### 3.1 Pharmacokinetics and Pharmacodynamics

In non-COVID-19 patients, a very short half-life between 5 and 23 min has been reported [16–19]. Plasma concentrations of nafamostat in healthy volunteers immediately following the 90-min infusion of single 10, 20 and 40 mg doses were 10–20, 30–60 and 70–90 ng/mL, respectively [9]. The steady-state plasma concentrations of nafamostat when continuously infused to patients with disseminated intravascular coagulation at 0.1 or 0.2 mg/kg/h were 14–130 ng/mL [20]. For use as a COVID-19 treatment, continuous infusion of nafamostat is advised over intermittent infusion because of its short half-life and to ensure consistent concentrations above SARS-CoV-2 90% maximal effective concentration ( $EC_{90}$ ) values [20].

Nafamostat is rapidly metabolised by esterases in circulating blood into 6-amidino-2-naphthol (AN) and 4-guanidinobenzoic acid (4-GBA), which are inactive protease inhibitors [21]. Hyperkalaemia is a known side effect of nafamostat mesylate administration [22–25]. Renal and extrarenal K<sup>+</sup> imbalance have been described as mechanisms of hyperkalaemia related to nafamostat. Muto et al. [26] reported that the two metabolites of nafamostat act on the apical membrane of the collecting duct cell and inhibit the amiloride-sensitive Na<sup>+</sup> conductance, causing inhibition of K<sup>+</sup> secretion. In addition, Ookawara et al. [27] reported that nafamostat and its metabolite AN inhibit erythrocyte potassium influx by suppressing the Na-K ATPase-dependent pathway. The findings of the previous investigations



suggest that hyperkalaemia is caused by these metabolites rather than nafamostat.

There is only one report of nafamostat pharmacokinetics in COVID-19 patients, which was a small (n = 42) phase Ib/IIa, open-label, randomised, controlled trial exploring the safety and tolerability of nafamostat in patients with COVID-19 pneumonia, the DEFINE trial [28]. Patients randomised to the nafamostat arm (n = 21) received the drug as a continuous IV infusion at a dosage of 0.2 mg/kg/h, with nafamostat and its inactive metabolite 4-GBA measured in blood samples prior to starting drug administration and at 50 min, 2 h and 6 h after commencing the infusion. The authors observed plasma concentrations of nafamostat were almost undetectable, while plasma concentrations of its inactive metabolite were elevated, which suggests rapid breakdown. The authors attempted to determine why their pharmacokinetic results were significantly different from that reported in previous non-COVID-19 studies, using in vitro experiments, but could not identify an underlying rationale. Other than speculation about COVID-19 disease and drug co-therapy, it remains unclear why nafamostat was not measurable in this study, when it has been measurable in non-COVID-19 patient populations [16, 19, 29].

### 3.2 Potency Against SARS-CoV-2

In vitro studies of the anti-SARS-CoV-2 activity of nafamostat have been performed in human lung epitheliumderived Calu-3 cells [7, 30] and H3255 cells [30]. Relative to other drugs with SARS-CoV-2 potency data from human cell lines, nafamostat appears to be a highly potent antiviral drug [7]. In Calu-3 cells, nafamostat has a SARS-CoV-2 50% maximal effective concentration (EC<sub>50</sub>) ranging from 1–10 nM [30, 31]. In a human lung cell model (Calu-3 cells), nafamostat was reported to have a half maximal inhibitory concentration (IC<sub>50</sub>) of 2.2 nM [7], which is significantly lower than other COVID-19 antivirals, including remdesivir  $(IC_{50} = 1300 \text{ nM})$  [7], molnupiravir  $(IC_{50} = 1965 \text{ nM})$  [32] and nirmatrelvir  $(IC_{50} = 176.5 \text{ nM})$  [32]. These nafamostat potency values are well below the steady-state blood concentrations of nafamostat, 30–240 nM, achieved with typical continuous infusion dosages in non-COVID-19 patients, 0.1–0.2 mg/kg/h [30]. Combination antivirals may be useful for further improving outcomes. There is no clinical data to support the use of combination therapy, but further studies could explore this possibility. Nafamostat has been administered concomitantly with other antiviral agents such as favipiravir [33] and lopinavir [34] in the reports described below.

SARS-CoV-2 mutations and the emergence of new variants have the potential to alter antiviral potency. The Delta and Omicron variants are reported to have 11 [35] and 32 [36] mutations in the spike, respectively. There is variability in the finding of studies that address whether the potency of drugs that block TMPRSS2 entry of SARS-CoV-2 is modified against Delta and Omicron strains. In a pre-print from Meng and colleagues [37] comparing potency of various antivirals against both Delta and Omicron strains using lung cells and Calu-3 cell models, Omicron was shown to be more likely to enter human cells via endosomes rather than TMPRSS2 receptors (Fig. 2). The authors found that camostat, another serine protease inhibitor, had reduced potency against Omicron compared with Delta in a lung cell line [38]. This suggests that nafamostat potency may be different with the Omicron variant. However, Bojkova and collaborators [39] tested the effect of nafamostat on the replication of two SARS-CoV-2 Omicron isolates and one Delta isolate in Calu-3 cells. The authors did not detect differences between the sensitivity of Omicron and Delta isolates to nafamostat (Delta IC<sub>50</sub> 0.037 µM; Omicron 1 IC<sub>50</sub> 0.035 µM; Omicron  $2 \text{ IC}_{50} 0.043 \,\mu\text{M}$ ). Thus, there is no conclusive evidence that nafamostat has significantly lost potency for Omicron.

 $IC_{50}$  data of drugs that exhibit antiviral effect against SARS-CoV-2 in Calu-3 human lung cells are shown in Table 1.

Drug	Half maximal inhibitory concentration [IC <sub>50</sub> ] (µM)	References
Nafamostat	0.002	Ko et al. [7]
Nirmatrelvir	0.177	Li et al. [32]
Ivermectin	0.2	Jitobaom et al. [54]
Camostat	~1	Ellinger et al. [55]
Remdesivir	1.3	Ko et al. [7]
Molnupiravir	1.965	Li et al. [32]
Lopinavir	21.7	Ko et al. [7]
Favipiravir	913.4	Jitobaom et al. [54]

 Table 1
 Potency of drugs that exhibit antiviral effect against SARS-CoV-2 in Calu-3 human lung cells

SARS-CoV-2 severe acute respiratory syndrome coronavirus-2

### **4** Clinical Outcome Studies of Nafamostat

The available clinical data regarding the use of nafamostat in the treatment of COVID-19 patients is summarised in Table 2.

#### 4.1 Case Series

The clinical effects of nafamostat have been reported in small case series of patients hospitalised with COVID-19 pneumonia. In the first case series by Doi et al. [33], 11 adult patients with SARS-CoV-2 infection were admitted to the intensive care unit (ICU) at the University of Tokyo Hospital between April 6 and April 21, 2020. All patients needed high-level oxygen support: eight patients (73%) invasive mechanical ventilation and three patients (27%) venovenous extracorporeal membrane oxygenation. Nafamostat was administered by continuous IV infusion at a dosage of 0.2 mg/kg/h, with favipiravir as combination therapy for a median treatment duration of 14 days. Seven patients (64%) were successfully weaned from mechanical ventilation, nine patients (82%) were discharged from the ICU, seven patients (64%) were discharged from the hospital, and one patient (9%) died. Only one patient had treatment interruption caused by hyperkalaemia associated with nafamostat (severity not defined by the authors).

Jang and Rhee [34] described three elderly patients with COVID-19 pneumonia and a supplementary oxygen requirement, with underlying diseases including hypertension and diabetes mellitus, in South Korea between February and March 2020. Each patient was receiving lopinavir/ritonavir and hydroxychloroquine and was administered nafamostat continuously at a dose of 200 mg for 24 h. The patients experienced clinical and radiological improvement after nafamostat administration and were discharged. The authors reported no adverse events associated with nafamostat. Okajima et al. [25] described the time course of four critically ill mechanically ventilated patients with severe COVID-19 pneumonia. Importantly, hyperkalaemia (<sup>></sup> 6 mEq/L in two patients) was observed immediately after the administration of nafamostat at a dosage of 0.13–0.16 mg/kg/h. The serum potassium concentrations of all the patients normalised after cessation of the nafamostat infusion.

Case reports of continuously infused nafamostat from Takahashi et al. [40], Iwasaka et al. [41] and Hifumi et al. [42] are also available. In each case, the patient was discharged alive, but each detailed important considerations. Takahashi et al. [40] reported a case of hyperkalaemia associated with nafamostat (20 mg/day) that resolved with cessation of drug, prompting the authors to hypothesise that a 4-h infusion discontinuation during a 24-h period may mitigate against hyperkalaemia. Iwasaka et al. [41] reported the use of nafamostat as an anticoagulant during continuous haemodiafiltration (0.2-0.4 mg/kg/h) in a critically ill COVID-19 patient. Finally, Hifumi et al. [42] reported the use of nafamostat (200 mg/day) in a critically ill COVID-19 patient receiving venovenous extracorporeal membrane oxygenation for severe hypoxia. Even though the patient recovered, the clinical course was complicated, including acute cognitive dysfunction associated with microbleeding in the subcortical area. Although cerebral haemorrhage causes remain unknown and this effect has not been widely reported, the importance of considering bleeding complications with nafamostat is highlighted.

Koriyama et al. [43] reported the case of a 70-year-old man hospitalised with COVID-19 with many risk factors for disease aggravation in whom early multidrug therapy was effective. Laboratory findings showed coagulation abnormalities such as fibrinogen degradation products and high fibrinogen and D-dimer levels (518 mg/dL and 1.68  $\mu$ g/mL, respectively), along with typical findings of early mild COVID-19 pneumonia. The patient was started with favipiravir (3600 mg daily), which was discontinued due to side effects (somnolence and weakness). Oxygen saturation (SpO<sub>2</sub>) decreased, and 1 L/min oxygen administration by nasal cannula was started. Then remdesivir was administered (200 mg, with 100 mg daily for the following 5 days). However, a tendency of increasing D-dimer levels was observed, and SpO<sub>2</sub> continued to decrease, requiring an increase in oxygen flow rate to 4 L/min. Thus, a combination of nafamostat (100 mg daily by continuous IV infusion) and dexamethasone (6 mg daily) was administered for 4 days. The authors state that the treatment was remarkably effective, resulting in fever reduction and decrease in D-dimer levels. After the fourth day of nafamostat administration, oxygen administration could be discontinued. Although it took some more time for SpO<sub>2</sub> to stabilise, it eventually improved, and the patient was discharged.

Table 2 Clinical data	a available on the u	ise of nafamostat mesylate	in the treatment of COV	TD-19 patients			
Authors	Location	Time when study was conducted	Type of study	Nafamostat dosing regimen	Participants	Outcomes	Adverse events reported
Iwasaka et al. [41]	Japan	February, 2020	Case series	0.2–0.4 mg/kg/h, in combination with hydroxychloroquine	l elderly patient	Respiratory status and imaging results improved, and the patient was dis- charged from hospital	None reported
Jang and Rhee [39]	South Korea	February–March, 2020	Case series	200 mg for 24 h by continuous infusion in combination with lopinavit/ritonavir and hydroxychloro- quine	3 elderly patients	All the patients showed radiological improve- ment and were discharged from the hospital	None reported
Hifumi et al. [42]	Japan	March–April, 2020	Case series	200 mg/day	1 adult patient	The patient recovered well	Diffuse microbleeding
Doi et al. [38]	Japan	April, 2020	Case series	0.2 mg/kg/h by con- tinuous infusion, in combination with favipiravir	11 adult patients	7 (64%) success- fully weaned from mechanical ventilation, 9 (82%) discharged from the ICU, 7 (64%) discharged from the hospital, 1 (9%) died	Hyperkalaemia 1 (9%)
Okajima et al. [25]	Japan	April, 2020	Case series	0.13-0.16 mg/kg/h	4 adult patients	4 (100%) developed hyperkalaemia immediately after nafamostat mesylate administration	Hyperkalaemia 4 (100%)
Takahashi et al. [40]	Japan	Not reported	Case series	200 mg/24 h, in combination with unfractioned heparin	l elderly patient	The respiratory condition of the patient improved. Nafamostat-induced hyperkalaemia	Hyperkalaemia 1 (100%)
Koriyama et al. [43]	Japan	Not reported	Case series	100 mg daily in combination with dexamethasone	l elderly patient	Fever reduction, decrease in D-dimer levers and oxygen administration discontinued. Patient was discharged	Not reported

Table 2 (continued)							
Authors	Location	Time when study was conducted	Type of study	Nafamostat dosing regimen	Participants	Outcomes	Adverse events reported
Doi et al. [20]	Japan	October, 2020	Observational study	Doses according to disease severity (not specified) by continu- ous or intermittent infusion	515 adult patients	299 (58.1%) discharged alive, 52 (10.5%) transferred for de- escalation of care, 38 (7.4%) still hospital- ised, 35 (6.8%) trans- ferred for escalation of care, 89 (17.3%) died in hospital	Not reported
Inokuchi et al. [44]	Japan	January-December, 2020	Observational study	Not specified	15,859 adult patients (only 121 received nafamostat)	No difference in in- hospital mortality between the groups with nafamostat	Not reported
Zhuravel et al. [45]	Russia	September, November, 2020	Phase II, open-label, multicentre, ran- domised, controlled trial NCT04623021	4.8 mg/kg/day via 24-h intravenous infusion plus standard of care vs standard of care alone	102 adult patients	No significant dif- ference in time to clinical improvement between the groups. No significant dif- ference observed between the groups in the time of recov- ery. The observed benefits of natamostat were more evident in patients with baseline NEWS $\geq 7$ . Secondary endpoints such as change in clinical status, shorter length of hos- pital stay, and 28-day mortality improved in the nafamostat	Catheter site phlebitis 9 (8.8%) Hyponatremia 4 (3.9%) Respiratory failure 4 (3.9%)

Table 2 (continued)						
Authors	Location	Time when study was conducted	Type of study	Nafamostat dosing regimen	Participants	Outcomes
Quinn et al. [28]	United Kingdom	September 2020-Feb- ruary 2021	Phase Ib/IIa, open- label, multicentre, platform, ran- domised, controlled trial ISRCTN14212905	0.2 mg/kg/h by continuous infusion plus standard of care vs standard of care alone	42 adult patients	The natamostat group had an average longe hospital stay and were on oxygen for a median of 2 days more than patients in

Adverse events reported

Hyperkalaemia 6

(14.3%)

d an average longer

COVID-19 coronavirus disease 2019, ICU intensive care unit, NEWS National Early Warning Score

# Nafamostat Mesylate for Treatment of COVID-19 in Hospitalised Patients

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#### 4.2 Observational Studies

An observational study from Japan reported the outcomes of 699 COVID-19 patients from 171 hospitals treated with nafamostat up until the end of October 2020 [20]. Patients had respiratory failure and were mostly > 60 years of age with underlying diseases. Forty-three per cent of patients did not require supplemental oxygen, 42.5% did require supplemental oxygen, and 14.5% required mechanical ventilation or extracorporeal membrane oxygenation. Prior to administration of nafamostat, patients may have been treated with a variety of drugs including favipiravir, ciclesonide, dexamethasone, methylprednisolone and/or remdesivir. Nafamostat was administered by continuous infusion in 76% of the patients and intermittent infusion in 24% of the patients at different doses (not specified) according to the severity of the disease, for a median treatment duration of 6 days. The clinical outcome was assessed at approximately 1 month after hospital admission. Of the 515 patients whose clinical outcome was recorded, 299 (58.1%) were discharged alive, 52 (10.5%) were transferred for de-escalation of care, 38 (7.4%) were still hospitalised, 35 (6.8\%) were transferred for escalation of care, and 89 (17.3%) died in hospital. No data on nafamostat adverse effects were recorded.

A retrospective study from Japan used propensity score matching from electronic health record data of patients admitted for COVID-19 to evaluate in-hospital mortality [44]. Patients who received nafamostat within 2-days of admission were compared to a control group that did not receive nafamostat. A large number of patients were eligible for analysis (n = 15,859), although only 121 patients received nafamostat. Unmatched groups were dramatically different in terms of age, comorbidities, mechanical ventilation and other treatments used such as antibiotics, heparin, vasopressor therapy and steroids. In the unmatched groups, the in-hospital mortality rates were 13.2% for nafamostat and 5.0% for the control group. After imputing data for missing patient parameters (e.g. body mass index and smoking status), propensity score matching using a logistic regression model predicting nafamostat use was undertaken. The authors found no difference in in-hospital mortality between the groups treated with nafamostat (odds ratio 1.27, 95%) confidence interval 0.62–2.64; p = 0.52), where 1 is the reference value for no nafamostat administration.

## 4.3 Randomised Clinical Trials

To date, only two published randomised controlled trials of nafamostat for treatment of COVID-19 are available. The first was a phase II, open-label, randomised, controlled trial of nafamostat plus standard of care versus standard of care alone in hospitalised patients with COVID-19 pneumonia [45] (NCT04623021). This study was conducted in 13 sites

across Russia between September 25 and November 14 2020, and included 102 adult COVID-19 patients requiring supplemental oxygen treatment, nasal high-flow oxygen or non-invasive mechanical ventilation. Patients were randomly assigned to receive nafamostat at 4.8 mg/kg/day via 24-h continuous IV infusion for 10 days or until hospital discharge. Glucocorticoid use was not permitted. The primary outcome was time to clinical improvement, defined by the authors as 'time from randomisation to either discharge from hospital or improvement of two points on the 7-category ordinal scale (National Early Warning Score [NEWS] as recommended by World Health Organisation), which ever came first'. The time to recovery was defined by the authors as either discharge from hospital or hospitalisation for infection-control purposes only and was included as a secondary outcome. Other secondary outcomes included the proportion of patients with recovery, rate of clinical improvement, time to NEWS  $\leq$  2, duration of hospitalisation and 28-day mortality, among others. No participants received remdesivir, and few received baricitinib (n = 13) or tocilizumab (n = 2).

In the overall cohort, the authors found no significant difference in time to clinical improvement between the group that received nafamostat (n = 52) versus standard of care alone (n = 50) (median 11 vs 11 days, p = 0.953). In subanalyses, in the most unwell patients (baseline NEWS >7), time to clinical improvement was shortened by 3 days in the nafamostat group compared to the standard of care group (median 11 vs 14 days, p = 0.012). Furthermore, the time to clinical improvement was numerically shorter in the nafamostat group than in the standard of care group in patients aged  $\geq 65$  years (median 11 vs 14 days, p = 0.083) as well as in the patients with baseline oxygen saturations < 90%(median 11 vs 14 days, p = 0.190). No significant difference was observed between the nafamostat group and the standard of care group in the time to recovery (median 11 vs 11 days, p = 0.968) as well as in the response rates of recovery (88.5% vs 80.0%). However, in patients with baseline NEWS  $\geq$  7, the time to recovery was reduced by 4 days in the nafamostat group compared to the standard of care group (10 vs 1 4 days, p = 0.012), which was associated with a trend to more rapid viral elimination. Additionally, time to NEWS  $\leq$  2, which was maintained for 24 h, was three times faster in the nafamostat group (p = 0.007). Additional secondary endpoints that improved in the nafamostat group include change in clinical status, shorter length of hospital stay and 28-day mortality (1.9% [1/52] for nafamostat and 8% [4/50] for standard of care, p = 0.155). The observed benefits of nafamostat treatment appeared strongly related to disease severity and having a baseline NEWS > 7. Most adverse events in the nafamostat group were mild in severity, and no worsening of pneumonia symptoms or fatal outcomes were reported. The most common adverse events associated with nafamostat were catheter site phlebitis (n = 7 [13.5%]) vs 2 [3.9%] in the standard of care group), hyponatraemia  $(n = 4 \ [7.7\%] \ vs \ 0)$  and respiratory failure  $(n = 3 \ [5.8\%] \ vs \ 1 \ [2\%])$ . The authors concluded that in the most unwell patients (baseline NEWS  $\ge$  7), nafamostat added to the standard of care was superior to standard of care alone in accelerating the clinical improvement and recovery of COVID-19 patients.

As described above (see the 'Pharmacokinetics and Pharmacodynamics' section), the DEFINE trial was a small, phase Ib/IIa, open-label, multicentre, platform, randomised, controlled trial exploring the safety and tolerability of nafamostat in patients with COVID-19 pneumonia [28] in the United Kingdom. Participants were assigned to different treatment groups: nafamostat plus standard of care (n = 21), standard of care alone (n = 21), or an 'alternative' therapy (no data available). The primary endpoint was the safety and tolerability of IV nafamostat as add on therapy for patients hospitalised with COVID-19 pneumonia. Secondary endpoints included biomarker and SARS-CoV-2 kinetics. Patients randomised to the nafamostat arm received the intervention for 7 days, or until discharge or withdrawal. The treatment group that received nafamostat had an average longer hospital stay, and were on oxygen for a median of 2 days more than patients in the standard of care group. There was no difference observed in the viral load between the nafamostat and the standard of care groups. The nafamostat group experienced more adverse events compared to the standard of care group, although there were no serious adverse events reported in either group. However, the treatment course was discontinued early in six patients (29%) due to moderate hyperkalaemia (authors did not define potassium levels), remarking that this effect is driven by the metabolites and not the parent nafamostat drug [21]. While little to no anticoagulant effect (measured as clotting time) was evident in most patients receiving nafamostat, an antifibrinolytic effect (by means of the lysis time) was observed. The authors concluded that their study does not support the use of nafamostat in hospitalised patients with COVID-19.

### 5 Discussion

Nafamostat has a number of key characteristics that suggest it may be a promising drug candidate for the treatment of COVID-19. Clinical studies are limited. In vitro data demonstrates that nafamostat is a highly potent inhibitor of viral replication by preventing the fusion of the envelope of the SARS-CoV-2 with the host cell. In addition to the reported antiviral activity, nafamostat anticoagulant, antiplatelet and antifibrinolytic [9] activity may be advantageous in severe COVID-19 patients where thrombotic complications are common. Nafamostat has been shown to be a safe and effective anticoagulant [17, 46,

Table 3 Ongoing clinical t	rials of nafamostat mesylate in th	e treatment of COVID-19 patien	ts			
Trial registration, date posted, and location	Study title	Intervention model descrip- tion	Treatment	Primary outcome measures	Participants	Status
NCT04352400 Posted April 2020 Italy	Efficacy of Nafamostat in COVID-19 Patients (RACONA Study)	Prospective, double blind, randomised, placebo- controlled parallel group, on top of best standard of care	Nafamostat administered by continuous infusion, placebo	Time to clinical improvement	256	Recruiting
NCT04390594 Posted May 2020 Senegal	Efficacy and Safety Evalua- tion of Treatment Regimens in Adult COVID-19 Patients in Senegal	Open-label, multicentre, randomised, parallel assign- ment	Nafamostat (0.1–0.2 mg/ kg/h), standard of care	SARS-CoV-2 viral load level	186	Recruiting
JPRN-jRCTs031200026 Posted May 2020 Japan	Combination therapy of Favipiravir and Nafamostat Mesylate in Patients with COVID-19 pneumonia	Randomised controlled trial	Nafamostat, favipiravir, stand- ard of care	Change in patient condition on a 10-point scale from baseline to day 7	160	Recruiting
NCT04418128 KCT0005003 Posted June 2020 South Korea	Clinical Efficacy of Nafamo- stat Mesylate for COVID-19 Pneumonia	Open-label, randomised, parallel assignment	Nafamostat (0.1–0.2 mg/kg/h by continuous infusion), conventional therapy	Proportion of patients with clinical improvement	84	Not yet recruiting
NCT04483960 ACTRN12620000445976 Posted July 2020 Australia	Australasian COVID-19 Trial (ASCOT) ADAptive Platform Trial (ASCOT ADAPT)	Open-label, international multicentre, randomised	Nafamostat (0.2 mg/kg/h by continuous infusion), hyper- immune globulin, enoxapa- rin, dalteparin, tinzaparin	Death or requirement of new intensive respiratory support (invasive or non-invasive ventilation) or vasopressor/ inotropic support	2400 (estimated)	Recruiting
CTRI/2020/06/026220 Posted July 2020 India	A study to evaluate the effi- cacy and safety of Nafamo- stat Mesylate in treatment of Coronavirus infection	Open-label, multicentre, ran- domised, parallel/crossover assignment	Nafamostat (0.1 mg/kg/h for 24 h by continuous infusion for 10 days), standard of care	Proportion of patients show- ing clinical improvement by day 14	40	Completed
NCT04628143 Posted November 2020 South Korea	A Study Evaluating the Effi- cacy and Safety of CKD- 314 in Hospitalized Adult Patients Diagnosed With COVID-19 Pneumonia	Open-label, multicentre, randomised, parallel assign- ment	Nafamostat administered by continuous infusion, stand- ard of care	Time to clinical improvement	13	Completed
JPRN-jRCTs031210183 Posted July 2021 Japan	Exploratory research of nafamostat mesylate in early mild COVID-19 patients	Open-label, randomised, parallel assignment	Nafamostat (0.1 or 0.2 mg/ kg/h for 6 days), standard treatment	AUC of SARS-CoV-2 virus reduction in the nasophar- ynx from before the start of treatment to the 6th day of treatment	30	Recruiting
COVID-19 coronavirus dis	ease 2019, SARS-CoV-2 severe au	ute respiratory syndrome coron:	ivirus-2			

47]. However, one must be aware of potential interactions with other anticoagulant therapy that may be administered concomitantly, which could result in bleeding.

The safety profile of nafamostat is well established since it has been used therapeutically in Japan and Korea for over 30 years. Hyperkalaemia appears common and may warrant cessation of nafamostat infusions. Yet, collection of further safety and pharmacokinetic data for nafamostat should be prioritised in COVID-19 patients. Nafamostat dosing for treatment of COVID-19 has been derived from non-infectious indications, and is yet to be validated in COVID-19 patients as achieving plasma concentrations exceeding target  $EC_{50}/EC_{90}$  values. Adequately powered viral kinetics and immunology studies to characterise the mechanisms of any observed clinical outcomes compared to the standard of care are also warranted.

While case series and case reports are available, these are small in sample size and do not offer a high level of evidence. However, the observational studies demonstrate nafamostat can be given to hospitalised COVID-19 patients and provide some guidance for potential adverse effects. The available randomised clinical trials are limited in sample size to detect differences in patient-centred clinical outcomes but suggest the most unwell hospitalised patients would be more likely to benefit. Therefore, larger trials that provide evidence of the efficacy of nafamostat mesylate in the treatment of COVID-19 are urgently needed. However, the unascertained viral evolution, the impediments procuring nafamostat for study given the limited number of manufacturers around the world, the logistics of administering a 24-h continuous IV infusion in COVID-19 patients as well as the broader organisational challenges with researching during a global pandemic [48, 49] ensure that performing such larger trials for nafamostat is difficult.

More clinical trial data are expected for nafamostat soon, with studies in progress around the globe [50-53] (Table 3). The results of these trials have not been reported, and most are only looking at surrogate outcomes with limited sample sizes < 300 patients. Assessment of the trial results should be performed through a meta-analysis.

# 6 Conclusion

The COVID-19 pandemic continues to be associated with high numbers of patients requiring hospitalisation and highlevel health care. Improving treatments, including antivirals for mild, moderate and severely ill patients is essential. Nafamostat has preliminary data that supports evaluation in large clinical studies, but this may prove challenging.

#### Declarations

**Funding** Open Access funding enabled and organized by CAUL and its Member Institutions.Jason A. Roberts would like to acknowledge funding from the Australian National Health and Medical Research Council for a Centre of Research Excellence (APP2007007) and an Investigator Grant (APP2009736) as well as an Advancing Queensland Clinical Fellowship. Asha C. Bowen received salary support from the Australian National Health and Medical Research Council Investigator Award (GNT1175509).

Conflict of interest The following authors Steven Y.C. Tong, Justin T. Denholm, Gregory J. Dore, Asha C. Bowen, Sharon R. Lewin, Balasubramanian Venkatesh, Thomas E. Hills, Zoe McQuilten, David L. Paterson, Susan C. Morpeth and Jason A. Roberts are members of the Australasian COVID-19 Trial (ASCOT), which is studying nafamostat as an antiviral treatment for non-critically ill, hospitalised COVID-19 patients. ASCOT has received nafamostat drug and an unrestricted investigator-initiated grant from manufacturer Chong Kun Dang Pharmaceuticals (Seoul, Korea) and Institute Pasteur Korea. ASCOT is supported by the Australian Partnership for Preparedness Research on Infectious Disease Emergencies (APPRISE), The BHP Foundation, Health Research Council of New Zealand, Hospital Research Foundation, The Macquarie Group Foundation, The Minderoo Foundation, The Pratt Foundation, Royal Brisbane and Women's Hospital Foundation, The Common Good (The Prince Charles Hospital Foundation), Wesley Medical Research, Chong Kun Dang Pharmaceutical Corporation. NSW Office for Health and Medical Research. Medical Research Future Fund (grant MRF2002132) and the Russell and Womersley Foundation.

Ethics approval Not applicable.

Consent to participate Not applicable.

Consent for publication Not applicable.

Availability of data and material Not applicable.

Code availability Not applicable.

Authors' contributions All authors contributed to the work presented in this manuscript.

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