# Dynamic Susceptibility MR Perfusion in Diagnosing Recurrent Brain Metastases After Radiotherapy: A Systematic Review and Meta-Analysis

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**Background:** The diagnostic performance of dynamic susceptibility contrast (DSC) MR perfusion in discriminating treatment-related changes from recurrence in irradiated brain metastases is currently not completely clear.

**Purpose:** To systematically review the accuracy of DSC MR perfusion in diagnosing recurrent brain metastases after radiotherapy.

Study Type: Systematic review and meta-analysis.

**Subjects:** MEDLINE and Embase were searched for original studies investigating the accuracy of DSC MR perfusion in diagnosing recurrent brain metastases after radiotherapy. Ten studies, comprising a total of more than 271 metastases, were included.

Field Strength/Sequence: 1.5T or 3.0T, DSC MR perfusion.

Assessment: Quality assessment was performed according to the Quality Assessment of Diagnostic Accuracy Studies-2 tool.

**Statistical Tests:** Sensitivity and specificity were pooled with a bivariate random-effects model. Heterogeneity was assessed by a chi-squared test. Potential sources for heterogeneity were explored by subgroup analyses.

**Results:** In seven studies the diagnostic criterion was not prespecified. In eight studies it was unclear whether the reference standard was interpreted blindly. In seven studies it was unclear whether DSC MR perfusion results influenced which reference standard was used. Pooled sensitivity and specificity were 81.6% (95% confidence interval [CI]: 70.6%, 89.1%) and 80.6% (95% CI: 64.2%, 90.6%), respectively. There was significant heterogeneity in both sensitivity (P = 0.005) and specificity (P < 0.001). There were no significant differences in relative diagnostic odds ratio according to publication year, country of origin, study size, and DSC MR perfusion interpretation method (visual analysis of cerebral blood volume [CBV] map vs. relative CBV measurement) (P > 0.2). Due to insufficiently detailed reporting, it was not possible to investigate the influence of primary tumor origin on accuracy.

**Data Conclusion:** Our results suggest that the accuracy of DSC MR perfusion in diagnosing recurrent brain metastases after radiotherapy is fairly high. However, these findings should be interpreted with caution because of methodological quality concerns and heterogeneity between studies.

Level of Evidence: 3 Technical Efficacy: Stage 2

#### J. MAGN. RESON. IMAGING 2020;51:524-534.

**B**RAIN METASTASES are the most common malignant intracranial neoplasms in adults.<sup>1</sup> They occur in ~2% of all patients with newly diagnosed invasive solid cancer.<sup>2</sup> Because of increased surveillance and improved systemic control, the incidence is likely to grow.<sup>1</sup> Brain metastases are associated with significant morbidity and mortality.<sup>2</sup> Current

care involves stereotactic or whole-brain radiotherapy and/or surgery, depending on the number, size, and site of metastases, as well as overall systemic disease control and patient's performance status.<sup>1</sup>

An estimated one-third of brain metastases increase in size after irradiation and the longer the patient survives, the more likely

View this article online at wileyonlinelibrary.com. DOI: 10.1002/jmri.26812

Received Apr 17, 2019, Accepted for publication May 17, 2019.

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an increase in lesion size will be seen on follow-up imaging.<sup>3</sup> This increase in size occurs secondary to blood-brain barrier disruption with accumulation of paramagnetic agents in the extracellular space and is nonspecific<sup>4,5</sup>: it can represent either treatmentrelated changes (pseudoprogression or radionecrosis) or metastatic recurrence. Because of the similar appearance, they are difficult to discriminate on conventional contrast-enhanced magnetic resonance imaging (MRI).<sup>4-6</sup> Accordingly, lesion measurements on conventional postgadolinium T1-weighted and T2-weighted images are not significantly associated with either treatmentrelated changes or metastatic recurrence.<sup>5</sup> One study suggested that the ratio of the lesion as seen on T2-weighted images to the total enhancing area on postgadolinium T1-weighted images could be useful,<sup>7</sup> but a later independent study found this so-called lesion quotient not to be discriminative, with sensitivity and specificity of only 59% and 41%, respectively.<sup>5</sup> However, early and accurate diagnosis is important, since patients with treatmentrelated changes can undergo watchful waiting, whereas patients with metastatic recurrence are potential candidates for surgery or repeated stereotactic radiotherapy.<sup>8,9</sup> Histopathologic confirmation is the current gold standard,<sup>5</sup> but biopsy/surgery is invasive, with potential complications such as hemorrhage and infection.<sup>10</sup> There is therefore a need for a noninvasive tool that can accurately diagnose recurrent brain metastases after radiotherapy. Dynamic susceptibility contrast (DSC) MR perfusion may be used to discriminate treatment-related changes from metastatic recurrence.<sup>11,12</sup> DSC MR perfusion uses the first-pass susceptibility effect of a gadolinium-based contrast agent within the intravascular compartment.<sup>11,12</sup> It allows assessment of several hemodynamic imaging variables. The relative cerebral blood volume (rCBV) is the most widely used hemodynamic variable derived from DSC MR perfusion and has been shown to correlate with primary glioma tumor grade and tumor microvascular density.<sup>11,12</sup> rCBV is generally elevated in viable or recurrent metastases after radiotherapy but not in treatment-related changes<sup>11,12</sup>

(Figs. 1–2). However, the diagnostic performance of DCS MR perfusion is currently not completely clear. Therefore, the purpose of this study was to systematically review the accuracy of DCS MR perfusion in diagnosing recurrent brain metastases after radiotherapy.

# **Materials and Methods**

#### **Data Sources**

A search in MEDLINE and Embase was conducted to find publications on the accuracy of DSC MR perfusion in diagnosing recurrent brain metastases after radiotherapy. The following search terms were used: (brain OR cerebral OR intracranial) AND (metastases OR metastasis OR metastatic) AND (magnetic resonance OR MR imaging OR MRI OR magnetic resonance tomography OR nuclear magnetic resonance OR NMR) AND (perfusion OR dynamic OR susceptibility OR DSC). The search was updated until October 2018. Bibliographies of studies which finally remained after the selection process were screened for potentially suitable references.

#### **Study Selection**

Original studies investigating the accuracy of DSC MR perfusion in diagnosing recurrent brain metastases after radiotherapy were eligible for inclusion. Studies involving  $\leq 10$  patients with brain metastases were excluded. Studies that only investigated the accuracy of dynamic contrast-enhanced MR perfusion (relying on T<sub>1</sub> shortening due to gadolinium-based contrast) or arterial spin labeling were excluded. Studies that only assessed change in DSC MR perfusion before and after radiotherapy as a predictor of tumor response were also excluded. Studies that provided insufficient data to construct a 2 × 2 contingency table to calculate sensitivity and specificity were also excluded. With the use of the aforementioned selection criteria, titles and abstracts of retrieved studies were retrieved. Full-text articles were then reviewed to definitively determine if the study was eligible for inclusion.



FIGURE 1: Pseudoprogression of brain metastasis from nonsmall-cell lung cancer in the right parietotemporal region in a 60-year-old woman. Axial contrast-enhanced  $T_1$ -weighted image 6 months after stereotactic radiotherapy (b) shows increased size of the contrast-enhancing lesion compared with 3 months before (a). At the CBV map 6 months after stereotactic radiotherapy (c) no highly vascularized areas within the contrast-enhancing lesion are seen, indicative of pseudoprogression. Further follow-up showed decreasing size of the lesion (MR images not shown), confirming pseudoprogression.



FIGURE 2: Recurrent metastasis originating from nonsmall-cell lung cancer in the left occipital lobe in a 69-year-old man. Axial contrast-enhanced  $T_1$ -weighted image 6 months after stereotactic radiotherapy (b) shows increased size of the contrast-enhancing lesion compared with 3 months before (a). At the CBV map 6 months after stereotactic radiotherapy (c) highly vascularized areas within the contrast-enhancing lesion are seen, indicative of recurrence. The lesion was subsequently resected and histopathological analysis confirmed metastatic recurrence.

#### Study Data Extraction

For each included study, principle characteristics (Table 1) and true positive, false positive, false negative, and true negative values of DSC MR perfusion in diagnosing recurrent brain metastases were extracted.

Study Quality Assessment

Study quality was assessed by using the Quality Assessment of Diagnostic Accuracy Studies 2 (QUADAS-2) tool, which comprises four key domains: "patient selection," "index test," "reference standard," and "flow and timing."<sup>13</sup>

#### Statistical Analyses

Sensitivity and specificity of individual studies were calculated. A bivariate random-effects model was used for meta-analysis.<sup>9</sup> Individual studies were plotted in receiver operating characteristic (ROC) space, as were the summary estimate with 95% confidence ellipse.<sup>14</sup> A chi-squared test was performed to test for heterogeneity. Potential sources for heterogeneity were explored by assessing whether certain covariates significantly influenced the relative diagnostic odds ratio (RDOR).<sup>15</sup> Prespecified covariates were publication year (published before vs. in or after 2013 [2013 was the median]), country of origin (USA vs. other countries), study size (<28 vs. >28 patients [28 was the median]), and DSC MR perfusion interpretation method (visual analysis of CBV map vs. rCBV measurement). In studies that performed both visual analysis of CBV map and rCBV measurement, we compared the area under the ROC curve (AUC) for both methods.<sup>16</sup> Potential publication bias was assessed by a funnel plot.<sup>17</sup> Statistical analyses were performed using Metaanalysis of Diagnostic Accuracy Studies package in R software<sup>18,19</sup> and MedCalc Statistical Software, v. 15.8 (MedCalc Software, Ostend, Belgium). P < 0.05 was considered statistically significant for all analyses.

## Results

### Literature Search

The study selection process is displayed in Fig. 3. Fifteen studies were potentially eligible for inclusion.<sup>8,11,20–32</sup> After reviewing the full text, one study was excluded because the accuracy of DSC MR perfusion was not investigated<sup>24</sup>; two studies were excluded because only a change in DSC MR perfusion before

and after radiotherapy as predictor of metastatic tumor response was assessed,<sup>31,32</sup> one study was excluded because it provided insufficient data for a  $2 \times 2$  contingency table,<sup>27</sup> and one study was excluded because no separable data on the accuracy of DSC MR perfusion were reported.<sup>25</sup> Eventually, 10 studies were included.<sup>8,11,20–23,26,28–30</sup>

The median number of patients per study was 28 (range 15–46). DSC MR perfusion data were available on 271 metastases. The median prevalence of recurrent brain metastases was 56.9% (range 7.7%–83.3%).

#### Methodologic Quality Assessment

QUADAS-2 assessments are displayed in Table 2 and summarized in Fig. 4. Risk of bias with respect to patient selection was rated "unclear" in two studies<sup>5,28,30</sup> because it was unclear whether a consecutive or random sample was enrolled and whether there were no inappropriate exclusions. Risk of bias with respect to index test was rated "high" in seven studies<sup>11,20-22,26,28,29</sup> because diagnostic criteria were not prespecified. Risk of bias with respect to reference standard was rated "unclear" in eight studies,<sup>8,11,20,22,23,26,28,29</sup> because it was unclear whether the reference standard was interpreted without knowledge of the results of DSC MR perfusion. Risk of bias with respect to flow and timing was rated "unclear" in seven studies<sup>11,20,22,23,26,28,30</sup> because it was unclear whether DSC MR perfusion results influenced the decision which reference standard was used. Risk of bias with respect to flow and timing was rated "high" in one study,<sup>8</sup> because not all patients were included in the analysis. In two studies,<sup>22,23</sup> there were applicability concerns with respect to patient selection, because both stable and progressive metastases at conventional MR (contrast-enhanced T1-weighted MR images) were included. There were no other applicability concerns.

## **Diagnostic Performance**

Different diagnostic criteria were used (Table 1). Both sensitivity and specificity from individual studies ranged from 0%

| TABLE 1. P                  | rincipal Study                            | / Characteristic:   | S S  |  |   |   |  |                                |  |  |
|-----------------------------|---|---|--|--|---|---|--|--------------------------------|--|--|
| Study                       | Publication<br>year, country<br>of origin | Number of<br>patients, age<br>and sex                                       | Primary<br>tumors (%)  | DSC MR perfusion parameters-<br>Field strength- Pulse sequence- TR,<br>TE, flip angle- Slice thickness- FOV,<br>matrix- Temporal coverage- Gd<br>preload- Gd dose- Injection rate  | Image<br>processing<br>tools  | Observers   | Diagnostic<br>criteria for<br>recurrence   | Uninterpretable<br>lesions (%) | Reference<br>standard (%) <sup>4</sup>                                   | Prevalence of<br>recurrent brain<br>metastases (%) |
| Wang et al <sup>20</sup>    | 2018, China                               | 46, median age 61<br>years (range<br>30-80), 22 males                       | Lung (56.9)<br>Breast (17.2)<br>Skin (8.6)<br>Renal (8.6)<br>Colon (8.6)                       | - 3 T<br>- GRE-EPI<br>- GRE-EPI<br>- 1600, 30, 90°<br>- 4 mm<br>- 220 × 220, 120 × 120<br>- 220 × 220, 120 × 120<br>- 20 measurements<br>- NR<br>- 0.2 mmol/kg<br>- 4.5 ml/s   | Commercially<br>available software<br>(Syngo.via;<br>Siemens<br>Healthcare) | Two<br>neuroradiologists<br>(both with over<br>15 years of<br>experience) | - CBV lesion >21.8<br>ml/100g<br>- rCBV (mean CBV<br>lesion/mean CBV<br>NACWM) >2.12   | 8<br>S                         | Histopathology (9%) <sup>t</sup><br>or MRI + clinical<br>follow-up (91%) | \$ 56.9  |
| Knitter et al <sup>21</sup> | 2018, USA                                 | 29, median<br>age 56 years<br>(interquartile<br>range 48-64.5),<br>10 males | Lung (40.6)<br>Breast (31.3)<br>Melanoma (9.4)<br>Renal (6.3)<br>Neuroendocrine<br>tumor (3.1) | <ul> <li>1.5 T or 3T</li> <li>- GRE-EPI</li> <li>- GRE-EPI</li> <li>1800, 40, 90°</li> <li>- 5 mm</li> <li>- 220 × 220, 128 × 128</li> <li>- 60 measurements</li> <li>- 60 measurements</li> <li>- 1 ves</li> <li>- 0.1 mmol/kg</li> <li>- 5 ml/s</li> </ul> | Commercially<br>available (Olea<br>Sphere, Olea<br>Medical)                 | N   | rCBV (mean CBV<br>lesion/mean CBV<br>NACWM) >2.1   | •                              | MRI follow-up<br>(100%)  | 31.3   |
| Muto et al <sup>22</sup>    | 2018, Italy                               | 29 (mean age<br>53 years (range<br>33-79), 11 males                         | Breast (44.8)<br>Lung (41.4)<br>Bladder (6.9)<br>Colon (6.9)                                   | - 1.5 T<br>- GRE-EPI<br>- GRE-EPI<br>- NR<br>- NR<br>- NR<br>- NR<br>- 0.1 mmol/kg<br>- 4.5 ml/s   | Commercially<br>available (Olea<br>Sphere, Olea<br>Medical)                 | Two<br>neuroradiologists<br>with 4 and 5 years<br>of experience           | rCBV (CBV lesion <sup>a</sup> / NACWM <sup>a</sup> ) >2.1  | 0                              | Histopathology (NR) <sup>1</sup><br>or MRI + clinical<br>follow-up (NR)  | b 32.1   |
| Kerkhof al. <sup>23</sup>   | 2018, The<br>Netherlands                  | 26, median age 66<br>years (range<br>40-84), 12 males                       | NSCLC (46.2)<br>Breast cancer<br>(19.2)<br>Other (34.6)  | - 1.5 T<br>- GRE-EPI<br>- 1490, 30, 90°<br>- 5 mm<br>- 230 × 230, 128 × 128<br>- NR<br>- NR<br>- Yes<br>- 20 ml Gd<br>- 4 ml/s   | Not reported  | Two experienced<br>neuroradiologists                                      | Visually highly<br>vascularized areas<br>within the<br>contrast-enhancing<br>lesion relative to<br>the contralateral<br>hemisphere | 15.5                           | Histopathology <sup>e</sup> (NR)<br>or MRI follow-up<br>(NR)             | 2.2  |

| Study                         | Publication<br>yeat, country<br>of origin | Number of<br>patients, age<br>and sex                 | Primary<br>tumors (%)   | DSC MR perfusion parameters-<br>Field strength- Puke sequence- TR,<br>TE, flip angle- Slice thickness- FOV,<br>matrix- Temporal coverage- Gd<br>preload- Gd dose- Injection rate  | Image<br>processing<br>tools  | Observers  | Diagnostic<br>criteria for<br>recurrence  | Uninterpretable<br>lesions (%) | Reference<br>standard (%) <sup>4</sup>                                       | Prevalence of<br>recurrent brain<br>metastases (%) |
|-------------------------------|---|---|---|---|---|--|---|--------------------------------|--|--|
| Gicone et al <sup>26</sup>    | 2015, Italy                               | 42, median age 64<br>yeans (range<br>38-84), NR       | NSCLC (42.0)<br>Breast (14.0)<br>Renal (10.0)<br>Colon (8.0)<br>Melanoma (8.0)<br>SCLC (6.0)<br>Bladder (4.0)<br>Thyroid (4.0)<br>Gastric (2.0)<br>Cervical (2.0) | - 1.5 T<br>- GRE-EPI<br>- GRE-EPI<br>- 1490, 40, 90°<br>- 5 mm<br>- 230 × 230, 128 × 128<br>- 30 measurements in 78 s<br>- 50 measurements in 78 s<br>- Ves<br>- 0.1 mmol/kg<br>- 4 ml/s  | Commercially<br>available<br>workstation<br>(Leonardo, Siemens<br>Healthcare) | Two experienced<br>readers in<br>consensus           | rCBV (maximum<br>CBV lssion/mean<br>CBV NACWM>)<br>2.14   | I.7                            | Histopathology <sup>4</sup><br>(22%) or MRI<br>follow-up (78%)               | 40.5   |
| Huang et al <sup>28</sup>     | 2011, USA                                 | 26, NR, NR  | Lung (51.5)<br>Breast (33.3)<br>Esophagus (6.1)<br>Melanoma (6.1)<br>Renal (3.0)  | <ul> <li>1.5 T</li> <li>- GRE-EPI</li> <li>- 2480, 98, NR</li> <li>- 4 mm</li> <li>- 1 mR (voxel size: 2 × 2 × 4)</li> <li>- NR (voxel size: 2 × 2 × 4)</li> <li>- 50 measurements in 125 s</li> <li>- NR</li> <li>- 0.1 mmol/kg</li> <li>- 3 ml/s</li> </ul> | Commercially<br>available<br>workstation<br>(Pinnacle)                        | Experienced,<br>board-certified<br>neuroradiologists | rCBV (maximum<br>CBV<br>lesion/maximum<br>CBV NACWM)<br>>2  | 3.6                            | Histopathology <sup>c</sup><br>(12%) or MRI<br>+ clinical follow-up<br>(88%) | 66.7   |
| Mitsuya et al <sup>29</sup>   | 2010, Japan                               | 27, mean age 59.5<br>years (range<br>38-85), 14 males | Lung (53.6)<br>Breast (32.1)<br>Colon (7.1)<br>Esophagus (7.1)  | - 1.5 T<br>- SE-EPI<br>- SE-EPI<br>- 500, 33, 90°<br>- 6 mm<br>- 200 × 220, 128 × 128<br>- 0.1 mmol/kg<br>- 5 ml/s  | Commercially<br>available (Philips<br>Easy Vision,<br>Philips Healthcare)     | An observer  | rCBV (CBV lesion <sup>*</sup> /<br>CBV NACWM <sup>*</sup> )<br>>2.1   | 0                              | MRI + clinical<br>follow-up (100%)   | 25.0   |
| Hoefnagels et al <sup>3</sup> | <sup>o</sup> 2009, The<br>Netherlands     | 31, mean age 54,0<br>yeans (range<br>36-72), 12 males | Lung (58.8)<br>Breast (14.7)<br>Ovary (8.8)<br>Melanoma (5.9)<br>Renal (5.9)<br>Bladder (2.9)<br>Colon (2.9)  | - 1.5 T<br>- GRE-EPI<br>- 1440, 47, 90°<br>- 5 mm<br>- 230 × 230, 128 × 128<br>- 50 measurements in 72 s<br>- 50 measurements in 72 s<br>- 1 mmol/kg<br>- 5 m/s   | Commercially<br>available<br>(Leonardo, Siemens<br>Healthcare)                | An experienced<br>neuroradiologist                   | <ul> <li>Presence of nodular<br/>highly vascularized<br/>areas within the<br/>contrast-enhancing<br/>lesion</li> <li>- rCBV (maximum<br/>CBV Lesion/mean<br/>CBV NACCM)</li> <li>&gt; 2.0</li> <li>- rCBV (maximum<br/>CBV VACGM)</li> <li>&gt; 1.85</li> </ul> | 0                              | Histopathology <sup>c</sup><br>(18%) or MRI<br>+ clinical follow-up<br>(82%) | 20/34  |

**TABLE 1. Continued** 

| TABLE 1. Co  | ontinued   |  |   |   |  |                                  |   |                                |   |  |
|--|--|--|---|---|--|----------------------------------|---|--------------------------------|---|--|
| Study  | Publication<br>year, country<br>of origin  | Number of<br>patients, age<br>and sex                          | Primary<br>tumors (%)   | DSC MR perfusion parameters-<br>Field strength-Pulse sequence-TR,<br>TE, flip angle-Slice thickness-FOV,<br>matrix- Temporal coverage- Gd<br>preload- Gd dose- Injection rate | Image<br>processing<br>tools   | Observers                        | Diagnostic<br>criteria for<br>recurrence                      | Uninterpretable<br>lesions (%) | Reference<br>standard (%) <sup>4</sup>                                      | Prevalence of<br>recurrent brain<br>metastases (%) |
| Barajas et al <sup>11</sup>  | 2009, USA  | 27, NR, 11 males   | Lung (59.3)<br>Breast (29.6)<br>Renal (7.4)<br>Extremity<br>sarcoma (3.7) | - 1.5 T<br>- GRE-EPI<br>- GRE-EPI<br>- 1000-1250, 54, 35°<br>- NR<br>- 0 measurements in 75 s<br>- NR<br>- 0.1 mmol/kg<br>- 4 or 5 ml/s                                       | Commercially<br>available<br>(Advantage<br>Workstation, GE<br>Healthcare). | An attending<br>neuroradiologist | rCBV (CBV lesion <sup>3</sup> /<br>NACWM <sup>3</sup> ) >1.52 | 16.7                           | Histopathology <sup>5</sup><br>(73%) or MRI<br>+ clinical follow-u<br>(27%) | 58.8<br>P  |
| Truong et al <sup>8</sup>  | 2006, USA  | 15, NR, NR   | ž   | - NR<br>- SE-EPI<br>- SE-EPI<br>- 100, 54, 90°<br>- 5 or 7 mm<br>- 230 × 230, 128 × 128<br>- 60 meaurements<br>- 60 meaurements<br>- 0.1 mmol/kg<br>- NR                      | Commercially<br>available (Unix<br>workstation) using<br>in-house software | ХК                               | rCBV (maximum<br>CBV lesion/mean<br>CBV NACWM)<br>>1.52       | 20.0                           | Histopathology <sup>e</sup><br>(100%)                                       | 83.3   |
| GRE-EPI: gradien<br>imaging/<br>*Percentage of lesic<br>bNot further specif<br>*220% neoplastic 1<br>5,1% vishle rumon | t echo echo-planar<br>ms that were verific<br>ied.<br>tumor.<br>eatures in the surgi | imaging: NACWM:<br>ed by this reference stat<br>ical specimen. | normal-appearing<br>ndard.  | contralateral white matter; NACGM: no   | rmal-appearing contrala  | teral gray matter, NF            | č. not reported; rCBV: r                                      | elative cerebral bloo          | d volume: SE-EPI: spi   | ccho ccho-planar                                   |

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FIGURE 3: Flowchart of the study selection process. \*All 15 potentially relevant studies were found in both databases.

to 100% (Fig. 5), with pooled estimates of 81.6% (95% confidence interval [CI]: 70.6%, 89.1%) and 80.6% (95% CI: 64.2%, 90.6%), respectively. The ROC plot is shown in Fig. 6. The AUC was 0.873. All studies, except Muto et al's study,<sup>22</sup> reported accuracy data on a per-lesion basis. Muto et al's study<sup>22</sup> used number of MR examinations (mean of 2.69 per patient) for accuracy analysis. Excluding this study<sup>22</sup> from meta-analysis resulted in pooled sensitivity of 79.4% (95% CI: 68.6%, 87.2%) and pooled specificity of 77.3% (95% CI: 61.6%, 87.9%), with an AUC of 0.847.

The median percentage of uninterpretable lesions per study was 5.35 (range 0–20.0) (Table 1). In one study,  $^{30}$  six

lesions were excluded from accuracy analysis because visual CBV map analysis was nonconclusive.

The included studies were heterogeneous in sensitivity (P = 0.005) and specificity (P < 0.001). RDORs were not significantly different in subgroups according to publication year, country of origin, study size, and DSC MR perfusion interpretation method (Table 3). In the only included study that performed both visual analysis of the CBV map and rCBV measurement,<sup>30</sup> AUCs did not significantly differ: AUC of 0.813 (95% CI: 0.621, 0.934) for visual analysis of CBV map vs. AUC of 0.754 (95% CI, 0.556, 0.896) for rCBV measurement (P = 0.6167).

| TABLE 2. QUADAS-2 A            | Assessment F      | Results of Ea | ach of the Inclu      | uded Studies       |                   |               |                       |
|--------------------------------|-------------------|---------------|-----------------------|--------------------|-------------------|---------------|-----------------------|
|                                |                   | R             | isk of bias           |                    | Арр               | licability c  | oncerns               |
| Study                          | Patient selection | Index<br>test | Reference<br>standard | Flow and<br>timing | Patient selection | Index<br>test | Reference<br>standard |
| Wang et al <sup>20</sup>       | Low               | High          | Unclear               | Unclear            | Low               | Low           | Low                   |
| Knitter et al <sup>21</sup>    | Low               | High          | Low                   | Low                | Low               | Low           | Low                   |
| Muto et al <sup>22</sup>       | Low               | High          | Unclear               | Unclear            | High              | Low           | Low                   |
| Kerkhof al. <sup>23</sup>      | Low               | Unclear       | Unclear               | Unclear            | High              | Low           | Low                   |
| Cicone et al <sup>26</sup>     | Low               | High          | Unclear               | Unclear            | Low               | Low           | Low                   |
| Huang et al <sup>28</sup>      | Low               | High          | Unclear               | Unclear            | Low               | Low           | Low                   |
| Mitsuya et al <sup>29</sup>    | Low               | High          | Unclear               | Low                | Low               | Low           | Low                   |
| Hoefnagels et al <sup>30</sup> | Unclear           | Low           | Low                   | Unclear            | Low               | Low           | Low                   |
| Barajas et al <sup>11</sup>    | Low               | High          | Unclear               | Unclear            | Low               | Low           | Low                   |
| Truong et al <sup>8</sup>      | Unclear           | Unclear       | Unclear               | High               | Low               | Low           | Low                   |



Proportion of studies with low, high, or unclear concerns regarding applicability, % FIGURE 4: Summary of QUADAS-2 assessments of the 10 included studies.

The funnel plot (Fig. 7) was roughly symmetrical, suggesting a low likelihood of publication bias.

# Discussion

This systematic review investigated the accuracy of DSC MR perfusion in diagnosing recurrent brain metastases after radiotherapy. Different diagnostic criteria were used by the included studies to define metastatic recurrence. We used a bivariate random-effects model for meta-analysis, which acknowledges a possible threshold effect.<sup>14</sup> Pooled sensitivity and specificity were fairly high, but there was significant between-study heterogeneity.

Potential bias in the domains "index test," "reference standard," and "flow and timing" may have resulted in overestimation of accuracy. In clinical practice, DSC MR perfusion is typically used to differentiate treatment-related changes from recurrence in irradiated metastases which show a new area of enhancement and/or enlargement at conventional MR. There



FIGURE 5: Forest plots of sensitivity and specificity of included studies. <sup>a</sup>absolute CBV; <sup>b</sup>rCBV; <sup>c</sup>At 3 months follow-up; <sup>d</sup>At 6 months follow-up; <sup>e</sup>Subjective scoring of CBV map; <sup>f</sup>rCBV (maximum CBV lesion/mean CBV NACWM); <sup>g</sup>rCBV (maximum CBV lesion/mean CBV NACGM).



FIGURE 6: Receiver operating characteristic plot. \*Individual study data (small triangles) have been plotted in ROC space, as were the summary estimate (small circle) with 95% confidence ellipse (oval area, thin line) and summary receiver operating characteristic curve (thick line). \*From Wang et al's study,<sup>20</sup> rCBV data were used; from Kerkhof et al's study,<sup>23</sup> 3-month follow-up data were used; and from Hoefnagels et al's study,<sup>30</sup> data from visual CBV map analysis were used for analysis. SROC: summary receiver operating characteristic curve; conf. region: 95% confidence ellipse of pooled sensitivity and specificity.

were applicability concerns with respect to patient selection in two studies,<sup>22,23</sup> because they included both stable and progressive metastases at conventional MR. However, DSC MR perfusion may also have value in metastases that show stability or regression at conventional MR, because changes in tumor physiology may precede structural changes.

DSC MR perfusion can be performed on any modern MR scanner, has a short acquisition time, and postprocessing software is widely available.<sup>33</sup> However, it has some inherent limitations. Blood products or melanin within brain metastases can cause a significant degree of susceptibility artifacts, impeding assessment.<sup>11,23</sup>

Furthermore, metastases may not be evaluable if they are too small or near large vessels or bone.<sup>23</sup> In this systematic review, the median percentage of uninterpretable lesions was 5.35%.

The studies that measured rCBV showed variation in region of interest (ROI) placement: ROIs were placed encompassing the entire contrast-enhancing lesion<sup>21,22,26</sup> or in selected areas of the contrast-enhancing lesion,<sup>8,11,20,29</sup> whereas in some studies the method of ROI placement was not described.<sup>28,30</sup> Some studies measured mean values, whereas other studies measured maximum values. The mean value varies depending on which voxels are included in the average, making it sensitive to ROI definition. The maximum value is less dependent on ROI definition (assuming the voxel with highest CBV and no normal macrovessels are included) but more susceptible to noise. Only two of the included studies reported interobserver reproducibility.<sup>20,22</sup> Wang et al<sup>20</sup> reported good interobserver agreement for mean rCBV. Muto et al<sup>22</sup> also reported good interobserver agreement, but did not specify whether this applied to mean or maximum rCBV. Furthermore, it has recently been shown that ROI placement in the semioval center as reference tissue provides the highest interobserver agreement.<sup>34</sup> However, only one of the included studies reported using the semioval center as reference tissue.<sup>30</sup> One other study used the normal-appearing contralateral white matter (NACWM) on the same transaxial plane as the lesion as reference tissue,<sup>11</sup> whereas in the other studies<sup>8,20–22,26,28,29</sup> the exact location of ROI placement in the NACWM was not reported.

Exploratory subgroup analyses suggested that publication year, country of origin, study size, and DSC MR perfusion interpretation methods were no causes of heterogeneity. ROC curve analysis of the only included study that performed both visual analysis of CBV map and rCBV measurement<sup>30</sup> also showed that diagnostic accuracy between both perfusion interpretation methods was not significantly different. Pretreatment rCBV of brain metastases from renal carcinoma and melanoma are significantly higher than rCBV of brain metastases from lung, breast, and gastrointestinal carcinoma.<sup>35,36</sup> Furthermore, it has been shown by microscopy that neovascularization patterns of brain

| TABLE 3. Subgroup Analyses   |   |  |         |
|--|---|--|---------|
| Parameter  | Variables <sup>a</sup>  | Relative diagnostic<br>odds ratio <sup>b</sup> | P value |
| Publication year   | Published after (5) vs. published<br>before 2013 (5)          | 2.21 (0.14, 34.01)                             | 0.5157  |
| Country of origin  | USA (6) vs. Other countries (4)                               | 0.21 (0.01, 2.92)                              | 0.2030  |
| Study size   | >28 patients (5) vs. <28 (5)                                  | 1.88 (0.11, 31.20)                             | 0.6101  |
| DSC MR perfusion<br>interpretation method  | Visual analysis of CBV map (2) vs.<br>measurement of rCBV (7) | 0.22 (0.01, 8.93)                              | 0.3554  |
| <sup>a</sup> Data in parentheses are number of st<br><sup>b</sup> Data in parentheses are 95% CIs. | udies.  |  |         |



FIGURE 7: Funnel plot using the diagnostic odds ratio of the 10 included studies. \*Two diagonal lines represent 95% confidence limits (effect  $\pm$ 1.96 standard error) around the summary effect (vertical line) for each standard error on the vertical axis.

metastases from a different origin can be quite different. For instance, neovascularization is a specific hallmark of nonsmallcell lung cancer metastases, whereas melanoma metastases show less neovascularization and more perivascular growth along preexisting vascular structures.<sup>37</sup> Therefore, one may expect that the diagnostic performance of DSC MR perfusion differs considerably among different tumor entities. However, all included studies pooled metastases of different primary tumor origin together, so it was not possible to investigate the influence of primary tumor origin on accuracy. Another potential source of heterogeneity is the use of different definitions for recurrent metastases in studies using histopathology as the reference standard. Other potential sources of heterogeneity are variations in MR parameters (such as the use of preload, leakage correction, injection rate, flip angle, and temporal coverage), postprocessing methods (for leakage correction), and diagnostic criteria. Unfortunately, due to large variability between studies, we could not perform meaningful subgroup analyses for these parameters.

This systematic review has some limitations. First, the number of included studies was relatively low. Therefore, we could not fully explore potential sources of heterogeneity with subgroup analysis or meta-regression. Second, the funnel plot which suggested the absence of publication bias is not always a reliable tool.<sup>38,39</sup>

Conventional MRI findings of treatment-related changes and metastatic recurrence overlap considerably.<sup>4–6</sup> Therefore, DSC MR perfusion can be a very useful adjunct in diagnosing recurrent brain metastases after radiotherapy. However, pooled sensitivity and specificity of DSC MR perfusion were fairly high, but not perfect. Furthermore, it is still questionable whether these pooled overall results can be applied to all metastases of different primary origin and there is no uniformly accepted diagnostic criterion yet. Therefore, one should be careful to make clinical decisions based on DSC MR perfusion results alone. The question remains as to what represents "best practice" based on current evidence. We suggest that DSC MR perfusion acquisitions are performed according to recommendations from the American Society of Functional Neuroradiology (ASFNR).<sup>12</sup> According to the ASFNR, preload administration of a single contrast agent bolus with postprocessing leakage correction and implicit correction of T1 leakage effects with a dual-echo acquisition methodology are the two methods that best distinguish rCBV in tumor from normal brain in the presence of contrast agent leakage effects.<sup>12</sup> We suggest that either one of these methods is used. We found no evidence that either visual analysis of CBV maps or rCBV measurements performed better than the other in terms of diagnostic accuracy. Therefore, at present it may be justified to use either one of these perfusion interpretation methods. We believe that all MRI results should be interpreted in the clinical context (including patient symptoms and clinical findings, date and type of treatment received, and systemic status). This is preferably discussed in a neuro-oncology multidisciplinary team meeting, which is the optimal place to make decisions regarding further diagnostic work-up (such as closer follow-up or stereotactic biopsy) and treatment. 40,41

In order to validate DSC MR perfusion for clinical application, it is essential to further investigate potential causes of heterogeneity. Ideally, this is done by prospective studies following ASFNR recommendations regarding DSC MR perfusion acquisition and postprocessing. Future studies should make a direct comparison between DSC MR perfusion interpretation methods and perform stratified analysis for metastases per primary tumor type. Diagnostic accuracy may be improved by combining DSC MR perfusion with other advanced MR techniques<sup>25</sup> or positron emission tomography,<sup>42,43</sup> but this also needs further investigation.

In conclusion, the results of our study suggest that the accuracy of DSC MR perfusion in diagnosing recurrent brain metastases after radiotherapy is fairly high. However, these findings should be interpreted with caution because of methodological quality concerns and heterogeneity between studies. There is no uniformly accepted diagnostic criterion to define metastatic recurrence yet. Potential causes of heterogeneity need to be further investigated.

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