

Effect and safety of bevacizumab-containing chemotherapy treatment in Chinese patients with metastatic colorectal cancer

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Purpose: To review the clinical data and treatment efficacy of bevacizumab in Chinese patients with metastatic colorectal cancer (mCRC).

Patients and methods: A total of 96 patients with mCRC treated by chemotherapy plus bevacizumab in the PLA General Hospital between December 2005 and August 2012 were analyzed retrospectively by overall response rate, disease-control rate, progression-free survival (PFS), and overall survival (OS). The tumor responses were assessed by the Response Evaluation Criteria in Solid Tumors guidelines.

Results: A total of 96 patients with mCRC were identified. Median age was 53.6 years. Eastern Cooperative Oncology Group performance status was 0–2. By the end of follow-up (August 20, 2012), 54 patients exhibited progression (56.3%), and 39 (40.6%) patients had died. A total of 27 (28.1%) achieved partial response, and 48 patients (50.0%) had stable disease, exhibiting an overall response rate of 28.1% and a disease-control rate of 78.1%. The response rates of the first-line, second-line, and third-line (or later) therapy were 41.7%, 21.9%, and 15.8%, respectively. The median durations of the PFS and OS were 8.13 months and 14.80 months, respectively. The median durations of the PFS were 12.70 months, 8.30 months, and 6.40 months for first-line, second-line, and third-line (or later) therapy, respectively, and the median durations of the OS were 24.03 months, 14.90 months, and 11.03 months for first-line, second-line, and third-line (or later) therapy, respectively.

Conclusion: A bevacizumab-containing chemotherapy regimen was well tolerated and effective in Chinese patients with mCRC.

Keywords: colorectal cancer, metastasis, Chinese, bevacizumab, efficacy

Introduction

Colorectal cancer is the fifth most common malignancy and the leading cause of cancer death in the People's Republic of China. Recently, the incidence of colorectal cancer has been increasing steadily, and over 100,000 deaths occur annually in the People's Republic of China.¹ Currently, the standard treatment of patients with metastatic colorectal cancer (mCRC) depends on chemotherapies with fluoropyrimidines, irinotecan, and oxaliplatin. In addition, antibodies against vascular endothelial growth factor (bevacizumab), epidermal growth-factor receptor (cetuximab and panitumumab) have been shown to prolong progression-free survival (PFS) in patients with mCRC.^{2–4}

Bevacizumab is a humanized monoclonal antibody that can neutralize different types of vascular endothelial growth factor.^{5,6} Many studies have shown that treatment with bevacizumab and cytotoxic chemotherapy benefits patients with mCRC,^{7–10}

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and bevacizumab has been recommended as the first and second line of reagent for patients with mCRC.¹¹

While the benefits of treatment with bevacizumab are well documented in Caucasian patients with mCRC, the effect and safety of treatment with bevacizumab in Chinese patients with mCRC has not been clarified. This retrospective study aimed at investigating the effect and safety of treatment with bevacizumab in Chinese patients with mCRC.

Materials and methods

Patients

This retrospective study included 96 patients with mCRC who had been treated with chemotherapy plus bevacizumab between December 2005 and August 20, 2012 in the PLA General Hospital. The inclusion criteria were: histologically confirmed mCRC; age \geq 20 years, and a life expectancy $>$ 3 months; Eastern Cooperative Oncology Group (ECOG) performance status of 0–2; adequate hematologic (an absolute neutrophil count $>$ 1500/ μ L, hemoglobin $>$ 9.0 g/dL, and a platelet count $>$ 75,000/ μ L), hepatic (bilirubin $<$ 2.0 mg/dL and transaminase levels $<$ 3 times the upper normal limit), and renal functions (creatinine $<$ 1.5 mg/dL and urinary excretion \leq 500 mg of protein per day). The exclusion criteria were the presence of clinically significant cardiovascular disease; uncontrolled hypertension; central nervous system metastasis; major surgery within 6 weeks; pregnancy or lactation; nonhealing wounds; preexisting bleeding diatheses or coagulopathies; the need for full-dose anticoagulation.

Written informed consent was obtained from individual patients and the experimental protocol was approved by the ethical committee of the PLA General Hospital.

Treatment

Among the 96 patients included, 48 patients received bevacizumab combined with oxaliplatin-containing chemotherapy, 39 patients received bevacizumab combined with irinotecan-containing chemotherapy, and nine patients received bevacizumab combined with fluorouracil plus Leucovorin (LV). Oxaliplatin-containing chemotherapy included oxaliplatin + capecitabine (XELOX) and fluoropyrimidine + oxaliplatin (FOLFOX). Irinotecan-containing chemotherapy consisted of fluoropyrimidine + irinotecan and irinotecan alone. All of the patients were treated intravenously with 5 mg/kg bevacizumab (Avastin; Genentech, San Francisco, CA, USA) over 30–minutes every 2 weeks or 7.5 mg/kg every 3 weeks, prior to the chemotherapy (Table 1).

Table 1 Details of chemotherapy regimens

Chemotherapy	n	Regimens
FOLFOX	28	Oxaliplatin 85 mg/m ² IV over 2 hours, day 1; Leucovorin 200 mg/m ² IV day 1–2; 5-FU 200 mg/m ² IV bolus on day 1–2, 600 mg/m ² /day, 2 days' continuous infusion. Repeat every 2 weeks.
XELOX	20	Oxaliplatin 130 mg/m ² IV day 1; capecitabine 850–1000 mg/m ² twice daily for 14 days. Repeat every 3 weeks.
FOLFIRI	31	Irinotecan 180 mg/m ² IV over 30–90 minutes, day 1; leucovorin 200 mg/m ² IV day 1–2; 5-FU 200 mg/m ² IV bolus on day 1–2, 600 mg/m ² /day, 2 days' continuous infusion. Repeat every 2 weeks.
Irinotecan	8	Irinotecan 125 mg/m ² IV over 30–90 minutes, day 1, 8. Repeat every 3 weeks.
5-FU/leucovorin	9	Leucovorin 500 mg/m ² IV over 2 hours on day 1, followed by 5-FU bolus 400 mg/m ² and then 1200 mg/m ² /day, 2 days' continuous infusion. Repeat every 2 weeks.

Abbreviations: FOLFOX, fluoropyrimidine + oxaliplatin; XELOX, oxaliplatin + capecitabine; FOLFIRI, fluoropyrimidine + irinotecan; IV, intravenous; 5-FU, fluorouracil.

Efficacy and safety evaluation

The objective of the study was to evaluate the overall response rate (ORR), disease-control rate (DCR), overall survival (OS), PFS, and toxicity of bevacizumab in patients with mCRC treated by bevacizumab plus chemotherapy. OS was defined as the duration from the initiation of the therapy to the date of death of any cause or at the end of this experiment. PFS was defined as the duration from the initiation of the therapy to the confirmation date of progressive disease, or death of any cause.

All of the patients were included in the PFS and OS analyses if they had been treated with bevacizumab at least three times. Individual patients who had severe adverse effects but without clinical or radiographic evidence of progressive disease were taken off therapy. Patients without complete clinical data were excluded.

Tumor responses were evaluated according to the Response Evaluation Criteria in Solid Tumors guidelines.¹² Progression was defined as a 20% increase in the sum of diameters of the target lesions. Toxicities were graded using the National Cancer Institute Common Terminology Criteria for Adverse Events (version 3.1).¹³

Lesions of individual patients were assessed at baseline (within 4 weeks before starting chemotherapy) and every 6–8 weeks after treatment by radiology, which consisted of a bone scan, ultrasound of lymph nodes, chest computed tomography scan, and abdominopelvic computed tomography scan.

Statistical analysis

Data are expressed as real case number and percentage and were analyzed using SPSS 17.0 (IBM, Armonk, NY, USA). Survival curves were estimated using the Kaplan–Meier method and analyzed by log-rank test. A *P*-value of <0.05 was considered statistically significant.

Results

A total of 96 patients with mCRC received more than three cycles of bevacizumab-plus-chemotherapy treatment. The median age of the patients in the study was 53.6 years, with 72 males and 24 females. Combined chemotherapy regimens included oxaliplatin-containing chemotherapy (50.0%), irinotecan-containing chemotherapy (40.6%), and other chemotherapy (9.4%). Primary tumors of 60 patients (62.5%) were located in the colon, the rest (36, 37.5%) in the rectum. The most common metastatic sites were liver and/or lung (38.6%). Thirty-nine (40.6%) patients had received adjuvant chemotherapy after operation. Thirty-six (37.5%) patients were treated with bevacizumab combined chemotherapy as a first-line treatment, 41 (42.7%) as a second-line treatment, and 19 (19.8%) as a third-line (or later) treatment. A median of five (range 3–19) cycles of bevacizumab were administered. Major patient demographics are summarized in Table 2.

Efficacy

At the final cutoff date (August 20, 2012), 54 patients exhibited progression (56.3%) and 39 (40.6%) patients died. Twenty-seven patients (28.1%) achieved partial response and 48 patients (50.0%) achieved stable disease (SD), exhibiting an ORR of 28.1% (complete response and partial response) and a DCR (complete response and stable disease) of 78.1%. The response rates of for the first-line, second-line, and third-line (or later) treatments were 41.7%, 21.9%, and 15.8%, respectively (Table 3). The median follow-up for all the patients is 14.70 months. The median durations of the PFS and OS were 8.13 months and 14.80 months, respectively (Table 4 and Figure 1). The median PFSs for the first-line, second-line, and third-line (or later) treatments were 12.70, 8.30, and 6.40 months, respectively. The median OSs for the first-line, second-line, and third-line (or later) treatments were 24.03 months, 14.90 months, and 11.03 months, respectively (Table 4).

Toxicity

There was no toxic death. Severe adverse events, such as bowel perforation, thromboembolism event, severe

Table 2 Baseline demographic characteristics

Characteristics	n (%)
n	96
Age, median (range)	53.6 (32–75)
Sex	
Male	72 (75.0)
Female	24 (25.0)
Primary tumor site	
Colon	60 (62.5)
Rectal	36 (37.5)
ECOG performance	
0–1	86 (89.6)
2	10 (10.4)
Metastatic sites	
Liver only	23 (24.0)
Lung only	14 (14.6)
One site except liver and lung	8 (8.3)
More than 1 site	51 (53.1)
Number of metastatic sites	
1	45 (46.9)
>1	51 (53.1)
Histologic type	
Well	4 (4.2)
Moderate	76 (79.2)
Poor	4 (4.2)
Unknown	5 (5.2)
Mucinous adenocarcinoma	7 (7.2)
Adjuvant chemotherapy	
Yes	39 (40.6)
FOLFOX	14 (35.9)
XELOX	14 (35.9)
FOLFIRI	2 (5.1)
CAP	5 (12.8)
Others	4 (10.3)
No	57 (59.4)
Line number of bevacizumab	
1st line	36 (37.5)
2nd line	41 (42.7)
3rd or later line	19 (19.8)
Chemotherapy combined with bevacizumab	
Oxaliplatin-containing chemotherapy	48 (50.0)
Irinotecan-containing chemotherapy	39 (40.6)
Others	9 (9.4)

Abbreviations: ECOG, Eastern Cooperative Oncology Group; FOLFOX, fluoropyrimidine + oxaliplatin; XELOX, oxaliplatin + capecitabine; FOLFIRI, fluoropyrimidine + irinotecan; CAP, capecitabine.

bleeding, or reversible posterior leukoencephalopathy syndrome, were not observed. Since we tended to withdraw the drug immediately after hypertension or hemorrhage occurred to ensure safety, three patients stopped using the drug because of the adverse events. Overall, the addition of bevacizumab to chemotherapy was well tolerated. Main adverse effects included hypertension, hemorrhage, hematochezia, poor wound healing, and thrombotic events. A total of 99 patients who received at least one dose of bevacizumab accepted safety assessment. It is worth mentioning

Table 3 Response to treatment

Response	Patients	CR (%)	PR (%)	SD (%)	PD (%)
Overall	96	0 (0)	27 (28.1)	48 (50.0)	21 (21.9)
1st line	36	0 (0)	15 (41.7)	17 (47.2)	4 (11.1)
2nd line	41	0 (0)	9 (21.9)	22 (53.7)	10 (24.4)
3rd line	19	0 (0)	3 (15.8)	9 (47.4)	7 (36.8)

Abbreviations: CR, complete response; PR, partial response; SD, stable disease; PD, progressive disease.

that one patient stopped using because of uncontrolled hypertension and proteinuria, but after a 3-months interval he started again and the adverse effect became tolerable. Details of the incidence of selected adverse events are presented in Table 5.

Discussion

Bevacizumab is a standard therapy approved for first- and second-line treatment in patients with mCRC by the FDA. Multiple clinical trials have proven the use of bevacizumab results in an improvement in PFS and OS. Approval for first-line mCRC treatment was mainly based on the supportive results of two studies: a randomized, double-blind, placebo-controlled phase III trial with 813 patients that evaluated the effect of additional bevacizumab combined with irinotecan, bolus fluorouracil, and leucovorin (IFL),⁷ and a phase II, randomized, placebo-controlled trial that evaluated the effect of additional bevacizumab combined with fluorouracil and leucovorin,⁸ both of which demonstrated the addition of bevacizumab to chemotherapy significantly improved PFS and OS.^{7,8}

Based on these data, more clinical trials were conducted. The NO16966 study reported that PFS and OS increased in patients with mCRC treated with bevacizumab combined with XELOX or FOLFOX, which resulted in mPFS of 9.3 versus 7.4 months and mOS of 21.6 versus 19.0 months in the XELOX group, and PFS of 9.4 versus 8.6 months and

Table 4 Analysis of survival

End point	Median follow-up duration* (range)	mPFS (95% CI, month)	mOS (95% CI, month)
Overall	34.47 (6.70–81.70)	8.13 (6.31–10.35)	14.80 (7.87–21.73)
1st line	36.07 (6.70–62.73)	12.70 (7.76–17.63)	24.03 (7.08–40.98)
2nd line	40.97 (7.90–81.70)	8.30 (6.66–10.01)	14.90 (8.37–21.42)
3rd or later line	32.47 (14.07–40.70)	6.40 (5.46–7.33)	11.03 (8.17–21.13)

Note: *From diagnosis to last follow-up date or death date.

Abbreviations: mOS, median overall survival; mPFS, median progression-free survival.

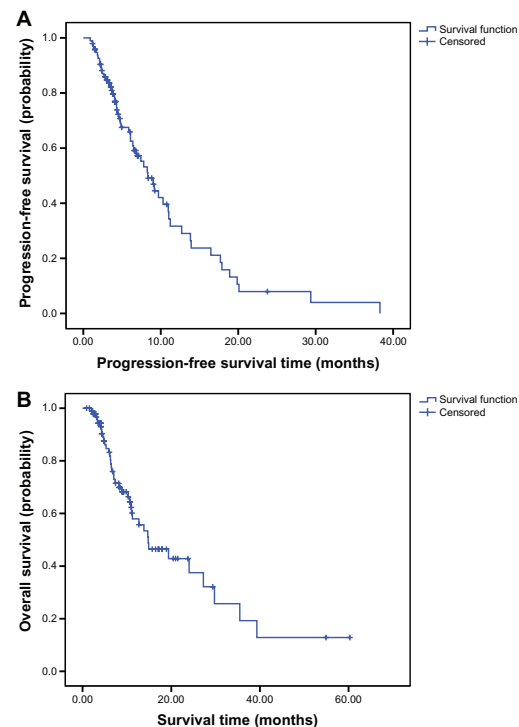


Figure 1 (A) Curve for progression-free survival in patients with metastatic colorectal cancer treated with bevacizumab combined chemotherapy; (B) curve for overall survival in patients with metastatic colorectal cancer treated with bevacizumab combined chemotherapy.

mOS of 21.0 versus 18.9 months in the FOLFOX group.¹⁴ Another phase III trial (CAIRO2) also demonstrated mPFS of 10.7 months and mOS of 20.3 months in the XELOX-plus-bevacizumab arm.¹⁵ Although large numbers of subjects have been enrolled in clinical trials and positive results

Table 5 Selected adverse effects (total number = 99)

Adverse event	Grade 1–2, n (%)	Grade 3–4, n (%)
Chemotherapy-related		
Neutropenia	41 (41.4)	28 (28.3)
Thrombocytopenia	24 (24.2)	12 (12.1)
Neurosensory toxicity	28 (28.3)	8 (8.0)
Vomiting	59 (59.6)	32 (32.3)
Diarrhea	18 (18.2)	6 (6.0)
Jaundice or elevated bilirubin	2 (2.0)	0 (0)
Hepatic dysfunction	2 (2.0)	0 (0)
Bevacizumab-related		
Nosebleed	12 (12.1)	2 (2.0)
Hypertension	12 (12.1)	5 (5.1)
Hemorrhage	7 (7.1)	1 (1.0)
Proteinuria	3 (3.0)	3 (3.0)
Thrombosis	8 (8.0)	0 (0)
Gastrointestinal perforation	0 (0)	0 (0)
Poor wound healing	2 (2.0)	0 (0)
Reversible posterior leukoencephalopathy syndrome	0 (0)	0 (0)

Table 6 Summary of the clinical trials investigating the efficacy of bevacizumab combined with chemotherapy in patients with mCRC

Study	Area	n	Phase	Treatment line	Experimental arm	ORR	mPFS (months)	mOS (months)
Hurwitz et al ⁷	US	402	III	1st	IFL/placebo	34.8	6.2	15.6
		411			IFL/BV	44.8	10.6	20.3
Kabbinavar et al ⁸	US	105	II	1st	FU/LV/placebo	15.2	5.5	12.9
		104			FU/LV/BV	26.0	9.2	16.6
Cassidy et al ¹⁴	US	546/274	III	1st	XELOX/XELOX + BV	NA	7.4/9.3	19.0/21.6
		573/274			FOLFOX/FOLFOX + BV		8.6/9.4	18.9/21.0
Giantonio et al ¹⁰	US	286	III	2nd	FOLFOX/FOLFOX + BV	22.7	7.3	12.9
		291			FOLFOX4	8.6	4.7	10.8
		243			Bevacizumab	3.3	2.7	10.2
Park et al ²²	KR	40	Retro	2nd or later	BV + FOLFIRI/FOLFOX	7.5	6.13	14.0
Toshihiko Doi ¹⁶	JP	57	I/II	1st	BV + XELOX	72	11.0	27.4
Guan et al ¹⁷	CN	214	III	1st	mIFL	17	4.2	13.4
					mIFL/BV	35	8.3	18.7
Lièvre et al ²³	FR	31	Retro	2nd or later	BV + FOLFIRI/FOLFOX	32.2	9.7	18.4

Abbreviations: US, United States; KR, Korea; CN, China; JP, Japan; FR, France; IFL, irinotecan + fluoropyrimidine+leucovorin; BV, bevacizumab; FU, fluoropyrimidine; Retro, retrospective; FOLFOX, fluoropyrimidine + oxaliplatin; FOLFIRI, fluoropyrimidine + irinotecan; XELOX, oxaliplatin + capecitabine; NA, not applicable; mOS, median overall survival; mPFS, median progression-free survival; ORR, overall response rate.

have been proved, most of the clinical trials have been performed in Western countries. Clinical trials performed in the Asian region have mostly contained small samples.¹⁶ A prospective, multicenter, randomized, open-label, phase III trial conducted in the People's Republic of China with 214 patients enrolled compared the efficacy of mIFL plus bevacizumab with mIFL alone as a first-line regimen. The results demonstrated a significant improvement in ORR (35% vs 17%), mPFS (8.3 vs 4.2 months), and mOS (18.7 vs 13.4 months).¹⁷ A summary of the clinical trials investigating the efficacy of bevacizumab combined with chemotherapy in patients with mCRC is shown in Table 6.

In this present retrospective study, ORR was 28.1% for all of the patients, and mPFS and mOS were 8.13 and 14.80 months, respectively. The response rates for first-line, second-line and third-line (or later) treatments were 41.7%, 21.9%, and 15.8%, respectively.

Fifty-five of the 96 patients accepted KRAS status exam, this resulted to 28 KRAS mutations and 27 KRAS wild-type; KRAS status of the other 41 patients was unknown. Unlike cetuximab, the use of which is restricted to patients with KRAS wild-type tumors because patients with a tumor harboring a KRAS mutation are resistant to anti-epidermal growth-factor receptor therapy, the efficacy of bevacizumab is not influenced by KRAS status.^{18,19} In this study, we compared efficacy between different KRAS statuses and found no significant difference among them, which proved the status of KRAS had no prognostic value in patients using bevacizumab.

There were 21 patients also using cetuximab at some point in the continuum of care. Research has been conducted and

proved that combination therapy with more than one biologic agent is not associated with improved outcomes and can cause increased toxicity. The PACCE trial demonstrated that regardless of KRAS status, the combination of bevacizumab and panitumumab with chemotherapy significantly resulted in significantly shorter PFS and inferior quality of life.²⁰ In the CAIRO2 trial, the addition of cetuximab to capecitabine, oxaliplatin, and bevacizumab showed a similar result.¹⁵ A retrospective analysis provided support for a sequential use of bevacizumab, cetuximab, and three cytotoxic drugs – fluoropyrimidines, irinotecan, and oxaliplatin – was associated with increased survival, which was not found to be associated with the order in which these drugs were received.²¹ In the present study, we compared the survival difference between patients taking both bevacizumab and cetuximab and patients taking only bevacizumab with the log-rank test. Although there was a difference in survival between these two groups, the benefit was not significant (10.30 vs 5.87 months, $P = 1.03$). That may have been because of the small sample size.

Conclusion

The efficacy and safety of bevacizumab plus chemotherapy in this study was basically consistent with that reported in Western patients. It could be concluded from this retrospective study that bevacizumab plus chemotherapy was effective for Chinese patients with mCRC, and the adverse events were tolerant and manageable.

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Disclosure

The authors report no conflicts of interest in this work.

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