# **CLINICAL INVESTIGATIONS**



# Impact of renal function on residual platelet reactivity and clinical outcomes in patients with acute coronary syndrome treated with clopidogrel

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#### Abstract

**Background:** Chronic kidney disease (CKD) is a common comorbidity in patients with acute coronary syndrome (ACS) and may potentially influence platelet function.

**Hypothesis:** We explored the influence of renal function on platelet reactivity to investigate whether high residual platelet reactivity (HRPR) is associated with cardio-vascular events.

**Methods:** ACS patients treated with aspirin and clopidogrel were prospectively enrolled. Patients were categorized into two groups on the basis of baseline estimated glomerular filtration rate (eGFR): non-CKD (eGFR  $\geq$ 60 mL/min/1.73 m<sup>2</sup>) and CKD (eGFR <60 mL/min/1.73 m<sup>2</sup>). Platelet function was measured by thromboelastography  $\geq$ 5 days after maintenance dual antiplatelet therapy. Major adverse clinical events (MACEs) were collected at 1 year after discharge.

**Results:** There were 282 non-CKD patients and 212 CKD patients. A significant difference in median  $MA_{ADP}$  value was observed between the two groups (15.0 mm vs. 31.3 mm, p < .001). HRPR was more prevalent in the CKD group than the non-CKD group (27.4% vs 9.6%, p < .001). At 1-year follow-up, the incidence of MACEs was significantly higher for those with both CKD and HRPR compared with those with either CKD or HRPR (37.9% vs. 18.5%, p < .001). The relationship between HRPR and MACEs was consistent across CKD strata without evidence of interaction. Adding platelet reactivity to eGFR improved the model with area under the curve increasing from 0.703 to 0.734.

**Conclusion:** In patients with ACS, the risk of HRPR increased with declining eGFR. Both CKD and HRPR were associated with MACEs at 1-year follow-up.

#### KEYWORDS

acute coronary syndrome, chronic kidney disease, high residual platelet reactivity, thromboelastography

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# 1 | INTRODUCTION

Patients with coronary artery disease (CAD) and impaired renal function have a poor prognosis.<sup>1,2</sup> Despite the presence of strong epidemiological links between renal impairment and risk of thrombosis, underlying causal, and mechanistic insights have not been fully elucidated. Dual antiplatelet therapy (DAPT) including a P2Y<sub>12</sub> inhibitor and aspirin is standard treatment after acute coronary syndrome (ACS) or coronary drug-eluting stent implantation.<sup>3,4</sup> More potent P2Y<sub>12</sub> inhibitors have been shown to be more effective for reducing the risk of ischemic events, but are associated with a higher risk of bleeding events compared with clopidogrel. Clopidogrel thus remains a treatment option for preventing ischemia events and is widely used in patients with ACS, especially those with high-risk bleeding.<sup>5,6</sup> However, inadequate platelet inhibition is associated with a higher rate of ischemic events because of variations in response to clopidogrel,<sup>7,8</sup> with poorer response associated with CYP2C19 variant, gender, age, presence of diabetes mellitus, drug-drug interactions, and impaired renal function.9-11 In ACS patients with low responsiveness to clopidogrel, one study demonstrated that thromboelastography (TEG)-guided antiplatelet therapy was shown to reduce the rate of a composite endpoint of all-cause death, target vessel revascularization, stroke, and myocardial infarction (MI).<sup>12</sup> Therefore, identifying predictors of impaired response to clopidogrel is beneficial for patients at high risk of thrombosis, especially for East Asian patients who may have a higher prevalence of CYP2C19 loss-of-function variants and a worse prognosis when treated with clopidogrel.<sup>13</sup>

The correlation between high residual platelet reactivity (HRPR) and renal function remains controversial. To date, studies evaluating the relationship between chronic kidney disease (CKD) and HRPR have been restricted by modest sample size, limited follow-up, and inadequate multivariable adjustment.<sup>14-16</sup> Moreover, for patients with CKD, it remains unclear whether low response to clopidogrel has an implication on cardiovascular events.<sup>15,17,18</sup> We therefore investigated the influence of renal dysfunction on residual platelet reactivity and evaluated whether HRPR is related to higher incidence of adverse cardiovascular events in ACS patients with CKD.

## 2 | METHODS

## 2.1 | Study population

This single-center prospective cohort study was carried out at the China–Japan Friendship Hospital from January 2015 to March 2019. A total of 2341 patients with ACS who were treated with DAPT and underwent TEG were screened for eligibility. The inclusion criteria were age  $\geq$  18 years, hospitalization for ACS with or without percutaneous coronary intervention (PCI), and treatment with DAPT included aspirin and clopidogrel. Exclusion criteria were duration of clopidogrel and aspirin treatment <5 days, treatment with oral anticoagulants, concomitant administration of glycoprotein IIb/IIIa inhibitors, and treatment with non-steroidal anti-inflammatory drugs or

glucocorticoids. The study protocol was approved by the Ethics Committee of the China–Japan Friendship Hospital. This cohort study was conducted in accordance with the principles of the Declaration of Helsinki. Written informed consent was obtained from all patients prior to participation.

## 2.2 | Data collection

Demographic parameters and comorbidities were collected from patients' medical records, including gender, age, current smoking status, body mass index, and history of hyperlipidemia, hypertension, diabetes mellitus. stroke, myocardial infarction. and prior revascularization. Clinical characteristics including left ventricular ejection fraction, laboratory test results, and medications at discharge were also collected. Baseline serum creatinine levels were measured on the first day of admission. The estimated glomerular filtration rate (eGFR) was calculated using the Modification of Diet in Renal Disease (MDRD) formula<sup>19</sup>: eGFR (mL/min/1.73 m<sup>2</sup>) =  $175 \times S_{Cr}^{-1.154} \times age^{-1.154}$  $^{0.203}$   $\times$  0.742 (if female)  $\times$  1.212 (if black). Patients with eGFR <60 mL/min/1.73 m<sup>2</sup> were diagnosed as having CKD in accordance with the Kidney Disease: Improving Global Outcomes (KDIGO) guideline.20

## 2.3 | Platelet function assessment

Platelet reactivity was assessed using TEG (LEPU Medical Technology Co., Ltd, Beijing, China), a convenient method to evaluate the contributions of platelet and fibrin to clot strength. Maximum amplitude (MA), as an indicator of the strength of the final clot, is the parameter directly measured using this method. MA<sub>ADP</sub> (adenosine diphosphate) represents residual platelet reactivity in the ADP pathway. For MA<sub>ADP</sub> measurement, blood samples were collected between 6 and 12 hours after routine administration of antiplatelet medication. Platelet function was evaluated using TEG within 2 hours of blood drawing, in accordance with the manufacturer's instructions. A 360- $\mu$ L blood sample was added to a heparinase-coated cup containing 100  $\mu$ L ADP (2  $\mu$ mol/L) to generate a whole blood-crosslinked clot with platelet activation. On the basis of prior studies, we defined HRPR as MA<sub>A-DP</sub> > 47 mm in the present study.<sup>21,22</sup>

#### 2.4 | Clinical outcomes

Major adverse clinical events (MACEs) and bleeding events at 1-year follow-up were defined as the clinical outcomes. MACEs were a composite endpoint of all-cause death, ischemic stroke, and MI. MI was defined as type I MI in accordance with the fourth universal definition of MI,<sup>23</sup> and represented the ischemic symptoms with abnormal electrocardiographic and elevated troponin. Computed tomography or magnetic resonance imaging of the head were adopted to diagnose ischemic stroke. Major bleeding event was defined as Bleeding

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Academic Research Consortium Definition (BARC) type 3 or 5.<sup>24</sup> All patients were followed up by telephone after discharge.

## 2.5 | Statistical analysis

Continuous variables were expressed as means ± standard deviations or medians with interguartile ranges. Student's t test or the Mann-Whitney U test were used to compare continuous variables between groups. Categorical variables were shown as numbers (percentages) and compared using the Chi-squared test or Fisher's exact test. For continuous variables, the Kolmogorov-Smirnov test was used to examine normal distribution. The odds ratio (OR) or hazard ratio (HR) was displayed with 95% confidence intervals (CIs). All patients were categorized into either a non-CKD group (eGFR ≥60 mL/ min/1.73 m<sup>2</sup>) or a CKD group (eGFR <60 mL/min/1.73 m<sup>2</sup>) as there was no significant difference in MA<sub>ADP</sub> observed between those with severe renal dysfunction (eGFR <30 mL/min/1.73 m<sup>2</sup>) and moderate renal dysfunction (30 mL/min/1.73 m<sup>2</sup>  $\leq$  eGFR <60 mL/min/1.73 m<sup>2</sup>). Independent risk factors for HRPR on clopidogrel were examined using a multivariate logistic regression analysis model. If values of p < .05 were observed between the group with HRPR and the group without HRPR in the univariate regression analysis model, variables were selected. In the absence of differences between the group with HRPR and the group without HRPR, previously reported factors related to influence platelet function including diabetes mellitus, clinical presentation, proton-pump inhibitors (PPIs), and PCI were entered into the model.<sup>10,25-28</sup> The following confounders were adjusted: age > 65 years, female gender, hypertension, diabetes mellitus, hemoglobin <100 g/L. clinical presentation, PCI, PPIs, and CKD, Kaplan-Meier curves were used to calculate time to ischemic and bleeding events among patients (a) with and without CKD or (b) with or without CKD stratified by HRPR on clopidogrel. Survival curves were compared using the log-rank test across the CKD group and the non-CKD group. We evaluated whether an interaction was present for the influence of CKD and HRPR on clinical outcomes. A Cox proportional hazards regression model was used to identify prognostic factors. Variables with values of p < .05 in the univariate analysis were selected for multivariate analysis, as were those previously reported to have an impact on MACEs.<sup>28</sup> Receiver operating characteristic (ROC) curve analyses were performed to quantify the ability of eGFR and MA<sub>ADP</sub> to predict MACEs using the R version 4.0.3 (R Foundation for Statistical Computing, Vienna, Austria). All statistical analyses were performed using the SPSS version 25.0 (SPSS Inc., Chicago, IL). Graphical presentations were generated using the Prism version 8.2.1 (GraphPad Software Inc., La Jolla, California). A two-tailed value of p < .05 was considered statistically significant.

## 3 | RESULTS

#### 3.1 | Baseline characteristics

A total of 2341 ACS patients treated with DAPT who underwent TEG were screened, of which 494 patients were eligible for inclusion in the present analysis (Figure 1). The average duration from the initiation of DAPT treatment to TEG was  $6 \pm 1$  days during hospitalization. There were 282 patients (57.1%) in the non-CKD group (eGFR  $\geq 60$  mL/min/1.73 m<sup>2</sup>) and 212 patients (42.9%) in the CKD group (eGFR <60 mL/min/1.73 m<sup>2</sup>). In addition, the CKD group included 95 patients with severe renal dysfunction (eGFR <30 mL/min/1.73 m<sup>2</sup>), of whom 52 patients were receiving dialysis. The baseline characteristics of included patients are shown in Table 1. Patients in the CKD group were significantly older and more likely to have comorbidities, including hypertension, diabetes mellitus, history of stroke, and history of coronary artery bypass



**FIGURE 1** Patient flow chart for the study cohort. ACS, acute coronary syndrome; GP IIb/IIIa inhibitors, glycoprotein IIb/IIIa inhibitors; NSAIDS, non-steroidal antiinflammatory drugs; TEG, thromboelastography

Variables         Non-CKD (n = 282)         CKD (n = 212)         p value           Clinical characteristics         -				
Clinical characteristicsAge (years)68 (60-78)74 (64-81)<.001	Variables	Non-CKD (n = 282)	CKD (n = 212)	p value
Age (years)68 (60-78)74 (64-81)<.001Female gender105 (37.2%)87 (41.0%).391BMI (kg/m²)25.3 ± 3.724.4 ± 4.0.004Current smoking91 (32.3%)44 (20.8%).004Hypertension201 (71.3%)186 (87.7%)<.001	Clinical characteristics			
Female gender105 (37.2%)87 (41.0%).391BMI (kg/m²)25.3 ± 3.724.4 ± 4.0.004Current smoking91 (32.3%)44 (20.8%).004Hypertension201 (71.3%)186 (87.7%)<001	Age (years)	68 (60-78)	74 (64–81)	<.001
BMI (kg/m <sup>2</sup> )         25.3 ± 3.7         24.4 ± 4.0         .004           Current smoking         91 (32.3%)         44 (20.8%)         .004           Hypertension         201 (71.3%)         186 (87.7%)         <.001	Female gender	105 (37.2%)	87 (41.0%)	.391
Current smoking         91 (32.3%)         44 (20.8%)         .004           Hypertension         201 (71.3%)         186 (87.7%)         <.001	BMI (kg/m <sup>2</sup> )	25.3 ± 3.7	24.4 ± 4.0	.004
Hypertension         201 (71.3%)         186 (87.7%)         <.001	Current smoking	91 (32.3%)	44 (20.8%)	.004
Diabetes mellitus130 (46.1%)122 (57.5%).012Hyperlipidemia181 (64.2%)145 (68.4%).328Prior stroke53 (18.8%)67 (31.6%).001Prior MI42 (14.9%)44 (20.8%).089Prior PCI69 (24.5%)48 (22.6%).536Prior CABG62.1%)18 (8.5%).001Prior bleeding24 (8.5%).27 (12.7%).127Prior bleeding132 (122-146)18 (9.129).010Platelt (10 <sup>9</sup> /L)200 (165-236)189 (154-229).017Mean platelet volume (fL)10.0 ± 1.410.4 ± 1.4<001	Hypertension	201 (71.3%)	186 (87.7%)	<.001
Hyperlipidemia         181 (64.2%)         145 (68.4%)         .328           Prior stroke         53 (18.8%)         67 (31.6%)         .001           Prior MI         42 (14.9%)         44 (20.8%)         .089           Prior PCI         69 (24.5%)         48 (22.6%)         .636           Prior CABG         6 (2.1%)         18 (8.5%)         .001           Prior bleeding         24 (8.5%)         27 (12.7%)         .127           Prior bleeding         200 (165-236)         189 (154-229)         .011           Platelet (10 <sup>9</sup> /L)         200 (165-236)         189 (154-229)         .017           Mean platelet volume (fL)         10.0 ± 1.4         10.4 ± 1.4         .001           LDL-C (mmol/L)         2.5 ± 0.9         2.6 ± 1.0         .488           eGFR (mL/min/1.73 m2)         90.3 (76.1-107.2)         35.7 (11.6-48.3)         <.001	Diabetes mellitus	130 (46.1%)	122 (57.5%)	.012
Prior stroke53 (18.8%)67 (31.6%).001Prior MI42 (14.9%)44 (20.8%).089Prior PCI69 (24.5%)48 (22.6%).636Prior CABG6 (2.1%)18 (8.5%).001Prior bleeding20 (45.5%)20 (12.7%).127bleeding132 (122-146)115 (98-129)<001	Hyperlipidemia	181 (64.2%)	145 (68.4%)	.328
Prior MI42 (14.9%)44 (20.8%).089Prior PCI69 (24.5%)48 (22.6%).636Prior CABG6(2.1%)18 (8.5%).001Prior Deeding24 (8.5%).7(12.7%).127H=moglobin (g/L)132 (122-146)115 (98-129).001Platelet (10°/L)200 (165-236)189 (154-229).017Mean platelet volume (fL)10.0 ± 1.410.4 ± 1.4<.001	Prior stroke	53 (18.8%)	67 (31.6%)	.001
Prior PCI         69(24.5%)         48(22.6%)         .633           Prior CABG         6(2.1%)         18(8.5%)         .001           Prior bleeding         24(8.5%)         .27(12.7%)         .127           Laboratory test         115 (98-129)         .017           Platelet (10 <sup>9</sup> /L)         200 (165-236)         189 (154-229)         .017           Mean platelet volume (fL)         10.0 ± 1.4         10.4 ± 1.4         <.001	Prior MI	42 (14.9%)	44 (20.8%)	.089
Prior CABG         6 (2.1%)         18 (8.5%)         .001           Pior bleeding         24 (8.5%)         27 (12.7%)         .127           Luburatory test         115 (98–129)         <.001	Prior PCI	69 (24.5%)	48 (22.6%)	.636
Prior bleeding         24 (8.5%)         27 (12.7%)         .127           L	Prior CABG	6 (2.1%)	18 (8.5%)	.001
Laboratory test         132 (122-146)         115 (98-129)         <.001	Prior bleeding	24 (8.5%)	27 (12.7%)	.127
Hemoglobin (g/L)         132 (122-146)         115 (98-129)         <.001           Platelet (10 <sup>9</sup> /L)         200 (165-236)         189 (154-229)         .017           Mean platelet volume (fL)         10.0 ± 1.4         10.4 ± 1.4         <.001	Laboratory test			
Platelet (10 <sup>9</sup> /L)       200 (165-236)       189 (154-229)       .017         Mean platelet volume (fL)       10.0 ± 1.4       10.4 ± 1.4       <.001	Hemoglobin (g/L)	132 (122–146)	115 (98–129)	<.001
Mean platelet volume (fL)10.0 ± 1.410.4 ± 1.4<.001LDL-C (mmol/L)2.5 ± 0.92.6 ± 1.0.488eGFR (mL/min/1.73 m2)90.3 (76.1-107.2)35.7 (11.6-48.3)<.001	Platelet (10 <sup>9</sup> /L)	200 (165–236)	189 (154–229)	.017
LDL-C (mmol/L)         2.5 ± 0.9         2.6 ± 1.0         .488           eGFR (mL/min/1.73 m2)         90.3 (76.1-107.2)         35.7 (11.6-48.3)         <.001	Mean platelet volume (fL)	10.0 ± 1.4	10.4 ± 1.4	<.001
eGFR (mL/min/1.73 m2)         90.3 (76.1-107.2)         35.7 (11.6-48.3)         <.001	LDL-C (mmol/L)	2.5 ± 0.9	2.6 ± 1.0	.488
LVEF (%)         61 (52-69)         55 (45-65)         <.001           LVEF < 50 (%)	eGFR (mL/min/1.73 m2)	90.3 (76.1-107.2)	35.7 (11.6-48.3)	<.001
LVEF<50 (%)         52 (18.4%)         77 (36.3%)         <.001           Clinical presentation         .006         .007         .006           Unstable angina         136 (48.2%)         73 (34.4%)            NSTEMI         72 (25.5%)         76 (35.8%)            STEMI         74 (26.2%)         63 (29.7%)            PCI         213 (75.5%)         131 (61.8%)         .001           Medication at discharge              ACEI or ARB         173 (61.3%)         77 (36.3%)         <.001	LVEF (%)	61 (52–69)	55 (45–65)	<.001
Clinical presentation       .006         Unstable angina       136 (48.2%)       73 (34.4%)         NSTEMI       72 (25.5%)       76 (35.8%)         STEMI       74 (26.2%)       63 (29.7%)         PCI       213 (75.5%)       131 (61.8%)       .001         Medication at discharge       .006       .001         β-blocker       230 (81.6%)       .77 (36.3%)       <.001	LVEF<50 (%)	52 (18.4%)	77 (36.3%)	<.001
Unstable angina         136 (48.2%)         73 (34.4%)           NSTEMI         72 (25.5%)         76 (35.8%)           STEMI         74 (26.2%)         63 (29.7%)           PCI         213 (75.5%)         131 (61.8%)         .001           Medication at discharge         133 (61.8%)         .001           β-blocker         230 (81.6%)         186 (87.7%)         .001           Statins         279 (98.9%)         209 (98.6%)         1.000           CCB         35 (12.4%)         88 (41.5%)         .001           PPIs         159 (56.4%)         159 (75.0%)         .001	Clinical presentation			.006
NSTEMI         72 (25.5%)         76 (35.8%)           STEMI         74 (26.2%)         63 (29.7%)           PCI         213 (75.5%)         131 (61.8%)         .001           Medication at discharge         132 (61.3%)         77 (36.3%)         <001	Unstable angina	136 (48.2%)	73 (34.4%)	
STEMI         74 (26.2%)         63 (29.7%)           PCI         213 (75.5%)         131 (61.8%)         .001           Medication at discharge	NSTEMI	72 (25.5%)	76 (35.8%)	
PCI213 (75.5%)131 (61.8%).001Medication at dischargeACEI or ARB173 (61.3%)77 (36.3%)<.001	STEMI	74 (26.2%)	63 (29.7%)	
Medication at discharge           ACEI or ARB         173 (61.3%)         77 (36.3%)         <.001	PCI	213 (75.5%)	131 (61.8%)	.001
ACEI or ARB173 (61.3%)77 (36.3%)<.001β-blocker230 (81.6%)186 (87.7%).062Statins279 (98.9%)209 (98.6%)1.000CCB35 (12.4%)88 (41.5%)<.001	Medication at discharge			
β-blocker230 (81.6%)186 (87.7%).062Statins279 (98.9%)209 (98.6%)1.000CCB35 (12.4%)88 (41.5%)<.001	ACEI or ARB	173 (61.3%)	77 (36.3%)	<.001
Statins         279 (98.9%)         209 (98.6%)         1.000           CCB         35 (12.4%)         88 (41.5%)         <.001	β-blocker	230 (81.6%)	186 (87.7%)	.062
CCB         35 (12.4%)         88 (41.5%)         <.001           PPIs         159 (56.4%)         159 (75.0%)         <.001	Statins	279 (98.9%)	209 (98.6%)	1.000
PPIs 159 (56.4%) 159 (75.0%) <.001	CCB	35 (12.4%)	88 (41.5%)	<.001
	PPIs	159 (56.4%)	159 (75.0%)	<.001

**TABLE 1** Baseline demographics and clinical characteristics

Note: Continuous data are presented as means ± standard deviation (SD) or median (interquartile range) and categorical data was shown as n (%). p value in this table was analyzed between 2 groups. Abbreviations: ACEI, angiotensin-converting enzyme inhibitor; ARB, angiotensin receptor blocker; BMI, body mass index; CABG, coronary artery bypass grafting; CCB, calcium-channel blocker; CKD, chronic kidney disease; eGFR, estimate glomerular filtration; MI, myocardial infarction; LDL-C, low-density lipoprotein cholesterol; LVEF, left ventricular ejection fraction. NSTEMI, non-ST-segment elevation myocardial infarction; PCI, percutaneous coronary intervention; PPIs, proton pump inhibitors; STEMI, ST-segment elevation myocardial infarction.

grafting but were less likely to be smokers compared with patients in the non-CKD group. CKD patients were also less likely to receive angiotensin-converting enzyme inhibitors or angiotensin receptor blockers but were more likely to use calcium-channel blockers and PPIs. There were more patients with non-ST-segment elevation myocardial infarction in the CKD group compared with the non-CKD group. Furthermore, patients in the CKD group were less likely to receive PCI.

## 3.2 | Renal function and platelet reactivity

A significant but weak correlation was observed between MA<sub>ADP</sub> and eGFR (r = -0.344, p < .001). The median MA<sub>ADP</sub> value was higher in the CKD group compared with the non-CKD group (31.3 mm vs. 15.0 mm, p < .001). Compared with patients with normal renal function, the incidence of HRPR occurred more frequently in those with renal dysfunction (27.4% vs. 9.6%, p < .001). The univariate

 TABLE 2
 Risk factors for HRPR on

 clopidogrel by univariate and multivariate
 logistic regression analysis model

	Univariate		Multivariate	
Variables	OR (95% CI)	p value	OR (95% CI)	p value
Age > 65 (years)	2.28 (1.32-3.94)	.003	1.72 (0.95–3.13)	.074
Female gender	3.03 (1.87-4.90)	<.001	2.83 (1.69-4.75)	<.001
Hypertension	2.06 (1.05-4.05)	.035	1.47 (0.72-3.00)	.290
Diabetes mellitus	1.55 (0.97–2.50)	.070	1.24 (0.74-2.09)	.421
Hemoglobin <100 (g/L)	2.76 (1.52-5.01)	.001	1.29 (0.65–2.56)	.468
Presentation				
Unstable angina	Reference		Reference	
NSTEMI	0.96 (0.55–1.70)	.894	0.73 (0.39–1.35)	.310
STEMI	1.16 (0.67–2.04)	.594	1.10 (0.58–2.10)	.766
PCI	0.76 (0.47-1.25)	.278	1.10 (0.63–1.93)	.745
PPIs	1.50 (0.90-2.51)	.119	0.94 (0.53-1.66)	.821
CKD	3.56 (2.16-5.86)	<.001	3.17 (1.78-5.63)	<.001

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*Note:* Multivariate logistic regression analysis model included age > 65 years, female gender, hypertension, diabetes mellitus, hemoglobin <100 (g/L), clinical presentation, PCI, PPIs, and CKD. Abbreviations: CI, confidence interval; HRPR, high residual platelet reactivity; NSTEMI, acute non-STsegment elevation myocardial infarction; PCI, percutaneous coronary intervention; PPIs, proton pump inhibitors; OR, odds ratio; STEMI, acute ST-segment elevation myocardial infarction.

logistic regression analysis model showed that there were more HRPR patients with age > 65 years, female gender, hypertension, hemoglobin <100 g/L, and CKD compared with patients without HRPR (Table S1). Multivariate logistic regression analysis showed that CKD and female gender were significantly related to HRPR in response to clopidogrel (Table 2).

## 3.3 | MACEs and bleeding events at 1 year

A total of 69 MACEs were observed (31 deaths, 11 ischemic stroke events, and 27 MI events) over 1 year of follow-up. The incidence of MACEs was significantly higher in the CKD group than in the non-CKD group at follow-up (24.1% vs. 6.4%, log-rank p < .001). Patients with renal dysfunction also experienced more bleeding events compared with those without CKD (6.6% vs. 2.1%, log-rank p = .007). The incidence of MACEs was significantly higher in HRPR patients compared with those without HRPR, irrespective of CKD status (Table S2). However, no relationship was observed between the presence of HRPR and bleeding events in patients with or without CKD. The univariate Cox regression analysis model showed that age (per 10 years), hypertension, prior stroke, Prior MI, HRPR, and CKD were associated with MACEs (Table S3). Multivariate Cox regression analysis identified that CKD (HR = 2.88, 95%Cl 1.63-5.10, p < .001) and HRPR (HR = 2.06, 95%CI 1.24-3.41, p = .005) were independently associated with 1-year MACEs (Table S4). Furthermore, older age and prior MI were significantly associated with the risk of MACEs. There was no significant interaction between HRPR and CKD for the risk of MACEs (p for interaction = .284)

(Figure 2). Regarding the prediction of any MACEs, area under the curve for eGFR was 0.703 with sensitivity and specificity of 0.739 and 0.624, and was 0.675 for platelet reactivity with sensitivity and specificity of 0.710 and 0.616. Adding platelet reactivity to eGFR improved the model, with area under the curve increasing from 0.703 to 0.734 (Figure 3).

## 4 | DISCUSSION

The findings of this study provide important information about the impact of renal dysfunction on residual platelet reactivity and clinical outcomes in ACS patients receiving clopidogrel. Firstly, we showed that the prevalence of HRPR was more common in CKD patients in this cohort study, including patients on dialysis. Secondly, renal dysfunction was associated with a higher risk of mortality, ischemic events, and bleeding events among ACS patients with or without PCI. Thirdly, HRPR was shown to be an independent risk factor for MACEs, regardless of renal function, with the highest risk observed among patients with both CKD and HRPR at 1-year follow-up.

Renal dysfunction was associated with a higher incidence of HRPR, which aligned with previous studies using a variety of platelet function tests.<sup>15,16,25</sup> Guo et al. showed that renal impairment was associated with higher residual platelet reactivity measured using the VerifyNow P2Y<sub>12</sub> assay in Korean PCI patients receiving DAPT.<sup>16</sup> Angiolillo et al. also demonstrated that impaired renal function was related to HRPR using light transmittance aggregometry in patients with diabetes on maintenance DAPT for at least 30 days.<sup>25</sup> However, in a study of stable CAD patients, no impact of renal dysfunction was observed on HRPR measured using the vasodilator-stimulated phosphoprotein phosphorylation test.<sup>29</sup> However, there are some important considerations when interpreting these findings, such as a lack of uniformity in the time point of platelet reactivity measurement. Most







**FIGURE 3** ROC for predicting the risk of MACEs. eGFR, estimated glomerular filtration rate; MA, maximum amplitude; MACEs, major adverse clinical events; ROC, receiver operating characteristic curve

studies on platelet function use one assay and single time point measurement early after initiation of clopidogrel therapy. Platelet reactivity varies depending on duration of clopidogrel treatment, and tends to stabilize after several weeks of treatment. For example, in the Assessment of Dual Antiplatelet Therapy with Drug-Eluting Stents Registry study (ADAPT-DES), the higher prevalence of HRPR was partly explained by the average test time point of 20 hours after PCI<sup>17</sup>. Wide variability is observed in early pharmacodynamic responses after loading doses of clopidogrel, especially in patients with ACS. Moreover, the proportion of patients with severe renal dysfunction was relatively low in previous studies,<sup>17,30</sup> leading to underestimation of the prognostic utility of platelet function test in this high-risk population. Rubin et. al showed that nearly two-thirds of CKD patients on hemodialysis exhibited HRPR with clopidogrel.<sup>31</sup> Furthermore, the proportion of inadequate platelet inhibition in CKD stage 5 patients has been shown to be higher than in those with moderate renal dysfunction.<sup>32</sup> Our study enrolled a considerable proportion of patients with end-stage CKD, including 52 patients (10.5%) on dialysis.

The relationship between HRPR and clinical outcomes in CKD patients remains controversial. The findings from two previous studies of patients with stable CAD or PCI showed that there was no significant association between HRPR and MACEs among PCI patients with and without CKD.<sup>15,29</sup> Morel et al. reported that HRPR was associated with a higher rate of MACEs in CKD patients, but not in those without CKD in a cohort study of patients receiving urgent or planned PCI<sup>18</sup>. A sub-study of ADAPT-DES showed that HPRR and adverse clinical events remained significantly correlated irrespective of CKD status<sup>17</sup>. The mechanisms for increased risk of MACEs in CKD patients are complicated. High levels of tissue factor and fibrinogen may lead to activation of the coagulation cascade, increasing blood thrombogenicity in the uremic milieu.<sup>33,34</sup> In addition, atherosclerotic plaques have been found to be consisted of a greater proportion of necrotic core and less fibrous tissue in CKD patients, which may increase plague vulnerability.<sup>35</sup> Furthermore, CKD patients have been shown to exhibit increased platelet activity.14,25

This disconcerting finding raises the question of whether antiplatelet dose regimen adjustments should be considered in HRPR patients, a strategy not recommended in current guidelines. In addition, CKD patients are typically underrepresented or excluded from clinical trials. A post-hoc analysis of the CREDO trial indicated that patients with mild or moderate renal dysfunction treated with clopidogrel did not obtain the same benefit as patients with preserved kidney function.<sup>36</sup> Whether patients with impaired renal function should be treated with more potent antiplatelet agents remains to be established. Compared with CKD patients receiving clopidogrel, a previous observational study reported a trend toward lower incidence of MI reoccurrence in those treated with prasugrel at 1-year follow-up<sup>37</sup>. A sub-analysis of the PLATO trial showed that ACS patients with CKD treated with ticagrelor had a greater reduction in ischemic events compared with non-CKD patients, without a significant increase in major bleeding events.<sup>38</sup> A single-center study showed that ticagrelor resulted in faster and greater platelet inhibition compared with clopidogrel in patients with kidney failure receiving hemodialysis.<sup>39</sup> Although low-dose prasugrel had a better antiplatelet effect than clopidogrel, it did not significantly improve the prevalence of HRPR in a study of Japanese hemodialysis patients.<sup>40</sup> However, randomized clinical trials of the use of platelet function tests to tailor antiplatelet therapy have failed to demonstrate any benefit, and were largely limited by the inclusion of low-risk populations. Baber et al. suggested that additional risk markers may potentially allow clinicians to stratify patients to optimal antithrombotic therapy in clinical practice.<sup>17</sup> We suggest that further studies are needed to assess the benefit and risk of administering more potent P2Y<sub>12</sub> receptor antagonists to ACS patients with CKD.

## 5 | LIMITATIONS

The present study had several limitations, including the small sample size and single-center observational study design, which may have contributed to selection bias. Our study also had a relatively high proportion of patients with severe renal dysfunction who exhibited higher platelet reactivity than patients without CKD.<sup>32,41</sup> Additionally, platelet reactivity was assessed only at a single time point, despite all patients having already taken clopidogrel for at least 5 days. Meanwhile, serum creatinine was evaluated only at admission or before PCI, although CKD status can change, especially in those receiving PCI for contrast-related renal dysfunction. Furthermore, we did not evaluate the impact of the CYP2C19 genotype on HRPR, although prior studies had reported that CYP2C19 genotype can partly explain the variability observed in response to clopidogrel.<sup>42,43</sup> Moreover, we were unable to confirm whether compliance with DAPT was adequate during follow-up as the clopidogrel active metabolite was not measured regularly. Finally, we did not collect data on new P2Y12 inhibitors such as prasugrel or ticagrelor, given their limited use in patients requiring antiplatelet therapy, especially those with CKD.

## 6 | CONCLUSION

Our findings demonstrated that renal dysfunction was associated with residual platelet reactivity and a high risk of 1-year MACEs in ACS patients treated with clopidogrel. HRPR was associated with risk of MACEs at 1-year follow up, independent of renal function. Antiplatelet treatment strategies in ACS patients with severe CKD require optimization using further studies.

CLINICAL

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None.

#### CONFLICT OF INTEREST

The authors declare no potential conflict of interest.

## DATA AVAILABILITY STATEMENT

The dataset analyzed during the current study is available from the corresponding author on reasonable request.

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# SUPPORTING INFORMATION

Additional supporting information may be found online in the Supporting Information section at the end of this article.

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