

Downregulated miR-302d-3p promotes chondrocyte proliferation and migration by regulation of Unc-51-like kinase 1

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Abstract. Osteoarthritis (OA) is a common musculoskeletal disease and is related to the function of chondrocytes. The aim of the present study was to investigate the effects of miR-302d-3p on chondrocytes. Quantitative PCR (qPCR) was conducted to detect mRNA expression, while western blotting was performed to investigate protein expression in these cells. RNAs mimics, inhibitors and small interfering (si)RNAs were respectively transfected into chondrocytes (CHON-001 cell line), after which, a Cell Counting Kit-8 assay was performed to detect chondrocyte viability. Giemsa staining of the cells was also conducted to analyze the colony formation ability of the cells. Additionally, cell apoptosis was evaluated with an apoptosis detection kit using flow cytometry. A scratch-wound assay was conducted to investigate cell migration. Bioinformatics analysis using TargetScan 7.2 revealed the potential target gene of microRNA (miR)-302d-3p; a dual luciferase reporter assay determined the target gene. Suppression of miR-302d-3p increased the viability of cells, cell colony number and migration; CHON-001 cell apoptosis was also inhibited. miR-302d-3p mimics decreased the luciferase activity of reporter plasmids containing the wild-type 3'-untranslated region of Unc-51-like kinase 1 (ULK1). siULK1 decreased CHON-001 cell viability and migration. Furthermore, siULK1 promoted the expression of phosphorylated I κ B α and p65, while miR-302d-3p inhibitor suppressed

the expression of phosphorylated I κ B α and p65. Inhibition of miR-302d-3p could promote the proliferation and migration, and inhibit the apoptosis of chondrocytes, potentially by upregulating ULK1; thus, inflammation may be suppressed. The findings of the present study suggest miR-302d-3p and ULK1 as potential therapeutic targets for the prevention and treatment of OA.

Introduction

At present, osteoarthritis (OA) is one of the most common chronic and musculoskeletal diseases, and lowers patient quality of life (1). In the United States of America, over 26 million adults have OA and ~5.6 million cases possess lower extremity OA; ~13 million people >60 years old have radiographic OA in this region of the world (2). Muthuri *et al* (3) reported that those with joint injury have a higher risk of developing OA than those with no history of joint injury (4). Additionally, genetic factors contribute to the development of OA; the heritability of OA is >50% (5). Other factors, including obesity, age, female gender and bone mineral density, increase the risk of OA development (6).

OA is characterized by stiffness, joint pain and limitation of joint movement, and occasional effusion and local inflammation (7). Constant pain frequently occurs in patients with late OA stage (8). Pain causes changes to the bone structure in affected joints and disrupts the balance in mechanisms underlying structural change, peripheral and central pain sensitivity (9). OA patients frequently exhibit higher levels of inflammatory cytokines, such as interleukin (IL)-1 β and tumor necrosis factor (TNF)- α (10).

MicroRNAs (miRNAs/miRs) are large family of noncoding RNA molecules (~22 nucleotides) and are linked with biological processes, including cellular apoptosis, proliferation and differentiation (11,12). In addition, miRNAs bind to the 3'-untranslated region (3'-UTR) of target messenger RNA (mRNA), in which miRNAs can block the translation of mRNA and promote the degradation of mRNA (11). miRNAs can regulate genes expression and signaling pathways in human conditions, such as neuropathic pain (13). The miR-302/367 cluster is located in the intron of the 4q25 region of chromosome 4 and is transcribed by RNA polymerase II;

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Abbreviations: ULK1, Unc-51-like kinase 1; OA, osteoarthritis; RT-qPCR, reverse transcription-quantitative polymerase chain reaction; miRNAs, microRNAs; STK, serine/threonine protein kinase

Key words: microRNA-302d-3p, CHON-001, osteoarthritis, ULK1, inflammation

the miR-302/367 cluster comprises five members, including miR-367, -302a, -302b, -302c and -302d (14). It has been reported that the miR-302/367 cluster serves an important role in regulating the G1-S transition of the cell cycle (14,15). Furthermore, recent studies supported that the miR-302/367 cluster attenuated or negatively regulated inflammation (16,17).

To the best of our knowledge, the present study revealed that the cartilaginous tissue of OA patients exhibited higher miR-302d-3p expression levels compared with in normal cartilaginous tissue. Therefore, we hypothesized that inhibition of miR-302d-3p may prevent the progression of OA by promoting proliferation and healing, and inhibiting inflammation in chondrocytes *in vivo*.

Materials and methods

Reverse transcription-quantitative polymerase chain reaction (RT-qPCR). From March 2017 to March 2018, a total of 32 cartilaginous tissues each from patients without osteoarthritis (OA) and with OA were obtained for analysis; in addition, 6 groups of treated-CHON-001 cells (American Type Culture and Collection) were acquired. The cells were treated with miR-302d-3p mimics, miR-302d-3p mimics control, miR-302d-3p inhibitor, miR-302d-3p inhibitor control, respectively. All patients provided written informed consent form before the acquisition of samples. The present study was approved by the ethics committees and health authorities of The Second Affiliated Hospital of Henan University of Traditional Chinese Medicine (approval. no. R201703050089). The patients were aged between 18-60 years and were male. Patients were included in the trial if they met clinical criteria for OA according to The American College of Rheumatology (18). All patients with joint deformities, rheumatoid arthritis, septic arthritis, ankylosing spondylitis, gout, hematopoietic system, or other serious diseases were excluded. Tissues samples were cut into pieces and RNA was extracted using TRIzol® (Thermo Fisher Scientific, Inc.) and a purification kit (Thermo Fisher Scientific, Inc.). Total RNA was extracted from CHON-001 cells using TRIzol® reagent (Thermo Fisher Scientific, Inc.). cDNAs were synthesized by cDNA kit (Invitrogen; Thermo Fisher Scientific, Inc.) according to the manufacturer's protocols. Subsequently, qPCR experiments were performed with the SYBR Premix Ex Taq™ Real-Time PCR kit (Takara Bio, Inc., Otsu, Japan). qPCR thermocycling conditions were: Initial denaturation at 95°C for 1 min, followed by 50 cycle of 95°C for 30 sec, 55°C for 45 sec and 72°C for 35 sec.

The sequence of primers employed for qPCR were synthesized by Sangon Biotech Co., Ltd. (Table I). Data from qPCR were analyzed with the $2^{-\Delta\Delta C_t}$ method (19). miR-302d-3p or Unc-51-like kinase 1 (ULK1) mRNA expression from the tissue of one patient tissue (without OA) was selected as the control. U6 and GAPDH were used as internal controls.

Cell culture and transfection. CHON-001 cells are derived from human cartilage and were obtained from the American Type Culture and Collection; the cell line was used to investigate chondrocyte function in the present study (20). CHON-001, the human chondrocyte cell line, was cultured in

Table I. Sequences of primers employed for reverse transcription-quantitative polymerase chain reaction.

Primer	Sequence (5'-3')
miR-302d-3p U6	F: GCGTAAGTGCTTCCATGTTTGTGTGT F: CGGGTTTGTTCATTTCT R: AGTCCCAGCATGAACAGCTT
ULK1	F: CCAGAGCAACATGATGG R: CCTTCCCCTCGTAGTGCT
GAPDH	F: CAGCCTCAAGATCATCAGCA R: TGTGGTCATGAGTCCTTCCA

miR, microRNA; F, forward; R, reverse; ULK1, Unc-51-like kinase 1.

Table II. Primary antibodies employed for western blotting.

Antibody	Cat. no.	Target protein weight (kDa)
ULK1	8,054	150
IκBα	4,814	39
p-IκBα	9,246	40
p65	8,242	65
p-p65	3,039	65
GAPDH	4,292	37

p, phosphorylated; ULK1, Unc-51-like kinase 1.

high-glucose Dulbecco's modified Eagle's medium (DMEM; Gibco; Thermo Fisher Scientific, Inc.) supplemented with 0.1 mg/ml G-418 (Gibco; Thermo Fisher Scientific, Inc.) and 10% fetal bovine serum (FBS; Gibco; Thermo Fisher Scientific, Inc.) at 37°C at 5% CO₂ in an incubator (Thermo Fisher Scientific, Inc.). The culture medium was denoted as complete medium.

CHON-001 cells were seeded in a 6-well plate (Corning Inc.), and miR-302d-3p mimics or inhibitors mixed with Lipofectamine® (Invitrogen; Thermo Fisher Scientific, Inc.) and DMEM; cells were incubated cells for 3 h at 37°C. Complete medium was added to cultured cells for 48 h at 37°C after 3 h incubation. The concentration of the mimics, inhibitors and siRNAs were 50 nM. The transfection reagent was used in accordance with the manufacturer's protocols. miR-302d-3p mimics, miR-302d-3p mimics control, miR-302d-3p inhibitor, miR-302d-3p inhibitor control, small interfering RNA (si)-negative control (NC) and siULK1 were synthesized by Sigma-Aldrich (Merck KGaA). The sequences of siRNA, mimics and inhibitors used in the present study were as follows: siULK1: 5'-GCACAGAGACCGTGGG CAA-3'; miR-302d-3p mimics: 5'-UAAGUGCUUCCAUGU UUGAGUGU-3'; miR-302d-3p inhibitor: 5'-ACACUCAA CAUGGAAGCACUUA-3'; NC-mimics: 5'-UUCUCCGAA CGUGUCACGUTT-3'; NC-inhibitor: 5'-CAGUACUUUUGU GUAGUACAA-3'. Following transfection for 48 h, the cells were harvested and used for the subsequent experiments. Nontransfected cells were used as blank controls.

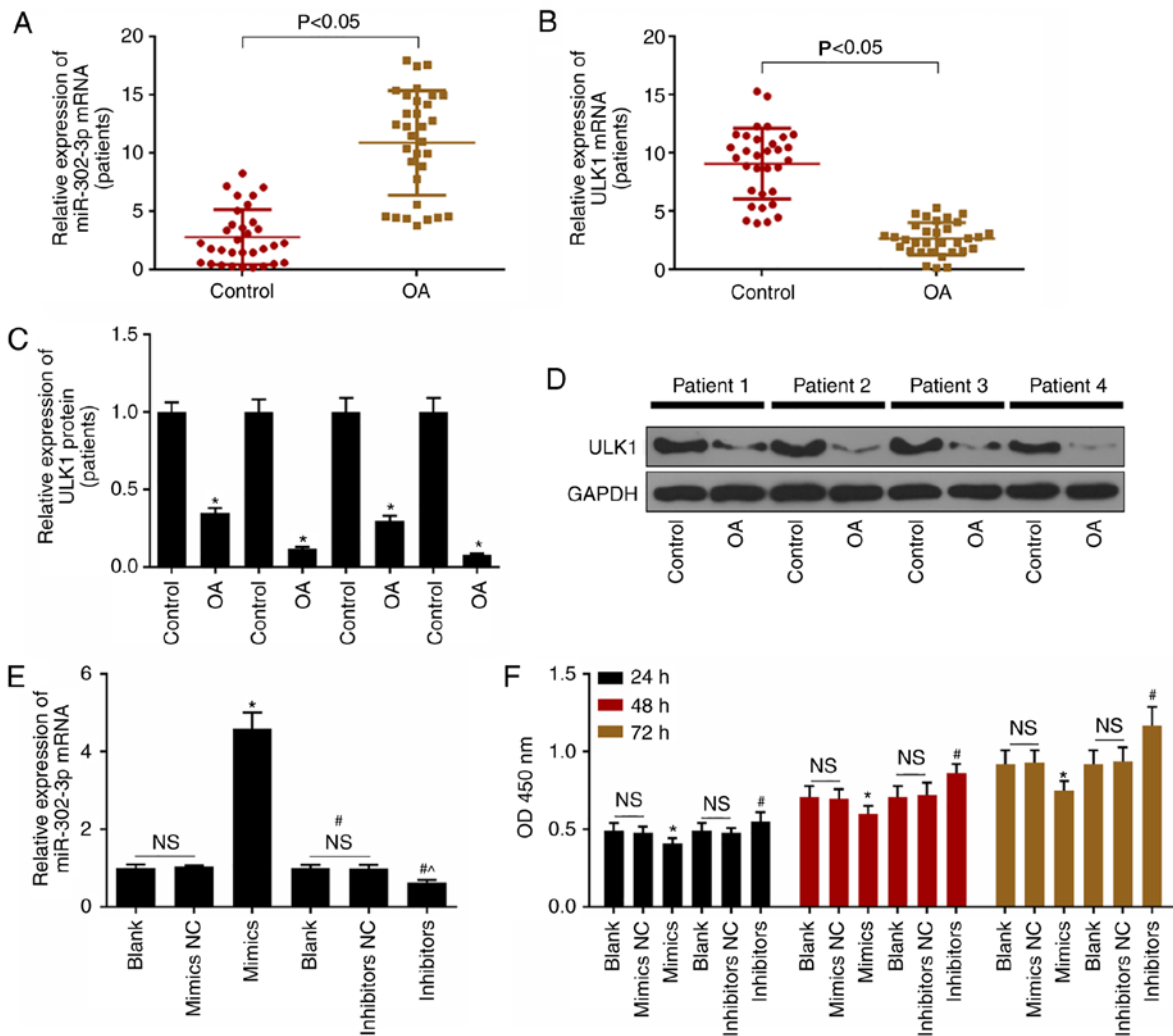


Figure 1. Expression of miR-302d-3p and ULK1 in patient samples, and the effects of miR-302d-3p inhibitor or mimics on CHON-001 cell proliferation. RT-qPCR the expression of (A) miR-302d-3p mRNA and (B) ULK1 mRNA in cartilaginous tissue of patients with or without OA. (C and D) Western blotting for the detection of ULK1 protein expression in patients with or without OA. (E) RT-qPCR was conducted to detect miR-302d-3p expression in CHON-001 cells after transfection with miR-302d-3p, inhibitors or NC for 48 h. (F) A Cell Counting Kit-8 assay was performed to determine CHON-001 cell viability at the wavelength of 450 nm. The values were presented as the mean \pm standard deviation; data were analyzed via one way ANOVA. * P <0.05 vs. Blank group; # P <0.05 vs. mimics group and ^ P <0.05 vs. inhibitors NC group. miR, microRNA; NC, negative control; OA, osteoarthritis; OD, optical density; RT-qPCR, reverse transcription-quantitative polymerase chain reaction; ULK1, Unc-51-like kinase 1.

To further investigate the mechanism of miR-302d-3p on the proliferation and migration of chondrocytes, the cells were divided into 6 groups: Blank group (nontransfected cells), siNC group (cells were transfected with siNC); siULK1 group (cells were transfected with siULK1); inhibitors group (cells were transfected with miR-302d-3p inhibitors); inhibitors + siNC (cells were transfected with miR-302d-3p inhibitors and siNC) and inhibitors + siULK1 group (cells were transfected with miR-302d-3p inhibitors and siULK1).

Cell viability. CHON-001 cells (2×10^3 cells/well) were seeded into a 96-well plate (Corning Inc.) for 24, 48 and 72 h following transfection. Cell Counting Kit-8 solution (CCK-8; Sigma-Aldrich; Merck KGaA) was diluted with DMEM (Gibco; Thermo Fisher Scientific, Inc.) (1:9). 100 μ l CCK-8 mixture was added to cells, which were incubated for 1 h after the medium was discarded. The absorbance was detected at a wavelength of 450 nm using a Multiskan spectrophotometer.

Colony formation assay. A colony formation assay was performed to evaluate cell proliferation (21). CHON-001 cells were digested and resuspended into single cell suspension using 0.25% trypsin-EDTA (Gibco; Thermo Fisher Scientific, Inc.) and complete medium after the cells were treated as aforementioned. The cells were seeded into 35 mm culture dishes (Corning Inc.; 200 purified cells in each dish) and incubated at 37°C in a 5% CO₂ incubator (Thermo Fisher Scientific, Inc.), G418 (700 μ g/ml; Abcam) was added to the medium and mixed to detect positive cell clones for 14 days until visible cell clones emerged. Fresh medium was replaced every 3 days. PBS was used to wash the cells three times after the complete medium was discarded. The cells were fixed with 4% paraformaldehyde (Beijing Solarbio Science & Technology, Co. Ltd.) for 15 min at room temperature and stained with Giemsa (Beijing Solarbio Science & Technology, Co. Ltd.) for 10-30 min at room temperature. Then, the cells were washed with PBS three times again, after which the number of cell colonies was calculated.

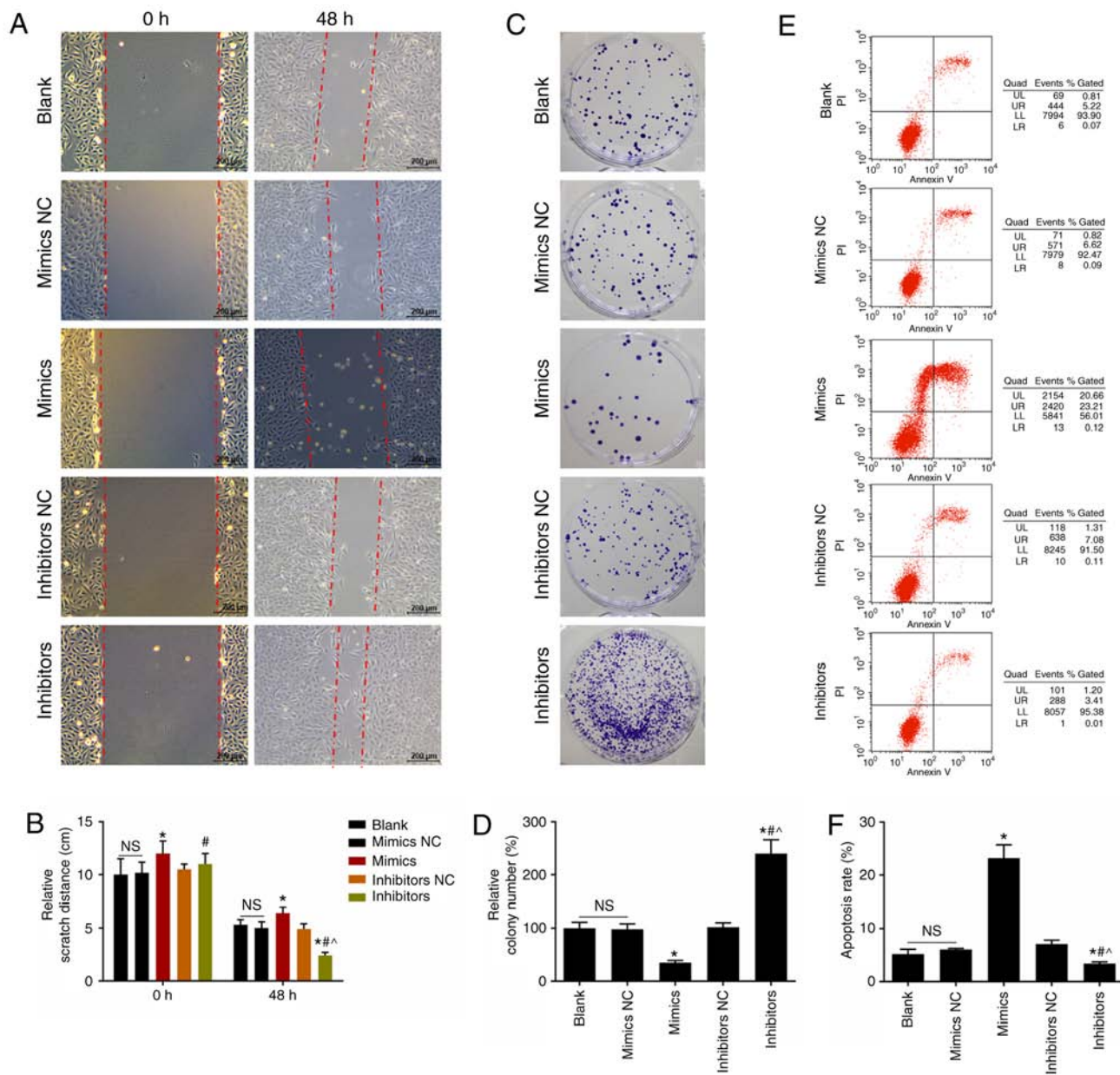


Figure 2. Effects of miR-302d-3p inhibitor and mimics on CHON-001 cell migration, colony number and apoptosis. (A and B) CHON-001 cells were seeded on a 35-mm plate 48 h following transfection. The scratch-wound assay revealed the effects of transfection on the migration of CHON-001 cells. Scale bar, 200 μ m. (C and D) Giemsa-stained cell colonies. (E and F) An Apoptosis detection kit was used to detect CHON-001 cell apoptosis by flow cytometry. The values were presented as the mean \pm standard deviation; data were analyzed by one way ANOVA. * P <0.05 vs. Blank group; # P <0.05 vs. mimics group and ^ P <0.05 vs. inhibitors NC group. NS, not significant; miR, microRNA; NC, negative control.

Apoptosis analysis. CHON-001 cells were digested with 0.25% trypsin-EDTA and resuspended in FBS-free DMEM after cells were treated as aforementioned for 48 h. An apoptosis detection kit with Annexin V-fluorescein isothiocyanate and propidium iodide (Invitrogen; Thermo Fisher Scientific, Inc.) was employed according to the manufacturer's protocols. The BD FACSCanto flow cytometer (BD Biosciences) was used to analyze apoptotic cells, analysis of data was performed using the FACSDiva software version 6.1.2 (BD Biosciences).

Scratch-wound assay. A scratch-wound assay can be applied to evaluate cell migration (22). CHON-001 cells were resuspended in complete medium with 1% FBS (Gibco; Thermo Fisher Scientific, Inc.) after the cells were treated

as aforementioned for 48 h. Then, the cells were seeded in a 35-mm plate (Corning Inc.) at a density of 5×10^3 cells/cm². A sterile 200 μ l pipette tips (Sigma-Aldrich; Merck KGaA) were used to scratch the cell monolayer, and the cells were washed with PBS. The media was replaced with complete medium containing 1% FBS once every 12 h. After 48 h, the scratches were observed under a light microscope (Olympus Corporation; magnification, x100). The distances are different between groups at time 0 h were calculated.

Dual-luciferase reporter assay. TargetScan7.2 (http://www.targetscan.org/vert_72/) was used to predict the target gene of miR-302d-3p, and the dual luciferase reporter assay was used to confirm the findings. The wild-type (wt) or mutant

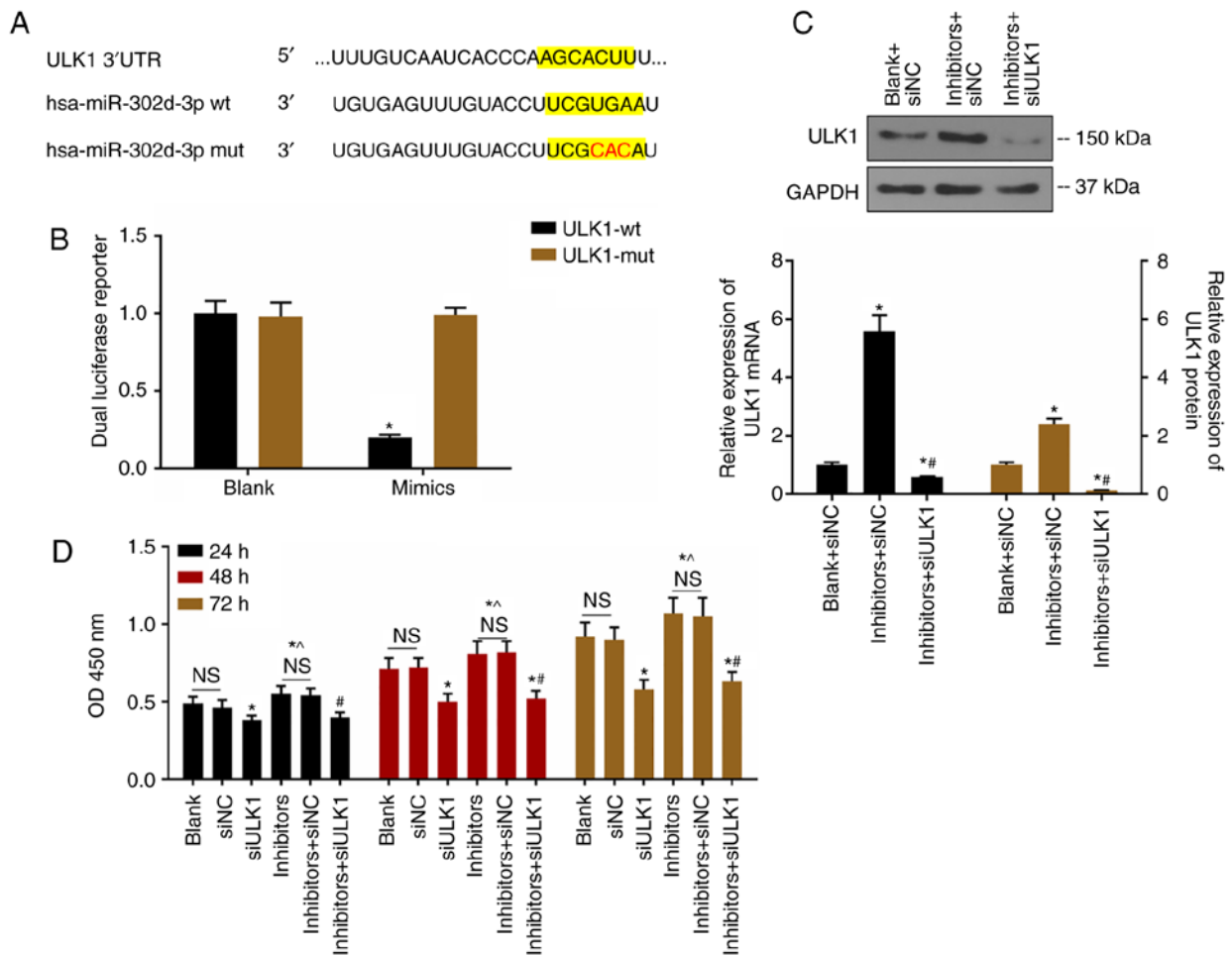


Figure 3. siULK1 inhibits CHON-001 cell viability. (A) TargetScan7.2 analysis revealed ULK1 as a target gene of miR-302d-3p. (B) Dual luciferase report assay was conducted to determine the binding of miR-302d-3p to ULK1. (C) Reverse transcription-quantitative polymerase chain reaction and western blotting indicated the effects of miR-302d-3p inhibitor on ULK1 expression. (D) Cell Counting Kit-8 assay demonstrated that siULK1 inhibited CHON-001 cell viability. The values were presented as the mean \pm standard deviation; data were analyzed by one way ANOVA. * $P < 0.05$ vs. Blank group; # $P < 0.05$ vs. inhibitor + siNC group and ^ $P < 0.05$ vs. siULK1 group. Hsa, *homo sapiens*; miR, microRNA; Mut, mutant; NC, negative control; si, small interfering RNA; ULK1, Unc-51-like kinase 1; wt, wild-type.

(mut) ULK1 3'-UTR was cloned into psi-CHECK-2 (Promega Corporation) according to the manufacturer's instructions. Cells were transfected with miR-302d-3p mimics or miRNA control for 48 h. The Luciferase assay reagent II (100 μ l) and 1X Stop&Glo[®] reagent (100 μ l; Promega Corporation) were added to the cells, and luciferase activities were detected using the GloMax[®] Discover Multimode Microplate Reader (cat. no. GM3000; Promega Corporation) according to the manufacturer's instructions. Luciferase activity was normalized to *Renilla* luciferase activity.

Western blotting. Total protein was extracted from CHON-001 cells and tissues with cell extraction kit (Thermo Scientific, Waltham, MA, USA) by centrifuging samples at 4°C, 6,000 \times g for 10 min. A BCA kit was used to determine the concentration of extracted protein. Total protein (20 μ g) and a pre-stained protein ladder (Thermo Fisher Scientific, Inc.) were separated by 10% SDS-PAGE and transferred to polyvinylidene difluoride membranes (Sigma-Aldrich; Merck KGaA). Membranes were stained with 1X ponceau-S (Beijing Solarbio Science & Technology, Co. Ltd.) following transfer to ensure consistent loading of total protein per

lane. The protein membranes were blocked with 5% bovine serum albumin (Sigma-Aldrich; Merck KGaA) at room temperature. Primary antibodies (Table II; Cell Signaling Technologies, Inc.) were applied and membranes were incubated at 4°C overnight. Secondary antibodies (cat. nos. 7074 and 7076; Cell Signaling Technologies, Inc.) were applied for 2 h at room temperature. Primary and secondary antibodies were diluted with TBST with Tween-20, as specified by the supplier. An ECL kit (Sigma-Aldrich; Merck KGaA) was employed to visualize proteins. Stains were developed with X-ray film (Fuji, Tokyo, Japan). The densitometry was performed using the Bio-Rad ChemiDoc system with Image Lab software version 6.0 (Bio-Rad Laboratories, Inc., Hercules, CA, USA).

Statistical analysis. The aforementioned experiments were independently repeated at least three times. The results were presented as the mean \pm standard deviation. Analysis was conducted with one way ANOVA using SPSS 21.0 (IBM Corp.) followed by Tukey's Honest Significant Difference post hoc test. $P < 0.05$ was considered to indicate a statistically significant difference.

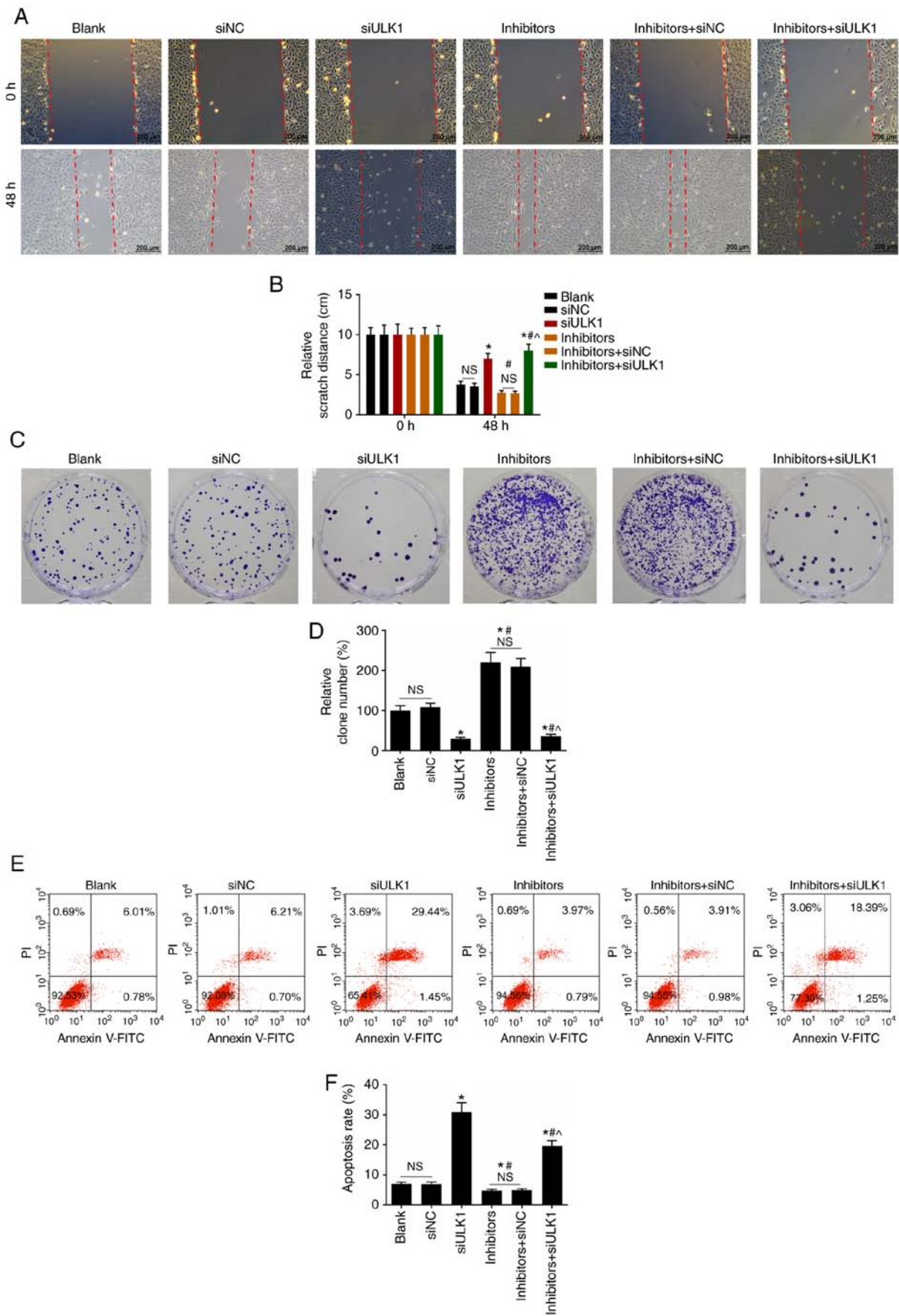


Figure 4. siULK1 inhibits CHON-001 cell migration and proliferation. (A and B) Scratch wound assay indicated that siULK1 inhibited CHON-001 cell migration. Scale bar, 200 μ m. (C and D) Colony formation assay revealed that siULK1 had a negative effect on CHON-001 cell proliferation. (E and F) Flow cytometric assay indicated that siULK1 promoted apoptosis. The values were presented as the mean \pm standard deviation; data were analyzed by one way ANOVA. * $P < 0.05$ vs. Blank group, $^{\wedge}P < 0.05$ vs. inhibitor + siNC group and $^{\#}P < 0.05$ vs. siULK1 group. FITC, fluorescein isothiocyanate; miR, microRNA; NC, negative control; PI, propidium iodide; si, small interfering RNA; ULK1, Unc-51-like kinase 1.

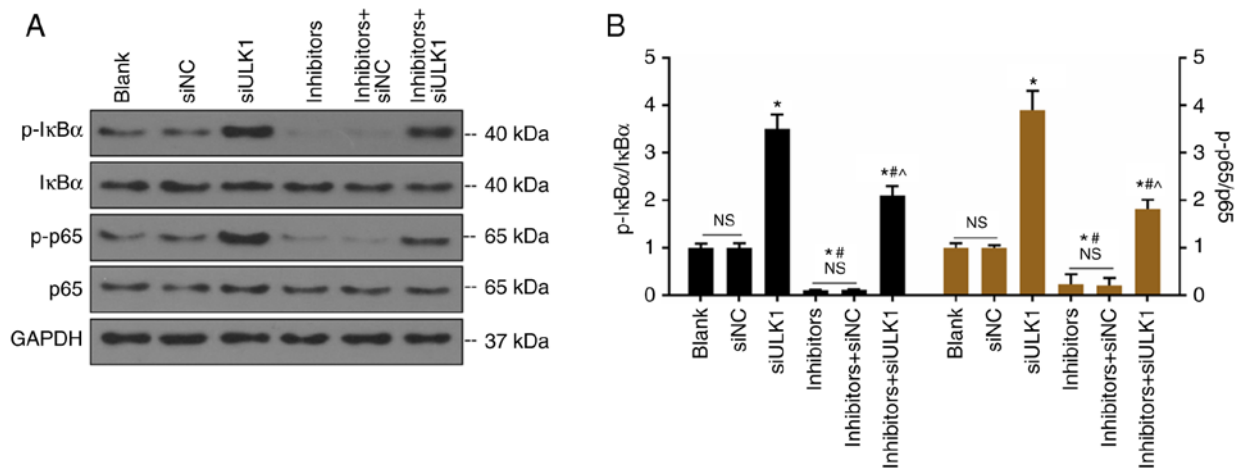


Figure 5. Effects of siULK1 and miR-302d-3p inhibitor on the expression of p-IκBα, IκBα, p-p65 and p65 in CHON-001 cells. (A and B) Western blotting for the detection of p-IκBα, IκBα, p-p65 and p65 protein expression after transfection with siULK1, miR-302d-3p inhibitor alone or in combination for 48 h. The values were presented as the mean ± standard deviation; data were analyzed by one way ANOVA. *P<0.05 vs. Blank group; ^P<0.05 vs. inhibitor + siNC group and #P<0.05 vs. siULK1 group. miR, microRNA; NC, negative control; p, phosphorylated; si, small interfering RNA; ULK1, Unc-51-like kinase 1.

Results

Expression of miR-302d-3p and ULK1 in patient samples, and the effects of miR-302d-3p inhibitor or mimics on CHON-001 cell proliferation. Cartilaginous tissue of patients with OA had significantly higher miR-302d-3p expression levels compared with in normal cartilaginous tissue (Fig. 1A). Additionally, significantly lower expression levels of ULK1 were detected in the cartilaginous tissue of patients with OA (Fig. 1B-D). Transfection of cells with miR-302d-3p mimics resulted in a significant increase in miR-302d-3p expression (Fig. 1E) and significantly decreased CHON-001 cell proliferation compared with in the blank control (Fig. 1F). On the contrary, miR-302d-3p inhibitor decreased miR-302d-3p expression and promoted CHON-001 cell proliferation compared with cells transfected with miR-302d-3p mimics (Fig. 1F).

Effects of miR-302d-3p inhibitor and mimics on CHON-001 cell migration, colony number and apoptosis. miR-302d-3p inhibitor significantly reduced the scratch distance and promoted CHON-001 cell migration compared with the nontransfected control and miR-302d-3p mimics groups (Fig. 2A-B). The miR-302d-3p mimics group had long scratch distance and lower ability of migration in CHON-001 cells (Fig. 2A and B). Cells transfected with miR-302d-3p inhibitor exhibited a significant increase in colony number than the miR-302d-3p mimics group, which suggested that miR-302d-3p downregulation promoted the proliferation of CHON-001 cells (Fig. 2C and D). miR-302d-3p mimics significantly promoted apoptosis compared with nontransfected cells, but was suppressed in response to miR-302d-3p inhibitor transfection (Fig. 2E and F).

siULK1 suppresses CHON-001 cell proliferation. TargetScan7.2 was used to predict target genes of ULK1, which revealed miR-302d-3p as a potential target (Fig. 3A). This segment of the ULK1-3'UTR sequence (AGCACUU) is complementary to the miR-302d-3p wt sequence (UCGUGAA). The results of the dual luciferase report assay showed that miR-302d-3p mimics

significantly decreased the luciferase activity of psi-CHECK-2 compared with the blank group, which supported that miR-302d-3p could bind to the 3'-UTR of ULK1 (Fig. 3B). Furthermore, siULK1 significantly inhibited ULK1 expression, while miR-302d-3p inhibitor increased ULK1 expression (Fig. 3C). siULK1 significantly inhibited the proliferation of CHON-001 cells compared with the inhibitor and siNC group, and miR-302d-3p inhibitor induced CHON-001 cell proliferation (Fig. 3D).

siULK1 suppresses CHON-001 cell migration and colony number. The siULK1 group and miR-302d-3p inhibitor + siULK1 group had longer scratch distances compared that other groups, which suggested that siULK1 inhibited CHON-001 cell migration (Fig. 4A and B). Compared with the blank group, siULK1 significantly decreased CHON-001 cell colony number, whereas this was promoted by miR-302d-3p inhibitor, indicating that siULK1 reduced cell proliferation (Fig. 4C and D). In addition, siULK1 significantly promoted cell apoptosis compared with the nontransfected cell group (Fig. 4E and F).

Effects of miR-302d-3p inhibitor and siULK1 on the expression of phosphorylated (p)-IκBα, IκBα, p-p65 and p65 in CHON-001 cells. siULK1 significantly promoted the protein expression of p-IκBα and p-p65 compared with nontransfected cells, which supported that ULK1 knockdown may be associated with the activation of IκBα and p65 in CHON-001 cells (Fig. 5A and B). miR-302d-3p inhibitor significantly suppressed the expression levels of p-IκBα and p-p65 compared with the nontransfected cell group, which indicated that miR-302d-3p inhibitor suppressed the activation of IκBα and p65 in CHON-001 cells (Fig. 5A and B).

Discussion

ULK1 is serine/threonine protein kinase (STK) and has five ULK1 homologs, including ULK1, ULK2, ULK3, ULK4 and STK36; ULK1 and ULK2 have been reported to be involved in

the mechanism of autophagy (23,24). A recent report showed that activation of ULK4 inhibited autophagy and inflammatory responses (25). In our study, the cartilaginous tissue of OA patients had lower ULK1 expression levels, but miR-302d-3p was upregulated. Articular cartilage supports joint lubrication, and chondrocytes maintain the balance between the degradation and synthesis of the extracellular matrix (26). Musumeci *et al* supported that chondrocyte apoptosis was positively associated with cartilage destruction in patients with OA (27). Therefore, we explored the effects of miR-302d-3p inhibitor on chondrocyte proliferation and apoptosis *in vitro*. The results indicated that miR-302d-3p inhibitor inhibited the apoptosis and promoted the proliferation of chondrocytes. On the contrary, miR-302d-3p mimics promoted apoptosis and inhibited proliferation.

Cell migration serves a critical role in biological processes, including immune responses, tissue regeneration, wound healing and cancer metastasis (28). A scratch-wound assay is one simple method to measure cell migration by means of cellular movement (29). Chondrocyte migration is required for the repair of cartilage (30). Cartilage injury leads to the development of degenerative joint diseases such as OA (31). miR-302d-3p inhibitor promoted chondrocyte migration, but was inhibited in response to miR-302d-3p mimics.

We used TargetScan7.2 to predict the target gene of miR-302d-3p, and a dual luciferase reporter assay was conducted. Our results revealed that ULK1 was one target gene of miR-302d-3p; RT-qPCR and western blotting verified that miR-302d-3p inhibitor increased ULK1 expression and siULK1 decreased ULK1 expression. Furthermore, siULK1 inhibited the proliferation and migration of chondrocytes, and miR-302d-3p inhibitor promoted chondrocyte proliferation.

p65/RelA is a subunit of nuclear factor (NF)- κ B and is regarded as an important member of the NF- κ B pathway (32). IL-1 and TNF- α are well regarded as pro-inflammatory factors and are promptly released in injured tissues (33). A study has suggested that inflammatory factors, such as TNF- α and chemokines, can be induced by NF- κ B activation in chondrocytes and synovial cells (34). NF- κ B is activated by multifarious stimulation, including Toll-like receptors, growth factor receptors, oxidation and genotoxic stress (35). I κ B binds NF- κ B dimers in the cytoplasm, preventing the NF- κ B proteins from translocating to the nucleus to regulate gene expression; the I κ B proteins include: I κ B α , I κ B β and I κ B ϵ (36). Therefore, the induction of NF- κ B may depend on the phosphorylation of I κ Bs (37). siULK1 promoted the phosphorylation of I κ B α and p65, while miR-302d-3p inhibitor suppressed phosphorylation of I κ B α and p65 in chondrocytes, which indicated that miR-302d-3p inhibitor decreased chondrocyte inflammation.

In conclusion, we reported upregulated miR-302d-3p and decreased ULK1 mRNA expression levels in the cartilaginous tissue of OA patients. Additionally, inhibition of miR-302d-3p promoted the proliferation and migration, and inhibited the apoptosis of chondrocytes, suppressing inflammation. This may be due to the upregulated expression of ULK1. Inhibition of ULK1 had adverse effects compared with inhibition of miR-302d-3p in chondrocytes. Thus, downregulation of miR-302d-3p or upregulation of ULK1 may be considered as potential therapeutic strategies for preventing and treating OA; however, further investigation using gene knock-out models and miR-302d-3p inhibitor treatment *in vivo* is required.

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Availability of data and materials

The analyzed datasets generated during the study are available from the corresponding author on reasonable request.

Authors' contributions

Substantial contributions to conception and design: SW, YZhe and ZH; data acquisition, data analysis and interpretation: ZW, YZha and LW; drafting the article or critically revising it for important intellectual content: LW, SW, YZhe. Agreement to be accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of the work are appropriately investigated and resolved: YZhe, YZha and ZH. All authors approved the final version to be published.

Ethics approval and consent to participate

The present study was approved by the ethics committees and health authorities of The Second Affiliated Hospital of Henan University of Traditional Chinese Medicine (approval. no. R201703050089). All procedures performed in studies involving human participants were conducted in accordance with the ethical standards of the institutional and/or national research committee, and with the 1964 Helsinki declaration and its later amendments or comparable ethical standards. Written informed consent was obtained from all patients.

Patient consent for publication

Not applicable.

Competing interests

The authors declare no conflicts of interest.

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