

Below are a number of statements. Each statement asks you to think about your life over the last 2 weeks.

For each statement, select how appropriately it describes your life right now. Select “Completely true” if the statement describes you perfectly, “Completely untrue” if the statement does not describe you at all over the last 2 weeks, and use the answers in between accordingly.

		Completely UNTRUE	Mostly untrue	Neither true nor untrue	Quite true	Completely TRUE
1	I feel sad or upset when I hear bad news.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2	I start conversations with random people.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3	I enjoy doing things with people I have just met.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4	I suggest activities for me and my friends to do.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5	I make decisions firmly and without hesitation.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6	After making a decision, I will wonder if I have made the wrong choice.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7	Based on the last two weeks, I will say I care deeply about how my loved ones think of me.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8	I go out with friends on a weekly basis.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9	When I decide to do something, I am able to make an effort easily.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10	I don't like to laze around.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11	I get things done when they need to be done, without requiring reminders from others.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12	When I decide to do something, I am motivated to see it through to the end.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
13	I feel awful if I say something insensitive.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
14	I start conversations without being prompted.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
15	When I have something I need to do, I do it straightaway so it is out of the way.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
16	I feel bad when I hear an acquaintance has an accident or illness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
17	I enjoy choosing what to do from a range of activities.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
18	If I realise I have been unpleasant to someone, I will feel terribly guilty afterwards.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### Scoring Instructions

Each item is negatively scored i.e. you will need to REVERSE ALL ITEMS:

Completely TRUE = 0

Quite true = 1

Neither true nor untrue = 2

Mostly untrue = 3

Completely UNTRUE = 4

Three domains of apathy-motivation are assessed with the mean score, which ranges from 0-4 (with 0 being motivated and 4 being apathetic).

(1) Behavioural: Q5, 9, 10, 11, 12, 15

(2) Social: Q2, 3, 4, 8, 14, 17

(3) Emotional: Q1, 6, 7, 13, 16, 18