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Original Research Article

Dietary vitamin D₃ deprivation suppresses fibroblast growth factor 23 signals by reducing serum phosphorus levels in laying hens



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ABSTRACT

The present study was carried out to evaluate the effect of dietary supplemental vitamin D_3 on fibroblast growth factor 23 (FGF23) signals as well as phosphorus homeostasis and metabolism in laying hens. Fourteen 40-week-old Hy-Line Brown layers were randomly assigned into 2 treatments: 1) vitamin D₃ restriction group (n = 7) fed 0 IU/kg vitamin D₃ diet, and 2) regular vitamin D₃ group (n = 7) fed 1,600 IU/ kg vitamin D₃ diet. The study lasted for 21 d. Serum parameters, phosphorus and calcium excretion status, and tissue expressions of type II sodium-phosphate co-transporters (NPt2), FGF23 signals and vitamin D3 metabolic regulators were determined. Hens fed the vitamin D3 restricted diet had decreased serum phosphorus levels (by 31.3%, P = 0.028) when compared to those fed regular vitamin D₃ diet. In response to the decreased serum phosphorus, the vitamin D_3 restricted laying hens exhibited: 1) suppressed kidney expressions of 25-hydroxyvitamin D 1- α -hydroxylase (CYP27B1, by 52.8%, P = 0.036) and 1,25-dihydroxyvitamin D 24-hydroxylase (CYP24A1, by 99.4%, P = 0.032); 2) suppressed serum levels of FGF23 (by 14.6%, P = 0.048) and increased serum alkaline phosphatase level (by 414.1%, P = 0.012); 3) decreased calvaria mRNA expressions of fibroblast growth factor receptors (*FGFR1*, by 85.2%, P = 0.003, FGFR2, by 89.4%, P = 0.014, FGFR3, by 88.8%, P = 0.017, FGFR4, by 89.6%, P = 0.030); 4) decreased kidney mRNA expressions of FGFR1 (by 65.5%, P = 0.021), FGFR4 (by 66.0%, P = 0.050) and KLOTHO (by 68.8%, P = 0.038; 5) decreased kidney protein expression of type 2a sodium-phosphorus co-transporters (by 54.3%, P = 0.039); and 6) increased percent excreta calcium (by 26.9%, P = 0.002). In conclusion, the deprivation of dietary vitamin D₃ decreased FGF23 signals in laying hens by reducing serum FGF23 level and suppressing calvaria and kidney mRNA expressions of FGF23 receptors.

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1. Introduction

The discovery of fibroblast growth factor 23 (FGF23), a bonederived hormone (Yamashita et al., 2000), has broadened our

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understandings on body phosphate homeostasis (Blau and Collins, 2015). In the last 20 years, the classic parathyroid hormone (PTH)-1,25-dihydroxyvitamin D_3 (1,25(OH)₂ D_3) axis has been expanded into the novel FGF23-PTH-1,25(OH)₂ D_3 axis in phosphorus-calcium metabolism homeostasis. It is reported that disorders in the FGF23-PTH-1,25(OH)₂ D_3 axis have been linked to various phosphorus-calcium metabolism-related diseases such as X-linked hypophosphatemia (Jonsson et al., 2003), Familial isolated hypopara-thyroidism (Thomee et al., 2005) and Vitamin-resistant rickets type 1 (Giannakopoulos et al., 2017). Therefore, illustrating the complex cross-talk interactions among those hormones from different organs would help to develop strategies for phosphorus metabolism management in laying hens.

The effect of FGF23 on vitamin D metabolism has been well investigated. FGF23 signals could downregulate

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25-hydroxyvitamin D 1-α-hydroxylase (CYP27B1) and upregulate 1,25-dihydroxyvitamin D 24-hydroxylase (CYP24A1) expressions through kidney fibroblast growth factor receptor (FGFR) (e.g. FGFR1, FGFR3 and FGFR4), subsequently promoting the catabolism of 1,25(OH)₂D₃ and reducing 1,25(OH)₂D₃ production (Gattineni et al., 2011; Han et al., 2016; Shimada et al., 2004). However, the effects of vitamin D on FGF23 physiology are not clear. In mammals, it is proposed that vitamin D metabolism may interact with FGF23 in 2 ways: 1) 1,25(OH)₂D₃ directly regulates *FGF23* gene transcription via vitamin D receptor (VDR) (Kolek et al., 2005; Yashiro et al., 2020); 2) 1,25(OH)₂D₃ enhances intestinal phosphorus absorption, increases circulating phosphorus levels (Sabbagh et al., 2009) and indirectly stimulates bone FGF23 secretion (Takashi et al., 2019).

Vitamin D₃ levels vary among different diets in laying hens. The National Research Council (NRC, 1994) recommends 250 IU/kg vitamin D₃ for egg-laying hens. But 1,000 to 2,000 IU/kg vitamin D₃ have been documented as dietary optimal addition levels based on laying performance and eggshell quality (El-Maksoud, 2010; Goodson-Williams et al., 1986a, 1986b). In order to maximize the nutritional function of vitamin D₃ (improve calcium and phosphorus utilization, egg quality and bone mineralization), higher doses were used in recent studies (Barnkob et al., 2020; Wen et al., 2019). Obviously, such big differences on dietary vitamin D₃ levels would affect phosphorus metabolism physiology and FGF23 secretion status in poultry (Jiang et al., 2015). Excessive FGF23 secretion has been considered as the major reason for low phosphorus utilization and high phosphorus excretion (Ren et al., 2017, 2020b). Investigating the effects of dietary vitamin D₃ levels on FGF23 signals in avian species would help to broaden our understandings in phosphorus metabolism mechanisms and provide a guide for proper dietary vitamin D₃ addition in poultry.

In the current study, the effects of 2 dietary vitamin D_3 levels (0 and 1,600 IU/kg) on FGF23 signals were studied in laying hens. Laying performance, egg quality parameters, phosphorus excretion status and key markers of body phosphorus homeostasis were measured. The study aimed to illustrate the relationship among vitamin D_3 , FGF23 signals and phosphorus metabolism in avian species.

2. Materials and methods

All experimental procedures involving animals were approved by the College of Animal Science and Technology Animal Care and Use Committee at the Northwest A&F University, and performed in accordance with the guidelines.

2.1. Birds, diets and study design

A total of 14 healthy 38-week-old Hy-Line Brown laying hens were randomly selected from a chicken house for 20,000 layers in a commercial farm (Wugong, Shaanxi, China). The sample size (n = 7)of the current study was calculated using the G*Power 3.1.9.7 software based on our previous phosphorus nutrition studies conducted at the University of Wisconsin-Madison and Northwest A&F University (Ren et al., 2019, 2020a). All of the laying hens were fed with a corn-soybean meal-based diet containing 1,600 IU/kg vitamin D₃ (same as the Regular vitamin D₃ diet listed in Table S1), for 2 weeks (from 38 to 39 weeks of age). Thereafter (at the age of 40 weeks), the laying hens were randomly allotted to 2 groups: 1) restricted dietary vitamin D_3 (n = 7), laying hens were fed with a corn-soybean meal-based laying hen diet with no extra vitamin D₃ supplementation; 2) regular vitamin D_3 (n = 7), laying hens were fed with the basal diet supplemented with 1,600 IU/kg vitamin D_3 , which meets the Chinese Feeding Standard of Chicken (NY/T 332004). We recorded the cracked egg rate information on a daily basis during the whole period of the feeding trial (Fig. S1). According to the cracked egg rate, it was obvious that dietary vitamin D_3 restriction effectively suppressed the eggshell quality in week 3. Therefore, the feeding trial lasted for 3 weeks (from 40 to 42 weeks of age). The composition and nutrient levels are shown in Table S1.

2.2. Animal care and experimental procedures

The birds were individually housed in laying hen cages with raised wire floors (depth \times width \times height, 45 cm \times 35 cm \times 45 cm) in the animal nutrition research laboratory at the College of Animal Science and Technology, Northwest A&F University. Feed and freshwater were supplied ad libitum. Sixteen hours of lighting (05:30 to 21:30, a combination of natural and artificial lighting was used) were provided every day. The feeding trial lasted for 21 d. Egg production, egg weight and feed intake of each laying hen were daily recorded. Laying rate, average egg weight, average feed intake and feed-to-egg ratio were calculated. On the last day of feeding trial: 1) eggs were collected for the determination of egg quality parameters. Briefly, eggshell thickness was measured using a dial pipe gauge (ETG-1061; Robotmation, Co., Ltd., Tokyo, Japan); eggshell strength was measured using a texture analyzer (EFG-0503; Robotmation, Co., Ltd., Tokyo, Japan); egg yolk color, albumen height, and Haugh units were tested using a multifunction egg quality analyzer (EMT-5200; Robotmation, Co., Ltd., Tokyo, Japan); specific gravity was measured using a flotation method in saline solutions: shell index was calculated as shell weight of whole egg: 2) 24-h total excreta from each laving hen was collected for the determination of phosphorus and calcium excretion; 3) calvaria, liver, intestinal mucosa (duodenum, jejunum and ileum) and kidney samples were collected after euthanasia, frozen in liquid nitrogen, and then transferred to a -80 °C freezer until further analysis. All experimental analysis methods were performed as previously described (Liu et al., 2018; Ren et al., 2020b, 2020c).

2.3. Biochemical assay of plasma samples

At the end of the trial, blood samples (5 mL) were collected from wing vein using vacuum tubes without anticoagulant. Serum samples were separated, aliquoted into Eppendorf tubes after 15 min centrifugation at 594g and stored at -80 °C. For serum phosphorus concentration, samples were mixed with molybdic acid to generate phosphomolybdic acid, which was then restored to molybdenum blue for colorimetric analysis based on the manual of the kit supplier (catalogue no. C006-3). For serum calcium concentration, samples were reacted with Methyl Thymol Blue using a commercial colorimetric kit (catalogue no. C004-2). Serum alkaline phosphatase (AKP) activity was analyzed using a kit (catalogue no. A059-2). These 3 kits mentioned above were purchased from Nanjing Jiancheng Bioengineering Institute. Serum concentrations of FGF23 (catalogue no. ml00321112), 1,25(OH)₂D₃ (catalogue no. ml00697414) and PTH (catalogue no. ml00987411) were determined by sandwich enzyme-linked immunosorbent assays using commercial kits purchased from Meilian Biological Technology Co., Ltd. (Shanghai, China) following the manufacturer's instructions. Spectrophotometric analysis was accomplished using either a Synergy HT plate reader (BioTek, Winooski, VT) or a UV-1800 spectrophotometer (Shimadzu, Japan).

2.4. Phosphorus and calcium excretion

The 24-h excreta samples from each hen were fully collected on the last day of the feeding trial. The excreta samples were oven dried, air equilibrated, weighed, ground through a 1 mm mesh screen, and mixed thoroughly before analyses. For Ca and P analysis, 1 g of sample was ashed at 550 °C for 6 h in a muffle furnace. The ash was digested with hydrochloric acid solution and diluted in a 50 mL volumetric flask with deionized water. The phosphorus content of the excreta samples was determined colorimetrically with ammonium-vanadium-molybdate using a UV-1800 spectrophotometer (Shimadzu, Japan) (Ren et al., 2017). Calcium content of the excreta samples was analyzed with a Z-2000 flame atomic absorption spectrophotometer (Hitach, Japan) (Cheng et al., 2020). Percent phosphorus and calcium concentrations in the excreta samples are presented as air dried basis, and 24-h total excretion of phosphorus and calcium were calculated accordingly.

2.5. Quantitative real-time PCR

The real-time PCR analysis was performed as previously described (Liu et al., 2018). Total RNA of the samples was extracted using AG RNAex Pro Reagent (Accurate Biotechnology, Hunan, China) according the manufacturer's specifications. The concentration and purity of the extracted RNA were determined using a NanoDrop 2000c spectrophotometer (Thermo Scientific, Wilmington, USA). Qualified RNA was subjected to cDNA synthesis using a Primer Script RT Reagent Kit (TaKaRa, Dalian, China). Then, mRNA expression levels of genes were analyzed with a SYBR Premix Ex Taq kit (TaKaRa, Dalian, China) using aniCycler iQ5 real-time PCR machine (Bio-Rad, Hercules, CA). The primers sequences used for Quantitative real-time PCR analysis are listed in Table S2. All reactions were run in triplicate. Relative mRNA expression was calculated to ACTB using $2^{-\Delta\Delta Ct}$ method.

2.6. Western blot

Table 1

Western blot analysis was performed as previously described (Liu et al., 2018). Total proteins were extracted and the concentrations were determined with a BCA protein assav kit (catalogue no. WB003, Hat Biotechnology, Xi'an, China). The protein components were electrophoresed in 8% SDS-PAGE, and transferred electrophoretically to PVDF blotting membranes (catalogue no. 03010040001, Roche Diagnostics, Mannheim, Germany). The membranes were blocked and incubated with the primary antibody (diluted to 1:1,000) for 1 h at room temperature and then overnight at 4 °C. After 3 times washing, the secondary antibody (HRP-conjugated, diluted to 1:1,000) was applied for 1.5 h. Then, the membranes were washed, probed, and autoradiographed with a Chemiluminescence gel imaging system (DNR, Micro Chemi, Israel) using a Super Signal West Pico Trail Kit (catalogue no. 34580; Pierce, IL). Detailed information regarding primary and secondary antibodies is provided in Table S3. The blot density (measured with Image J software 1.8.0) was normalized to ACTB.

Effects of dietary vitam	in D ₃ restriction on eg	g quality in laying hens.
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2.7. Statistical analysis

Data were analyzed by two-sided independent student's *t*-test using SPSS version 23.0 (IBM Corp., Chicago, IL). The individual laying hen was considered as the statistical unit. Results are presented as means and standard error of the mean. The significance was considered at P < 0.05.

3. Results

3.1. Laying performance and egg quality

No difference (P > 0.05) was observed on the baseline body weight and egg quality parameters (shell thickness, shell index, shell strength, albumen height, yolk pigmentation, Haugh units and specific gravity) between the 2 experimental groups (Table S4).

In the 3 weeks feeding trial (40 to 42 weeks of age), dietary vitamin D₃ restriction had no effects (P > 0.05) on egg production performance (Table S5; laying rate, egg weight, daily feed intake, feed-to-egg ratio) and some of the egg quality parameters (Table 1; shell thickness, shell index, albumen height and Haugh units) in Hy-Line Brown laying hens. However, decreased (P < 0.05) shell strength, yolk pigmentation, and specific gravity were observed in vitamin D₃ restricted laying hens (Table 1).

3.2. Serum analysis

Serum levels of phosphorus and FGF23 decreased (P < 0.05) by 31.1% and 14.6% respectively, and serum levels of alkaline phosphatase increased (P < 0.05) by 414.1% in 0 IU/kg vitamin D₃ group when compared with dietary 1,600 IU/kg vitamin D₃ addition (Fig. 1).

Dietary vitamin D_3 restriction had no effects (P > 0.05) on serum levels of calcium, $1,25(OH)_2D_3$ and PTH in Hy-Line Brown laying hens (Fig. S2).

3.3. mRNA expressions of FGF23, FGFR, KLOTHO and VDR

Calvaria expressions of *FGFR1*, *FGFR2*, *FGFR3*, *FGFR4* and *VDR* were decreased (P < 0.05) by 85.2%, 89.4%, 88.8%, 89.6% and 86.4%, and kidney expressions of *FGFR1*, *FGFR4*, *KLOTHO* and *VDR* were reduced (P < 0.05) by 65.5%, 66.0%, 68.8% and 88.0%, respectively, when dietary vitamin D₃ levels were decreased from 1,600 to 0 IU/ kg (Fig. 2). Dietary vitamin D₃ restriction had no effects (P > 0.05) on calvaria expressions of *FGFR3* and *KLOTHO*, as well as kidney expressions of *FGFR2* and *FGFR3*.

Duodenum mRNA expressions of *FGFR1* were decreased (P < 0.05) by 63.8% and expressions of *KLOTHO* were increased by

Item	Vitamin D ₃ restriction ²	Regular vitamin D3 ³	<i>P</i> -value
Shell thickness, mm	0.36 ± 0.01	0.37 ± 0.01	0.678
Shell index, % of whole egg	10.4 ± 1.0	11.1 ± 0.3	0.495
Shell strength, N	35.8 ± 4.8	49.1 ± 3.0*	0.015
Albumen height, mm	7.90 ± 0.67	7.16 ± 0.44	0.367
Yolk pigmentation	6.07 ± 0.43	7.00 ± 0.13*	0.040
Haugh units	89.5 ± 3.1	84.3 ± 2.4	0.242
Specific gravity	1.082 ± 0.004	$1.092 \pm 0.002*$	0.043

¹ Data are means \pm SEM (n = 7). *, P < 0.05.

² Vitamin D₃ restriction, 0 IU/kg dietary vitamin D₃.

³ Regular vitamin D₃, 1,600 IU/kg dietary vitamin D₃.



Fig. 1. Effects of dietary vitamin D_3 levels on the (A) serum phosphorus, (B) FGF23, and (C) AKP of laying hens for 21 d. Data are means \pm SEM (n = 7). *, P < 0.05. FGF23 = fibroblast growth factor 23; AKP = alkaline phosphatase. Restriction, 0 IU/kg dietary vitamin D_3 ; Regular, 1,600 IU/kg dietary vitamin D_3 .



Fig. 2. Effects of dietary vitamin D₃ restriction on mRNA levels of *FGF23*, *FGFR*, *KLOTHO* and *VDR* in the (A) calvaria and (B) kidney of laying hens for 21 d. Data are means \pm SEM (n = 7). *, P < 0.05; **, P < 0.01. *FGF23* = fibroblast growth factor-23; *FGFR* = fibroblast growth factor receptor; *VDR* = vitamin D receptor. Restriction, 0 IU/kg dietary vitamin D₃; Regular, 1,600 IU/kg dietary vitamin D₃.

328.0%, jejunum expressions of *FGFR3* and *KLOTHO* were decreased (P < 0.05) by 64.3% and 71.4%, ileum expressions of *FGFR1*, *FGFR3*, *FGFR4* and *VDR* were decreased (P < 0.05) by 59.1%, 63.4%, 94.6% and 86.4%, respectively, when dietary vitamin D₃ levels were decreased from 1,600 to 0 IU/kg (Fig. S3). Dietary vitamin D₃ restriction had no effects (P > 0.05) on liver expressions of *FGF23*, *FGFR1*, *FGFR2*, *FGFR3*, *FGFR4*, *VDR* and *KLOTHO*, duodenum expressions of *FGF24*, *FGFR2*, *FGFR4*, and *VDR*, jejunum expressions of *FGFR1*, *FGFR2*, *FGFR4* and *VDR*, and ileum expressions of *FGFR2* and *KLOTHO*.

3.4. Kidney SLC34A1 mRNA expression and NPt2a protein expression

There was no difference on kidney mRNA expression of *SLC34A1* (P > 0.05; Fig. S4D). However, lower (P < 0.05) kidney protein expression of NPt2a was found in the vitamin D₃ restriction group (Fig. 3).

3.5. Intestine SLC34A2 mRNA expression and NPt2b protein expression

No difference (P > 0.05) was found on *SLC34A2* mRNA expressions in duodenum (Fig. S4A), jejunum (Fig. S4B) and ileum (Fig. S4C) as well as NPt2b protein expressions in duodenum (Fig. S5A), jejunum (Fig. S5B) and ileum (Fig. S5C).

3.6. Phosphorus and calcium excretion

No differences (P > 0.05) were detected in daily phosphorus excretion and dry excreta phosphorus concentration between vitamin D₃ restriction and regular vitamin D₃ groups (Fig. 4). Daily calcium excretion was increased (P < 0.05) by 26.9% (increased from 6.40% to 8.12%) in regular vitamin D₃ groups, while dry excreta calcium concentration was not affected (P > 0.05).

3.7. mRNA expressions of CYP2R1, CYP27B1, and CYP24A1

Dietary vitamin D_3 restriction had no effect (P > 0.05) on cytochrome P450 family 2 subfamily R member 1 (*CYP2R1*) in liver. *CYP27B1* and *CYP24A1* expression were decreased (P < 0.05) by 52.8% and 99.4%, respectively, in vitamin D_3 restriction group (Fig. 5).

4. Discussion

In this study, we found a potential regulation pathway: dietary vitamin D_3 deficiency causes a decrease in serum phosphorus levels, which in turn leads to a decrease in serum FGF23 levels. These results are of great significance for revealing the phosphorus nutrition effect of dietary vitamin D_3 . For humans and animals, dietary vitamin D_3 deficiency reduces serum phosphorus levels (ŚWiĄTkiewicz et al., 2017; Uwitonze et al., 2020). Laying hens will experience further loss of phosphorus with long time vitamin D_3 deficiency, which may lead to some undesirable consequences (including bone loss and lower eggshell quality) (ŚWiĄTkiewicz et al., 2017). Our results show that the dietary vitamin D_3



Fig. 3. Effects of dietary vitamin D₃ restriction on protein levels of NPt2a in the kidney of laying hens for 21 d. Data are means \pm SEM (n = 3). *, P < 0.05. NPt2a = type 2a sodium-phosphate co-transporters; ACTB = actin beta. Restriction, 0 IU/kg dietary vitamin D₃; Regular, 1,600 IU/kg dietary vitamin D₃.

deficiency causes a decrease in serum phosphorus levels and an increase in serum alkaline phosphatase. Obviously, the lack of dietary vitamin D₃ poses a huge challenge to the phosphorus homeostasis system of laying hens. The 3 hormones (FGF23, PTH and 1,25(OH)₂D₃) play important roles in maintaining the body's phosphorus homeostasis. Their levels directly reflect the trends of phosphorus absorption, metabolism and excretion in poultry (Proszkowiec-Weglarz and Angel, 2013). Circulating FGF23 levels are elevated in patients with early chronic kidney disease and are postulated to a pathophysiological role of FGF23 in the abnormal regulation of phosphorus metabolism (Hasegawa et al., 2010). Similarly, compared with normal dietary vitamin D₃, dietary vitamin D₃ deficiency caused a decrease in serum FGF23 levels, but had no effect on PTH and 1,25(OH)₂D₃ levels in this study. Presumably, serum FGF23 may be a key marker that mediates the effect of dietary vitamin D₃ on phosphorus nutrition in laying hens. Previous studies have showed that FGF23 signaling plays a key role in phosphorus metabolism in poultry (Gloux et al., 2020). In laying hens, excessive FGF23 has been proven to be not conducive to the retention for phosphorus retention and improvement of eggshell quality by anti-FGF23 antibody technology (Ren et al., 2017, 2018). Therefore, clarifying the changes of FGF23 signal in various tissues will be helpful to reveal the phosphorus nutrition function of vitamin D₃.

In poultry, the liver and calvaria are considered to be the main sources of FGF23 production (Wang et al., 2018). Our results showed that dietary vitamin D₃ deficiency reduces the mRNA expression of *FGFR* (including *FGFR1*, *FGFR2*, *FGFR3* and *FGFR4*) and *VDR* in the calvaria, but has no effect on the liver. Hepatic *FGF23* mRNA expression is not sensitive to dietary phosphorus, nicotinamide and vitamin D₃ levels (Ren et al., 2020b, 2020c), suggesting that FGF23 may be related to other physiological functions in laying hens. Calvaria FGFR1 can sense changes in extracellular phosphorus levels and regulate the production of FGF23 (Takashi et al., 2019). Similarly, serum phosphorus could change *FGFR1* expression in the calvaria, which is an important factor in regulating the secretion of FGF23 (Ren et al., 2020b). It cannot be ignored that these receptors play an important role in osteogenic development, cartilage proliferation and bone loss, thereby regulating the calcium and phosphorus homeostasis of bones (Arnold et al., 2021; Starczak et al., 2018; Xie et al., 2020). Medullary bone, a highly plastic bone tissue unique to egg-laying birds, provides about 40% calcium for eggshell formation (Kerschnitzki et al., 2014). However, the regulatory mechanism of mobilization and remodeling of the medullary bone is still a mystery. Also, since the femur and tibia are more important for phosphorus metabolism and could store more phosphorus when compared to the calvaria, the mechanism of FGF23 signals in these bone tissues will need to be further investigated. By establishing a vitamin D₃ deficiency model, many signaling molecules that may be related to bone mobilization have been discovered in this study. FGFR and KLOTHO are widely expressed in various tissues (Kuro, 2019). FGF23 develops its metabolic functions by binding and activating FGFR tyrosine kinases in a KLOTHO co-receptor dependent pattern (Chen et al., 2018). KLOTHO converts the classic FGFR into FGF23-specific receptors (Urakawa et al., 2006). Thus, we analyzed FGF23 signals in kidney and small intestines that control the entry and exit of the body's phosphorus. The results showed that vitamin D₃ restriction reduced mRNA expression of FGFR1, FGFR4, KLOTHO and VDR in kidney, FGFR1 in the duodenum, FGFR3 and KLOTHO in the jejunum, and FGFR1, FGFR3, FGFR4 in the ileum. The kidney is the direct target organ of FGF23 (Gattineni et al., 2014). Renal phosphate transport regulated by FGF23 is mediated by FGFR1, FGFR4 and KLOTHO (Takashi and Fukumoto, 2018). However, the intestine is an unproven target organ for FGF23 (Edmonston and Wolf, 2020), where FGF23 receptor expression needs to be further studied.

NPt2b occupies 90% active absorption of phosphorus in intestine, thereby reflecting the intestinal phosphorus absorption capacity (Hernando et al., 2015). In this study, there was no significant difference in the mRNA and protein expression of NPt2b in the duodenum, jejunum and ileum between 2 groups. It is generally believed that 1,25(OH)₂D₃, rather than FGF23 and PTH, can directly regulate the abundance of NPt2b in the small intestine (Sabbagh et al., 2009). There is no significant difference in the serum 1,25(OH)₂D₃ level between the 2 groups in this study, which may be the reason why the NPt2b expression has not been changed. The phenomenon implies that the changes of FGF23 and its receptors cannot directly affect the phosphorus absorption in the small intestine. The physiological function of FGF23 signals in the small intestine needs to be further revealed. The expression of renal phosphorus transporters is strictly regulated by multiple hormones including FGF23, PTH and 1,25(OH)₂D₃ (Tatsumi et al., 2016). In this study, compared with the 1,600 IU/kg vitamin D₃ group, the dietary vitamin D₃ restriction group reduced the protein expression of NPt2a, which is in line with the previous study (Kurnik and Hruska, 1985). Tissue-specific 1,25(OH)₂D₃ metabolism exists in different tissues (Nguyen-Yamamoto et al., 2017). Specific 1,25(OH)₂D₃ metabolism in kidney, and response to dietary vitamin D₃ levels, needs further study. Interestingly, dietary vitamin D₃ deficiency caused a decrease in renal FGF23 signaling, while the protein expression of NPt2a did not increase. FGF23 signal might serve as a secondary factor and affect the renal expression of NPt2a in the vitamin D_3 deficiency model. In this study, dietary vitamin D_3 deficiency did not affect fecal phosphorus excretion and intestinal phosphorus absorption, suggesting that the kidneys had the same ability to reabsorb phosphorus between the 2 groups. The intraperitoneal injection of 1,25(OH)₂D₃ caused a decrease in the reabsorption of phosphorus by increasing FGF23 signals in the kidney (Hernando et al., 2020). These results implied that phosphorus excretion in the kidney is regulated by many factors. In the future, the regulatory factors of renal phosphorus excretion should be paid



Fig. 4. Effects of dietary vitamin D_3 restriction on the excretion of phosphorus (A, daily phosphorus excretion; B, dry excreta phosphorus concentration) and calcium (C, daily calcium excretion; D, dry excreta phosphorus concentration) of laying hens. Data are means \pm SEM (n = 7). **, P < 0.01. Restriction, 0 IU/kg dietary vitamin D_3 ; Regular, 1,600 IU/kg dietary vitamin D_3 ; Regular, 1,600 IU/kg dietary vitamin D_3 .



Fig. 5. Effects of dietary vitamin D₃ restriction on mRNA levels (*CYP2R1*, in the liver; *CYP24A1* and *CYP27B1* in the kidney) of laying hens for 21 d. Data are means \pm SEM (n = 7). *, P < 0.05. *CYP27B1* = 25-hydroxyvitamin D 1- α -hydroxylase; *CYP24A1* = 1,25-dihydroxyvitamin D 24-hydroxylase; *CYP2R1* = cytochrome P450 family 2 subfamily R member 1. Restriction, 0 IU/kg dietary vitamin D₃; Regular, 1,600 IU/kg dietary vitamin D₃.

further attention, which will be a potential way to solve the low phosphorus utilization rate in poultry.

Our research showed that dietary vitamin D₃ deficiency downregulated CYP24A1 mRNA expression in kidney, thereby maintaining the stability of 1,25(OH)₂D₃ levels. When dietary vitamin D₃ levels were decreased from 1,600 to 0 IU/kg, mRNA expression of CYP24A1 and CYP27B1 in the kidney was reduced by 141 and 2 times, respectively, but hepatic CYP2R1 was unaffected. CYP2R1 mainly converts vitamin D₃ into 25(OH)D (the storage form of vitamin D) in the liver (Christakos et al., 2016). As the active form of vitamin D, 1,25(OH)₂D₃ is an important implementer to develop physiological functions (Christakos et al., 2019). In order to ensure 1,25(OH)₂D₃ stability, the kidney, reducing the mRNA expression of CYP27B1 adaptively and CYP24A1 greatly, effectively prevents the degradation of vitamin D. Renal FGF23 signals reduce the production of 1,25(OH)₂D₃ by inhibiting the mRNA expression of CYP27B1 and activating CYP24A1 (Vervloet, 2019). However, in some diseases, higher CYP27B1 mRNA expression has been reported to be linked with excess FGF23 (Fujiwara et al., 2003; Yuan et al., 2004). These results indicate that CYP24A1 is a key target for regulating serum 1,25(OH)₂D₃ in laying hens.

Vitamin D_3 is an essential vitamin in poultry diet, and a vitamin D_3 short-term deficiency model is often used to evaluate the nutritional value and physiological function of vitamin D (Singh et al., 1986). This model causes calcium deficiency in laying hens,

such as deterioration of eggshell quality and bone loss (Goodson-Williams et al., 1986b). In the current study, compared with the regular vitamin D₃ group, the vitamin D₃ restriction group had reduced eggshell quality (including eggshell strength and egg specific gravity) and increased fecal calcium excretion, which indicated that the dietary vitamin D₃ deficiency model was successfully established. While the current egg number could be used to indicate the effectiveness of vitamin D₃ restriction and illustrate the mechanism of vitamin D₃/FGF23 signals, more eggs will need to be involved to fully reflect the effects of dietary vitamin D₃ on egg quality parameters. These results indicated that dietary vitamin D₃ deficiency promoted bone mobilization and thereby increased fecal calcium excretion. In order to meet the high calcium demand for eggshell formation, a special bone structure (medullary bone) has been formed in laying hens (Wang et al., 2020). The calcium storage form is composed of calcium carbonate and hydroxyapatite (Dominguez-Gasca et al., 2019). We found that bone mobilization did not increase phosphorus excretion. A large amount of calcium carbonate may be lost in medullary bone, which leads to the imbalance of bone calcium-phosphorus homeostasis, and further causes bone diseases. With the additional aggravation of dietary vitamin D₃ deficiency, an overall reduction in the production performance will occur in laying hens (Goodson-Williams et al., 1986a, 1986b). However, this study showed that there was no significant difference in production performance between the 2 groups. Obviously, short-term vitamin D₃ deficiency could help screen the key molecules during the process of vitamin D₃ regulating the calcium and phosphorus metabolism.

5. Conclusions

In conclusion, dietary vitamin D_3 deficiency decreased renal NPt2a protein expression, and subsequently decreased serum phosphorus levels and suppressed renal FGF23 signals in laying hens. The constant phosphorus excretion is a result of the sophisticated process of dietary vitamin D_3 deficiency and kidney FGF23 signal suppression. FGF23 signal may be involved in the regulation of serum $1,25(OH)_2D_3$ levels by *CYP24A1* in layer kidneys. These results demonstrated the theoretical and practical significance of optimal dietary vitamin D_3 supplementation, which could increase phosphorus utilization and reduce the environmental pollution of phosphorus from laying hens.

Author contributions

Jiakun Yan and **Chong Pan** carried out the study and wrote the manuscript. **Yanli Liu** helped with data analysis. **Xujie Liao**, **Jionghao Chen**, **Yufei Zhu** and **Xinhuo Huang** contributed to animal care and sample analysis. **Xiaojun Yang** and **Zhouzheng Ren** developed the research idea and designed the project. **Zhouzheng Ren** helped with data analysis, manuscript preparation and manuscript revision.

Declaration of competing interest

We declare that we have no financial and personal relationships with other people or organizations that can inappropriately influence our work, and there is no professional or other personal interest of any nature or kind in any product, service and/or company that could be construed as influencing the content of this paper.

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Appendix Supplementary data

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