Anatol J Cardiol 2019; 21: 51-6 Letters to the Editor 55

## **Author's Reply**

To the Editor,

The authors sincerely thank the colleague from Turkey for his interest in the original article entitled "Echocardiographic evolution of pulmonary hypertension in female patients with hyperthyroidism" published in September 2018 in the Anatolian Journal of Cardiology (1) and we value his appreciation.

We revealed an increased prevalence of pulmonary hypertension in patients with hyperthyroidism through a more thorough echocardiographic evaluation of these patients, because we have always considered the cardiovascular complication associated with this pathology as a very interesting and important topic.

We determined the estimated systolic pulmonary artery pressure (sPAP) by transthoracic echocardiography, according to guideline recommendations (2, 3), based on the peak tricuspid regurgitation and taking into account the right atrial pressure (RAP). We regret that it was not clearly stated how we estimated RAP in the methods section of our article (1). For sPAP assessment, we relied on the determination of inferior vena cava (IVC) diameters as well as on its respiratory variations; an IVC diameter <2.1 cm that collapsed >50% with a sniff suggested a normal RAP of 3 mm Hg, whereas an IVC diameter >2.1 cm that collapsed <50% with a sniff or <20% on inspiration suggested a high RAP of 15 mm Hg.

We agree with our colleague that the diameter and respiratory variations of IVC are more accurate for the estimation of RAP while assessing PAPs, rather than the use of fixed values of 5 or 10 mm Hg.

© Cristina Tudoran, © Mariana Tudoran, © Mihaela Vlad, © Melania Balas, © Gheorghe Nicusor Pop, © Florina Parv Department of Internal Medicine II, University of Medicine and Pharmacy Victor Babes; Timisoara-*Romania* 

## References

 Tudoran C, Tudoran M, Vlad M, Balas M, Pop GN, Parv F. Echocardiographic evolution of pulmonary hypertension in female patients with hyperthyroidism. Anatol J Cardiol 2018; 20: 174-81. 56 Letters to the Editor Anatol J Cardiol 2019; 21: 51-6

 Galiè N, Humbert M, Vachiery JL, Gibbs S, Lang I, Torbicki A, et al.; ESC Scientific Document Group. 2015 ESC/ERS Guidelines for the diagnosis and treatment of pulmonary hypertension: The Joint Task Force for the Diagnosis and Treatment of Pulmonary Hypertension of the European Society of Cardiology (ESC) and the European Respiratory Society (ERS): Endorsed by: Association for European Paediatric and Congenital Cardiology (AEPC), International Society for Heart and Lung Transplantation (ISHLT). Eur Heart J 2016; 37: 67-119.

 Lang RM, Badano LP, Mor-Avi V, Afilalo J, Armstrong A, Ernande L, et al. Recommendations 75 for cardiac chamber quantification by echocardiography in adults: an update from the American Society of Echocardiography and the European Association of Cardiovascular Imaging. Eur Heart J Cardiovasc Imaging 2015; 16: 233-70.

Address for Correspondence: Mariana Tudoran, MD,

Department of Internal Medicine II,

University of Medicine and Pharmacy Victor Babes;

Eftimie Murgu Place, Nr. 2 300041

Timisoara-Romania

Phone: 072 231 03 02

E-mail: mariana.tudoran@gmail.com

©Copyright 2018 by Turkish Society of Cardiology - Available online

at www.anatoljcardiol.com