



Polycycles

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# A Key Fragment in Carbon Schwarzite Unit Cells and Its Triple [6]Helicene Precursor

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**Abstract:** This study explores two structurally related  $\pi$ -skeletons. The  $\pi$ -skeleton of compounds **1a–e** containing three heptagons represents a key fragment in theoretical carbon schwarzites, while that of **2a–b** is a triple [6]helicene. Compounds **1a–e** were synthesized via Scholl reactions, and using a weaker acid allowed the reaction to stop at an intermediate stage, yielding **2a–b**. X-ray crystallography revealed not only distinct stereochemistry of **1b** and **2a** but also unique supramolecular assemblies in the clathrate of **2a** with chloroform. Compound **1b** adopts a saddle-like geometry, while **2a** exhibits a propeller-like structure with  $C_3$  symmetry, consistent with density functional theory (DFT) calculations. The  $\pi$ -skeleton of **1a–e** is flexible, enabling rapid enantiomerization, whereas that of **2a–b** is rigid, allowing resolution of **2b** into optically pure forms with an absorption dissymmetry factor as high as 0.015. Comparative analysis shows that presence of seven-membered rings in **1a–e** does not significantly alter the local aromaticity of the triple [6]helicene framework.

#### Introduction

Carbon schwarzites, also known as Mackay crystals, are theoretical allotropes of sp<sup>2</sup>-hybridized carbon characterized by negative curvature. These names honor A. L. Mackay and H. Schwarz, respectively. Mackay first proposed the concept

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of negatively curved carbon allotropes by incorporating octagons into the graphitic lattice in 1991,[1] while Schwarz described triply periodic minimal surfaces, the topological model for Mackay crystals, in the 1880s. Curvature is a geometric property describing the overall feature of the surfaces formed by carbon atoms. The negative curvature in carbon schwarzites is induced by seven or eight-membered rings embedded in the graphitic lattice, whereas positive curvature in fullerenes are induced by five-membered rings. Despite predictions of their intriguing properties and potential applications, [2,3] carbon schwarzites have not yet been synthesized unambiguously. The closest approximations to carbon schwarzites so far are 3D graphene-like carbons formed using a zeolite template. [4,5] Fragments of carbon schwarzites that retain their structural characteristics are negatively curved polycyclic arenes.<sup>[6,7]</sup> These fragments are 3D molecular nanocarbons that include heptagons, [8-10] octagons, [11-14] or even larger carbocycles. In principle, negatively curved polycyclic arenes could serve as building blocks in a bottom-up approach to constructing carbon schwarzites.[15-17] To support this idea, we recently demonstrated that polymerizing negatively curved polycyclic arenes resulted in an amorphous covalent network. This network was able to mimic the structure and function of carbon schwarzites to a certain degree, serving as a high-capacity anode material in lithium-ion batteries.[18] Further advancements in the bottom-up approach to carbon schwarzites will require the synthesis of new negatively curved polycyclic arenes containing multiple heptagons<sup>[19–21]</sup> or octagons and their subsequent expansion into larger 3D molecular nanocarbons. As shown in Figure 1, polycyclic arenes **1a–e**, containing three heptagons, are a key fragment in different carbon schwarzite unit cells. This study presents the synthesis of 1a-e using Scholl reactions with triple [6]helicene **2a-b** as intermediates, compares the stereochemistry,



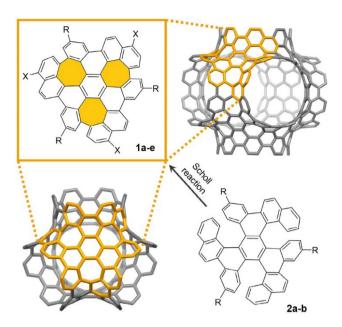


Figure 1. Structures of compounds 1a-e and 2a-b and the polycyclic skeleton of 1a-e as mapped on carbon schwarzite unit cells.

aromaticity, and electronic properties of the two related  $\pi$ -skeletons of **1a–e** and **2a–b**, and highlights the supramolecular assemblies in the clathrate crystal of **2a •** (CHCl<sub>3</sub>)<sub>2</sub>.

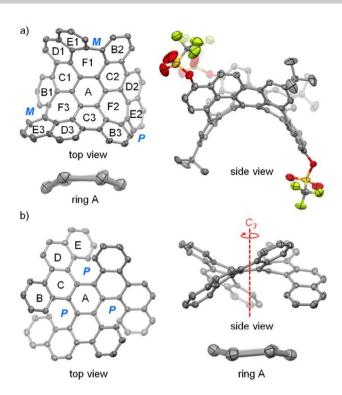
#### **Results and Discussion**

As shown in Scheme 1, compounds 1a and 1b were synthesized through Suzuki coupling and Scholl reactions. Two pairs of coupling partners were tested in the triple Suzuki coupling reaction: 2-aryl-1-bromonaphthalene (3a/b) with benzene-1, 3, 5-triboronic acid (4), and 2-aryl-1-naphthaleneboronic acid (5a/b) with 1, 3, 5-tribromobenzene (6). Compounds 3a/b were prepared via copper catalyzed [4 + 2] benzannulation of o-alkynylbenzaldehyde with alkynes<sup>[22]</sup> by modifying the reported procedures, [23] and compounds 5a/b were prepared from 3a/b through lithium-halogen exchange followed by borylation, as detailed in the Supporting Information. The reaction conditions, including phosphine ligands and bases, were optimized. It was found that using Pd(dppf)Cl<sub>2</sub> and K<sub>3</sub>PO<sub>4</sub> in a mixed solvent of DMF and H<sub>2</sub>O (2:1) at 100 °C provided the highest yields of triarylbenzene (7a/b) from both pairs of coupling partners. Under these optimized conditions, compound 7b was obtained in a higher yield than 7a, presumably due to the increased solubility of the starting material and intermediates provided by the t-butyl groups. The Scholl reactions of **7a** and **7b** with 9.0 equivalents of 2, 3-dichloro-5, 6-dicyano-1, 4-benzoquinone (DDQ) and CH<sub>3</sub>SO<sub>3</sub>H led to the formation of triple [6]helicenes 2a and 2b, respectively, with three new C-C bonds formed. Further treatment of compounds 2a/b with 9.0 equivalents of DDQ and triflic acid resulted in compounds 1a/b, which feature three seven-membered rings as a result of forming additional C-C bonds between the terminal rings of the [6]helicene moieties. Additionally, three triflate groups were attached to the

 $\begin{array}{l} \textbf{Scheme 1.} \ \text{Synthesis of 1a-e} \ \text{and 2a-b}. \ \text{Reagents and conditions:} \\ a) \ \text{Pd}(dppf)Cl_2, \ K_3PO_4, \ \text{DMF}/H_2O \ (2:1), \ 100 \ ^{\circ}\text{C}; \ b) \ \text{DDQ} \ (9.0 \ \text{eq.}), \\ CH_3SO_3H, \ CH_2Cl_2, \ r.t.; \ c) \ \text{DDQ} \ (9.0 \ \text{eq.}), \ TfOH, \ CH_2Cl_2, \ rt; \ d) \ \text{DDQ} \\ (9.0 \ \text{eq.}), \ TfOH, \ CH_2Cl_2, \ rt; \ e) \ Pd(PPh_3)_4, \ K_2CO_3, \ \text{toluene/EtOH/H}_2O \\ (2:1:1), \ 80 \ ^{\circ}\text{C}; \ f) \ Pd(PPh_3)_2Cl_2, \ \text{Cul, Et}_3N, \ DMF, \ 80 \ ^{\circ}\text{C}; \ g) \ Pd(OAc)_2, \\ PPh_3, \ Et_3N, \ HCO_2H, \ DMF, \ 65 \ ^{\circ}\text{C} \ (dppf = 1,1'-bis(diphenylphosphino) } \\ \text{ferrocene, } Tf = trifluomethanesulfonyl). \end{array}$ 

1e: R = H (74%)

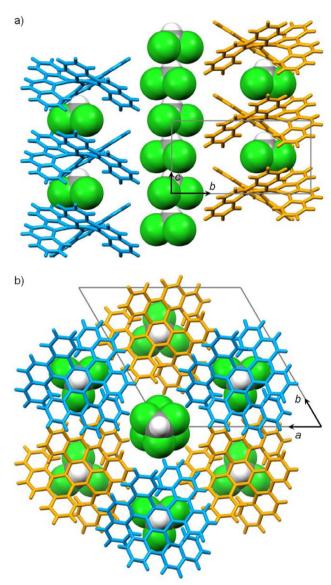
naphthalene moieties, positioned para to the newly formed C—C bonds, similar to previously reported incorporations of triflate<sup>[24]</sup> or methanesulfonate<sup>[25]</sup> groups in Scholl reaction products. In comparison, direct treatment of **7a/b** with 9.0 equivalents of DDQ and triflic acid resulted in the formation of compounds **1a** and **1b** as the only isolable products, with low yields of 5% and 7%, respectively. In these Scholl reactions, the *t*-butylated products (**2b** and **1b**) were obtained in higher yields than **2a** and **1a**, respectively, likely due to the increased solubility of the starting materials, intermediates, and products provided by the *t*-butyl groups. The low yields observed in these Scholl reactions can be attributed to the formation of incompletely cyclized products, which exhibited smaller  $R_f$  values compared to the target products on the



**Figure 2.** a) Structures of (P,M,M)-1b in the crystal of 1b with rings labeled; b) structures of (P,P,P)-2a in the crystal of 2a •  $(CHCl_3)_2$  with rings labeled. (C, S, O and F atoms are shown as ellipsoids at 50% probability level, substituting groups in the top view, H atoms and disordered atoms are removed for clarification).

thin-layer chromatography (TLC) plate. These by-products were identified using mass spectrometry. Although some of them could be isolated in a relatively pure form, their complex  $^1\text{H}$  NMR spectra made structural determination very challenging. Additionally, other by-products were observed at the baseline of TLC plates, likely resulting from polymerization through intermolecular oxidative coupling. The  $\pi$ -skeletons of **1b** were further extended by Suzuki coupling and Sonogashira coupling reactions, yielding compounds **1c** and **1d** in very good yields, respectively. In addition, Pd-catalyzed desulfonation of **1b** using formic acid resulted in compound **1e** in a yield of 74%.

Single crystals of compounds 1b, 2a and 2b were obtained through slow evaporation of their solutions in CH2Cl2/hexane or chloroform. As revealed by X-ray crystallography<sup>[26]</sup> analysis, the polycyclic skeleton of **1b** has a saddle-like shape, while that of 2a resembles a propeller with  $C_3$  symmetry, as shown in Figure 2. The  $C_3$  axis of 2a is depicted in the side view in Figure 2b. The polycyclic skeleton of **2b** exhibiting approximate  $C_3$  symmetry is essentially the same as that of 2a. Compounds 1b and 2a are both chiral molecules, existing as pairs of enantiomers in the racemic crystals. Each seven-membered ring in 1b is surrounded by a [6]helicene moiety, forming a hexa[7]circulene unit, which exhibits helicity similar to [6]helicene. According to the helicities of the three hexa[7]circulene units, the two enantiomers of **1b** in the crystal are (P,M,M)-**1b** and (M,P,P)-1b. In contrast, compound 2a in the crystal exhibits the same



**Figure 3.** Supramolecular assemblies in the crystal of  $2a \cdot (CHCl_3)_2$  as viewed along the a axis a) and the c axis b) of unit cell, where (P,P,P)-2a) and (M,M,M)-2a are shown in orange and blue, respectively.

helicity in its three [6]helicene moieties, existing as (P,P,P)-2a and (M,M,M)-2a. The central benzenoid rings (ring A) in 1b and 2a are the most contorted among all the benzenoid rings but exhibit different shapes. Ring A in 1b adopts a boat geometry with torsion angles ranging widely from 7.4° to 31.5°, whereas that in 2a adopts a chair geometry with torsion angles of  $18.6^{\circ}$  and  $18.7^{\circ}$ .

An interesting finding from the crystal structure of  $2a \cdot (CHCl_3)_2$  is the formation of unique supramolecular assemblies. In this crystal, co-crystallized chloroform molecules are imprisoned in the network of 2a, forming a clathrate. As shown in Figure 3a, molecules of 2a with the same helicity align themselves into segregated columns, with a chloroform molecule nestled between two neighboring 2a molecules within each column. These columns further assemble into a hexagonal lattice, as shown in Figure 3b. Remarkably,

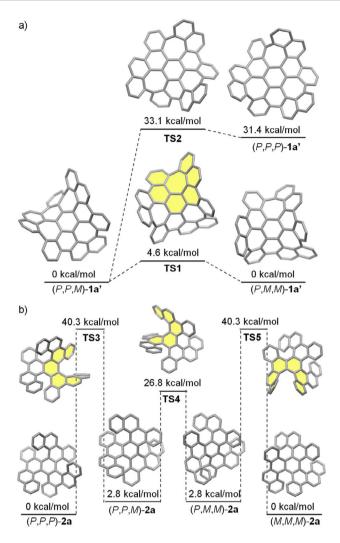


Figure 4. Stereoisomerization of 1a′ a) and 2a b) with relative Gibbs free energy calculated at the B3LYP/6-31G(d) level of DFT.

the spaces between these columns are filled by chloroform molecules, which form their own supramolecular columns. Two neighboring chloroform molecules exhibit three short intermolecular H-to-Cl contacts, each at a distance of 2.98 Å. To the best of our knowledge, such supramolecular columns of chloroform within a clathrate crystal represent a novel structural motif not previously documented in the literature.

To investigate the stereochemistry of the  $\pi$ -framework of **1a-e** and **2a-b**, Density functional theory (DFT) calculations were conducted at the B3LYP/6-31G(d) level using **2a** and **1a'**, which has hydrogen atoms replacing all the triflate groups in **1a**. Geometry optimization reveals that **1a'** adopts a horse saddle-shaped geometry at the global minima, existing as a pair of enantiomers, (P,P,M)-**1a'** and (P,M,M)-**1a'**, as illustrated in Figure 4a. The structures of (P,P,M)-**1a'** and (P,M,M)-**1a'** align well with the polycyclic skeleton of **1b** found in the crystal. The interconversion of the two enantiomers occurs through the transition state TS1 mainly involving the conformational change in the yellow hexa[7]circulene moiety. This transition state has an energy barrier as low as 4.6 kcal mol<sup>-1</sup>, corresponding to a rate as

high as  $2.6 \times 10^9$  at 25 °C, as estimated using the Eyring equation and assuming a value of unity for the transmission coefficient. This energy barrier for enantiomerization is lower than that of hexa[7]circulene (16 kcal mol<sup>-1</sup>).<sup>[19]</sup> On the other hand, molecule 1a' adopts a monkey saddle-shaped geometry with a C<sub>3</sub> symmetry at local minima, existing as a pair of enantiomers, (P,P,P)-1a' and (M,M,M)-1a', which are significantly higher in Gibbs free energy than their diastereomers, (P,P,M)-1a' and (P,M,M)-1a', by 31.4 kcal  $\text{mol}^{-1}$ . The transition state (TS2) between (P,P,M)-1a' and (P,P,P)-1a' is close to (P,P,P)-1a' in both geometry and energy. As a result, the C3-symmetric structure of 1a' is unfavorable both thermodynamically and kinetically. The three-fold symmetry observed in the NMR spectra of 1a-e should therefore attributed to rapid interconversion between (P,P,M)-1a' and (P,M,M)-1a', resulting in an average structure of three-fold symmetry. Unlike 1a', triple [6]helicene **2a** adopts a propeller-shaped geometry with a  $C_3$  symmetry at the global minima, existing as a pair of enantiomers, (P,P,P)-2a and (M,M,M)-2a (Figure 4b), in agreement with the polycyclic skeleton of 2a in the crystal. Meanwhile, the other stereoisomers, (P,P,M)-2a and (P,M,M)-2a, are found at local minima and are higher in Gibbs free energy by 2.8 kcal  $\text{mol}^{-1}$ . The enantiomerization of (P,P,P)-2a to (M,M,M)-2a involves (P,P,M)-2a and (P,M,M)-2a as intermediates and proceeds through three transition states (TS3-5). Each transition state primarily involves a conformational change in one hexa[7]circulene moiety (colored in yellow), with an energy barrier as high as 40.3 kcal mol<sup>-1</sup> for TS3. Therefore, (P,P,P)-2a to (M,M,M)-2a is rigid, making these enantiomers enantiostable.[27]

The aromaticity of the  $\pi$ -backbones in compounds **1a-e** and 2a-b was evaluated using two methods: the Harmonic Oscillator Model of Aromaticity (HOMA)[28,29] and Nucleus Independent Chemical Shift (NICS).[30] HOMA assesses aromaticity by bond length equalization based on crystal structure data, whereas NICS evaluates ring currents via DFT calculations. For NICS(1) analysis, ghost atoms were positioned above and below the curved faces of compounds 1a' and 2a, yielding NICS(1) and NICS(-1) values for each ring. The ring labels are detailed in Figures 2, with the corresponding HOMA and NICS results summarized in Table 1. Despite lacking three-fold symmetry, rings within the  $\pi$ -backbones of **1b** and **1a**—excluding the central benzenoid ring—can be categorized into three sets (labeled 1-3), each containing rings B through F. Rings sharing the same letter typically exhibit similar HOMA values, except for ring E3, which contains disordered carbon atoms leading to greater uncertainty in bond lengths. Among the six-membered rings in 1b, C1-3 have the lowest HOMA values, consistent with Clar's aromatic sextet rule predicting reduced aromaticity. Ring A has a low HOMA value of 0.532, contrary to expectations from Clar's rule, due to its distorted geometry as depicted in Figure 2a.

These findings correlate with the negative NICS values of small magnitude observed in the corresponding rings in **1a**′. The seven-membered rings (F1–3) display near-zero HOMA values, suggesting nonaromatic character. Accordingly, these rings in **1a**′ show minor positive NICS values, which indicate





**Table 1:** HOMA values in different rings of **1b** and **2a** and NICS values for different rings in **1a**′ and **2a**.

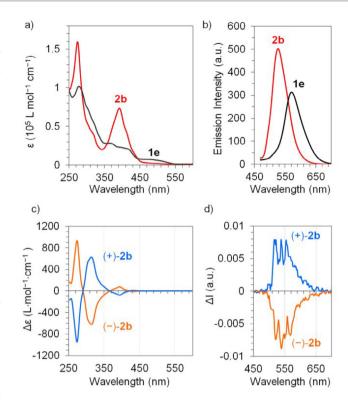
Ring in 1b or 1a <sup>'a)</sup>	HOMA <sup>b)</sup>	NICS(1) (ppm) <sup>c)</sup>	NICS(-1) (ppm) <sup>c)</sup>
A	0.532	-6.478	<b>-7.065</b>
B1	0.921	-9.022	-8.195
B2	0.878	-10.574	-9.680
B3	0.930	-9.137	-10.934
C1	0.299	-5.545	-6.388
C2	0.307	-5.493	-7.321
C3	0.291	-7.843	-4.806
D1	0.573	-12.128	-8.073
D2	0.566	-8.324	-10.129
D3	0.571	-8.422	-9.136
E1	0.846	-9.469	-10.008
E2	0.835	-11.497	-9.919
E3	0.651	-9.981	-10.744
F1	-0.166	3.581	2.422
F2	-0.155	2.576	3.105
F3	0.013	3.914	4.678

Ring in <b>2a</b> a)	НОМА	NICS(1) (ppm) <sup>c)</sup>	NICS(-1) (ppm) <sup>c)</sup>
A	0.564	-4.057	-7.360
В	0.926	-10.157	-11.633
C	0.261	-4.349	-5.277
D	0.615	-10.163	-7.814
E	0.810	-12.634	-11.222

a) Labeling of the rings are shown in Figure 2; b) HOMA =  $1-(\alpha/n)$   $\Sigma (R_{\rm opt}-R_{\rm i})^2$ , where n is the number of bonds taken into the summation,  $\alpha=257.7$  is an empirical constant chosen to give HOMA = 0 for the hypothetical Kekulé structures with alternation of single and double bonds and HOMA = 1 for the system with all bond lengths equal to the optimal value  $R_{\rm opt}=1.388$  Å, and  $R_i$  is the individual bond length in the ring; c) Calculated at the B3LYP/6-31G(d,p) level of DFT using the standard GIAO method.

neither inherent aromatic nor antiaromatic character but rather reflect the deshielding effects from adjacent aromatic rings. The HOMA values and NICS values for 2a are summarized in Table 1 according to five rings (A–E). This organization reflects that 2a possesses C3 symmetry. Both metrics indicate that relative aromaticity follows the order of  $B \approx E > A \approx D > C$ , a pattern also seen in 1b and 1a'. This can be explained by the presence of Clar's aromatic sextets on rings B and E and the contorted nature of ring A. Overall, forming seven-membered rings in 1a—e does not significantly alter the local aromaticity of the triple [6]helicene framework.

To compare the electronic properties of the two related  $\pi$ -skeletons in compounds 1a-e and 2a-b, we selected 1e and 2b due to their identical tert-butyl substituents, which exert minimal influence on the electronic structures. The electrochemical properties of 1e and 2b were investigated using cyclic voltammetry (CV), while their optical properties were characterized by UV-vis absorption, photoluminescence, circular dichroism (CD), and circularly polarized luminescence (CPL) spectroscopy. In the CV test window, both 1e and 2b exhibit one pseudo-reversible oxidation wave and one reversible oxidation wave (Figures 840 and 841 in the Supporting Information). The first oxidation potentials of 1e and 2b are 0.18 and 0.20 V versus ferrocenium/ferrocene, respectively, based on which the highest occupied molecular



**Figure 5.** a) UV-vis absorption of **1e** and **2b** in CH<sub>2</sub>Cl<sub>2</sub> ( $5 \times 10^{-6}$  mol/L); b) photoluminescence spectra of **1e** and **2b** in CH<sub>2</sub>Cl<sub>2</sub> ( $5 \times 10^{-6}$  mol/L) as excited as 442 nm, respectively; c) CD spectra of **2b** in CH<sub>2</sub>Cl<sub>2</sub> ( $1 \times 10^{-5}$  mol/L); d) CPL spectra of **2b** CH<sub>2</sub>Cl<sub>2</sub> ( $1 \times 10^{-5}$  mol/L) as excited at 395 nm.

orbital (HOMO) energy levels for 1e and 2b are estimated at -5.28 eV and -5.30 eV, respectively, based on a formal potential of -5.10 eV for ferrocenium/ferrocene in the Fermi scale.[31] These values are close to the DFT-calculated HOMO energy levels (-5.06 eV for 1' and -5.37 eV for 2'). Figure 5a compares the absorption spectra of 1e and 2b, and Figure 5b compares the emission spectra of 1e and 2b when excited at 442 nm, a wavelength where both compounds have the same molar extinction coefficient. Both 1e and 2b are weakly fluorescent with absolute fluorescence quantum yields of 2.3% and 1.9%, respectively. The rigid triple [6]helicene framework of 2b allowed it to be resolved into two enantiomers, (P,P,P)-2b and (M,M,M)-2b. As shown in Figure 5c, optically pure forms of 2b exhibit significant electronic circular dichroism primarily in the UV region. Compound **2b** shows maximum  $|\Delta \varepsilon|$  values of 947 L·mol<sup>-1</sup>·cm<sup>-1</sup> at 274 nm, 626 L·mol<sup>-1</sup>·cm<sup>-1</sup> at 314 nm and 78 L mol<sup>-1</sup>·cm<sup>-1</sup> at 394 nm. The corresponding absorption dissymmetry factors,  $g_{\rm abs} = |\Delta \varepsilon|/\varepsilon$ , are calculated as 5.9  $\times$  10<sup>-3</sup> at 274 nm,  $1.5 \times 10^{-2}$  at 314 nm and  $1.1 \times 10^{-3}$  at 394 nm. Notably, the  $g_{\rm abs}$  value of 1.5  $\times$  10<sup>-2</sup> is larger than most reported chiral organic dyes (typically in the order of  $10^{-3}$ ) and ranks among the highest values observed for multiple helicenes<sup>[32-36]</sup> and helical multilayer nanographenes<sup>[37-39]</sup> (in the order of  $10^{-2}$ ). The optically pure forms of **2b** also exhibit circularly polarized luminescence (CPL) activity within the wavelength range of 500 to 650 nm (Figure 5d), with the luminescence





dissymmetry factor ( $g_{\text{lum}}$ ) reaching  $2.2 \times 10^{-3}$  (Figure S36). For context, the  $g_{\text{lum}}$  values for typical organic circularly polarized emitters are generally on the order of  $10^{-3}$ . [40]

To better understand the observed photophysical, particularly, chiroptical properties of 2b, time-dependent density functional theory (TDDFT) calculations were performed at the B3LYP-D3(BJ)/6-31G(d,p) level of the theory. The theoretical analysis indicated that the  $S_0 \rightarrow S_1$  electronic transition occurs at 471 nm with an oscillator strength of  $3 \times 10^{-4}$ , aligning well with the experimentally observed weak absorption band in the range of 450 to 510 nm. Similarly, the  $S_1 \rightarrow S_0$ transition at 528 nm exhibits an oscillator strength of  $2 \times 10^{-4}$ , consistent with the low absolute fluorescence quantum yield of 2b. The simulated electronic circular dichroism (ECD) spectrum of 2b (Figure S32) shows good agreement with experimental results. In particular, the significant  $|\Delta \varepsilon|$  value at 314 nm in the CD spectra of (+) and (-)-2b can be attributed to the  $S_0 \rightarrow S_{20}$ ,  $S_0 \rightarrow S_{21}$ ,  $S_0 \rightarrow S_{22}$  and  $S_0 \rightarrow S_{23}$  transitions (Table S1), with the calculated absolute values of dissymmetry factors ranging from 0.054 to 0.081. These values are compatible with the experimentally observed high dissymmetry factor of 0.015. The dissymmetry factor (g) is determined by electric  $(\mu)$  and magnetic (m) transition dipole moments through the equation  $g = 4|\mu| \cdot |m| \cos\theta / (\mu^2 + m^2)$ , where  $\theta$  represents the angle between  $\mu$  and m.<sup>[32,33]</sup> The high dissymmetry factor observed can be attributed to the near  $180^{\circ}$  angles between  $\mu$  and m for these transitions (Table S1 and Figure S33). The observed  $g_{abs}$  and  $g_{lum}$  values differ significantly as they correspond to different electronic transitions. The observed lower  $g_{\text{lum}}$  value may be attributed to the weak fluorescence of 2b, which results from the small oscillator strength (proportional to  $\mu^2$ ) for its  $S_1 \rightarrow S_0$  transition.

#### Conclusion

In conclusion, this study puts forth a series of novel polycyclic arenes featuring two structurally related  $\pi$ -skeletons. Compounds 1a-e, which contain three heptagons, represent a key fragment in carbon schwarzites, while compounds 2a-b are triple [6]helicene derivatives. Compounds 1a and 1b, featuring triflate groups, were successfully synthesized from triarylbenzene (7a/b) via Scholl reactions using DDQ and triflic acid. By employing a weaker acid (CH<sub>3</sub>SO<sub>3</sub>H) to replace triflic acid, the Scholl reaction was controlled to halt at an intermediate stage, yielding 2a-b. Utilizing the triflate groups, compound 1b was further transformed into compounds 1c-e through Pd-catalyzed coupling and desulfonation reactions. X-ray crystallography revealed that the polycyclic skeleton of **1b** adopts a saddle-like shape, while that of **2a** resembles a propeller with  $C_3$  symmetry. Notably, **2a** co-crystallized with chloroform to form a clathrate, presenting unique supramolecular assemblies including a supramolecular column of chloroform molecules. The observed molecular geometries are consistent with DFT calculations, which indicate that horse saddle-shaped (P,P,M)-1a' and (P,M,M)-1a' are energetically favored as global minima, whereas monkey saddle-shaped (P,P,P)-1a' and (M,M,M)-1a' are thermodynamically and kinetically unfavorable. Furthermore, compounds **1a–e** exhibit a flexible  $\pi$ -skeleton that rapidly enantiomerizes, while compounds **2a–b** possess a rigid  $\pi$ -skeleton, allowing for resolution into optically pure forms. The optically pure **2b** exhibits an absorption dissymmetry factor as high as 0.015, one of the highest values reported for multiple helicenes. Comparative analysis of the electronic properties and aromaticity of the  $\pi$ -skeletons in **1a–e** and **2a–b**, using both computational and experimental methods, revealed that the introduction of seven-membered rings in **1a–e** does not significantly alter the local aromaticity of the triple [6]helicene framework.

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### **Conflict of Interests**

The authors declare no conflict of interest.

#### **Data Availability Statement**

The data that support the findings of this study are available in the supplementary material of this article.

Keywords: Arenes · Clathrate · Polycycles · Stereochemistry

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