Vital Surveillances

Characterization of *Aeromonas* Strains Isolated from Adult Patients with Diarrhea and Aquatic Environments — Beijing Municipality, China, 2016–2022

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ABSTRACT

Introduction: *Aeromonas* is widely distributed in aquatic environments. This study describes the pathogenic characteristics of *Aeromonas* isolated from adult diarrhea patients and aquatic environments in Beijing, China.

Methods: *Aeromonas* isolates from patients with diarrhea and river water samples were assessed using whole-genome sequencing (WGS) and antibiotic resistance profiling.

Results: In total, 38 Aeromonas isolates were collected. Among these, 13 isolates were from patients with common clinical symptoms, including diarrhea, abdominal pain, and nausea. Four of 13 Aeromonas-positive patients were co-infected with other intestinal pathogens. Patient-derived Aeromonas isolates showed high resistance to ampicillin, ampicillin-sulbactam, nalidixic acid, and tetracycline, whereas water-derived isolates showed high resistance to ampicillin, ampicillin-sulbactam, and nalidixic acid. Phylogenetic analysis revealed seven independent branches, without significant clustering among patient- and water-derived isolates.

Conclusions: This study provides valuable insights into the prevalence and characteristics of *Aeromonas*. The intertwined distribution of patient- and water-derived isolates in the phylogenetic tree deserves attention.

The genus *Aeromonas* is widely distributed in aquatic environments and is known to cause various diseases in humans and animals (1). These diseases include gastroenteritis, wound infections, bacteremia/sepsis, and immune dysfunction (2–3). Recently, certain motile *Aeromonas* species have emerged as food- and waterborne pathogens, raising concern (4–5). Previous

studies have reported that a majority (96.5%) of clinical *Aeromonas* isolates are identified as *A. caviae* (29.9%), *A. dhakensis* (26.3%), *A. veronii* (24.8%), and *A. hydrophila* (15.5%) (4,6). Of these, *A. hydrophila*, *A. caviae*, and *A. veronii* are considered clinically significant (7–8). *Aeromonas* species cause severe, short-duration diarrheal disease or chronic loose stools, particularly in children, the elderly, and immunocompromised individuals (9), as well as traveler's diarrhea (9–10).

In this study, *Aeromonas* strains were isolated from adult patients with diarrhea and aquatic environments in Beijing Municipality, China. Whole-genome sequencing (WGS) and antibiotic resistance profiling were performed on these *Aeromonas* isolates. The findings of this research will provide valuable insights into the investigation of adult diarrhea caused by *Aeromonas* in Beijing, China.

METHODS

This study enrolled outpatients with acute diarrhea from two clinics in one district of Beijing, China, between January 1, 2016, and December 31, 2022, following the guidelines of the local adult diarrhea surveillance project in Beijing. Acute diarrhea was defined as at least three passages of watery, loose, mucous, or bloody stools within 24 hours. Patient age, sex, occupation, and clinical symptoms were recorded. Fresh fecal samples (5 mg) were collected from each patient, stored in Cary-Blair medium at 4 °C, and transported to the laboratory within 24 hours for bacterial isolation and real-time PCR detection. Additionally, in August 2023, water samples (1 L) were collected from the mainstream of the Chaobai River and its tributaries in Beijing, which flow through the study area. All collection sites were located away from factories and farms. Samples were stored in sterile containers and transported to the laboratory for Aeromonas isolation within 2 hours.

Stool samples from patients were cultured to isolate pathogens, including Aeromonas Salmonella, Shigella, diarrheal Escherichia coli, Vibrio parahaemolyticus, Vibrio cholerae, Campylobacter jejuni, Campylobacter coli, and Yersinia enterocolitis (11). Realtime PCR was performed for the detection of norovirus, rotavirus, human sapovirus, adenovirus, and astrovirus using corresponding commercial kits (Beijing Applied Biological Technologies Co., Ltd., China). River water samples were cultured to isolate only Aeromonas spp. For bacterial isolation, 200 mg of each patient stool sample was inoculated in alkaline peptone water (APW) and enriched at 37 °C for 24 h. Alternatively, 20 mL of 10× APW was added to river water samples and enriched at 37 °C for 24 h. After enrichment, a loopful of culture was streaked on MacConkey (MAC) agar and Rimler-Shotts (RS) agar and incubated at 37 °C for 24 h. Five presumptive Aeromonas colonies from the selective agar plate were selected and inoculated in tryptic soy agar (TSA) and incubated at 37 °C for 24 h. Each pure colony culture was initially identified using MALDI-TOF MS (Bruker).

Genomic DNA was extracted using the Wizard Genomic DNA Purification Kit (Promega, Madison, WI, USA) following the manufacturer's instructions. DNA samples (total amount >20 μg) were sent to the Beijing Genomics Institute for next-generation sequencing. The DNA concentration reached 50 ng/μL, and the OD260/280 ratio was 1.8-2.0 for individual samples. Low-quality reads were discarded, and clean data were assembled into genomic contigs using SOAPdenovo version 2.04. After removing contigs shorter than 500 bp, QUAST version 5.0.1 was used to assess the quality of the assembled genomes (Gurevich et al., 2013). Next, Prokka version 1.12 (Seemann, 2014), Prodigal version 2.6.3 (Hyatt et al., 2010), and RAST (https://rast.nmpdr.org/) were used to annotate the genomes. The genome sequences of Aeromonas isolates and seven strain types (A. hydrophila ATCC 7966T [accession No.: GCA_000014805], A. caviae NCTC 12244T [GCA 900476005], A. dhakensis TN14 [GCA_905132925], A. veronii FDAARGOS_632 [GCA_008693705], A. media CECT 4232T [GCA_000819985], A. sanarellii LMG 24682T [GCA_000820085], A. schubertii ATCC 43700T [GCA_001481395]) were included in this study. ANI analysis was used to determine the

evolutionary distance among the bacterial isolates at the genomic level. ANI values >95% were considered indicative of the same species. Prokka version 1.12 and the Roary genome pipeline with an identity cutoff of 95% were used to perform gene annotation and pangenome analysis, respectively. Snippy was used to identify core genome single nucleotide polymorphisms (cgSNPs), with the genome sequence of A. hydrophila ATCC 7966T used as the reference. The phylogenetic tree was constructed based evolutionary decombined cgSNPs by IQ-TREE using maximum likelihood estimation with 1,000 bootstraps. The genome sequences of the Aeromonas strains sequenced in this study have been deposited GenBank/DDBJ/ENA under the BioProject ID No. PRINA1097280.

Antimicrobial susceptibility testing (AST) was then performed for Aeromonas using a microbroth dilution method and a panel for aerobic, gram-negative bacilli (Shanghai Fosun Long March Medical Science Co., Ltd., China). Antibiotic susceptibility (S), intermediate resistance (I), and resistance (R) were interpreted according to the Clinical and Laboratory Standards Institute (CLSI) guidelines M45A2E (CLSI, 2019). Escherichia coli ATCC 25922 was used as a control. The following antimicrobials were tested: ampicillin (AMP), ampicillin-sulbactam (AMS), tetracycline (TET), meropenem (MEM), polymyxin E (CT), ceftazidime/avibactam (CZA), cefotaxime (CTX), ceftazidime-avibactam (CAZ), ciprofloxacin (CIP), chloramphenicol (CHL), nalidixic acid (NAL), streptomycin (STR), sulfamethoxazole tablets (SXT), and amikacin (AMK). Aeromonas strains were defined as multidrug-resistant (MDR) if they were resistant to three or more antimicrobial classes.

Statistical analyses were performed using Stata software (version 12.0). The chi-squared test was used to compare isolation rates between groups, with statistical significance set at P<0.05.

RESULTS

Distribution of *Aeromonas* in Patients with Diarrhea

A total of 2,011 stool samples were collected from 2,011 patients with diarrhea between January 1, 2016, and December 31, 2022, excluding 2020, due to the COVID-19 pandemic. Of these, 13 *Aeromonas* isolates (S1–S13), identified using MALDI-TOF MS, were derived from 13 patients (P1–P13), resulting in a

positive *Aeromonas* rate of 0.65% (13/2,011). The annual positive rates were 0.27% (1/365) in 2016, 0% (0/371) in 2017, 0.53% (2/374) in 2018, 0.56% (2/358) in 2019, 0.84% (3/359) in 2021, and 2.72% (5/184) in 2022. These isolates were identified by their ANI values as *A. veronii* (n=5), *A. caviae* (n=5), and *A. dhakensis* (n=3; Table 1 and Figure 1). Four of the 13 *Aeromonas*-positive patients were co-infected with other intestinal pathogens: patient P1 with *V. parahaemolyticus* (tdh+/trh-); P2 with *Salmonella* and EAEC; P3 with *V. parahaemolyticus* (tdh+/trh-); and P8 with *V. parahaemolyticus* (tdh+/trh-) and EPEC (Table 1).

Among the 13 Aeromonas-positive patients, 7 were male and 6 were female, aged 16 to 81 years. Disease onset occurred in April (n=1), June (n=3), July (n=4), and August (n=5; Table 1). In the epidemiological investigation, all 13 patients reported consuming suspected contaminated food products, including cold meat, barbecue, fried food, salad, seafood, cold drinks, and takeaway fast food (Table 1). The most common clinical symptoms were diarrhea (100%, 13/13), abdominal pain (92.30%, 12/13), nausea (61.54%, 8/13), vomiting (23.08%, 3/13), weakness (15.38%, 2/13), dehydration (15.38%, 2/13), and fever (15.38%, 2/13). Moreover, 69.23% (9/13) and 30.77% (4/13) of patients presented with watery and loose stools, respectively (Table 1). Patients P11 and P12 were 2 students from the same school, with the same disease onset time (August 13, 2022). On this day, 5 individuals (including P11 and P12) at this school experienced diarrhea after consuming takeaway fast food delivered by the same catering company. All 5 patients presented with diarrhea (watery stools) and abdominal pain (Table 1).

Ten aquatic environmental samples (named A1–A10) were collected in this study, from which 25 *Aeromonas* isolates were identified using MALDI-TOF MS. One sample (A8) yielded no isolates; the other nine water samples yielded between 1 and 5 *Aeromonas* isolates each. The isolates were further classified as *A. veronii* (n=11), *A. caviae* (n=9), *A. schubertii* (n=2), *A. sanarellii* (n=1), *A. dhakensis* (n=1), and a species closely related to *A. media* (n=1; Table 2 and Figure 1).

Antibiotic Susceptibility of Aeromonas Isolates

The Aeromonas isolates from patients exhibited high resistance to AMP (92.31%), AMS (84.62%), NAL (69.23%), STR (61.54%), and TET (38.46%).

However, fewer than 30% of isolates resisted the other antibiotics. Eight isolates (61.54%, 8/13) were identified as MDR, with the most dominant resistance patterns being AMP+AMS+NAL+STR (15.38%) and AMP+AMS+NAL (15.38%; Table 3 and Figure 2).

The *Aeromonas* isolates from river water samples showed high resistance to AMP (96.00%), AMS (96.00%), NAL (60.00%), and STR (32.00%). Resistance to other antibiotics was observed in less than 30% of isolates. Eleven isolates (44.00%, 11/25) were MDR. The dominant resistance pattern was AMP+AMS (20.00%; Table 3 and Figure 3).

Phylogenetic Analysis of Aeromonas

A phylogenetic tree was constructed using cgSNP data from the Aeromonas strains with the reference sequence A. hydrophila ATCC 7966T (Figure 4). The analysis revealed seven phylogenetic groups with a high bootstrap value. Seven species of Aeromonas were located on their respective independent phylogenetic branches. Strains from patients were mainly distributed in the phylogenetic branches of A. veronii, A. caviae, and A. dhakensis, while those from the river water samples were distributed in six different phylogenetic branches other than the A. hydrophila branch. Of all Aeromonas isolates obtained in this study, two isolates of A. schubertii (R6-2 and R9-1) from the river water samples displayed genetic clustering; however, overall, there was no significant clustering observed between the isolates from patients and those from river water samples. The Aeromonas isolates from patients, and those from river water samples showed a significant distance between their phylogenetic branches even when they belonged to the same species and were derived from the same water sample. Moreover, the isolates from patients and the aquatic environment of the river water samples were intertwined in the phylogenetic tree.

CONCLUSION

Aeromonas species are recognized enteric pathogens, but their mechanisms of pathogenicity remain unclear. Previous studies from various locations have reported variable rates of Aeromonas detection in patients with diarrhea. For instance, a study in Barcelona, Spain, reported a 2.09% (18/863) positive rate of Aeromonas in travelers with diarrhea, with A. veronii and A. caviae as the dominant species (12). Another study in Tainan City, Taiwan, China, also identified A. veronii and A. caviae as the dominant species in fish and clinical

TABLE 1. Information and clinical symptoms of patients with positive isolation of Aeromonas.

						Number of people dining		Bacterial c	ulture res	sults
Patient number	ΩT	Sex	Age	Clinical symptoms	Suspected contaminated food	together/ co- diners who experienced diarrhea	Number of Aeromonas isolate	ANI analysis results of Aeromonas	ANI value (%)	Other pathogens detected
P1	July 29, 2016	Male	26	Diarrhea (watery stools 10 times per day) + abdominal pain + fever (38.1 ℃)	Barbecue	1/-	S1	A.caviae	97.936	Vibrio parahaemolyticus
P2	July 16, 2018	Female	30	Diarrhea (watery stools 10 times per day) + abdominal _pain + nausea	Cold meat	2/no	S2	A.dhakensis	97.2863	Salmonella [†] + EAEC
P3	August 10, 2018	Male	44	Diarrhea (watery stools 12 times per day) + abdominal pain + nausea + vomiting	Barbecue	1/-	S3	A.dhakensis	97.179	V. parahaemolyticus
P4	June 25, 2019	Female	17	Diarrhea (loose stools 10 times per day) + abdominal pain + nausea + dehydration	Fried food	6/yes	S4	A.caviae	97.9062	I
P5	July 16, 2019	Female	30	Diarrhea (loose stools 10 times per day) + abdominal pain + nausea	Cold meat	3/no	S5	A.dhakensis	97.0422	1
P6	April 23, 2021	Male	81	Diarrhea (watery stools 10 times per day) + abdominal pain + nausea + weak + dehydration + vomiting	Cold meat	1/-	S6	A.caviae	97.9036	I
P7	June 3, 2021	Female	20	Diarrhea (loose stools 6 times per day) + abdominal pain + nausea + weak + fever (39.4 °C)	Salad	1/-	S 7	A.veronii	96.4188	I
P8	July 26, 2021	Male	38	Diarrhea (watery stools 8 times per day) + abdominal pain + nausea	Seafood	1/-	S8	A.veronii	96.5328	V. parahaemolyticus*+ EPEC
P9	June 13, 2022	Male	40	Diarrhea (watery stools 10 times per day) + abdominal pain + nausea	Cold drink	1/-	S 9	A.caviae	97.8955	I
P10	August 4, 2022	Male	35	Diarrhea (loose stools 5 times per day) + abdominal pain	Cold meat	3/yes	S10	A.caviae	97.9052	1
P11	August 13, 2022	Female	16	Diarrhea (watery stools 7 times per day) + abdominal pain	Take-away fast food [§]	5/yes [¶]	S11	A.veronii	96.5436	I
P12	August 13, 2022	Female	17	Diarrhea (watery stools 5 times per day) + abdominal pain	Take-away fast food [§]	5/yes**	S12	A.veronii	97.4809	I
P13	August 27, 2022	Male	41	Diarrhea (watery stools 6 times per day) + abdominal pain + nausea + vomiting	Cold meat	1/-	S13	A.veronii	96.4993	1

Abbreviation: ANI=average nucleotide identity; EAEC=enteroaggregative Escherichia coli; EPEC=enteropathogenic Escherichia coli

The virulence gene characteristics of Vibrio parahaemolyticus are tdh+/ trh-;

† serotype is Salmonella Typhimurium;

[§] specific foods include duck meat, chicken meat, broccoli, rice, boiled corn, tomato and egg soup, and apples;

P12 is one of the five co-diners of P11;
P11 is one of the five co-diners of P12.

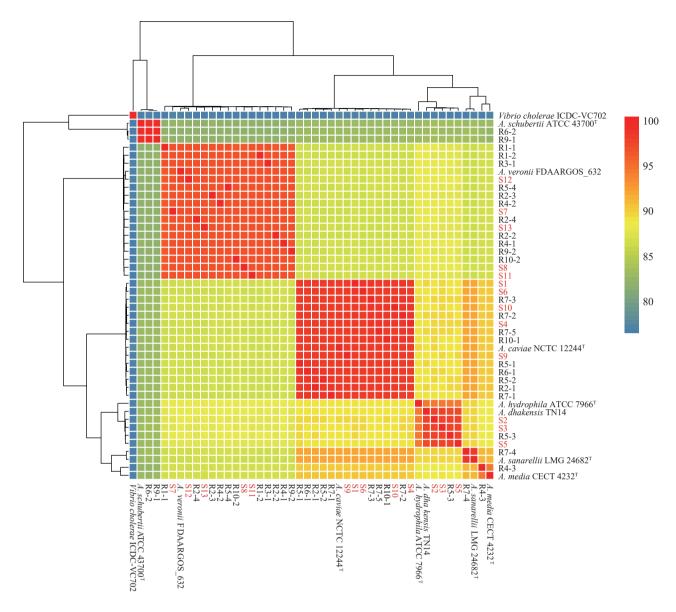


FIGURE 1. Average nucleotide identity analysis of *Aeromonas* isolates. Note: The red font represents strains from patients with diarrhea. ^T = type strain.

samples (13). Additionally, in Hong Kong Special Region, China, Chan et al. Adiministrative documented a 6.9% incidence of Aeromonas in adult patients with acute diarrhea (13). Isolation rates of Aeromonas from individuals with diarrheal illness in developed countries range from 0.8% to 7.4% (14). The most commonly isolated species implicated in gastroenteritis caused by Aeromonas include A. veronii, A. hydrophila, and A. caviae, with A. trota and A. jandaei occurring less frequently (15). Similar to the aforementioned studies, our study isolated Aeromonas from 13 (0.65%) of the 2,011 patients with diarrhea, with A. veronii and A. caviae being the most frequently isolated species.

In a previous study, gastroenteritis attributed to A.

sobria was characterized by acute abdominal pain, vomiting, diarrhea (watery stools), and fever (16), similar to the clinical symptoms of the patients enrolled in the present study. All 13 Aeromonaspositive patients experienced abdominal pain and diarrhea, with diarrhea occurring 5-12 times per day and characterized by watery or loose stools. This was similar to the symptoms and stool characteristics caused by V. parahaemolyticus, a widely distributed pathogenic bacterium in aquatic products (17). Although the genus Aeromonas was initially considered to belong to the family Vibrionaceae, successive phylogenetic analyses have indicated that Aeromonas is not closely related to the genus Vibrio, resulting in the reassignment of Aeromonas from the

TABLE 2. Distribution of *Aeromonas* from river water samples.

River water sample	Bacterial culture results	Aeromonas isolate	ANI analysis results of Aeromonas	ANI value (%)	
A1	+	R1-1	A. veronii	96.19	
Ai	т	R1-2	A. veronii	96.48	
	+	R2-1	A. caviae	97.89	
A2		R2-2	A. veronii	96.38	
AZ		R2-3	A. veronii	96.55	
		R2-4	A. veronii	96.48	
A3	+	R3-1	A. veronii	96.48	
	+	R4-1	A. veronii	96.49	
A4		R4-2	A. veronii	96.44	
A4		R4-3	Species closely related to A. media	94.03	
	+	R5-1	A. caviae	97.82	
A5		R5-2	A. caviae	97.94	
73		R5-3	A. dhakensis	97.16	
		R5-4	A. veronii	96.50	
A6	+	R6-1	A. caviae	97.88	
Au	т	R6-2	A. schubertii	99.00	
		R7-1	A. caviae	97.91	
		R7-2	A. caviae	97.97	
A7	+	R7-3	A. caviae	97.87	
		R7-4	A. sanarellii	98.02	
		R7-5	A. caviae	97.84	
A8	-	1	1	1	
A9	+	R9-1	A. schubertii	98.98	
As		R9-2	A. veronii	96.53	
A10	+	R10-1	A. caviae	97.83	
AIU	T	R10-2	A. veronii	96.40	

^{+:} represents the sample culture positive in Aeromonas.

Vibrionaceae to a new family (18). Notably, in the present study, all 13 Aeromonas-positive patients reported consuming suspected contaminated food, with cold meat products being the most commonly reported (38.46% of patients). Cold meat products are associated with a high risk of foodborne diseases due to cross-contamination between raw and products, which has also been observed in outbreaks caused by V. parahaemolyticus in China (19-22). In the present study, V. parahaemolyticus was co-detected in Aeromonas-positive 23.08% of patients. similarities between Aeromonas and V. parahaemolyticus regarding their environmental distribution, association

TABLE 3. Results of antibiotic sensitivity test for *Aeromonas* species.

Antibiotic	Diarrhea patient isolates	River sample isolates (% P/T)		
AMP	92.31 (12/13)	96.00 (24/25)		
AMS	84.62 (11/13)	96.00 (24/25)		
TET	38.46 (5/13)	24.00 (6/25)		
MEM	0 (0/13)	12.00 (3/25)		
CT	15.38 (2/13)	4.00 (1/25)		
ETP	23.08 (3/13)	24.00 (6/25)		
CZA	0 (0/13)	0 (0/25)		
CTX	0 (0/13)	12.00 (3/25)		
CAZ	0 (0/13)	0 (0/25)		
CIP	0 (0/13)	0 (0/25)		
CHL	7.69 (1/13)	8.00 (2/25)		
NAL	69.23 (9/13)	60.00 (15/25)		
SXT	23.08 (3/13)	8.00 (2/25)		
STR	61.54 (8/13)	32.00 (8/25)		
AMK	0 (0/13)	0 (0/25)		

Abbreviation: AMP=ampicillin; AMS=ampicillin-sulbactam; TET= tetracycline; MEM=meropenem; CT=polymyxin E; ETP= ertapenem; CZA=ceftazidime/avibactam; CTX=cefotaxime; CIP=ciprofloxacin; NAL=nalidixic acid; CAZ=ceftazidime-avibactam; CHL=chloramphenicol; STR=streptomycin; SXT= Sulfamethoxazole Tablets; AMK=amikacin.

with suspected contaminated food, and clinical symptoms, as well as the co-infection of *Aeromonas* and *V. parahaemolyticus*, warrant further investigation. It is important to note that the subjective nature of patient-reported information about suspicious contaminated food is a limitation of the present study.

Aeromonas spp. are transmitted through food and water, with the ability to survive and, rapidly reproduce at low temperatures, and resist chlorinecontaining disinfectants (23). However, to date, largescale foodborne or waterborne outbreaks caused by Aeromonas spp. have not been reported (23). In the present study, 2 patients (P11 and P12) who dined together and consumed takeout food from the same catering company — along with 3 other individuals experienced diarrhea symptoms on the same day, suggesting a potential outbreak. However, genomic analysis did not confirm a common clone or establish a clear link between the outbreak and Aeromonas spp. Successful molecular tracing of diarrhea outbreaks associated with Aeromonas spp. has been limited (16,24–25). Nevertheless, outbreaks caused multiple Aeromonas spp. in patients have been reported (26), indicating a need for additional data on pathogenic characteristics in such outbreaks.

^{-:} represents the sample culture negative in *Aeromonas*. Abbreviation: ANI=average nucleotide identity.

^{*} P=number of resistance isolates; T=total number of isolates.

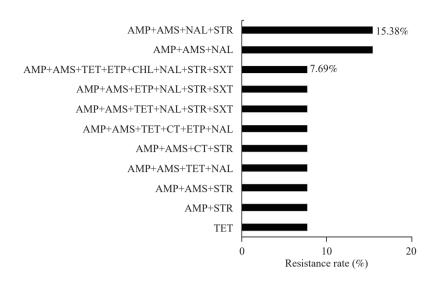


FIGURE 2. Resistance spectrum of 13 strains of *Aeromonas* from patients to various antibiotic combinations. Note: The X-axis represents the resistance rate of *Aeromonas*. The Y-axis represents a series of antibiotic combinations.

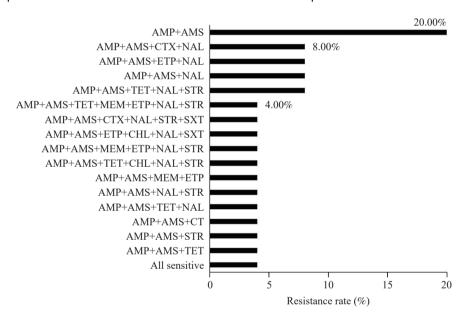


FIGURE 3. Resistance spectrum of 25 strains of *Aeromonas* from river water samples to various antibiotic combinations. Note: The X-axis represents the resistance rate of *Aeromonas*. The Y-axis represents a series of antibiotic combinations.

In this study, *A. veronii* and *A. caviae* were the dominant species among the 25 *Aeromonas* isolates recovered from environmental water samples. Isolates from both patients and river water exhibited high levels of multidrug resistance, particularly to AMP and AMS. Although not statistically significant, the resistance rates to TET, CT, STR, and SXT — 4 antibiotics commonly used in clinical settings — were slightly higher among isolates from patients than among those from river water. This finding suggests that clinical treatment may contribute to antibiotic resistance in *Aeromonas*.

The high bootstrap values of the main branches in

the phylogenetic tree, based on cgSNP analysis of *Aeromonas* isolates from patients and river water samples, indicate a stable and reliable topology. Few isolates clustered significantly, and none were clonal (except for isolates R6-2 and R9-1, identified as *A. schubertii*). Patient-derived isolates of the same *Aeromonas* species (e.g., S7, S8, S11, S12, and S13) and isolates from the same river water sample belonging to the same species (e.g., R7-2, R7-3, and R7-4) were phylogenetically distant, suggesting they did not originate from a recent common ancestor. The interspersed distribution of patient-derived and river water-derived isolates in the phylogenetic tree

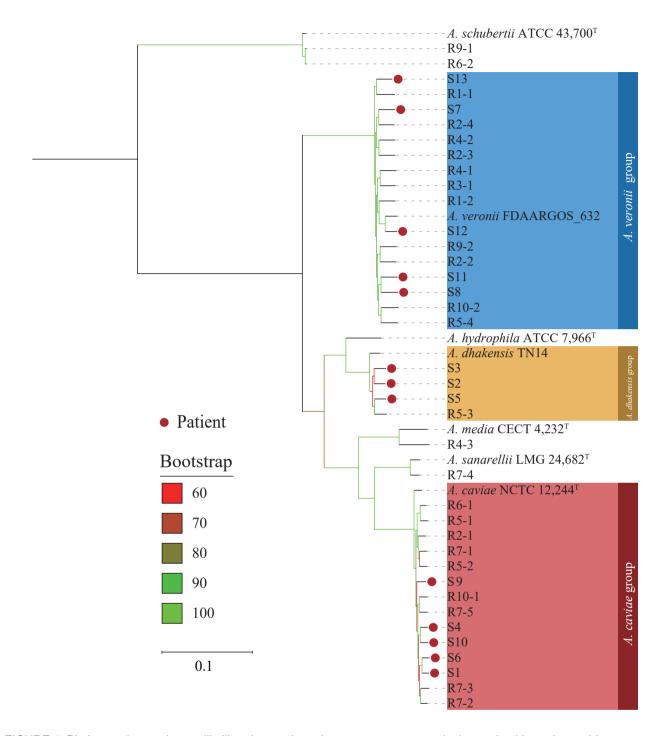


FIGURE 4. Phylogenetic maximum likelihood tree based on core genome single nucleotide polymorphisms among *Aeromonas* strains.

Note: Seven type strains or representative strains were also included. The three largest clusters (*A. veronii*, *A. caviae*, *A. dhakensis*) are shown in blue, red, and yellow, respectively. The red dots on the top of the branches represent *Aeromonas* strains isolated from patients with diarrhea. The various colors of branches (from red to green) represent bootstrap values ranging from 60% to 100%. Tetype strain.

underscores the importance of active surveillance for foodborne pathogens.

This study provides valuable insights into the prevalence and characteristics of *Aeromonas* in patients with diarrhea and aquatic environments. However, the

study has limitations, including the subjective nature of patient-reported information and challenges establishing causal links between outbreaks and *Aeromonas*, highlighting areas for further investigation.

Conflicts of interest: No conflicts of interest.

Funding: Supported by the National Key Research Program of China (2021YFF0703801).

doi: 10.46234/ccdcw2025.019

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Submitted: September 24, 2024 Accepted: November 29, 2024 Issued: January 24, 2025

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