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ORIGINAL RESEARCH

Instruments to assess patient satisfaction after teleconsultation and triage: a systematic review

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Correspondence: Eva Blozik Department of Primary Medical Care, University Medical Center Hamburg–Eppendorf, Martinistrasse 52, 20246 Hamburg, Germany Tel +49 40 741 052 400 Fax +49 40 741 053 681 Email e.blozik@uke.de **Background:** Patient satisfaction is crucial for the acceptance, use, and adherence to recommendations from teleconsultations regarding health care requests and triage services.

Objectives: Our objectives are to systematically review the literature for multidimensional instruments that measure patient satisfaction after teleconsultation and triage and to compare these for content, reliability, validity, and factor analysis.

Methods: We searched Medline, the Cumulative Index to Nursing and Allied Health Literature, and PsycINFO for literature on these instruments. Two reviewers independently screened all obtained references for eligibility and extracted data from the eligible articles. The results were presented using summary tables.

Results: We included 31 publications, describing 16 instruments in our review. The reporting on test development and psychometric characteristics was incomplete. The development process, described by ten of 16 instruments, included a review of the literature (n=7), patient or stakeholder interviews (n=5), and expert consultations (n=3). Four instruments evaluated factor structure, reliability, and validity; two of those four demonstrated low levels of reliability for some of their subscales.

Conclusion: A majority of instruments on patient satisfaction after teleconsultation showed methodological limitations and lack rigorous evaluation. Users should carefully reflect on the content of the questionnaires and their relevance to the application. Future research should apply more rigorously established scientific standards for instrument development and psychometric evaluation.

Keywords: teleconsultation, teletriage, triage, consultation, general practitioner, patient satisfaction, psychometric, evaluation, out-of-hours

Introduction

In recent years, telephone consultation and triage have gained popularity as a means for health care delivery.^{1,2} Teleconsultations and triage refer to "the process where calls from people with a health care problem are received, assessed, and managed by giving advice or via a referral to a more appropriate service."³ The main motive for introducing such services was to help callers to self-manage their health problems and to reduce unnecessary demands on other health care services. Teleconsultation and triage are frequently used in the context of out-of-hours primary care services.⁴ They result in the counseling of patients about the appropriate level of care (general practitioner, specialized physician, other health care providers, [such as therapists], or hospital care), the appropriate time-to-treat (ranging from emergency care to seeking an appointment within a few weeks), or the potential for self-care. Several randomized

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controlled trials showed that teletriage is safe and effective,^{5–7} and a systematic review suggested that at least one-half of the calls can be handled by telephone advice alone.⁸

The patients' opinions on the quality of such services are crucial for their acceptance, use, and adherence to the recommendations resulting from the teleconsultation.^{9,10} Instruments to measure patient satisfaction have been developed for a broad range of settings. However, these instruments cannot easily be transferred into the teleconsultation setting, which systematically differs in two respects: 1) decisions in teleconsultation and triage rely heavily on medical history-taking as the main – and sometimes only – diagnostic tool, so excellent communication and history-taking skills are crucial in this setting; 2) teleconsultation and triage services generally relate to the appearance of new health problems and less frequently address long-term management for which patients usually attend face-to-face care.¹

Patient satisfaction is a multidimensional construct.^{11,12} Global indices (single-item instruments) have been shown to be unreliable for the measurement of patient satisfaction in health care and to disguise the fact that judgments on different aspects of care may vary.^{10,13} Instruments assessing patient satisfaction after teleconsultation and triage need to cover the perceived quality of the communication skills, of the telephone advice (eg, helpfulness and feasibility of the recommendation), and of the organizational issues of the service, such as access or waiting time.¹⁰ In a previous review, methodological issues related to the measurement of patient satisfaction with health care were systematically collected.¹⁰ Several problems were addressed, such as how different ways of conducting surveys affect response rates and consumers' evaluations. However, the review did not include detailed information on patient satisfaction questionnaires, nor did it give specific recommendations related to questionnaire use. A more recent systematic review in 2006 on patient satisfaction with primary care out-of-hours services presented four questionnaires, all with important limitations in their development and evaluation process.4

However, out-of-hours care is only a small part of teleconsultation and triage services. Furthermore, none of the previous reviews explicitly followed up on research that modified and reevaluated existing instruments. Therefore, the aim of our study was to systematically review the scientific literature for multidimensional instruments that measure patient satisfaction after teleconsultation and triage for a health problem and to compare their development process, content, and psychometric properties.

Methods Literature search

We searched Medline, the Cumulative Index to Nursing and Allied Health Literature, and PsycINFO (query date of January 31, 2013) for relevant literature. The search terms were related to "patient satisfaction", "questionnaire", and "triage" (Table S1). We reviewed the reference lists of all publications included in the final review for relevant articles. Furthermore, we searched the Internet for additional material, in particular for follow-up research, the refinement of the included instruments via authors' names, and the names of the instruments.

Study selection and data collection process

The pool of potentially relevant articles identified via databases, reference lists, and Internet searches was evaluated in detail regarding whether or not the articles were original research articles, whether or not they described instruments for assessing patient satisfaction after an encounter between a health professional and a patient or his proxy over the phone, and whether or not they were intended for self-administered or interviewer-administered use (Table 1).14 As we were interested in multidimensional instruments, we excluded global indices (single-item measures). We included telephone and video consultations, as well as out-of-hours services that performed triage by phone. Out-of-hours services were defined as any request for medical care on public holidays, Sundays, and at a defined time on weekdays and Saturdays (for example, weekdays from 7 pm to 7 am and Saturdays from 1 pm onward). We included studies that reported the development of the instrument (called "development studies") and studies that applied the instrument for outcome assessment (called "outcome studies"). We did not apply any language restriction. Two reviewers (MAI, EB) independently screened the references for eligibility, extracted the data, and allocated the instrument items to the predefined domains. Discrepancies were solved by consensus.

Data extraction and analysis

We extracted the following information:

- 1. Descriptive information: author; year of publication; country of origin; setting; staff providing the service; type of administration of the questionnaire; participants; and timing of administering the instrument after the encounter (Table 1).
- Instrument content: number of items per domain; number of domains covered per study; total number of items; mean items per domain; number of studies that covered a certain domain with at least one question (Table 2).

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McKinstry et al ^{46,c} 2010 UK Family doctor teleconsultations Physician Mail 46 NR Ström et al ^{26,b} 2011 Sweden Teleconsultation service Nurse Mail 517 14–21 da Van Uden et al ^{28,b} 2005 Nurberlands Out-of-hours service Physician's assistrant 908 21 dave	lisbury et al ^{21,b} 20(35 UK	Out-of-hours service	Physician or nurse	Mail	342	7 days
Ström et a ^{fskb} 2011 Sweden Teleconsultation service Nurse Mail 517 14–21 da Van 11den et a ^{j28b} 2005. Netherlands Out-of-hours service Physician's assistant Mail 908 21 dave	McKinstry et al ^{46,c} 20.	10 UK	Family doctor teleconsultations	Physician	Mail	46	NR
Van LIden er a ^{p3b} 2005. Nerherlands Ourt-of-hours service Physician's assistant Mail 908 21 dave	röm et al ^{26,b} 20.	II Sweden	Teleconsultation service	Nurse	Mail	517	14–21 days
	in Uden et al ^{28,b} 20(05 Netherlands	Out-of-hours service	Physician's assistant	Mail	908	21 days

Table 2 Instrument content (related to teleconsultation)

Author	Year	Access to service	Attitude of health	Attitude of patient	Communication	Individual information ^a
			professional			
Campbell et al ¹⁸	2007	I	3	I	5	15
Dehours et al ³⁰	2012	0	0	I	3	5
Dixon and Williams ¹⁹	1988	0	0	0	I	0
Dixon and Sthal ²²	2009	0	I	0	2	0
Garratt et al ³¹	2010	0	4	0	I	0
Hicks et al ²³	2003	I	I	2	0	0
Keatinge and Rawlings ²⁹	2005	0	0	4	I	3
McKinley et al ²⁰	1997	2	I	L	6	0
McKinstry et al ⁶	2002	0	0	I	3	0
Mekhjian et al ²⁴	1999	0	0	5	4	0
Moll van Charante et al ²⁷	2006	I	2	0	5	0
Moscato et al ^{25,b}	2003	0	I	3	2	2
Rahmqvist et al ¹⁷	2009	0	0	0	3	0
Salisbury et al ²¹	2005	I	I	0	0	0
Ström et al ²⁶	2011	2	2	I	3	0
Van Uden et al ²⁸	2005	2	I	2	2	0
# of studies that covered a certain		7	10	10	14	4
domain with at least one question						

Notes: ^aSociodemographics; result of teleconsultation; ^brevised version as published by Beaulieu and Humphreys.⁴²

3. Details of the development process: such as literature review, consultation with experts, consensus, focus group meetings, or individual interviews; piloting; and rating scale (Table 3).

4. Recruitment strategy and handling of nonresponders: inclusion and exclusion criteria; consecutive recruitment

of patients; response rate; and nonresponse analysis (Table 4).

5. Psychometric properties: item nonresponse; factor structure; reliability (ie, interrater, test/retest, intermethod, and internal consistency reliability); and validity (ie, construct, content, criterion validity) (Table 5).

Table 3 Descriptive information of the instruments

Author	Year	Development process	Piloting	Rating mode
Campbell et al ¹⁸	2007	Literature review, consultation with	Yes	5-point Likert scale
		experts (no further specification)		
Dehours et al ³⁰	2012	Consensus of the working group	Yes	Yes/no, categorical, open-ended
Dixon and Williams ¹⁹	1988	NR	Yes	Yes/no
Dixon and Sthal ²²	2009	NR	Yes	Numerical rating scale 1–5
Garratt et al ³¹	2010	Literature review, consultation with experts,	Yes	Unclear
		interview with patients		
Hicks et al ²³	2003	NR	NR	7-point Likert scale
Keatinge and Rawlings ²⁹	2005	NR	Yes	Categorical
McKinley et al ²⁰	1997	Literature review, focus group meetings with	Yes	5-point Likert scale
		patients recruited from general practice registers		
		and community groups led by a nonclinician		
McKinstry et al ⁶	2002	NR	NR	Numerical rating scale 0–3
Mekhjian et al ²⁴	1999	Literature review	NR	5-point Likert scale
Moll van Charante et al ²⁷	2006	Literature review, interview of stakeholders	Yes	Numerical rating scale 1–10
Moscato et al ²⁵	2003	Qualitative interviews with adults who had	Yes	5-point Likert scale and check-
		received phone advice		off options
Rahmqvist et al ¹⁷	2009	NR	NR	7-point Likert scale
Salisbury et al ²¹	2005	Literature review, use of McKinley questionnaire	Yes	5-point smiley faces (very
		as a basis, development of draft short version		dissatisfied to very satisfied)
Ström et al ²⁶	2011	Multidisciplinary expert group decision,	Yes	Visual analog scale 0–10
		interview with patients		
Van Uden et al ²⁸	2005	Literature review, interview of general	NR	5-point Likert scale
		practitioner's managers		

Abbreviation: NR, not reported.

Management	Overall satisfaction	Professional skills	Telephone advice	Other	Number of domains covered per study	Total number of items
4	3	2	3		9	37
2	I	0	I	Diagnostics (8), training of staff (3)	6	24
0	0	I	I		3	3
0	I	I	0		4	5
4	0	I	0		4	10
0	3	0	0	Technical aspects (1)	4	8
I	I	0	2	Alternative to teleconsultation (1)	6	13
0	3	0	7	()	6	20
0	0	0	I		3	5
0	I	I	0	Technical aspects (3)	4	14
1	0	I	3	Access to pharmacy (1)	6	14
0	3	2	I	Alternative to teleconsultation (1)	7	15
I	I	I	I		5	7
2	I	0	2		5	7
I	I	2	2		8	14
5	4	0	6		7	22
9	12	9	12		5.4	13.6 mean

The data was tabulated and summarized in a descriptive way.

First, we listed all primary studies and extracted basic information. Outcome studies – that evaluated the same instrument in various settings and populations – were grouped under the corresponding development study. When several studies referred to the same instrument, we used the development study to extract data for the following steps.

Second, we analyzed the content domains of the instruments. Based on a systematic review, published by Garratt et al, we created a list of nine domains (access to the service, attitude of health professional, attitude of patient, perceived quality of the communication, individual information [such as sociodemographic or clinical patient data], management [such as waiting time], overall satisfaction, perceived quality of professional skills of the staff, perceived quality of the telephone advice [such as helpfulness and feasibility of the recommendation]), and other.⁴ Two reviewers independently attributed each item of the instruments to one domain. The aim of this procedure was to describe, to characterize, and to compare the content of patient satisfaction instruments for which no factor-analysis results were reported. We did not use these dimensions as a prerequisite for instruments to be included in our review.

Third, we explored the development process of the instrument, the scoring scheme of the instrument, and the performance of a piloting. When we identified only one study to an instrument, we extracted the data from this publication, regardless of whether it was a development study or an outcome study. Fourth, we assessed the recruitment strategy and handling of nonresponders in those publications that reported statistical results for psychometric properties. This type of information is useful for interpretation of the statistical results so that – for those studies not reporting on factor structure, reliability, or validity – we did not detail recruitment strategy and handling of nonresponders.

Fifth, we tabulated any type of psychometric property that we identified in any type of publication. For the interpretation of Cronbach's alpha values, an estimate of the reliability of an instrument, we used the categories: excellent (>0.9); good (0.8–0.9); acceptable (0.7–0.8); questionable (0.6–0.7); poor (0.5–0.6); and unacceptable (<0.5).¹⁵ An item-total correlation of <0.3 was considered poor, indicating that the corresponding item does not correlate well with the overall scale.¹⁶

Results

Our search identified 3,651 references. We screened 224 fulltext publications for eligibility and, ultimately, included 31 studies – with a total of 17,797 patients – that reported on 16 different multidimensional instruments on patient satisfaction after teleconsultation and triage (Figure 1; Table 1). All but one article was published in the English language; this article was published in Swedish.¹⁷

Basic information

The instruments were developed in seven different countries: five instruments derived from the United Kingdom;^{6,18–21}

Table 4 Recruitment	strategy	and handling of nonresponders				
Author	Year	Inclusion patient characteristics	Consecutive patients	Exclusion patient characteristics	Response rate	Nonresponse analysis
Campbell et al ¹⁸	2007	Out-of-hours contact	Yes	Age 12–16 years, residing in nursing home, caravan park, or hospital ward, recorded/ expected death, end-stage terminal illness, serious/life threatening disease or distressing condition (eg, miscarriage), 'Special message' (eg, potentially violent patient, homeless)	46%	Respondents were older and more affluent than nonresponders, no difference in sex
Garratt et al ³¹ McKinley et al ²⁰ M-LL:	2010 1997	Out-of-hours contact Out-of-hours contact	Unclear Yes	N.R. N.R. N.R. N.R. N.R. N.R. N.R. N.R.	42% 96%	NR NR
Mekhjian et al ²⁴ Moll van Charante et al ²⁷	2006	Participation in teleconsultation Out-of-hours contact	Yes Yes	Death	52%	NR Higher response rate in men, age groups 5–14 years and 45–74 years, and privately insured. No differences in response were found for type of contact, trauma, reason for consultation and part of the day. The main reasons for nonresponse were "forgotten/not interested" (n=160; 34.6%) and "too ill" (n=83; 17.9%); 30 patients (6.5%) stated dissatisfaction as reason for nonresponse
Beaulieu and Humphreys ⁴² (reporting on revised instrument by Moscato et al ²⁵)	2008	Out-of-hours contact, willlingness to be contacted, English speaking	Yes	NR	×001	ZR.
Salisbury et al ²¹	2005	Patients who were transferred to a GP cooperative	Yes	Questionnaire would cause distress or had already been sent to same household, incomplete address	46%	NR
Ström et al ²⁶	2011	Phone call with nurse advice center	Yes	Seriously ill or person called on behalf of another person (except children)	61%	NR
Van Uden et al ²⁸	2005	Out-of-hours contact	Yes	Wrong address, death, previous participation	42%	55.6% were male; 44.5%, female; 40% had forgotten to return the questionnaire; 6.7% were not interested; 6.7% did not find it needful; 46.7% gave other reasons (no time, too difficult, lost questionnaire)
Abbreviations: NR, not rep	ported; GP,	general practitioner.				

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Table 5 Psych	ometric	c properties			
Author	Year	ltem nonresponse	Factor structure	Reliability	Validity
Campbell et al ¹⁸	2007	Instrument with 45 items, 37 related to teleconsultation:	 Exploratory principal components analysis: 2 Factors accounting for 68% of variance 	 Cronbach's alpha: Consultation satisfaction, 0.96 	Convergent validity: • Scores for consultation satisfaction
		 0.5% of participants had >50% missing items Confusion about the appropriate sections 	 Factor 1: interaction (10 items, 55% of variance) 	 Entry access, 0.82 Inter item correlation: 	and entry access subscale were moderately correlated (r=0.43)
		for answering (ie, related to point of care	 Factor 2: consultation satisfaction (a isome 13% of surface) 	Consultation satisfaction, 0.63–0.89 Entry accord 0.45 0.85	Construct validity:
		items 1.2%-20.4%	Overlap of loadings for 4 items	ltem total correlation:	higher age, and longer duration of
		• 4 items (which health professional	-	 Consultation satisfaction, 0.77–0.90 	consultation were correlated with
		conducted the consultation; ethnic group;		 Entry access, 0.56–0.73 	higher total and subscale scores
		occupation; were you happy with [the final		Test/retest correlation:	
		management of your caril) had missing values exceeding 10% of responses (maximum)		 Consultation satisfaction, 0.76 Entry access, 0.60 	
Garratt et al ³¹	2010	Instrument with 24 items, 10 items related	Principal component analysis:	Cronbach's alpha:	Construct validity:
		to teleconsultation:	 4 Factors accounting for 79% of variance 	 Telephone contact, 0.91 	 Difficulties to contact by phone
		 Missing items, 3.2%–11.7%, mean, 7.2% 	• Factor I: doctor services (7 items)	 Doctor contact, 0.90 	correlated to lower scores in
			 Factor 2: telephone contact and 	 Nurse contact, 0.93 	telephone contact subscale
			organization (10 items)	 Organization, 0.82 	 Short waiting time for
			 Factor 3: nursing services (6 items) 	Item total correlation:	teleconsultation and treatment, large
			 Factor 4: single item 	 Telephone contact, 0.76–0.82 	amount of information, high levels
			"unanswered questions"	 Doctor contact, 0.73–0.83 	of overall satisfaction, fulfillment of
			 Only factor 2 related to teleconsultation 	 Nurse contact, 0.78–0.89 	expectations and absence of poor
				 Organization, 0.66–0.71 	treatment were correlated to higher
					scores of all subscales
McKinley et al ²⁰	1997	Instrument with 32 items, 20 related	Principal component analysis:	Cronbach's alpha:	Construct validity:
		to teleconsultation:	 6 Factors 	 Communication and management, 0.88 	 All subscales correlated to overall
		 Median completion rate, 96.5% 	 Factor 1: satisfaction with 	 Doctor's attitude, 0.87 	satisfaction
		(interquartile range, 95.7%–97.1%)	communication and management	 Continuity of care, 0.69 	
			(7 items; 29% of Variance)	 Delay until visit, 0.65 	
			 Doctor's attitude (5 items; 9% of variance) 	 Access to out-of-hours care, 0.61 	
			 Continuity of care (4 items; 8% of variance) 	 Initial contact person, 0.72 	
			 Delay until visit (3 items; 6% of variance) 	 Telephone advice, 0.79 	
			 Access to out-of-hours care 	 Overall satisfaction, 0.77 	
			(3 items; 5% of variance)	Test/retest correlation:	
			 The initial contact person 	 Communication and management, 0.86 	
			(2 items; 4% of variance)	 Doctor's attitude, 0.82 	
			 Telephone advice (4 items; variance NR) 	 Continuity of care, 0.72 	
			 Overall satisfaction (4 items; variance NR) 	 Delay until visit, 0.81 	
				 Access to out-of-hours care, 0.76 	
				 Initial contact person, 0.62 	
				 Telephone advice, NR 	
				 Overall satisfaction, 0.82 	
					(Continued)

Table 5 (Continu	(pər				
Author	Year	ltem nonresponse	Factor structure	Reliability	Validity
Mekhjian et al ²⁴	6661	Instrument with 14 items: • 26% of questionnaires were excluded due to nonresponse	 Common factor analysis: 2 Factors accounting for 47% of variance Factor 1: information exchange (7 items; 40% of variance) Factor 2: patient comfort (7 items; 47% of variance) 	Cronbach's alpha: • Information exchange, 0.88 • Patient comfort, 0.81	Ř
Moll Van Charante et al ²⁷	2006	Instrument with 66 items, 14 items related to teleconsultation: • Missing items 4.8%–16.5% (Mean 12.6%)	Principal component analysis: • 3 Factors • Factor 1 (77% of variance) • Factor 2 (72% of variance) • Factor 3 (83% of variance)	Cronbach's alpha: • Telephone nurse, 0.95 • Organization, 0.74 • Overall, 0.81 Item total correlation: • Telephone nurse, 0.84–0.92 • Organization, 0.53–0.59 Test retest correlation: • Telephone nurse, 0.85 • Organization, 0.92	Ř
Beaulieu and Humphreys ⁴² (reporting on revised instrument by Moscato et al ²⁵)	2008	Instrument with 19 items: • Missing items, NR	Ϋ́	Cronbach's alpha: • Total scale, 0.70	R
Salisbury et al ²¹	2005	Instrument with 7 items: • Missing items 54.1%–56.1% (Mean 55.7%)	Ϋ́Z	Cronbach's alpha: • Total scale, 0.94	 Construct validity: Each item correlated to overall satisfaction Increasing age, female sex and transfer to face-to-face visit correlated to higher scores Concurrent validity: Intraclass correlation coefficient between short scale and long scale 0.38–0.54
Ström et al ²⁶	2011	Instrument with 14 items: • Missing items, NR	 Explorative factor analysis: 3 Factors Factor 1: interaction (8 items; 34% of variance) Factor 2: service (3 items; 50% of variance) Factor 3: product (3 items; 63% of variance) 	Cronbach's alpha: • Total scale, 0.88 • Interaction, 0.90 • Service, 0.80 • Product, 0.45	Ϋ́

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Van Uden et al ²⁸ 2005	Instrument with 35 items,	Principal component analysis:	Cronbach's alpha:	Construct validity:
	22 items related to teleconsultation:	 6 Factors 	 Accessibility by phone, 0.72 	 Higher total scores correlated with
	 Missing items, NR 	 Accessibility by phone (3 items) 	 Doctor's assistant's attitude, 0.91 	overall satisfaction
		 Doctor's assistant's attitude (5 items) 	 Questions asked by assistant, 0.64 	
		 Questions asked by assistant (2 items) 	 Advice given by assistant, 0.93 	
		 Advice given by assistant (5 items) 	 Urgency of complaint, 0.86 	
		 Urgency of complaint (2 items) 	 Overall satisfaction, 0.93 	
		 Overall satisfaction (5 items) 		
Abbreviation: NR, not rep	borted.			



Figure I Flowchart.

four instruments from the United States;^{22–25} two from Sweden;^{17,26} two from the Netherlands;^{27,28} and one instrument from each of Australia,²⁹ France,³⁰ and Norway.³¹ Also, seven of the 16 instruments (44%) were used by subsequent studies.^{17,18,20,21,23,25,27} The most frequently used instrument, the McKinley 1997 questionnaire,²⁰ was applied in six subsequent studies^{32–37} and served as a basis for a shortened scale (Table 1).²¹

In most studies (14 of 16 instruments, 88%), the questionnaires were distributed per email or in a paper form for self-administration.^{6,17–19,21–28,30,31} In three studies, both a self-administered and an interviewer-administered version were used.^{20,23,25} The number of respondents per study varied between 20 and 3,294 persons. Also, 18 of the 31 publications (58%) applied instruments in the context of out-of-hours services, where centers triage patients from several general practices or a specific region.^{18–21,27–29,31–41}

Eight publications described patient satisfaction after the consultation provided by the teleconsultation centers.^{17,19,25,26,39,42–44} Other settings include: the management of same-day appointments;⁶ the provision of teleconsultation services by physicians outside of specialized telemedicine institutions;^{19,23,45,46} maritime telemedicine;³⁰ prison medicine;²⁴ and teledermatology services.²³ The timing of instrument administration varied considerably across the studies. In addition, 16 publications (52%) reported the distribution of the questionnaires within 7 days of the consultation,^{6,19–24,27,32–34,36,37,40–42} seven studies (23%) between 14–28 days,^{17,18,26,28,38,39,44} and one publication (3%) reported a latency of 4–16 months.³⁰ Also, seven (23%) studies did not report on the timing of the instrument's administration (Table 1).^{25,29,35,43,45,46}

Content of the instrument

We assessed the content of the instrument on nine prespecified domains. On average, an instrument covered five domains (range, three to nine) with 14 items per instrument (range, three to 37), and 2.3 items per domain (range, one to 15) (Table 2).

The most frequent domains, covered with at least one item, were the "perceived quality of the communication" (14 of 16 instruments, 88%),^{6,17–20,22,24–31} followed by the "overall satisfaction" (12 of 16 instruments, 75%),^{17,18,20–26,28–31} and the "perceived quality of the telephone advice" (12 of 16 instruments, 75%).^{6,17–21,25–31} The following additional domains were covered by more than one-half of the instruments: the "attitude of the health professional;" the "attitude of the patient;" "management;" and "professional skills." This indicated a focus of interest across the different instrument development teams. Only one instrument covered all nine domains.¹⁸

The instruments varied widely in the number of items they included per domain. Seven instruments included mostly one or two items per domain;^{6,17,19,21–23,26} whereas, the study on the top end included a mean of 4.1 items per domain.¹⁸

Development process

Only ten of the 16 instruments (63%) provided details about the development process, such as a review of the literature (n=7), interviews of patients or stakeholders (n=5), or consultations with experts (n=3).^{18,20,21,24–28,30,31} Seven studies reported the use of more than one method.^{18,20,21,26–28,31} Eleven of 16 studies (69%) performed a piloting of the instrument.^{18–22,25–27,29–31} Likert scales were predominantly used for the scoring (seven of 16 instruments, 44%). Other rating modes included yes/no options (n=2), categorical answers (n=2), numerical rating scales (n=3), visual analog scale (n=1), or smiley faces (n=1). One instrument included open-ended questions (Table 3).³⁰

Recruitment strategy and handling of nonresponders

Nine studies^{18,20,21,24,26–28,31,42} gave information about their psychometric properties; therefore, their recruitment strategy and handling of nonresponders are further evaluated here. Inclusion criteria were comparable, as all studies addressed

All but three publications explicitly reported the consecutive recruitment of patients.^{24,25,31} The exclusion criteria (five of nine studies, 55%) were related to the feasibility of the study (for example, wrong address, serious illness of the patient).^{18,21,26–28} The mean response rate was 60% and varied from $100\%^{42}$ to 38%.⁴⁶

The nonresponse analysis in four of nine studies (44%) detected sociodemographic but no clinical differences between the studies' responders and nonresponders. However, these analyses were conflicting. One study reported respondents to be older and more affluent without any differences in sex.¹⁸ In two studies, the response rates were lower in men invited to participate.^{28,46} In a fourth study, women and young adults were less likely to participate.²⁷ Forgetfulness was identified as the most frequent reason for nonresponse (Table 4).^{27,28}

Psychometric properties

For nine instruments, at least some information about the main psychometric properties was reported: item nonresponse; factor structure; reliability/internal consistency; and validity (Table 5).

- Item nonresponse: six of the nine studies (67%) reported on nonresponses.^{18,20,21,24,27,31} In some studies, item nonresponse was more problematic than in others. For example, one study reported complete data from only 43% of the respondents,²¹ while nonresponse rates for individual items ranged from a few percent up to about one-fifth of the respondents.^{18,27,31}
- 2. Factor structure: seven of the nine studies (78%) reported factor structures from a formal factor or principal component analysis, 18,20,24,26-28,31 with a multifactorial structure and a median of 3.3 factors (range one to six) related to teleconsultation per instrument. The factors related to: communication ("interaction," "satisfaction with communication and management," "information exchange," n=5); overall satisfaction (n=3); management ("delay until visit," "initial contact person," "service," n=3); access to service (n=2); attitude of health professional (n=2); telephone advice ("product," n=1); and individual information ("urgency of complaint;" n=1). The correlation between the number of items and the resulting number of factors was low (r=0.16). For instance, one high-item instrument with 37 items¹⁸ identified only two factors that explained 72% of the variance; whereas, another instrument with 20 items²⁰

reported a structure with six factors, which explained 61% of the variance.

- 3. Reliability measures: all nine instruments provided reliability measures - one study for both the total scale and the subscales; two studies for the total scale; and the remaining studies for the subscales only. The Cronbach's alpha values for the total scales were acceptable,⁴² good,²⁶ or excellent.²¹ Cronbach's alpha values for most of the factor subscales were above 0.7. However, three of the seven studies - evaluating the reliability of the subscales -revealed questionable^{20,28} and unacceptable²⁶ Cronbach's alpha values for individual subscales. One study provided results for inter-item correlation with correlation coefficients ranging from 0.45-0.89, indicating a good internal consistency of the scale.18 Three studies additionally reported item-total correlations which ranged from 0.53–0.92, supporting the internal consistency of these instruments.18,27,31 Three publications investigated the test/ retest reliability and reported correlation coefficients for subscales of >0.7, which are considered satisfactory or better.^{18,20,27} For single subscales, however, correlation coefficients were <0.7, indicating limitations in test/ retest reliability.18,20
- 4. Validity measures: in five of the eight instruments (63%) the scales correlated well with related constructs indicating construct validity. For example, higher scores correlated with simple measures of overall satisfaction.^{18,20,21,28,31} Other scales correlated well with the patients' ages, the duration of the consultation, difficulties in contact by phone, waiting times, the amount of information received during the teleconsultation, the fulfillment of expectations or the transfer to a face-to-face visit. One study examined the convergent validity and found that sub-scores of the instrument were moderately correlated.¹⁸ Only one of eight studies (13%) investigated the concurrent validity by comparing a shortened scale with the original instrument and reported modest intraclass correlation coefficients of 0.38–0.54.²¹

Discussion

This systematic review reports on 16 instruments used for the multidimensional assessment of 17,797 patients, regarding patient satisfaction after teleconsultation and triage for a health problem. The review identified four instruments with comprehensive information on their development and psychometric properties.^{18,20,28,31}

The selection of the most appropriate instrument will probably depend on the purpose of the instrument – whether

it is thought for routine assessments after a consultation, for periodic application as a quality control measure, or as a research instrument. For example, a 37-item instrument demonstrated good internal consistency and an indication of validity. However, the proportion of missing items was very large for some items; the test/retest reliability may have been limited, and the instrument had only two factors.¹⁸ This instrument may be selected for research purposes or for routine assessments, if multidimensionality is not the main focus of the evaluation. Another ten-item instrument, in contrast, showed four factors, good internal consistency, and construct validity (without evaluating the test/retest reliability).³¹ Due to its brevity and test evaluation results, this instrument may be suitable for most purposes. The most frequently used instrument (20 items) demonstrated high-item completion rates, a six-factorial structure, and construct validity. However, several subscales only had a very limited internal consistency.20 An alternative 22-item instrument with a six-factor structure also showed construct validity, with a questionable internal consistency of one subscale and without information on the item completion rates.²⁸ However, both instruments may be selected if the multidimensionality of patient satisfaction assessment is of the utmost importance.

As only seven instruments used a formal factor analysis to identify the relevant underlying constructs, we applied a pragmatic approach for attributing the content of the remaining nine instruments to a list of domains from a systematic review.³¹ This methodology confirmed the most frequently detected domains from the factor analysis ("communication," "overall satisfaction," and "management") and identified additional domains as relevant for users. These are: "perceived quality of the telephone advice;" "attitude of health professional;" "attitude of patient;" and "professional skills." Depending on their specific interests, the coverage of these domains may be an additional criterion for users to select any of those instruments.

Although most of the instruments had been developed over the last decade – a decade with an increased awareness for the need of methodological rigor in psychometric instrument development and testing⁴⁷ – many studies lacked details on the development process, had minimal information on the instruments' reliability, and only one-half of the instruments presented the validity of the existing scales. Factor structure, reliability, and validity were only reported for one-quarter of the instruments. No study evaluated the extent to which a score on the instrument predicts the associated outcome measures (predictive validity), which would allow conclusions about the patients' adherence to the recommendations or the health service use.¹⁴ The recruitment strategy and handling of nonresponders were comparable across the studies.

In his systematic review of patient satisfaction questionnaires for out-of-hours care in 2007, Garratt identified four instruments that reported some data on reliability and validity;^{20,21,27,28} all were included in this review.⁴ Garratt concluded that all of those studies had limitations regarding their development process and their evaluation of psychometric properties. Even though several years have passed, our review has to confirm these limitations. Despite extensive searching, we did not find any attempts to further modify, reevaluate, and improve the instruments with limited reliability or redundant items - except in one study. That study reduced a 38-item questionnaire²⁰ to a shorter version with only eight items.²¹ Six of the 16 instruments identified in this review were published in subsequent years.^{17,18,22,26,30,31} Of these, three instruments reported both methodological and psychometric data, two of which provide evidence of acceptable reliability and validity.^{18,31}

Measuring patient satisfaction after teleconsultation and triage is a challenging endeavor. The assessment needs to focus on the quality of the service without being contaminated by the actions of subsequent health care providers or the severity and the natural course of the health problem. For instance, timing the administration of the questionnaire can be crucial. In the review, the delivery of the questionnaire varied between immediate inquiries to a latency of up to 16 months postconsultation. There is conflicting evidence regarding to what degree the timing of administration may confound the measurement of patient satisfaction. Previous work suggests that a potential timing effect depends on the health status of patients and the initial problem they sought help for.¹⁰ Applied to our review, this would suggest that the optimal timing would be relatively shortly after the teleconsultation (ie, <1 week), as longer time intervals may increase memory problems for details of the teleconsultation, and the course of the medical problem may confound the perceived quality of the encounter.

Our review is based on a comprehensive literature search that included expert contacts and no language restrictions. Study selection, quality assessment, and data extraction with pretested forms – performed independently by two researchers – limited bias and transcription errors. Our ad hoc analysis of the instruments without formal factor analysis confirmed the domains identified in the studies with a formal factor analysis, but it identified other relevant domains with face validity. Our review was limited to instruments published in scientific journals. However, more instruments are likely to be in use. A recent survey among medical academic centers in the USA revealed a frequent use of internal instruments.⁴⁸ However, if these internal instruments had been thoroughly developed and formally evaluated, we assume they would have been published in a scientific journal.

If the measurement results are to be used for a comparison of different teleconsultation centers or of physicians within these centers or to demonstrate improvements in patient satisfaction over time, the instruments must undergo rigorous development and evaluation processes. Presently, this is the case for only a minority of these instruments. For example, the Patient-Reported Outcome Measurement Information System (PROMIS) instruments' development and psychometric scientific standards provide a set of criteria for the development and evaluation of psychometric tests.⁴⁹ Specifically, this includes reporting on the details of the development process, including the definition of the target concept and the conceptual model, the testing of reliability and validity parameters, and the reevaluations after potential refinements of the initial instrument. High-quality multidimensional assessment instruments should be consequently used in future trials to generate valid and comparable evidence of patient satisfaction with teleconsultation. This also includes a follow-up on patient satisfaction over time.

Conclusion

The status of appraisal of the instruments for measuring patient satisfaction after teleconsultation and triage – identified in the present systematic review – varies from comprehensive test evaluations to fragmentary and even missing data on factor structure, reliability, and validity. This review may serve as a starting point for selecting the instrument that best suits the intended purpose in terms of content and context. It offers pooled information and methodological advice to instrument developers with an interest in developing the long-needed assessment instrument.

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Supplementary material

Т	able	SI	Medline	search	algorithm
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				21.	Healthline, topic
				22.	Telecare, topic
				23.	Callcenter, topic
				24.	or\9–23
				25.	and\4, 8, 24

Abbreviation: MeSH, medical subject heading.

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