

Over the next 3-4 months she progressively worsened and became a non-walker with an obvious progression of kyphotic deformity in the upper back. MRI showed an increase in the size of abscess and cord compression. She was again empirically started on secondline treatment with injectable streptomycin and restart of AKT-4 drug. At this stage she was referred to us for further management. Based on worsening inspite of AKT, evidence of 'spine at risk'^[1] signs and significant cord compression on MRI [Figures 1-4], decision was made for decompression, instrumentation and deformity correction. On culture and sensitivity testing with the BACTEC-MGIT^[2] system she was found to be infected with extensively drug resistant (XDR) tuberculosis resistant to all first line drugs. The only drugs susceptible were Ethionamide, PAS and Clofazimine. She was started with PAS, Ethionamide, Clofazimine, Linezolid, Clarithromycin and Amoxicillin Clavulanate in order to include atleast four new sensitive drugs which were not used in the past.^[3-5] Within two weeks of surgery her neurology started improving progressively with the ability to walk with support. After completing 8 months of second line treatment, repeat MRI showed decrease in size of abscess and clinically she could walk without support.



Figure 1: Preoperative CT

De-novo XDR Tuberculosis Spine in a 3-year-old Girl

Sir,

We report the case of a 3-year-old girl who had been diagnosed with tuberculosis of the spine with paraparesis based on clinical and radiological signs. She had received empirical therapy with standard AKT-4 drug and steroids; which were tapered on completion of 2 months of intensive phase with signs of neurological and clinical improvement.

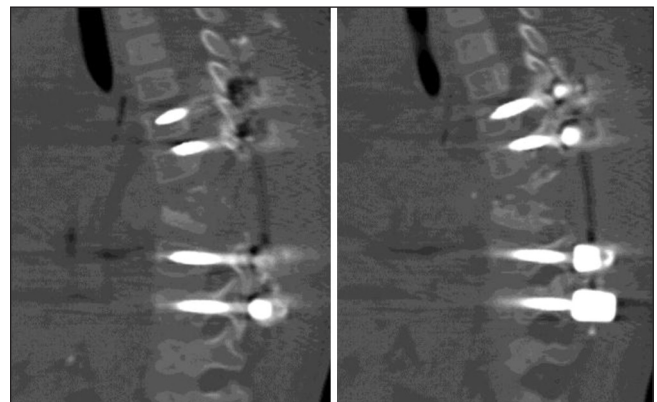


Figure 2: Postoperative CT showing kyphosis correction

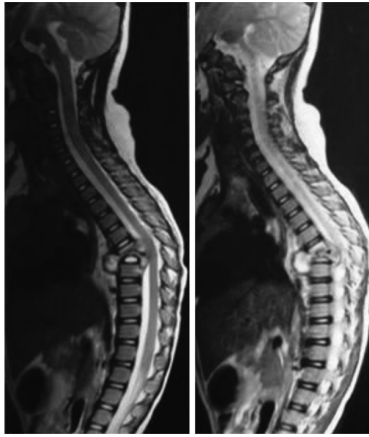


Figure 3: Initial MRI



Figure 4: Preoperative MRI (after 6 months empirical treatment)

The possibility of drug resistance, including XDR-TB must be considered in all cases of tuberculosis spine, even in de-novo pediatric cases. At present, in India, screening for drug resistance in spinal tuberculosis is not done routinely. It's mainly done in the patients not showing significant improvement with standard anti-tuberculous treatment. For early diagnosis of the drug resistance and institution of correct therapy, we recommend routine use of microbiologic diagnosis and culture. Our hospital for this purpose uses the BACTEC MGIT 960 system as per critical concentration method of WHO.

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