



# Ursolic acid and SARS-CoV-2 infection: a new horizon and perspective

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Received: 26 June 2022 / Accepted: 14 July 2022 / Published online: 3 August 2022  
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## Abstract

SARS-CoV-2 (severe acute respiratory syndrome coronavirus type 2) has been identified as the source of a world coronavirus pandemic in 2019. Covid-19 is considered a main respiratory disease-causing viral pneumonia and, in severe cases, leads to acute lung injury (ALI) and acute respiratory distress syndrome (ARDS). Although, extrapulmonary manifestations of Covid-19 like neurological, cardiovascular, and gastrointestinal have been confirmed. Exaggerated immune response and release of a high amount of pro-inflammatory cytokines may progress, causing a cytokine storm. Consequently, direct and indirect effects of SARS-CoV-2 infection can evolve into systemic complications due to the progression of hyper inflammation, oxidative stress and dysregulation of the renin-angiotensin system (RAS). Therefore, anti-inflammatory and antioxidant agents could be efficient in alleviating these disorders. Ursolic acid has anti-inflammatory, antioxidant, and antiviral effects; it reduces the release of pro-inflammatory cytokines, improves anti-inflammatory cytokines, and inhibits the production of reactive oxygen species (ROS). In virtue of its anti-inflammatory and antioxidant effects, ursolic acid may minimize SARS-CoV-2 infection-induced complications. Also, by regulating RAS and inflammatory signaling pathways, ursolic acid might effectively reduce the development of ALI in ARDS in Covid-19. In this state, this perspective discusses how ursolic acid can mitigate hyper inflammation and oxidative stress in Covid-19.

**Keywords** Acute lung injury · Antiviral · Covid-19 · Immunity · Oxidative stress · Pandemics

## Introduction

A new severe acute respiratory distress syndrome coronavirus type 2 had been documented as the response of a pandemic coronavirus disease 2019 (Covid-19) (Al-Kuraishy et al. 2021a, b, c, d, e). Covid-19 is considered a main respiratory disease-causing viral pneumonia and, in severe cases causes acute lung injury (ALI) and acute respiratory distress syndrome (ARDS) (Al-Kuraishy et al. 2021a, b, c, d, e). However, extrapulmonary manifestations of Covid-19 like neurological, cardiovascular, gastrointestinal, renal, and metabolic complications have been confirmed (Al-Kuraishy et al. 2021a, b, c, d, e). The clinical symptoms of Covid-19 may be asymptomatic in the preponderance of patients (Parasher 2021). Although, 15% of these cases can present with a severe form because of the development of ALI and ARDS that required hospitalization, intensive care admission and mechanical ventilation (Mehta et al. 2021; Schönfeld et al. 2021). The pathogenesis of the infection requires the binding of this virus to the angiotensin-converting enzyme 2 (ACE2), which is highly expressed in immune and non-immune cells (Woodby et al. 2021). The direct effects of SARS-CoV-2

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boost immune and inflammatory responses that disappear following viral clearance (Woodby et al. 2021). Nevertheless, exaggerated immunological response and discharge of a high amount of pro-inflammatory cytokines can progress in a number of cases causing cytokine storm (Lin et al. 2021). Consequently, direct, and indirect SARS-CoV-2-infection effects may cause systemic effects and the development of multi-organ injury (MOI) (Lin et al. 2021).

Different therapeutic herbal remedies have been tried and suggested in treating Covid-19 for example *Moringa oleifera*, *Cassia fistula*, *Justicia adhatoda* and *Agrimonia pilosa* (Tiwari Pandey et al. 2020; Attallah et al. 2021; Elekhawy and Negm 2022). Bobby Knight American basketball player and coach said, “The will to succeed is important, but more important is the will to prepare for success.” Therefore, searching a new remedy against SARS-CoV-2 is our goal. In the present perspective, we try to find the ursolic acid's probable mechanistic role in SARS-CoV-2 infection.

### Pharmacology of ursolic acid

Ursolic acid is a penta-cyclic triterpenoid (3 $\beta$ -3-hydroxy-12-ene-28-oic acid) with a 456.71 g/mol molecular mass and chemical formula of C<sub>30</sub>H<sub>48</sub>O<sub>3</sub> [Fig. 1] (López-Hortas et al. 2018). It is soluble in alcoholic hydroxide and acetic acid. It is biosynthesized from dammarenyl cation by cyclization and folding of squalene (López-Hortas et al. 2018). Ursolic acid is a natural product present mainly in *Salvia nemotosa* and *Uncaria tomentosa* as well as medicinal herbs, vegetables, and fruits [10]. Particularly, ursolic acid is mainly found in apple fruit peels, rosemary, lavender, and thyme (Cargnin and Gnoatto 2017).

### Pharmacodynamic and pharmacokinetic of ursolic acid

Ursolic acid has anti-inflammatory, lipid-lowering, antioxidant, and antiviral anticancer effects (Hussain et al. 2017). Ursolic acid acts by regulating mitochondrial function via suppression of nuclear factor kappa B (NF- $\kappa$ B)

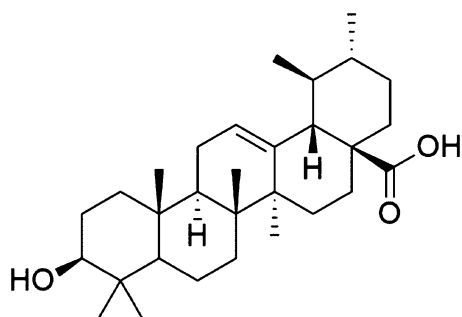


Fig. 1 Ursolic acid Chemical Structure

and stimulation of caspases activity as well as regulation of p53 and apoptotic pathways, therefore; it has anti-neoplastic activity (Hussain et al. 2017). Ursolic acid blocks the mechanistic target of rapamycin (mTOR) and mitogen-activated protein kinase (MAPK), by which inhibiting cell proliferation in malignant cells (Luo et al. 2017). Besides, ursolic acid inhibits the progression of the inflammatory response by blocking cyclooxygenase 2 (COX-2) activities (Zhang et al. 2020). In addition, ursolic acid improves insulin sensitivity by regulating insulin signaling and inflammatory and/or metabolic biomarkers in adipose tissue thus; it is effective as an anti-diabetic agent and in treating obesity-related complications (Ramirez-Rodriguez et al. 2017). Moreover, ursolic acid has been shown to improve exercise tolerance and reduce sarcopenia (Sakuma and Yamaguchi 2012). Therefore, ursolic acid effectively prevents skeletal muscle atrophy (Bakhtiari et al. 2016). Despite the significant cardio-protective effect of ursolic acid, it may increase the risk of plaque formation and some cardiovascular complications (Senthil et al. 2007).

The use of ursolic acid is associated with some adverse effects like vomiting, nausea, abdominal pain, skin rash, hematuria, and hypernatremia (Messner et al. 2011). Long-term use of ursolic acid is linked with the development of hepatotoxicity in a dose-dependent manner (Wang et al. 2013). Ursolic acid has notable anti-inflammatory, antioxidant, anti-carcinogenic, anti-obesity, anti-diabetic, cardioprotective, neuroprotective, hepatoprotective, anti-skeletal muscle atrophy, and thermogenic effects. It also mediates some pharmacological processes and modulates several signaling pathways to prevent the development of chronic diseases. The regulation of nuclear factor-kappa B (NF- $\kappa$ B) and apoptotic signaling in cancer cells, insulin signaling in adipose tissue, the expression of cardiac damage markers in the heart, inflammation and the level of antioxidants in the brain, metabolic signaling and the level of oxidants in the liver, and atrophy signaling and metabolic signaling in skeletal muscles may all play a role in how ursolic acid exerts these positive effects (Seo et al. 2018). Cancer, metabolic syndrome, brain disease, liver disease, and sarcopenia are just a few chronic diseases that ursolic acid is used to treat and prevent. Numerous studies have shown that ursolic acid enhances exercise capacity and has positive effects on muscle strength and cardiovascular endurance, suggesting that it may be effective as an exercise imitator (Seo et al. 2018).

Furthermore, ursolic acid interferes with the transport and metabolism of many drugs, including bosentan, enalapril, statins, valsartan, and lomatrigen, by inhibiting organic anion transporter IB and glucuronyl-transferase enzyme (Hua et al. 2014; Wang et al. 2015). The net broad-spectrum pharmacological effects of ursolic acid are illustrated in Table 1.

**Table 1** Pharmacological effects of ursolic acid

Effects	Mechanisms	References
Anticancer	Inhibition of NF- $\kappa$ B, MMP9, VEGF, ICAM and Bcl-2	Chen et al. (2015)
Anti-obesity	Decrease body weight, fat mass, leptin, and insulin resistance. Increase energy expenditure, adiponectin, adipocyte function	Kunkel et al. (2012); Li et al. (2014)
Anti-diabetic	Improves pancreatic $\beta$ -cell functions, increases expression of insulin and glycogen synthase kinase receptors improve GLUT4	Guzmán-Ávila et al. (2018)
Myocardial infarction and atherosclerosis	Inhibits expression of PCNA, DNA damage, expression of CK-MB, Increases antioxidant enzymes, neointimal formation	Li et al. (2018); Radhiga et al. (2019)
Parkinson disease	Increases dopamine, neuroprotective effect, inhibition of inflammation and oxidative stress improves mitochondrial biogenesis	Peshattwar et al.(2020)
Stroke	Decreases infarct size, improves neuronal functions, inhibits MMP9 and neuroinflammation, TLR4/NF- $\kappa$ B	Wang et al.(2018)
Liver fibrosis	Reduces ROS and increases Nrf2, HO-1, and Bcl-2/Bax ratio	Gan et al. (2018)
Fatty liver	Increases AMPK, GSK3 $\beta$ , cleavage of caspase 3, reduces mTOR pathway	Lin et al. (2018)

*NF- $\kappa$ B* nuclear factor kappa B, *MMP9* matrix metalloproteinase 9, *VEGF* vascular endothelial growth factor, *ICAM* intercellular adhesion molecule, *Bcl-2* B-cell lymphoma 2 genes, *PCNA* proliferating cell nuclear antigen, *TLR4* toll-like receptor 4, *ROS* reactive oxygen species, *Nrf2* nuclear erythroid factor 2, *HO-1* heme oxygenase 1, *AMPK* adenosine monophosphate protein kinase, *GSK3 $\beta$*  glycogen synthase 3 $\beta$ , *mTOR* mechanistic target of rapamycin

Ursolic acid is poor water-soluble with low bioavailability, it is absorbed from the intestine by passive diffusion and P glycoprotein transporter, and peak concentration occurs within one hour (Jinhua 2019). It is metabolized by the liver and excreted by the urine. Ursolic acid is a safe agent with minimal toxicity (Sun et al. 2020). However, Mishra et al. noted that prolonged ursolic acid use might be connected to the emergence of mild toxicity, and the pioneering investigations found that the toxic dose of ursolic acid in mice is greater than 2000 mg/kg (Mishra et al. 2021).

### Role of ursolic acid in Covid-19

Ursolic acid is regarded as a novel antiviral agent by inhibiting the replication and maturation of rotavirus particles in the endoplasmic reticulum (Tohmé et al. 2019). Yim et al. demonstrated that ursolic acid has potential antiviral effects by inhibiting the expression of the human papillomavirus *E6/E7* gene (Yim et al. 2006). It has been shown that ursolic acid was effective against chronic hepatitis C virus infection (Kong et al. 2013), human immune deficiency virus 1 (HIV-1) (Ma et al. 1998), herpes virus infection (Bag et al. 2012), human papilloma virus II (Kazakova et al. 2010) and against influenza H5N1 (Al-Kuraishy et al. 2021a, b, c, d, e).

These findings support ursolic acid's broad-spectrum antiviral properties, suggesting that it could be beneficial against SARS-CoV-2 infection. It has anti-inflammatory and antioxidant properties (Hussain et al. 2017). Ursolic acid may reduce inflammatory and oxidative stress disorders in SARS-CoV-2 infection (Al-Kuraishy et al. 2021a, b, c, d, e). Covid-19 may produce cytokine storm and accompanying problems such as ALI, ARDS, and MOI as

a result of oxidative stress and excessive pro-inflammatory cytokines (Al-Kuraishy et al. 2022).

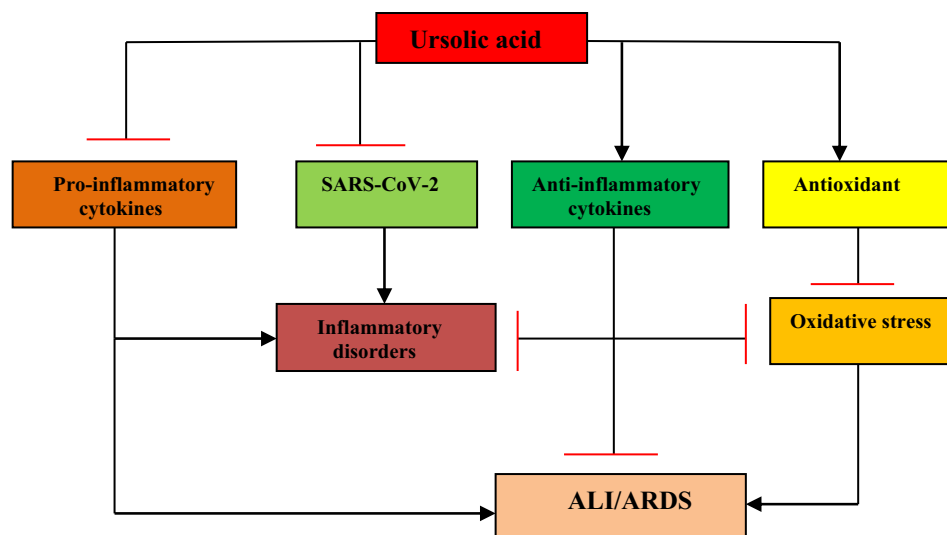
Ursolic acid inhibits LPS-induced ALI in mice by reducing IL-1, IL-6, tumor necrosis factor-alpha (TNF- $\alpha$ ), high mobility group box protein 1(HMGB1), and nitric oxide (NO) expression while activating anti-inflammatory cytokines (Chen et al. 2013). Yang and colleagues observed that ursolic acid can reduce heat-induced ALI by inhibiting endoplasmic reticulum stress in mice (Yang et al. 2021).

Ursolic acid can decrease ROS generation and the development of oxidative stress (Gayathri et al. 2009). Furthermore, ursolic acid inhibits NF- $\kappa$ B and the expression of TLR4, which can reduce the propagation of inflammatory reactions (Jang et al. 2014). TLR4/NF- $\kappa$ B axis is regarded as a master of immune response in SARS-CoV-2 infections linked with immune over-activation and pro-inflammatory cytokines production such as IL-1 $\beta$ , IL-6, and TNF- $\alpha$  (Saravanakumar et al. 2021). Therefore, through anti-inflammatory and antioxidant impacts, ursolic acid may decrease SARS-CoV-2 infection-induced inflammatory and oxidative stress disorders and associated ALI/ARDS.

Remarkably, ursolic acid has a potential effect on the SARS-CoV-2 infection by inhibiting viral protease (Shree et al. 2022). Besides, ursolic acid interferes with the binding of SARS-CoV-2 to ACE2 (Subbaiyan et al. 2020).

These observations imply that ursolic acid may be beneficial against Covid-19 by inhibiting SARS-CoV-2 proliferation and associated oxidative/inflammatory disorders [Fig. 2].

**Fig. 2** The probable role of ursolic acid in Covid-19: Ursolic acid inhibits release of pro-inflammatory cytokines as well as SARS-CoV-2 proliferation. Ursolic acid augments antioxidants and release of anti-inflammatory cytokines, which reduce oxidative stress and inflammatory disorders leading suppression development of ALI and ARDS



### Ursolic acid effects on the renin-angiotensin system (RAS) in Covid-19

In Covid-19, the renin-angiotensin system (RAS) is dysregulated due to the down-regulation of ACE2 by SARS-CoV-2 infection since it exploits ACE2 as an entry point to the host cells (Al-Kuraishy et al. 2020). ACE2 is involved in the metabolism of vasoconstrictor and pro-inflammatory angiotensin II (AngII) to vasodilator and anti-inflammatory Ang1-7 (Onohuean et al. 2021). Herein, exaggeration of AngII-induced inflammatory and oxidative stress was documented in patients with Covid-19 (Miesbach 2020).

Ursolic acid has potential effects on RAS; for example, it attenuates AngII-induced inflammatory changes in mice with experimental abdominal aortic aneurysm (Zhai et al. 2018). Shimada et al. found that ursolic acid had the ability to inhibit ACE (Shimada and Inagaki 2014) by, which can reduce the production of AngII and release of aldosterone, which have a bad impact on SARS-CoV-2 infection via triggering of oxidative stress and release of pro-inflammatory cytokines (Liaudet and Szabo 2020). Of interest, ACE inhibitors did not affect morbidity and mortality of Covid-19. Xie et al. review and meta-analysis involved 30 studies comprising 10,434 Covid-19 patients and found that ACE inhibitors improve clinical outcomes and reduce morbidity/mortality risk (Xie et al. 2021). In this state, long-term use of ACE inhibitors increases the expression of ACE2, which has a protective effect by neutralizing SARS-CoV-2 particles (Di Maro et al. 2021).

In a similar way, ursolic acid attenuates renal inflammation, fibrosis, and oxidative stress by inhibiting the expression of AngII type 1 receptor-associated protein and AT1R (Ma et al. 2019). Moreover, dysregulated RAS with high circulating AngII provoke immune-thrombosis and endothelial dysfunction (McGonagle et al. 2021). These changes

ultimately lead to pulmonary thrombosis and propagation of ALI/ARDS (Poor 2021). Remarkably, ursolic acid has anti-thrombotic effects by inhibiting platelet aggregation (Van den Berg and Te Velde 2020).

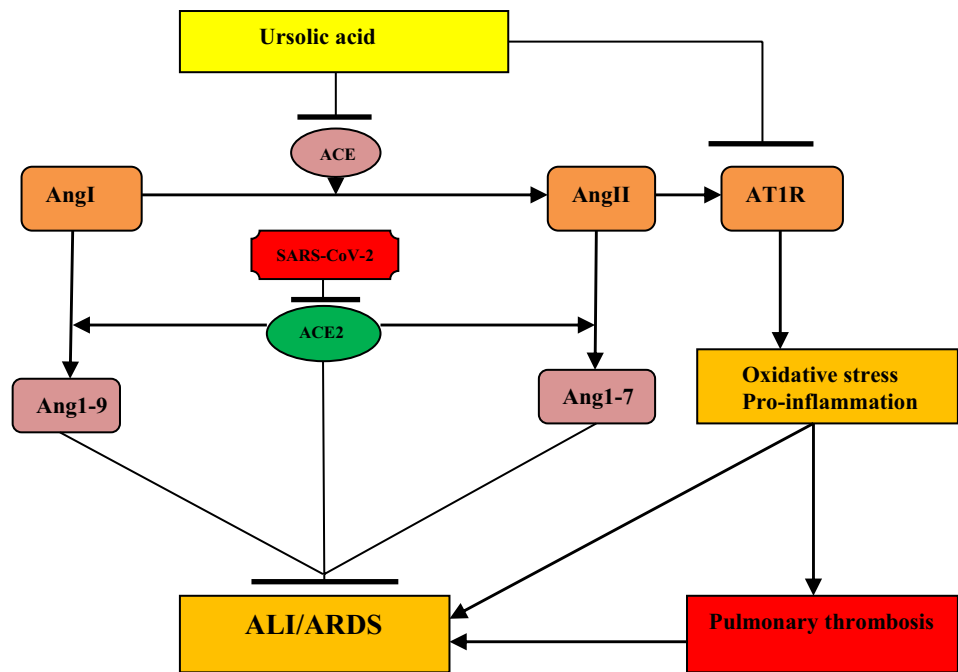
Thus, ursolic acid may be effective as a preventive and medical remedy in Covid-19 by inhibiting ACE, expressing protective ACE2, suppressing pro-inflammatory AT1R and attenuating Ang II-induced immune-thrombosis [Fig. 3].

### Implications of ursolic acid on inflammatory signaling pathways in Covid-19

Pathogenesis of Covid-19 is correlated to the stimulation of diverse signaling pathways, which trigger different inflammatory complications. One of these inflammatory signalings is nod-like receptor pyrin 3 (NLRP3) inflammasome, which was highly activated in Covid-19, resulting in the generation of cytokine storm and tissue injury (Van den Berg and Te Velde 2020). NLRP3 inflammasome activates cleavage of caspase-1 and secretion of damage-associated molecular patterns (DAMPs) and pro-inflammatory cytokines (Van den Berg and Te Velde 2020). It has been shown that ursolic acid inhibits chondrocyte injury and inflammation by blocking the NLRP3 inflammasome signaling pathway (Wang et al. 2020). Chen et al. observed that ursolic acid could reduce inflammatory changes progression in LPS-induced gastric tumors in mice by attenuating the NLRP3 inflammasome signaling pathway (Chen et al. 2020a, b).

Moreover, MAPK is activated in SARS-CoV-2 disease by direct stimulation or by downregulation of ACE2 (Grimes and Grimes 2020). Activated MAPK in Covid-19 leads to thrombosis, inflammation, and vasoconstriction (Grimes and Grimes 2020). Besides, the signal transducer and activator of the transcription 3 (STAT3) pathway which is involved in

**Fig. 3** The potential effects of ursolic acid on RAS in Covid-19. Angiotensin I (AngI) is converted by ACE to AngII which activates AT1R leading to the induction of oxidative stress and inflammation. Covid-19 down-regulates ACE2 causing the elevation in AngII with reduction of Ang1-7 and Ang1-9. Ursolic acid inhibits ACE with increasing expression of ACE2. These changes by ursolic acid decrease the risk of development of ALI and ARDS



the pathogenesis of SARS-CoV-2 is provoked in Covid-19 by pro-inflammatory cytokines (Jafarzadeh et al. 2021).

The activated STAT3 pathway encourages thrombosis, inflammation, and lung fibrosis with the development of lymphopenia (Jafarzadeh et al. 2021). Consequently, STAT3 inhibitors could be a probable treatment against Covid-19 pathogenesis and cytokine storm progression (Dhall et al. 2021). Certainly, SARS-CoV-2 infection stimulates PI3K/Akt pathway leading to inflammation and promoting viral pathogenesis (Khezri 2021). It was recently revealed that ursolic acid attenuated ALI in mice by inhibiting the expression of MAPK (Ma et al. 2014). Similarly, Liu et al. found that ursolic acid had the ability to block STAT3 pathway in hepatocellular carcinoma (Liu et al. 2017). Also, ursolic acid regulates apoptosis by regulating PI3K/Akt pathway in Huh-7 cell lines (Lee et al. 2018).

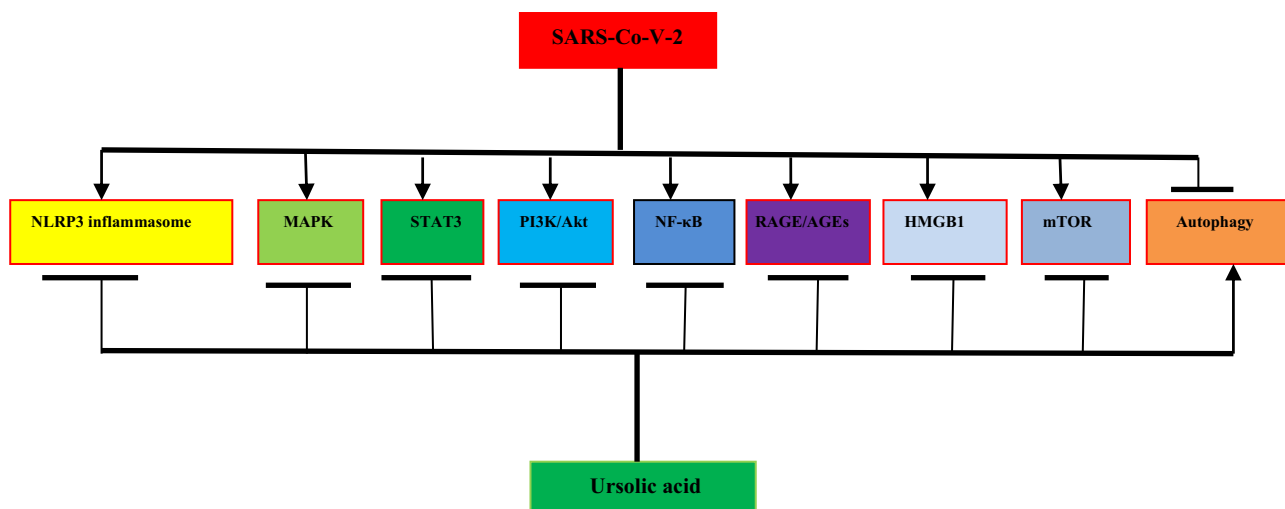
These findings suggest that ursolic acid might be effective against SARS-CoV-2 infection- provoked inflammatory changes by regulating MAPK, STAT3, and PI3K/Akt pathways.

Furthermore, NF-κB and IL-6 are extremely activated and associated with the production of cytokine storms in Covid-19 (Hojyo et al. 2020). In SARS-CoV-2 infection, viral PAMPs activate the release of IL-6 and reactivation of NF-κB in immune and non-immune cells, causing stimulation of immune response (Hojyo et al. 2020). IL-6 is regarded as a potent stimulator of STAT3 signaling pathway in Covid-19 (Al-Kuraishy et al. 2021a, b, c, d, e). Eventually, In Covid-19, activation of NF-κB and IL-6 promotes the advancement of the cytokine storm and the formation of MOI (Al-Kuraishy et al. 2021a, b, c, d, e). Of note, ursolic

acid inhibits NF-κB and the expression of TLR4 by which it can reduce the propagation of inflammatory reactions (Jang et al. 2014). Also, ursolic acid prevents endothelial dysfunction by inhibiting the expression of IL-6 and C-reactive protein (CRP) in endothelial cells (HepG2 cell lines) (Lv et al. 2012). Therefore, ursolic acid may decrease the severity of SARS-CoV-2 infection through manipulation of the NF-κB/IL-6 axis.

Indeed, advanced glycation end-products (AGEs) and their receptors (RAGE) are triggered in SARS-CoV-2 infection, causing hyper inflammation and oxidative stress (Roy et al. 2021). RAGE is a pro-inflammatory receptor of pattern recognition receptors (PRRs) superfamily expressed in pulmonary epithelial cells (Kerkeni and Gharbi 2020). RAGE is stimulated by different ligands like AGEs, high mobility group box-1 (HMGB-1) and S100 protein (Ramasamy et al. 2016). RAGE complex provokes MAPK and NF-κB pathways with the following release of pro-inflammatory cytokines in SARS-CoV-2 infection (Roy et al. 2021). Thus, RAGE inhibitors could be a novel treatment target for the prevention and reducing the progression of Covid-19. RAGE inhibitors like azeliragon and TTP488 prevent RAGE from interacting with many ligands including AGEs, HMGB-1 and S100 protein which are included in the pathogenesis of SARS-CoV-2 infection limiting pulmonary inflammation and ALI/ARDS that are observed in Covid-19 (Chiappalupi et al. 2021). In this state, ursolic acid had been shown to inhibit RAGE/AGEs in pregnant rats with gestational diabetes (Dai et al. 2021). In addition, ursolic acid mitigates inflammatory disorders in mice’s prefrontal cortex by inhibiting the RAGE/AGEs signaling pathway (Lu et al. 2010).





**Fig. 4** The potential effects of ursolic acid on inflammatory signaling pathways in Covid-19. SARS-CoV-2 infection activates nod-like receptor pyrin 3 (NLRP3) inflammasome, mitogen-activated protein kinase (MAPK), signal transducer and activator of transcription 3 (STAT3), phosphatidylinositol 3 kinase/Akt (PI3K/Akt),

nuclear factor kappa B (NF- $\kappa$ B), advanced glycation end-products (AGEs) and its receptors (RAGE), high mobility group protein 1 (HMGB1) and mechanistic target of rapamycin (mTOR) pathway with inhibition of autophagy. ursolic acid inhibits these inflammatory signaling pathways and activates autophagy

Furthermore, HMGB-1 plasma level was exaggerated in cases with severe Covid-19 and related to inflammatory biomarkers and ICU mortality after adjusting of confounding factors (Sivakorn et al. 2021). HMGB-1 is regarded as DAMPs and can trigger inflammation in SARS-CoV-2 infection via activation of TLR4 and RAGE, leading to the release of pro-inflammatory cytokines and the development of cytokine storm (Sivakorn et al. 2021). HMGB-1 inhibitors like glycyrrhizin, hydroxychloroquine and FPS-ZM1 can reduce Covid-19 severity (Chen et al. 2020a, b). Wang et al. demonstrated that ursolic acid reduces cerebral ischemic-reperfusion injury-induced inflammation by inhibiting HMGB-1 (Wang et al. 2018).

Therefore, ursolic acid might be of value in reducing SARS-CoV-2 infection complications mediated by activated RAGE/AGEs and HMGB-1.

Furthermore, autophagy and mechanistic target of the rapamycin (mTOR) pathway is linked with the pathogenesis of SARS-CoV-2 infection (Bello-Perez et al. 2020). As part of the immune defense mechanism, autophagy/macrophagy targets viral components for lysosomal degradation and starts exposure of PAMPs to augment viral recognition (Koepke et al. 2021). SARS-CoV-2 can evade and even block autophagy to boost its replication. SARS-CoV-2 proteins like ORF3a E, M and ORF7a can induce the accumulation of autophagosomes, while SARS-CoV-2 protein Nsp15 prevents the formation of autophagosomes (Koepke et al. 2021). The overall effect of SARS-CoV-2 is inhibition of the autophagic process by inhibiting fusion between lysosomes and autophagosomes with a reduction of lysosomal acidity.

Likewise, SARS-CoV-2 infection activates mTOR pathway by blocking autophagy leading to an increase expression release of pro-inflammatory cytokines, including IL-6, with the development of cytokine storm (Appelberg et al. 2020). Thus, mTOR inhibitors may also operate as a cytokine storm immunological regulator via modulation of the release of IL-6 (Appelberg et al. 2020). Therefore, these verdicts indicated that inhibition of autophagy and induction of mTOR pathway in SARS-CoV-2 infection might increase Covid-19 severity.

Ursolic acid has been demonstrated to cause cancer cell deaths by stimulating of autophagy process (Leng et al. 2013). In addition, ursolic acid regulates the autophagy process by regulating the mTOR signaling pathway (Lu et al. 2015). Thus, these verdicts suggest that ursolic acid modulation of autophagy and the mTOR pathway may mitigate SARS-CoV-2 infection-induced inflammatory ailments.

Taken together, ursolic acid could have beneficial effects in attenuating SARS-CoV-2 infection by reducing inflammatory signaling pathways, dysregulated RAS and associated complications like ALI and ARDS [Fig. 4].

The current perspective had many shortcomings, including a paucity of clinical studies, and most of our perspectives were speculative and proposed depending on previous experimental studies. Therefore, this perspective opens a new spectrum for using ursolic acid in Covid-19 management.

## Conclusions

The pathogenesis of SARS-CoV-2 infection requires binding to ACE2, which is highly expressed in immune and non-immune cells. Direct cytopathic impact of SARS-CoV-2 infection and related exaggerated immunoinflammatory/oxidative stress disorders lead to the development of ALI, ARDS and MOI. In virtue of its anti-inflammatory and antioxidant activity, ursolic acid can reduce SARS-CoV-2 infection-induced complications. Also, ursolic acid regulating RAS and inflammatory signaling pathways might effectively reduce ALI development in ARDS Covid-19. In this state, preclinical and clinical studies are required to substantiate the possible protective effect of ursolic acid in patients with Covid-19.

**Author contributions** The authors equally participated in the development of the manuscript and provided their final approval of all content and submission for publication.

**Funding** The authors have not disclosed any funding.

**Data availability** Not applicable.

## Declarations

**Conflict of interest** The authors declare no conflict of interest.

**Ethical approval** This article does not contain any studies with human participants or animals performed by any of the authors.

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