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Neural closed-loop deep brain stimulation for freezing of gait

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Dear Editor,

Freezing of gait (FOG) is a devastating symptom of Parkinson's disease (PD), affecting over half of the patient population [1] and negatively impacting mobility and patient quality of life. This symptom has been difficult to treat with dopaminergic medication, is associated with arrhythmic gait, and can become refractory over time [2]. Moreover, it is debated to what extent deep brain stimulation (DBS) provided in an open-loop manner (olDBS) can mitigate FOG [3].

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Declaration of competing interest

Dr. Bronte-Stewart is on a clinical advisory board for Medtronic PLC.

Appendix A. Supplementary data

Supplementary data to this article can be found online at <https://doi.org/10.1016/j.brs.2020.06.018>.

Neural closed-loop deep brain stimulation (cIDBS) has been demonstrated to alleviate the signs and symptoms of PD by adjusting stimulation in response to elevations in local field potential (LFP) beta band (13–30 Hz) power in the subthalamic nucleus (STN). Improvements in tremor and bradykinesia on cIDBS have been observed using beta power as the control variable in both single and dual threshold algorithms [4–6]. We have shown that STN oIDBS attenuated pathological beta fluctuations while improving FOG [7]. To date, no study has used similar closed-loop paradigms to reduce FOG. In this paper, we demonstrate preliminary evidence that cIDBS driven by STN beta band power was superior to conventional oIDBS in reducing the percent time freezing and arrhythmicity during a stepping in place (SIP) task.

One male participant (age: 63.2 years, off UPDRS-III: 55, disease duration: 5.1 years, akinetic-rigid subtype) with PD and FOG participated in the study. The participant was implanted with an investigative sensing neurostimulator (Medtronic Activa® PC + S, FDA IDE approved) and bilateral STN DBS leads (Medtronic model 3389). All procedures were approved by the Stanford University Institutional Review Board and the participant provided informed written consent.

The participant performed the SIP task [8] during four stimulation conditions in the following order: off DBS (OFF), on closed-loop DBS (cIDBS), on his clinical open-loop contacts and parameters used for therapy (oIDBS_{Clinical}), on open-loop DBS that matched the contacts and average parameters used in the cIDBS condition (oIDBS_{Matched}) (see Table S1 and Fig. 1 for the stimulation parameters). Both oIDBS conditions were included to directly compare cIDBS to the participant's clinical open-loop settings and a matched oIDBS condition. All testing was performed in the off-medication state (refrained for 12 hours for short- and 24/48 hours for long-acting dopaminergic medication). The cIDBS was modulated by the power of local field potentials contained in the beta frequency range [4]. The maximum voltage that provided clinical improvement without side effects (V_{Max}) in each STN was determined (left STN: 4.3 V, right STN: 4.5 V). The dual threshold control algorithm parameters were determined from beta band power during movement. This “movement band” beta power was measured during voltage titration SIP trials at 5 voltages between 0 and 100% of V_{Max} presented in random order (Figure S1). The “movement band” was set to ± 3 Hz around the peak frequency of elevated beta band power during SIP (15 Hz for both STNs) [7]. The upper and lower values of the dual threshold controller were set to the average beta power measured during the stepping in place task at the minimum voltage (V_{Min}) that showed improvement in stepping and freezing behavior (upper beta threshold) and at V_{Max} (lower beta threshold); V_{Min} was 25% of V_{Max} . Previously established ramp rates were used for both STNs [9] (0.1 V/0.4 s up, and 0.1 V/0.8 s down).

An automated algorithm detected freezing events when the participant's feet did not lift off the force plates [8]. FOG and freezing behavior were assessed using the percent time freezing and arrhythmicity (coefficient of variation (CV) of stride time), respectively. Total electrical energy delivered (TEED) and volume of tissue activated (VTA) was calculated for all stimulation conditions (see supplemental methods).

In the OFF-DBS condition the subject exhibited FOG at the start of the stepping task, was able to step for ~20 seconds and then experienced prolonged FOG as his repetitive stepping behavior deteriorated (i.e., loss of force modulation, Fig. 1A). While on oIDBS_{Clinical} and oIDBS_{Matched}, there was improvement in the duration of normal stepping but FOG episodes were still detected (Fig. 1B and C). During cIDBS, only a short start hesitation was detected at the beginning of the episode (Fig. 1D). The percent time freezing was 68.7% OFF DBS, 2.3% during oIDBS_{Clinical}, 23.5% during oIDBS_{Matched}, and 1.5% during cIDBS. SIP arrhythmicity was lower in all stimulation conditions compared to OFF (54.9% OFF, 18.2% oIDBS_{Clinical}, 27.4% oIDBS_{Matched}, 5.2% cIDBS, Fig. 1A–D). There was an increase in arrhythmicity after the first 25 seconds of the trial during both oIDBS_{Clinical} and oIDBS_{Matched}, but during cIDBS, stepping remained rhythmic (Fig. 1E). There was no difference in TEED between oIDBS_{Matched} and cIDBS, and the average TEED was 2% higher in cIDBS vs. oIDBS_{Clinical} (Table S2).

These findings, to the best of our knowledge, are the first to demonstrate that neural closed-loop DBS (cIDBS), using a dual threshold algorithm based on beta power determined by therapeutic voltage titrations, was superior to clinical open-loop DBS (oIDBS_{Clinical}), matched open-loop DBS (oIDBS_{Matched}), and no DBS (OFF) in reducing FOG in PD. Freezing behavior, manifesting as arrhythmic stepping and lack of maintaining a consistent rate of force/amplitude control during stepping (i.e., the “sequence effect” [10]), also improved more during cIDBS compared to oIDBS_{Clinical}, oIDBS_{Matched}, and OFF. Both oIDBS_{Clinical} and oIDBS_{Matched} resulted in a similar deterioration of stepping behavior despite a small increase in TEED and VTA during oIDBS_{Matched}. However, stepping behavior was maintained during cIDBS even though the TEED and VTA were nearly identical to oIDBS_{Matched}. These findings suggest that allowing the stimulation to adapt during the trial may allow the motor system to sustain or regain movement control, whereas continuous stimulation (with a similar or same amount of TEED and VTA) cannot prevent the “sequence effect” that contributes to arrhythmic gait and FOG [10] because it is not changing in response to fluctuating STN activity. Overall, these findings warrant further investigation into the use of cIDBS for improving FOG as well as other Parkinsonian symptoms. Future investigations should evaluate how much the stimulation needs to adapt to maintain a therapeutic effect while also minimizing the energy requirement.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

Acknowledgments

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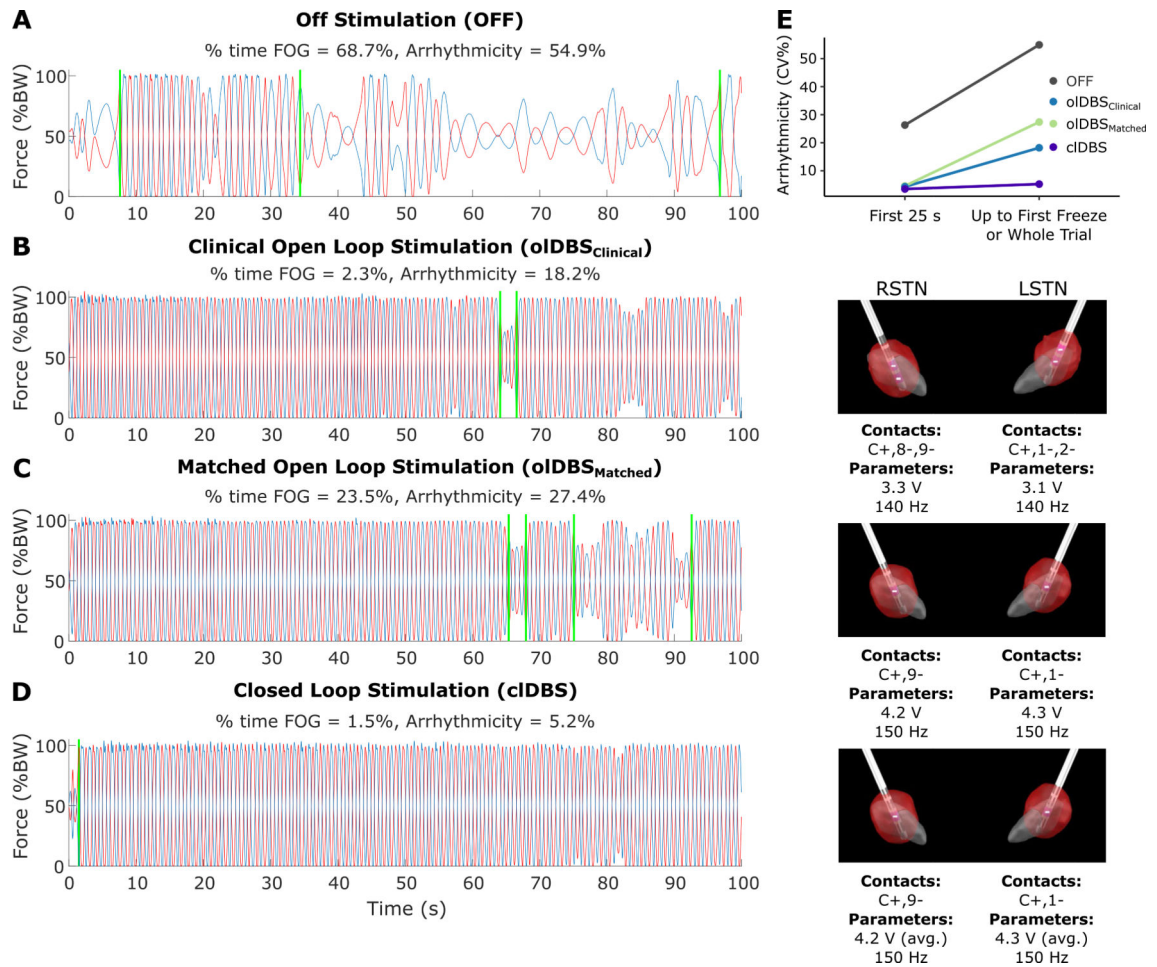


Fig. 1. Stepping in place vertical ground reaction forces for the participant (**A**) off stimulation, (**B**) on clinical open-loop stimulation, (**C**) on matched open-loop stimulation, and (**D**) on neural closed-loop stimulation. FOG events detected by automated algorithm [8] are indicated by the vertical green lines. Percent time freezing and arrhythmicity of the whole trial or up to the first freeze are presented above each condition. The volume of tissue activated from each STN is to the right of each condition in red with the stimulation parameters below. Although stimulation improved stepping in all conditions, closed-loop stimulation showed the lowest arrhythmicity and % time freezing. Arrhythmicity (**E**) of the first 25 seconds and up to the first freeze or whole trial (if there were no freezing events) are plotted for each condition. Arrhythmicity was overall higher off stimulation and continued to worsen later in the trial for all conditions except for closed-loop stimulation.