

1 **COVID-19 mRNA Vaccination in Lactation: Assessment of adverse events and**  
2 **vaccine related antibodies in mother-infant dyads**

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36 **Conflict of interest:**

37 The authors have declared that no conflict of interest exists.

38 **Abstract:**

39 **Background:** Data regarding adverse events observed in the lactating mother-infant  
40 dyad and their immune response to COVID-19 mRNA vaccination during lactation are  
41 needed to inform vaccination guidelines.

42 **Methods:** From a prospective cohort of 50 lactating individuals who received mRNA-  
43 based vaccines for COVID-19 (mRNA-1273 and BNT162b2), blood and milk samples  
44 were collected prior to first vaccination dose, immediately prior to 2nd dose, and 4-10  
45 weeks after 2nd dose. Symptoms in mother and infant were assessed by detailed  
46 questionnaires. Anti-SARS-CoV-2 antibody levels in blood and milk were measured by  
47 Pylon 3D automated immunoassay and ELISA. In addition, vaccine-related PEGylated  
48 proteins in milk were measured by ELISA. Blood samples were collected from a subset  
49 of infants whose mothers received the vaccine during lactation (4-15 weeks after  
50 mothers' 2nd dose).

51 **Results:** No severe maternal or infant adverse events were reported in this cohort. Two  
52 mothers and two infants were diagnosed with COVID-19 during the study period.  
53 PEGylated proteins, were not found at significant levels in milk after vaccination. After  
54 vaccination, levels of anti-SARS-CoV-2 IgG and IgM significantly increased in maternal  
55 plasma and there was significant transfer of anti-SARS-CoV-2-Receptor Binding  
56 Domain (anti-RBD) IgA and IgG antibodies to milk. Milk IgA levels after the 2nd dose  
57 were negatively associated with infant age. Anti-SARS-CoV-2 IgG antibodies were not  
58 detected in the plasma of infants whose mothers were vaccinated during lactation.

59 **Conclusions:** COVID-19 mRNA vaccines generate robust immune responses in  
60 plasma and milk of lactating individuals without severe adverse events reported.

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62

63 **Keywords:**

64 COVID-19, SARS-CoV-2, vaccine, lactation, immunity, antibodies, breastfeeding,  
65 human milk, mRNA vaccine, passive immunity, side effects

66

## 67 **Introduction:**

68 An important benefit of human milk is the presence of IgA and IgG antibodies that  
69 provide passive immunity to the infant (1,2). Anti-SARS-CoV-2 antibodies are present in  
70 milk from lactating women who were infected with SARS-CoV-2 (3,4) or who received  
71 COVID-19 mRNA vaccines (5–8). Specifically, high titers of anti-SARS-CoV-2 IgG were  
72 reported after vaccination (6). The function of these antibodies in protection of infants  
73 against COVID-19 is not fully understood. Recently, work has demonstrated that murine  
74 pups can transfer IgG antibodies from ingested milk to their bloodstream, via enteric Fc  
75 receptors (9); however, this phenomenon has not been demonstrated in humans. To  
76 better understand the function and distribution of human milk antibodies and infant  
77 immunization after maternal vaccination, we examined anti-SARS-CoV-2 antibody  
78 levels in infant blood and stool. In addition, information is lacking on the potential  
79 adverse effects of COVID-19 vaccination on lactating mothers and their infants, who  
80 were excluded from initial clinical trials of mRNA vaccination (10). Many breastfeeding  
81 individuals have concerns regarding the potential effects on their infant due to the lack  
82 of data, leading to delayed vaccination or early cessation of breastfeeding (11).

83 In this study, we examined blood and milk samples from lactating mothers who received  
84 a COVID-19 mRNA vaccine and their infants for the presence of anti- SARS-CoV2  
85 antibodies, presence of PEGylated protein vaccine products, and self-reported vaccine-  
86 related symptoms in order to address the gap of knowledge regarding vaccination  
87 efficacy and safety in this population.

88

## 89 **Methods:**

90 *Study approval and study population.* The institutional review board of the University of  
91 California San Francisco approved the study. Written, informed consent was obtained  
92 from all study volunteers in the COVID-19 Vaccine in Pregnancy and Lactation  
93 (COVIPAL) cohort study from December 2020 to June 2021. Eligible participants were  
94 actively lactating, planning to receive any COVID-19 vaccine, and willing to donate  
95 blood and/or milk samples.

96 *Clinical data collection.* Clinical data on vaccine side effects were collected through an  
97 online questionnaire that was sent to participants 21 days or more after each vaccine  
98 administration. Questionnaires were distributed using REDCap.

99 *Sample collection.* Maternal blood and milk samples were collected at three time points:  
100 1) up to 1 day before the 1st dose (pre-vaccine); 2) on the day of and prior to  
101 administration of the 2nd dose (after 1st dose); and between 4-10 weeks after the 2nd  
102 dose (after 2nd dose). In some cases, additional milk samples were collected up to 31  
103 days before the 1st dose, 24 hours after each dose, and weekly for up to 4 weeks after  
104 the 2nd dose. Infant blood was collected by heel stick by trained study staff at 5-15  
105 weeks after 2nd maternal vaccination.

106 *Milk processing.* Fresh human milk samples were self-collected by participants into  
107 sterile containers at several time points before, during, and after vaccination. Milk  
108 samples were either collected immediately by the study staff or frozen by mothers in  
109 their home freezer as soon as possible after pumping. Samples were kept on ice during  
110 transport from home to the lab for processing. Milk was aliquoted and stored in -80°C  
111 until analyzed.

112 *Measurement of SARS-CoV-2 specific IgM and IgG in plasma samples.* Whole blood  
113 was collected into tubes containing EDTA. Plasma was isolated from whole blood by  
114 centrifugation and immediately cryopreserved at -80°C until analysis. Anti-SARS-CoV-2  
115 plasma IgM and IgG antibodies were measured using the Pylon 3D automated  
116 immunoassay system(12) (ET Healthcare, Palo Alto, CA). In brief, quartz glass probes  
117 pre-coated with either affinity-purified goat anti-human IgM (IgM capture) or Protein G  
118 (IgG capture) were dipped into diluted plasma samples, washed, and then dipped into  
119 the assay reagent containing both biotinylated, recombinant spike protein receptor  
120 binding domain (RBD) and nucleocapsid protein (NP). After washing, the probes were  
121 incubated with Cy®5-streptavidin (Cy5-SA) polysaccharide conjugate reagent, allowing  
122 for cyclic amplification of the fluorescence signal. The background-corrected signal of  
123 SARS-CoV-2 specific antibodies was reported as relative fluorescent units (RFU). IgM  
124 and IgG measurements greater than 50 RFU were considered positive RFUs.

125 *Measurement of IgA and IgG by ELISA assay in milk.* After thawing, milk fat was  
126 separated by cold centrifugation (10,000g for 10 min, 4°C). Milk supernatant samples  
127 were diluted 1:2 in sample diluent buffer and were plated in duplicate on a 96-well plate  
128 containing S1 spike protein RBD (Ray-Biotech, GA, USA, IEQ-CoVS1RBD-IgG-1 and  
129 IEQ-CoVS1RBD-IgA-1). For monomeric IgA assays, samples were also plated in  
130 duplicate on a second 96-well plate coated with human albumin to account for non-  
131 specific binding. OD values for albumin were subtracted from the OD values for RBD.  
132 Each plate contained seven wells of serial dilutions (1:3) of a positive control from an  
133 inactivated serum sample which contains SARS-COV-2 S1 RBD protein human IgA  
134 antibody (provided with the kit) and one blank negative control. The mean absorbance  
135 of each sample was captured on an ELISA plate reader at 450 nm. Background values  
136 (blank negative control) were subtracted from the albumin and RBD plates. Standard  
137 controls were used to create a standard curve and determine the level of anti-RBD IgA  
138 and IgG in unit/ml.

139 *Measurement of Polyethylene Glycol (PEGylated) proteins in human milk by ELISA.*  
140 Milk supernatant was diluted 1:8 with the provided sample buffer and analyzed by  
141 PEGylated protein ELISA kit (Enzo, Farmingdale, NY, USA). Seven wells of each plate  
142 were loaded with serial dilutions (1:2) of mRNA-1273 or BNT162b2 to generate the  
143 standard curve for each vaccine (**Figure S1**). In addition, vaccines were inoculated into  
144 human milk samples at three different concentrations (33µl/ml, 3.3µl/ml and 0.33µl/ml)  
145 and were analyzed separately to ensure the ability of the kit to detect the vaccine  
146 PEGylated components in milk samples (**Figure S1**). Prism 9 (v 9.1.2) was used to  
147 interpolate PEGylated proteins concentration in the samples based on OD values, using  
148 a sigmoidal, four parameters logistic curve. Standard curve for mRNA-1273 or  
149 BNT162b2 were used to analyse participant milk samples based on the vaccine

150 received. Of note, the assay measures all types of PEGylated proteins (if present in the  
151 sample), and not only the vaccine PEGylated proteins.

152 *Statistics:* All data analyses were conducted using Stata statistical software (v14,  
153 College Station, TX). Descriptive statistics included frequencies for categorical  
154 variables, and means, standard deviations, medians, and ranges for continuous  
155 variables. Group differences in categorical variables were analyzed using Fisher's exact  
156 test, and group differences in continuous variables were analyzed using Mann-Whiney  
157 U tests. McNemar tests were used to evaluate differences in symptom frequencies after  
158 each vaccine dose. Spearman correlations was used to assess the magnitude of  
159 associations between continuous variables. Non-parametric tests were used to  
160 accommodate non-normal distributions and small group sizes.

161

162

## 163 **Results:**

164 ***Participant characteristics.*** During the study period, 50 participants answered all  
165 study questionnaires, provided blood and/or milk samples, had an infant up to 18  
166 months old and were included in this analysis. Two infants were diagnosed with COVID-  
167 19 during this study (**Table S1**, infant of participants 1 and 2). One mother reported that  
168 her infant had mild symptoms 1 week after the 2nd dose; this infant's vaccinated mother  
169 had a negative test at the time of the infant's positive PCR test. A second infant had  
170 positive plasma anti-SARS-CoV-2 IgG and IgA, despite the mother receiving the  
171 vaccine postpartum and reported no known prior COVID-19 infection. The mother's  
172 plasma was subsequently found to be positive to antibodies against SARS-CoV-2  
173 nucleocapsid protein, indicating a likely natural asymptomatic SARS-CoV-2 infection  
174 (further details in **Table S1**). Two mothers were positive for COVID-19 and are  
175 presented in **Table S1** (participants 2 and 3); they were excluded from further analysis  
176 of symptomatology. Cohort characteristics are presented in **Table 1**. Twenty-seven  
177 female participants (mean age 35.7 years ( $\pm$  3.9)) received the BNT162b2 vaccine  
178 (Pfizer, 56%), and 21 received the mRNA-1237 (Moderna, 44%). The mean infant age  
179 at mother's 1st dose was 5 months ( $\pm$  3.9). All mothers continued to feed their infants  
180 with milk at the time of the 2nd vaccination, and all except one continued up to the time  
181 of follow up sample collection (4-10 weeks after 2nd dose). There were no significant  
182 differences in maternal or infant characteristics by vaccine manufacturer.

183

184 ***Post vaccination symptoms.*** Self-reported symptoms after each vaccine dose are  
185 presented in **Table 2**. Fever, chills, headache, joint pain, muscle aches or body aches,  
186 and fatigue or tiredness were reported by significantly more participants after the 2nd  
187 dose than after the 1st dose (**Table 2**). All 21 participants (100%) who received the  
188 mRNA-1237 vaccine reported injection site symptoms, while only 21 (78%) of 27 BNT-  
189 162b2 recipients reported injection site symptoms ( $p=0.02$ ) (**Table 2**). Two mothers

190 reported slightly less milk production in the first 24-72 hours after vaccine doses (**Table**  
191 **2**). With respect to infant symptoms, 12% of mothers reported at least one symptom  
192 after the 1st maternal vaccine dose (primarily gastrointestinal symptoms and sleep  
193 changes), and none reported an infant symptom after the 2nd dose (**Table 3**). In  
194 summary, no severe adverse events (death, life threatening, hospitalization, disability)  
195 for mothers or nursing infants were reported in this cohort after vaccination, and  
196 reported symptoms resolved up to 72 hours after vaccination.

197 **PEG detection in human milk.** Polyethylene glycol (PEG) is present in the lipid  
198 nanoparticles of the mRNA-based vaccines, and was reported to cause allergic reaction  
199 after vaccination in rare cases (13,14). To address concerns about vaccine components  
200 passing to milk after vaccination, we performed ELISA assays to measure PEG-ylated  
201 proteins levels in milk after vaccination from 13 participants. PEG-ylated proteins were  
202 measured in milk samples collected before the vaccine, and at various time points post-  
203 vaccination (from 24 hours after 1st dose to 2 weeks after 2nd dose). Pre-vaccine PEG-  
204 ylated proteins concentration did not significantly differ from PEG-ylated proteins levels  
205 at any post-vaccine time point in either paired or unpaired comparisons (**Figure 1**).

206 **Anti-SARS-CoV-2 antibody levels in blood and milk samples after vaccination.** We  
207 analyzed blood and milk samples from lactating individuals for anti-SARS-CoV-2  
208 antibodies to measure immune response after vaccination. Maternal blood anti-SARS-  
209 CoV-2 IgM and IgG antibodies increased significantly after the 1st dose (**Figure 2**). Anti-  
210 SARS-CoV-2 IgM levels were not significantly higher 4-10 weeks after the 2nd dose  
211 compared to samples collected after dose 1 (on the day of the 2nd dose) (**Figure 2A**  
212 **and 2B**). In contrast, anti-SARS-CoV-2 IgG levels increased significantly after the 2nd  
213 dose (P value <0.0001) when compared to samples collected immediately prior to the  
214 2nd dose (**Figure 2C and 2D**). There was no significant difference in blood antibody  
215 levels between participants who received the mRNA-1237 compared to the BNT-162b2  
216 vaccine after dose 2 (determined by unpaired Mann-Whitney test).

217 We found significantly higher levels of IgA antibodies specific to SARS-CoV-2 RBD  
218 protein in human milk samples collected after the 1st dose of both BNT-162b2 and  
219 mRNA-1237 vaccines (**Figure 3A and 3B**). There was no significant increase in milk  
220 anti-RBD IgA after the 2nd vaccination as compared to after dose 1 (**Figure 3A and**  
221 **3B**). Twelve individuals (25%, BNT-162b2 n=7; mRNA-1237 n=5) did not have  
222 detectable levels of anti-RBD IgA after either the 1st or 2nd dose (infants age at 1st  
223 dose range 1-11 months). Milk anti-RBD IgG levels increased after the 1st dose of  
224 vaccine and increased further after the 2nd dose (**Figure 3C and 3D**). There were no  
225 significant differences in milk anti-RBD IgG levels between women who received BNT-  
226 162b2 (**Figure 3C**) and mRNA-1237 (**Figure 3D**). These findings suggest that mRNA  
227 vaccine results in a robust immune response leading to increased anti SARS-CoV-2  
228 antibody levels in blood, but also in milk during lactation.

229 **Correlations between antibody levels, participant characteristics, and symptoms.**  
230 In order to better understand the differences in antibody responses between individuals  
231 in our cohort, we performed multiple correlation tests to determine whether IgG and IgA  
232 antibodies levels correlated with timing of sample collection after vaccination (range 4-

233 10 weeks after 2nd dose), infant age at time of vaccination, or maternal BMI (**Table S2**).  
234 Milk IgA (but not IgG) levels declined significantly as the infant age at time of  
235 vaccination increased (**Figure 4A and 4B**). There was no significant correlation  
236 between IgG and IgA levels and either the length of time after 2nd dose or maternal BMI  
237 (**Table S2 and S3**). The levels of IgG and IgA antibodies induced in milk were  
238 significantly correlated after 1st dose (**Figure 4C**), but not after the 2nd dose (**Figure**  
239 **4D**). There was no correlation between the anti SARS-CoV-2 IgG levels in blood and  
240 milk after 1st dose (**Figure 4E**), but there was a positive correlation between levels at 4-  
241 10 weeks after 2nd dose (**Figure 4F**).

242 ***Plasma levels of anti-SARS-CoV-2 IgG are not detectable in infants after maternal***  
243 ***vaccination during lactation.*** Although maternal IgG antibodies have been shown in  
244 multiple studies to transfer to the infant *in utero*, there are little data to suggest that milk-  
245 derived antibodies are similarly transferred to the infant blood circulation during  
246 breastfeeding. To investigate whether passive immunity is conferred to the infant's  
247 blood after maternal vaccination during lactation, we analyzed infant blood samples  
248 from mothers who were vaccinated after delivery (n=8). Blood samples were collected  
249 from these 8 infants (4 male, 4 female) at 68 days to 1 year of age (**Table S4**). Plasma  
250 was tested for the presence of anti-SARS-CoV-2 IgG and IgM and anti-RBD IgA. We  
251 evaluated infant blood samples collected at time frame of 4-10 weeks after 2nd dose as  
252 this time point corresponded to high anti-SARS-CoV-2 IgG levels in mothers' blood and  
253 milk (**Figure 2 and 3**). No antibodies were detected in the blood of nursing infants born  
254 to mothers who were vaccinated postpartum (**Figure 5**), despite high IgG levels in  
255 maternal blood and milk. Infants born to mothers who received both doses of vaccine  
256 during pregnancy had detectable plasma anti-SARS-CoV-2 IgG levels at birth (15) and  
257 at follow-up (data not showed). None of the follow-up infant blood samples had  
258 detectable levels of anti-RBD IgA antibodies. These results demonstrate that  
259 vaccination during lactation induces anti-SARS-CoV-2 antibodies in human milk, but do  
260 not provides additional transfer of anti-SARS-CoV-2 antibodies to the infant blood, in  
261 contrast to vaccination during pregnancy.

262 Lastly, we also investigated whether ingested antibodies could survive passage through  
263 the infant gastrointestinal tract by testing infant stool for anti-SARS-CoV-2 antibodies  
264 after vaccination (**Figure S2**) in one mother-infant dyad. We found that IgG (but not IgA)  
265 was detected in infant stool samples and were correlated with maternal milk anti-SARS-  
266 CoV-2 IgG levels.

267

## 268 **Conclusion:**

269 Our study provides a detailed report on patient symptoms and antibody responses of  
270 the COVID-19 mRNA vaccines in lactating mothers. We found that the rates of reported  
271 symptoms were similar to the CDC report from the V-Safe registry(16) but higher than  
272 described in the clinical trials, although we do not have a non-lactating comparison  
273 group. Importantly, there were no significant side effects noted in the infants of mothers  
274 vaccinated during breastfeeding. Comparing the mRNA vaccines made by current  
275 manufacturers, we found that lactating individuals may experience more vaccine-related  
276 side effects after mRNA-1273 compared to BNT-162b2 vaccine; however, no  
277 differences in immune response were observed between those vaccines.

278 It has recently been shown in a few studies that vaccine mRNA is not present in  
279 milk samples after vaccination(17,18), or is only detected in very low levels in some  
280 cases(19), providing reassurance that risks of exposure to the breastfed infant are  
281 minimal. This study adds to the evidence that vaccine components are minimally  
282 transferred to human milk. We found no significant increase in milk PEG-ylated protein  
283 concentrations at various time points after vaccine administration in a subset of samples  
284 analyzed in our cohort. We did observe one sample with higher ratio of PEG-ylated  
285 proteins 24 hours post vaccination (**Figure 1**, patient 030). This sample had PEG-ylated  
286 protein levels equivalent to 2.8µl/ml vaccine. However, we cannot confirm that the  
287 increased PEG in this single sample was from the COVID-19 vaccine, as PEG exposure  
288 may also be from other sources, such laxatives or ibuprofen. There was no increase in  
289 protein PEG-ylation ratio after 2nd dose in the same individual, and no unusual  
290 symptoms were reported in either the mother or her infant. Larger studies are needed to  
291 increase our understanding of transfer of PEG into human milk, and potential effects  
292 after ingestion by the infant. Although expert consensus states there is minimal or no  
293 potential risk for the infant from maternal COVID-19 vaccination(20,21), the minor  
294 symptoms that were reported (sleep changes and gastrointestinal symptoms) could be  
295 further investigated in future studies to determine if they are related to vaccination. Our  
296 findings also suggest that administration of maternal mRNA-based vaccine during  
297 lactation did not lead to a detectable immune response in the infant blood, which further  
298 suggests that the vaccine or its downstream products (e.g. spike protein) is not  
299 transferred to the infant via milk and cannot trigger infant immune responses via that  
300 route.

301 We also demonstrate that COVID-19 mRNA vaccination induces significant  
302 increases in anti-SARS-CoV-2 IgM and IgG levels in lactating mothers' blood.  
303 Consistent with previous studies that showed IgM levels plateaued 28 days after  
304 COVID-19 infection (22), our results also demonstrated that dose 2 did not induce  
305 significantly higher levels of IgM than was observed after dose 1. In contrast,  
306 maternal blood IgG levels increased by 6-fold after the 2nd dose (compare to the levels  
307 after the 1st dose), highlighting the importance of the 2nd dose to boost the antibody  
308 response (23).

309 Due to the lack of data about vaccination during pregnancy, many pregnant  
310 individuals were initially denied access to, declined, or were recommended to delay  
311 vaccination until after pregnancy. As such, many mothers have waited until after



312 delivery to receive the vaccine. Although mothers vaccinated during lactation  
313 transferred antibodies to their infant through milk, which is an important component of  
314 mucosal immunity for the baby, there was no passive transfer of antibodies to the infant  
315 bloodstream, as occurs if the mother is vaccinated during pregnancy. Correlates of  
316 infant immune protection to COVID-19 are not yet well understood, however passive *in*  
317 *utero* transfer of IgG to the infant is important in the prevention of a number of infections  
318 including pertussis and influenza (24–26). Passively-transferred milk-derived IgA and  
319 IgG likely provide partial mucosal immune protection in infants, as breastfeeding is  
320 associated with lower risk of infections associated with mucosal defense, especially  
321 against respiratory infections (27–29).

322 Two nursing infants in our cohort were infected with COVID-19 during the study  
323 (one a week post maternal 2nd dose, and the second one between 1st and 2nd  
324 maternal vaccine), indicating that milk antibodies cannot fully protect against SARS-  
325 CoV-2 infection, especially at the time before full immune response is achieved in the  
326 vaccinated mother, typically 2-3 weeks after the booster dose (**Figure 2D**). Further  
327 studies are needed to determine the degree of protection conferred by IgA and IgG anti-  
328 SARS-CoV-2 antibodies that are present in milk. Interestingly, we demonstrated for the  
329 first time that anti-SARS-CoV-2 RBD IgG antibodies are detectable in stool samples  
330 collected 4 and 8 weeks post maternal vaccine (**Figure S2**), which suggests that milk-  
331 derived antibodies can persist in the infant gastrointestinal tract and provide protection  
332 against viral infection via the digestive system (30). Further studies evaluating the  
333 additive benefit of both transplacentally-derived maternal IgG, as well as milk-derived  
334 IgA and IgG are needed to determine protection against COVID-19 in early infancy. Our  
335 findings underscore the importance of determining the optimal timing of vaccine  
336 administration to confer maximal protection against COVID-19 in infancy.

337 Twenty-five percent of women in our cohort had no detectable levels of anti-RBD  
338 IgA in their milk after vaccination. Similar findings were reported in other studies (5,6),  
339 suggesting that production and transfer efficiency vary between individuals. Our  
340 analysis showed a negative correlation between infant age and milk anti-RBD IgA  
341 levels, which might explain some of the variation in milk IgA levels observed between  
342 different individuals. Ten out of the 12 participants who had no detectable anti-RBD IgA,  
343 had infants older than 5.5 months at the time of sample collection. The relationship  
344 between infant age, breastfeeding exclusivity, milk IgA antibodies, and optimal timing of  
345 vaccination during lactation remains to be studied in detail.

346 Strengths of our study include the prospective design and comprehensive  
347 symptom reporting by the vaccinated participants. We also report on longitudinal follow-  
348 up of infant immune responses, which has not been previously described. Furthermore,  
349 we included both BNT162b2 and mRNA-1273 vaccines and compared responses  
350 between the two vaccine manufacturers. Limitations include the small sample size, and  
351 that not all samples were able to be collected from all infant participants.

352 In summary, our study reports that no severe adverse events were noted in  
353 lactating individuals or their breastfeeding infants after COVID-19 mRNA vaccination.  
354 We demonstrated that human milk confers passive immunity to the infants, primarily  
355 through mucosal immunity in the gastrointestinal tract provided by IgA and IgG in milk.

356 These results are important evidence to aid in counseling lactating individuals on the  
357 safety and efficacy of the COVID-19 mRNA vaccines, and the potential benefits to both  
358 the mother and infant.

359 **Author contribution:**

360 YG designed the study, conducted experiments, acquired data, analyzed data, and was  
361 lead author of the manuscript. MP designed the study, conducted experiments, acquired  
362 data, analyzed data, assisted with editing and writing the manuscript. AC recruited  
363 participants, acquired data, and assisted with editing and writing the manuscript. CG  
364 analyzed data, conducted statistical analysis assisted with editing the manuscript.  
365 AHBW providing reagents and acquired data. UJ collected samples and conducted  
366 experiments. CYL recruited participants and collected samples. VJG, LW, SB, LL  
367 collected and process samples. EB collected and processed samples and assisted with  
368 editing the manuscript. IVA assisted with study and questionnaires design and editing  
369 and writing the manuscript. NA supervised the study and assisted in writing the  
370 manuscript. APM provided funding and assisted with editing the manuscript. SLG and  
371 VJF designed and supervised the study and assisted in writing the manuscript.

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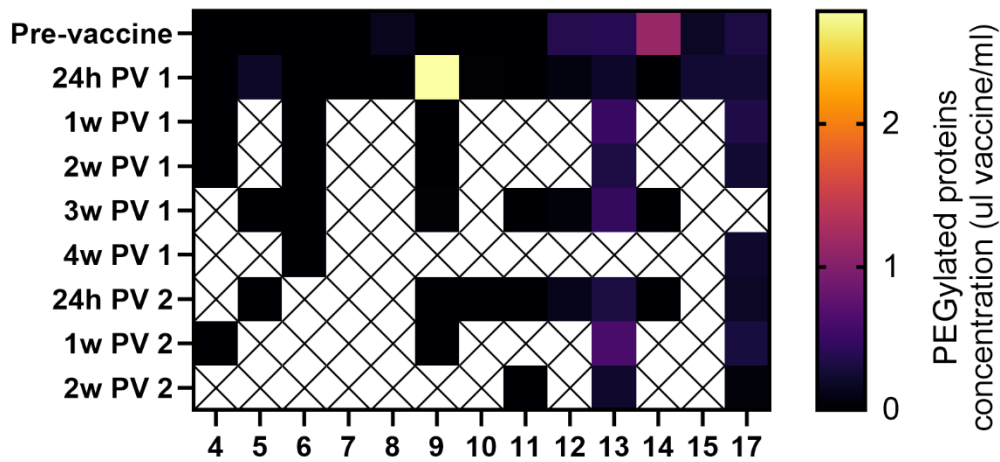
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496 **Figures:**

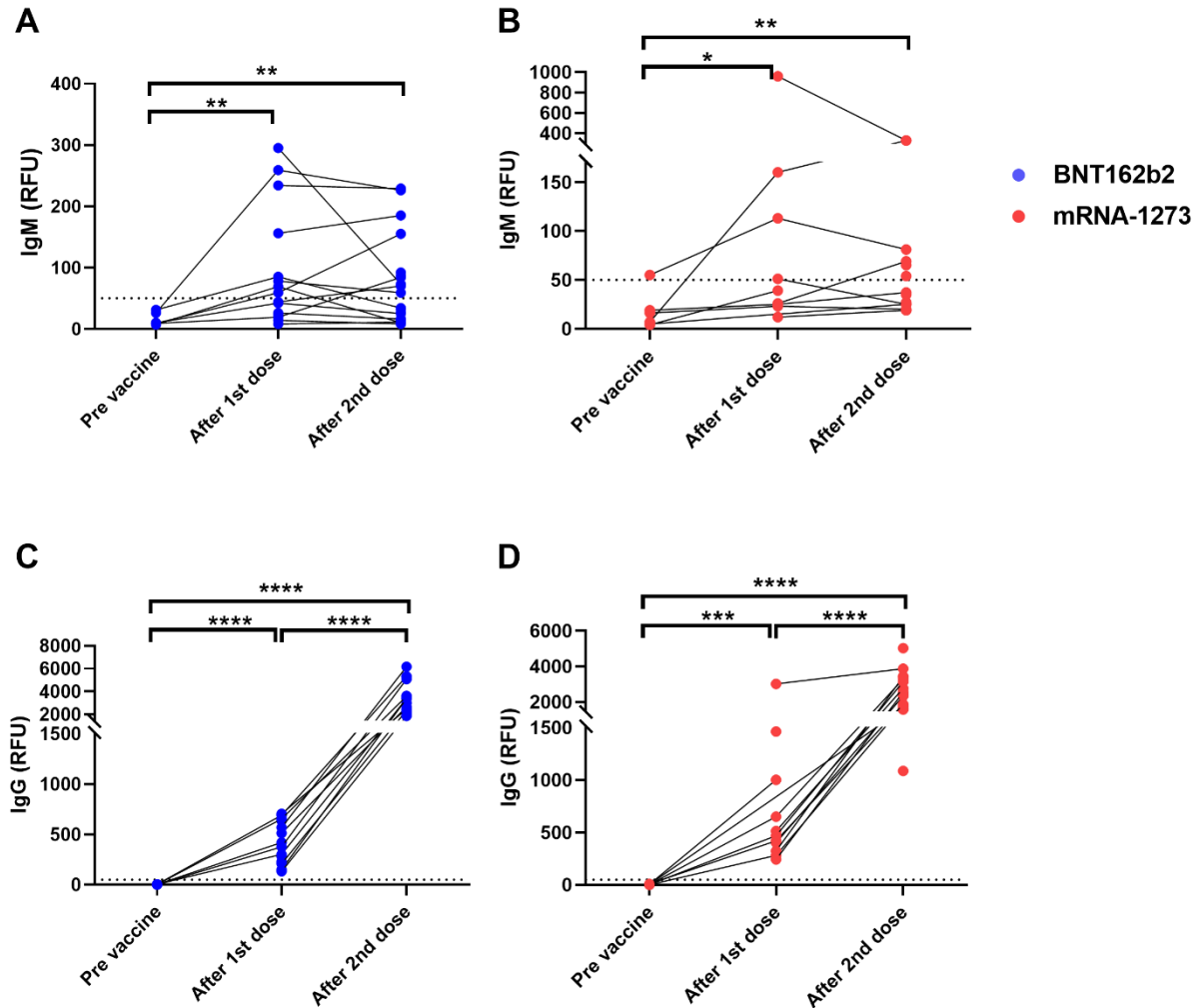


497

498 **Figure 1: Detection of vaccine PEG in human milk samples.** PEGylated protein  
499 concentration in each sample were interpolated based on vaccine standard curves  
500 (Figure S1). No significant differences were observed between samples collected at any  
501 of the post vaccine (PV) time points and the pre-vaccine samples (paired and unpaired  
502 two-tailed t-tests). Y axes represent time of sample collection, as hours (h) or weeks (w)  
503 Post vaccine 1 (PV 1), or Post vaccine 2 (PV 2).



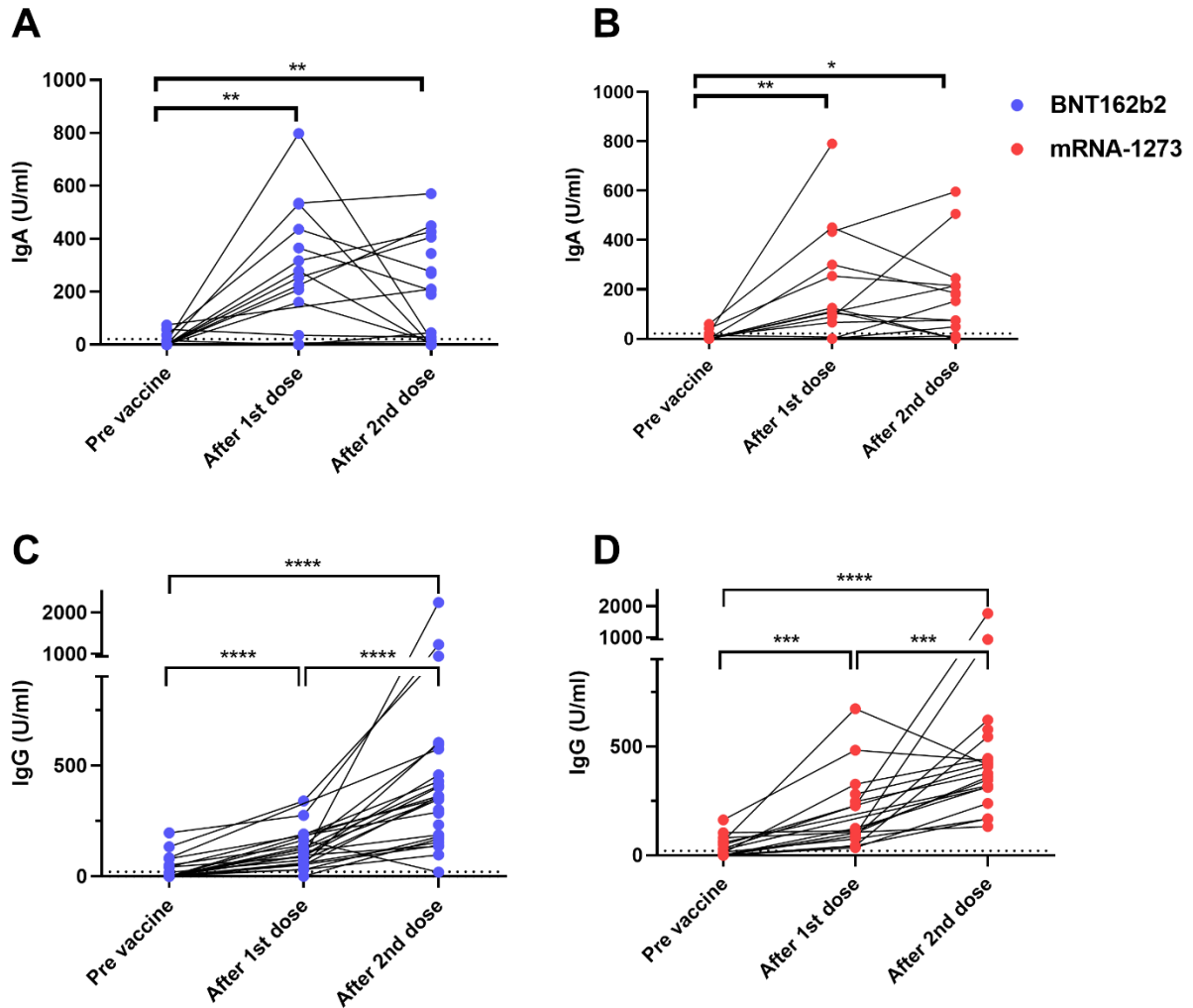
## Plasma anti-SARS-CoV2 antibodies



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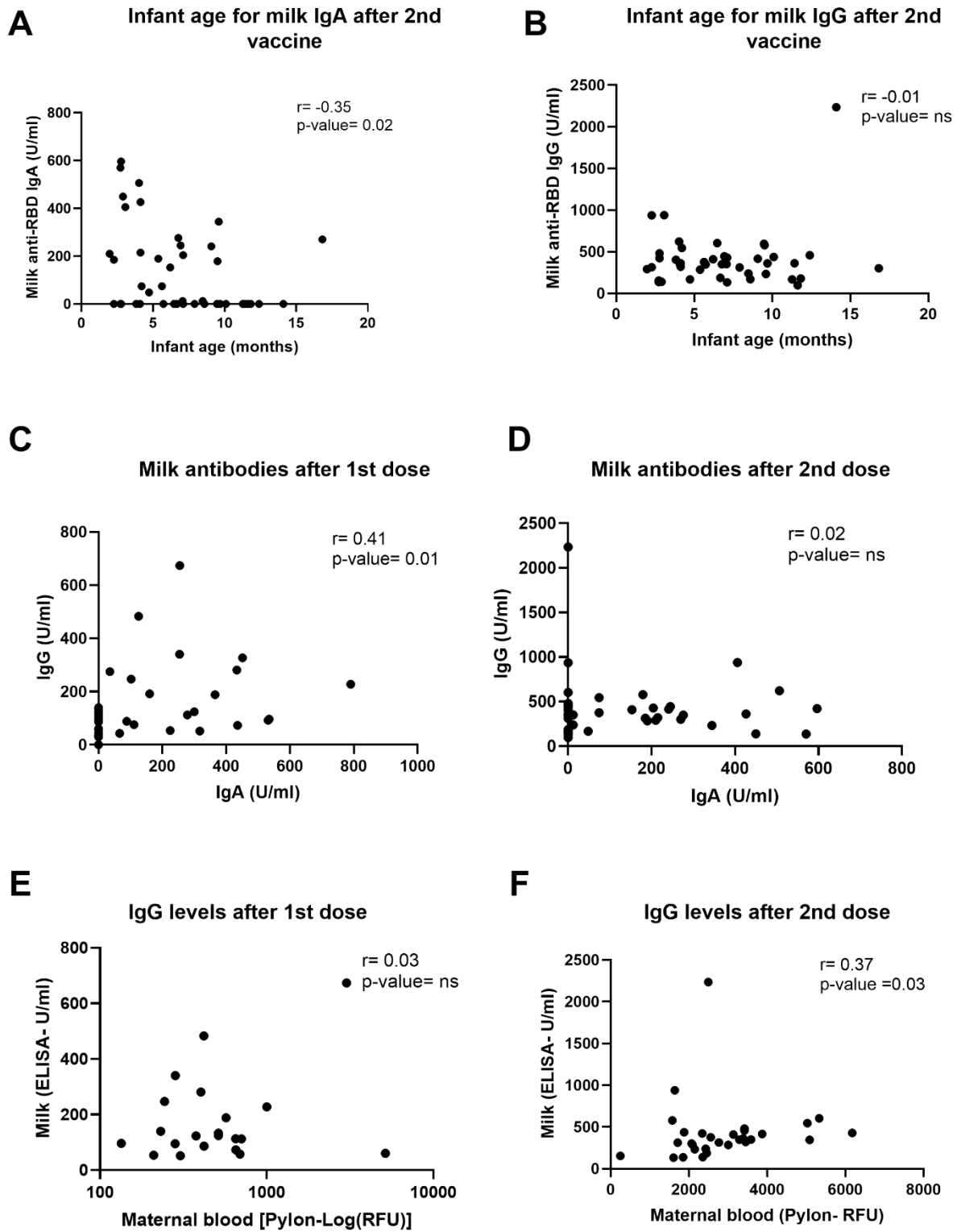
505 **Figure 2: Elevated levels of plasma anti-SARS-CoV2 antibodies in COVID-19**  
506 **mRNA vaccinated lactating individuals.** Anti-SARS-CoV2 IgM levels in plasma of  
507 lactating individuals receiving BNT-162b2 (n=19) (A) and mRNA-1273 (n=13) (B)  
508 COVID-19 vaccines (RFU- relative fluorescent units, dashed line represents positive  
509 cut-off >50 RFU). Anti-SARS-CoV2 IgG levels in plasma of lactating individuals  
510 receiving BNT-162b2 (C) and mRNA-1273 (D) COVID-19 vaccines. After 1st dose  
511 samples were collected on the day of the second vaccine, and after 2nd dose samples  
512 were collect 4-10 weeks post 2nd dose. Asterisks represent p-values: \*= p-value <0.05,  
513 \*\*= p-value <0.01, \*\*\*= <0.001, \*\*\*\*= <0.0001 as determined by unpaired Mann-Whitney  
514 test.

### Milk anti-RBD antibodies (ELISA)



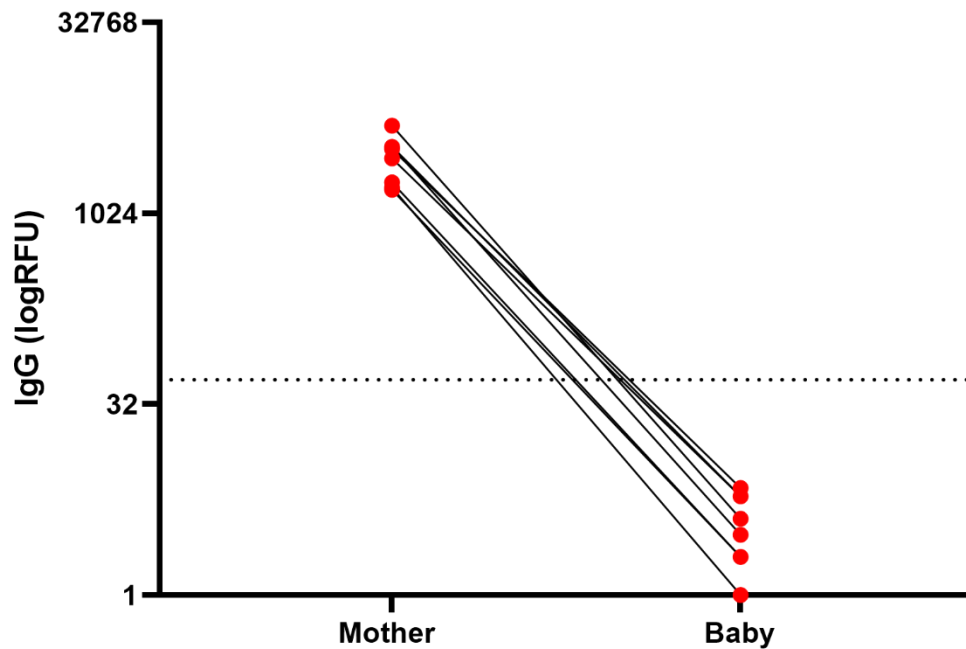
515  
516 **Figure 3: Elevated levels of milk anti-SARS-CoV2 IgA antibodies in COVID-19**  
517 **mRNA vaccinated lactating individuals.** Milk samples from individuals receiving BNT-  
518 162b2 (n=27) (A) and mRNA-1273 (n=21) (B) COVID-19 vaccines were analyzed for  
519 anti-SARS-CoV2 IgA antibodies using ELISA at various time points as indicated on the  
520 X axis. After 1st dose samples were collected on the day of the second vaccine, and  
521 after 2nd dose samples were collect 4-10 weeks post 2nd dose. Milk anti-SARS-CoV2  
522 IgG levels were measured using ELISA in milk samples from individuals receiving BNT-  
523 162b2 (n=27) (C) or mRNA-1273 (n=21) (D). Asterisks represent p-values: \* = p-value  
524 < 0.05, \*\* = p-value < 0.01, \*\*\* = < 0.001 as determined by unpaired Mann-Whitney test.  
525 Dashed line represents positive cut-off >21 U/ml.

526



527

528 **Figure 4: Correlations between milk antibodies, blood antibodies and infant age.** Two-  
529 tailed Spearman correlation was used to correlate milk IgA (A) and IgG (B) levels (Y axis) and  
530 infant age (X axis) 4-10 weeks after the 2nd dose administration (n=30). In addition, two-tailed  
531 Spearman correlation was used to correlate milk IgG (Y axis) and milk IgA levels (X axis) on the  
532 day of 2nd dose administration(C), 21-28 days after 1st dose (n=35) and and 4-10 weeks after  
533 2nd dose (D). We also tested correlation between milk (Y axis) and maternal plasma (X axis)  
534 IgG levels at day of 2nd dose (E) and 4-10 weeks after the 2nd dose administration (F) (n=30).  
535 Semi-partial correlations were used to assess relationships between variables while controlling  
536 for the effects of other relevant variables.



537

538 **Figure 5: Infants anti-SARS-CoV2 IgG levels after maternal vaccination during**  
539 **lactation.** IgG levels were measured in blood samples of infants and mothers 61 days  
540 to 1 year postpartum, 61-129 days after 1st maternal vaccine administration. Maternal  
541 and infant samples were collected in the same week (except in one case in which the  
542 maternal sample was collected 18 days prior to the infant sample). (RFU- relative  
543 fluorescent units, dashed line represents positive cut-off >50 RFU). Sample  
544 characteristics and individual antibodies levels are present in **Table S4**.

545

546 Tables:

547 **Table 1. Sample characteristics overall and by vaccine manufacturer**

Sample Characteristics	Full Cohort (n=48, 100%)	BNT162b2 (n=27, 56%)	mRNA-1237 (n=21, 44%)
<b>Maternal characteristics</b>			
Maternal age, years			
Median (min, max)	35 (27, 46)	35 (30, 45)	35 (27, 46)
Race/ethnicity, % (n)			
Asian	31% (15)	30% (8)	33% (7)
Black or African American	2% (1)	4% (1)	0% (0)
White/Caucasian	59% (28)	55% (15)	62% (13)
Other (Arab)	2% (1)	0% (0)	5% (1)
More than 1 race/ethnicity (White+Latina/Asian/Middle Eastern)	6% (3)	11% (3)	0% (0)
Highest level of education completed			
Some college	2% (1)	0% (0)	5% (1)
College graduate	17% (8)	19% (5)	14% (3)
Advanced degree	81% (39)	81% (22)	81% (17)
Work in health care?			
Yes, providing direct patient care	58% (28)	52% (14)	67% (14)
Yes, but not in direct patient care	19% (9)	15% (4)	24% (5)
No	23% (11)	33% (9)	9% (2)
Pre-Pregnancy Body Mass Index			
Median (min, max)	23.4 (19.1, 37.5)	23.4 (19.1, 35.9)	22.8 (19.6, 37.5)
Number of children			
1	40% (19)	41% (11)	38% (8)
2	46% (22)	41% (11)	52% (11)
3	12% (6)	15% (4)	10% (2)
4	2% (1)	3% (1)	0% (0)
Duration of most recent pregnancy, weeks			
Median (min, max)	39.0 (33.9, 41.1)	39.1 (33.9, 41.0)	39.0 (37.4, 41.1)
<b>Infant characteristics</b>			
Infant age at maternal 1st dose, months			
Median (min, max)	4.7 (0.1, 17.2)	4.8 (0.2, 15.2)	4.6 (0.1, 17.2)
Sex, % (n)			
Male	60% (29)	67% (18)	52% (11)
Female	40% (19)	33% (9)	48% (10)

Exclusively breastfeeding (and no solids)			
Yes	23% (11)	22% (6)	24% (5)
No	77% (37)	78% (21)	76% (16)
<b><i>Days after vaccine that symptoms were assessed</i></b>			
Dose 1			
Mean (SD)	78.7 (31.8)	78.3 (35.4)	79.2 (27.4)
Median (min, max)	81 (18, 154]	78 (18, 154)	86 (26, 117)
Dose 2			
Mean (SD)	59.6 (25.1)	62.6 (28.3)	55.8 (20.2)
Median (min, max)	58.5 (28, 133)	57 (29, 133)	60 (28, 89)

548 Note: None of the characteristics above differed significantly by vaccine manufacturer.

549 Abbreviations: Standard deviation (SD), minimum (min), maximum (max)

Table 2: Symptoms after each vaccine dose

Symptoms	Full Cohort:			After 1st dose			After 2nd dose		
	1st dose	2nd dose	P-value <sup>a</sup>	BNT162b2	mRNA-1237	p-value <sup>b</sup>	BNT162b2	mRNA-1237	p-value <sup>b</sup>
	n=48			n=27	n=21		n=27	n=21	
<b>Injection site symptoms, % (n)</b>									
Any injection site symptoms	88% (42)	88% (42)	>0.99	78% (21)	100% (21)	<b>0.02</b>	78% (21)	100% (21)	<b>.02</b>
Pain	88% (42)	85% (41)	0.71	78% (21)	100% (21)	<b>0.02</b>	78% (21)	95% (20)	0.12
Redness	4% (2)	10% (5)	0.08	0% (0)	10% (2)	0.19	4% (1)	19% (4)	0.15
Swelling	17% (8)	17% (8)	>0.99	7% (2)	29% (6)	0.12	11% (3)	24% (5)	0.27
Itching	4% (2)	4% (2)	>0.99	4% (1)	5% (1)	>.99	4% (1)	5% (1)	>.99
Rash around injection site	2% (1)	4% (2)	0.32	0% (0)	5% (1)	0.44	0% (0)	10% (2)	0.19
<b>Generalized symptoms, % (n)</b>									
Any general symptoms	48% (23)	92% (44)	<b>&lt;0.001</b>	44% (12)	52% (11)	0.77	85% (23)	100% (21)	0.12
Fever	12% (6)	62% (30)	<b>&lt;0.001</b>	19% (5)	5% (1)	0.21	52% (14)	76% (16)	0.13
Chills	8% (4)	48% (23)	<b>&lt;0.001</b>	11% (3)	5% (1)	0.62	37% (10)	62% (13)	0.14
Headache	21% (10)	67% (32)	<b>&lt;0.001</b>	11% (3)	33% (7)	0.08	56% (15)	81% (17)	0.07
Joint pain	8% (4)	31% (15)	<b>0.002</b>	7% (2)	10% (2)	>0.99	30% (8)	33% (7)	>0.99
Muscle/body aches	21% (10)	69% (33)	<b>&lt;0.001</b>	30% (8)	10% (2)	0.15	59% (16)	81% (17)	0.13



Fatigue or tiredness	44% (21)	81% (39)	<b>&lt;0.001</b>	41% (11)	48% (10)	0.77	67% (18)	100% (21)	<b>0.003</b>
Nausea	4% (2)	12% (6)	0.10	4% (1)	5% (1)	>0.99	7% (2)	19% (4)	0.38
Vomiting	0% (0)	0% (0)	---	0% (0)	0% (0)	---	0% (0)	0% (0)	----
Diarrhea	4% (2)	4% (2)	>0.99	4% (1)	5% (1)	>0.99	0% (0)	10% (2)	0.19
Abdominal pain	2% (1)	0% (0)	0.32	0% (0)	5% (1)	0.44	0% (0)	0% (0)	----
Rash not near injection site	0% (0)	0% (0)	---	0% (0)	0% (0)	---	0% (0)	0% (0)	----
Lump/swelling in breast (same side as injection)	0% (0)	2% (1)	0.32	0% (0)	0% (0)	---	4% (1)	0% (0)	>0.99
Lump/swelling in breast (opposite side as injection)	0% (0)	0% (0)	---	0% (0)	0% (0)	---	0% (0)	0% (0)	----
Mastitis	2% (1)	0% (0)	0.32	0% (0)	5% (1)	0.44	0% (0)	0% (0)	----
Decrease in milk supply	2% (1)	2% (1)	>0.99	0% (0)	5% (1)	0.44	0% (0)	5% (1)	0.44

551 <sup>a</sup> McNemar's test; <sup>b</sup> Fisher's Exact test

552

553 **Table 3. Infant symptoms reported after maternal vaccination (write-in only)**

INFANT SYMPTOMS	% (n)	Vaccine
After 1st vaccine dose		
None / no changes / blank	88% (42)	
<i>"My baby seemed a little tired."</i>	2% (1)	BNT162b2
<i>"He started pooping a lot! And it was more sour smelling diarrhea like poops. I don't know if there is any correlation"</i>	2% (1)	BNT162b2
<i>"It could have been a fluke, but both my infant and I slept through the night for the first time the night after I received the 1st dose of the vaccine."</i>	2% (1)	BNT162b2
<i>"He had some diaper rash, but likely unrelated"</i>	2% (1)	BNT162b2
<i>"Rash on the face / worsening of baby acne"</i>	2% (1)	mRNA-1237
<i>"Disrupted sleep, waking at night when he usually doesn't. More fussy than normal."</i>	2% (1)	mRNA-1237
After 2nd vaccine dose		
None / no changes / blank	100% (48)	

554

555