### LAB/IN VITRO RESEARCH

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Received Accepted Published	2018.04.18 2018.05.18 2018.09.27	-	Silence of $\alpha$ 1-Antitrypsi Proliferation of Triple No Cells	n Inhibits Migration and egative Breast Cancer			
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Background: Material/Methods: Results: Conclusions:		ground: Nethods: Results:	$\alpha$ 1-antitrypsin ( $\alpha$ 1-AT) is highly expressed in many tumors. However, to the best of our knowledge, its relation- ship to triple negative breast cancer (TNBC) has not yet been studied. Thus, in this research we first explored the influence of $\alpha$ 1-AT silencing on the abilities of migration and invasion, and then further study its molecu- lar mechanism in TNBC cells. The viability of MDA-MB-231 cells were detected using cell counting kit-8 (CCK-8). The abilities of migration and invasion were examined by Transwell assay. The metastasis-related factors were tested respectively by quantitative real-time PCR (qRT-PCR) and western blot assays. Our study results showed that $\alpha$ 1-AT level in TNBC tissues was higher than non-triple negative breast cancer (n-TNBC) and adjacent normal breast tissues. The high expression of $\alpha$ 1-AT was linked to type of cancer, tumor size, TNM stage and metastasis, but was not correlated with $\alpha$ 1-AT expression and age. si- $\alpha$ 1-AT suppressed the viability, migration, and invasion of cells. While si- $\alpha$ 1-AT upregulated E-cadherin and the tissue inhibitor of metalloproteinases-2 (TIMP-2) levels, it downregulated metastasis associated 1 (MTA1), matrix metallopep- tidase 2 (MMP2), phosphorylated-mammalian target of rapamycin (p-mTOR), phosphorylated-protein kinase B (p-Akt), and phosphorylated-phosphatidylinositol 3 kinase (p-PI3K) levels. We also found that the PI3K/Akt/ mTOR pathway activator reversed the role of si- $\alpha$ 1-AT in metastasis-related factors. $\alpha$ 1-AT was highly expressed in TNBC tissues, and its silencing suppressed the abilities of migration and inva- sion in TNBC cells and downregulated the PI3K/Akt/mTOR pathway. Thus, $\alpha$ 1-AT may have a potential thera- peutic effect on TNBC.				
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#### Background

For decades, breast cancer has had the highest incidence rate for malignant tumors in women [1]. The estimated number of newly diagnosed cases and estimated deaths in China account for 12.2% and 9.6% of the world cases, respectively. Breast cancer seriously affects the physical and mental health of women [2,3]. Triple negative breast cancer (TNBC) is a special subtype of breast cancer and is called TNBC for its negative results on tests for estrogen receptor (ER), progesterone receptor (PR), and human epidermal growth factor receptor-2 (HER-2). Noticeably, TNBC accounts for about 10% to 20% of the total number of breast cancer cases [4]. Increasing attention has been paid to TNBC for some of its characteristics such as early onset, high degree of malignancy, high recurrence rate, early metastasis, and poor prognosis [5]. In the early diagnosis of TNBC, the results of physical examination and imaging studies are often not satisfactory [6]. Therefore, a majority of patients with TNBC are diagnosed in the middle or late stages, which means that the best time for radical surgery is missed [5]. Currently, the main treatment for TNBC is chemotherapy and radiotherapy [7]. Compared with other types of breast cancer, TNBC has a higher sensitivity to chemotherapy and radiotherapy. Thus, the prognosis will remain poor if a patient merely receives conventional standard treatment [8]. For a better treatment of TNBC, we must seek new targets for anti-cancer treatment.

 $\alpha$ 1-antitrypsin ( $\alpha$ 1-AT), a member of the serine protease inhibitor superfamily, acts as a glycoprotein that is secreted by hepatocytes, monocytes, and various tumor cells [9].  $\alpha$ 1-AT is located on chromosome 14, and the 70 allele regulates its synthesis [10]. Researchers found that  $\alpha$ 1-AT is involved in important physiological processes of blood coagulation and complement activation, and it has a vital role in regulating the body growth and cytotoxic effects of lymphocytes [11]. A number of studies have found that  $\alpha$ 1-AT is expressed in many tumors [12,13], for example, researchers have reported that the serum levels of a1-AT in pancreatic cancer patients are significantly higher than in normal control patients [14]. Studies also indicated that the risk of lung cancer increases in patients with anti- $\alpha$ 1-AT allele deficiency [15]. However, to the best of our knowledge, no research has studied the relationship between  $\alpha$ 1-AT and TNBC.

Invasion and migration of tumor cells are the leading cause of poor prognosis and can cause death of patients who are diagnosed with breast cancer; meanwhile, invasion and migration of tumors are difficult to overcome in the clinic [16,17]. To explore the internal mechanism of breast cancer invasion and migration, finding, and even reversing, the biological target of invasion and migration have therefore become an urgent problem to be tackled in the clinic. Recent studies have shown that the PI3K/Akt/mTOR pathway plays a vital role in the process of tumor cell proliferation, angiogenesis, invasion, and metastasis, as well as radiotherapy and chemotherapy antagonism, and that it is frequently activated in breast cancers [18,19]. A previous study documented that PIK3CA was the most common mutated gene in TNBC [20]. The inhibition of the PI3K/Akt pathway potentiates the sensitivity of TNBC to EGFR kinase inhibitors [21]. Therefore, it can be concluded that the PI3K/Akt pathway may be a promising target in the treatment of TNBC. However, the effect of  $\alpha$ 1-AT on the PI3K/ Akt pathway in TNBC is unclear.

In this study, we explored the relationship between  $\alpha$ 1-AT expression and TNBC, non-TNBC (n-TNBC), and adjacent normal breast tissues from breast cancer patients. Moreover, we assessed the influence of  $\alpha$ 1-AT silencing on the abilities of migration and invasion in TNBC cells, and we studied the PI3K/ Akt/mTOR pathway.

#### **Material and Methods**

#### **Tissue source**

The TNBC, n-TNBC, and adjacent normal breast tissues were obtained from 50 breast cancer patients who receive their treatments at the Second Affiliate Hospital of Kunming Medical University from 2010 to 2015. Normal breast tissue was adjacent to TNBC or n-TNBC tissues. The breast cancer tissue and normal breast tissue were sorted under the microscope. The patients signed informed protocols and agreed that their tissues would be used for research purposes. This project was reviewed by the Ethics Committee of the Second Affiliate Hospital of Kunming Medical University.

#### **Cell culture**

Normal human breast cell line Hs 578Bst, human breast cancer cell line SKBR3, ZR-75-30 and T47D, and human TNBC cell line MDA-MB-231 were purchased from Procell Biotechnology Co., Ltd. (Wuhan, China). Hs 578Bst cells were inoculated in a complete Dulbecco's Modified Eagle Medium (DMEM; Huayueyang, Beijing, China) that contained 10% fetal bovine serum (FBS; MRC, Jiangsu, China) and a mixture of streptomycin and streptomycin (Solarbio, Beijing, China) in a 37°C humidified incubator (HWS-2000; Safu, Ningbo, China), with 5%  $CO_2$ . SKBR3, MDA-MB-231, ZR-75-30 and T47D cells were inoculated in Roswell Park Memorial Institute-1640 (RPMI-1640, Huayueyang, Beijing, China) that was supplemented with 10% FBS, and a mixture of streptomycin and streptomycin in 37°C humidified incubator with 5%  $CO_2$ .



Figure 1. si-α1-AT repressed the viability of MDA-MB-231 cells. (A) qRT-PCR was used to measure the mRNA level of α1-AT in normal human breast cell line Hs 578Bst, human breast cancer cell line SKBR3, ZR-75-30 and T47D, and human TNBC cell line MDA-MB-231. \* P<0.05; \*\* P<0.01; \*\*\* P<0.001 vs. Hs 578Bst cells. (B) qRT-PCR was performed to assess mRNA level of α1-AT in MDA-MB-231 cells that were transfected with 0.1% PBS (control), α1-AT-siRNA (si-α1-AT), and unspecific scrambled siRNA (NC) plasmids. (C) Western blot was used to measure the protein level of α1-AT. β-actin was used as the control. The gray value was detected and counted by quality one. (D) CCK-8 was performed to measure the cell viability at 12, 24, 48, and 60 hours. \* P<0.05; \*\* P<0.01; \*\*\* P<0.001, vs. NC.</p>

#### Cell transfection and grouping

α1-AT-siRNA and unspecific scrambled siRNA plasmids were purchased from Genewiz Biotechnology Co., Ltd (Suzhou, China). MDA-MB-231 cells were transfected with plasmids at 50% to 60% confluence by lipofectamine<sup>™</sup> 2000 transfection reagent (Thermo, Beijing, China). The unspecific scrambled siRNA was considered the negative control (NC). After transfection, cells were prepared for later research. The first half of the experiment was divided into 3 groups: the control (0.1% PBS) group, the NC (unspecific scrambled siRNA plasmid) group, and the si-α1-AT (α1-AT-siRNA plasmid) group. The second half was divided into 3 groups: the control (unspecific scrambled siR-NA plasmid) group, the si-α1-AT (α1-AT-siRNA plasmid) group, and the si-α1-AT+PI3K (+) [α1-AT-siRNA plasmid and insulinlike growth factor-1 (IGF-1)] group.

#### Cell counting kit-8 (CCK-8) assay

The viability of cells was detected using CCK-8 (Beyotime, Shanghai, China) as described in a previous study [22]. To be

more specific, cells were transferred to an incubator and cultured for 12, 24, 48, and 60 hours after transfection. Then, CCK-8 reagent was dripped into cells. Absorbance was tested at 450 nm by a microplate reader (SpectraMax iD3; Molecular devices, CA, USA) after 2.5 hours of incubation.

#### **Transwell assay**

The abilities of migration and invasion in MDA-MB-231 cells were studied using Transwell assay. The difference between the migration and invasion experiments lies in the use of Matrigel. Matrigel was required for the detection of invasion, however, for detecting migration, it was not needed. Matrigel (Qcbio, Shanghai, China, 356234) was used to cover the upper part of the Transwell plates at room temperature. RPMI-1640 medium was added for 90 minutes and then removed by suction. The medium with FBS was applied to the lower part of the Transwell plates. Cell suspension was added to the upper part of the Transwell plates for 24 hours. The Transwell plates were placed in paraformaldehyde for fixation, then taken out and dried at room temperature for 10 minutes. Cells were stained



Figure 2. si-α1-AT inhibited the abilities of migration and invasion in MDA-MB-231 cells. (A) The rate of migration was analyzed by Transwell assay in MDA-MB-231 cells. (B) The rate of invasion was tested by Transwell assay. \* P<0.05; \*\* P<0.01; \*\*\* P<0.001, vs. NC.</p>

by hematoxylin for 20 minutes. Cells were observed and photographed with an inverted microscope (CX23; Olympus, Japan).

Quantitative real-time PCR (qRT-PCR) assay

The total RNA of cells and tissues were collected by RNA extraction kit (Takara, Beijing, China). We used 1 µg of RNA for synthesizing cDNA using an RT Master Mix kit (Takara, Beijing, China). SYBR Premix Taq™ II kit (Takara, Beijing, China) was used for amplifying cDNA. All primers sequence were as follows: α1-AT, forward: 5'-TCAAGGACACCGAGGAAGAG-3', reverse: 5'-AGGTGCTGTAGTTTCCCCTC-3', product: 190 bp. E-cadherin, forward: 5'-TTTGAAGATTGCACCGGTCG-3', reverse: 5'-CAGCGTGACTTTGGTGGAAA-3', product: 180 bp. Tissue inhibitor of metalloproteinases-2 (TIMP-2), forward: 5'-AGCACCACCCAGAAGAAGAG-3', reverse: 5'-TGATGCAGGCGAAGAACTTG-3', product: 175 bp. Metastasis associated 1 (MTA1), forward: 5'-CTACGACCCACAGCAGAAGA-3', reverse: 5'-TGGTCGATCTGCTTGTCTGT-3', product: 180 bp. Matrix metallopeptidase 2 (MMP2), forward: 5'-TGGCTACACACCTGATCTGG-3', reverse: 5'-GAGTCCGTCCTTACCGTCAA-3', product: 184 bp.  $\beta$ -actin, forward: 5'-CACCATGTACCCAGGCATTG-3', reverse: 5'-TCGTACTCCTGCTTGCTGAT-3', product: 180 bp.  $\beta$ -actin was treated as sample control. The formula  $2^{-\Delta\Delta CT}$  was used to calculate the gene expression.

#### Western blot assay

The western blot assays were performed as described in a previous article [23]. Total proteins of cells and tissues were collected and separated using sodium dodecyl sulfate-polyacrylamide gel electrophoresis (SDS-PAGE), and then bound to PVDF membrane (Reno, Hangzhou, China). Following this step, 5% non-fat milk was used to seal the membranes for 1.5 hours, and the membranes were hybridized to anti- $\alpha$ 1-AT (Abcam, ab207303, 1: 1200), anti-E-cadherin (Abcam, ab15148, 1: 1000), anti-TIMP-2 (Abcam, ab180630, 1: 1000), anti-MTA1 (Abcam, ab71153, 1: 800), anti-MMP2 (Abcam, ab92536, 1: 1500), anti-phosphorylated-mammalian target of rapamycin (pmTOR) (Invitrogen, 710216, 1;800), anti-mTOR (Invitrogen, 44-1125G, 1: 1000), anti-phosphorylated-protein kinase B (p-Akt) (Invitrogen, 44-623G, 1: 1200), anti-Akt (Invitrogen, 44-623G, 1: 1600), anti-phosphorylated-phosphatidylinositol 3 kinase (p-PI3K) (Invitrogen, PA5-12799, 1: 1600), anti-PI3K (Invitrogen, MA5-17149, 1: 1000), anti-β-actin (R&D, MAB8969, 1: 2000). After hybridization, the membrane was soaked in corresponding secondary antibodies (HRP mouse ant-goat IgG, Invitrogen,



Figure 3. si-α1-AT regulated the migration-related factors in MDA-MB-231 cells. (A) The mRNA levels of E-cadherin, TIMP-2, MTA1, and MMP2 were investigated by qRT-PCR. (B) The protein levels of E-cadherin, TIMP-2, MTA1, and MMP2 were assessed by western bolt. \* P<0.05; \*\* P<0.01; \*\*\* P<0.001, vs. NC.

BA1074, 1: 7000; HRP mouse anti-rabbit, Invitrogen, BA1034, 1: 7000) at 37°C for 60 minutes. The protein was detected by ECL detection reagent (Taixin, Beijing, China).

#### Statistical analysis

Using Excel Software, results are shown as mean  $\pm$  standard error of mean, unless otherwise specified. The differences among groups were analyzed by one-way analysis of variance (ANOVA), and the post hoc test was performed by Tukey test. Chi-square test was performed to study the relationship between  $\alpha$ 1-AT expression and clinicopathological characteristics of patients diagnosed with breast cancer. Each experiment was performed in triplicate and repeated 3 times. *P* value determination of <0.05 was considered statistically significant.

#### Results

#### si- $\alpha$ 1-AT repressed the viability of MDA-MB-231 cells

The mRNA and protein levels of  $\alpha$ 1-AT were detected using qRT-PCR and western blot assay. We found that the mRNA level of  $\alpha$ 1-AT was highest in MDA-MB-231 cells (Figure 1A,

*P*<0.05). Evidence also show that transfection of si- $\alpha$ 1-AT in MDA-MB-231, mRNA and protein levels of  $\alpha$ 1-AT were reduced, and levels of  $\alpha$ 1-AT in control were the same as the NC group (Figure 1B, 1C, *P*<0.05).

The viability of cells was measured by CCK-8. Our results revealed that transfection of si- $\alpha$ 1-AT in MDA-MB-231 cells decreased the viability of cells. However, no significant difference was observed at 12 hours. The viability of cell was 50% at 48 hours (Figure 1D, *P*<0.05).

## si- $\alpha$ 1-AT inhibited the abilities of migration and invasion in MDA-MB-231 cells

Transwell assay was performed to study the influence of si- $\alpha$ 1-AT on the abilities of migration and invasion in MDA-MB-231 cells. The results revealed the silencing of  $\alpha$ 1-AT in MDA-MB-231 cells, and the numbers of cellular migration and invasion decreased significantly. Compare to the control and NC groups, the rate of migration in si- $\alpha$ 1-AT was 50±1.2%, which decreased by 48±0.9%, and 38±0.6% respectively. Compare to the control and NC groups, the rate of invasion in si- $\alpha$ 1-AT was 56±1.4%, which was decreased by 40±0.7% and 29±0.4% respectively (Figure 2, *P*<0.05).



Figure 4. si-α1-AT blocked the PI3K/Akt/mTOR pathway. (A) The protein levels of PI3K and p-PI3K were determined using western bolt.
(B) The protein levels of p-Akt and Akt were assessed using western bolt. (C) The protein levels of p-mTOR, and mTOR were measured using western bolt. \* P<0.05; \*\* P<0.01; \*\*\* P<0.001, vs. NC.</li>

## si- $\alpha \mbox{1-AT}$ regulated the migration-related factors in MDA-MB-231 cells

qRT-PCR and western blot assays were performed to measure the mRNA and protein levels of migration-related factors. The data showed that mRNA levels of E-cadherin and TIMP-2 increased, while the mRNA levels of MTA1 and MMP2 decreased in  $\alpha$ 1-AT silencing MDA-MB-231 cells. Meanwhile, the protein levels of E-cadherin, TIMP-2, MTA1, and MMP2 were the same as that of mRNA (Figure 3, *P*<0.05).

#### si- $\alpha$ 1-AT blocked the PI3K/Akt/mTOR pathway

Western blot assay was performed to analyze the protein levels of PI3K/Akt/mTOR pathway-related factors. We found that phosphorylation levels of PI3K, Akt, and mTOR were downregulated in  $\alpha$ 1-AT silencing MDA-MB-231 cells. Moreover, the protein levels of PI3K, Akt, and mTOR remained stable in different groups. (Figure 4, *P*<0.05).



Figure 5. si-α1-AT regulated the migration-related factors in MDA-MB-231 cells by downregulating the PI3K/Akt/mTOR pathway. (A, B) The mRNA and protein expression of E-cadherin, TIMP-2, MTA1, and MMP2 in cells exposed to unspecific scrambled siRNA plasmid (control), α1-AT siRNA (si-α1-AT), si-α1-AT, and IGF-1 [si-α1-AT+PI3K (+)] using qRT-PCR (A) and western blot (B). \* P<0.05; \*\* P<0.01; \*\*\* P<0.001, vs. control. # P<0.05; @ P<0.01; \$P<0.001, vs. si-α1-AT.</p>

## si- $\alpha$ 1-AT regulated of migration-related factors in MDA-MB-231 cells by downregulating PI3K/Akt/mTOR pathway

To further explore the role of si- $\alpha$ 1-AT in migration-related factors by regulating the PI3K/Akt/mTOR pathway, the levels of migration-related factors were evaluated in MDA-MB-231 cells treated with PI3K/Akt/mTOR signal agonist (IGF-1) under  $\alpha$ 1-AT silencing. In comparison with the si- $\alpha$ 1-AT group, the data showed that the levels of E-cadherin and TIMP-2 in si- $\alpha$ 1-AT+PI3K(+) were downregulated, whereas MTA1 and MMP2 levels were upregulated (Figure 5, *P*<0.05).

# $\alpha$ 1-AT level was enhanced in breast cancer patients, and was associated with the patient's clinicopathological characteristics and survival time

qRT-PCR was used to analyze the expression levels of  $\alpha$ 1-AT in TNBC, n-TNBC, and adjacent normal breast tissues from breast cancer patients. The results revealed that the mRNA level of  $\alpha$ 1-AT in TNBC tissue was higher than that in n-TNBC tissue and normal tissue; noticeably, the mRNA level of  $\alpha$ 1-AT in normal tissue was the lowest. In addition, we detected  $\alpha$ 1-AT protein level with western blot in a sample of 12 randomly chosen

cases of TNBC (TNBC1/2/3/4), n-TNBC (n-TNBC1/2/3/4), and adjacent normal breast tissues (normal 1/2/3/4) from breast cancer patients. Gray value showed that the trend of  $\alpha$ 1-AT protein in TNBC1/2/3/4, n-TNBC1/2/3/4, and normal 1/2/3/4 tissues was similar to mRNA level tendency (Figure 6A, 6B, P<0.05). Moreover, we studied the relationship between  $\alpha$ 1-AT expression and survival time of breast cancer patients. Our data showed that patients with  $\alpha$ 1-AT high expression had 166±10.6 weeks for survival time, whereas the survival time of breast cancer patients with  $\alpha$ 1-AT low expression was 260±12.3 weeks. (Figure 6C, P<0.05).

Chi-square test was performed to assess the correlation between  $\alpha$ 1-AT expression and clinicopathological characteristics of patients diagnosed with breast cancer. The results showed that the expression level of  $\alpha$ 1-AT was linked to the type of cancer, tumor size, TNM stage, and metastasis, however, it was not linked to  $\alpha$ 1-AT expression or age (Table 1).

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**Figure 6.**  $\alpha$ 1-AT level was enhanced in breast cancer patients and associated with the patient's clinicopathological characteristics and survival time. **(A)** qRT-PCR was used to test mRNA levels of  $\alpha$ 1-AT in triple negative breast cancer (TNBC), non-triple negative breast cancer (n-TNBC) as well as adjacent normal breast tissues from breast cancer patients. Normal breast tissue is adjacent to TNBC or n-TNBC tissues. **(B)** Western blot was used to analyze protein levels of  $\alpha$ 1-AT in randomized 12 cases of TNBC, n-TNBC, and normal breast tissues from breast cancer patients. The randomized 4 cases of TNBC were called TNBC1/2/3/4, the randomized 4 cases of TNBC were called n-TNBC1/2/3/4, the adjacent normal breast tissues were called normal 1/2/3/4.  $\beta$ -actin was considered as control. The gray value was detected and counted by quality one. **(C)** Quantification of the relationship between  $\alpha$ 1-AT expression and survival time of patients with breast cancer was analyzed by GraphPad prism 6.0 Software. \* *P*<0.05; \*\* *P*<0.01; \*\*\* *P*<0.001, *vs.* normal tissues.

#### Discussion

The current studies find that  $\alpha$ 1-AT is highly expressed in the breast cancer cell line MCF-7 [24]. Research has shown that breast cancer patients express  $\alpha$ 1-AT antibodies with a specificity of 96%, which means that  $\alpha$ 1-AT might be a serum marker for early screening and diagnosis of breast cancer [25]. We therefore made the hypothesis that since  $\alpha$ 1-AT had been shown to be highly expressed in breast cancer, it might play a role in TNBC as well. Migration and invasion are the most important biological characteristics of malignant tumors and are the 2 main causes of death in tumor patients [16]. Migration and invasion of TNBC have been previously studied [26,27]. One study showed that the abilities of growth and invasion are enhanced in breast cancer cells with high expression of  $\alpha$ 1-AT [25]. Thus, we suspected that the silencing of  $\alpha$ 1-AT could have an inhibitory effect on viability, migration, and invasion of the human TNBC cell line MDA-MB-231. Our study showed that, by RNA interference, si- $\alpha$ 1-AT repressed viability, migration, and invasion of MDA-MB-231 cells.

E-cadherin is an intercellular adhesion molecule. and it has been shown that downregulation of E-cadherin inhibits intercellular adhesion and polarity [28]. In breast cancer patients, activity of MMP-2 in invasive carcinoma is obviously higher than that in non-invasive carcinoma [29]. As we know, TIMP-2 is an important endogenous regulatory factor, which inhibits the activity of MMP-2 [30,31]. In addition, MTA1 has been recently discovered and isolated, and it is a class of important tumor metastasis-associated genes, and over-expression of MTA1 greatly increases the probability of metastasis [32]. Thus, we tested the expression levels of TIMP-2, MTA1, E-cadherin, and MMP2 in MDA-MB-231 cells, and found that the levels of E-cadherin and TIMP-2 were upregulated, while MTA1 and MMP2 levels were downregulated in  $\alpha$ 1-AT silencing MDA-MB-231 cells. These results demonstrated that si- $\alpha$ 1-AT inhibited the abilities of migration and invasion in MDA-MB-231 cells by regulating E-cadherin, TIMP-2, MTA1, and MMP2 factors.

Groups	Number of patients	Low PYGB expression	High PYGB expression	P value
Cancer type				
Triple negative breast cancer	25	8	17	0.001**
Non-triple negative breast cancer	25	20	5	0.001^^
Age (years)				
<50	18	4	14	0.054
≥50	32	16	16	
Tumor size (cm)				
<5	28	8	18	0.001**
≥5	22	18	4	
TNM stage				
I–II	23	7	16	0.011*
III–IV	27	18	9	
Metastasis				
No	30	19	11	0.021*
Yes	20	6	14	

Table 1. The correlation between  $\alpha$ 1-AT expression and clinicopathological characteristics of patients with breast cancer.

\* *P*<0.05, \*\* *P*<0.01, Chi-square test.

Not only is the PI3K/Akt/mTOR pathway vital to the occurrence, development, treatment, and prognosis of malignant tumors [33–36], but it is also the most frequent mutation found in breast cancer [37,38]. The mutation of PIK3CA was reported to the most common mutation in TNBC [20]. Evidence has also shown that suppression of the PI3K/Akt/mTOR pathway decreases cisplatin resistance in TNBC cells [35]. An article reported that the PI3K/AKT/mTOR pathway participates in regulation of TNBC progression, and that it is a potential therapeutic target in TNBC [39]. In addition, the activation of PI3K/ Akt was considered a potential marker for TNBC [40]. Based on the aforementioned research, we investigated the effect of si- $\alpha$ 1-AT on MDA-MB-231 cells on regulating this pathway. Similar to the aforementioned study, our results found that the MDA-MB-231 cells treated with si- $\alpha$ 1-AT reduced phosphorylation levels of PI3K, Akt, and mTOR. In addition, we found that when the PI3K/Akt/mTOR pathway was activated under si- $\alpha$ 1-AT in MDA-MB-231 cells, the expression of E-cadherin, TIMP-2, MTA1 and MMP2 was reversed. We therefore confirmed that si-α1-AT regulated the migration-related factors in MDA-MB-231 cells by downregulating the PI3K/Akt/mTOR pathway.

To further confirm the role of  $\alpha$ 1-AT in TNBC, we detected the expression of  $\alpha$ 1-AT in the patients with TNBC. We found that

the expression level of  $\alpha$ 1-AT in TNBC tissue was higher than that in n-TNBC tissue and normal tissue. Moreover, our results indicated that the high expression  $\alpha$ 1-AT in breast cancer patients predicted poor clinical prognosis. Nevertheless, our sample data was small and, thus, cannot represent larger population-based data. Therefore, the role of  $\alpha$ 1-AT in TNBC should be investigated from the large-scale studies.

#### Conclusions

Our studies have proven that  $\alpha$ 1-AT is highly expressed in TNBC tissues of breast cancer patients, and that its high expression in breast cancer patients predicted poor clinical prognosis. Moreover, the silencing of  $\alpha$ 1-AT suppressed the viability, migration, and invasion of human TNBC cell line MDA-MB-231, accompanied by downregulated of the PI3K/Akt/mTOR pathway. Therefore,  $\alpha$ 1-AT might be a promising target for TNBC treatment in the future; studies using *in vivo* molecular and cell signaling dynamics are needed to validate these findings.

#### **Conflict of Interest**

None.

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