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Viability of SARS-CoV-2 on lettuce, chicken, and salmon and its inactivation by peracetic acid, ethanol, and chlorine dioxide

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Viability and inactivation test

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19

# 20 Abstract

21	Since the first SARS-CoV-2 outbreak in Wuhan, China, there has been continued
22	concern over the link between SARS-CoV-2 transmission and food. However, there are few
23	studies on the viability and removal of SARS-CoV-2 contaminating food. This study aimed to
24	evaluate the viability of SARS-CoV-2 on food matrices, depending on storage temperature,
25	and inactivate the virus contaminating food using disinfectants. Two SARS-CoV-2 strains (L
26	and S types) were used to contaminate lettuce, chicken, and salmon, which were then stored
27	at 20 ,4 and -40 °C. The half-life of SARS-CoV-2 at 20 °C was 3–7 h but increased to 24–46
28	h at 4 °C and exceeded 100 h at –40 °C. SARS-CoV-2 persisted longer on chicken or salmon
29	than on lettuce. Treatment with 70% ethanol for 1 min inactivated 3.25 log reduction of
30	SARS-CoV-2 inoculated on lettuce but not on chicken and salmon. ClO <sub>2</sub> inactivated up to 2
31	log reduction of SARS-CoV-2 on foods. Peracetic acid was able to eliminate SARS-CoV-2
32	from all foods. The virucidal effect of all disinfectants used in this study did not differ
33	between the two SARS-CoV-2 strains; therefore, they could also be effective against other
34	SARS-CoV-2 variants. This study demonstrated that the viability of SARS-CoV-2 can be
35	extended at 4 and -40 °C and peracetic acid can inactivate SARS-CoV-2 on food matrices.
36	

Keywords: SARS-CoV-2, Viability, Ethanol, Peracetic acid, Chlorine dioxide, Lettuce,
Salmon, Beef

39

# 40 Introduction

41 The severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) pandemic, which started in 2019, has caused 585 million confirmed cases and 6.42 million deaths by August 42 10, 2022 (WHO, 2021). Although over 4 billion people have completed vaccination, the 43 44 pandemic is still ongoing, with the daily number of confirmed cases reaching 1.5 million (Mathieu et al., 2021). Concerns over food safety have been raised since the seafood market 45 in Wuhan was identified as the initial source of SARS-CoV-2. In December 2019, 55% of 46 SARS-CoV-2 infections in China were associated with markets in Wuhan, including the 47 Huanan seafood wholesale market (Bai et al., 2021). In the United States, between April and 48 May 2020, 264 meat and poultry processing facilities in 23 states reported coronavirus 49 disease 2019 (COVID-19) outbreaks, with 17,358 confirmed cases among workers (Birhane 50 et al., 2020). In addition, SARS-CoV-2 RNA has been detected on the surfaces of various 51 52 foods and their packaging materials, and it has been reported that some of the outbreaks may be related to frozen imported foods and food packaging materials (Liu et al., 2020; Pang et 53 al., 2020; Zhao et al., 2020). 54

As person-to-person, airborne, and contact with contaminated surfaces is spreading 55 virus, foodborne transmission is the important route as well. Virus can be contaminated on 56 food with two main means (Ceylan et al., 2020). The first can occur during the production 57 and manufacture of food, including using contaminated water during harvest processing and 58 59 infected food handlers. The second is the consumption of animal-derived foods infected with zoonotic viruses. Although SARS-CoV-2 infection by eating contaminated food was not 60 reported, there have been cases of SARS-CoV-2 infection in foods related facilities, and up to 61 10<sup>11</sup> copies of RNA have been detected in human excretions, such as sputum from patients 62 infected with SARS-CoV-2 (Wölfel et al., 2020). Nipah virus is a zoonotic respiratory virus 63

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closely related to infection by contaminated food, and SARS-CoV and MERS-CoV, which
are members of SARS-CoV-2, can also be transmitted through food (Cui et al., 2019; WHO,
2018). As such, the foodborne transmission of SARS-CoV-2 seems plausible but unproven.
However, there are few studies on the persistence of SARS-CoV-2 contaminating foods or
how to eliminate it.

Recent studies have raised concerns about food-related transmission or oral infection. 69 Van Doremalen et al. (2020) reported that depending on the surface (except copper), SARS-70 CoV-2 can remain infectious for up to several days and survives for hours in aerosols. These 71 results suggest the possibility of transmission of SARS-CoV-2 via fomites on contaminated 72 surfaces. In addition, Dai et al. (2021) reported that SARS-CoV-2 contaminating fish could 73 survive up to a week at 4 °C. Gastrointestinal symptoms, including diarrhea, loss of appetite, 74 nausea, vomiting, abdominal pain, and bloody stools caused by SARS-CoV-2 infection, have 75 76 also been reported (Guan et al., 2020; Guo et al., 2021). In a case control study of COVID-19 patients in Baltimore, USA, 73% of patients experienced gastrointestinal symptoms (Chen et 77 al., 2020). SARS-CoV-2 not only caused gastrointestinal symptoms but was also shed in 78 feces. Moreover, SARS-CoV-2 RNA was detected in feces or rectal swabs in 48% (312/650) 79 of the investigated COVID-19 patients. Of these, SARS-CoV-2 RNA was detected in 63.2% 80 81 (187/296) in fecal/rectal samples but not in respiratory samples (Guo et al., 2021). In 82 addition, SARS-CoV-2 RNA detected in fecal/rectal samples had a faster threshold cycle than 83 respiratory samples or shed high titers over a longer period than respiratory samples, where titers decreased over time (Han et al., 2020; Xu et al., 2020). Animal coronaviruses, already 84 well studied, are enterotropic viruses that infect and cause symptoms in the intestinal tract, 85 and associations with the intestinal tract were also observed with the previous novel 86 87 coronaviruses SARS-CoV and Middle East respiratory syndrome coronavirus (MERS-CoV)

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(Assiri et al., 2013; Leung et al., 2003; Weiss and Leibowitz, 2011). For SARS-CoV-2 to 88 enter cells, angiotensin-converting enzyme 2 and transmembrane serine protease 2 are 89 essential, and they are expressed not only in the lungs but also in the ileum and colon 90 (Hoffmann et al., 2020; Zhang et al., 2020). SARS-CoV-2 is also known to be robust under 91 92 extremely acidic conditions (Chin et al., 2020). The viability of SARS-CoV-2 on food matrix have been studied little. As the efficacy of 93 sanitizers could be reduced depending on the characteristics of food matrix, the inactivation 94 95 of SARS-CoV-2 by disinfectants have been conducted on the various food matrices. SARS-CoV-2 viral RNA was detected in the imported frozen food packages and the surface of the 96 frozen foods including salmon, beef, and chicken wings (Bai et al., 2021). Chicken is the 97 world's most consumed meat, and lettuce is one of the main sources of food-borne viruses 98 (CDC, 2021; OECD/FAO, 2021). Therefore, this study aimed to evaluate the viability of 99 100 SARS-CoV-2 according to the storage temperature on experimentally contaminated food matrices and to assess the efficacy of disinfectants in inactivating SARS-CoV-2 101 contaminating food matrices. 102

103

# 104 Materials and methods

# 105 Viruses and cells

Vero E6 (ATCC CL-1586) cells were grown in DMEM (Gibco; Waltham, MA, USA) 106 with 10% FBS and 1% antibiotics-antimycotics (Gibco). Cells were cultured at 37 °C with 107 5% CO<sub>2</sub> in a humidified incubator. Confluent Vero E6 cells were inoculated with two strains 108 of SARS-CoV-2 (L type, NCCP43326; S type, NCCP43330) at 0.1 multiplicities of infection 109 in DMEM with 2% FBS. SARS-CoV-2 was incubated at 37 °C with 5% CO<sub>2</sub> for 4 days. After 110 two freeze/thaw cycles, viral titers were assessed using a 50% tissue culture infectious dose 111 (TCID<sub>50</sub>) and quantified using the Spearman-Karber method (Ramakrishnan, 2016). All 112 experiments related to SARS-CoV-2 were performed at the biosafety level 3 facility of the 113 Zoological Infectious Disease Research Institute, Chonbuk National University. 114 115 Viability test on food matrices 116 SARS-CoV-2 RNA detected in human excreta is  $10^{6}$ - $10^{11}$  copies, and when converted 117 into infectious particles, it is approximately  $10^2 - 10^7$  TCID<sub>50</sub> (Sender et al., 2021; Wölfel et 118 al., 2020). Therefore, in the present study, the concentration of SARS-CoV-2 to be used for 119 food contamination was determined to be  $10^6 \log \text{TCID}_{50}/\text{mL}$ . The three food matrices 120 (lettuce, chicken breast, and salmon) used in the viability test were purchased from a market 121 in Anseong, Korea. Viability tests were performed based on a previous study (Dai et al., 122 2021). Briefly, chicken and salmon were cut into 125 mm<sup>3</sup> pieces and lettuce into 1 cm<sup>2</sup> 123 pieces, which were then used as food matrices. Thereafter, the food matrices were immersed 124

in SARS-CoV-2 L and S at 6 log TCID<sub>50</sub>/mL and incubated for 15 s. After removing excess

126 virus using filter paper, food matrices were immediately transferred to an individual 1.5 mL

127 tube. Thereafter, individual contaminated food matrices were maintained at 40% relative

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129 4 °C, and frozen: -40 °C). For each period (room temperature: 0, 8, 24, 48, and 72 h;

130 refrigerated: 0 and 8 h and 2, 3, 7, 10, and 14 d; frozen: 0, 7, 14, 21, and 28 d), 1 mL of

131 DMEM with 2% FBS was added to individual tubes and vortexed for 10 s to recover viruses

and then filtered using a 0.45-µm filter. Recovered viruses were immediately diluted 10-fold

133 and viral infectivity was determined using TCID<sub>50</sub>.

134

# 135 Quantitative carrier test using food matrices

A quantitative carrier test to evaluate the inactivation effect of disinfectants on SARS-136 CoV-2 contaminated food matrices were performed with modifications to OECD guidelines 137 and previous study. (OECD, 2013; Moon et al., 2021). As disinfectants to be evaluated, 138 chlorine dioxide (ClO<sub>2</sub>) and peracetic acid (PAA) were selected in consideration of food 139 grade, persistence, and generation of toxic by-products such as trihalomethane (Aieta et al., 140 1983; Farinelli et al., 2022). As ethanol (EtOH) is known to be effective in inactivating 141 SARS-CoV-2 on various surface materials, food-grade ethanol was used in this study (Jung et 142 al., 2023). The two disinfectants except EtOH were used at half of the recommended 143 concentration, the recommended concentration and twice of the recommended concentration. 144 SARS-CoV-2 contaminated food matrices prepared in the same manner as for the viability 145 test were treated with 50 µL of 30, 50, and 70% EtOH (Sigma-Aldrich, St. Louis, MO, USA) 146 or 20, 40, and 80 ppm ClO<sub>2</sub> (LifeClean, Uddevalla, Sweden) for 1 and 5 min, respectively. In 147 addition, lettuce was treated with 40, 80, and 160 ppm PAA (Daesung C&S, Seoul, Korea), 148 and chicken and salmon were treated with 1,000, 2,000, and 4,000 ppm of the same as 149 recommended (MFDS, 2019). After neutralizing the disinfectant by adding 950 µL of 5% 150 FBS DMEM to the food matrices, the neutralized solutions were immediately evaluated for 151

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152 viral infectivity using TCID<sub>50</sub>.

153

# 154 Statistical analysis

All data are presented as the mean  $\pm$  SD. To determine virus stability, a Bayesian 155 156 regression model was used to estimate the decay rate of viable virus titers (Van Doremalen et al., 2020). The posterior samples were drawn using a No-U-Turn Sampler (a form of Markov 157 Chain Monte Carlo). For the quantitative carrier test, a two-sample *t* test was used to analyze 158 differences between strains. The disinfection effect between concentrations on viruses was 159 analyzed using one-way ANOVA and the Tukey post-hoc. Statistical significance was set at p 160 < 0.05. All experiments were performed in triplicate, and statistical analysis was performed 161 using R version 4.1.0. 162

163

164 **Results** 

# 165 Viability test on food matrices

At 20 °C, SARS-CoV-2 did not survive more than 3 days on food matrices (Fig. 1A). On 166 lettuce, the SARS-CoV-2 titers, which were  $3.06 \times 10^4$  TCID<sub>50</sub>/mL after contamination, 167 decreased by more than 1 log TCID<sub>50</sub>/mL to  $7.08 \times 10^2$  and  $3.98 \times 10^1$  TCID<sub>50</sub>/mL for SARS-168 CoV-2 L and SARS-CoV-2 S at 24 h, respectively. After 48 h, the titers were below the 169 detection limit. Similar to lettuce, the titers of both SARS-CoV-2 strains on chicken were 170 below the detection limit from 48 h. On salmon, SARS-CoV-2 titers decreased by more than 171 1 log at 8 h (SARS-CoV-2 L to  $4.80 \times 10^2$  TCID<sub>50</sub>/mL and SARS-CoV-2 S to  $3.98 \times 10^2$ 172 TCID<sub>50</sub>/mL), which was faster than on lettuce and chicken, but viruses survived longer, up to 173 48 h. The kinetics of the two SARS-CoV-2 strains on food matrices were somewhat different. 174 On all surfaces, SARS-CoV-2 S was more unstable than SARS-CoV-2 L, and the two strains 175 - 8 -

176	significantly differed at 24 h on lettuce ( $p < 0.001$ ), 8 and 24 h on chicken ( $p = 0.014$ and $p < 0.001$ )
177	0.001, respectively), and 48 h on salmon ( $p = 0.016$ ). Virus titers decreased sharply on all
178	food matrices, as indicated by the linear decrease over time (Fig. 1B). The half-life of SARS-
179	CoV-2 differed depending on the food matrix (Fig. 1C and Table S1). The median estimates
180	of half-lives for SARS-CoV-2 L and SARS-CoV-2 S on lettuce were 3.47 and 2.60 h,
181	respectively, and 4.80 and 3.08 h on chicken, respectively, slightly longer than those on
182	lettuce. On the other hand, the median estimate of half-lives on the salmon surface, where
183	infectious virus was detected for up to 2 d, were longest at 7.46 h for SARS-CoV-2 L and
184	4.65 h for SARS-CoV-2 S.
185	At 4 °C, the viability of the viruses was prolonged to 10 days (Fig. 2A). The time
186	required for viruses to decrease by 1 log TCID <sub>50</sub> /mL on lettuce was 24 h, which was the same
187	as that at 20 °C; however, infectious SARS-CoV-2 was detected for up to 10 d. The difference
188	in viability between the two SARS-CoV-2 strains was greatest at 72 h ( $p < 0.001$ ). The
189	differences between the two SARS-CoV-2 strains were most pronounced on chicken. SARS-
190	CoV-2 L, although in small amounts, maintained the infectivity for up to 10 d $(3.98 \times 10^{1}$
191	TCID <sub>50</sub> /mL), whereas SARS-CoV-2 S decreased sharply at 8 h (to $6.26 \times 10^2$ TCID <sub>50</sub> /mL)
192	and was not detected from 7 d. The prolongation of the viability of both SARS-CoV-2 strains
193	was particularly pronounced on salmon, where they remained infectious for up to 14 d post
194	contamination. Due to the spoilage of the food samples, the experimental period was limited
195	to 2 weeks. The posterior distribution of the decay model showed that SARS-CoV-L was less
196	scattered than SARS-CoV-2 S (Fig 2B). The half-life of SARS-CoV-2 was also increased 5–9
197	fold compared with that at 20 $^{\circ}$ C, except for that of SARS-CoV-2 S on chicken (Fig. 2C and
198	Table S1). On lettuce, median half-life estimates for SARS-CoV-2 L and SARS-CoV-2 S
199	were 25.90 and 23.20 h, respectively, close to 1 d. However, the median half-life estimate for

- 9 -

200	SARS-CoV-2 L on chicken was increased to 30.1 h, whereas that for SARS-CoV-2 S was
201	only 11.6 h. Similar to the half-life results at 20 °C, the half-lives of SARS-CoV-2 L and
202	SARS-CoV-2 S on salmon were 46.6 and 38.2 h, respectively, longer than on other foods.
203	At -40 °C, the SARS-CoV-2 strains were viable for 4 weeks on all food matrices (Fig.
204	3A). In particular, SARS-CoV-2 L maintained infectivity of more than 2 log TCID <sub>50</sub> /mL (4.80
205	$\times$ 10 <sup>2</sup> , 3.16 $\times$ 10 <sup>2</sup> , and 5.54 $\times$ 10 <sup>2</sup> TCID <sub>50</sub> /mL on lettuce, chicken, and salmon, respectively).
206	In addition, the decay model data were smooth on all food matrices until the end of the
207	experiment (Fig. 3B). Accordingly, the half-life of the virus on each surface was significantly
208	increased, but there were differences depending on the strain. (Fig. 3C and Table S1). On the
209	one hand, SARS-CoV-2 L had a half-life greater than 5 d, similar across all foods (129, 123,
210	and 128 h on lettuce, chicken, and salmon, respectively). On the other hand, the half-lives of
211	SARS-CoV-2 S were 72.3, 84.9, and 103 h on lettuce, chicken, and salmon, respectively, up
212	to 56.7 h shorter than those for SARS-CoV-2 L.

213

# 214 Virucidal effect of disinfectants on food matrices

215 According to the OECD guideline criteria, the standard effect of the carrier test is defined as  $a \ge 3$  log reduction; nevertheless, no reduction of more than 3 logs was observed in 216 the experiments on chicken and salmon due to the detection limit. Therefore, only  $\geq 2 \log 1$ 217 reduction was observed in both foods in this study. EtOH effectively reduced the infectivity 218 219 of SARS-CoV-2 contaminating food, albeit not completely (Fig. 4). EtOH exposure for 1 min reduced the SARS-CoV-2 strains on lettuce by 1.96 and 2.45 log TCID<sub>50</sub>/mL at 30 and 50%, 220 221 respectively, and achieved a  $\geq$ 3 log reduction at 70%. On chicken, the SARS-CoV-2 strains were reduced by only 0.63 and 0.58 log TCID<sub>50</sub>/mL at 30 and 50%, respectively, and did not 222 achieve a 2 log reduction even at 70%. When treated for 5 min, SARS-CoV-2 on lettuce was 223

224	reduced by more than 3 log TCID <sub>50</sub> /mL at 50%; nonetheless, SARS-CoV-2 L was not
225	completely inactivated even at 70%, similar to the results for 1 min exposure. Although the
226	amount of infectious SARS-CoV-2 was reduced compared with that for the 1 min exposure, it
227	was still insufficient to reduce SARS-CoV-2 contaminating chicken and salmon. SARS-CoV-
228	2 was reduced by 1.04 and 1.54 log TCID $_{50}/mL$ on chicken and 1.13 and 1.38 log TCID $_{50}/mL$
229	on salmon at 30 and 50% concentrations, respectively. Treatment with 70% EtOH for 5 min
230	reduced SARS-CoV-2 by >2 logs on both foods, SARS-CoV-2 S on salmon was completely
231	inactivated, but there was no difference between the strains.
232	ClO2 has a weaker virucidal effect on SARS-CoV-2 contaminating food than EtOH and
233	did not achieve the standard effect on any food matrix under all exposure time conditions
234	(Fig. 5). Although the virucidal effect on SARS-CoV2 contaminating lettuce was superior to
235	that of other foods, it was reduced by only 2.25 log TCID50/mL even at 80 ppm and a 5 min
236	exposure time. Exposure for 1 min showed only a 0.67–1.25 log reduction on chicken and
237	salmon, and the effect was not satisfactory, with a 1.00-1.33 log reduction in 5 min of
238	exposure. Moreover, the virucidal effect of ClO2 did not appear to be concentration or
239	exposure time dependent, and there was no significant difference between the two virus
240	strains.

SARS-CoV-2 contaminating food matrices was sensitive to PAA treatment (Fig. 6). The virucidal effect of PAA against SARS-CoV-2 contaminating lettuce was significantly reduced by 2.04 and 2.46 logs at 40 and 80 ppm PAA, respectively (p < 0.05), although it did not achieve the standard effect. Treatment with 160 ppm PAA for 1 min completely inactivated SARS-CoV-2 L, although SARS-CoV-2 S remained slightly infectivity (0.58 log TCID<sub>50</sub>/ml). When lettuce was exposed for 5 min, it showed an approximately 3 log reduction from 80 ppm, and both SARS-CoV-2 strains were completely reduced at 160 ppm. On chicken and

- salmon, which were minimally affected by EtOH and ClO<sub>2</sub>, infectious SARS-CoV-2 was no longer detected when PAA was applied at 4,000 ppm for 1 min. Exposure for 5 min reduced SARS-CoV-2 above the standard effect ( $\geq$  2 log reduction) from 2,000 ppm. As with other foods, there were no differences between SARS-CoV-2 strains.
- 252

# 253 **Discussion**

SARS-CoV-2 is a respiratory virus that infects the upper respiratory tract and causes 254 respiratory symptoms, such as coughing and sore throat, and has received little attention in 255 terms of food or oral transmission (WHO, 2020). The viability of SARS-CoV-2 was 256 dependent on storage temperature and the contaminated food. At room temperature, SARS-257 CoV-2 was short-lived on all tested foods, particularly lettuce and chicken. The SARS-CoV-2 258 contaminated food samples were stored under 40% relative humidity, but the food gradually 259 dried over time. The viability of SARS-CoV-2 may be related to dried food matrices. SARS-260 CoV-2 is generally less viable on porous than non-porous surfaces (Bueckert et al., 2020). As 261 the food dries, the surface becomes rough, and tends to become more porous (Xiao and Gao, 262 2012). In particular, SARS-CoV-2 viability was rapidly reduced in cellulose based material, 263 consistent with other enveloped viruses (Bueckert et al., 2020; Chin et al., 2020; Grinchuk et 264 al., 2021; Van Doremalen et al., 2020). SARS-CoV-2 viability may also be associated with 265 the wettability of surfaces. SARS-CoV-2 survives longer on hydrophobic surfaces, such as 266 plastics and glass, than on hydrophilic surfaces, such as stainless steel (Bueckert et al., 2020; 267 Grinchuk et al., 2021; Van Doremalen et al., 2020). In addition, the high water activity in 268 food makes the virus more sensitive to heat (Bosch et al., 2018). Moreover, contrary to 269 expectations that the viability of the two SARS-CoV-2 strains would be similar, the 270 difference was significant. Genetically, SARS-CoV-2 S is more ancient than SARS-CoV-2 L, 271

272	but the initial outbreak was responsible for SARS-CoV-2 L, and SARS-CoV-2 S spread more
273	slowly (Awadasseid et al., 2021; Tang et al., 2020). This may have made it easier for SARS-
274	CoV-2 L to spread to humans from contaminated food as it could survive longer on food.
275	The persistence of SARS-CoV-2 on food matrices was inversely proportional to storage
276	temperature. In the present study, the half-life of SARS-CoV-2 increased 8.9 and 37.2 fold at
277	refrigeration and freezing temperatures, respectively, compared with that at room
278	temperature, depending on the surface. Chin et al. (2020) conducted a study on the stability of
279	SARS-CoV-2 suspensions at different temperatures. They reported a 0.7 log decrease at 4 °C
280	for 14 days; however, the decrease became faster with increasing temperature, maintaining
281	stability for 7 d at 22 °C and 2 d at 37 °C. In previous studies by Biryukov et al. evaluating
282	the viability of SARS-CoV-2 on stainless steel, SARS-CoV-2 was inactivated significantly
283	faster at 35 °C than at 24 °C (Biryukov et al., 2021; Biryukov et al., 2020). In fact, the
284	correlation between temperature and virus viability is not limited to SARS-CoV-2. For
285	instance, in the coronavirus family, which includes animal and human coronavirus, increases
286	in temperature and the time it takes for decimal reduction (1 log reduction in virus infectivity;
287	D-value) are linearly inversely proportional (Guillier et al., 2020). On the other hand, Kratzel,
288	Steiner, et al. (2020) reported that there was no significant difference in the stability of
289	SARS-CoV-2 on a metal surface at 30 °C, room temperature, and at 4 °C. It should be noted
290	that the aforementioned experiments were all conducted at above 0 °C temperatures. In the
291	present study, SARS-CoV-2 persisted for longer in the order of salmon > chicken > lettuce,
292	which seems to be related to food constituents. Although there have been no direct studies on
293	the effect of food constituents on SARS-CoV-2 stability, it can be partially explained by
294	previous studies. The protein and fat content of food increases the stability of viruses under
295	heat treatment. For example, the D-value of a SARS-CoV suspension increased from 1.9 to

- 13 -

5.0 when protein (20% FBS) was added (Rabenau et al., 2005). Moreover, the D-value of the 296 hepatitis A virus in milk composed of 1 and 18% fat doubled from 1.6 to 3.1 (Bozkurt et al., 297 2015). The protein contents of lettuce, chicken breast, and salmon are 1.4, 31, and 20 g per 298 100 g, respectively, and the fat contents are 0.2, 3.6, and 13 g, respectively. Although we did 299 300 not heat treat our food samples, the present study results suggest that protein and fat content is associated with virus stability. In particular, it seems that fat content affects the stability of 301 SARS-CoV-2 surrounded by a lipid envelope more than protein content 302

PAA inactivated SARS-CoV-2 stains effectively on any of three food matrices. Although 303 its mechanism for inactivating bacteria or viruses is not entirely understood, PAA is a highly 304 effective biocide used in various fields, including wastewater and clinical and food industries 305 (Rutala and Weber, 2008). PAA is a potent oxidizing agent speculated to denature proteins, 306 disrupt cell wall permeability, and oxidize sulfhydryl and sulfur bonds of proteins, enzymes, 307 and other metabolites (Finnegan et al., 2010). The Korean Food and Drug Administration 308 recommends using PAA at 2,000 ppm for poultry and 80 ppm for fruits and vegetables 309 (MFDS, 2019), while the FDA recommends using 350, 2,000, and 230 ppm of PAA in fruits 310 311 and vegetables, poultry, and fish, respectively (FDA, 2017). Since no recommendations have been made for salmon by The Korean Food and Drug Administration, the recommendations 312 for poultry were applied for salmon in the present study. PAA inactivated most SARS-CoV-2 313 when applied at the recommended concentration for 5 min; however, the recommended 314 315 concentration was insufficient to completely inactivate the virus. Given the potential for SARS-CoV-2 transmission by imported salmon, it may be necessary to consider adjusting the 316 recommended PAA concentrations for fish. Overall, PAA is a suitable disinfectant for food 317 safety as it inactivates gram-positive and gram-negative bacteria, molds, and yeasts in less 318 than 5 min at <100 ppm and is also effective against non-enveloped viruses, such as 319

poliovirus and adenovirus, at > 400 ppm (Becker et al., 2017; Rutala and Weber, 2015). 320 321 Although not recommended for direct use in food, ethanol effectively removed SARS-CoV-2 contaminating food. Ethanol inactivates bacteria by coagulating or denaturing proteins 322 and enzymes in the cell wall, cell membrane, and cytoplasm of bacteria (Huffer et al., 2011). 323 324 The action of ethanol in enveloped viruses is not clearly understood, but it is assumed to be similar to that in bacteria and is generally effective (Dev Kumar et al., 2020). Alcohol-based 325 disinfectants were effective against SARS-CoV-2 in suspension as it was completely 326 inactivated with only 30% ethanol and 2-isopropanol applied for 30 s (Kratzel, Todt, et al., 327 2020). In the present study, virus-contaminated lettuce was effectively treated in 70% ethanol 328 for 1 min, but for chicken and salmon, this treatment was insufficient. The virucidal effect of 329 ethanol was lower in food with higher protein content, suggesting that the protein 330 denaturation and coagulation action of ethanol may be competitive between the virus and 331 332 food matrix.

Chlorine-based disinfectants, especially sodium hypochlorite (NaClO), are most widely 333 used on water and food contact surfaces. However, the effect of NaClO on coronavirus is 334 ambiguous. Exposure to 600 ppm NaClO for 1 min reduced the infectivity of animal 335 coronavirus by less than 1 log, significantly lower than that of 70% ethanol, which reduced 336 infectivity by  $> 3 \log ($ Hulkower et al., 2011). Although there are differences depending on 337 the type of coronavirus, NaClO concentrations above 1,000 ppm were required to observe a 3 338 339 log reduction in infectivity, which is too high for food applications (Kampf et al., 2020). ClO<sub>2</sub> is a chlorine-based disinfectant that acts as an oxidizing agent similar to NaClO; however, 340 ClO<sub>2</sub> has better oxidation ability because it can accept five electrons, whereas NaClO can 341 only accept two electrons (Warf, 2019). Moreover, the solubility of chlorine per molar weight 342 in ClO<sub>2</sub> is 263%, which is remarkably higher than that in NaClO at 95.2%. Therefore, the 343

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344	present study attempted to remove SARS-CoV-2 contaminating food using ClO <sub>2</sub> , which was
345	expected to be more effective. However, even under conditions of the highest concentration
346	and exposure time used in the experiment, SARS-CoV-2 decreased by only 2 logs on lettuce
347	and 1 log on chicken and salmon. Wang et al. (2005) reported that SARS-CoV contaminating
348	wastewater was completely inactivated by treatment with 40 ppm $ClO_2$ for 5 min. It seems
349	that the action of ClO <sub>2</sub> was also affected by food constituents similar to the EtOH treatment.
350	To reuse processed water for fresh products, it is necessary to prevent cross contamination of
351	pathogens that can threaten food safety and remove organic compounds that encourage
352	microorganism growth (Meneses et al., 2017). However, these organic compounds rapidly
353	deplete free chlorine, inducing a high chlorine demand (CLD). According to a study by Teng
354	et al. (2018), the factors that increased CLD in cabbage wash water included proteins,
355	phenols, organic acids, and sugars, and among them, protein contributed the most to the
356	increase in CLD. Similarly, chicken and salmon are high in protein, which may have
357	increased the chlorine demand to inactivate the SARS-CoV-2.
358	The results of this study clearly show how well SARS-CoV-2 can survive on different
359	foods. However, it is still unknown whether infection is caused by ingesting food
360	contaminated with SARS-CoV-2. In addition, although SARS-CoV-2 can survive for a long
361	time at low pH, which has been well documented in intestinal infections, there is no direct
362	study on whether it can tolerate the intestinal environment (e.g., bile salt and various
363	digestive enzymes). Therefore, future studies should evaluate the viability of SARS-CoV-2 in
364	a mimicked intestinal environment. In addition, this study presented methods to effectively
365	remove SARS-CoV-2 contaminating food; however, this should be sufficiently studied using
366	food applicable disinfectants, such as ozonated water.

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# 368 Conclusions

369	While the viability of SARS-CoV-2 can be maintained in refrigeration and freezing
370	condition, SARS-CoV-2 was rapidly inactivated in food matrices at room temperature.
371	Therefore, the potential for food-borne transmission of SARS-CoV-2 appears to be low,
372	consistent with the FDA opinion. Among the variant strains, SARS-CoV-2 L survived more
373	than SARS-CoV-2 S on the food matrices. When PAA is used two times higher than
374	recommended concentration, SARS-CoV-2 L and S strain can be completely inactivated.
375	Treating food with such an effective disinfectant minimizes the threat of SARS-CoV-2 even
376	in group meals, such as in schools and medical facilities. However, chlorine-based
377	disinfectants are insufficient to inactivate SARS-CoV-2 on food matrices.
378	
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570 Fig. 1 Viability of SARS-CoV-2 on food matrices at 20 °C. (A) Virus titer recovered from the surface by timepoint. (B) Bayesian regression plots showing the predicted decay of virus 571 titers over time. The dots are slightly jittered to avoid overlapping. Lines show exponential 572 decay rates and were randomly drawn at 150 per panel from the joint posterior distribution. 573 (C) Violin plot representing the half-life of viruses. The dots represent the median estimates, 574 and the lines are the 95% confidence intervals. The dashed lines in (A) and (B) indicate the 575 limit of detection. Asterisks indicate statistical significance (\*p < 0.05, \*\*p < 0.01, \*\*\*p < 0.01, \*\*\* 576 0.005) 577

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Fig. 2 Viability of SARS-CoV-2 on food matrices at 4 °C. (A) Virus titers recovered from 579 the surface by timepoint. (B) Bayesian regression plots showing the predicted decay of virus 580 titers over time. The dots are slightly jittered to avoid overlapping. Lines show exponential 581 decay rates and were randomly drawn at 150 per panel from the joint posterior distribution. 582 (C) Violin plot representing the half-life of viruses. The dots represent the median estimates, 583 and the lines are the 95% confidence intervals. The dashed lines in (A) and (B) indicate the 584 limit of detection. Asterisks indicate statistical significance (\*p < 0.05, \*\*p < 0.01, \*\*\*p < 0.01, \*\*\* 585 0.005) 586

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Fig. 3. Viability of SARS-CoV-2 on food matrices at -40 °C. (A) Virus titers recovered from the surface by timepoint. (B) Bayesian regression plots showing the predicted decay of virus titers over time. The dots are slightly jittered to avoid overlapping. Lines show exponential decay rates and were randomly drawn at 150 per panel from the joint posterior distribution. (C) Violin plot representing the half-life of viruses. The dots represent the median estimates, and the lines represent the 95% confidence intervals. The dashed lines in

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594	(A) and (B) indicate the limit of detection. Asterisks indicate statistical significance (* $p <$
595	0.05, **p < 0.01, ***p < 0.005).
596	
597	Fig. 4. Virucidal effect of ethanol against SARS-CoV-2 contaminating food matrices.
598	The dashed line indicates the limit of detection at 0.5 TCID <sub>50</sub> /mL for lettuce and 1.5
599	TCID <sub>50</sub> /mL for chicken and salmon. Lowercase letters indicate significant difference between
600	the disinfectant treated group and the control within the same virus strain ( $p < 0.05$ ). EtOH,
601	ethanol.
602	
603	Fig. 5. Virucidal effect of sodium hypochlorite against SARS-CoV-2 contaminating food
604	matrices. The dashed line indicates the limit of detection at 0.5 TCID <sub>50</sub> /mL for lettuce and
605	1.5 TCID <sub>50</sub> /mL for chicken and salmon. Lowercase letters indicate significant difference
606	between the disinfectant treated group and the control within the same virus strain ( $p < 0.05$ ).
607	ClO <sub>2</sub> , Chlorine dioxide.
608	
609	Fig. 6. Virucidal effect of peracetic acid against SARS-CoV-2 contaminating food
610	matrices. The dashed line indicates the limit of detection at 0.5 TCID <sub>50</sub> /mL for lettuce and
611	1.5 TCID <sub>50</sub> /mL for chicken and salmon. Lowercase letters indicate significant difference
612	between the disinfectant treated group and the control within the same virus strain ( $p < 0.05$ ).
613	PAA, peracetic acid.
614	











# Strain SARS-CoV-2 L SARS-CoV-2 S



Strain SARS-CoV-2 L SARS-CoV-2 S

# Highlights

- The viability of SARS-CoV-2 L and SARS-CoV-2 S were evaluated on food matrices
- The viability of SARS-CoV-2 at -40 °C was increases 30 times rather than at 20 °C.
- Peracetic acid at twice the recommended concentration inactivated SARS-CoV-2 on food matrices.
- Ethanol and chlorine dioxide were not effective to inactivate SARS-CoV-2 on food matrices

# **Conflict of Interest**

Author declares no financial or personal conflict of interest with any person or organizations reported in this work.

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