

1  
2  
3 **Optic Nerve Sheath Diameter, Intensive Care Unit admission & COVID-19-Related-In-**  
4  
5 **hospital Mortality**  
6  
7  
8  
9

10 **Short Running Title:** Relationship between the optic nerve sheath diameter and mortality  
11  
12  
13

14  
15 Hamza Gültekin<sup>1</sup>, Mehmet Güven<sup>2</sup>  
16

17 <sup>1</sup>Şırnak State Hospital, Department of Intensive Care Unit, 73000, Şırnak, Turkey  
18

19 <sup>2</sup>Şırnak State Hospital, Department of Endocrinology and Metabolism, 73000, Şırnak, Turkey  
20  
21  
22  
23  
24

25 **Dr. Hamza Gültekin**

26 **E-mail:** hamzagultekin72@hotmail.com  
27

28 **Phone number:** +90 5447428099  
29

30 **Orcid:** 0000-0001-9394-4999  
31  
32  
33

34 **Dr. Mehmet Güven (Corresponding Author)**

35 **E-mail:** dr.mguven@gmail.com  
36

37 **Phone number:** +90 5334962835  
38

39 **Orcid:** 0000-0002-0752-8815  
40  
41  
42  
43  
44

45 **Conflict of Interest**

46  
47 No conflicts of interest exist between the authors and/or family members of the scientific and  
48  
49 medical committee members, or potential conflicts of interest in counseling, expertise,  
50  
51 working conditions, shareholding, and similar situations in any firm.  
52  
53  
54  
55  
56  
57  
58  
59  
60

## Optic Nerve Sheath Diameter, Intensive Care Unit admission & COVID-19-Related-In-hospital Mortality

### Abstract

**Background:** Hypoxia and hypercapnia due to acute pulmonary failure in patients with coronavirus disease 2019 (COVID-19) can increase the intracranial pressure (ICP). ICP correlated with the optic nerve sheath diameter (ONSD) on ultrasonography and is associated with a poor prognosis.

**Aim:** We investigated the capability of ONSD measured during admission to the intensive care unit (ICU) in patients with critical COVID-19 in predicting in-hospital mortality.

**Methods:** A total of 91 patients enrolled in the study were divided into two groups: survivor ( $n = 48$ ) and nonsurvivor ( $n = 43$ ) groups. ONSD was measured by ultrasonography within the first 3 h of ICU admission.

**Results:** The median ONSD was higher in the nonsurvivor group than in the survivor group (5.95 mm vs. 4.15 mm,  $p < 0.001$ ). The multivariate Cox proportional hazard regression analysis between ONSD and in-hospital mortality (contains 26 covariates) was significant (adjusted hazard ratio, 4.12; 95% confidence interval, 1.46–11.55;  $p = 0.007$ ). The ONSD cutoff for predicting mortality during ICU admission was 5 mm (area under the curve, 0.985; sensitivity, 98%; and specificity, 90%). The median survival of patients with ONSD  $>5$  mm (43%;  $n = 39$ ) was lower than those with ONSD  $\leq 5$  mm (57%;  $n = 52$ ) (11.5 days vs 13.2 days; log-rank test  $p = 0.001$ ).

**Conclusions:** ONSD ultrasonography during ICU admission may be an important, cheap, and easy-to-apply method that can be used to predict mortality in the early period in patients with critical COVID-19.

1  
2  
3  
4  
5  
6  
7  
8  
9  
10  
11  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

**Keywords:** Optic Nerve Sheath Diameter Ultrasonography, Mortality, COVID-19, Intensive Care Unit

## Introduction

The coronavirus disease 2019 (COVID-19) was identified as an infectious disease caused by severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2). It is highly infectious and associated with high mortality, with intensive care unit (ICU) mortality ranging from 40% to 70% (1-6).

COVID-19 can cause acute lung injury (ALI) such as pneumonia and, in the most severe cases, acute respiratory distress syndrome (ARDS). In ALI, arterial blood gas analysis shows hypoxemia, which is often initially accompanied by acute respiratory alkalosis. The development of acute hypercapnic respiratory acidosis is an ominous sign and may represent severe ARDS with impending respiratory arrest.

As an extension of the central nervous system, the optic nerve is surrounded by subarachnoid membrane and cerebrospinal fluid (CSF). An enlargement of the optic nerve sheath has been described in patients with increased intracranial pressure (ICP). Moreover, several studies have even reported that ICP monitoring was associated with an increased mortality rate (7,8).

Many underlying pathologies are associated with ICP and may be due to inappropriate CSF circulation, intracranial mass lesions, or more diffuse intracranial pathological processes.

Acute hypoxia and hypercapnia increase ICP, primarily through cerebral vasodilation and increases in CSF in the central nervous system (9,10).

An increased optic nerve sheath diameter (ONSD) may reflect an early increase in ICP. Bedside ultrasonographic measurement of the ONSD offers a favorable alternative and is presently a new technique (11,12).

To the best of our knowledge, no studies have specifically investigated ONSD measurement in predicting mortality in patients with critical COVID-19 admitted to the ICU. In this study,

1  
2  
3 we aimed to investigate the role of bedside ONSD ultrasonographic measurement in  
4  
5 predicting COVID-19-related-in-hospital mortality during ICU admission of patients with  
6  
7 critical COVID-19.  
8  
9

## 10 11 12 13 **Materials and Methods**

### 14 15 16 **Study design and setting**

17  
18  
19 This 6-month, single-center prospective observational cohort study was conducted from July  
20  
21 1 to December 31, 2021. Recruited patients were admitted to the COVID-19 ICU of Şırnak  
22  
23 State Hospital (a designated pandemic hospital in Turkey).  
24  
25

26  
27 The study protocol was approved by the ethics committee of Dicle University, Faculty of  
28  
29 Medicine, Diyarbakır, Turkey (No. 2021/60). Written informed consent was obtained from  
30  
31 patients (when possible) or from their authorized representatives.  
32  
33

34  
35 All patients with COVID-19 enrolled in this study were diagnosed according to World Health  
36  
37 Organization (WHO) guidelines, and the standard operating procedure for identifying patients  
38  
39 who should be admitted to the ICU had been designed in accordance with WHO guidelines  
40  
41 for the management of patients with COVID-19 (13). SARS-CoV-2 positivity was based on  
42  
43 the results of the real-time reverse-transcriptase polymerase chain reaction test using  
44  
45 nasopharyngeal and oropharyngeal swabs.  
46  
47  
48

### 49 **Participants**

50  
51 Patients aged  $\geq 18$  years were included in the study. Patients who had no ONSD measurement  
52  
53 within the first 3 h of ICU admission, had previous cerebrovascular disease and history of  
54  
55 ocular pathology such as exophthalmia, glaucoma, or cataract, and did not provide informed  
56  
57 consent were excluded. In total, 91 patients who met the selection criterion were recruited.  
58  
59  
60

1  
2  
3 According to this standard, the patients were divided into two groups: survivor group (n = 48)  
4 and nonsurvivor group (n = 43) Appendix 1 presents the flow diagram of the study.  
5  
6  
7

### 8 **Study site**

9  
10 The COVID-19 ICU of Şırnak State Hospital consists of four separate sections. It has a  
11 capacity of 50 beds, serving in the third-level area. It operates on an approximately 1:2 nurse-  
12 to-patient ratio with critical care consultants and hospital staff in attendance.  
13  
14  
15  
16  
17

### 18 **ONSD measurement**

19  
20 ONSD was measured at the bedside by the same experienced intensive care  
21 specialist/clinician/doctor responsible for the COVID-19 ICU (Hamza Gültekin, with  
22 advanced optic nerve measurement certificate). The ONSD was measured within the first 3 h  
23 of ICU admission. Because emergency vital interventions (such as endotracheal intubation,  
24 mechanical ventilation, and central venous catheter insertion) were performed in the first  
25 hours of ICU admission, ONSD measurements were performed after the patient's condition  
26 had stabilized. Measurements were made with a high-resolution 6–10 MHz linear-array  
27 ultrasonic probe of the ultrasound device (Model no. DC-7T, Mindray Corporation, China) in  
28 the B-mode setting. The head of the bed was placed 30° above the horizontal line, and the  
29 ONSD was measured at the retrobulbar 3 mm position, with accuracy set to 0.1 mm  
30 (Appendix 2). Both eyes were measured three times, and the values were averaged as the final  
31 ONSD.  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49

### 50 **Laboratory and data analysis**

51  
52 Study data were recorded by the same intensive care specialist/clinician/doctor responsible for  
53 the COVID-19 ICU (Hamza Gültekin).  
54  
55  
56

57 Blood samples were taken within the first hour of ICU admission. Glucose, urea, creatinine,  
58 sodium, potassium, aspartate aminotransferase (AST), alanine aminotransferase (ALT),  
59  
60

1  
2  
3 albumin, C-reactive protein (CRP), D-dimer, arterial blood gas, and arterial partial pressure of  
4 oxygen ( $\text{PaO}_2$ )/fraction of inspired oxygen ( $\text{FiO}_2$ ) [ $\text{PaO}_2:\text{FiO}_2$ ] ratio were recorded. The  
5  
6 reference values of the laboratory parameters of our hospital are shown in Appendix 3.  
7  
8

9  
10 Age, sex, body mass index (BMI), mode of respiratory support (invasive mechanical  
11 ventilation [IMV] or noninvasive mechanical ventilation [NIV]), and presence of comorbid  
12  
13 diseases such as cardiovascular diseases, diabetes mellitus, hypertension, and chronic lung  
14  
15 disease were recorded.  
16  
17  
18

19  
20 The Glasgow coma scale (GCS) score, Acute Physiology and Chronic Health Evaluation  
21 (APACHE) II score, and Sequential Organ Failure Assessment (SOFA) score were calculated  
22  
23 in the first hour of ICU admission.  
24  
25  
26

27  
28 All patients were followed throughout their hospitalization from the date of enrollment. The  
29  
30 in-hospital mortality rate was calculated by taking the time passed until discharge from the  
31  
32 hospital.  
33  
34

### 35 36 **Exposure and endpoints**

37  
38 The primary exposure was ONSD measured during ICU admission. The primary endpoint  
39  
40 was mortality or live discharge at any point during hospitalization. The secondary endpoints  
41  
42 were length of hospital stay and mechanical ventilation during hospitalization.  
43  
44

### 45 46 **Sample size and statistical analysis**

47  
48 A sample size calculation was performed using the Pearson product–moment correlation in  
49  
50 which a power of 80%, significance level of 5%, and moderate effect size ( $R = 0.3$ ) were  
51  
52 considered. This test yielded a sample size of 85 individuals for detecting the specified effect.  
53  
54 Considering data losses, 91 patients were included in the study.  
55  
56  
57  
58  
59  
60

1  
2  
3 The data were analyzed statistically using IBM SPSS Statistics for Windows version 22 (IBM  
4 Corp., Armonk, NY, USA). Continuous variables were presented as median (IQR) and mean  
5 (standard deviation [SD]) values. Categorical variables were presented as frequency rates and  
6 percentages. The chi-square test was used to assess between-group differences with respect to  
7 categorical variables. The Mann–Whitney test was used to assess nonparametric continuous  
8 variables. Spearman’s correlation test was used to examine the relationships between two  
9 variables.

10  
11  
12 Univariate and multivariate Cox proportional hazard regression analyses were used to  
13 investigate the relationship between age, sex, BMI, comorbid diseases, arterial blood gas  
14 analysis, ONSD, APACHE II score, SOFA score, GCS score, glucose, urea, creatine, sodium,  
15 potassium, AST, ALT, albumin, CRP, D-dimer, respiratory support mode (IMV and NIV),  
16 PaO<sub>2</sub>:FiO<sub>2</sub> ratio, and in-hospital mortality (Model 1). Model 2 was applied with the same  
17 covariates by categorizing the ONSD cutoff point. Hazard ratio (HR) and 95% confidence  
18 intervals (CI) were calculated for the assessment of demographics, comorbidities, clinical  
19 characteristics, and ONSD during ICU admission associated with survival outcomes. Receiver  
20 operating characteristic (ROC) analysis and the area under the curve (AUC) were used to  
21 examine the ONSD with regard to predicting in-hospital mortality. The Kaplan–Meier  
22 survival analysis and log-rank test were performed, categorizing ONSD measurements as ≤5  
23 mm and >5 mm.  $p < 0.05$  was considered to indicate significance.

## 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 **Results**

49  
50  
51 The patients were divided into two groups: survivor (n = 48) and nonsurvivor (n = 43). No  
52 difference between the groups in terms of age, sex, and BMI. Hypertension was the most  
53 common comorbid disease in both groups and was significantly higher in the survivor group  
54  
55  
56  
57  
58  
59  
60



1  
2  
3 than in the nonsurvivor group. The number of comorbid diseases was not different between  
4  
5 the groups.  
6  
7

8  
9 The laboratory results (glucose, urea, creatine, sodium, potassium, AST, ALT, albumin, CRP,  
10  
11 and D-dimer) measured during ICU admission were comparable between the two groups. In  
12  
13 the arterial blood gas analysis, only the bicarbonate level was significantly lower in the  
14  
15 nonsurvivor group than in the survivor group ( $p = 0.044$ ).  
16  
17

18  
19 The median SOFA and APACHE II scores measured during ICU admission were  
20  
21 significantly higher in the nonsurvivor group than in the survivor group (3 vs. 2,  $p < 0.001$ ; 12  
22  
23 vs. 8,  $p < 0.001$ , respectively). The median GCS score was lower in the nonsurvivor group  
24  
25 than in the survivor group ( $p < 0.001$ ). Demographic and clinical characteristics of the groups  
26  
27 are shown in Table 1.  
28  
29

### 30 31 **ONSD measurements and COVID-19-related-in-hospital mortality**

32  
33  
34 Overall in-hospital mortality in our cohort was 47% (43/91). The median ONSD was  
35  
36 significantly higher in the nonsurvivor group than in the survivor group (5.95 mm vs 4.15  
37  
38 mm,  $p < 0.001$ ; Figure 1). The ROC curve analysis on the ONSD was performed to predict in-  
39  
40 hospital mortality. The ONSD cutoff for predicting mortality during ICU admission was 5  
41  
42 mm (area under the curve (AUC), 0.985; sensitivity, 98%; and specificity, 90%). With the  
43  
44 ONSD cutoff set at 5 mm, the median survival of those with  $\text{ONSD} \leq 5$  mm in the Kaplan–  
45  
46 Meier life analysis was 13.26 days ( $n = 52$  [57%]; 95% CI 24 to undetermined), and the  
47  
48 median survival of those with  $\text{ONSD} > 5$  mm was 11.57 days ( $n = 39$  [43%]; 95% CI 5.38–  
49  
50 10.61; log-rank test,  $P = 0.001$ ; Figure 2). In model 1, i.e., the univariate and multivariate Cox  
51  
52 proportional hazard regression analyses on factors (contains 26 covariates) that influenced in-  
53  
54 hospital mortality in the ICU, ONSD was found to be significant (unadjusted HR, 1.96; 95%  
55  
56 CI, 1.27–3.01;  $p = 0.002$ ; adjusted HR, 4.12; 95% CI, 1.46–11.55;  $p = 0.007$ ; Table 2). When  
57  
58  
59  
60

1  
2  
3 model 2 was created with the same covariates by categorizing ONSD according to the cutoff  
4  
5 point (ONSD  $\leq$  5 mm and  $>$  5 mm), ONSD was found to be significant (unadjusted HR, 4.11;  
6  
7 95% CI, 1.57–10.72;  $p = 0.004$ ; adjusted HR, 16.90; 95% CI, 2.80–101.79;  $p = 0.002$ ).  
8  
9

10  
11 According to Spearman's correlation, an inverse correlation was found between ONSD with  
12  
13 PaO<sub>2</sub>:FiO<sub>2</sub> ratio and GCS, whereas a positive correlation was found between APACHE II  
14  
15 score and SOFA score, and it was significant (Table 3, Figure 3).  
16  
17

### 18 19 **Adverse effects of ONSD measurement**

20  
21 In both the training and intervention periods, no adverse effects related to ONSD  
22  
23 measurements were reported by either the patients or ICU professionals.  
24  
25

### 26 27 **Discussion**

28  
29 The novelty of this study is related to the finding that ONSD ultrasonographic measurement  
30  
31 during ICU admission is a simple, cheap, easily applicable, and reliable predictor for COVID-  
32  
33 19-related-in-hospital mortality during the ICU stay. To the best of our knowledge, this study  
34  
35 is the first to assess prospectively ONSD ultrasonographic measurement as an early predictor  
36  
37 of outcomes in patients with critical COVID-19 admitted in the ICU.  
38  
39

40  
41 The estimation of ICP may help in the management of patients with critical illness.  
42  
43 Ultrasonographic measurement of the ONSD is a reliable tool for noninvasive estimation of  
44  
45 ICP on admission to the hospital or ICU (14,15). Transorbital sonography has the advantages  
46  
47 of being low cost, with short investigation times, good reproducibility, and bedside  
48  
49 availability, and most importantly of being noninvasive and simple (16,17).  
50  
51

52  
53 Acute hypoxia and hypercapnia may develop frequently as a result of severe lung injury  
54  
55 caused by COVID-19 in the ICUs. Acute hypoxic hypercapnia increases ICP, primarily  
56  
57 through cerebral vasodilatation and increases in cerebral blood volume, which, clinically, is  
58  
59  
60

1  
2  
3 the most important effect of hypercapnia on the central nervous system. In our study, a  
4 negative correlation was found between partial oxygen pressure and ONSD.  
5  
6  
7

8 An elevated ICP can result in many clinical and traumatic circumstances and is a life-  
9 threatening condition (18). The “gold standard” methods for measuring elevated ICP can put  
10 patients with critical illness at further risk due to the invasive nature of the intervention, and  
11 these gold standard approaches carry a notable risk for severe complications such as  
12 hemorrhage, infection, and malfunction. Therefore, these approaches are not indicated in  
13 patients in critical condition (19).  
14  
15  
16  
17  
18  
19  
20  
21

22 Predictive scoring systems are measures of disease severity that are used to predict outcomes,  
23 typically mortality, of patients in the ICU. Predictive scoring systems, which are used to  
24 monitor disease severity and prognosis in the ICUs, have many disadvantages. For example,  
25 in APACHE 2 scoring, the number of input variables is high, and the score may change  
26 because of worsening performance over time. The SOFA score has been used in the  
27 identification of patient populations at greater risk of dying from sepsis. However, no scoring  
28 system is superior to each other. In addition, the large number of scoring system parameters  
29 may lead to the clinician wasting a substantial amount of time and obtaining incorrect  
30 calculation. As ONSD measurement is an easy method that can be performed in a short time,  
31 we found that it was superior to SOFA and APACHE II scores in predicting mortality in the  
32 ICU.  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47

48 In a study conducted in 2014, 220 patients with traumatic brain injury in the ICU were  
49 examined, and a 1-mm increase in ONSD was associated with a twofold increase in-hospital  
50 mortality (20). Patel et al. examined 86 patients with ischemic or hemorrhagic stroke who had  
51 ONSD ultrasonographic measurements within the first 2 days of hospitalization (21). The  
52 mean ONSD differed in patients who survived versus those who died before discharge  
53 because of ischemic (0.53 vs. 0.58 cm;  $p = 0.009$ ) or hemorrhagic (0.57 vs. 0.62 cm;  $p =$   
54  
55  
56  
57  
58  
59  
60

1  
2  
3 0.019) stroke. In our study, the best ONSD cutoff in patients with COVID-19 was 5 mm,  
4 other than cerebrovascular diseases, within a very short time, such as the first 3 h of their  
5 admission to the ICU. In addition, in our study, a 1-mm increase in ONSD was associated  
6 with a fourfold increase in-hospital mortality. The early detection of elevated ICP cannot only  
7 prevent mortality but also aid in more aggressive management.  
8  
9

10  
11  
12  
13  
14  
15 This study has several limitations that warrant caution when interpreting the results. First, our  
16 results demonstrate an association between ONSD and increased ICP but do not suggest a  
17 predictive ability of which patients will develop increased ICP during their illness.  
18 Importantly, ICP and ONSD have a dynamic relationship, which requires a close temporal  
19 association. Ultrasound studies have demonstrated that ONSD acutely fluctuates within  
20 minutes of changes in ICP when the pressure volume characteristics of the intracranial  
21 compartment are altered (22-24). Second, ONSD was measured only during ICU admission.  
22 ONSD could not be measured in the intensive care follow-ups after hospitalization. Owing to  
23 the heavy burden of the pandemic on ICUs, there was not enough time to allocate work.  
24 Third, this study was valid during hospitalization. It could not keep track of the life situation  
25 after discharge. Finally, this study was examined using single-center data. Larger, multicenter  
26 studies are needed to obtain more conclusive evidence.  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43

#### 44 **Conclusion**

45  
46 The ONSD ultrasonographic measurement at the time of ICU admission is a promising way to  
47 evaluate COVID-19-related mortality. This noninvasive bedside tool is simple, cheap, and  
48 available for serial measurements.  
49  
50  
51  
52  
53

#### 54 **Declaration of Interest**

55  
56 The authors declare that there is no conflict of interest that could be perceived as prejudicing  
57 the impartiality of this study.  
58  
59  
60

## Funding

This research did not receive any specific grant from any funding agency in the public, commercial or not-for-profit sector.

## Data availability

The dataset generated during and analyzed during the current study are available from the corresponding author on reasonable request.

## References

1. Grasselli G, Greco M, Zanella A, Albano G, Antonelli M, Bellani G, et al. Risk Factors Associated With Mortality Among Patients With COVID-19 in Intensive Care Units in Lombardy, Italy [published correction appears in *JAMA Intern Med.* 2021 Jul 1;181(7):1021]. *JAMA Intern Med.* 2020;180(10):1345-1355. doi:10.1001/jamainternmed.2020.3539
2. Wang Y, Lu X, Li Y, Chen H, Chen T, Su N, et al. Clinical Course and Outcomes of 344 Intensive Care Patients with COVID-19. *Am J Respir Crit Care Med.* 2020;201(11):1430-1434. doi:10.1164/rccm.202003-0736LE
3. Myers LC, Parodi SM, Escobar GJ, Liu VX. Characteristics of Hospitalized Adults With COVID-19 in an Integrated Health Care System in California. *JAMA.* 2020;323(21):2195-2198. doi:10.1001/jama.2020.7202
4. Du RH, Liu LM, Yin W, Wang W, Guan LL, Yuan ML, et al. Hospitalization and Critical Care of 109 Decedents with COVID-19 Pneumonia in Wuhan, China. *Ann Am Thorac Soc.* 2020;17(7):839-846. doi:10.1513/AnnalsATS.202003-225OC
5. Güven M, Gültekin H. The effect of high-dose parenteral vitamin D<sub>3</sub> on COVID-19-related inhospital mortality in critical COVID-19 patients during intensive care unit

- 1  
2  
3 admission: an observational cohort study. *Eur J Clin Nutr.* 2021;75(9):1383-1388.  
4  
5 doi:10.1038/s41430-021-00984-5  
6  
7  
8 6. Bastug A, Bodur H, Erdogan S, Gokcinar D, Kazancioglu S, Kosovali BD, et al.  
9  
10 Clinical and laboratory features of COVID-19: Predictors of severe prognosis. *Int*  
11  
12 *Immunopharmacol.* 2020;88:106950. doi:10.1016/j.intimp.2020.106950  
13  
14  
15 7. Badri S, Chen J, Barber J, Temkin NR, Dikmen SS, Chesnut RM, et al. Mortality and  
16  
17 long-term functional outcome associated with intracranial pressure after traumatic  
18  
19 brain injury. *Intensive Care Med.* 2012;38(11):1800-1809. doi:10.1007/s00134-012-  
20  
21 2655-4  
22  
23  
24 8. Robba C, Donnelly J, Cardim D, Tajsic T, Cabeleira M, Citerio G, et al. Optic nerve  
25  
26 sheath diameter ultrasonography at admission as a predictor of intracranial  
27  
28 hypertension in traumatic brain injured patients: a prospective observational study. *J*  
29  
30 *Neurosurg.* 2019:1–7  
31  
32  
33 9. Yoon S, Zuccarello M, Rapoport RM. pCO<sub>2</sub> and pH regulation of cerebral blood  
34  
35 flow. *Front Physiol.* 2012;3:365. Published 2012 Sep 14.  
36  
37 doi:10.3389/fphys.2012.00365  
38  
39  
40 10. Adaro FV, Roehr EE, Viola AR, Wymerszberg de Obrutzky C. Acid-base equilibrium  
41  
42 between blood and cerebrospinal fluid in acute hypercapnia. *J Appl Physiol.*  
43  
44 1969;27(2):271-275. doi:10.1152/jappl.1969.27.2.271  
45  
46  
47 11. Kimberly HH, Shah S, Marill K, Noble V. Correlation of optic nerve sheath diameter  
48  
49 with direct measurement of intracranial pressure. *Acad Emerg Med.* 2008;15(2):201–  
50  
51 4.  
52  
53  
54 12. Rajajee V, Vanaman M, Fletcher JJ, Jacobs TL. Optic nerve ultrasound for the  
55  
56 detection of raised intracranial pressure. *Neurocrit Care.* 2011;15:506–15.  
57  
58  
59  
60

- 1  
2  
3 13. World Health Organization. (2020). Clinical management of severe acute respiratory  
4 infection (SARI) when COVID-19 disease is suspected: interim guidance, 13 March  
5 2020.  
6  
7  
8  
9
- 10 14. Lochner P, Czosnyka M, Naldi A, Lyros E, Pelosi P, Mathur S, et al. Optic nerve  
11 sheath diameter: present and future perspectives for neurologists and critical care  
12 physicians. *Neurol Sci.* 2019;40(12):2447-2457. doi:10.1007/s10072-019-04015-x  
13  
14  
15
- 16 15. Robba C, Santori G, Czosnyka M, Corradi F, Bragazzi N, Padayachy L, et al. Optic  
17 nerve sheath diameter measured sonographically as non-invasive estimator of  
18 intracranial pressure: a systematic review and meta-analysis. *Intensive Care Med.*  
19 2018;44(8):1284-1294. doi:10.1007/s00134-018-5305-7  
20  
21  
22
- 23 16. Geeraerts T, Merceron S, Benhamou D, Vigué B, Duranteau J. Non-invasive  
24 assessment of intracranial pressure using ocular sonography in neurocritical care  
25 patients. *Intensive Care Med.* 2008;34(11):2062-2067. doi:10.1007/s00134-008-1149-  
26 x  
27  
28  
29  
30  
31  
32  
33  
34
- 35 17. Sallam A, Alkhatip A, Kamel MG, Hamza MK, Yassin HM, Hosny H, et al. The  
36 Diagnostic Accuracy of Noninvasive Methods to Measure the Intracranial Pressure: A  
37 Systematic Review and Meta-analysis. *Anesth Analg.* 2021;132(3):686-695.  
38 doi:10.1213/ANE.00000000000005189  
39  
40  
41  
42  
43
- 44 18. Shen L, Wang Z, Su Z, Qiu S, Xu J, Zhou Y, et al. Effects of intracranial pressure  
45 monitoring on mortality in patients with severe traumatic brain injury: a meta-analysis.  
46 *PLoS One.* 2016, 11:e0168901  
47  
48  
49
- 50 19. Bekar A, Doğan S, Abaş F, Caner B, Korfalı G, Kocaeli H, et al. Risk factors and  
51 complications of intracranial pressure monitoring with a fiberoptic device. *J Clin*  
52 *Neurosci.* 2009;16(2):236-240. doi:10.1016/j.jocn.2008.02.008  
53  
54  
55  
56  
57  
58  
59  
60

- 1  
2  
3 20. Sekhon MS, McBeth P, Zou J, Qiao L, Kolmodin L, Henderson WR, et al. Association  
4 between optic nerve sheath diameter and mortality in patients with severe traumatic  
5 brain injury. *Neurocrit Care*. 2014;21(2):245-252. doi:10.1007/s12028-014-0003-y  
6  
7  
8  
9  
10 21. Patel R, Chowdhury MAB, Gul S, Fahy BG, Gonzalez A, Fitzpatrick D, et al.  
11 Ultrasound of Optic Nerve Sheath Diameter and Stroke Outcomes. *Crit Care Explor*.  
12 2021;3(11):e0565. Published 2021 Nov 11. doi:10.1097/CCE.0000000000000565  
13  
14  
15  
16  
17 22. Dubourg J, Javouhey E, Geeraerts T, Messerer M, and Kassai B. Ultrasonography of  
18 optic nerve sheath diameter for detection of raised intracranial pressure: a systematic  
19 review and meta-analysis. *Intensive Care Med*. 2011; 37: 1059–1068  
20  
21  
22  
23  
24 23. Hansen HC, Helke K. Validation of the optic nerve sheath response to changing  
25 cerebrospinal fluid pressure: ultrasound findings during intrathecal infusion tests. *J*  
26 *Neurosurg*. 1997; 87:34–40.  
27  
28  
29  
30 24. Dubourg J, Messerer M, Geeraerts T, Cour-Andlauer F, Javouhey E, and Kassai B.  
31 (2011). Diagnostic accuracy of ultrasonography of optic nerve sheath diameter for  
32 detecting raised intracranial pressure. *Acta Anaesthesiol. Scand*. 55, 899; author reply.  
33 899–900.  
34  
35  
36  
37  
38  
39  
40  
41  
42

### 43 **Figure and Table Legends**

44  
45  
46 **Appendix 1.** Flow diagram of the study

47  
48 **Appendix 2A.** Optic nerve ultrasound examination in the COVID-19 intensive care unit.

49  
50 **Appendix 2B.** Ultrasonographic images of the optic nerve sheath diameter.

51  
52  
53 **Appendix 3.** Reference ranges of laboratory parameters.  
54  
55  
56  
57  
58  
59  
60



1  
2  
3 **Appendix 4.** Receiver operating characteristic curve of the optic nerve sheath diameter for  
4 predicting mortality under ultrasound. Abbreviations. AUC, area under the curve. AUC is  
5 presented followed by the 95% confidence interval.  
6  
7  
8

9  
10 **Figure 1.** Boxplots of ONSD showing comparison between survivor and nonsurvivor groups.  
11 The median ONSD between groups were significantly different. Abbreviation. ONSD, optic  
12 nerve sheath diameter.  
13  
14  
15  
16

17  
18 **Figure 2.** Kaplan–Meier plot of probability of survival over time. The plot is categorized by  
19 ONSD measurement during ICU admission above or equal to and below the cutoff of 5 mm.  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

**Figure 3.** Correlation graph between the optic nerve sheath diameter and PaO<sub>2</sub>:FiO<sub>2</sub> ratio.  
Abbreviation. ONSD, optic nerve sheath diameter; PaO<sub>2</sub>: FiO<sub>2</sub>, arterial partial pressure of  
oxygen: fraction of inspired oxygen. Spearman’s correlation test was used.

**Table 1.** Demographic and clinical characteristics of the groups.

**Table 2.** Univariate and multivariate Cox proportional hazard regression analyses on  
demographic, comorbidities, clinical characteristics, and optic nerve sheath diameter related  
to in-hospital mortality in patients with critical COVID-19 in the intensive care unit (Model  
1).

**Table 3.** Correlations between the optic nerve sheath diameter and clinical parameters upon  
admission to the intensive care unit.

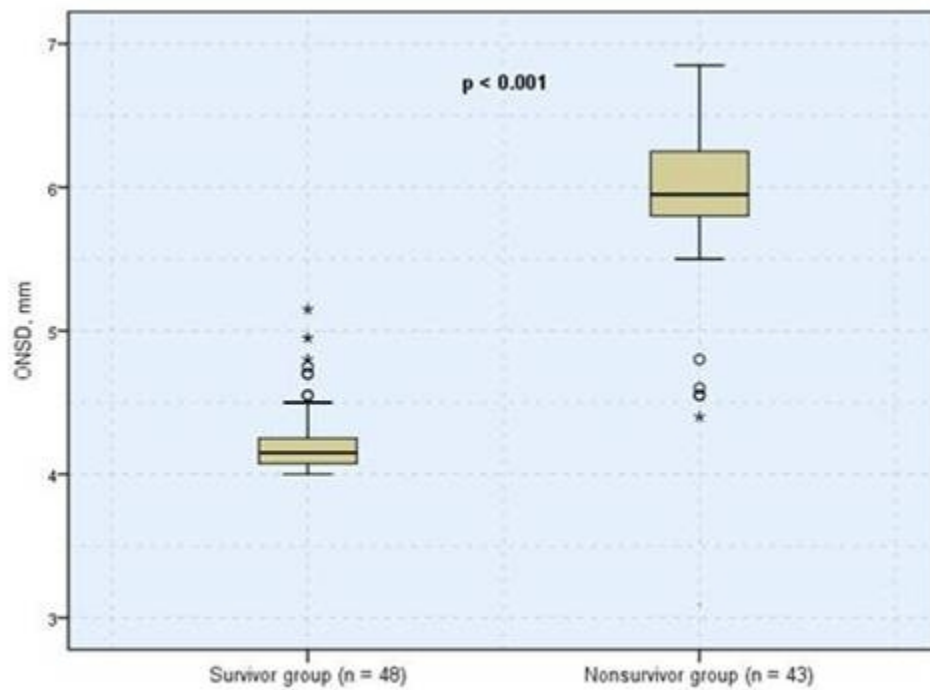


Figure 1. Boxplots of ONSD showing comparison between survivor and nonsurvivor groups. The median ONSD between groups were significantly different. Abbreviation. ONSD, optic nerve sheath diameter.

40x33mm (300 x 300 DPI)

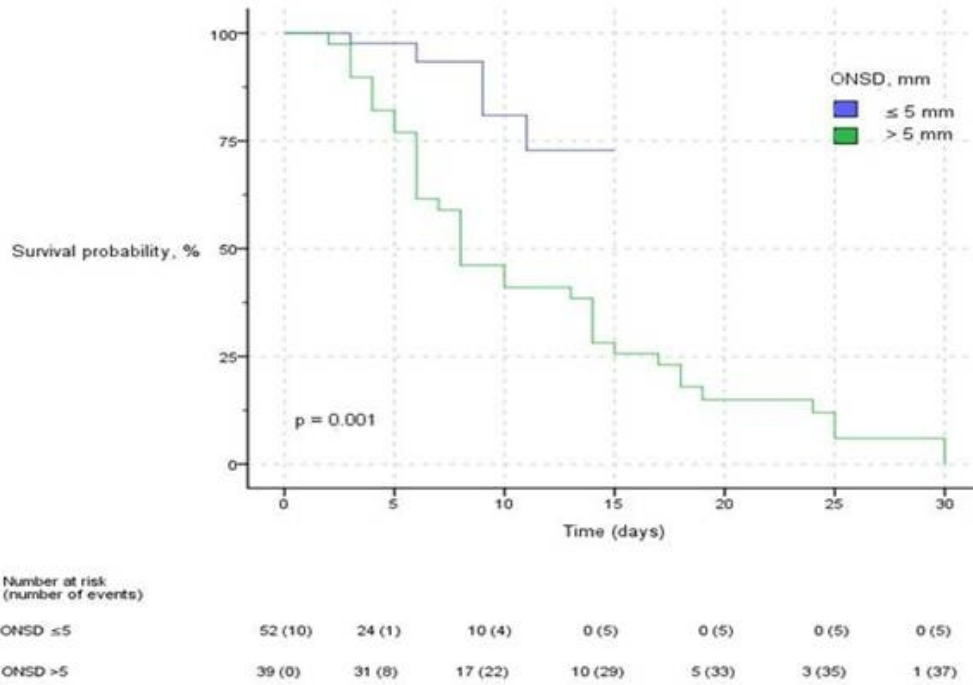


Figure 2. Kaplan–Meier plot of probability of survival over time. The plot is categorized by ONSD measurement during ICU admission above or equal to and below the cutoff of 5 mm. Abbreviation. ONSD, Optic nerve sheath diameter; ICU, Intensive care unit.

49x36mm (300 x 300 DPI)

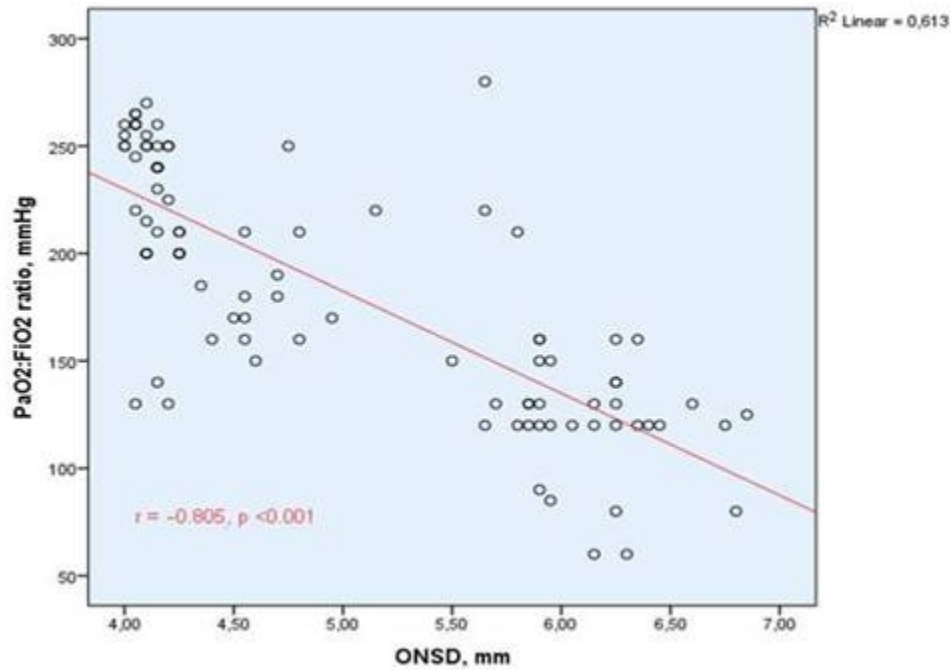


Figure 3. Correlation graph between the optic nerve sheath diameter and PaO<sub>2</sub>:FiO<sub>2</sub> ratio. Abbreviation. ONSD, optic nerve sheath diameter; PaO<sub>2</sub>: FiO<sub>2</sub>, arterial partial pressure of oxygen: fraction of inspired oxygen. Spearman's correlation test was used.

40x28mm (300 x 300 DPI)

**Table 1.** Demographic and clinical characteristics of the groups.

Parameters		Survivor (n = 48)	Nonsurvivor (n = 43)	P value
Sex	Male	26 (54.2%)	24 (55.8%)	0.875
	Female	22 (45.8%)	19 (44.2%)	
Age, y		75 (65–84)	71 (63–84)	0.247
BMI, kg/m <sup>2</sup>		24.6 (23.3–27.8)	25.95 (22.8–31.2)	0.209
<b>Comorbid Diseases</b>				
Cardiovascular disease		26 (54.2%)	22 (51.2%)	0.774
Diabetes mellitus		16 (33.3%)	21 (48.8%)	0.133
Hypertension		43 (89.6%)	30 (69.8%)	<b>0.018</b>
Chronic lung disease		13 (27.1%)	10 (23.3 %)	0.675
Number of comorbid diseases	1	8 (16.7%)	8 (16.7%)	0.808
	2	32 (66.7%)	30 (69.8%)	0.751
	3	7 (14.6%)	5 (11.6%)	0.677
	4	1 (2.1%)	0	0.341
Glucose, mg/dL		145 (116–234)	172 (137–238)	0.061
Urea, mg/dL		54 (42–71)	60 (39–73)	0.877
Creatine, mg/dL		1 (0.81–1.22)	1 (0.8–1.38)	0.937
Sodium, mmol/L		137 (133–139)	138 (134–142)	0.232
Potassium, mmol/L		3.92 (3.34–4.43)	4.2 (3.54–4.6)	0.180
AST, U/L		26 (18–58)	27 (23–43)	0.946
ALT, U/L		18 (12–27)	18 (15–24)	0.696
Albumin, g/dL		2.77 (2.5–3.2)	2.75 (2.53–2.99)	0.382
CRP, mg/dL		7.41 (2.1–12.5)	9.9 (3.8–16)	0.278
D-dimer, ug/L		1446 (849–2320)	1610 (923–3380)	0.373
Arterial blood gas analysis	pH	7.39 (7.37–7.45)	7.40 (7.33–7.45)	0.349
	pCO <sub>2</sub> , mmHg	39 (32–42)	36 (34–45)	0.656
	HCO <sub>3</sub> <sup>-</sup> , mmol/L	24 (22–25)	22 (20–25)	<b>0.044</b>
ONSD, mm		4.15 (4.06–4.25)	5.95 (5.8–6.25)	<b>&lt; 0.001</b>
APACHE II score		8 (8–9)	12 (10–15)	<b>&lt; 0.001</b>
SOFA score		2 (2–2)	3 (3–4)	<b>&lt; 0.001</b>
GCS score		15 (15–15)	14 (11–15)	<b>&lt; 0.001</b>
PaO <sub>2</sub> :FiO <sub>2</sub> ratio, mmHg		227 (200–250)	130 (120–160)	<b>&lt; 0.001</b>
IMV		9 (19%)	32 (74%)	<b>&lt; 0.001</b>
NIV		39 (81.3%)	11 (25.6%)	
Lenght of ICU stay, day		4 (3–9)	8 (6–14)	<b>&lt; 0.001</b>

1  
2  
3 **Abbreviation.** BMI, body mass index; AST, Aspartate aminotransferase; ALT, Alanine aminotransferase; CRP,  
4 C-reactive protein; pH, potential of hydrogen; PCO<sub>2</sub>, carbon dioxide arterial partial pressure; HCO<sub>3</sub><sup>-</sup>  
5 ,bicarbonate; ONSD, optic nerve sheath diameter; APACHE II, Acute Physiology and Chronic Health  
6 Evaluation II; SOFA, Sequential Organ Failure Assessment; GCS, Glasgow Coma Scale; PaO<sub>2</sub>: FiO<sub>2</sub>, arterial  
7 blood gas and arterial partial pressure of oxygen: fraction of inspired oxygen; IMV, invasive mechanical  
8 ventilation; NIV, non-invasive mechanical ventilation; ICU, Intensive care unit.  
9  
10  
11

12 Categorical data shown as number (percentage). Non-normally distributed continuous variables displayed as  
13 median (IQR). \* Chi-square test, \*\* Mann-Whitney's test. P < 0.05: significant (shown in bold).  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

**Table 2.** Univariate and multivariate Cox proportional hazard regression analyses on demographic, comorbidities, clinical characteristics, and optic nerve sheath diameter related to in-hospital mortality in patients with critical COVID-19 in the intensive care unit (Model 1).

Parameters	Unadjusted HR (95% CI)	P value	Adjusted HR (95% CI)	P value	
Gender	0.71 (0.37–1.38)	0.322	0.02 (0–0.28)	<b>0.003</b>	
Age, y	1.01 (0.98–1.03)	0.401	1.02 (0.98–1.06)	0.253	
BMI, kg/m <sup>2</sup>	1.03 (0.98–1.08)	0.183	0.99 (0.89–1.09)	0.874	
<b>Comorbid Diseases</b>					
Cardiovascular disease	1.08 (0.58–2.01)	0.787	4.76 (1.04–21.72)	<b>0.043</b>	
Diabetes mellitus	1.09 (0.59–2.03)	0.770	1.03 (0.26–4.02)	0.962	
Hypertension	0.79 (0.4–1.54)	0.499	1.09 (0.29–4.06)	0.896	
Chronic lung disease	1.14 (0.55–2.38)	0.710	0.67 (0.11–3.80)	0.654	
Arterial blood gas analysis	pH	0.14 (0–2.23)	0.164	115.08 (0–333366)	0.460
	PaCO <sub>2</sub>	1 (0.97–1.04)	0.634	0.99 (0.89–1.1)	0.920
	HCO <sub>3</sub> <sup>-</sup>	0.98 (0.9–1.06)	0.626	1.11 (0.82–1.49)	0.485
ONSD, mm	1.96 (1.27–3.01)	<b>0.002</b>	4.12 (1.46–11.55)	<b>0.007</b>	
Apachi II score	1.12 (1.05–1.18)	<b>&lt; 0.001</b>	1.34 (1.02–1.75)	<b>0.033</b>	
SOFA score	1.23 (1.1–1.36)	<b>&lt; 0.001</b>	0.47 (0.25–0.91)	<b>0.025</b>	
GCS at admission	0.85 (0.77–0.93)	<b>0.001</b>	0.69 (0.48–1)	0.055	
PaO <sub>2</sub> :FiO <sub>2</sub> ratio, mmHg	0.98 (0.98–0.99)	<b>0.005</b>	0.98 (0.95–1)	0.142	
IMV	1.41 (0.7–2.86)	0.333	0.16 (0.02–1.06)	0.058	
Glucose, mg/dL	1 (1–1)	<b>0.010</b>	1.01 (1–1.02)	<b>&lt; 0.001</b>	
Urea, mg/dL	0.99 (0.98–1)	0.153	0.95 (0.93–0.98)	<b>0.002</b>	
Creatine, mg/dL	1.07 (0.53–2.17)	0.839	0.76 (0.14–4.19)	0.760	
Sodium, mmol/L	1.08 (1.02–1.14)	<b>0.004</b>	1.15 (1.01–1.30)	<b>0.029</b>	
Potassium, mmol/L	0.88 (0.58–1.33)	0.549	2.99 (1.07–8.36)	<b>0.036</b>	
AST, U/L	0.99 (0.98–1)	0.332	0.97 (0.95–1)	0.119	
ALT, U/L	0.99 (0.99–1)	0.495	1.04 (1–1.07)	<b>0.017</b>	
Albumin, g/dL	0.79 (0.34–1.83)	0.590	0.34 (0.02–4.48)	0.418	
CRP, mg/dL	1.02 (0.98–1.07)	0.200	1.08 (0.96–1.22)	0.185	
D-dimer, ug/L	1 (1–1)	0.859	1 (1–1)	0.844	

1  
2  
3  
4  
5 **Abbreviation.** ICU, Intensive care unit; BMI, body mass index; pH, potential of hydrogen; PCO<sub>2</sub>, carbon  
6 dioxide arterial partial pressure; HCO<sub>3</sub><sup>-</sup>, bicarbonate; ONSD, optic nerve sheath diameter; APACHE II, Acute  
7 Physiology and Chronic Health Evaluation II; SOFA, Sequential Organ Failure Assessment; GCS, Glasgow  
8 Coma Scale; PaO<sub>2</sub>: FiO<sub>2</sub>, arterial blood gas and arterial partial pressure of oxygen: fraction of inspired oxygen;  
9 IMV, invasive mechanical ventilation; AST, Aspartate aminotransferase; ALT, Alanine aminotransferase; CRP,  
10 C-reactive protein. P < 0.05: significant (shown in bold).  
11  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60



**Table 3.** Correlations between the optic nerve sheath diameter and clinical parameters upon admission to the intensive care unit.

Parameters	Correlation coefficient	P value
PaO <sub>2</sub> : FiO <sub>2</sub> ratio, mmHg	- 0.805	<b>&lt;0.001</b>
Apachi II score	0.758	<b>&lt;0.001</b>
Sofa score	0.736	<b>&lt;0.001</b>
GCS score	- 0.435	<b>&lt;0.001</b>
CRP, mg/dL	- 0.013	0.906
ICU stay, day	0.377	<b>&lt;0.001</b>
pCO <sub>2</sub>	-0.103	0.330

**Abbreviation.** ICU, Intensive care unit; PaO<sub>2</sub>: FiO<sub>2</sub>, arterial partial pressure of oxygen: fraction of inspired oxygen, Apachi II, Acute physiology and chronic health evaluation II; Sofa, Sequential organ failure assessment; GCS, Glasgow Coma Scale; CRP, C-reactive protein; PaCO<sub>2</sub>, carbon dioxide arterial partial pressure. Spearman's correlation test was used. P < 0.05: significant (shown in bold).