

Intramedullary Nail Breakage and Mechanical Displacement in Patients with Proximal Femoral Fractures: A Commercial and Medicare Supplemental Claims Database Analysis

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Objective: This study evaluated the rates and patterns of intramedullary nail (IMN) breakage and mechanical displacement for proximal femur fractures and the factors associated with their occurrence.

Patients and Methods: Patients with subtrochanteric, intertrochanteric, or basicervical femoral neck fractures treated with IMN from 2016 to 2019 were identified from commercial and Medicare supplemental claims databases and were followed for up to two years. Kaplan–Meier analysis estimated the cumulative incidence of and patterns of breakage/mechanical displacement. Multivariable Cox regression models evaluated the factors associated with breakage/mechanical displacement.

Results: A total of 11,128 patients had IMN fixation for subtrochanteric, intertrochanteric, or basicervical femoral neck fractures: (mean SD) age 75.6 (16.4) years, 66.2% female, 74.3% Medicare supplemental vs 26.7% commercial insurance. Comorbidities included hypertension (62.9%), osteoporosis (27.3%), cardiac arrhythmia (23.1%), diabetes (30.7%), and chronic pulmonary disease (16.3%). Most fractures were closed (97.2%), intertrochanteric or basicervical femoral neck (80.1%), and not pathological (91.0%). The cumulative incidence of nail breakage over two years was 0.66% overall, 1.44% for combination fractures, 1.16% for subtrochanteric fractures, and 0.49% for intertrochanteric or basicervical fractures. The cumulative incidence of mechanical displacement was 0.37% overall, 0.43% for subtrochanteric fractures, 0.42% for combination fractures, and 0.36% for intertrochanteric or basicervical femoral neck fractures. Half of the breakages occurred within five months after surgery and half of the mechanical displacements occurred within 75 days. Age 50–64 (vs 75+) and subtrochanteric or pathological fracture were more commonly associated with nail breakage. Complicated hypertension was more commonly associated with mechanical displacement.

Conclusion: The incidence of IMN breakage and mechanical displacement in US commercial and Medicare supplemental patients with proximal femur fractures from 2016 to 2019 was low (0.66% and 0.37%, respectively up to two years). Age 50–64 (vs 75+) and subtrochanteric or pathological fracture were more commonly associated with breakage. Complicated hypertension was associated with mechanical displacement.

Keywords: intramedullary nailing, IMN, complications, breakage, mechanical displacement, retrospective claims database evaluation

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Introduction

Proximal femoral fractures account for a large proportion of hospitalizations among trauma cases, and their clinical burden and costs place a great strain on society.¹⁻⁴ Intertrochanteric fractures occur in the area between the greater and lesser trochanter and are the most common type of hip fracture, accounting for nearly half of all hip fractures.⁵ Subtrochanteric fractures, which occur in the area within 5 cm distal to the lesser trochanter, are prone to nonunion and malunion and require proper reduction before and during fixation to ensure favorable results.⁶ Basicervical femoral neck fractures occur between the base of the femoral neck and the trochanteric region⁷ and may be regarded as an intermediate form due to their anatomical location.^{8,9} A variety of options for fixation may be considered for basicervical femoral neck fractures.⁷ Many questions still remain regarding the optimal management of proximal femoral fractures.⁶ The choice of implant depends upon the fracture pattern, the age of the patient, and the patient's existing comorbidities.⁶

Intramedullary nailing (IMN) has been used to treat proximal femoral fractures for more than 80 years^{10,11} and an increasing trend in IMN utilization has been observed over the past two decades. Data from the US Veterans Affairs found that IMN utilization increased from 1998 to 2005, varying geographically.¹² A subsequent analysis of Medicare data showed increasing utilization of IMN vs sliding hip screw from 2005 to 2011 (46.9% to 79.1%).¹³ A previous evaluation by our research group using commercial and Medicare supplemental data found that IMN was the most common treatment for fractures of the femur over the past four years and IMN utilization rates have been constant during that time.¹⁴

IMN fixation can be challenging given the inherent nature of many of the patients' fractures and the health status of much of the patient population.¹⁵ Complications of IMN reported in the literature include malalignment, cutout, infection, false drilling, wrong lag screw length, drill bit breakage, malrotation of the femoral diaphysis, elongation of the femur, impaired bone healing, periprosthetic fracture, fracture collapse, implant failure, lag screw intrapelvic migration, neurovascular injury, secondary varus deviation, pain, and refracture. Implant device fracture is rare (range in published literature from 0.2% to 5.6%¹⁶⁻¹⁸), however it is often a tragic event as revision is very complex and difficult in this typically vulnerable patient population.¹⁵

Implant breakage usually occurs at the level of the lag screw aperture,¹⁵ although the nail itself may also break, usually at distal barrel taper or at the nail lag screw aperture.^{15,19-21} Reasons for the breakage may be excessive premature weight bearing or prolonged cyclical loading (eg, with nonunion).¹⁹⁻²¹ Mechanical displacement of IMN occurs when there is problematic movement of the IMN (eg, rotation, angulation, etc) that may be associated with malreduction and subsequently fracture malunion, nonunion, or shortening.^{22,23}

Rates of nail breakage or mechanical displacement following surgical repair of proximal femoral fractures with IMN are not well established as these depend on multiple factors such as fracture type, patient comorbidities, surgical approach, and the type of IMN.¹⁹⁻²¹ A better understanding of the rates and patterns of occurrence of IMN breakage and mechanical displacement would be helpful to evaluate the magnitude of these problems and possibly how to avoid them. The objective of this study was to use administrative claims data to evaluate the rates of, and factors associated with, IMN breakage and mechanical displacement in patients with subtrochanteric, intertrochanteric, or basicervical femoral neck fractures.

Patients and Methods

Data Sources

This study used US administrative claims data from >300 large self-insured US employers and >25 US health plans included in the IBM MarketScan[®] Commercial and Medicare Supplemental Research Database. Commercial data constitutes individuals ≤ 65 years of age (primary insured, spouse, or dependent) and Medicare supplemental data includes patients with Medicare government health insurance (≥ 65 years of age) with supplemental private insurance. The database includes demographic and enrollment information (ie, age, gender, US geographic region, US type of health insurance payer, employment status, monthly enrollment status, and mental health carve-out information), inpatient and outpatient medical (ie, length of stay, service date and duration, type of provider, place of service, payment, deductible, copayment), and outpatient pharmacy claims (ie, national drug codes, therapeutic class, date of dispensing, days supplied and quantity, and amounts paid). International Classification of Diseases, 9th and 10th Revisions, Clinical Modification (ICD-9-CM and ICD-10-CM) diagnosis and procedure codes are utilized.

Patient Population

Patients with IMN fixation for subtrochanteric, intertrochanteric, or basicervical femoral neck fractures between 2016 and 2019 were identified from the database. Patient data were collected for up to two years (maximum) postsurgery. Inclusion criteria were: age ≥ 18 years, femur fracture hospitalization with IMN repair between 2016 and 2019 (date of hospitalization for the fracture repair procedure=index date), diagnosis for intertrochanteric, basicervical femoral neck or subtrochanteric femur fractures on or 30 days prior to index hospitalization, and enrollment pre-index (baseline). Exclusion criteria were: baseline long bone fractures, amputation during index hospitalization, or polytrauma (multiple bone fractures during index hospitalization).

Study Measures

Baseline Demographic and Clinical Characteristics

Patient demographics included age, sex, insurance coverage, census region, and year of index hospitalization. Baseline comorbidity (ie, comorbid conditions present prior to implantation of the nails) was assessed using the Elixhauser Comorbidity Index, an aggregate measure of comorbidity that includes 31 comorbidity indicators. Higher values on Elixhauser are associated with greater comorbidity. Prior research has shown that Elixhauser scores are associated with risk of mortality and health care utilization. Individual baseline comorbidities and injury severity scores were also assessed. Fracture characteristics evaluated included open fractures, pathological fractures, and the location of the fracture.

Outcome Measures

Two primary outcomes were evaluated for IMN fixation of subtrochanteric, intertrochanteric, or basicervical femoral neck fractures in the study: (1) nail breakage, defined as a subsequent hospitalization with ≥ 1 ICD-10 diagnosis code for breakdown of internal device and ≥ 1 ICD-10 procedure code for femur fracture repair or device removal from femur occurring concomitantly within the same inpatient hospitalization; and (2) nail mechanical displacement, defined as a subsequent hospitalization with ≥ 1 ICD-10 diagnosis code for displacement of internal device and ≥ 1 ICD-10 procedure code for femur fracture repair or device removal from femur occurring concomitantly within the same inpatient hospitalization.

Statistical Analyses

Study variables were analyzed descriptively using counts and proportions (dichotomous variables) and means and standard deviations (continuous variables). A Kaplan–Meier analysis estimated the cumulative incidence of breakage and mechanical displacement over the two-year period, for all patients overall by fracture type. Patients were censored if they died or at the end of the study period. Two separate multivariable Cox regression models evaluated the factors associated with nail breakage and mechanical displacement. HRs, 95%CI, and *p*-values were reported.

Results

A total of 11,128 patients from the longitudinal database received IMNs for subtrochanteric, intertrochanteric, or basicervical femoral neck fractures between 2016 and 2019 and were included in the study.

Baseline Demographic and Clinical Characteristics

Mean (SD) age of patients was 75.6 (16.4) years and two-thirds of the patients (66.2%) were female (Table 1). Three-quarters of the patients (74.3%) were from the Medicare supplemental database, more than three-quarters (77.7%) were employees, and most had preferred provider organization (PPO) insurance (47.4%) or comprehensive insurance (28.5%). A greater proportion of the patients were from the South (37.5%) and Midwest (28.6%) census regions of the US and a greater proportion of patients had surgery in 2016 (32.8%) or 2017 (26.2%).

Major comorbidities for patients with IMN fixation were hypertension (uncomplicated 52.7% and complicated 10.2%), osteoporosis (27.3%), cardiac arrhythmia (23.1%), diabetes (uncomplicated 17.1% and complicated 13.6%), chronic pulmonary disease (16.3%), hypothyroidism (16.2%), and peripheral vascular disorders (15.2%) (Table 2). One-third of patients (33.5%) had an Elixhauser comorbidity score of 1–2, one-quarter of patients (25.1%) had a score of 3–4, and one-fifth each of patients had Elixhauser comorbidity scores of 0 (21.5%) and >5 (19.9%). The mean (SD) Elixhauser comorbidity score was 2.7 (2.4), the mean (SD) FCI score was 2.5 (2.0), the mean (SD) CCI score was 1.7 (2.1), and the mean (SD) new injury severity score was 23.4 (5.9). Most fractures were closed fractures (97.2%), intertrochanteric or basicervical femoral neck (80.1%), 12.5% were a combination of

Table 1 Baseline Demographic Characteristics of Patients Undergoing IMN Fixation in the Database from 2016 to 2019

Variables	N/Mean	%/SD
All	11,128	100%
Mean Age	75.6	16.4
Age Category, n (%)		
18–50	800	7.2%
50–64	2062	18.5%
65–74	1355	12.2%
>75	6911	62.1%
Sex, n (%)		
Female	7366	66.2%
Male	3762	33.8%
Type of Database, n (%)		
Commercial	2863	25.7%
Medicare Supplemental	8265	74.3%
Employee Relationship, n (%)		
Employee	8650	77.7%
Spouse/other	2478	22.3%
Type of Insurance, n (%)		
Preferred Provider Organization (PPO)	5273	47.4%
Health maintenance organization (HMO)	1132	10.2%
Comprehensive	3173	28.5%
Other	1550	13.9%
Census Region, n (%)		
Midwest	3181	28.6%
Northeast	2331	21.0%
South	4171	37.5%
West	1445	13.0%
Year of Surgery, n (%)		
2016	3646	32.8%
2017	2916	26.2%
2018	2342	21.0%
2019	2224	20.0%

Abbreviations: IMN, intramedullary nail.

(intertrochanteric or basicervical femoral neck) and subtrochanteric and 7.4% were subtrochanteric, and not pathological (91.0%) (Table 2). Mean (SD) length of stay (LOS) per patient with IMN fixation was 6.4 (4.7) days.

IMN Breakage

The cumulative incidence of breakage of IMN for proximal femoral fractures over two years was only 0.66% overall (Figure 1). The incidence of nail breakage was highest with combination fractures (1.44%), followed by subtrochanteric fractures (1.16%) and intertrochanteric or basicervical fractures (0.49%).

Table 2 Baseline Clinical Characteristics of Patients Undergoing IMN Fixation in the Database from 2016 to 2019

Variables	n/ Mean	%/SD
All	11,128	100%
Elixhauser Comorbidities, n (%)		
Congestive heart failure	1342	12.1%
Cardiac arrhythmias	2566	23.1%
Valvular disease	1176	10.6%
Pulmonary circulation disorders	320	2.9%
Peripheral vascular disorders	1691	15.2%
Hypertension, uncomplicated	5868	52.7%
Hypertension, complicated	1141	10.3%
Paralysis	141	1.3%
Other neurological disorders	1135	10.2%
Chronic pulmonary disease	1815	16.3%
Diabetes, uncomplicated	1902	17.1%
Diabetes, complicated	1509	13.6%
Hypothyroidism	1797	16.2%
Renal failure	1336	12.0%
Liver disease	337	3.0%
Peptic ulcer disease excluding bleeding	81	0.7%
AIDS/HIV	24	0.2%
Lymphoma	152	1.4%
Metastatic cancer	317	2.9%
Solid tumor without metastasis	1048	9.4%
Rheumatoid arthritis/collagen vascular diseases	552	5.0%
Coagulopathy	382	3.4%
Obesity	468	4.2%
Weight loss	605	5.4%
Fluid and electrolyte disorders	1257	11.3%
Blood loss anemia	150	1.4%
Deficiency anemia	770	6.9%
Alcohol abuse	240	2.2%
Drug abuse	164	1.5%
Psychoses	126	1.1%
Depression	1608	14.5%
Elixhauser Comorbidity Index Score, n (%)		
0–1	2393	21.5%
2–3	3723	33.5%
4–5	2796	25.1%
5+	2216	19.9%
Mean (SD) Elixhauser Comorbidity Index Score	2.7	2.4
Functional Comorbidity Index (FCI) Score, n (%)		
0	2108	18.9%
1	1921	17.3%
2	2187	19.7%
3	1796	16.1%
4+	3116	28.0%

(Continued)

Table 2 (Continued).

Variables	n/ Mean	%/SD
Mean (SD) FCI Score	2.5	2.0
Charlson Comorbidity Index (CCI) Score, n (%)		
0	4312	38.8%
1	2208	19.8%
2	1728	15.5%
3	1023	9.2%
4+	1857	16.7%
Mean (SD) CCI Score	1.7	2.1
New Injury Severity Score, n (%)		
0–20	3620	32.5%
21–25	335	3.0%
26–30	7079	63.6%
31+	93	0.8%
Mean (SD) New Injury Severity Score	23.4	5.9
Osteoporosis, n (%)	3033	27.3%
Open Fractures, n (%)		
No	10,822	97.2%
Yes	306	2.8%
Gustilo I or II open	247	2.3%
Gustilo III open	59	0.5%
Location of Fracture, n (%)		
Intertrochanteric or Basicervical	8918	80.1%
Subtrochanteric	824	7.4%
Combination (intertrochanteric or basicervical and subtrochanteric)	1386	12.5%
Pathological Fractures, n (%)		
No	10,121	91.0%
Yes	1007	9.0%

Abbreviations: IMN, intramedullary nail.

Among patients with nail breakage, a Kaplan–Meier curve presenting the timing of IMN nail breakage to two years is shown in Figure 2. Half of the nail breakages occurred within the first five months after surgery (range: 116–460 days), and the remaining breakages occurred at a constant rate over the remaining 18 months.

A multivariable Cox regression model evaluated the factors associated with a breakage of IMN for proximal femoral fractures. Age 50–64 (vs 75+), subtrochanteric fracture, and pathological fracture were more commonly associated with nail breakage. Peptic ulcer disease excluding bleeding was marginally significantly associated with nail breakage. Employee (ie, the policyholder or individual

with the health insurance vs spouse/other) was negatively associated with nail breakage (Table 3).

IMN Mechanical Displacement

Using Kaplan–Meier analysis, the cumulative incidence of mechanical displacement of IMN for proximal femoral fractures over 2 years was only 0.37% overall (Figure 3). The incidence of mechanical displacement was higher with subtrochanteric (0.43%) and combination (0.42%) fractures, and lower with intertrochanteric or basicervical femoral neck fractures (0.36%).

Figure 4 presents the Kaplan–Meier analysis showing the timing of IMN mechanical displacement over two years among patients with mechanical displacement. Half of the mechanical displacements occurred within the first 75 days after surgery (range 116–460 days), and most of the remaining breakages occurred within the first year after surgery.

The factors associated with mechanical displacement of IMN for proximal femoral fractures were also evaluated with a multivariable Cox regression model. Only complicated hypertension was associated with mechanical displacement (Table 4).

Discussion

Many patients undergoing IMN fixation for proximal femoral fractures in the commercial and Medicare supplemental claims database had comorbid illness including hypertension, osteoporosis, cardiac arrhythmia, diabetes, chronic pulmonary disease, and peripheral vascular disorders. Most fractures were closed fractures (97.2%) and not pathological (91.0%). In regard to fracture location, 80.1% were intertrochanteric or basicervical, 12.5% were a combination of intertrochanteric/basicervical femoral neck and subtrochanteric, and 7.4% were subtrochanteric.

The cumulative incidence of implant breakage over two years in patients with IMN fixation for proximal femoral fractures was 0.66% overall and was highest with combination fractures (1.44%), followed by subtrochanteric fractures (1.16%) and intertrochanteric or basicervical femoral neck fractures (0.49%). Half of the IMN breakages occurred within the first five months after surgery. These observed rates are towards the lower end of the range of rates of IMN breakage reported in the published literature (0.2–5.6%),^{16–18} possibly due to improved health care technologies and practices over the years.

Understanding the factors associated with IMN breakage is helpful for potentially improving our understanding

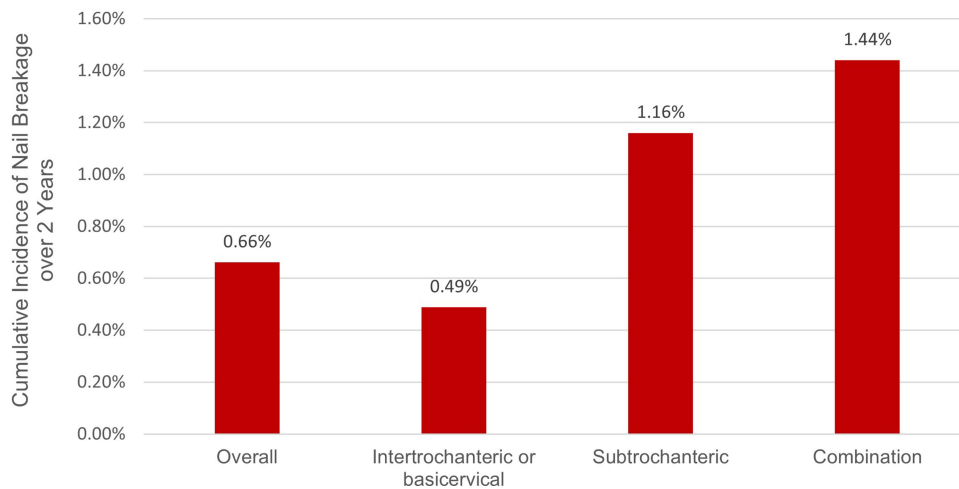


Figure 1 Cumulative incidence of nail breakage over two years by fracture type for patients undergoing IMN fixation.

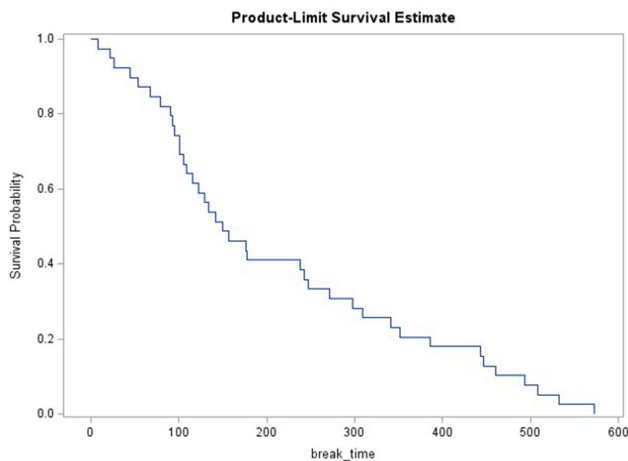


Figure 2 Timing of IMN breakage over two years for patients with breakage.

of how these events can be avoided. Multiple factors such as fracture type, patient comorbidities, surgical approach, and the type of IMN may affect the likelihood of nail breakage.^{19–21,24–26} Subtrochanteric fractures, which occur in the area within 5 cm distal to the lesser trochanter, are prone to nonunion and malunion and require proper reduction before and during fixation to ensure favorable results.⁶ Reasons for the breakage may also be attributed to excessive premature weight bearing or prolonged cyclical loading (eg, with nonunion).^{19–21}

The current study found that age 50–64 (vs 75+) and subtrochanteric or pathological fracture were more often associated with IMN breakage. These factors are mostly consistent with a study in the UK from 2004 to 2013 by Johnson et al¹⁵ who found that younger age, low American

Society of Anesthesiologists (ASA) score, subtrochanteric fracture, and pathological fracture were independent nail fracture risk factors in proximal femoral fractures. These authors suggested that “The links between both youth and low ASA suggest that nail failure may be a more prominent feature of moderate to high demand patients.”¹⁵

In regard to the types of proximal femoral fractures more commonly associated with IMN breakage, the findings that subtrochanteric and pathological fractures were more commonly associated with IMN breakage observed in the current study are also consistent with Johnson et al.¹⁵ A higher rate of IMN breakage in pathologic fractures was also observed by Willeumier et al²⁷ who found that 8% of patients with femoral metastases experienced breakage between 2000 and 2015 at five centers in the Netherlands. Only 7.4% of the fractures treated with IMN in the database were subtrochanteric and only 9% were pathological.

The cumulative incidence of mechanical displacement of IMN for proximal femoral fractures over two years was 0.37% overall and was higher with subtrochanteric (0.43%) and combination (0.42%) fractures, and lower with intertrochanteric or basicervical fractures (0.36%). Half of the mechanical displacements occurred within the first 75 days after surgery. We are not aware of any previously published studies that evaluated mechanical displacement of IMN in proximal femoral fractures; however, the quality of fracture reduction has been shown to be an important factor affecting the revision rate in patients with mechanical complications after osteosynthesis with proximal femoral nail for trochanteric fractures.²⁸ The current study is also unique in its finding that the only factor

Table 3 Multivariable Cox Regression Model of Factors Associated with IMN Breakage Among Patients in the Database from 2016 to 2019

Parameters	Hazard Ratio	95% Hazard Ratio Confidence Limits		p-value
Age 18–50 (vs 75+)	0.720	0.129	4.018	0.7082
Age 50–64 (vs 75+)	2.972	1.216	7.264	0.0169*
Age 65–74 (vs 75+)	1.305	0.44	3.871	0.6319
Employee (vs spouse/ other)	0.490	0.246	0.976	0.0424*
Comprehensive (vs PPO)	0.628	0.235	1.678	0.3539
HMO (vs PPO)	0.895	0.325	2.464	0.8295
Other (vs PPO)	0.357	0.104	1.224	0.1014
North Central (vs South)	2.060	0.926	4.582	0.0763
Northeast (vs South)	1.054	0.399	2.786	0.9158
West (vs South)	0.986	0.311	3.121	0.9803
Index year 2016 (vs 2019)	0.522	0.162	1.68	0.2758
Index year 2017 (vs 2019)	0.791	0.260	2.403	0.6795
Index year 2018 (vs 2019)	1.034	0.351	3.047	0.9516
Elx. Gr. 01 congestive heart failure	1.917	0.465	7.898	0.3677
Elx. Gr. 02 cardiac arrhythmia	1.265	0.502	3.187	0.6186
Elx. Gr. 03 valvular disease	1.516	0.506	4.544	0.4574
Elx. Gr. 04 pulmonary circulation disorders	1.621	0.330	7.963	0.5519
Elx. Gr. 05 peripheral vascular disorders	1.226	0.334	4.501	0.7592
Elx. Gr. 06 hypertension uncomplicated	1.973	0.813	4.788	0.1328
Elx. Gr. 07 hypertension complicated	0.724	0.161	3.255	0.6736
Elx. Gr. 08 paralysis	6.136	0.419	89.888	0.1853
Elx. Gr. 09 other neurological disorders	0.342	0.072	1.619	0.1762
Elx. Gr. 10 chronic pulmonary disease	0.535	0.147	1.953	0.3438
Elx. Gr. 11 diabetes uncomplicated	0.329	0.089	1.220	0.0965
Elx. Gr. 12 diabetes complicated	2.793	0.666	11.703	0.1601
Elx. Gr. 13 hypothyroidism	1.778	0.806	3.922	0.1541
Elx. Gr. 14 renal failure	2.187	0.319	15.009	0.4260
Elx. Gr. 16 peptic ulcer disease excluding bleeding	9.242	1.018	83.932	0.0482*
Elx. Gr. 20 solid tumor without metastasis	1.753	0.241	12.760	0.5794
Elx. Gr. 21 rheumatoid arthritis/collagen	2.238	0.676	7.415	0.1874
Elx. Gr. 23 obesity	2.303	0.850	6.235	0.1008
Elx. Gr. 24 weight loss	1.193	0.250	5.688	0.8247

(Continued)

Table 3 (Continued).

Parameters	Hazard Ratio	95% Hazard Ratio Confidence Limits		p-value
Elx. Gr. 25 fluid and electrolyte disorders	1.125	0.369	3.430	0.8358
Elx. Gr. 27 deficiency anemia	0.649	0.140	3.015	0.5815
Elx. Gr. 28 alcohol abuse	3.394	0.845	13.637	0.0851
Elx. Gr. 29 drug abuse	2.423	0.468	12.54	0.2913
Elx. Gr. 30 psychoses	1.927	0.192	19.367	0.5776
Elx. Gr. 31 depression	1.273	0.517	3.135	0.5994
FCI category 0 (vs 4+)	0.810	0.185	3.557	0.7803
FCI category 1 (vs 4+)	0.589	0.171	2.033	0.4026
FCI category 2 (vs 4+)	0.536	0.175	1.644	0.2757
FCI category 3 (vs 4+)	0.490	0.150	1.598	0.2372
Charlson Comorbidity Index	0.705	0.363	1.370	0.3024
New injury severity scores	1.038	0.977	1.103	0.2236
Osteoporosis (vs not)	1.000	0.448	2.235	0.9996
Subtrochanteric (vs not)	2.451	1.243	4.833	0.0097*
Pathological fracture (vs not)	2.922	1.143	7.468	0.0251*
Open fracture (vs not)	0.829	0.101	6.780	0.8613

Note: *Statistical significance at the $p < 0.05$ level.

Abbreviations: Elx., Elixhauser Comorbidity Index; FCI, Functional Comorbidity Index; Gr, grade; HMO, health maintenance organization; IMN, intramedullary nail; PPO, preferred provider organization.

associated with mechanical displacement was complicated hypertension.

Closer follow-up of patient subgroups who may be at increased risk of IMN breakage and mechanical displacement of proximal femoral fractures might be beneficial until bony union has been achieved.¹⁵ Johnson et al also suggest that other treatment options such as proximal femoral replacement may be considered for higher risk patients (eg, pathological fracture).¹⁵

The utilization of administrative claims data has limitations as the data are collected for reimbursement purposes and biases may exist (eg, changes in coding over time, financial incentives, etc).^{29,30} Claims data also may have errors and may be missing clinical variables of relevance.^{29,30} Event rates derived from claims data are limited to those in which a corrective procedure occurs. For example, some patients may prefer to live with a mechanical displacement rather than undergo elective revision, and these cases of mechanical displacement would not be identified from the claims database. Furthermore, the specificity of the events and reasons for

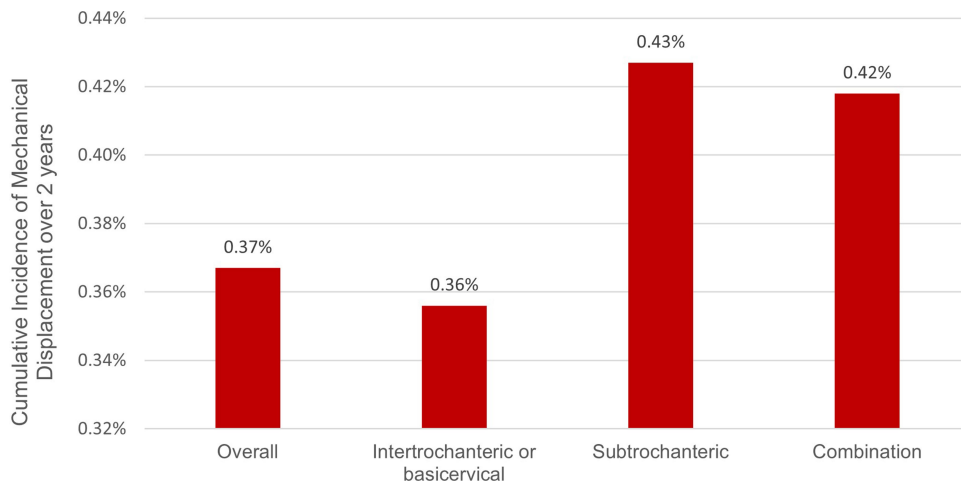


Figure 3 Cumulative incidence of mechanical displacement over two years by fracture type for patients undergoing IMN fixation in the database from 2016 to 2019.

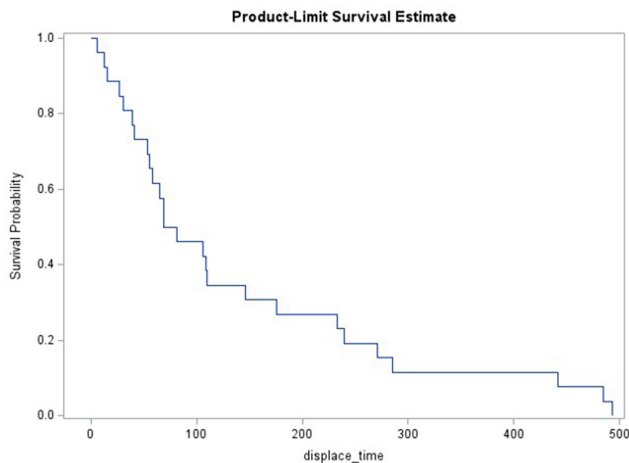


Figure 4 Timing of IMN mechanical displacement for patients with mechanical displacement.

their occurrence are also not available in claims data. For example, for mechanical displacement, the ICD-10 codes do not provide information on the exact nature or cause of the mechanical displacement (eg, cut-out, cut through, etc). Finally, it is important to note that data were derived from commercial and Medicare supplemental claims databases and may not reflect patients with other types of US health care insurance or patients in other countries.

Conclusions

The prevalence of IMN breakage and mechanical displacement were low in US commercial and Medicare supplemental patients with subtrochanteric, intertrochanteric, or basicervical femoral neck fractures of the femur from 2016 to 2019. Age 50–64 (vs 75+) and subtrochanteric or

pathological fracture were more commonly associated with nail breakage and complicated hypertension was more commonly associated with mechanical displacement.

Table 4 Multivariable Cox Regression Model of Factors Associated with IMN Mechanical Displacement Among Patients in the Database from 2016 to 2019

Parameters	Hazard Ratio	95% Hazard Ratio Confidence Limits		p-value
Age 50–64 (vs 75+)	2.014	0.684	5.928	0.2038
Age 65–74 (vs 75+)	1.950	0.628	6.056	0.2480
Employee (vs spouse/ other)	0.548	0.231	1.302	0.1729
Comprehensive (vs PPO)	0.558	0.185	1.677	0.2985
HMO (vs PPO)	1.037	0.322	3.342	0.9517
Other (vs PPO)	0.185	0.024	1.425	0.1053
Midwest (vs South)	1.076	0.420	2.754	0.8787
Northeast (vs South)	0.554	0.167	1.840	0.3347
West (vs South)	0.545	0.117	2.542	0.4396
Index year 2016 (vs 2019)	0.730	0.172	3.104	0.6700
Index year 2017 (vs 2019)	1.498	0.391	5.742	0.5559
Index year 2018 (vs 2019)	1.311	0.322	5.337	0.7057
Elx. Gr. 01 congestive heart failure	0.170	0.016	1.769	0.1382
Elx. Gr. 02 cardiac arrhythmia	1.516	0.565	4.065	0.4084
Elx. Gr. 04 pulmonary circulation disorders	1.945	0.218	17.383	0.5518
Elx. Gr. 05 peripheral vascular disorders	0.434	0.08	2.369	0.3354
Elx. Gr. 06 hypertension uncomplicated	1.401	0.477	4.117	0.5393

(Continued)

Table 4 (Continued).

Parameters	Hazard Ratio	95% Hazard Ratio Confidence Limits		p-value
Elx. Gr. 07 hypertension complicated	4.559	1.195	17.388	0.0264*
Elx. Gr. 09 other neurological disorders	0.516	0.110	2.419	0.4012
Elx. Gr. 10 chronic pulmonary disease	0.811	0.239	2.751	0.7367
Elx. Gr. 11 diabetes uncomplicated	0.711	0.184	2.750	0.6207
Elx. Gr. 12 diabetes complicated	0.475	0.089	2.539	0.3838
Elx. Gr. 13 hypothyroidism	0.843	0.277	2.563	0.7635
Elx. Gr. 14 renal failure	0.684	0.090	5.218	0.7141
Elx. Gr. 15 liver disease	2.690	0.413	17.525	0.3007
Elx. Gr. 19 metastatic cancer	2.931	0.027	322.219	0.6539
Elx. Gr. 20 solid tumor without metastasis	0.089	0.003	2.991	0.1773
Elx. Gr. 21 rheumatoid arthritis/collagen	0.383	0.047	3.106	0.3688
Elx. Gr. 23 obesity	0.472	0.059	3.756	0.4781
Elx. Gr. 24 weight loss	0.484	0.060	3.931	0.4969
Elx. Gr. 25 fluid and electrolyte disorders	2.150	0.705	6.560	0.1785
Elx. Gr. 27 deficiency anemia	1.729	0.454	6.588	0.4226
Elx. Gr. 28 alcohol abuse	0.665	0.063	7.052	0.7350
Elx. Gr. 29 drug abuse	1.205	0.126	11.527	0.8712
Elx. Gr. 30 psychoses	2.219	0.203	24.276	0.5137
Elx. Gr. 31 depression	0.982	0.337	2.859	0.9733
FCI category 0 (vs 4+)	0.468	0.085	2.577	0.3832
FCI category 1 (vs 4+)	0.222	0.039	1.259	0.0891
FCI category 2 (vs 4+)	0.357	0.086	1.480	0.1555
FCI category 3 (vs 4+)	0.930	0.306	2.828	0.8981
Charlson Comorbidity Index	1.046	0.548	1.995	0.8920
New injury severity scores	1.014	0.943	1.090	0.7125
Osteoporosis (vs not)	1.137	0.441	2.933	0.7907
Subtrochanteric (vs not)	1.384	0.544	3.521	0.4947
Pathological fracture (vs not)	2.230	0.674	7.378	0.1888

Note: *Statistical significance at the P<0.05 level.

Abbreviations: Elx., Elixhauser Comorbidity Index; FCI, Functional Comorbidity Index; Gr, group; HMO, health maintenance organization; IMN, intramedullary nail; PPO, preferred provider organization.

It may be beneficial to advise closer follow-up of some subgroups of patients until bony union has been achieved.

Abbreviations

ASA, American Society of Anesthesiologists; Elx., Elixhauser Comorbidity Index; FCI, Functional Comorbidity Index; FDA, Food and Drug Administration; GERD, gastroesophageal reflux disease; Gr, Grade; HMO, health maintenance organization; ICD-9/10-CM, International Classification of Diseases, 9th/10th Revision, Clinical Modification; IMN, intramedullary nailing; LOS, length of stay; NDCs, national drug codes; PPI, proton pump inhibitors; PPO, preferred provider organization; VASQIP, Veterans Affairs Surgical Quality Improvement Program.

Data Sharing Statement

The data that support the findings of this study are available but restrictions apply to the availability of these data, which were used under license for the current study, and so are not publicly available. Data are however available from the authors (Abhishek S Chitnis) upon reasonable request and with permission of the database owner.

Ethics Approval and Informed Consent

Ethics approval from an Institutional Review Board and informed consent were not required for this study as it used data from an anonymous, de-identified, administrative claims database compliant with the Health Insurance Portability and Accountability Act of 1996.

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Author Contributions

All authors made substantial contributions to conception and design, acquisition of data, or analysis and interpretation of data; took part in drafting the article or revising it critically for important intellectual content; agreed to submit to the current journal; gave final approval of the version to be published; and agree to be accountable for all aspects of the work.

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Disclosure

ASC, CS, YG, MV, and CEH are employees of JnJ and own stock in the company, DePuy Synthes is a part of JnJ family of companies. BR is affiliated with Mu-Sigma and was a contractor with JnJ at the time of the study. The authors report no other conflicts of interest in this work.

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