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## Correspondence

## Growing risk of aristolochic acid nephropathy in the era of COVID-19 – Correspondence

## ARTICLE INFO

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Dear Editor,

The ongoing coronavirus disease 2019 (COVID-19), caused by the severe acute respiratory syndrome coronavirus 2 (SARSCoV-2), has led to high mortality and a global pandemic for more than two years. SARS-CoV-2 severely affects persons who have other life-threatening diseases or puts them at a higher risk of contracting this infectious disease. Aristolochic acids (AAs) are natural compounds found in many plant species belonging to the Aristolochiaceae family that can cause severe nephropathy and kidney cancer. The presence of AA in many herbal products on the global market would have widespread adverse effects on the disease patterns of AA-associated kidney cancer and nephropathy. The hazards of AA usage must be evaluated because the COVID-19 pandemic has not yet ended. In this correspondence article, we discuss AAs, their source, uses, as well as the link between COVID-19, aristolochic acid, and nephropathy. This article will help understand the effects of AAs in relation to COVID-19 and nephropathy.

Herbal supplements have grown in popularity over the last few decades. By 2027, it is expected that the market for herbal supplements will reach US\$49.1 billion [1]. Since herbal supplements are made from natural sources, they are typically thought to be safe. Herbal supplements are not required to undergo premarketing purity or potency tests by the US Food and Drug Administration (FDA), unlike conventional pharmaceuticals. Direct ingestion of plants of the Aristolochiaceae family has been linked to renal damage and liver cancer, and because of the potent cancer-causing toxicity of Aristolochic acids (AAs), these have been in the news for a long time. Nonetheless, the current pandemic has pushed us to reconsider the impact of AAs in the context of COVID-19.

Nearly all Aristolochiaceae species, notably those belonging to the genera *Aristolochia* and *Asarum*, contain AAs, which are naturally occurring monocarboxylic acids with similar structural properties. These have mostly been used in Ayurvedic, Chinese, and other conventional folk medicine to reduce inflammations. For centuries, plant species from the genus *Aristolochia* have been used in South East Asia as a remedy for ailments such as pneumonia, malaria, diabetes, diarrhoea, and more [2]. This plant has been used since 400 AD, according to Chinese and Ayurvedic sources. *Aristolochia* was also recognised as a medicinal herb in ancient Greek and Roman medical writings [3].

However, AAs must be used with caution at the prescribed dose due to their nephrotoxic nature, and their extracts should be used with great care due to their cytotoxic and mitotoxic characteristics [11].

Aristolochic acid nephropathy (AAN) and renal fibrosis caused by AAs are known to increase the risk of upper urinary tract cancer. There are many mechanisms of AA-induced nephrotoxicity, including gene expression and epithelial cell reprogramming, apoptosis, and lower survival of renal cells due to ERK1/2-dependent and p38-dependent cell cycle arrest [12]. AAN was initially identified in a woman who had been using diet pills containing *Aristolochia fangchi* Wu ex Chow & S.M. Hwang in a clinic in Brussels, Belgium. Numerous nations around the world, including Germany, the United Kingdom, the United States of America, Australia, and Canada, have reported sporadic cases of AAN [15].

A person may consciously or unknowingly consume AAs through diet and during herbal remedies. In many nations, *Aristolochia* species-derived medicines and pharmaceuticals are widely used, and they are legal to buy online [2]. AAN poses a continual health risk to people who utilise traditional medicine and to urban consumers. The importance of AAN is that it serves as a reliable predictor of an increased risk for AA-related malignancies in the future [4,5]. However, no such direct link between AAN and COVID-19 has been discovered, although COVID-19 pandemics are linked to an increased risk of developing cancer, and COVID-19 infections are more common in persons who already have the disease.

Patients with cancer, notably those with kidney cancer, experience increased difficulties as a consequence of the COVID-19. The molecular link between COVID-19 and kidney cancer has already been discussed in several papers [16]. Epidemiological data to date suggests that people with cancer are more likely to get COVID-19. According to various studies from Wuhan, China, 2–4% of early COVID-19 cases developed chronic renal failure [13,14].

COVID-19 has posed a serious threat to human survival, especially for those with underlying medical conditions [6]. Rapid spread of SARS-CoV-2 and its devastating pandemic scenario prompted vaccines to be manufactured and administered around the world without screening their side effects. In spite of the fact that this was the need of the hour, recent evidence suggests that patients already suffering from a

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variety of illnesses may experience adverse reactions to COVID-19 vaccines. One recent report documented IgA nephropathy (IgAN) following COVID-19 vaccination in a 73-year-old renal transplant recipient with a history of AAN. In 2021, a patient developed IgAN after receiving two doses of the adenovirus vaccine ChAdOx (AstraZeneca). In five weeks following the second dose, several symptoms appeared, including lower leg swelling, proteinuria, and elevated serum creatinine, along with 3–5 erythrocytes in urine sediment. In the following three weeks, proteinuria increased to 1.9 g/24 h and GF-CKD-EPI decreased to 35 ml/min/1.73 m<sup>2</sup>, with erythrocytes in the urine sediment. The molecular mechanism underlying the regulation of immune-mediated glomerular diseases remains unknown, but proinflammatory cytokines have been shown to activate CD4<sup>+</sup> and CD8<sup>+</sup> T cells (Fig. 1). It might be possible that the adenovirus-based vaccine might induce off-target immune-mediated glomerular diseases. It is consistent with previous observations that immunocompromised solid organ recipients experienced inferior vaccination results [7]. The angiotensin-converting enzyme 2 (ACE2) binds to the spike protein of SARS-CoV-2 in intestines, kidneys, testes, gallbladders, and hearts. Chronic kidney disease (CKD) patients have been reported to have more severe COVID-19, but it has not been proven that this is due to an increase in the receptor. In mice with chronic kidney disease, AA was examined for its effect on renal and pulmonary ACE2, and renal function and ACE2 expression declined significantly. The Lung ACE2 expression was unaffected. Considering that ACE2 expression in the lungs to be unaltered [8], patients with CKD may not be at a higher risk of SARS-CoV-2 infection [8]. However, it is unknown how AA works to prevent renal ACE2 from being expressed.

The nephrotoxicity of AA has generally received more attention, especially in East Asia where the risk of untreatable exposure is greatest. It is controversial whether or not AA is used in many forms of Chinese medicine, and it is not advised to consume this biomolecule directly from the *Aristolochia* sp. The risk connected to AA use has already been

mentioned in a number of papers. It is critical that the dangers of AA use are assessed because the COVID-19 pandemic is not yet over, and subsequent pandemics may certainly arise in future. The simple accessibility of this plant in China and India has led to the development of AA-mediated nephropathy in a number of individuals. As it is now known that COVID-19 vaccination might cause nephropathy in immunosuppressed patients with underlying AAN and most of the world population has received vaccination, it is important that patients under AA medication are continuously monitored, especially in India and China [9,10]. Governments must coordinate their efforts globally to limit the use of AAs or create a methodology for a prescribed dosage. This will help in the management of COVID-19 patients who may develop AAN as a result of AA use. Building community awareness of the risks of AA exposure is still a work in progress. This includes comprehending how widespread AA is in daily life and how it affects human health in its entirety.

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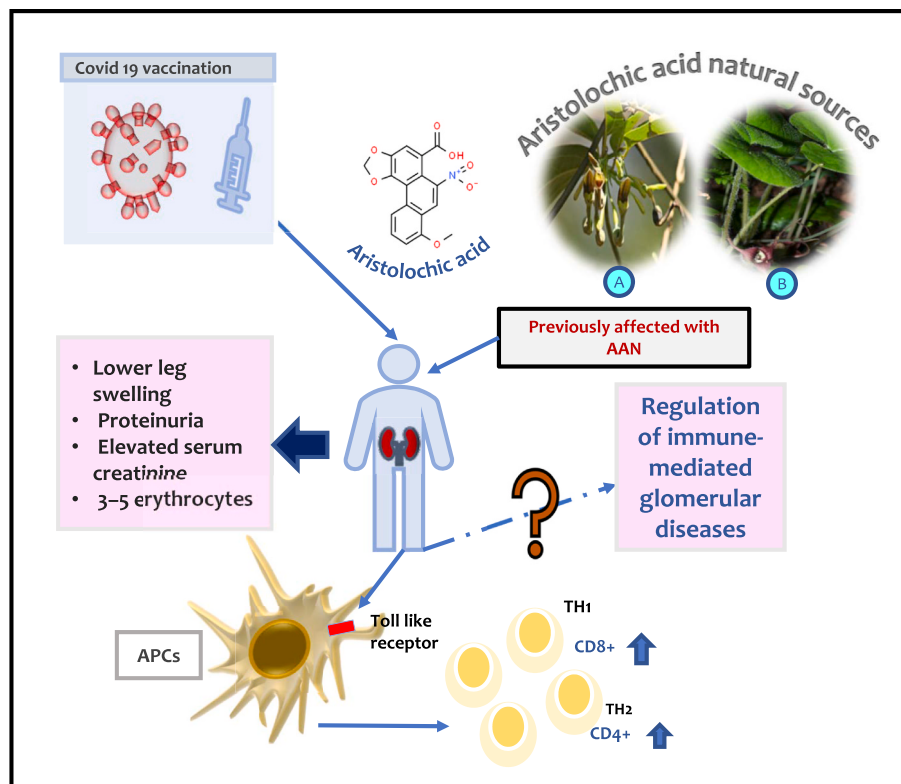
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#### Author contribution

Tuyelee Das-conceptualization, writing first draft, Nobendu Mukerjee-study, Writing, Arabinda Ghosh-updated the manuscript and review, Jose M. Lorenzo & Kuldeep Dhama- Review & Editing, Abhijit Dey-design, review & editing.

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**Fig. 1.** Vaccination with COVID-19 may cause IgAN in patients with AAN. As a result of COVID-19 vaccination, CD4<sup>+</sup> and CD8<sup>+</sup> T cells in AAN patients are stimulated by proinflammatory cytokines, stimulating innate and adaptive immune responses. The most prevalent systemic signs lower leg swelling, proteinuria, and elevated serum creatinine, along with 3–5 erythrocytes in urine sediment.

**Guarantor**

I, Dr. Abhijit Dey (Corresponding author) am taking the full responsibility for the work and/or the conduct of the study, had access to the data, and controlled the decision to publish.

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