



Article

# Fumonisin Distribution in Maize Dry-Milling Products and By-Products: Impact of Two Industrial Degermination Systems

Francesca Vanara, Valentina Scarpino and Massimo Blandino \* ©

Dipartimento di Scienze Agrarie, Forestali e Alimentari, Università degli Studi di Torino, Largo Paolo Braccini, 2, 10095 Grugliasco, Italy; francesca.vanara@unito.it (F.V.); valentina.scarpino@unito.it (V.S.)

\* Correspondence: massimo.blandino@unito.it; Tel.: +39-011-670-8895

Received: 25 July 2018; Accepted: 18 August 2018; Published: 4 September 2018



Abstract: In temperate areas, the main limitation to the use of maize in the food chain is its contamination by B-series fumonisins (FBs) during cultivation. Since the content of this group of mycotoxins may be distributed unevenly after milling, the aim of this study was to compare the distribution of FBs in maize fractions derived from two industrial dry-milling processes, that is, a dry-degermination (DD) system and a tempering-degermination (TD) system. Grain cleaning reduces FBs by about 42%. The germ of the two degermination processes showed a similar FB content of kernel after cleaning. Conversely, an animal feed flour resulted in a FB content that was two times higher than whole grain before cleaning. A significant FB reduction was observed in the milling fractions in both processes, with a higher reduction in the TD system than in the DD one. The average decontamination respect to uncleaned kernels in the DD process was 50%, 83% and 87%, for maize flour, break meal and pearl meal, respectively, while it was 78%, 88% and 94% in the TD process for small, medium and flaking grits, respectively. Among the milling fractions, the flaking grits with the highest particle size resulted in the highest FB reduction.

Keywords: reduction; mycotoxins; tempering-degermination; dry-degermination; milling fractions

**Key Contribution:** Fumonisins (FBs) are unevenly distributed in the maize milling fractions: Animal feed flour had the highest FBs content, while the flaking grits with the highest particle size had the highest FB decontamination. Tempering degermination better separates the horny endosperm from finer fractions than dry degermination, resulting in a lower FBs contamination in milling products.

#### 1. Introduction

Milling processes are methods that can be used to transform whole grains into forms suitable for conversion into consumable products. They usually separate the botanical tissue of the grain and reduce the endosperm into flour or grits [1].

From the processing perspective, the maize kernel is composed of four primary structures: the endosperm, germ, pericarp and tip cap, and they generally make up 83%, 11%, 5% and 1% of the maize kernel, respectively [2]. The endosperm is mainly made up of starch surrounded by a protein matrix. There are two types of endosperm and these influence grain hardness: floury (soft or mealy) or horny (hard or vitreous), which depend on the size, morphology and compaction grade of the starch granules and the nature of the protein matrix. The type of proteins in particular are the determining factor that can explain endosperm vitreousness [3].

Most of the maize used for food is first processed by either wet or dry milling industries. Wet milling fundamentally differs from dry milling in that it is a maceration process in which physical

and chemical changes occur in the nature of the basic constituents. Wet milling produces pure starch for industrial and food uses, and by-products composed of protein, fibre and germ [1].

Dry-milling is the main milling procedure adopted in the maize food chain, and it produces refined endosperm products with various particle sizes and other by-products such as germ and animal feed flour [4]. This process could be carried out with tempering-degermination (TD) or without dry-degermination (DD) a tempering step before degermination. Tempering is done adding water in order to create differential swelling resulting from the higher absorbing moisture of germ and pericarp, that lead to a loss of tissue connection between the germ and the endosperm and a faster removal of these fractions [5]. The heart of the TD process is a Beall-type degerminator that produce a high yield of large particle size grits (flaking grits, hominy grits) with low-fat content, suitable for manufacture of corn flakes and other extruded transformations [4], although further grinding and refining processes could be applied to these products in order to obtain maize meal and flour. Otherwise, in the DD system, maize grains are broken by an impact degerminator, and this process is employed only for the production of maize meal and flour. High kernel hardness [6], with high incidence of horny endosperm and low incidence of stress cracks [4], related mainly to high temperature during the drying process, are the major quality criteria for maize used in dry milling, in particular for TD.

Considering the increasing role of maize milled products as basic food, their quality characterization becomes extremely important. From a nutritional point of view, maize and its derived products are good sources of starch, proteins, lipids and different bioactive compounds [7,8]. However, the quality of maize could be reduced by the presence of mycotoxins and in particular by B-series fumonisins (FBs), a class of secondary fungal metabolites produced by *Fusarium* species from the *Liseola* section that are the most important mycotoxins found in maize grain in temperate areas [9,10]. As FB producer fungi grow over a wide range of temperatures, but only when there is a high water activity ( $a_w > 0.9$ ), these mycotoxins are formed in maize prior to the harvest. B-series fumonisins are fairly heat-stable and their content is only significantly reduced during processes in which the temperature exceeds 150 °C [9]. Even when there is no detoxification, a re-distribution of FBs has been observed in milled products, with a very different content of these metabolites in the kernel components [11]. The mycotoxins may be distributed during the milling process, thus yielding higher or lower levels in the various milled products [12]. The control of the FBs content in the chain from the unprocessed grains to the processed maize-based foods is necessary considering also the European Commission Regulation (EC) No. 1126/2007 [13].

The re-distribution of FBs in maize dry milling has already been analysed extensively in other studies [14–17], but always considering separately a DD system or a TD degermination system. The aim of this study has been to investigate and compare the distribution of fumonisin  $B_1$  (FB<sub>1</sub>), fumonisin  $B_2$  (FB<sub>2</sub>) and FBs as a sum of FB<sub>1</sub> and FB<sub>2</sub> in milling products and by-products obtained from two degermination systems and from the processing of the same maize lots at the industrial commercial scale, in order to obtain a clear comparison of the decontamination levels obtainable by applying different dry-milling processes.

# 2. Results and Discussion

As far as the considered growing seasons are concerned, the average recorded FB contamination in pre-cleaned whole grain was 357  $\mu g \cdot kg^{-1}$ , 1292  $\mu g \cdot kg^{-1}$ , 2123  $\mu g \cdot kg^{-1}$ , in 2011, 2012 and 2013 growing seasons, respectively (Table 1).

Analysis of variance (ANOVA) showed significant differences (p < 0.001) for both FB<sub>1</sub> and FB<sub>2</sub> and for their sum, between the milling fractions obtained considering both the compared dry-milling processes. Otherwise the interaction between the milling fraction and the year of production of the processed lots was never significant for FB contamination.

The effect of the cleaning operation on the FB concentration was significant, with a mean content in the pre-cleaned and post-cleaned whole grain of 1257  $\mu g \cdot kg^{-1}$  and 725  $\mu g \cdot kg^{-1}$ , respectively, which corresponds to a content reduction of 42%. The abatement recorded in this production situation

was on average higher than that observed for FB in previous studies with different cleaning steps (-10; -32% [18]; -32% [19]).

**Table 1.** Maize lots processed in the industrial mill, ranked according to the maize production year and mean  $\pm$  standard deviation (SD) of B-series fumonisins: FB<sub>1</sub>, FB<sub>2</sub> and FBs in pre-cleaned whole grain.

Lots	Year	Hybrid	$FB_1 \pm SD$ (μg·kg <sup>-1</sup> )	FB <sub>2</sub> $\pm$ SD ( $\mu$ g·kg <sup>-1</sup> )	FBs $\pm$ SD ( $\mu g kg^{-1}$ )
1	2011	DKC6795	$407 \pm 62$	122 ± 5	529 ± 58
2	2011	Pioneer P1543	$211\pm192$	$91 \pm 63$	$302 \pm 255$
3	2011	Pioneer 3245	$170\pm151$	$69 \pm 70$	$239 \pm 220$
4	2012	Pioneer P1547	$866 \pm 331$	$354 \pm 154$	$1220 \pm 483$
5	2012	Mixture of Pioneer P1543 and P1547	$901 \pm 285$	$385 \pm 120$	$1286 \pm 405$
6	2012	Pioneer 3245	$999 \pm 721$	$369 \pm 303$	$1368 \pm 995$
7	2013	Pioneer P1547	$1418 \pm 590$	$525 \pm 203$	$1943 \pm 685$
8	2013	Pioneer P1758	$1259 \pm 76$	$420\pm25$	$1678 \pm 97$
9	2013	Mixture of Pioneer 3245, P1543 and DKC6795	$1979 \pm 448$	$770 \pm 266$	$2749 \pm 706$

The average FB<sub>1</sub> and FB<sub>2</sub> contaminations plus the sum of FB<sub>1</sub> + B<sub>2</sub> (FBs) of the pre- and post-cleaning of the whole grain and of all the fractions derived from the two milling processes are reported in Table 2. The reported values per year in Table 2 are based on 72 replications and refers to the average FB content of 12 milling fractions  $\times$  3 lots  $\times$  2 sampling repetitions.

It is important to note that each commercial mill is likely to have its own particular set up, thus giving rise to different percentages of reduction, but a cleaning process is essential to obtain a healthy whole grain for milling.

The evaluation of the distribution of FBs in the maize kernel can start from the two botanical tissues that are usually separated at the beginning of the milling process: the germ and the bran. Even though two different degermination processes were considered, the effect on the FB contamination of the germ was the same. The mean FB content was  $528 \ \mu g \cdot kg^{-1}$  and  $510 \ \mu g \cdot kg^{-1}$  in the DD system and in the TD system, respectively. Germ contamination was not significantly different from that of the whole grain after cleaning (Table 2).

The animal feed flour, a mixture of bran and part of the mealy endosperm, was the by-product with the highest FB content (2.2 times higher in the DD process and 2.4 times in the TD process than the whole grain before cleaning). No significant differences were observed for the animal feed flour contamination of the compared processes.

Several previous scientific studies collected and analysed germ and animal feed flour together, and the results showed a 2 to 3 times higher FB content than the whole grain [15,20,21]. In other scientific studies [16,17], in the same way as in the present study, the germ was collected separately from the bran or the fine particles destined for animal consumption and it was always contaminated less than the pre-cleaned whole grain (-30% and -40%, respectively), while the animal feed flour was the highest contaminated fraction.

As a consequence of this unequal distribution of mycotoxins in the milling fractions, the products destined for human consumption were always significantly (p < 0.001) less contaminated than the germ and animal feed flour, and showed a variable re-distribution from the whole grain before cleaning in the different compared processes. The pearl meal, break meal and maize flour from the DD process had mean FB contents of 157, 216 and 623  $\mu g \cdot k g^{-1}$ , respectively, which resulted in a decontamination, compared to the whole kernel before cleaning, of 87%, 83% and 50%, respectively. As far as the particle size effect is concerned, the FB content in the pearl and break meal was significantly lower (p < 0.001) than in the maize flour.

Considering the TD system, the mean FB content of the flaking grits and of the medium and small hominy grits was 76, 147 and 272  $\mu g \cdot k g^{-1}$ , respectively. The FB reduction, compared to the whole grain before cleaning, was 94%, 88% and 78%, respectively. These fractions with different particle sizes significantly differed from each other as far as the FB content was concerned: compared to the flaking grits, the contamination was 1.9 and 3.6 times higher for the medium and small hominy grits, respectively.

**Table 2.** Fumonisin  $B_1$  (FB<sub>1</sub>),  $B_2$  (FB<sub>2</sub>) and sum of  $B_1 + B_2$  (FBs) in milling fractions obtained from different dry milling processes on maize lots with different contamination levels.

Parten	Dry Milling Process <sup>a</sup>	Source of Variation	$FB_1$		$FB_2$			FBs			
Factor			-	Γ	N ( $\mu$ g kg <sup>-1</sup> )		Γ	N ( $\mu$ g kg $^{-1}$ )	7	Γ	N (μg kg <sup>-1</sup> )
	-	2011	4	.6	255	3	.7	84	4.	.9	340
Year	-	2012	6.1 6.3		718	5.1	295	6.4		1013	
	-	2013			860	5	.3	395	6	.6	1255
	-	pre-cleaned whole grain	6.5	b	912	5.5	b	345	6.8	b	1257
	-	post-cleaned whole grain	5.8	c	534	4.8	c	191	6.1	c	725
	DD	germ	5.7	С	396	4.6	С	132	6.0	С	528
		animal feed flour	7.3	a	1718	6.5	a	872	7.7	a	2591
		maize flour	5.8	С	454	4.8	С	169	6.2	С	623
		break meal	4.8	de	159	3.9	de	57	5.1	de	216
MCIII a a Caractina		pearl meal	4.4	e	114	3.5	de	43	4.8	e	157
Milling fraction	TD	germ	5.7	С	386	4.6	С	124	6.0	С	510
		animal feed flour	7.5	a	2069	6.7	a	1018	7.9	a	3087
		small hominy grits	5.1	d	205	4.0	d	66	5.3	d	272
		medium hominy grits	4.5	e	109	3.5	e	38	4.8	e	147
		flaking grits	3.7	f	54	2.9	f	23	4.0	f	76
		<i>p</i> -value	< 0.001		-	<0.	001	-	<0.	001	-
		SEM <sup>b</sup>		1	-	0	.9	-	0.	.9	-
Milling fraction $\times$ year $p$ -value		<i>p</i> -value	0.102		-	0.1	165	-	0.2	204	-

Means followed by different letters in a column are significantly different (the level of significance, p-value is shown in the table). The reported contamination means are means of transformed [T;  $y = \ln(x + 1)$ ] and not transformed (N) values. The reported values for the milling fraction are based on 18 replications (3 years × 3 lots × 2 repetitions), while the values per year are based on 72 replications (12 products or milling fractions × 3 lots × 2 repetitions). <sup>a</sup> dry milling process: DD, dry degermination; TD tempering degermination. <sup>b</sup> SEM = standard error of the means.

Toxins 2018, 10, 357 5 of 15

From a comparison of the applied degermination processes, it is possible to state that the TD system achieved the best FB decontamination results for the flaking grits, which were significantly less contaminated: considering the percentage of reduction with respect to the whole grain before cleaning, the flaking grits showed 6% of the original kernel FB content, while the pearl meal and break meal instead showed a FB contamination that ranged from 12% to 17% with respect to the whole grain. When the single compounds, that is FB<sub>1</sub> and FB<sub>2</sub>, were considered, the same percentage of reduction as that of the FBs was observed.

The milling yields and FB mass balance of each fraction are reported in Table 3 in order to facilitate the comparison of the considered systems. The mass balance, calculated for each fraction from the combination of the yield data during the milling process and the FB content, is a parameter able to describe how and in what percentage the mycotoxin is distributed in the fraction derived from maize kernel milling.

Dry Milling Process <sup>a</sup>	Products	Yield <sup>b</sup> (%)	FBs Mass Balance <sup>c</sup> (%)	
	Germ	10	3.9	
	Animal feed flour	35	67.3	
DD	Maize flour	5	2.3	
	Break meal	20	3.2	
	Pearl meal	30	3.5	
	Germ	10	4.4	
	Animal feed flour	35	92.5	
TD	Small hominy grits	7	2.1	
	Medium hominy grits	19	2.4	
	Flaking grits	29	1.6	

**Table 3.** Yield and FBs mass balance of the maize products after the milling processes.

Considering the sum of the three products for human consumption obtained through TD process (flaking grits and medium and small hominy grits) the mean milling yield was 55%, while they only contributed to 6% of the total FB contamination of the whole grain. The pearl meal, break meal and maize flour from the DD dry milling system had a mean yield of 55%, and their FB content amounted to 9% of the total contamination of the kernel. These three products mainly originate from the horny endosperm, but a higher percentage of floury endosperm that is not completely separated by this process still remains especially in the maize flour [11].

Previous studies have overlooked the fumonisin redistribution with different milling process, whereas the present study has been specifically designed to directly compare the decontamination of FBs obtained through the application of different degermination and milling processes to the same lots of maize grain.

To compare the results of several scientific studies concerning the effect of maize milling on the distribution of mycotoxins, Table 4 summarizes the results of different degermination processes, under both experimental and industrial dry-milling conditions. The data are expressed as the percentage of FB remaining in each of the degermination milling fractions compared to the contamination of the whole kernel. All the milling fractions destined for human consumption are reported according to the description adopted by the authors, and when available, the particle size of each fraction is reported. All the studies pertaining to both of the considered degermination systems confirm the negative relationship between the particle size and the fumonisin content. The FB contamination of flaking grits derived from the TD processes ranges between 6 and 15%, compared to that of whole kernel. In the considered DD processes, the lowest occurrence of FBs was detected in the pearl and break meal and varied between 11 and 22%, compared to that of whole kernel. A reduction

<sup>&</sup>lt;sup>a</sup> Dry milling process: DD = dry degermination; TD = tempering degermination. <sup>b</sup> Yield of each product expressed as a percentage of the processed grain weight. <sup>c</sup> Mass balance calculated as the quantity expressed in percentage of FBs present in each milling product.

Toxins 2018, 10, 357 6 of 15

in the FB content of the maize flour was also observed, with respect to the whole grain, but the decontamination percentage fell between 40–60%.

Castelles et al. [21] attributed the high contamination rates in maize flour to the fact that this fraction is obtained from the fine particles that are mainly created during the milling of the external kernel layers. Other authors [16,20] instead considered the hypothesis that these high rates may be due to contamination of the flour with germ particles. Kent and Evers [1] and Gwirtz and Garcia-Casal [2] reported a negative relationship between the particle size of maize dry-milled fractions and their fat content. Thus, according to these authors, the main contribution of FB contamination to maize flour could originate from the floury endosperm located around the germ, where a higher development of fungal species is possible. Katta et al. [16] suggested that the fungus could primarily be located in the pedicel and germ, but Shim et al. [22] showed, through experimental data, that *F. verticillioides* produces only a few FBs in the germ. Therefore, even though the germ is not the best substrate for FB production, the floury endosperm around the germ could instead be a good place for the fungus that grows in the germ to produce mycotoxins. Philippeau et al. [23] reported that the starch in a vitreous endosperm is more encapsulated by prolamin (zein) proteins than in a floury endosperm, thus vitreous particles of maize kernels may be more resistant to microbial attack than floury ones.

Moreover, considering the amylose/amylopectin ratio of the maize endosperm, Dombrink-Kurtzman and Knutson [24] concluded that there is a higher amylopectin content in the soft endosperm than in the hard endosperm. Bluhm and Woloshuk [25] observed that the occurrence of amylopectin during kernel development induces FB<sub>1</sub> biosynthesis, possibly through the uptake of  $\alpha$ -1,6 linked glucosides, such as dextrin. Field experiments conducted in Italy [26] showed that waxy maize hybrids, which are basically constituted by amylopectin, were more contaminated with fumonisin than conventional hybrids.

Overall, the collected data underline how the floury endosperm was more contaminated than the horny one, and that the different effectiveness of degermination systems to separate these fractions could lead to a different decontamination capacity in the derived products. Thus, the TD system process, which is able to better separate the horny endosperm from finer fractions [1], permits a higher decontamination level to be obtained than the DD system. It is important to underline that several industrial mills, including the one considered in this study, apply a TD system with a Beall degerminator to produce grits that are subsequently refined into pearl and break meal and maize flour. In this case, the use of TD systems is not aimed at obtaining flaking grits, but at increasing the decontamination level in the derived meal and flour fractions.

Considering European legislation regarding fumonisins (sum of FB<sub>1</sub> and FB<sub>2</sub>) [13], different maximum levels are set for smaller and larger milling fractions than 500  $\mu$ m; these levels reflect the contamination level of the different fractions and are 2000 and 1400  $\mu$ g kg<sup>-1</sup>, respectively. All the samples collected in this study were under the regulatory levels recommended.

**Table 4.** Percentage of fumonisin  $B_1 + B_2$  (FBs) remaining in each of the degermination milling fractions, with and without tempering, compared to the contamination of the whole kernel.

Degermination Process <sup>a</sup>	Type of Mill	Milling Fractions <sup>b</sup>	Particle Sizes (μm)	FBs <sup>c</sup> (%)	References
THO.	For the set 1	#12 grits #7 grits #5 grits	1680–2830 2830–4000 >4000	54 42 15	[16]
TD	Experimental -	special meal semi coarse meal <sup>d</sup> super meal	<300 710–2000 300–1400	82 35 15	[15]
		small hominy grits medium hominy grits flaking grits	1000-2000 2000-4000 >4000	22 12 6	Present manuscript
		small hominy grits medium hominy grits flaking grits	2500–3000 3000–4000 > 4000	48 10 12	[17]
		fine flour coarse flour flaking grits	<300 300–850 >4000	52 12 8	[18]
	Industrial -	flour Meal flaking grits		101 29 14	[21]
TID		flour Meal Grits		23 10 9	[27]
TD		flour flaking grits		29 8	[16]
		flour small grits large grits		9 17 8	[14]
	-	special meal super meal	<300 300–1400	24 1	[15]
		flour superior meal extra meal	21% > 180 31% > 500 76% > 500	15 12 4	[20]
		flour grits	<500 >500	93 6	[28]
		endosperm corn meal grits		30 23 11	[29]
		maize flour break meal pearl meal	<315 315–500 μm 500–1000 μm	50 17 13	Present manuscrip
DD	Industrial	maize flour break meal pearl meal	<350 μm 350–500 μm 500–800 μm	61 22 15	[17]
		maize flour pearl meal	<500 μm 500–1000 μm	37 11	[11]
		maize flour cornmeal semolina	·	141 60	[30]

<sup>&</sup>lt;sup>a</sup> Degermination process: DD = dry degermination; TD = tempering degermination. <sup>b</sup> According to the terminology and information on the particle size reported by the authors. <sup>c</sup> Percentages of contamination are compared to the whole kernel before the milling process. <sup>d</sup> Coarse meal with some pericarp, tip cap and germ fragments.

#### 3. Conclusions

The data collected in the present study from an experiment performed during different growing seasons in an industrial mill, through the contemporaneous application of different degermination processes to the same maize lot, underline the important role of the adopted milling process in the re-distribution of the FB content in milling products and by-products. As far as the by-products are concerned, the animal feed flour showed an important increase in contamination, in part because it receives cleaned fractions that are highly contaminated, while the germ resulted in a similar FB content to the whole kernel after cleaning. As far as the endosperm fractions are concerned, the FBs in products that are derived from the horny endosperm are distributed in a different way from those obtained from the floury endosperm. The former are less contaminated, and thus present a lower health risk in the food chain. Finally, this study has proved, for the first time, that the application of a TD process to dry milling leads to endosperm fractions with a lower health risk for fumonisin contamination than the DD process.

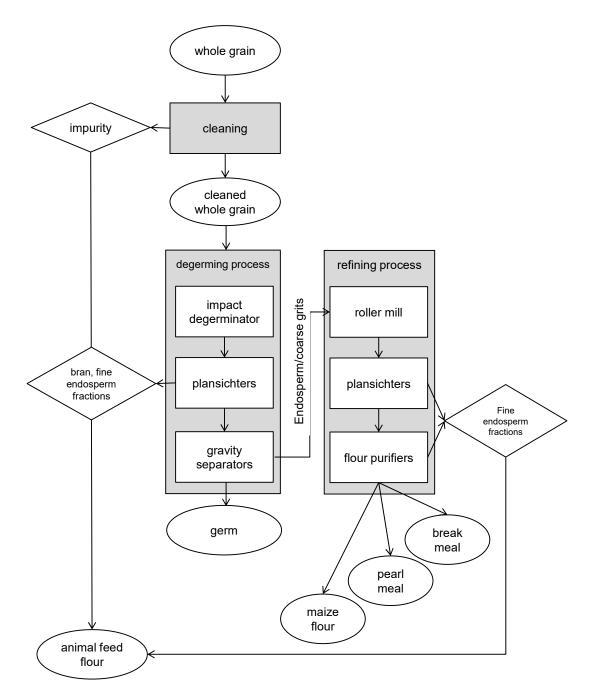
#### 4. Material and Methods

#### 4.1. Maize Milling Processes

The fate of FBs has been investigated by sampling and analysing commercial maize lots (>200 t), cultivated in 2011–2013 period in the same growing area in Northwest Italy. In each year, the sampling was replicated on 3 different lots, for a total number of sampled lots equal to 9 (Table 1). In order to obtain a high homogeneity during the milling process, the selected lots were constituted by a limited number of cultivars: 7 of the compared 9 lots were constituted by a single hybrid, which was chosen from among the ones commonly processed in the industrial mill, while the other 2 lots were mixtures of 2 or 3 of these representative hybrids

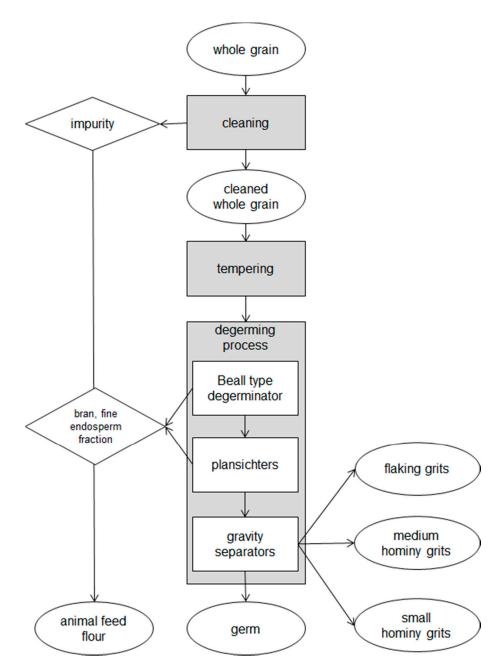
All the maize lots were processed in an industrial mill on two separate dry-milling lines based on different degermination processes as described in detail in Blandino et al. [8]. In both processes, maize kernels were cleaned using a dry stoner, an intensive horizontal scourer, a vibrating aspirator and an optical sorting equipment.

The first process was based on a dry milling technology coupled to a dry-degermination (DD) system (Figure 1) and produced maize flour, pearl meal and break meal with different particle size, as showed in Table 2. Maize flour had 95% of particles size under 315  $\mu$ m, while pearl meal and break meal differ because the first one had 82% of particles between 500–1000  $\mu$ m, and break meal 70% and 27% between 315–500  $\mu$ m and between 500–1000  $\mu$ m, respectively. Taking into consideration the FB limit established by European Commission Regulation (EC) No. 1126/2007 [13], the maize flour was the only milling fraction with a particle size completely <500  $\mu$ m and was therefore the only one with maximum level for the sum of FB<sub>1</sub> and FB<sub>2</sub> of 2000  $\mu$ g kg<sup>-1</sup>. All the other milling fractions had a mean particle size >500  $\mu$ m and a maximum limit for these toxins of 1400  $\mu$ g kg<sup>-1</sup>.



**Figure 1.** Flow diagram of dry milling with a dry degermination (DD) system. The raw materials, products and by-products collected and analysed in the study are reported in the oval.

The second process was based on a dry-milling technology coupled to a tempering-degermination (TD) system (Figure 2) and the endosperm was broken into large flaking grits, medium and small hominy grits (Table 5). Flaking grits were pieces of horny endosperm bigger than 4 mm, the medium and small hominy grits were constituted by pieces of endosperm of 3–4 mm and 2.5–3 mm for 73% and 60%, respectively. In the TD system after the cleaning of maize kernels the water was added to increase the moisture content to approximately 20% by adding 50–70 kg of water for each maize tonne, according to the moisture content of the stored kernels.



**Figure 2.** Flow diagram of dry milling with a tempering-degerming (TD) system. The raw materials, products and by-products collected and analysed in the study are reported in the oval.

In both processes, the main by-products were the germ and the animal feed flour, a mixture of impurities, bran and a part of the mealy endosperm. The usual expected yield of these by-products, in comparison to whole grain before cleaning, was 10% for the germ and 35% for the animal feed flour.

**Table 5.** Distribution of the particle sizes of the maize products after the milling process.

Dry Milling Process <sup>a</sup>	Products	Particle Size Distribution (%)						
		<315 μm	315–500 μm	500–710 μm	710–800 μm	800–1000 μm	>1000 μm	
	Maize flour	95	5					
DD	Break meal	3	70	20	5	2		
	Pearl meal	4	12	35	22	25	2	
		<2500 μm	2500–3000 μm	3000–4000 μm	>4000 μm			
	Small hominy grits	40	60					
TD	Medium hominy grits	5	20	73	2			
	Flaking grits				100			

<sup>&</sup>lt;sup>a</sup> Degermination process: DD = dry degermination; TD = tempering degermination.

### 4.2. Sampling

Samples of each dry milling product and by-product were drawn from opening slits of the plant and the adopted sampling procedure was derived from European Commission Regulation (EC) No 401/2006 [31]. Considering that each lot was of about 200 t and that the plant mills 5 t h<sup>-1</sup> of maize kernel, a dynamic sampling procedure was planned in which each aggregate sample was the result of careful blending of 40 incremental samples of 100 g each, collected for 1 h at regular intervals. A sampling lasting 1 h was performed twice for each lot and each dry-milling process in order to obtain two replications. The samples collected for each lot were the whole grain before and after cleaning, all the products (break meal, pearl meal and maize flour for DD, flaking grits, medium and small hominy grits for TD) and the by-products (germ, animal meal) for both processes (DD and TD), for a total of 216 samples (3 years  $\times$  3 lots/year  $\times$  12 milling fractions  $\times$  2 replications). The sampled products (in the oval shapes in Figures 1 and 2) were collected during milling so that the sum of the products of each process represented the lot of origin. The samples were maintained at -18 °C until the mycotoxin analysis was performed.

# 4.3. FB Analysis

# 4.3.1. Sample Preparation, Extraction and Clean-Up

All the samples were subjected to a further milling step using a hammer mill (ZM 200 Ultra Centrifugal Mill, Retsch GmbH, Haan, Germany) to provide a homogenous particle dimension of less than 1 mm.

For the fumonisin extraction, 50 g of flour was mixed with 100 mL methanol/water (80:20, v/v) on a mechanical shaker (shaker mod. M102-OS, MPM Instruments, Milan, Italy) at 100 rpm for 20 min. The extracts were filtered through Whatman no. 1 filters (GE Healthcare Europe GmbH, Freiburg, Germany) and 10 mL of filtered extract were diluted with 40 mL of Phosphate Buffered Saline (PBS) pH 7.8 (Sigma-Aldrich, St. Louis, MO, USA). A second filtration was performed with a Munktell Glass Microfiber AB (Munktell Filter AB, Falun, Sweden).

The clean-up method was performed with a FumoniTest WB<sup>®</sup> immunoaffinity column (VICAM<sup>®</sup>, Watertown, MA, USA). The clean-up procedure involved pipetting 10 mL of filtered extract and passing it completely through a FumoniTest WB<sup>®</sup> affinity column at a rate of about 1–2 drops/second. After, 5 mL of PBS were added and passed through the column and at last the analyte was recovered with 2 mL of pure LC/MS (Liquid Chromatography/Mass Spectrometry) grade methanol and injected into the LC-MS/MS system, according to the method described below.

# 4.3.2. LC-MS/MS Analysis

FB<sub>1</sub> and FB<sub>2</sub> were quantified by injecting 10 μL of the purified extracts into the LC-MS/MS system. The LC system consist of a Varian 212-LC chromatographic pump, a reversed-phase Agilent column, Pursuit 5 C18 (50 × 2.1 mm, 5 μm) and a ProStar 410 autosampler. The LC system was coupled with a triple quadrupole mass spectrometer 310-MS equipped with an electrospray ionization (ESI) source. The chromatographic run had a duration of 15 min ( $t_R$  FB<sub>1</sub> = 4.9 min;  $t_R$  FB<sub>2</sub> = 5.6 min), with acetonitrile and water acidified with acetic acid 0.1% as the mobile phase. The FBs were identified by using the electrospray ionization source in the positive ion mode. The protonated FB<sub>1</sub> (722 m/z) molecule was fragmented into its product ions at 352 m/z (used for identification) and 334 m/z (used for quantification). For FB<sub>2</sub> the fragmentation pathway was instead the production of the ions at 318 m/z (used for identification) and 336 m/z (used for quantification) from the precursor protonated FB<sub>2</sub> (706 m/z). The quantification was performed on the basis of calibration curves with a linearity range of between 4 and 4000 μg kg<sup>-1</sup>. For both FB<sub>1</sub> and FB<sub>2</sub> the limit of detection (LOD) and the limit of quantification (LOQ) were 1 and 4 μg kg<sup>-1</sup>, respectively. The mean percentage of recovery at two different concentration levels (FB<sub>1</sub> = 1800 and 3600 μg kg<sup>-1</sup>; FB<sub>2</sub> = 600 and 1100 μg kg<sup>-1</sup>) for FB<sub>1</sub> and

FB<sub>2</sub> was 78% (relative standard deviation, RSD%: 11%) and 87% (RSD%: 15%), respectively. All the reported results were corrected for the recovery rate.

#### 4.4. Statistical Analysis

The normal distribution and homogeneity of variances were verified by performing a Kolmogorov-Smirnov normality test and a Levene test, respectively.

The FB contamination was compared by means of an analysis of variance (ANOVA), in which the milling fractions were the independent variables and the year of production of the processed maize lots was the random factor. Since the level of contamination within the maize produced in the same growing season was very similar, the lots cultivated and sampled in the same year were considered as replication. The FB content were transformed using the equation:

$$y = \ln(x+1) \tag{1}$$

to normalize the residuals. Multiple comparison tests were performed, according to the Ryan-Einot-Gabriel-Welsh F (REGWF) post hoc test on treatment means. Statistical data analysis was carried out with the SPSS software package, version 24.0.

**Author Contributions:** Conceptualization, F.V. and M.B.; Methodology, F.V. and V.S.; Formal Analysis, F.V. and V.S.; Investigation, F.V., V.S. and M.B.; Data Curation, M.B.; Writing-Original Draft Preparation, F.V.; Writing-Review & Editing, V.S. and M.B.

Funding: This research was funded by Regione Piemonte, as a part of the ALIMAIS project.

Conflicts of Interest: The authors declare no conflict of interest.

#### **Abbreviations**

ANOVA	analysis of variance
FB <sub>1</sub>	fumonisin B <sub>1</sub>
$FB_2$	fumonisin B <sub>2</sub>
FBs, B-series fumonisins	sum of FB <sub>1</sub> and FB <sub>2</sub>
DD	dry degermination
TD	tempering-degermination
EC	European Commission
ESI	Electrospray ionization
LC	Liquid chromatography
MS	Mass spectrometry
PBS	Phosphate buffered saline
REGWF	Ryan-Einot-Gabriel-Welsh F test

# References

- 1. Kent, N.L.; Evers, A.D. *Technology of Cereals*, 4th ed.; Pergamon Press: Oxford, UK, 1994; pp. 129–139, ISBN 9781855733619.
- 2. Gwirtz, J.A.; Garcia-Casal, M.N. Processing maize flour and corn meal food products. *Ann. N. Y. Acad. Sci.* **2014**, 1312, 66–75. [CrossRef] [PubMed]
- 3. Mestres, C.; Matencio, F. Biochemical basis of kernel milling characteristics and endosperm vitreousness of maize. *Cereal Chem.* **1996**, *24*, 283–290. [CrossRef]
- Serna-Saldivar, S.O.; Gomez, M.H.; Rooney, L.W. Food uses of regular and specialty corns and their dry-milled fractions. In *Specialty Corns*, 2nd ed.; Hallauer, A.R., Ed.; CRC Press LLC: Boca Raton, FL, USA, 2001; pp. 303–337, ISBN 0849323770.
- Eckhoff, S.R. MAIZE/Dry milling. In *Encyclopedia of Grain Science*, 1st ed.; Wrigley, C., Walker, C., Corke, H., Eds.; Elsevier: Oxford, UK, 2004; pp. 216–225, ISBN 9780080926636.
- 6. Blandino, M.; Sacco, D.; Reyneri, A. Prediction of the dry-milling performance of maize hybrids through hardness-associated properties. *J. Sci. Food Agric.* **2013**, *93*, 1356–1364. [CrossRef] [PubMed]

7. Nuss, E.T.; Tanumihardjo, S.A. Maize: A paramount staple crop in the context of global nutrition. *Compr. Rev. Food Sci. Food Saf.* **2010**, *9*, 417–436. [CrossRef]

- 8. Blandino, M.; Alfieri, M.; Giordano, D.; Vanara, F.; Redaelli, R. Distribution of bioactive compounds in maize fractions obtained in two different types of large scale milling processes. *J. Cereal Sci.* **2017**, 77, 251–258. [CrossRef]
- 9. Marin, S.; Ramos, A.J.; Cano-Sancho, G.; Sanchis, V. Mycotoxins: Occurrence, toxicology, and exposure assessment. *Food Chem. Toxicol.* **2013**, *60*, 218–237. [CrossRef] [PubMed]
- 10. Logrieco, A.; Mulè, G.; Moretti, A.; Bottalico, A. Toxigenic *Fusarium* species and mycotoxins associated with maize ear rot in Europe. *Eur. J. Plant Pathol.* **2002**, *108*, 597–609. [CrossRef]
- 11. Vanara, F.; Reyneri, A.; Blandino, M. Fate of fumonisin B1 in the processing of whole maize kernels during dry-milling. *Food Control* **2009**, *20*, 235–238. [CrossRef]
- 12. Bullerman, L.B.; Bianchini, A. Stability of mycotoxins during food processing. *Int. J. Food Microbiol.* **2007**, 123, 81–87. [CrossRef] [PubMed]
- 13. European Commission. Commission Regulation (EC) No. 1126/2007, of 28 September 2007 amending Regulation (EC) No 1881/2006 setting maximum levels for certain contaminants in foodstuffs as regards *Fusarium* toxins in maize and maize products. *Off. J. Eur. Union* **2007**, 255, 14–17.
- 14. Brera, C.; Debegnach, F.; Grossi, S.; Miraglia, M. Effect of the industrial processing on the distribution of fumonisin B1 in dry milling corn fractions. *J. Food Protect.* **2004**, *67*, 1261–1266. [CrossRef]
- 15. Burger, H.-M.; Shephard, G.S.; Louw, W.; Rheeder, J.P.; Gelderblom, W.C.A. The mycotoxin distribution in maize milling fractions under experimental conditions. *Int. J. Food Microbiol.* **2013**, *165*, 57–64. [CrossRef] [PubMed]
- 16. Katta, S.K.; Cagampang, A.E.; Jackson, L.S.; Bullerman, L.B. Distribution of Fusarium molds and fumonisins in dry-milled corn fractions. *Cereal Chem.* **1997**, 74, 858–863. [CrossRef]
- 17. Reyneri, A.; Pietri, A.; Causin, R.; Brera, C.; Vanara, F.; Costa, E. Campionamento dei molini a mais italiani per la ricerca delle fumonisine nei prodotti della trasformazione industriale. In Proceedings of the 2° Congresso Nazionale, Le Micotossine Nella Filiera Agro-Alimentare, Roma, Italy, 16–18 October 2006; pp. 51–56.
- 18. Pietri, A.; Zanetti, M.; Bertuzzi, T. Distribution of aflatoxins and fumonisins in dry-milled maize fractions. *Food Addit. Contam.* **2009**, *26*, 372–380. [CrossRef] [PubMed]
- 19. Scudamore, K.A.; Patel, S. Survey for aflatoxins, ochratoxin A, zearalenone and fumonisins in maize imported into the United Kingdom. *Food Addit. Contam.* **2000**, *17*, 407–416. [CrossRef] [PubMed]
- 20. Aprodu, I.; Banu, I. Co-occurrence of fumonisins and T-2 toxins in milling fractions under industrial conditions. *CyTA J. Food* **2015**, *13*, 102–106. [CrossRef]
- 21. Castells, M.; Marin, S.; Sanchis, V.; Ramos, A.J. Distribution of fumonisins and aflatoxins in corn fractions during industrial cornflake processing. *Int. J. Food Microbiol.* **2008**, *123*, 81–87. [CrossRef] [PubMed]
- 22. Shim, W.; Flaherty, J.E.; Woloshuk, C.P. Comparison of fumonisin B1 biosynthesis in maize germ and degermed kernels by Fusarium verticillioides. *J. Food Protect.* **2003**, *66*, 2116–2122. [CrossRef]
- 23. Philippeau, C.; Landry, J.; Michalet-Doreau, B. Influence of the protein distribution of maize endosperm on ruminal starch degradability. *J. Sci. Food Agric.* **2000**, *80*, 404–408. [CrossRef]
- 24. Dombrink-Kurtzman, M.A.; Knutson, C.A. A study of maize endosperm hardness in relation to amylose content and susceptibility to damage. *Cereal Chem.* **1997**, *74*, *776*–*780*. [CrossRef]
- 25. Bluhm, B.H.; Woloshuk, C.P. Amylopectin induces fumonisin B1 production by fusarium verticillioides during colonization of maize kernels. *Mol. Plant Microbe Interact.* **2005**, *18*, 1333–1339. [CrossRef] [PubMed]
- 26. Blandino, M.; Reyneri, A. Comparison between normal and waxy maize hybrids for fusarium-toxin contamination in NW Italy. *Maydica* **2007**, *52*, 127–134.
- 27. Broggi, L.E.; Resnik, S.L.; Pacin, A.M.; Gonzalez, H.H.L.; Cano, G.; Taglieri, D. Distribution of fumonisins in dry-milled corn fractions in Argentina. *Food Addit. Contam.* **2002**, *19*, 465–469. [CrossRef] [PubMed]
- 28. Scudamore, K.A.; Patel, S. Fusarium mycotoxins in milling streams from the commercial milling of maize imported to the UK, and relevance to current legislation. *Food Addit. Contam.* **2009**, *26*, 744–753. [CrossRef] [PubMed]
- 29. Bordini, J.G.; Ono, M.A.; Garcia, G.T.; Fazani, V.H.M.; Vizoni, E.; Rodrigues, K.C.B.; Hirooka, E.Y.; Ono, E.Y.H. Impact of industrial dry-milling on fumonisin redistribution in non-transgenic corn in Brazil. *Food Chem.* **2017**, 220, 438–443. [CrossRef] [PubMed]

30. Generotti, S.; Cirlini, M.; Dall'Asta, C.; Suman, M. Influence of the industrial process from caryopsis to cornmeal semolina on levels of fumonisins and their masked forms. *Food Control* **2015**, *48*, 170–174. [CrossRef]

31. European Commission. Commission Regulation (EC) No. 401/2006, of 23 February 2006 laying down the methods of sampling and analysis for the official control of the levels of mycotoxins in foodstuffs. *Off. J. Eur. Union* **2006**, *70*, 12–34.



© 2018 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (http://creativecommons.org/licenses/by/4.0/).