



# Understanding metabolic alterations and heterogeneity in cancer progression through validated immunodetection of key molecular components: a case of carbonic anhydrase IX

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## Abstract

Cancer metabolic heterogeneity develops in response to both intrinsic factors (mutations leading to activation of oncogenic pathways) and extrinsic factors (physiological and molecular signals from the extracellular milieu). Here we review causes and consequences of metabolic alterations in cancer cells with focus on hypoxia and acidosis, and with particular attention to carbonic anhydrase IX (CA IX). CA IX is a cancer-associated enzyme induced and activated by hypoxia in a broad range of tumor types, where it participates in pH regulation as well as in molecular mechanisms supporting cancer cells' invasion and metastasis. CA IX catalyzes reversible conversion of carbon dioxide to bicarbonate ion plus proton and cooperates with a spectrum of molecules transporting ions or metabolites across the plasma membrane. Thereby CA IX contributes to extracellular acidosis as well as to buffering intracellular pH, which is essential for cell survival, metabolic performance, and proliferation of cancer cells. Since CA IX expression pattern reflects gradients of oxygen, pH, and other intratumoral factors, we use it as a paradigm to discuss an impact of antibody quality and research material on investigating metabolic reprogramming of tumor tissue. Based on the validation, we propose the most reliable CA IX-specific antibodies and suggest conditions for faithful immunohistochemical analysis of molecules contributing to heterogeneity in cancer progression.

**Keywords** Carbonic anhydrase IX · Metabolism · Heterogeneity · Hypoxia · Acidosis · Antibody validation

## Abbreviations

AAT	Amino acid transporter	HIF	Hypoxia-inducible factor
AE	Anion exchanger	HRE	Hypoxia-responsive element
CA IX	Carbonic anhydrase IX	IC	Intracytoplasmic
CCRCC	Clear cell renal cell carcinoma	IF	Immunofluorescence
DSF	Disease-free survival	IHC	Immunohistochemistry
ECD	Extracellular domain	LDH	Lactate dehydrogenase
ELISA	Enzyme-linked immunosorbent assay	MCT	Monocarboxylate transporter
FACS	Fluorescence-activated cell sorting	NBC	Sodium bicarbonate cotransporter
FL	Full length	NHE	Sodium-proton exchanger
GLUT	Glucose transporter	OS	Overall survival
		OXPHOS	Oxidative phosphorylation
		PDK	Pyruvate dehydrogenase kinase
		PFS	Progression-free survival
		PG	Proteoglycan
		RI	Reproducibility index
		ROS	Reactive oxygen species
		TCA	Tricarboxylic acid
		TM	Transmembrane
		TME	Tumor microenvironment
		WB	Western blotting

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## 1 Introduction

During cancer progression, tumor cells are exposed to multiple physiological constraints present in the growing tumor tissue. These constraints dynamically change in spatial and temporal manner, generating selection pressures and adaptive responses leading to expansion of cancer cells that are able to survive and sustain proliferation. Selected cancer cell subpopulations exhibit phenotypic plasticity and invasive/pro-metastatic behavior, and contribute to complex tissue architecture with various physiological gradients. One of key adaptations to fluctuating supplies and demands for survival and proliferation of cancer cells is their metabolic reprogramming.

## 2 Causes and consequences of metabolic alterations and heterogeneity

### 2.1 Oncogenic activation

Initial tumor growth is associated with mutations that trigger deregulated oncogenic signaling. Activated oncoproteins and/or inactivated tumor suppressor proteins promote abnormal cell proliferation not only by activating positive regulators and counteracting negative regulators of the cell cycle, but also by redirecting cellular metabolism from oxidative phosphorylation to glycolysis [1–3]. They do so through signal transduction pathways leading to enhanced transcription, translation, and/or catalytic activation of the glycolytic enzymes (including glucose transporter GLUT, lactate dehydrogenase LDH, pyruvate dehydrogenase kinase PDK, and monocarboxylate transporter MCT) as explained in more detail elsewhere. Classical examples of this phenomenon include activated MYC and RAS and inactivated p53, von Hippel-Lindau (VHL), and phosphatase and tensin homolog (PTEN), but also many other regulatory molecules [4, 5]. In addition, activating mutations can occur directly in the components of the metabolic pathways, such as isocitrate dehydrogenase (IDH), fumarate hydratase (FH), and/or succinate dehydrogenase (SDH) [6–8]. Albeit glycolysis is not as efficient as respiration in energy production, it allows for synthesis of cellular biomass that is particularly important for uncontrolled proliferation of cancer cells [1, 2]. Yet, most cancer cells retain functional mitochondria that are essential for lipid synthesis and protein acetylation [6].

### 2.2 Stresses in tumor microenvironment

Proliferative advantage of cancer cells enables *in situ* expansion of tumor lesion until the demands for nutrients

and oxygen exceed their supply from the nearest functional blood vessel [9–11]. Long-lasting lack of oxygen (i.e., anoxia) is incompatible with the survival of cells and generates necrotic regions that are histological surrogates of poor cancer prognosis. Lowered oxygenation (i.e., hypoxia) reinforces the shift of cancer cells to glycolytic metabolism and induces additional phenotypic changes, such as angiogenesis generating aberrant tumor vasculature, cell–cell adhesion linked with migration-invasion, and genomic instability facilitating accumulation of mutations [12]. Mechanisms behind these phenotypic changes include both transcriptional and translational reprogramming governed principally by the hypoxia-inducible transcription factors (HIFs) and by the unfolded protein response (UPR)-driven pathways, as reviewed in [13–16].

Importantly, these adaptations are not uniform. They vary depending on many circumstances including cancer type/origin, position of cells in the diffusion gradients, and time of their exposure to the hypoxic stress [11, 17]. Thus, metabolic preferences of the peri-necrotic cancer cells chronically suffering from severe hypoxia considerably differ from the preferences of the moderately hypoxic cells as well as from the oxygenated cells located proximally to the vasculature [18].

In a simplified interpretation, cells in the region of severe hypoxia are highly dependent on glycolysis, while the moderately hypoxic cells can utilize tricarboxylic acid (TCA) cycle and oxidative phosphorylation system (OXPHOS) by consuming lactate exported from the highly glycolytic cells, a phenomenon known as metabolic symbiosis [19, 20]. Normoxic cells exploit glycolysis in the presence of oxygen (so-called Warburg effect) along with TCA/OXPHOS, driven by various fuels available in the tumor microenvironment (TME), including amino acids and lipids [11, 17].

Oncogenic metabolism produces an excess of acidic metabolic products, such as lactate, protons, and carbon dioxide. Although these metabolites are primarily generated intracellularly, machinery protecting cancer cells from an intracellular acidosis extrudes them to the pericellular space either by the active export mechanisms or by altering/reversing their gradients across the plasma membrane [21]. Consequently, these acidic products accumulate in TME (especially when distant from the blood flow) and generate an extracellular acidosis, which has a significant impact on metabolic performance as well as on additional phenotypic characteristics of tumor cells contributing to their pro-metastatic behavior and to cancer progression [18, 22]. Acidosis was shown to directly affect protonation states of important regulatory proteins with pH-sensitive amino acids, as exemplified by p53, sodium-proton exchanger 1 (NHE1), epidermal growth factor receptor (EGFR),  $\beta$ -catenin, etc., thereby causing structural changes that results in their altered functions [23]. Moreover, intracellular acidosis

leads to increased accumulation of reactive oxygen species (ROS) and enhanced ferroptosis, a non-apoptotic form of iron-dependent cell death [24, 25]. Acidic pH is also linked with immune cells' energy and resistance to anticancer drugs [26].

Metabolic heterogeneity is also developing along the cancer progression stages. Invasive and circulating cancer cells depend on the acquisition of an anchorage-independence to avoid anoikis and gain metabolic phenotype overcoming excessive ROS production and bioenergetic crisis caused by the loss of attachment signals. These non-adherent cells require high amounts of ATP for survival (and not the biomass for proliferation), thus relying more on mitochondrial metabolism during their detachment, invasion, and flow within the blood stream or in lymphatics [27–29].

### 2.3 Tumor-stroma cross-talk

Diversity of responses to physiological stresses in TME by cancer cell subpopulations is not the only determinants of the metabolic heterogeneity in tumors. This phenomenon gains complexity through the cross-talk of cancer cells with the cells in stroma. Stroma is a connective component of the tumor tissue showing highly variable extent and composition depending on the organ of residence, tumor type, and cancer stage. Different stromal cells communicate with cancer cells via multiple signaling entities including growth factors, exosomes, and micro-/nanotubular structures, but also via metabolites [17, 30, 31]. Cancer and stromal cells can live in a metabolic symbiosis not only by releasing/consuming lactate, but also by venting of cancer cells-produced CO<sub>2</sub> via gap junctions of stromal cells and potentially through additional mechanisms that still remain to be elucidated [32, 33].

### 2.4 Links between pH control and metabolism

Successful adaptation of tumor cells to oncogenic metabolism and/or hypoxia strongly depends on activation of the pH control machinery [18, 34]. Its prime role is to maintain a slightly alkaline intracellular pH (pHi ~ 7.2 to 7.7) that is required for the effective biosynthesis, ATP production, and signaling [35]. Major components of this pH control machinery can be induced by hypoxia and/or are pH-sensitive molecules, including sodium-proton exchangers (e.g., NHE1), anion exchangers (e.g., AE2), sodium-bicarbonate transporters (e.g., NBCe1), monocarboxylate transporters (MCT1 and MCT4), and related molecules. Moreover, MCTs can also affect the glycolytic flux by mediating co-extrusion of lactate and protons and therefore represent one of the intersecting points of metabolism and pH control [20, 22, 36].

Besides extrusion of lactate and protons, pHi control also involves removal of the intracellular CO<sub>2</sub> by diffusion to extracellular space as well as the import of bicarbonate ions

generated by the hydration of pericellular CO<sub>2</sub> to cytoplasm, leaving protons from the same reaction outside the cells. These processes lead to extracellular acidosis that often persists in tumor microenvironment because the acidic metabolic products cannot be effectively removed by the aberrant tumor vasculature. Extracellular acidosis can activate proteolytic enzymes that degrade extracellular matrix and facilitate invasion and metastasis. Moreover, cancer cells with activated pH-regulating machinery can resist toxic effects of extracellular acidosis generated by oncogenic metabolism and even benefit from an acidosis-supported acquisition of aggressive tumor phenotypes. Thus, cancer cells gain selective advantage against surrounding normal cells that cannot adapt [37].

Acidosis strongly influences tumor metabolic preferences, reducing glycolysis while promoting mitochondrial activity. It supports progression-related processes such as angiogenesis, invasion, and metastasis and is linked to cellular phenomena including aneuploidy and mutation rate, autophagy and survival, cell migration, and release of exosomes [18]. Moreover, acidosis is enriched at tumor-stroma interfaces (in addition to regions of chronic hypoxia) and cells within the acidic front are invasive and proliferative [33, 38]. From the clinical point of view, intratumoral acidosis is associated with resistance to chemo-, radio-, and immuno-therapies.

## 3 Carbonic anhydrase IX and its role in tumor metabolism

### 3.1 CA IX essentials

Carbonic anhydrase IX (CA IX) has been initially cloned as a cancer-associated transmembrane enzyme with an active site facing the extracellular space and catalyzing the reversible conversion of carbon dioxide to bicarbonate ion and proton [39, 40]. CA IX shows very high catalytic activity, comparable to the CA II isoform that belongs to the most active enzymes in general. Interestingly, CA IX activity culminates at acidic pH around 6.5, typical for tumor microenvironment [41, 42]. Moreover, CA IX is strongly responsive to hypoxia both at the level of expression by the HIF-mediated transcriptional activation [43], and at the level of catalytic activity by the protein kinase A (PKA)-mediated phosphorylation [44]. In addition, available experimental data show that the expression of CA IX can be induced under normoxic conditions in connection with oncogenic activation of the RAS, SRC, or RET pathway, and upon treatment with glucose, lactate, and glutamine (particularly in combination with serum growth factors) that are important substrates of tumor metabolism [45–49].

CA IX is an important constituent of pH regulation in tumor cells via contribution to intracellular neutralization/

alkalization and extracellular acidification [50–52]. Indeed, CA IX cooperates with a number of genuine pH regulators mentioned above, including NBCe1 and NBCn1, MCT1 and MCT4, NHE1, AE2, and NCX1 (Fig. 1) [53–59]. These cooperative activities are mainly dependent on the enzyme active site in the CA domain localized in the central part of the CA IX ectodomain near its transmembrane region, as described in [53–55] and depicted below. However, the N-terminal part (so-called PG region) protruding to the extracellular space participates in the non-catalytic pH regulation, as an antenna enhancing export of protons coupled with export of lactate ions via MCTs [56–58]. In fact, CA IX acts as an extracellular pH-stat, maintaining an acidic tumor extracellular pH that is tolerated by cancer cells and supports their pro-metastatic behavior [52]. CA IX-mediated extracellular acidosis is also associated with decreased immune activity in the tumors of patients with a broad spectrum of solid malignancies [60]. At the same time, CA IX stabilizes intracellular pH that is conducive to survival and proliferation [6, 51]. Recently, Chafe et al. have demonstrated that the role of CA IX in maintaining an alkaline intracellular pH is critical for suppression of ferroptosis [25].

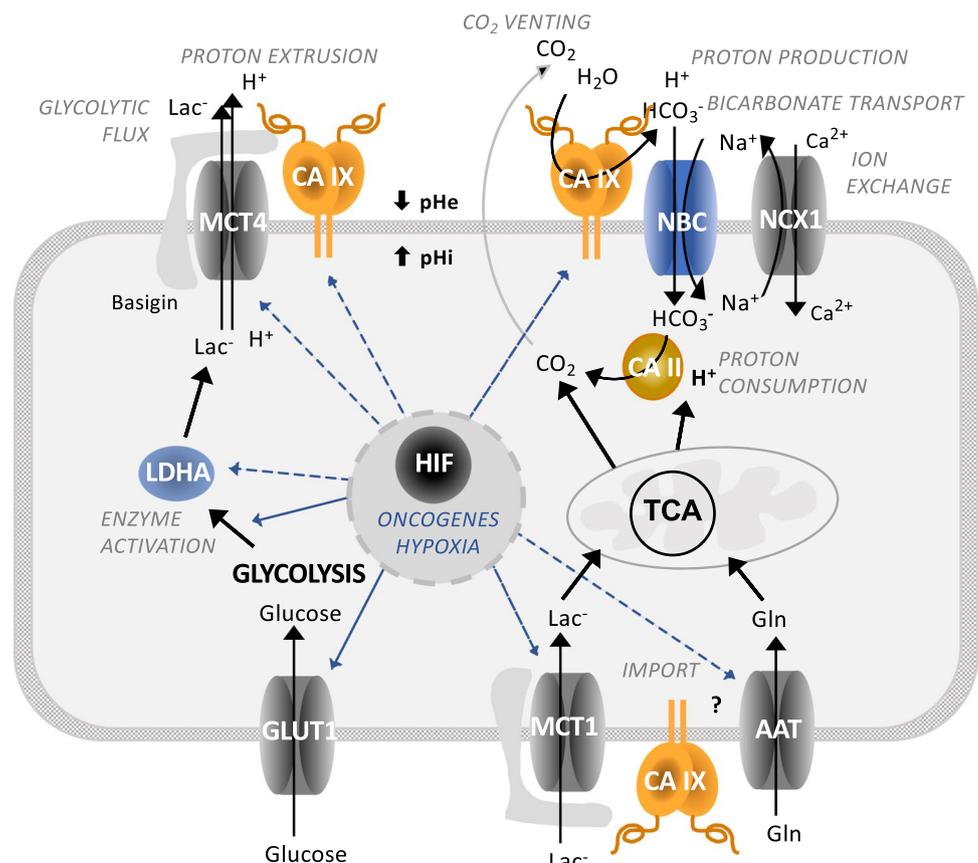
The effects of CA IX on tumor phenotype can be blunted either by the silencing/suppression of the CA IX expression, or by the small molecule inhibitors of the CA IX catalytic

activity, or by the CA IX-specific antibodies as documented in a number of published studies and reviews [61–68]. Moreover, the knowledge obtained in pre-clinical studies of CA IX inhibitors and/or antibodies has opened the window for novel anticancer strategies, some of which have been translated into the clinical trials (reviewed in [69] and listed in <https://clinicaltrials.gov>].

### 3.2 CA IX and metabolic reprogramming

Since hypoxia and acidosis are intimately coupled with expression and activities of enzymes involved in oncogenic metabolism, it is not surprising that CA IX can play a role in metabolic pathways, echoing intratumoral oxygen and pH gradients in metabolic heterogeneity of tumor tissue. CA IX expression and/or activity appears to be required for accelerated lactate efflux via MCTs [57, 58], for full expression and activity of PDK1, a gate-keeping enzyme to the TCA cycle in mitochondria [70, 71], for full expression and activity of a key glycolytic enzyme LDHA [72], and ultimately for maximizing glycolytic flux and facilitating cell proliferation in hypoxic/acidic TME [73]. This conclusion is in line with the fact that glycolysis both generates and senses pH changes caused by the formation and accumulation of acidic metabolites [74, 75].

**Fig. 1** Schematic view of the CA IX position in molecular pathways driving metabolic reprogramming of cancer cells. Oncogenic activation and hypoxia drive metabolic reprogramming in part via HIF-mediated induction and/or activation of certain glycolytic enzymes (LDHA) and transporters of glucose (GLUT), lactate (MCT), and amino acids (AAT). This allows cancer cells to generate energy and biomass for survival and proliferation. At the same time, HIF induces key components of pH regulating machinery, including ion transporters (NBC and NCX) as well as carbonic anhydrase IX (CA IX), in order to protect cancer cells from intracellular acidosis generated by the oncogenic metabolism. CA IX cooperates with these molecules via its extracellular domains either in a catalytic or in a non-catalytic manner thereby regulating pH and supporting metabolic adaptations of cancer cells



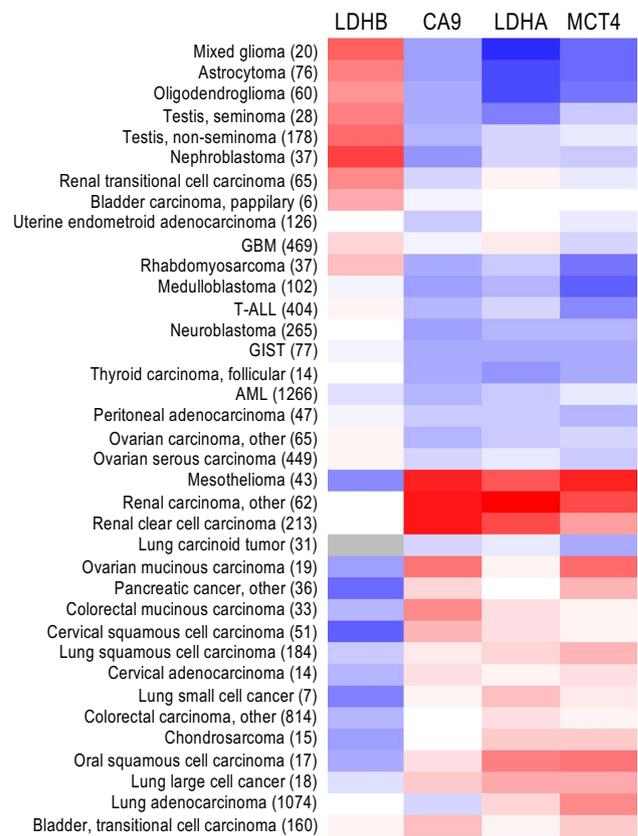
CA IX also plays a role in molecular mechanisms mediating cell adhesion-migration-invasion [76, 77]. On one hand, CA IX can affect the assembly and maturation of focal adhesion contacts during cell attachment and spreading on solid support [78, 79], and on the other one, it can destabilize E cadherin-mediated intercellular contacts [80] and facilitate migration/invasion. CA IX re-localizes to cellular leading-edge structures, namely filopodia during migration and invadopodia during invasion, where it contributes to pH regulation at both sides of the plasma membrane [54, 81]. It operates via coordinated regulation of an interactome composed of bicarbonate transporters and amino acid transporters as well as cortactin, integrins, and metalloproteinases [81–83]. This also implies possible involvement of CA IX in metabolic processes that supply energy both to (1) formation and growth of these highly dynamic subcellular structures potentially via podosome-confined glycolysis, as suggested by Stock and Schwab [84], and (2) movement and protrusion of individual cells or cell clusters via enhanced respiration, mitochondrial biogenesis, and reduced lipogenesis [85, 86].

### 3.3 CA IX as a surrogate marker of hypoxia, acidosis, and glycolytic metabolism

CA IX is mostly viewed as a biomarker of hypoxia and/or acidosis. It is expressed in many tumor types and shows highly heterogeneous expression pattern, as reviewed in [68]. It is usually localized in broader peri-necrotic zones involving both highly and moderately hypoxic cells that are viable and possess a strong metastatic potential. Because of the responsiveness to both severe and moderate hypoxia, CA IX distribution only partly overlaps with that of HIF-1 $\alpha$  and of other hypoxia-regulated proteins induced at different hypoxic thresholds [43, 87, 88]. Occasionally, CA IX distribution is diffused, presumably as a sign of oncogene activation or inactivating mutation of tumor suppressor. CA IX can be also found in HIF-1 $\alpha$  negative areas possibly because reoxygenation leads to instantaneous degradation of the HIF-1 $\alpha$  but not of the highly stable CA IX. In accord with the CA IX role in pH regulation, its expression is increased at the interface between tumor and stroma, in the acidic front containing invasive and proliferative cells that rely on glycolysis [9, 38].

In light of the data connecting CA IX to glycolytic metabolism, CA IX can be viewed as a surrogate indicator of glycolytic metabolic phenotype. Indeed, data from the literature show that in patients' specimens of tumors derived from diverse tissue types, CA IX is often correlated, co-expressed, and/or spatially overlapped with the traditional biomarkers of the glycolytic metabolism (GLUT1, MCTs, LDH) and glucose consumption rate ( $^{18}$ FDG). For example, significant overall correlation and co-localization of CA IX with GLUT1, MCT4, and

MCT1 was demonstrated by immunohistochemistry (IHC) in advanced head and neck carcinomas [89]. Considerable spatial overlap between CA IX and GLUT1 was found in areas of diffusion-limited hypoxia in glioblastomas and astrocytomas [90]. CA IX correlation with GLUT1 was also found in papillary renal cell carcinomas [91], in bladder cancer [92], and in cervical carcinomas [93]. In addition, higher expression of CA IX was linked with the stronger  $^{18}$ FDG uptake in non-small cell lung cancer [94]. CA IX expression was also correlated with LDH5 expression in gastrointestinal adenocarcinomas [95]. Interestingly, analysis of transcriptional profiles of different tumor types fully supports these links (Fig. 2). Altogether, these data reinforce the existence of *in vivo* link between CA IX and glycolysis.



**Fig. 2** A heatmap visualizing differential expression of genes coding for the CA IX (CA9) and for the glycolytic enzymes LDHA (supporting glycolysis), LDHB (supporting TCA cycle), and MCT4 (extruding lactate ions and protons) in various tumor samples (the number of samples is indicated in brackets). The color scale ranges from blue (lowest mean expression) through white (average mean expression) to red (highest mean expression). Data were analyzed and extracted through IST (in silico transcriptomics) online (MediSapiens; <https://medisapiens.com/>), the largest fully integrated and annotated human gene expression data source

## 4 Challenges for characterizing metabolic heterogeneity in tumor tissues

Current research of cancer metabolism and metabolic heterogeneity in cancer progression focuses primarily on technologically advanced methods of metabolomics, as reviewed by [96]. However, identification of underlying molecular mechanisms still depends on approaches of molecular/cell biology and cancer physiology. Due to a complex nature of this topic, it is extremely important to employ validated research tools and correct methodical approaches as well as appropriate research material.

The need for antibody validation is particularly evident for molecules that are functionally involved in metabolic pathways, irrespective of whether they are detected in cellular extracts, cultured cells, or in tumor tissues [97]. Once the antibody does not fulfill strict specificity and quality requirements, it can provide false data leading to inaccurate interpretation of results. This can eventually obscure the recognition of a real biological role and/or clinical value of the studied molecule. In addition, such situation can result in impairment of data reproducibility and failure of therapeutic targeting strategies, as witnessed in nowadays' science and clinical R&D. There are also additional challenges including inappropriate tissue material and data presentation that have to be addressed in order to improve the way towards unraveling tumor heterogeneity.

### 4.1 Quality of antibodies

Looking at the investigations of CA IX as a molecule that contributes to tumor heterogeneity and metabolic reprogramming through response to hypoxia and acidosis, it is

evident that researchers use diverse antibodies from various sources, often without proper characterization, just relying on the recommendations in datasheet. To date, more than 1,310 (from 45 providers) and 959 anti-CA IX antibodies are listed in Antibodypedia [98] and CiteAb [99], respectively. Many of these antibodies are routinely used in basic research for detection and quantification of CA IX, as well as for determination of its distribution and interactions within cells. A subgroup of antibodies is also used in clinical studies to reveal the CA IX expression in tissues and its prognostic, diagnostic, and therapeutic potential. However, not all of these antibodies can comply with high standards of performance and reliability.

To clarify this situation, eight commercially available antibodies that are most frequently cited in the numerous clinical studies of CA IX were subjected to a comprehensive validation in our laboratory. Overall reactivity of the antibodies was compared with the providers' recommendations in the datasheets. Table 1 summarizes an overview of the antibody validation results obtained in five applications, namely WB, ELISA, FACS, IF/ICC, and IHC (see the original validation data in the [Supplementary information](#)). Antibody binding regions on the CA IX molecule are depicted in Fig. 3. The antibodies were selected predominantly on the basis of meta-analysis performed by van Kuijk and colleagues [100]. There, the data from 147 clinical studies encompassing more than 24,000 cancer patients were evaluated with respect to CA IX expression assessed by IHC in relationship to several endpoints, including overall survival (OS), disease-free survival (DFS), and progression-free survival (PFS). Meta-analysis confirmed the correlation of high CA IX expression to disease progression, locoregional failure, and development of metastasis, independently of tumor type or site. Since most of the included clinical studies

**Table 1** Characteristics of antibodies demonstrated by validation compared to recommendations of providers

	WB		ELISA		FACS		IF/ICC		IHC	
	R	V	R	V	R	V	R	V	R	V
M75 (m)	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
ab15086 (r)	Y	Y		Y	Y	N		Y	Y	Y <sup>b</sup>
D10C10 (r)	Y	Y		N		N		Y <sup>a</sup>	Y	Y <sup>b</sup>
GT12 (m)	Y	Y		N	Y	N	Y	N	Y	N
2D3 (m) <sup>d</sup>	Y	N		N	Y	N		N	Y	N
NB100-417 (r)	Y	Y	Y	N	Y	N	Y	Y	Y	Y <sup>b</sup>
AF2188 (g)	Y	Y		N	Y	Y	Y	Y	Y	Y <sup>c</sup>
H-11 (m)	Y	Y	Y	Y		Y	Y	Y	Y	Y <sup>c</sup>
SAB1300310 (r)	Y	Y	Y	N		Y		Y <sup>a</sup>		Y <sup>d</sup>

<sup>a</sup>Only in cells with high ectopic expression

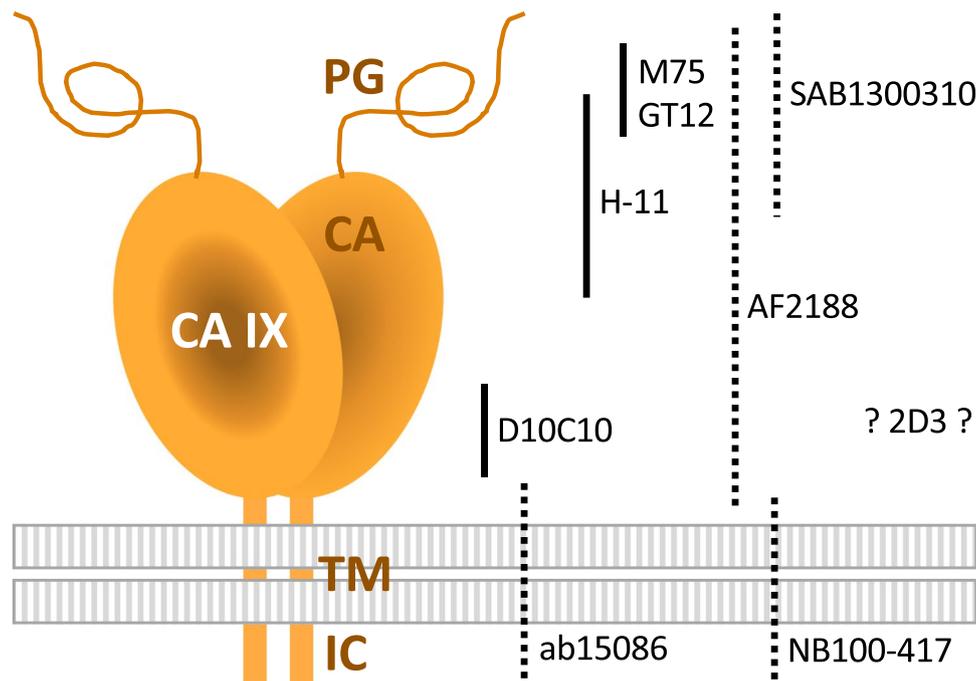
<sup>b</sup>Only after demasking

<sup>c</sup>High background

<sup>d</sup>Clone with the same characteristics is available also as NBPI-51691 and ab107257

<sup>d</sup>Faint staining signal

R, recommended by the provider; V, validated in our laboratory; Y, yes; N, no; m, mouse; r, rabbit; g, goat; red color signifies a disagreement with the provider's recommendation



**Fig. 3** Schematic illustration of binding sites of M75 and eight validated antibodies. The positions of antibody binding regions are shown on the schematic model of the CA IX protein comprising a proteoglycan-like (PG) region, carbonic anhydrase (CA) domain, transmembrane (TM) anchor, and intracytoplasmic (IC) tail. Antibody arrangement reflects the information available in the datasheets.

(46%) employed M75 monoclonal antibody, it was used as a reference antibody. Moreover, its CA IX specificity and excellent performance was proven in many other research papers from a number of laboratories. Representative IHC staining with M75 antibody is shown in Fig. 4.

Because IHC is (except metabolomics) a key approach in determining tissue expression of regulators/executors of metabolic reprogramming in tumors and in elucidating their clinical value as potential biomarkers and therapy targets, our validation was focused primarily on this application. Specificity of anti-CA IX antibodies in IHC was examined using serial tissue sections of the clear cell renal cell carcinoma (CCRCC) with proven high expression of CA IX compared to the CA IX-negative normal kidney tissue ([Supplementary information](#)). In addition to the M75 reference, additional 3 commercial antibodies were found more or less suitable for IHC, considering specific methodical adjustments, such as requirement for antigen retrieval (citrate or EDTA) as well as duration and temperature of staining (1 h at RT versus O/N at 4 °C). Assessment of these methodical details for each particular antibody and their precise description in related publication is extremely important for the reliability and reproducibility of data.

In brief, the validation performed in our laboratory revealed that monoclonal D10C10 and polyclonal antibodies

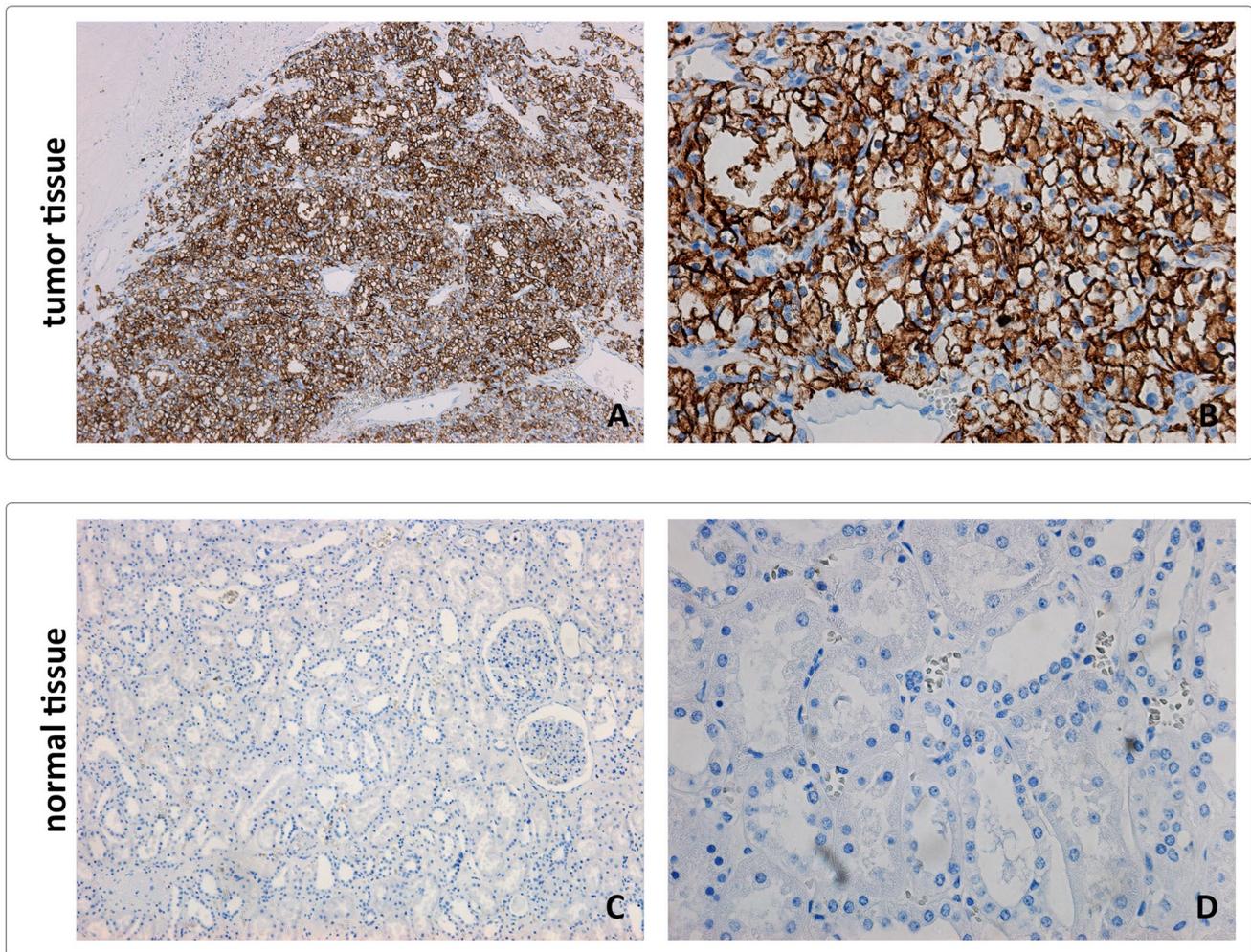
Monoclonal and polyclonal type of antibody is depicted using full and dashed line, respectively. No information regarding the immunogen used for the generation of 2D3 monoclonal antibody is available in its datasheet. According to “Ten basic rules of antibody validation” [101], all selected antibodies are correctly described by providers and, with exception of 2D3, have a defined immunogen

ab15086 and NB100-417 are reliable alternatives to monoclonal antibody M75, while the antibodies H-11 and AF2188 suffer from non-specific reactivity and high background that may potentially lead to false positivity. The antibodies GT12 and 2D3 are not suitable for the detection of CA IX by IHC.

#### 4.2 Identification of antibodies and data presentation

Almost 30% of the IHC studies involved in the meta-analysis by van Kuijk et al. (2016) [100] contain insufficient description of the used anti-CA IX antibody, missing its unambiguous identification and just mentioning the provider (if at all). In some cases, authors declare an incorrect source of the antibody (see Table 2). Since some providers offer a number of different antibodies to CA IX, this introduces a lot of confusion and questions the data interpretation as well as their reproducibility. However, this drawback is not limited to CA IX—it is a generally occurring and persisting problem in the entire biomedical research, since the antibody cannot be recognized in more than a half of all respective publications (as reviewed by [101]).

Moreover, about 14% of papers included in the meta-analysis [100] do not display even the representative images of the IHC stained tissues (neither in the articles themselves,



**Fig. 4** Representative images from tumor (CCRCC) and normal kidney tissue stained using M75 reference antibody. Tissue sections were directly incubated with M75 monoclonal antibody for 1 h at RT. Following the incubation with anti-mouse secondary antibody, positive

reaction was visualized using DAB as a chromogen. Sections were counterstained with Mayer hematoxylin. **A, C** Original magnification  $\times 100$ . **B, D** Original magnification  $\times 400$

nor in their Supplementary data), thus precluding a visual inspection of the staining intensity and pattern.

### 4.3 Tissue specimens

Deeper analysis of all CA IX-dedicated IHC studies summarized by van Kuijk and colleagues [100] revealed another problem. Whole tissue blocks were used in 40% of studies, the rest was performed using either biopsy or tissue microarray (TMA). Although there are several advantages favoring the utilization of TMAs in IHC, this approach can lead to loss of important information due to intratumoral heterogeneity, especially when only one TMA core is included in the staining. This is supported by the observation that only 4.7% of breast cancer TMA cores were found CA IX-positive compared to 18.1% of whole tissue blocks [138].

Another factor negatively impacting results of IHC lies in omitting perinecrotic regions from TMA construction. It is well-known that intratumoral hypoxia is reflected histologically by the presence of necrosis, which is considered a bad prognostic factor in cancer patients [176, 177]. Staining pattern of the hypoxia-induced CA IX is very heterogeneous, often confined to perinecrotic areas, and therefore, use of TMAs devoid of necrotic regions is not appropriate for the CA IX IHC analysis. The same is true for other molecules related to cancer metabolism, which is a phenomenon with inherent heterogeneity.

In case of TMA, the best way how to overcome the problem of tumor tissue heterogeneity is to analyze multiple cores. According to several studies, up to 98% consistency with the results from full-block sections can be achieved when at least three TMA cores are stained. Lower

**Table 2** Evaluation of selected clinical studies (first author, year) with respect to their reproducibility potential. The studies were clustered according to organ of tumor origin and subjected to evaluation of the primary antibody quality based on the results of our current validation (antibody), relevance of tissue specimens for investigation of tumor heterogeneity (tissue), and methodology judged according to the available data on antigen retrieval, staining kits, and positive/negative control (IHC staining). The “reproducibility index” (RI) was calculated as a sum of stars awarded to each variable (Antibody, Tissue, IHC staining) with the maximum of 7 points per study. Three

stars were used when a sufficient description (clone name, source, dilution) of primary anti-CA IX antibody was mentioned within a particular study. Tissue sample was evaluated using either T/TMA $\geq$ 3 (for whole tissue or TMA  $\geq$  3 cores, 1 star) or B/TMA < 3 (for biopsy or TMA < 3 cores, no star). IHC staining was evaluated regarding the available data about antigen retrieval, staining kit, and positive/negative control (maximum 3 stars). Hazard ratio (HR) with corresponding 95% CI as well as Newcastle–Ottawa score (NOS) quality assessment was adopted from van Kuijk et al., Front Oncol 2016 [100]

Study	Antibody	Tissue	IHC staining	RI	HR (95% CI)/endpoint	NOS
<b>Brain</b>						
Dungwa, 2012 [102]	M75 **	T/TMA $\geq$ 3 *	**	5	1.71 (0.80–3.65)/OS 1.73 (0.83–3.59)/PFS	7
Korkolopoulou, 2007 [103]	M75 ** <sup>R</sup>	T/TMA $\geq$ 3 *	***	6*	4.04 (2.38–6.85)/OS	6
Ameis, 2015 [104]	M75 ***	T/TMA $\geq$ 3 *	**	6	15.7 (2.04–121.1)/OS	5
Jarvela, 2008 [105]	M75 ***	B/TMA < 3	**	5	2.98 (1.67–5.30)/OS	5
Nordfors, 2010 [106]	M75 ***	B/TMA < 3	**	5	3.96 (1.20–13.0)/OS	4
Haapasalo, 2006 [107]	M75 ***	B/TMA < 3	***	6	1.40 (1.01–1.94)/OS	3
Erpolat, 2013 [108]	Abcam **	T/TMA $\geq$ 3 *	***	6	2.34 (1.47–3.71)/OS	5
Proescholdt, 2012 [109]	Novus **	B/TMA < 3	<sup>R</sup>	2*	3.67 (2.03–6.61)/OS	6
Yoo, 2010 [110]	Novus **	T/TMA $\geq$ 3 *	**	5	2.27 (1.29–4.00)/OS	4
Abraham, 2012 [111]	†Santa Cruz **	T/TMA $\geq$ 3 *	***	6	1.59 (0.35–7.15)/OS 1.65 (0.50–5.48)/PFS	5
Abraham, 2012 [111]	†Santa Cruz **	T/TMA $\geq$ 3 *	***	6	0.19 (0.02–1.61)/OS 0.47 (0.06–3.69)/PFS	5
Jensen, 2012 [112]	†Santa Cruz **	T/TMA $\geq$ 3 *	***	6	1.10 (0.62–1.95)/OS 1.31 (0.64–2.66)/PFS	4
Sooman, 2015 [113]	Strategic Diagnostics ***	B/TMA < 3	<sup>R</sup>	3*	3.35 (1.55–7.22)/OS	4
Flynn, 2008 [114]	?	T/TMA $\geq$ 3 *	***	4	1.19 (0.70–2.03)/OS	4
Preuser, 2005 [115]	?	T/TMA $\geq$ 3 *	**	3	Inadequate data/OS	-
<b>Pancreas</b>						
Study	Antibody	Tissue	IHC staining	RI	HR (95% CI)/endpoint	NOS
Couvelard, 2005 [116]	M75 * <sup>a</sup>	T/TMA $\geq$ 3 *	***	5	35.3 (10.3–121)/OS	7
Couvelard, 2005 [117]	M75 * <sup>a</sup>	T/TMA $\geq$ 3 *	***	5	1.86 (0.90–3.84)/OS	7
Chang, 2010 [118]	M75 ** <sup>R</sup>	T/TMA $\geq$ 3 *	**	5*	0.99 (0.54–1.80)/OS	4
Hiraoka, 2010 [119]	M75 ***	T/TMA $\geq$ 3 *	***	7	1.33 (0.97–1.84)/DFS 1.49 (1.07–2.07)/DSS	3
Li, 2016 [120]	Abcam **	T/TMA $\geq$ 3 *	***	6	2.24 (1.26–3.96)/OS	7
Schmitt, 2009 [121]	Abcam ***	B/TMA < 3	***	6	7.36 (3.11–17.4)/DFS	3
Yu, 2015 [122]	Epitomics **	T/TMA $\geq$ 3 *	***	6	1.07 (0.63–1.81)/OS	6
<b>Breast</b>						
Study	Antibody	Tissue	IHC staining	RI	HR (95% CI)/endpoint	NOS
Trastour, 2007 [123]	M75 ***	T/TMA $\geq$ 3 *	**	6	Inadequate data/OS 2.57 (1.39–4.77)/DFS 2.70 (1.20–6.10)/MFS	7
Hussain, 2007 [124]	M75 ***	T/TMA $\geq$ 3 *	***	7	2.63 (1.21–5.70)/OS	6
Betof, 2012 [125]	M75 ** <sup>a</sup>	B/TMA < 3	***	5	2.20 (1.10–4.41)/OS 1.88 (1.13–3.13)/PFS	5
Aomatsu, 2014 [126]	M75 ** <sup>a</sup>	T/TMA $\geq$ 3 *	**	5	4.44 (1.80–10.9)/DFS	4
Lou, 2011 [127]	M75 ** <sup>R</sup>	B/TMA < 3	* <sup>R</sup>	3**	1.93 (1.65–2.26)/DFS 2.28 (1.89–2.73)/DSS 2.06 (1.74–2.43)/MFS	4
Tan, 2009 [128]	M75 ***	B/TMA < 3	**	5	5.02 (3.01–8.38)/OS 1.89 (1.19–3.00)/DFS	4

**Table 2** (continued)

Brennan, 2006 [129]	M75 * * <sup>a</sup>	B/TMA < 3	***	5	1.91 (1.12–3.26)/OS 1.99 (1.30–3.05)/DFS 1.85 (1.19–2.87)/DSS	3
Generali, 2006 [130]	M75 * * *	B/TMA < 3	***	6	1.93 (0.86–4.33)/OS 1.67 (0.89–3.14)/DFS	3
Kyndi, 2008 [131]	M75 * * <sup>R</sup>	B/TMA < 3	***	5*	1.30 (1.06–1.60)/OS 1.28 (0.82–2.01)/LC 1.29 (1.02–1.62)/DSS 1.23 (0.98–1.54)/MFS	3
Neumeister, 2012 [132]	M75 * * *	B/TMA < 3	***	6	2.21 (1.20–4.09)/DSS	3
Neumeister, 2012 [132]	M75 * * *	B/TMA < 3	***	6	1.36 (0.75–2.47)/DSS	3
Tomes, 2003 [88]	M75 * * *	T/TMA ≥ 3 *	***	7	0.78 (0.31–1.94)/OS	2
Doyen, 2014 [133]	M75 * * *	T/TMA ≥ 3 *	**	6	Inadequate data/MFS	-
Pinheiro, 2011 [134]	Abcam * * *	B/TMA < 3	***	6	2.22 (0.79–6.20)/DFS	7
Garcia, 2007 [135]	Abcam * * *	B/TMA < 3	**	5	1.55 (1.19–2.01)/OS	4
Bane, 2014 [136]	Abcam * *	T/TMA ≥ 3 *	*	4	1.53 (0.84–2.77)/LC	4
Kim H, 2014 [137]	Abcam * *	B/TMA < 3	***	5	1.43 (0.80–2.56)/OS	4
Lancashire, 2010 [138]	Abcam * * *	B/TMA < 3 T/TMA ≥ 3 *	***	6*	Inadequate data/OS 2.19 (0.78–6.16)/DFS	3
Kornegoor, 2012 [139]	Abcam * *	T/TMA ≥ 3 *	***	6	0.62 (0.19–2.11)/OS	3
Noh, 2014 [140]	Abcam * *	B/TMA < 3	***	5	Inadequate data/OS inadequate data/DFS	-
Currie, 2013 [141]	Novus * *	T/TMA ≥ 3 *	***	6	1.05 (0.48–2.26)/OS 0.77 (0.39–1.55)/DFS	6
Deb, 2014 [142]	Novus * *	B/TMA < 3	**	4	2.20 (0.80–5.70)/OS	3
Beketic-Oreskovic, 2011 [143]	†Santa Cruz * *	T/TMA ≥ 3 *	***	6	4.78 (2.15–10.6)/OS	7
Kaya, 2012 [144]	†Santa Cruz * * *	T/TMA ≥ 3 *	***	7	2.82 (1.71–4.64)/OS 0.84 (0.53–1.33)/DFS	5
<b>Head and neck</b>						
Study	Reproducibility index				HR (95% CI)/endpoint	NOS
	Antibody	Tissue	IHC staining	RI		
Silva, 2010 [145]	M75 * * *	B/TMA < 3	***	6	5.21 (2.48–10.9)/LC 5.08 (2.53–10.2)/DSS	7
Hui, 2002 [87]	M75 * *	B/TMA < 3	***	5	1.39 (0.64–3.01)/OS 1.28 (0.65–2.52)/PFS	6
Koukourakis, 2001 [146]	M75 * * *	B/TMA < 3	**	5	2.47 (1.23–4.98)/OS 3.05 (1.46–6.35)/LC	6
Koukourakis, 2006 [147]	M75 * *	B/TMA < 3	**	4	1.79 (1.21–2.64)/OS 1.84 (1.24–2.75)/LC	6
Bernstein, 2015 [148]	M75 * * *	B/TMA < 3	***	6	1.67 (0.77–3.61)/LC 2.31 (1.04–5.12)/DSS	5
Choi, 2008 [149]	M75 * * *	T/TMA ≥ 3	**	6	1.91 (0.77–4.71)/OS	5
De Schutter, 2005 [150]	M75 * * *	B/TMA < 3	***	6	1.68 (0.94–2.99)/DFS 1.72 (0.94–3.14)/LC	5
Douglas, 2013 [151]	M75 * * *	B/TMA < 3	***	6	1.76 (0.87–3.56)/LC	5
Heo, 2012 [152]	M75 * * *	T/TMA ≥ 3 *	**	6	4.95 (1.39–17.5)/DFS	5
Kim S, 2007 [153]	M75 * * <sup>a</sup>	T/TMA ≥ 3 *	***	6	2.99 (1.39–6.45)/OS 1.76 (0.89–3.51)/DFS	5
Perez-Sayans, 2012 [154]	M75 * * *	B/TMA < 3	***	6	1.36 (0.43–4.26)/OS	4
Wachters, 2013 [155]	M75 * * *	T/TMA ≥ 3 *	**	6	0.83 (0.31–2.22)/OS 0.34 (0.04–2.58)/LC	4
Eriksen, 2007 [156]	M75 * * *	T/TMA ≥ 3 *	***	7	1.10 (0.74–1.64)/LC	3
Le, 2005 [157]	M75 * * <sup>R</sup>	B/TMA < 3	* <sup>R</sup>	3**	1.73 (0.91–3.29)/OS 2.21 (1.11–4.39)/DFS	3
Nordmark, 2007 [158]	M75 * * <sup>a</sup>	T/TMA ≥ 3 *	**	5	1.27 (0.62–2.62)/LC	2

**Table 2** (continued)

Winter, 2006 [159]	M75 * * <sup>R</sup>	B/TMA < 3	* * *	5*	Inadequate data/OS inadequate data/DFS inadequate data/DSS	-
Koukourakis, 2008 [160]	Abcam * *	T/TMA ≥ 3 * B/ TMA < 3	* *	4*	1.64 (0.62–4.32)/OS 4.41 (1.72–11.3)/LC	5
Kondo, 2011 [161]	Abcam * *	T/TMA ≥ 3 *	* *	5	3.36 (0.97–11.7)/OS	4
Brockton, 2011 [162]	Abcam * *	T/TMA ≥ 3 *	* *	5	1.20 (0.46–3.12)/OS	4
Brockton, 2012 [163]	Abcam * * * M75 * * <sup>a</sup>	T/TMA ≥ 3 *	* * *	7	2.04 (0.76–5.49)/DSS	3
Zheng, 2015 [164]	Cell Signaling *	B/TMA < 3	* *	3	4.27 (2.37–7.72)/OS	4
Sakata, 2008 [165]	Novus *	B/TMA < 3	<sup>R</sup>	1*	0.91 (0.32–2.61)/LC	7
Chen, 2014 [166]	Novus * *	B/TMA < 3	* *	4	1.97 (1.02–3.81)/OS 1.96 (1.01–3.78)/LC 1.96 (1.02–3.76)/MFS 2.01 (1.05–3.86)/PFS	6
Hwa, 2015 [167]	Novus * *	B/TMA < 3	* *	4	0.29 (0.05–1.77)/DSS	4
Kwon, 2015 [168]	Novus * *	B/TMA < 3	* *	4	8.65 (1.01–74.1)/LC	4
Han, 2012 [169]	R&D Systems * * *	B/TMA < 3	*	4	0.65 (0.12–3.67)/OS 0.50 (0.80–3.15)/DFS	6
Roh, 2008 [170]	R&D Systems * * *	B/TMA < 3	-	3	0.71 (0.23–2.22)/OS 1.77 (0.56–5.56)/DFS 1.20 (0.34–4.18)/LC	5
Roh, 2009 [171]	R&D Systems * * *	B/TMA < 3	-	3	1.09 (0.43–2.76)/LC 2.13 (0.74–6.13)/DSS	4
Yang, 2015 [172]	†Santa Cruz * *	B/TMA < 3	* *	4	1.76 (1.07–2.87)/OS	7
Eckert, 2010 [173]	†Santa Cruz * * *	B/TMA < 3	*	4	1.34 (0.65–2.76)/OS	5
Jonathan, 2006 [174]	?	B/TMA < 3	* *	2	0.27 (0.08–0.93)/LC 0.27 (0.09–0.83)/MFS	2
Rademakers, 2013 [175]	?	B/TMA < 3	* *	2	0.70 (0.50–1.10)/OS 0.50 (0.20–1.10)/LC 0.70 (0.40–1.50)/MFS	1

<sup>R</sup>Relevant information was supplied as a reference

†Antibody no longer available

<sup>a</sup>Incorrect reference to the origin or source of the M75 antibody

? no data available

concordance is observed with only 1 or 2 cores (as reviewed in [178]). In meta-analysis presented by van Kuijk et al. (2016), 3 or more cores were used in 41.7% of TMA-based IHC studies, and less than three cores were used in 38.3% cases, whereas in the rest of the studies, tissue selection was not properly defined.

While insufficient identification and quality of antibodies clearly contribute to replication crisis in general, use of inappropriate tissue material particularly jeopardizes understanding of tumor heterogeneity including its metabolic aspects.

Deeper analysis of the 147 clinical studies mentioned in the meta-analysis by van Kuijk and colleagues revealed some general weak points frequently occurring in multiple clinical studies, e.g., insufficient description of antibody (clone name, source, dilution) and staining procedure (antigen retrieval, staining kit, positive/negative control), and tissue selection (whole tissue block vs TMA). As shown in Table 2, reevaluation of these studies with respect to their reliability and reproducibility using a “reproducibility index” (RI)

based on inspection of the antibody properties and staining methodology showed remarkable discrepancies with an established Newcastle–Ottawa scale (NOS) (which was used by van Kuijk and colleagues) [100, 179]. The traditional NOS evaluation system puts emphasis on the scoring methodology, the cohort characteristics, and the disease outcome, while it ignores the abovementioned important aspects of IHC studies, such as precise description of antibody, type of tissue specimen, and details of staining procedure. This can significantly impact on the interpretation of data and ultimately affect their translation to clinical side.

## 5 Conclusion

Understanding physiological and molecular mechanisms of cancer metabolic plasticity requires not only technologically advanced high-throughput metabolomic, proteomic, and

genomic approaches, but also classical methods of molecular and cellular biology. The latter approaches have already uncovered spectrum of molecules and pathways driving metabolic reprogramming that facilitates survival and proliferation of cancer cells in the process of tumor tissue growth as well as during metastatic dissemination. These molecules include metabolic enzymes, transporters, and regulators that often display highly heterogeneous expression pattern reflecting dynamically changing selection-adaptation forces in tumor microenvironment. Using the example of CA IX, we provide a basic insight into the interplay of these molecules. Through the validation of CA IX-specific antibodies, we explain that well-characterized research tools/materials and sufficient technical details are important prerequisites for acquisition of reliable/reproducible data and for building of new knowledge translatable from bench to bedside.

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## Declarations

**Competing interests** SP, MZ, and MT are co-inventors of IP related to CA IX. The remaining authors declare no conflicts of interest.

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