Kinetic Implications of IP₆ Anion Binding on the Molecular Switch of the HIV-1 Capsid Assembly

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Abstract

HIV-1 capsid proteins (CA) self-assemble into a fullerene-shaped capsid, enabling cellular transport and nuclear entry of the viral genome. A structural switch comprising the Thr-Val-Gly-Gly (TVGG) motif either assumes a disordered coil or a 3₁₀ helix conformation to regulate hexamer or pentamer assembly, respectively. The cellular polyanion inositol hexakisphosphate (IP6) binds to a positively charged pore of CA capsomers rich in arginine and lysine residues mediated by electrostatic interactions. Both IP6 binding and TVGG coil-to-helix transition are essential for pentamer formation. However, the connection between IP6 binding and TVGG conformational switch remains unclear. Using extensive atomistic simulations, we show that IP6 imparts structural order at the central ring, which results in multiple kinetically controlled events leading to the coil- to-helix conformational change of the TVGG motif. IP6 facilitates the helix-to-coil transition by allowing the formation of intermediate conformations. Our results identify the key kinetic role of IP6 in HIV-1 pentamer formation.

Introduction

HIV-1 capsid maturation involves sequential cleavage of the Gag polyprotein, leading to a conical capsid assembly with the liberated CA protein ¹⁻⁴. The mature capsid protects the viral RNA from the cytosolic immune defense during transport within the cell and mediates nuclear import through the nuclear pore complex (NPC) ⁵⁻⁹. The conical shape of the capsid is particularly relevant for nuclear entry, reverse transcription of the viral genome in the nucleus, and release of the DNA at the sites of integration ⁹⁻¹¹. The HIV-1 cone can dock at the NPC central channel when approaching from the narrow end, which allows the pore to progressively dilate to relieve stress as the scaffold nucleoporins encounter the wider sections of the capsid ^{6,8}. HIV-1 capsid utilizes varying surface curvature to selectively interact with cellular host factors ^{12,13}. When the conical capsid is docked at the NPC central channel, the host factor NUP153 prevalent at the nuclear basket interacts with the narrow end to facilitate translocation into the nucleus. These features suggest that there is a distinct evolutionary advantage of the conical shape of the capsid for productive viral infection.

The conical capsid comprises hexamers with exactly 12 pentamers at the wide and narrow ends to stabilize the curvature required for capsid closure (13, 14). The CA monomers consist of the N-terminal domain (CA_{NTD}) and C-terminal domain (CA_{CTD}). CA_{NTD} consists of seven α -helices and a β -hairpin, the CA_{CTD} consists of four α -helices. The CA_{NTD} and CA_{CTD} are connected by a linker, which imparts conformational flexibility ¹⁴. The CA monomer leverages conformational flexibility to control quasi-equivalent capsomer association, imparting varying curvature in the capsid lattice¹⁴⁻¹⁶. The interactions between CA_{NTD} allow the formation of the capsomers, while the interactions between CA_{CTD} regulate the assembly of hexamers and pentamers to form the capsid lattice. The small molecule polyanionic IP₆ is an assembly cofactor for both immature and mature HIV-1 CA lattices ¹⁷⁻²⁰. Structural characterization of the mature capsid identified that IP₆ coordinates R18 residues in the central pore of CA_{NTD}, enabling nucleotide diffusion into the capsid core for reverse transcription ²¹. Additionally, IP₆ can also bind to the ring of K25 residues below the R18 ring ²². During in vitro reconstitutions of CA assembly, the addition of IP₆ promotes cone-shaped morphologies by coordinating the positively charged ring of R18 and K25 in the central pore of both hexamer and pentamers 17,18,23 . In the pentamers, IP₆ can bind to R18 and K25 rings with comparable probability. In contrast, in the hexamers, IP₆ preferentially binds to the R18 ring since the pore size for the K25 ring is significantly larger ¹². Recent cryo-electron microscopy (cryo-EM) and molecular dynamics simulations demonstrated that pentamer formation is significantly dependent on the reduction of electropositive repulsion in the central pore by IP₆ binding ²³⁻²⁵. Free energy quantification reveals a more stable binding of IP₆ to R18 in CA pentamers relative to hexamers 23,25 . The stabilization of IP₆ is facilitated by smaller pore volume in pentamer, which allows tighter coordination ²⁵.

The relative arrangement of CA_{NTD} and CA_{CTD} is mostly identical in hexamers and pentamers. However, there is a significant difference between the conformation of the base of helices 3 and 4 and the loop connecting the helices. The TVGG motif (residues 58 to 61) at the base of helix 3 is in coil conformation in hexamer. In contrast, that motif forms a 3₁₀ helix in the pentamer ^{12,26}. The TVGG motif is juxtaposed at the NTD-NTD and NTD-CTD interfaces that maintain capsomer stability ^{27,28}. Interprotomer NTD-NTD interface involves contact between P38/M39 in helix 2 and N57/T58 in helix 3 of neighboring subunits in the hexamer ²⁷, whereas P38/M39 contact V24/K25 in the adjacent helix 1 in the pentamer ²⁶. Notably, cryo-EM and biochemical analyses revealed that a structural switch in the TVGG motif of CA modulates the relative distribution of hexamers and pentamers in the polyhedral capsid ²⁶. Furthermore, the 3₁₀ helix formation results in NTD-NTD and NTD-CTD interfactions that are unique to CA pentamers.

The structural implications of IP_6 binding to the pentamer and TVGG coil-to-helix transition have not been known. It has been proposed that IP_6 -induced conformational switching may occur

through allosteric communication through the hydrophobic core mediated by a network of interactions. Ligand-induced allostery can occur through changes in the protein structure or dynamics 29,30 . Key questions are: Does IP₆ binding trigger the conformational switching of the TVGG motif? If IP₆ influences the conformational switching, what structural and dynamic alternation of the CA subunit does it induce that culminates in the coil-to-helix transition?

To answer these mechanistic questions, we performed extensive unbiased all-atom (AA) molecular dynamics (MD) simulations, conformational sampling, and well-tempered metadynamics (WT-MetaD)³¹⁻³³ biased free energy sampling simulations to investigate the network events triggered by the binding of IP₆, and conformational switching of the TVGG motif. In the absence of IP₆, the R18 residues remain disordered to elude electrostatic repulsion in the pore. When IP₆ occupies the pore of the pentamer, it is localized at a spot midway between the plane of the R18 and K25 rings, coordinating positively charged moieties of the R18 and K25 residues. In this arrangement, the R18 residues are pointed downwards, and the K25 residues point upwards. In the presence of IP₆, the K25 residues are conformationally rigidified, allowing stable K25-M39 contacts. Thus, in the presence of IP₆, M39 points away from the TVGG motif, which creates a pocket at the base of helix 3. The formation of this pocket provides requisite room for the TVGG motif in a coil conformation to fold into a partial 310 helix. Our results identify a threestep mechanism initiated by IP₆ binding to CA pentamers that results in the folding of the TVGG random coil to the 3₁₀ helix. Both during unbiased and WT-MetaD simulations in the presence of IP₆, the TVGG motif undergoes the coil-to-helix transition mediated via a partially folded intermediate state. Our results uncover several key mechanistic details of how IP6 regulates TVGG motif conformational switching in CA pentamers through allostery. These results also may point to new druggable targets that could impede HIV-1 capsid formation.

Results

Molecular mechanism of TVGG motif coil-to-helix transition in CA pentamers.

Our atomic model of the mature HIV-1 capsid system contains roughly 100 million atoms ³⁴, making it computationally intractable for exhaustive, unbiased AA MD simulations. Instead, to limit computational expense, we simulated a global pentamer structure to investigate the relationship between IP₆ binding and the TVGG coil-to-helix transition. Here, the "global pentamer" patch comprised a central pentamer surrounded by five peripheral hexamers (Fig. 1A) in the solvent. To simulate the IP₆ effect, another global pentamer system was prepared by adding IP₆ anions roughly 3 Å above the central R18 ring in each capsomere. In total, four replicas of the global pentamer were simulated for a total of ~12 μ s with and without IP₆.

We systematically analyzed the structural changes in the TVGG motif of the central pentamer of the capsid patch. In the initial pentamer structure, the TVGG motif resembled a random coil configuration, equivalent to the conformation in hexamers. Although the disordered conformation of the TVGG motif is termed "random coil", there is an ensemble of backbone geometries in the (φ, ψ) dihedral angle space (Fig. 1B). The pentamer TVGG backbone (φ, ψ) dihedral angles fluctuated persistently in the absence of IP₆. T58 (φ, ψ) dihedral angles gradually converged to approximate values of - 60° and - 45°, respectively, which are indicative of a 3₁₀ helix conformation. Notably, φ_{V59} resembled a helix-like structure with a value of -60°, but ψ_{V59} value of ~125° deviated from 3₁₀ helix. φ_{G60} converged to a large negative value of -100°, but ψ_{G60} and G61 (φ, ψ) adopted a random coil conformation.

In the presence of IP₆, the fluctuation of the TVGG backbone (φ, ψ) dihedral angles are significantly altered. T58 (φ, ψ) and φ_{V59} dihedral angles resembled a 3₁₀ helix. However, major transitions in ψ_{V59} and φ_{G60} values were observed in the α -domain. ψ_{V59} and φ_{G60} transitioned to

a value of - 45° and 60° (Fig. 1B) respectively to allow a coil-to-helix switch within the TVGG motif (Fig. 1C). In the δ -domain, ψ_{V59} transitioned to a value of 10°, and φ_{G60} concurrently transitioned to -60°, indicating the existence of a transiently populated and partially folded intermediate state between the coil and 3₁₀ helix. The relaxation of ψ_{V59} to a 3₁₀ helix configuration was more pronounced for pentamers with IP₆, suggesting that the TVGG coil-to-helix switch might be directly related to IP₆ binding at the central channel. The anionic phosphate groups of IP₆ remain bound to the R18 ring throughout the duration of the simulation. In all except one IP₆-bound pentamer simulations, ψ_{V59} switched to a value of -45°, and φ_{G60} switched to 60° concomitantly, assuming a 3₁₀ helix structure.



Fig. 1. IP₆ facilitates coil-to-helix transition in the TVGG motif of the CA pentamer. (A) The 'global pentamer', made of a central CA pentamer (green) and five adjacent hexamers (blue), forms a curved lattice. (B) Time series of TVGG backbone (φ, ψ) dihedral angles of each chain in the central pentamer with (left panel) and without IP₆ (right panel) for times longer than 100 ns. In the absence of IP₆, the TVGG (φ, ψ) dihedral angle space briefly explored a metastable state but primarily stayed in the coil conformation. In all the IP₆-bound pentamer simulations, the TVGG motif transitioned to either to a metastable state with ψ_{V59} and φ_{G60} values of ~10° and -60° respectively or to a partial helix conformation with ψ_{V59} and φ_{G60} values of -45° and 60° respectively. (C) Snapshots from IP₆-bound global pentamer. Zoomed-in view of the TVGG motif (red) of α -subunit in the coil conformation is shown in the panel-I at the top. During the course of the simulation, TVGG motif in the δ -subunit and α -subunit in the pentamer transition to

a metastable (II) and partial 3₁₀ helix (III) conformation, respectively. Timesteps at which the snapshots are recorded are labeled at the upper-right corner of each panel.

IP₆ imparts order in the positively charged R18 and K25 rings.

The CA hexamer and pentamers contain two electropositive rings composed of R18 and K25 residues, mutually stacked in the central pore. The abundance of basic residues renders the pore strongly electropositive inducing asymmetry at the center ¹³. Visual inspection of the simulation trajectories revealed that R18 residues are highly orientationally dynamic (Fig. 2A). To characterize the orientational fluctuations, we estimated the variation in root-mean-square fluctuation (RMSF) of the helix-1 center of mass relative to the other helix-1 in the pore (Fig. 3C). RMSF calculations revealed a persistent disorder in the central ring of the pentamer in the absence of IP₆. Evidently, the R18 chain fluctuated between two conformations, directing either towards the exterior or interior of the capsid. Snapshots of the pentamer central pore with and without IP₆ are shown in Fig. 2A and 2B, respectively, and the dynamics are shown in movies S1 and S2. The orientational disorder of the R18 residues is instigated by the electrostatic repulsion between the charged guanidino groups at the pore. Consequently, the guanidino groups fluctuate rapidly to orient in the opposite direction of the adjacent positively charged moieties of arginine.



Fig. 2. Comparison of central pores from CA pentamer and IP₆-bound pentamer. (A) Snapshots from (-IP₆) simulations show that the 'molecular iris' made of β -hairpins is rendered asymmetric by the repulsion of positively charged residues. Close-up views of the central channel show that in the absence of any stabilizing force, R18 residues fluctuate between two different configurations, whereas K25 is oriented towards the interior of the capsid. ε -CA domain not shown for clarity. (B) IP₆ imparts fivefold symmetry in the central channel. IP₆ is bound below the R18 ring, coordinating multiple R18 and K25 residues. R18 side chains point towards the interior, and K25 side chains point towards the center of the capsid to contact IP₆.

In the presence of IP₆, the guanidinium side chains of R18 were ordered and flipped toward the channel's center (Fig. 2B). Despite the smaller pentamer pore size, IP₆ could not stabilize all five R18 side chains simultaneously, leaving at least one R18 residue uncoordinated. K25 side chains were also oriented towards the center of the pore to coordinate IP₆. Notably, IP₆ binding had a significant influence on the central pore, as its dynamic fluctuations were reduced (Fig. 3C). Previous ligand density maps have identified the metastable interactions that guide free IP₆ toward the capsid central pore. However, longer simulations of IP₆ bound capsid were required to access accurate spatial distribution and dynamics of IP₆ in the binding pocket. We calculated a 3D ligand density map and compared the IP₆ binding modes at the hexamer and pentamer central pore. We observed that IP₆ was preferably located above the R18 ring, which is known as the primary binding site in the hexamer pore. Only a weak IP₆ ligand density was observed below the R18 ring, likely due to the relatively larger diameter of the K25 ring for the hexamer. Intriguingly, significant IP₆ density was observed below the R18 ring, highlighting the differential mode of binding in the pentamer central pore.



Fig. 3. Characterization of IP₆ binding modes and structural changes in the pentamer. (A) IP₆ density map is overlayed with CA hexamer structure. Densities contribute to IP₆ binding above R18 ring in hexamer with only a small ligand density below the R18 ring. (B) The ligand density map in the pentamer contains IP₆ primarily below the R18 ring. (C) Time series plot of distances I. H1(CA_i)-H1(CA_{i+1}) in the pentamer, II. H1(CA_i)-H1(CA_{i+1}) in the IP₆-bound pentamer, III. K25(CA_i)-M39(CA_{i+1}) in the pentamer, IV. K25(CA_i)-M39(CA_{i+1}) in the Pentamer. (D) Histograms of the distances between I. H1(CA_i)-H1(CA_{i+1}) in the pentamer, III. H1(CA_i)-H1(CA_{i+1}) in the IP₆-bound pentamer. (II) H1(CA_i)-H1(CA_{i+1}) in the IP₆-bound pentamer. III. H1(CA_i)-H1(CA_{i+1}) in the IP₆-bound pentamer. III. H1(CA_i)-H1(CA_{i+1}) in the IP₆-bound pentamer. III. H1(CA_i)-H1(CA_{i+1}) in the IP₆-bound pentamer. III. H1(CA_i)-H1(CA_{i+1}) in the IP₆-bound pentamer. III. H1(CA_i)-H1(CA_{i+1}) in the IP₆-bound pentamer. III. H1(CA_i)-H1(CA_{i+1}) in the IP₆-bound pentamer.

IP₆ binding allows M39 packing at the V24/K25 hole in pentamers.

Recent high resolution cryo-EM structures have identified distinctly different packing at the NTD-NTD interface for HIV-1 hexamer and pentamer ²⁶. NTD-NTD interaction between adjacent CA subunits in the hexamer is mediated by contact between M39 in helix 2 and T58 in helix 3. In CA pentamers, M39 in helix 2 preferentially contacts K25 in helix 1 ³⁵. In our unbiased AA MD simulation trajectories, we analyzed the molecular contacts of K25, M39, and T58 in the presence or absence of IP₆.

The time series plots of the K25(*CA_i*)-M39(*CA_{i+1}*) and M39(*CA_i*)-T58(*CA_{i+1}*) distances between adjacent subunits are shown in Fig. 3B and Fig. 4A, respectively. In the absence of IP₆, the RMS distance between the center of mass of K25-M39 between adjacent CA subunits increases. Simultaneously, the M39-T58 distances also decrease, which indicates the formation of contact. The distribution of the K25-M39 fluctuations revealed that K25-M39 packing is not favored in the absence of IP₆ (Fig. 3C). In the absence of IP₆, the disordered central pore prevented the stable packing of the M39 residue in the hole formed by V24 and K24, even though this configuration is preferred in pentamers. Histograms of H1(*CA_i*)-H1(*CA_{i+1}*) and K25(*CA_i*)-M39(*CA_{i+1}*) distances in Fig. 3D distinctly demonstrate that the fluctuations within the H1-H1 contacts in the β/γ , γ/δ , and δ/ε CA domains are relayed to K25-M39 contacts in the same subunits. The loss of K25-M39 contact moved the M39 residue toward the N57 and T58, forming a hexamer-like NTD-NTD interface (Fig. 4A and 4C).

To summarize, in the absence of IP₆, the molecular environment in the pentamer drifts towards the hexamer. Fluctuations of residues adjacent to the central pore of pentamers are significantly reduced in the presence of IP₆ (Fig. 3C). This allowed stable packing of M39 against the V24/M39 hole, trapping it in the pentamer state. The formation of molecular contacts between helix 1 and 2 excludes helix 3 from the NTD-NTD packing, creating an empty pocket and allowing the TVGG motif to fold into a 3_{10} helix. A similar trend is observed in all four replica simulations (Fig. S1-S12 of Supporting Information).



Fig. 4. Structural changes in NTD-NTD and NTD-CTD interfaces in the CA pentamer. (A) Time courses of I. $T58(CA_i)$ -M39(CA_{i+1}) interaction and II. $E28(CA_i)$ -R173(CA_{i+1}) interaction and III. $V59(CA_i)$ -R173(CA_{i+1}) interaction in the pentamer. (B) Time courses of I. $T58(CA_i)$ -M39(CA_{i+1})

interaction and II. E28(CA_i)-R173(CA_{i+1}) interaction and III. V59(CA_i)-R173(CA_{i+1}) interaction in the IP₆-bound pentamer. **(C)** histogram of distances between I. T58(CA_i)-M39(CA_{i+1}) and II. E28(CA_i)-R173(CA_{i+1}) and III. V59(CA_i)-R173(CA_{i+1}) in the pentamer. **(D)** histogram of distances between I. T58(CA_i)-M39(CA_{i+1}) and III. E28(CA_i)-R173(CA_{i+1}) and III. V59(CA_i)-R173(CA_{i+1}) in the pentamer. **(D)** histogram of distances between I. T58(CA_i)-M39(CA_{i+1}) and II. E28(CA_i)-R173(CA_{i+1}) and III. V59(CA_i)-R173(CA_{i+1}) in the IP₆-bound pentamer.

The TVGG motif is located at the NTD-CTD interface that stabilizes the intra-capsomer contacts between adjacent subunits. The pocket is the binding site for host cell factors responsible for nuclear import and small molecule inhibitors that target the HIV-1 capsid ^{36,37}. In the hexamer, V59 of the TVGG motif interacts with R173 of the neighboring CA domain, contributing to the packing of helix 3 and helix 8 at the NTD-CTD interface ^{12,26}. In contrast, structural changes in the pentamer trigger loss of contact between V59(*CA_i*)-R173(*CA_{i+1}*), allowing R173 to engage with E28 in the adjacent helix 1. In the capsid patch simulations, the distance between E28 and R173 residues in adjacent CA chains increased to a value of ~12 Å, and the V59-R173 distance decreased in the absence of IP₆, signifying a tendency to adopt hexameric arrangement. IP₆-bound CA pentamer, however, favored pentamer configuration with stable interprotomer helix 1-helix 8 interaction between E28 and R173 residues.

To further investigate the structural rearrangements effected by IP₆, we compared contacts made between CA_i helix 1 or helix 3 and helix 2 of CA_{i+1} (Fig. S13). In IP₆-bound pentamer, residues located at the base of helix 1 engage residues 34-36 in the helix 2 of the neighboring protomer favoring pentamer specific contacts. In contrast, a hexamer-like NTD/NTD interface was adopted in the absence of IP₆ as residues 57-60 located at the base of helix 3 slipped towards the helix 2 of adjacent CA subunit. These findings suggest that IP₆ binding can influence the TVGG switch in the pentamer by modulating interactions within the NTD-NTD and NTD-CTD interfaces.

Partially folded intermediates facilitate coil-to-helix transition in the presence of IP₆.

In long unbiased MD simulations in the presence of IP₆, the TVGG motif fluctuates between these states: coil \rightarrow partially folded \rightarrow 3₁₀ helix. In contrast, in the absence of IP₆, the TVGG motif fluctuates between these states: coil \Rightarrow 3₁₀ helix. To assist in the interpretation of the above unbiased atomistic MD simulations, we performed WT-MetaD simulations of a CA pentamer in the presence and absence of IP₆. Briefly, WT-MetaD simulation is an enhanced sampling method that can accelerate the timescales of transitions between states, which are often not sampled in unbiased simulations ^{32,38}. WT-MetaD simulations are performed as a function of appropriate reaction coordinates (often called "collective variables", or CVs), which provide an energetic landscape of the conformational transition. In the WT-MetaD simulations, the central pentamer is surrounded by partial hexamers (see Methods for details of system construction). The reaction coordinates in the WT-MetaD simulations are the distances between K25 of CA₁ and M39 of CA_2 denoted as $d_{K25-M39}$, and the helicity parameter (h_{V59}) calculated from ψ_{V59} of CA_1 (time series shown in Figs. S14 and S16). The helicity 0 and 1 corresponds to the coil and helix conformations. The choice of the reaction coordinates is informed by the analysis of the unbiased simulations. The potential of mean force (PMF, i.e., conditional free energy) of TVGG motif folding (Fig. 5A and Fig. S15; energy scale 0.2 kcal/mol) is presented as a function of the reaction coordinates h_{V59} and $d_{K25-M39}$.

In the PMFs (both in the presence and absence of IP₆), there is a deep energy minimum for the coil conformation of the TVGG motif. The minimum corresponds to a $d_{K25-M39}$ value ranging from 6-6.8 Å. While remaining in the coil conformation, fluctuations of the K25(CA_1)-M39(CA_2) contact can lead to higher $d_{K25-M39}$ values. When in the helix conformation, the energetically stable basin corresponds to $d_{K25-M39}$ value ranging from 6-6.8 Å. Similar to that in

the coil state, fluctuations allow for the $K25(CA_1)$ -M39(CA₂) contacts to weaken, exploring higher $d_{K25-M39}$ values. Therefore, both coil and helix conformations allow for heterogeneous distribution of the K25-M39 contact, consistent with the results of the unbiased simulations. Both in the presence and absence of the IP₆, the coil-to-helix transition occurs through a funnel-like landscape. As the TVGG motif in the coil conformation begins to fold, along the reaction coordinates h_{V59} , the K25(CA₁)-M39(CA₂) distance fluctuations narrow to the 6-6.8 Å. In the absence of IP₆, the barrier corresponds to h_{V59} value of ~0.5. The barrier of conformational change from coil to 3_{10} helix is ~2 kcal/mol. As the barrier is crossed along the h_{V59} coordinate, the K25(CA_1)-M39(CA_2) distances gradually become more heterogeneous. In the presence of IP₆, the barrier corresponds to h_{V59} value of ~0.3. Interestingly, beyond this barrier, there is a distinct intermediate state corresponding to the h_{V59} value range of ~0.52-0.65. The barrier to forming the partially folded intermediate is ~2 kcal/mol, while forming the 310 helix from the intermediate state is essentially barrierless. The presence of this partially folded state is observed in the presence of IP₆, consistent with the observations of the unbiased MD simulations. The PMFs demonstrate that IP₆ does not impact the energetic barrier of coil-to-helix transition. Instead, IP₆ modulates the pathway of coil-to-helix transition via an intermediate partially folded state.



Fig. 5. Molecular pathway of coil-to-helix transition in the CA pentamer modulated by IP₆. (A) 2-dimensional plot of the PMF of the conformation landscape of the TVGG motif as a function of the helicity (h_{V59}) of V59, and distance between K25 of CA_1 and M39 of CA_2 denoted ($d_{K25-M39}$). The bar on the right has the color code for energy level contours in kcal/mole. The PMFs were calculated from the WT-MetaD simulations performed in the presence (+IP₆) and absence of (-IP₆). (B) Snapshots of the folding of the TVGG motif (shown in red ribbon) in the presence of IP₆.

The CA monomers (except for the TVGG motif) are shown in silver ribbon. The residues $K25_i$, $M58_i$, and $M39_{i+1}$ are highlighted in the snapshots.

It is informative to examine whether the intermediate partially folded conformation constitutes a metastable state in the presence of IP₆. To this end, we picked 5 independent configurations at the intermediate state basin from the WT-MetaD simulation trajectory. We simulated these configurations for 1000 ns to examine the evolution of the intermediate-to-helix or intermediate-to-coil state populations. The system starts at t = 0 at the intermediate state with h_{V59} value ranging from ~0.54-0.69. In one replica (Fig. 6), the TVGG motif continuously jumped between the helix, coil, and intermediate states. Typically, the residence time at each state is ~10-30 ns, which corresponds to the fast interstate fluctuations and demonstrates the metastable nature of the partially folded intermediate. These fast interstate fluctuations can be interpreted as attempts to convert to either the disordered coil or folded helix conformations. These fluctuations as such up to 1000 ns. In contrast, in another replica, the TVGG motif starting from the intermediate state converts to the helix within 10 ns and does not undergo any further helix-to-coil transition within 1000 ns (Fig. S16A).



Fig. 6. Dynamics of coil-to-helix transition from the intermediate partially folded state. (A) Time evolution of the helicity parameter (h_{V59}), the distance between K25 and M39 ($d_{K25-M39}$) of

 CA_1 and CA_2 , and the distance between K58 and M39 ($d_{T58-M39}$) of CA_1 and CA_2 . The initial configuration corresponds to the intermediate partially folded state obtained from the WT-MetaD simulations in the presence of IP₆. In the initial configuration, the values of h_{V59} , $d_{K25-M39}$, and $d_{T58-M39}$ are 0.54, 7.2 Å, and 8.7 Å, respectively. (**B**) The snapshots show the continuous folding and unfolding of the TVGG motif (highlighted in red ribbon) within the first 300 ns simulations. The rest of the CA protein is shown in silver ribbon. For each snapshot, the title indicates the helicity parameter (h_{V59}) value.

In the other three replicas, the TVGG motif at the intermediate state converts to the random coil conformation within 50 ns (Fig. S16B, S16C, and S16D). These simulations establish that the partially folded intermediate conformation is a metastable state, as demonstrated by the short lifetime. Additionally, when starting from the intermediate conformation, the TVGG motif is more likely to relax to a random coil conformation.

Our results provide the following mechanistic picture. Folding of a peptide motif leads to a decrease in conformational entropy, which is compensated by favorable enthalpic interactions. For the folding kinetics of a small chain, such as the TVGG motif, conformational entropy is the likely factor that determines the energetic landscape ³⁹. The barrier to partially folded \rightarrow helix transformation is barrierless, yet in our simulations, the partially folded intermediate preferentially converts to the random coil conformation. This can be rationalized by considering the gain of conformational entropy for the partially folded \rightarrow coil transformation. Additionally, in a folding pathway, the formation of intermediates can accelerate the kinetics ⁴⁰.

We therefore propose that IP₆ facilitates pentamer formation by accelerating the kinetics of the coil-to-helix transition mediated by an intermediate state during CA self-assembly.

Discussion and Conclusions

The typical morphology of the canonical mature capsid is a fullerene cone. In accordance with Euler's theorem, the HIV-1 capsid cone requires exactly 12 pentamers to ensure the closure of the polyhedron ⁴¹. The way the CA protein adjusts its structure to pentamers and hexamers for different regions of the lattice curvature remains an important area of investigation in HIV-1 structural biology. Analysis of the CA monomers from low-resolution structures of cores proposed that the interdomain hinge at the helix 9 likely provides the requisite flexibility to CA monomers to adapt to lattice curvature ^{22,42}. High-resolution structures revealed that CA_{NTD} in hexamer and pentamer are nearly identical, with similar positioning of the hinge ¹². Recent structural studies have identified the TVGG motif as a molecular switch that regulates hexamer or pentamer formation ^{12,26}. CA tubes composed exclusively of hexamers are formed in abundance, while pentamers are rarely formed during spontaneous CA self-assembly ^{18,43}. Therefore, CA monomers predominantly self-assemble to hexamers in the absence of IP_6 . In contrast, IP_6 promotes the formation of cone-like structures²³, which require pentamers for closure. Hence, a minimal combination of CA protein and IP₆ is necessary for pentamer formation. Since structurally, the CA hexamers and pentamers in the mature capsid cone differ at the TVGG motif, IP₆ likely triggers the TVGG conformational change.

After the formation of the pentamer during CA self-assembly²³, the following molecular pathways are conceivable for the pentamer/hexamer switch: (1) coil-to-helix transition followed by IP₆ binding at the pore locking the TVGG motif in the 3_{10} helix state, or (2) IP₆ binding at the pore triggering the coil-to-helix transition. In this study, we tested both these pathways by simulating capsid patch with and without IP₆. In the absence of IP₆, the TVGG motif primarily adopted the coil conformation with no coil-to-helix transition. This likely explains the rarity of pentamers during self-assembly and eliminates the first pathway. In the presence of IP₆, the likelihood of coil-to-helix transition increases, thus implicating IP₆ as the primary trigger for the

pentamer/hexamer switch. Our group's previous atomistic simulation suggested that IP₆ binding below the R18 ring is more favored in the pentamer than hexamer²⁵. The ligand density calculations of these simulation trajectories identified higher IP₆ density below the R18 ring in the pentamer than in the hexamer. In our more extensive simulations of this paper, IP₆ coordinated positively charged moieties from both R18 and K25 rings in the pentamer, leaving the coordination site above the R18 ring available for additional IP₆ binding. This result is consistent with recent cryo-EM analysis that revealed a distinctly strong IP₆ density below the R18 ring in the pentamer but a relatively weaker IP₆ density in the hexamer²⁴. K25A mutants can form tubes, but their ability to assemble conical capsid is significantly diminished ⁴³. If electrostatic repulsion within the central pore were the predominant factor in mature CA assembly, then K25A should exhibit enhanced conical assembly. In contrast, both the K25N mutant and wild-type CA can produce mature capsid in the presence of IP₆⁴⁴, suggesting a further role of IP₆ binding at the K25 ring. In our simulations, the NTD-NTD interactions between helix 1-helix 2 are mediated by K25-M39 packing of adjacent subunits at the hydrophobic core. These molecular contacts play an important role in modulating the coil-to-helix transition consistent with the recently proposed ratchet mechanism of the hexamer/pentamer switch ²⁶.

Our results so far have established the steps by which IP_6 binding to the central pore triggers coil-to-helix conformational switching of the TVGG motif. IP_6 binding allows K25-M39 packing at the hydrophobic core regulating coil-to-helix transition of the TVGG motif. The allosteric activation of protein due to ligand binding from the inactive to the active state is coupled with the change in the energetic landscape of the conformational change. Allosteric activation via ligand binding can occur through enthalpic regulation by modulation of the relative stability of the initial and final states⁴⁵. In contrast, allosteric activation can occur through entropic regulation, where the relative stability of the end states remains unaltered⁴⁶. Instead, additional intermediate conformational change. Our results demonstrate that in the presence of IP₆, an additional intermediate conformation regulates the coil-to-helix transition. Simultaneously, the barrier remains unchanged in the presence of IP₆ and TVGG motif conformational switching is entropically regulated.

To conclude, IP₆ is necessary for the fullerene mode of assembly, while its absence results in the remodeling of pentameric defects into hexamer. The precise molecular mechanism underlying the insertion of a CA protomer into a transient metastable pentamer and the formation of a stable hexamer is of therapeutic interest. Our analysis reveals a high degree of fluctuation within the pentamer pore due to electropositive repulsion in the absence of IP₆. Specifically, interprotomer contact is weakened in helix 1 (movie S1), leading to the distortion of the compact pentameric molecular iris. A plausible mode of pentamer to hexamer remodeling during CA selfassembly can then be via the placement of a CA monomer at this defect site. Future investigations will require new, more highly resolved coarse-grained (CG) MD simulations, which can access timescales that are significantly longer than atomistic MD simulations in this work and can better elucidate the mechanistic pathways of pentamer to hexamer remodeling.

Methods and Materials

System and simulation setup

The initial fully atomistic structures of the CA hexamer and pentamers (residues 1-220) were constructed from the cryo-electron tomography structures PDB: 5MCX and PDB: 5MCY, respectively⁴⁷. These atomic structures are derived from intact virus particles. Residues 220-231 were obtained from NMR structure of CA_{CTD} (PDB: 2KOD) ⁴⁸. The atomistic structures of CA hexamer and pentamers were aligned to an equilibrated atomistic structure of a capsid cone ³⁴ to construct a capsid patch with a central pentamer and five surrounding hexamers. In the IP₆

simulations, six IP₆ were positioned roughly 3 Å above the R18 pore in each capsomer based on X-ray crystal structure ¹⁸. The protein-cofactor complex was placed in the center of the simulation cell such that the distance between the edge of the protein and the box boundary is 1.2 nm. The protein-cofactor complex was solvated by 795,958 water molecules and the salt concentrations were adjusted to maintain 150 mM NaCl and produce a charge-neutral system, resulting in a total of 2,600,199 atoms.

Energy minimization was performed using steepest descent algorithm, and the minimization was terminated when the maximum force was smaller than 1000.0 kJ/mol/nm. The composite system was then equilibrated in constant NVT ensemble by applying harmonic positional restraint (spring constant value of 1000 kJ/mol/nm²) on protein heavy atoms for 10 ns. The temperature of the system was maintained at 310 K using stochastic velocity rescaling thermostat with a time constant of 1 ps ⁴⁹. The harmonic positional restraints were removed, and the system was equilibrated in constant NPT ensemble at 310 K and 1 bar for an additional 100 ns. The configurations at the endpoint of the NPT equilibration were used as initial configurations for the production runs. The production runs were performed at 310 K and 1 bar. In the NPT simulations, the temperature was maintained using Nose-Hoover chain thermostat with a 2 ps time constant and pressure with Parrinello-Rahman barostat with a 10 ps time constant ^{50,51}.

We prepared a partial capsid patch containing a central CA pentamer and 2 closest CA monomers of each hexamer surrounding the pentamer. The partial capsid patch was used to perform conformational sampling simulations and WT-MetaD simulations. In these simulations, the CA monomers that are part of the hexameric lattice by applying harmonic positional restraint (spring constant value of 1000 kJ/mol/nm²). The solvated partial capsid patch system was prepared with the identical protocol as the full capsid patch system. The system was solvated by 274,274 water molecules. Salt concentrations were adjusted to maintain 150 mM NaCl, resulting in a system with a total of 878,428 atoms.

All MD simulations were performed with periodic boundary conditions in all directions. The protein was modeled with CHARMM36m force field ⁵², and water was modeled with TIP3P parameters ⁵³. The parameters of IP₆ were generated with cgenff ⁵⁴. The bonds between the protein heavy atoms and hydrogen atoms were constrained with LINCS algorithm. Electrostatic interactions were computed using the particle mesh Ewald method with a cutoff of 1.2 nm ⁵⁵. The van der Waals force was truncated smoothly to zero between 1.0 and 1.2 nm. The equations of motion were integrated using the velocity Verlet algorithm with a timestep of 2 fs ⁵⁶. The unbiased simulations were performed using GROMACS version 2019.6 ⁵⁷. All restrained simulations and WT-MetaD simulations were performed using GROMACS version 2020.4 patched with PLUMED 2.6 ⁵⁸.

Well-tempered metadynamics simulation setup

We estimated the free energy landscape of the coil-to-helix transition of the TVGG motif with and without IP₆ bound at the central pore using WT-MetaD simulations ³⁸. We used two collective variables (CVs) to perform our WT-MetaD simulation: (1) the distances between the center of mass (COM) of the side chain heavy atoms of K25 of CA_1 and M39 of CA_2 denoted as $d_{K25-M39}$, and (2) helicity parameter (h_{V59}) of V59 residue of CA_1 . Here, CA_1 and CA_2 are two adjacent monomers in a pentamer. The helicity parameter (h_{V59}) is defined as $0.5 \times [1 + cos(\psi_{V59} - \psi_{V59}^{red})]$. Here, ψ_{V59} is the dihedral angle centered at the V59 residue of CA_1 . ψ_{V59}^{ref} is the reference dihedral angle that corresponds to the value of the ideal α -helix. The selection of the CVs was informed by unbiased atomistic simulation results.

We estimated the free energy profile of coil-to-helix transition using the approach in ref. ³³. Briefly, the sampled space in WT-MetaD with microscopic coordinate *R* is associated with a reweighting factor $w(R) = e^{V(s(R),t)-c(t)}$. Here V(x) is the bias c(t) is referred to as a time-

dependent bias offset. The term c(t) is estimated "on the fly" in the MetaD simulations. In our simulations, the biasing factor was set to 10, the bias height was set to 0.2 kcal/mol, and the biasing frequency was set to 5000 timesteps. These parameters were chosen to ensure that the biasing potential was not added too aggressively. The variances of Gaussian bias were set to be 0.05 Å and 0.05 for $d_{K25-M39}$ and h_{V59} , respectively. The upper bound of the $d_{K25-M39}$ was set to 14 Å.

Analysis of MD simulations

In the production runs, the configuration of the system was saved every 500 ps interval. MDAnalysis package⁵⁹ was used to access and align the trajectories. Positions of the C_{α} center of mass of the relevant residues were used for the calculation of inter-subunit distances. The average distance of all (i, i+1) pairs within the pentamer was used for the contact maps. Density of IP₆ was calculated by mapping the atomic densities of the ligand on a discretized grid with a volume of 0.5 Å × 0.5 Å × 0.5 Å.

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