

Article

# Small Peptide-Doxorubicin Co-Assembly for Synergistic Cancer Therapy

Shuangfei Li <sup>1</sup>, Xianglan Chen <sup>1</sup>, Huirong Chen <sup>1</sup>, Jiaofeng Peng <sup>2</sup> and Xuewei Yang <sup>1,\*</sup>

<sup>1</sup> Shenzhen Key Laboratory of Marine Bioresource and Eco-Environmental Science, College of Life Sciences and Oceanography, Shenzhen University, Shenzhen 518060, China; szu\_sfli@163.com (S.L.); cxlan12580@163.com (X.C.); chenhr@szu.edu.cn (H.C.)

<sup>2</sup> Instrument Analysis Center, Shenzhen University, Shenzhen 518060, China; jeffern@163.com

\* Correspondence: xwyang@szu.edu.cn

Received: 16 December 2019; Accepted: 16 January 2020; Published: 23 January 2020



**Abstract:** Design of elaborated nanomaterials to improve the therapeutic efficacy and mitigate the side effects of chemotherapeutic anticancer drugs, such as Doxorubicin (Dox), is significant for cancer treatment. Here, we describe a co-assembled strategy, where amphiphile short peptides are co-assembled with Doxorubicin to form nanoscale particles for enhanced delivery of Dox. Two kinds of short peptides, Fmoc-FK (FK) and Fmoc-FKK (FKK), are synthesized. Through adjusting the component ratio of peptide and Dox, we obtain two kinds of co-assembled nanoparticles with homogeneous size distributions. These nanoparticles show several distinct characteristics. First, they are pH-responsive as they are stable in alkaline and neutral conditions, however, de-assembly at acidic pH enables selective Dox release in malignant cancer cells. Second, the nanoparticles show an average size of 50–100 nm with positive charges, making them effective for uptake by tumor cells. Moreover, the side effects of Dox on healthy cells are mitigated due to decreased exposure of free-Dox to normal cells. To conclude, the co-assembled peptide-Dox nanoparticles exhibit increased cellular uptake compared to free-Dox, therefore causing significant cancer cell death. Further apoptosis and cell cycle analysis indicates that there is a synergistic effect between the peptide and Doxorubicin.

**Keywords:** peptide; Doxorubicin; co-assembly; delivery; cancer therapy

## 1. Introduction

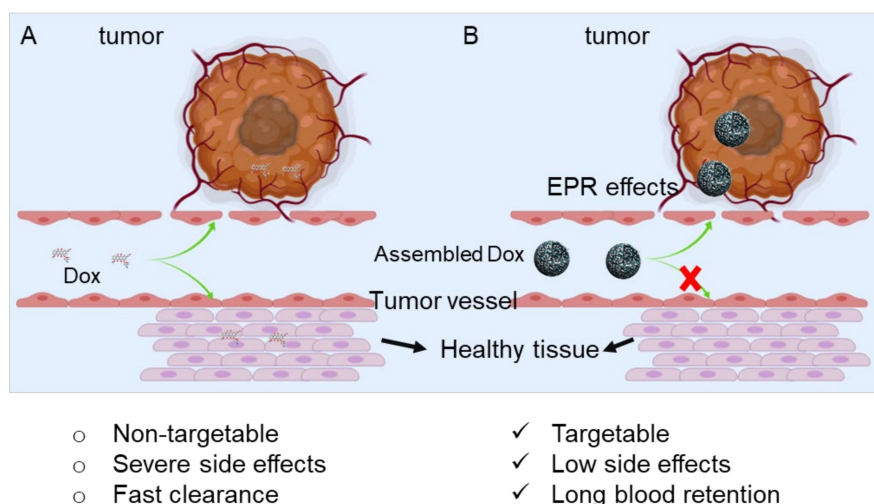
Malignant tumors are one of the most lethal threats to human health. The major methods employed to treat cancer include chemotherapy, radiotherapy, and surgery. Concerning surgery and radiation therapies, they only can treat localized cancer. Regarding metastatic tumors, chemotherapy is the most prevalent treatment modality in the clinic. However, chemotherapeutics usually display severe side effects, thus, resolutions that mitigate the side effects while retaining the therapy effects of chemotherapeutics is still unmet and urgently needed. Doxorubicin (Dox), also known as Adriamycin (ADR), is a potent chemotherapeutic drug applied in the clinic for the treatment of a wide range of human cancers, including acute leukemia, lymphoma, breast cancer, lung cancer, bladder cancer etcetera [1]. Dox exerts its therapeutic effect mainly by two mechanisms [2,3]. It can insert into the base pairs of the DNA strands thus inhibiting DNA replication and RNA synthesis in cells. Moreover, Dox is a good electron acceptor in redox reactions. It can be oxidized into a semiquinone free radical, which causes oxidative damage to cellular membranes, proteins, and DNA by producing reactive oxygen species (ROS). However, Dox also exhibits severe side effects such as cardiac damage and bone marrow suppression, which largely limit the clinical application of Dox [4–6]. Encapsulation of Dox with liposomes is an effective strategy to change in vivo distribution, increase its anti-tumor effect, reduce its cardiac toxicity, and allow it to become a welcome product on the market [7–9].

However, liposomes show some limitations, including poor stability, drug leakage, short residence time, and inadequate dispersion [7,10–13]. Additionally, since Dox is difficult to dissolve under neutral and alkaline conditions, and only dissolves well under acidic conditions, it can convert to a hydrophilic form and partially dissolve into water [14,15]. Thus, the poor water solubility at neutral and alkaline conditions and the great toxic side effects are the key factors hindering its clinical application.

Nanomaterials have demonstrated great potential in delivering and transporting drugs, permeating cell membranes and releasing drugs in tumor cells through the enhanced permeability and retention (EPR) effect. The advantages of nanomaterials include augmenting the accumulation of drugs in tumor cells while reducing the unwanted uptake by normal cells [16–18]. Driven by the need to reduce the side effects of Dox and enhance the specific cytotoxicity of Dox against cancer cells, numerous nanomaterials for controlled release of Dox were designed over the past several decades, including mesoporous silica, gold nanoparticles, and polymer micelles, etcetera [9,19–31]. Accompanying these strategies, the water solubility of Dox is improved and the high toxicity of Doxorubicin is mitigated. Despite great success, several limitations of the current nanoplatform still remain. Considering liposomes, for example, Dox leakage and inefficient cellular uptake usually occur [32]. Regarding other inorganic and polymeric nanoparticles, the long retention toxicity in the human body due to limited degradability also impede widespread application [33,34]. Basically, more favorable Dox delivery nanoplatforms are required.

An ideal drug-delivery nano-plattform could present the following characteristics. It could maintain the drug in the nanoform under normal physical conditions while releasing the drug at tumor sites [35–37]. Thus, stimuli-responsive drug delivery platforms have been exploited aiming at the controllable release of anti-cancer drugs according to the difference between normal tissue and tumor sites. Among the most popular stimuli-responsive candidates for drug delivery systems, pH-responsiveness is one of the most prevalent methods owing to the nuanced distinction between acidic cancer cells (pH 6.5–5.0) and normal physical conditions (pH 7.4) [38–41]. Peptide-based supramolecular nanomaterials have been extensively investigated as drug delivery vehicles due to their excellent properties of biocompatibility, easy accessibility, and tunable functionalization [42–44]. Two types of strategies are usually used in this area. The first type is peptide nanomaterials as a delivery vehicle and chemotherapeutic drugs as payloads [45–47]. Here, the chemotherapeutic drug is not an assembly component of the nanomaterials. Regarding the second, a chemotherapy drug is a necessary component to drive the successful assembly. Compared to the first type, the second type shows advantages on the controllable release of Dox [48,49].

We expect that Dox can be used to construct a co-assembly with amphiphile peptides due to its aromatic chemical attributes. Based on this hypothesis, we design and synthesize two short peptides, FK and FKK, and their co-assembly behavior with Dox are systematically investigated. Two peptide-Dox co-assembled nanoparticles are selected for bioactivity evaluation (Figure 1). We find that both of the co-assemblies show a more effective cellular uptake and cancer cell killing effects. This phenomenon suggests that potential synergistic effects exist between peptides and Dox for promoting cellular uptake and inducing cell apoptosis and cell cycle arrest.



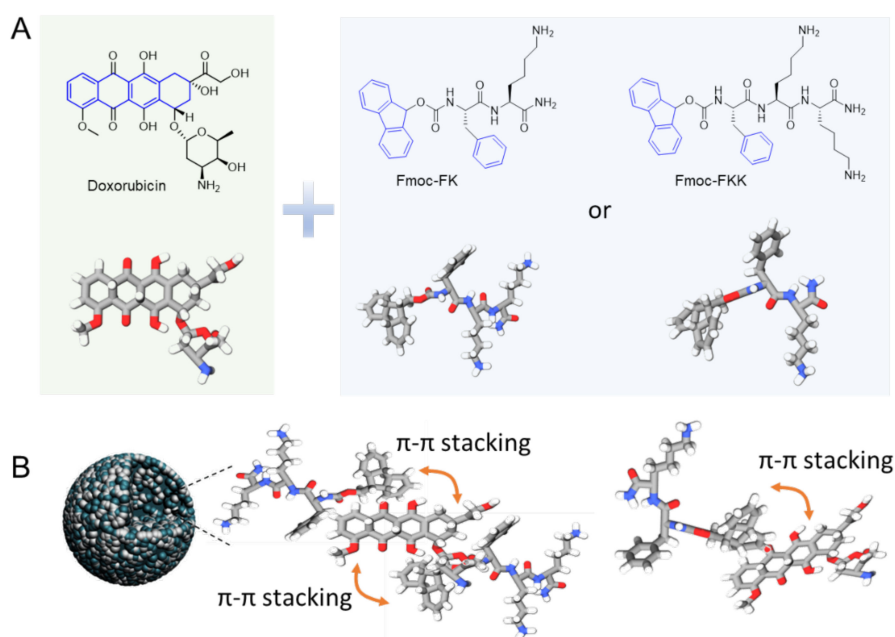
**Figure 1.** Schematic presentation of the delivery of Doxorubicin to tumor lesions via assembled nanoparticles (B) compared with non-specific administration of Dox (A). When the Dox is assembled into nanoparticles, the tumor targetability of the Dox can be increased by leveraging the EPR effects. Simultaneously, the side effects will be decreased. Also, the nanoformulation Dox will show a longer blood circulation time than free-Dox.

## 2. Results and Discussion

### 2.1. Preparation and Characterization of Nanoparticles

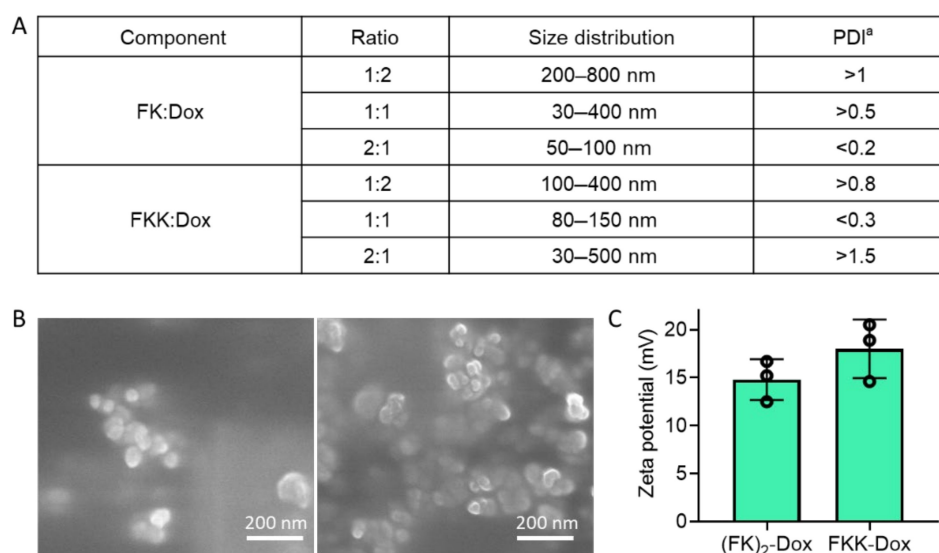
Figure 2A shows the chemical structures and the representative three-dimensional conformation of Doxorubicin (Dox), Fmoc-FK (FK), and Fmoc-FKK (FKK). Viewing these structures, we can see that all of these compounds possess aromatic functional groups. Specifically, the Dox possesses three conjunctive aromatic rings, and the Fmoc-capping group in Fmoc-FK and Fmoc-FKK is a well-known gelation inducer which has been reported to induce the formation of nanofibers of hydrogels. Based on these, we hypothesized that Dox could form co-assemblies with Fmoc-FK or Fmoc-FKK via aromatic interaction. Figure 2B shows a proposed model of the molecular packing between Dox and FK/FKK. Using this hypothesis, we then tried to exploit the assembly behavior of these molecules.

To exploit the most suitable conditions for assembly, we prepared a series of peptide and Dox mixtures with different component ratios. To access the quality of assembled materials, we measured the size distribution and polydispersity index (PDI) of these materials by dynamic light scattering (DLS). Consequently, two components, (FK)<sub>2</sub>-Dox and FKK-Dox, showed favorable diameters and PDI. Regarding (FK)<sub>2</sub>-Dox, it means that the molar ratio of FK peptide against Dox was 2:1. The average diameter was 50–100 nm, with a PDI of less than 0.2, indicating a homogeneous assembly. Concerning FKK-Dox, the molar ratio of the average diameter was slightly larger than that of (FK)<sub>2</sub>-Dox, showing between 80–150 nm, with a PDI of less than 0.3. These size distributions were located at a suitable size range for EPR effects. Regarding other components, the size distributions of the assembled nanomaterials were too large, as well as having a large PDI, suggesting that the assembly materials displayed uneven sizes.



**Figure 2.** (A) Chemical structures and representative three-dimensional branch view of the Dox, Fmoc-FK, and Fmoc-FKK. (B) Proposed molecular packing in the assembled nanoparticles. It is anticipated that the  $\pi$ - $\pi$  stacking interaction between aromatic rings will dominate the assembly kinetics.

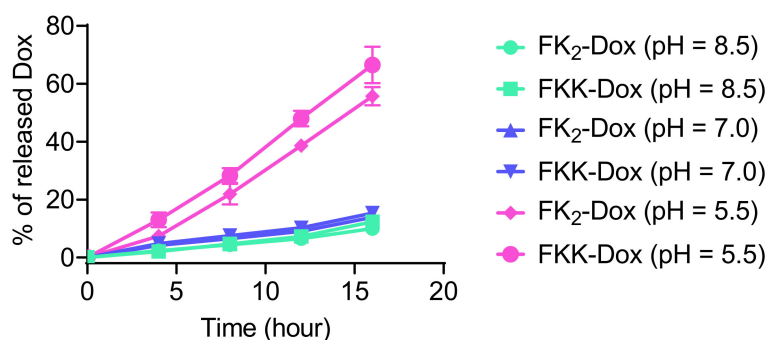
We then, with two assembled nanomaterials in hand, checked their morphology by using scanning electron microscopy (SEM). Figure 3B suggests both (FK)<sub>2</sub>-Dox and FKK-Dox form nanoparticles and the diameter of the nanoparticles is 50–200 nm, consistent with that observed using DLS. Furthermore, we employed DLS to measure the zeta potential of these nanoparticles (Figure 3C). Both of the two kinds of nanoparticles were positively charged, and the FKK-Dox showed a zeta potential of 18 mV, which was a little higher than that of (FK)<sub>2</sub>-Dox (15 mV). The positive zeta potential suggested that the nanoparticles were favorable for cell membrane attachment and endocytosis.



**Figure 3.** (A) Summary of the component ratio used in this study and the resulting size distribution and polydispersity index (PDI) of different components. <sup>a</sup> The value represents the mean of three times of replication. (B) SEM images of (FK)<sub>2</sub>-Dox (left) and FKK-Dox (right). (C) Zeta potentials of (FK)<sub>2</sub>-Dox and FKK-Dox.

## 2.2. In Vitro pH-Dependent Dox Release

One of the features of the co-assembled nanoparticles was that the Dox release occurred when the nanoparticles were disassembled. This kind of drug release profile prevents unwanted Dox leakage or uncontrollable release incidence when using liposomes as carriers. To evaluate the disassembly kinetics of the nanoparticles at different pH, we measured the Dox release profiles. Shown in Figure 4, at pH 8.5 and 7.0, the release rates of Dox in both of the nanoparticles were very slow; nearly 15 wt% of the encapsulated Dox was released at 16 h. When the pH value of the incubation solution was changed to 5.0, the release rate of Dox was significantly increased, as 55 wt% and 65 wt% of Dox was released from (FK)<sub>2</sub>-Dox and FKK-Dox, respectively. This Dox release behavior indicated that our nanoparticles were pH-responsive, enabling the precise delivery and release of Dox in the tumor's acidic microenvironment.



**Figure 4.** The in vitro Dox release kinetics from (FK)<sub>2</sub>-Dox and FKK-Dox assembled nanoparticles at pH = 8.5, 7.0, or 5.5. The values were obtained from three independent experiments. Error bars are standard deviation (SD).

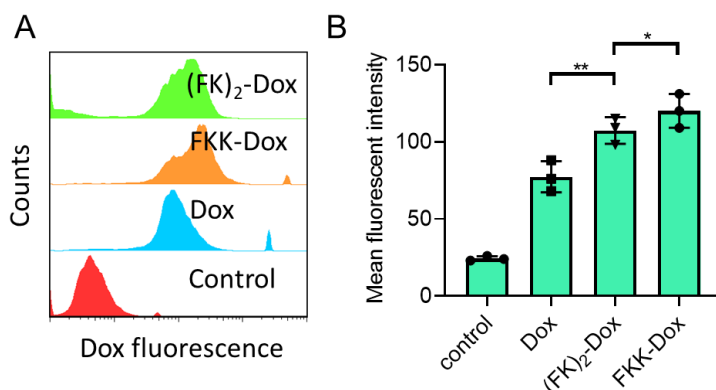
## 2.3. Cellular Uptake of the Nanoparticles

Cell uptake and intracellular Dox release of the nanoparticles were evaluated with flow cytometry (Figure 5) and confocal laser scanning microscopy (CLSM) (Figure 6), respectively. Shown in Figure 5A, both the (FK)<sub>2</sub>-Dox and FKK-Dox showed a higher uptake in Hela cells than that of Dox. This phenomenon is mostly caused by the positive charge of nanoparticles facilitating the endocytosis of the nanoparticles. Conversely, the FKK-Dox nanoparticles exhibited a higher uptake than (FK)<sub>2</sub>-Dox (Figure 5B), consistent with the larger positive zeta potential of FKK-Dox. Figure 6A shows the live-cell confocal images of free-Dox and the nanoparticles. Similar to free-Dox, most of the fluorescence in the nanoparticle-treated groups was emitted from the cell nucleus, indicating the Dox was successfully released from the nanoparticles into the cells. The quantitative analysis of the cellular fluorescent intensity showed an order of the intensity of FKK-Dox > (FK)<sub>2</sub>-Dox > Dox, in good agreement with the fluorescence-activated cell sorting (FACS) results.

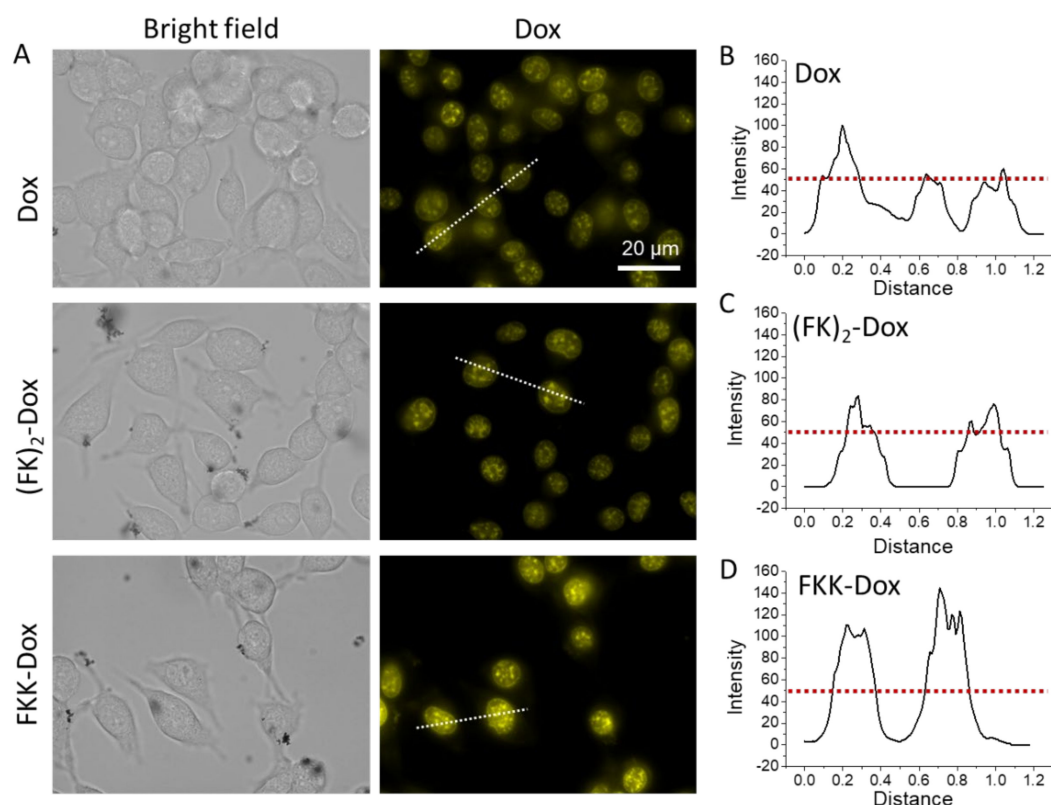
## 2.4. In Vitro Cytotoxicity of the Nanoparticles

The cytotoxicity of nanoparticles was determined using a CCK-8 assay in MDA-231, A549, and Hela cells. Cells were treated for 48 h at various Dox concentrations ranging from 0 to 1.6  $\mu\text{M mL}^{-1}$ . Shown in Figure 7, the cell viability decreased obviously as the nanoparticle concentration increased. We estimated the half maximal inhibitory concentration (IC<sub>50</sub>) of the free-Dox, (FK)<sub>2</sub>-Dox, and FKK-Dox in Figure 7D. Among all the cell lines, the FKK-Dox showed the lowest IC<sub>50</sub>, followed by (FK)<sub>2</sub>-Dox, and the free-Dox showed the largest IC<sub>50</sub>. Specifically, the IC<sub>50</sub> of FKK-Dox in MDA-231 was  $167.9 \pm 35.99$  nM, over two folds lower than that of free-Dox ( $422 \pm 66.76$  nM). The IC<sub>50</sub> was the lowest in Hela cells. The different IC<sub>50</sub> was consistent with the cell uptake and intracellular Dox release data. Figure 7E is the optical view of Hela cells after treatment. The cell density of Hela cells after FKK-Dox treatment was lowest, and the cells displayed a round morphology, indicating

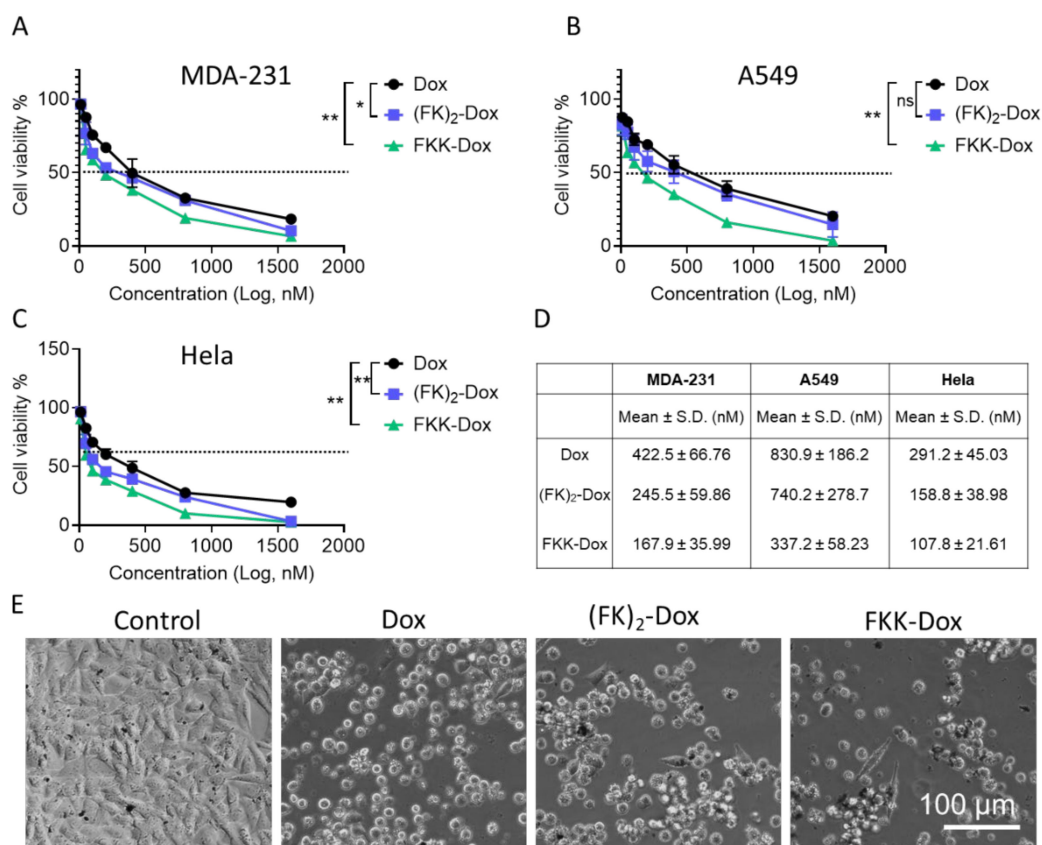
a destroyed cell growth state. This phenomenon also was observed in Dox- and  $(FK)_2$ -Dox-treated cells. Particularly, we also studied the cytotoxicity of FK and FKK; both of the peptides showed little toxicity to cell growth, even at high concentrations, as shown in Figure S1. These results showed the application potential of these nanoparticles in cancer therapy.



**Figure 5.** (A) Representative cellular uptake histograms obtained from cytometry analysis. HeLa cells were treated with DMSO, Dox (1  $\mu$ M),  $(FK)_2$ -Dox (1  $\mu$ M of Dox) and FKK-Dox (1  $\mu$ M of Dox) for 4 h at 3  $^{\circ}$ C. (B) Quantitative analysis of cellular fluorescence of a HeLa cell treated by different Dox species corresponding to Figure 5A. The values represent the average geometric mean of uptake for three independent experiments. *P* values were determined by the Student's *t*-test. \*\* *P* < 0.01; \* *P* < 0.05. Error bars are SD.



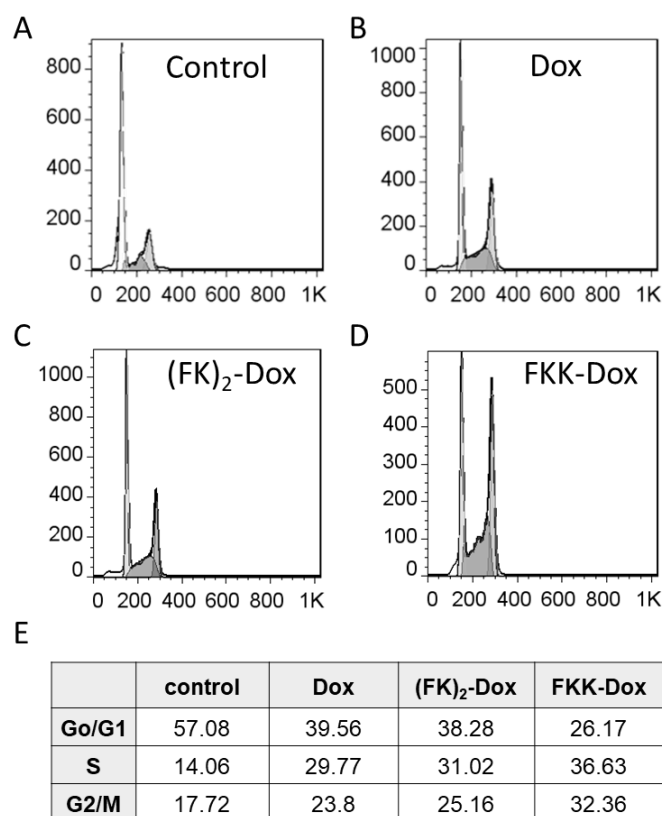
**Figure 6.** (A) HeLa cell uptake of Dox (5  $\mu$ M),  $(FK)_2$ -Dox (5  $\mu$ M of Dox) and FKK-Dox (5  $\mu$ M of Dox) analyzed by fluorescence microscopy. The images were acquired with live cells. The cells were incubated with different Dox species for 6 h, after that, the medium was removed and replaced with fresh medium. The emission of Dox was designated with yellow color. (B–D) The fluorescent intensity alongside the white dashed lines in Figure 4A.



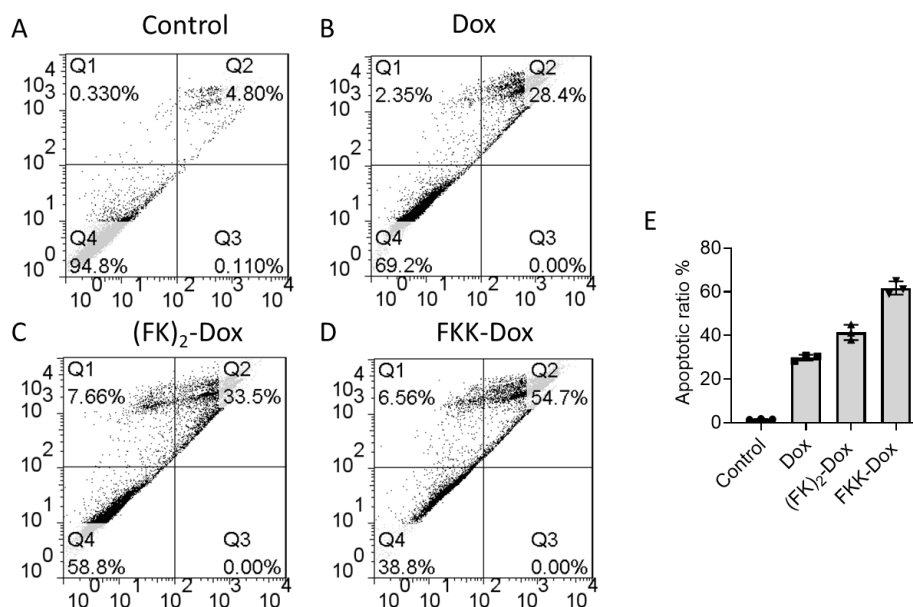
**Figure 7.** (A–C) Cell viability measurements for MDA-231, A549, and HeLa cells treated with different concentrations of Dox, (FK)<sub>2</sub>-Dox or FKK-Dox. The values were measured at 2 days post-treatment of the Dox species. Three independent replications were performed. *P* values were determined by a repeated measures (RM) two-way analysis of variance (ANOVA) with Tukey’s multiple-comparisons test. \*\* *P* < 0.01; \* *P* < 0.05. (D) Calculated IC<sub>50</sub> values of different Dox species to inhibit the cancer cell growth. (E) The optical view of a HeLa cell morphology after treated with Dox (300 nM), (FK)<sub>2</sub>-Dox (300 nM of Dox), and FKK-Dox (300 nM of Dox) for 24 h; the cells without any treatment were used as control.

### 2.5. Cell Cycle Analysis and Cell Apoptosis

The Dox can insert into the grooves of DNA, thus inhibiting the normal mitosis of cancer cells. We employed flow cytometry to analyze the cell cycle distribution changes after nanoparticle treatment. Figure 8A–D is the cell cycle distribution results. Obviously, FKK-Dox induced the most G2/M phase arrest, with 32.36% of cells compared to 17.72%, 23.8%, and 25.16% for control, Dox, and (FK)<sub>2</sub>-Dox, respectively (Figure 8E). Then, an Annexin V-FITC Apoptosis assay was conducted to reveal whether the nanoparticles on HeLa cells might result in enhancement of cell apoptosis. Shown in Figure 9, the rate of apoptosis of HeLa cells showed an increasing trend. FKK-Dox nanoparticles led to the highest apoptosis (~60%), and it was about two-folds higher than that of free-Dox (~30%). The (FK)<sub>2</sub>-Dox resulted in ~42% cell apoptosis, located between the Dox and FKK-Dox. These results were consistent with cell viability and cellular uptake. Moreover, the reactive oxygen species (ROS) generation in the cells after being treated with Dox, (FK)<sub>2</sub>-Dox and FKK-Dox was monitored. Shown in Figure S2, the FKK-Dox induced the highest level of cellular ROS in HeLa cells. These results further confirmed the apoptotic results.



**Figure 8.** (A–D) Cell cycle distribution analysis. HeLa cells were treated with free Dox (100 nM), (FK)<sub>2</sub>-Dox (100 nM of Dox) or FKK-Dox (100 nM of Dox) and analyzed at 24 h after the treatment. Raw data for a representative experiment is shown. (E) Quantitative analysis of cell cycle distribution based on Figure 8A–D.



**Figure 9.** (A–D) Induction of apoptosis by different kinds of Dox species in HeLa cells. HeLa cells were treated with free-Dox (100 nM), (FK)<sub>2</sub>-Dox (100 nM of Dox) or FKK-Dox and analyzed 24 h after the treatment. Raw data for a representative experiment was shown. (E) The apoptotic cell ratio in different groups of cells after treated with free-Dox (100 nM), (FK)<sub>2</sub>-Dox (100 nM of Dox) or FKK-Dox. Three independent replications were performed. Error bars are SD.



### 3. Materials and Methods

#### 3.1. Materials and Characterization

All peptide materials were purchased from Synpeptide Co., Ltd. (Nanjing, China) and Doxorubicin was obtained gratis from Zhejiang Hisun Pharmaceutical Co., Ltd. (Taizhou, China). Dulbecco's modified Eagle's medium (DMEM) was purchased from M and C Gene Technology Inc. (Beijing, China). Trypsin and ethylenediaminetetraacetic acid (EDTA) were purchased from Amresco (Solon, OH, USA). Fetal bovine serum (FBS) was purchased from Zhejiang Tianhang Biological Technology Co., Ltd. (Zhejiang, China). MDA-231, A549, and HeLa cell lines were purchased from the Chinese Academy of Science (Shanghai, China). The SEM images were characterized by Hitachi S-3400N(II) (Japan) in the public experimental platform of Shenzhen University (Shenzhen, China).

#### 3.2. Preparation of Peptide-Dox Co-Assemblies

The nanoparticles were prepared by an "organic solvent-water exchange method". Briefly, the peptide (10 mM) and Dox (5 mM) were dissolved in hexafluoroisopropanol with designated molar ratios and stirred overnight at room temperature. Then, the mixture solution was dropped into water, and the solution was bubbled with N<sub>2</sub> to remove the hexafluoroisopropanol. The resulted nanoparticles were further stirred at room temperature (r.t.) for two days to make homogeneous nanoparticles.

#### 3.3. Dynamic Light Scattering and Zeta Potential Measurements

The diameter and particle size distribution of nanoparticles, such as Z-average diameter (Z<sub>avd</sub>), Polydispersity index (PDI), were measured by photon correlation spectroscopy (PCS) on a Malvern Zetasizer Nano ZS (Malvern Instruments, WR14 1XZ, UK). The surface charge was estimated by measuring the zeta potential (ZP) based on electrophoretic mobility without dilution.

#### 3.4. In Vitro Dox Release

Nanoparticle (0.01 M of Dox) dispersed in phosphate buffered saline (PBS) at pH 8.5, pH 7.0 and pH 5.0 were transferred into a dialysis bag (Mw cut-off: 3500 Da). The bag was placed into the same buffered solution (150 mL), and the release study was performed at 37 °C in an incubator shaker (TS-100C, Shanghai Kuangbei, China). Three milliliters of the solution outside the dialysis bag was replaced with the same volume of fresh buffer solution for UV-vis analysis at certain time intervals. Dox concentration was calculated based on the absorbance intensity of Dox at 497 nm. Regarding the assessment of drug release, the cumulative amount of released drug was calculated, and the percentages of drug released from micelles were plotted against time.

#### 3.5. Cell Culture

Human cervical carcinoma (HeLa) cells, triple-negative breast cancer MDA-231 and adenocarcinomas human alveolar basal epithelial cells were maintained and grown in Dulbecco's modified Eagle's minimum essential medium (DMEM) (Corning, Thermo Fisher Scientific, Waltham, MA, USA), supplemented with 10% fetal bovine serum (FBS) (Atlanta Biologicals, Lawrenceville, GA, USA) and 1% Penicillin/Streptomycin antibiotics (HyClone, Thermo Fisher Scientific). All cell lines were bought from the Chinese Academy of Sciences Shanghai Cell Bank (Shanghai, China) ([http://www.cobioer.com/products\\_list/pmcId=55.html?b\\_scene\\_zt=1&renqun\\_youhua=1981537&bd\\_vid=8143897183949310144](http://www.cobioer.com/products_list/pmcId=55.html?b_scene_zt=1&renqun_youhua=1981537&bd_vid=8143897183949310144)).

#### 3.6. Fluorescence Microscopy

HeLa was seeded in 35-mm dishes for live-cell imaging in a Dulbecco's Modified Eagle Medium (DMEM) medium with 10% fetal bovine serum and grown in a 5% CO<sub>2</sub> incubator at 37 °C for 24 h. After removing the old medium, the cells were treated with free-Dox, peptide-Dox with final Dox

(1  $\mu\text{M}$ ) in a fresh medium for 6 h. Then, the culture media was removed, cells were washed twice with cold PBS, Dox uptake (EX 480 nm, EM 590 nm) was observed and imaged with a Nikon confocal microscope (Nikon C2+, Nikon Instruments Inc., Melville, NY, USA).

### 3.7. Cellular Uptake Assay

Hela cells ( $1.0 \times 10^5$  cells/well) were plated in 6-well tissue culture plates and incubated for 24 h at 37 °C. After overnight incubation, cells were exposed to a range of concentrations of free-Dox or peptide-Dox for 24 h. To harvest the cells after the treatment, we used a non-enzymatic cell dissociation buffer, which did not degrade the polypeptide attached to the cells. Forward versus side scatter gating was used to remove cell debris from the analysis and Dox fluorescence intensity ( $n = 10,000$  cells) was measured using a BD Bioscience FACS Canto II Flow Cytometer and Flowjo software (Becton Dickinson, San Jose, CA, USA). Fluorescence intensity was normalized to cellular auto-fluorescence.

### 3.8. Cell Viability Measurements

Hela cells were seeded with  $1.0 \times 10^4$  cells in a 96-well plate and cultured at 37 °C and 5% CO<sub>2</sub> atmosphere for 24 h. An equal volume mixture of DMEM (100  $\mu\text{L}$ ) and 6 h-matured-solution containing self-assembled peptide-Dox nanoparticles in a 20 mM phosphate buffer, 150 mM NaCl, pH 7.2 (100  $\mu\text{L}$ ) was prepared and subsequently transferred into the 96-well plate, and incubated at 37 °C and 5% CO<sub>2</sub> atmosphere for 24 h. Cells were washed with 1 $\times$  HEPES twice, followed by treatment with 1 $\times$  HEPES (50  $\mu\text{L}$ ) and 0.2% Cell Counting-kit 8 (50  $\mu\text{L}$ , Dojindo Molecular Technologies, Kumamoto, Japan) at 37 °C and 5% CO<sub>2</sub> atmosphere for 30 min for cell viability measurements.

### 3.9. Apoptosis Assay

Apoptosis was measured by flow cytometry using BD Bioscience FACS Canto II Flow Cytometer (USA). Briefly, cells were seeded in transparent 6-well plates with a density of  $1 \times 10^5$  cells per well for Hela cells. After overnight incubation, cells were treated with either free-Doxorubicin or peptide-Dox at designated concentrations. After 24 h, both floating and attached cells were harvested and stained with conjugated fluorescein isothiocyanate (FITC) Annexin-V and Propidium iodide (PI). Forward versus side scatter gating was used to eliminate cell debris from the analysis, and a scatter plot of PI intensity versus FITC Annexin V intensity was used to score live, apoptotic, and necrotic cells. The percentage of Annexin-V positive, apoptotic cells was expressed as an average of three experiments.

### 3.10. Cell Cycle Analysis

Hela cells were plated in 6-well plates at a density of  $1 \times 10^5$ . The following day, cells were treated with peptide-Dox or free-Doxorubicin for 24 h at 37 °C. After the treatment, the cells were rinsed with PBS, fixed with 3 mL ice-cold 70% ethanol for 30 min, rinsed with PBS again and resuspended in 500  $\mu\text{L}$  PBS. To eliminate the signal from ribonucleic acid (RNA), we added RNase A (Sigma Aldrich, Saint Louis, MO, USA) to a final concentration of 750  $\mu\text{g}/\text{mL}$  to the cell suspension for 5 min. Cells were then treated with 200  $\mu\text{g}/\text{mL}$  of Propidium iodide (PI) (Sigma, St., Louis, MO, USA) for 30 min at room temperature. To evaluate the intensity of PI fluorescence, as a measure of DNA content, we used the BD flow cytometer and analyzed the results with Flowjo software. A plot of forward scatter versus PI intensity was gated to remove cell debris and cell aggregates from the analysis. Fluorescence was measured for a sample of 10,000 cells using FL2 (laser ex. 488 nm, filter 620/30 nm), and histograms of cell number versus PI intensity were used to determine the percentage of cells in each phase of the cell cycle.

### 3.11. Statistical Analysis

All data were tested at least three times independently. Each experiment in the cell death assay was performed by 3–6 replicates. All data were represented as means  $\pm$  standard deviation (SD) ( $n = 3$ ).

Student's t-test was performed to assess the statistical significance. A  $p$ -value  $< 0.05$  was considered statistically significant.

#### 4. Conclusions

As a highly efficient chemotherapy drug, the liposomal Dox (Doxil) has been widely used to treat AIDS-related Kaposi's sarcoma, breast cancer, ovarian cancer, and other solid tumors [50]. The success of Doxil relies on liposome formulation which significantly decreases the cardiotoxicity of free Dox. However, the liposomal Dox also shows some severe side effects, such as Hand-Foot Syndrome [51]. Considering this, the development of other forms of Dox is anticipated. Here, we demonstrated that elaborated short amphiphile peptides and Dox co-assembles could form nanoparticles which act as a new form of Dox delivery agent. Compared to free-Dox, the peptide-Dox shows several advantages. First, the cellular uptake of Dox is enhanced due to the positive charges of nanoparticles. Second, the release of Dox is pH-responsive; the co-assembled nanoparticles can be triggered to release the Dox due to the acidic pH in the tumoral microenvironment. Moreover, this pH-responsive drug release behavior is anticipated to mitigate the side effects of Dox to healthy tissue. Last but not least, the homogeneous and sub-100 nm size of the co-assembled nanoparticles makes them suitable for tumor lesion accumulation due to the EPR effects. To summarize, the peptide-Dox co-assembled nanoparticles are biodegradable, highly efficient, and pH-responsive. Next, we will test the efficacy of these nanoparticles in vivo to treat cancers.

**Supplementary Materials:** The following are available online, Figure S1: Cell viability measurements for MDA-231, A549, and Hela cell treated with different concentrations of FK and FKK peptides, Figure S2: Levels of ROS generation in Hela cells monitored by DCFDA kit at different treating time points.

**Author Contributions:** All the authors contributed to the article as followed: conceptualization, S.L. and X.Y.; methodology, X.C., J.P., H.C.; software, X.C. and J.P.; validation, S.L. and X.Y.; formal analysis, X.C. and X.Y.; investigation, S.L. and X.C.; resources, S.L. and X.C.; data curation, S.L., J.P., X.Y., H.C.; writing—original draft preparation, S.L. and X.C.; writing—review and editing, X.Y.; visualization, X.Y.; supervision, S.L. and X.Y.; project administration, S.L. and X.Y.; funding acquisition, S.L. and X.Y. All authors have read and agreed to the published version of the manuscript.

**Funding:** This research was funded by Science and Technology Application Demonstration project of Shenzhen government (grant no. KJYY20180201180253571) and Shenzhen science and technology innovation Shenzhen-Hongkong joint research project (Grant No. SGLH20180622152010394).

**Conflicts of Interest:** The authors declare no conflict of interest.

#### References

1. Thorn, C.F.; Oshiro, C.; Marsh, S.; Hernandez-Boussard, T.; McLeod, H.; Klein, T.E.; Altman, R.B. Doxorubicin pathways: Pharmacodynamics and adverse effects. *Pharmacogenet Genomics* **2011**, *21*, 440–446. [[CrossRef](#)] [[PubMed](#)]
2. Mizutani, H.; Tada-Oikawa, S.; Hiraku, Y.; Kojima, M.; Kawanishi, S. Mechanism of apoptosis induced by doxorubicin through the generation of hydrogen peroxide. *Life Sci.* **2005**, *76*, 1439–1453. [[CrossRef](#)] [[PubMed](#)]
3. Keizer, H.G.; Pinedo, H.M.; Schuurhuis, G.J.; Joenje, H. Doxorubicin (adriamycin): A critical review of free radical-dependent mechanisms of cytotoxicity. *Pharm. Ther.* **1990**, *47*, 219–231. [[CrossRef](#)]
4. Pratt, C.B.; Shanks, E.C. Hyperpigmentation of Nails From Doxorubicin. *JAMA* **1974**, *228*, 460. [[CrossRef](#)] [[PubMed](#)]
5. Ogilvie, G.K.; Reynolds, H.A.; Richardson, R.C.; Withrow, S.J.; Norris, A.M.; Henderson, R.A.; Klausner, J.S.; Fowler, J.D.; McCaw, D. Phase II evaluation of doxorubicin for treatment of various canine neoplasms. *J. Am. Vet. Med. Assoc* **1989**, *195*, 1580–1583.
6. Hershman, D.L.; Eisenberger, A.; Wang, J.; Jacobson, J.; Grann, V.; McBride, R.; Tsai, W.; Neugut, A. Doxorubicin, cardiac risk factors and cardiac toxicity in elderly patients with diffuse b-cell non-Hodgkin's lymphoma. *J. Clin. Oncol.* **2007**, *25*, 9050. [[CrossRef](#)] [[PubMed](#)]
7. Gabizon, A.; Shmeeda, H.; Barenholz, Y. Pharmacokinetics of Pegylated Liposomal Doxorubicin. *Clin. Pharm.* **2003**, *42*, 419–436. [[CrossRef](#)]

8. Gabizon, A.; Martin, F. Polyethylene Glycol-Coated (Pegylated) Liposomal Doxorubicin. *Drugs* **1997**, *54*, 15–21. [[CrossRef](#)]
9. Gabizon, A.; Catane, R.; Uziely, B.; Kaufman, B.; Safra, T.; Cohen, R.; Martin, F.; Huang, A.; Barenholz, Y. Prolonged Circulation Time and Enhanced Accumulation in Malignant Exudates of Doxorubicin Encapsulated in Polyethylene-glycol Coated Liposomes. *Cancer Res.* **1994**, *54*, 987–992.
10. Gordon, K.B.; Tajuddin, A.; Guitart, J.; Kuzel, T.M.; Eramo, L.R.; Vonroenn, J. Hand-foot syndrome associated with liposome-encapsulated doxorubicin therapy. *Cancer* **1995**, *75*, 2169–2173. [[CrossRef](#)]
11. Iwamoto, T. Clinical Application of Drug Delivery Systems in Cancer Chemotherapy: Review of the Efficacy and Side Effects of Approved Drugs. *Biol. Pharm. Bull.* **2013**, *36*, 715–718. [[CrossRef](#)] [[PubMed](#)]
12. Vaage, J.; Donovan, D.; Uster, P.; Working, P. Tumour uptake of doxorubicin in polyethylene glycol-coated liposomes and therapeutic effect against a xenografted human pancreatic carcinoma. *Br. J. Cancer* **1997**, *75*, 482–486. [[CrossRef](#)] [[PubMed](#)]
13. Vaage, J.; Barberá-Guillem, E.; Abra, R.; Huang, A.; Working, P. Tissue distribution and therapeutic effect of intravenous free or encapsulated liposomal doxorubicin on human prostate carcinoma xenografts. *Cancer* **1994**, *73*, 1478–1484. [[CrossRef](#)]
14. Aryal, S.; Grailer, J.J.; Pilla, S.; Steeber, D.A.; Gong, S. Doxorubicin conjugated gold nanoparticles as water-soluble and pH-responsive anticancer drug nanocarriers. *J. Mater. Chem.* **2009**, *19*, 7879–7884. [[CrossRef](#)]
15. Mayer, L.D.; Tai, L.C.L.; Bally, M.B.; Mitilenes, G.N.; Ginsberg, R.S.; Cullis, P.R. Characterization of liposomal systems containing doxorubicin entrapped in response to pH gradients. *Biochim. et Biophys. Acta (BBA) Biomembr.* **1990**, *1025*, 143–151. [[CrossRef](#)]
16. Nakamura, Y.; Mochida, A.; Choyke, P.L.; Kobayashi, H. Nanodrug Delivery: Is the Enhanced Permeability and Retention Effect Sufficient for Curing Cancer? *Bioconjugate Chem.* **2016**, *27*, 2225–2238. [[CrossRef](#)]
17. Sun, T.; Zhang, Y.S.; Pang, B.; Hyun, D.C.; Yang, M.; Xia, Y. Engineered Nanoparticles for Drug Delivery in Cancer Therapy. *Angew. Chem. Int. Ed.* **2014**, *53*, 12320–12364. [[CrossRef](#)]
18. Doane, T.L.; Burda, C. The unique role of nanoparticles in nanomedicine: Imaging, drug delivery and therapy. *Chem. Soc. Rev.* **2012**, *41*, 2885–2911. [[CrossRef](#)]
19. Chang, M.; Yang, C.-S.; Huang, D.-M. Aptamer-conjugated DNA icosahedral nanoparticles as a carrier of doxorubicin for cancer therapy. *ACS Nano* **2011**, *5*, 6156–6163. [[CrossRef](#)]
20. Seib, F.P.; Pritchard, E.M.; Kaplan, D.L. Self-assembling doxorubicin silk hydrogels for the focal treatment of primary breast cancer. *Adv. Funct. Mater.* **2013**, *23*, 58–65. [[CrossRef](#)]
21. Zhang, H.; Fei, J.; Yan, X.; Wang, A.; Li, J. Enzyme-Responsive Release of Doxorubicin from Monodisperse Dipeptide-Based Nanocarriers for Highly Efficient Cancer Treatment In Vitro. *Adv. Funct. Mater.* **2015**, *25*, 1193–1204. [[CrossRef](#)]
22. Kim, J.H.; Ramasamy, T.; Tran, T.H.; Choi, J.Y.; Cho, H.J.; Yong, C.S.; Kim, J.O. Polyelectrolyte complex micelles by self-assembly of polypeptide-based triblock copolymer for doxorubicin delivery. *Asian J. Pharm. Sci.* **2014**, *9*, 191–198. [[CrossRef](#)]
23. Loh, X.J.; del Barrio, J.S.; Toh, P.P.C.; Lee, T.-C.; Jiao, D.; Rauwald, U.; Appel, E.A.; Scherman, O.A. Triply triggered doxorubicin release from supramolecular nanocontainers. *Biomacromolecules* **2011**, *13*, 84–91. [[CrossRef](#)]
24. Yang, Y.; Hua, C.; Dong, C.-M. Synthesis, self-assembly, and in vitro doxorubicin release behavior of dendron-like/linear/dendron-like poly ( $\epsilon$ -caprolactone)-b-poly (ethylene glycol)-b-poly ( $\epsilon$ -caprolactone) triblock copolymers. *Biomacromolecules* **2009**, *10*, 2310–2318. [[CrossRef](#)]
25. Li, N.; Li, N.; Yi, Q.; Luo, K.; Guo, C.; Pan, D.; Gu, Z. Amphiphilic peptide dendritic copolymer-doxorubicin nanoscale conjugate self-assembled to enzyme-responsive anti-cancer agent. *Biomaterials* **2014**, *35*, 9529–9545. [[CrossRef](#)] [[PubMed](#)]
26. She, W.; Li, N.; Luo, K.; Guo, C.; Wang, G.; Geng, Y.; Gu, Z. Dendronized heparin–doxorubicin conjugate based nanoparticle as pH-responsive drug delivery system for cancer therapy. *Biomaterials* **2013**, *34*, 2252–2264. [[CrossRef](#)]
27. She, W.; Luo, K.; Zhang, C.; Wang, G.; Geng, Y.; Li, L.; He, B.; Gu, Z. The potential of self-assembled, pH-responsive nanoparticles of mPEGylated peptide dendron–doxorubicin conjugates for cancer therapy. *Biomaterials* **2013**, *34*, 1613–1623. [[CrossRef](#)] [[PubMed](#)]

28. Qiu, L.; Hong, C.-Y.; Pan, C.-Y. Doxorubicin-loaded aromatic imine-contained amphiphilic branched star polymer micelles: Synthesis, self-assembly, and drug delivery. *Int. J. Nanomed.* **2015**, *10*, 3623.
29. Wang, Y.; Yi, S.; Sun, L.; Huang, Y.; Lenaghan, S.C.; Zhang, M. Doxorubicin-loaded cyclic peptide nanotube bundles overcome chemoresistance in breast cancer cells. *J. Biomed. Nanotechnol.* **2014**, *10*, 445–454. [[CrossRef](#)] [[PubMed](#)]
30. McDaniel, J.R.; MacEwan, S.R.; Dewhirst, M.; Chilkoti, A. Doxorubicin-conjugated chimeric polypeptide nanoparticles that respond to mild hyperthermia. *J. Control. Release* **2012**, *159*, 362–367. [[CrossRef](#)]
31. Yuan, A.; Wu, J.; Song, C.; Tang, X.; Qiao, Q.; Zhao, L.; Gong, G.; Hu, Y. A novel self-assembly albumin nanocarrier for reducing doxorubicin-mediated cardiotoxicity. *J. Pharm. Sci.* **2013**, *102*, 1626–1635. [[CrossRef](#)]
32. Li, X.; Hirsh, D.J.; Cabral-Lilly, D.; Zirkel, A.; Gruner, S.M.; Janoff, A.S.; Perkins, W.R. Doxorubicin physical state in solution and inside liposomes loaded via a pH gradient. *Biochim. et Biophys. Acta (BBA) Biomembr.* **1998**, *1415*, 23–40. [[CrossRef](#)]
33. Xu, Z.P.; Zeng, Q.H.; Lu, G.Q.; Yu, A.B. Inorganic nanoparticles as carriers for efficient cellular delivery. *Chem. Eng. Sci.* **2006**, *61*, 1027–1040. [[CrossRef](#)]
34. Wilczewska, A.Z.; Niemirowicz, K.; Markiewicz, K.H.; Car, H. Nanoparticles as drug delivery systems. *Pharm. Rep.* **2012**, *64*, 1020–1037. [[CrossRef](#)]
35. Qiao, Y.; Wan, J.; Zhou, L.; Ma, W.; Yang, Y.; Luo, W.; Yu, Z.; Wang, H. Stimuli-responsive nanotherapeutics for precision drug delivery and cancer therapy. *Wires Nanomed. Nanobiotechnology* **2019**, *11*, e1527. [[CrossRef](#)] [[PubMed](#)]
36. Li, Z.; Song, N.; Yang, Y.-W. Stimuli-Responsive Drug-Delivery Systems Based on Supramolecular Nanovalves. *Matter* **2019**, *1*, 345–368. [[CrossRef](#)]
37. Gu, M.; Wang, X.; Toh, T.B.; Chow, E.K.-H. Applications of stimuli-responsive nanoscale drug delivery systems in translational research. *Drug Discov. Today* **2018**, *23*, 1043–1052. [[CrossRef](#)]
38. Gupta, P.; Vermani, K.; Garg, S. Hydrogels: From controlled release to pH-responsive drug delivery. *Drug Discov. Today* **2002**, *7*, 569–579. [[CrossRef](#)]
39. Gao, W.; Chan, J.M.; Farokhzad, O.C. pH-Responsive Nanoparticles for Drug Delivery. *Mol. Pharm.* **2010**, *7*, 1913–1920. [[CrossRef](#)]
40. Schmaljohann, D. Thermo- and pH-responsive polymers in drug delivery. *Adv. Drug Deliv. Rev.* **2006**, *58*, 1655–1670. [[CrossRef](#)]
41. Zheng, H.; Xing, L.; Cao, Y.; Che, S. Coordination bonding based pH-responsive drug delivery systems. *Coord. Chem. Rev.* **2013**, *257*, 1933–1944. [[CrossRef](#)]
42. Xu, X.; Li, Y.; Li, H.; Liu, R.; Sheng, M.; He, B.; Gu, Z. Smart Nanovehicles Based on pH-Triggered Disassembly of Supramolecular Peptide-Amphiphiles for Efficient Intracellular Drug Delivery. *Small* **2014**, *10*, 1133–1140. [[CrossRef](#)] [[PubMed](#)]
43. Ikeda, M.; Tanida, T.; Yoshii, T.; Hamachi, I. Rational Molecular Design of Stimulus-Responsive Supramolecular Hydrogels Based on Dipeptides. *Adv. Mater.* **2011**, *23*, 2819–2822. [[CrossRef](#)]
44. Li, S.; Zou, Q.; Li, Y.; Yuan, C.; Xing, R.; Yan, X. Smart Peptide-Based Supramolecular Photodynamic Metallo-Nanodrugs Designed by Multicomponent Coordination Self-Assembly. *J. Am. Chem. Soc.* **2018**, *140*, 10794–10802. [[CrossRef](#)] [[PubMed](#)]
45. Cinar, G.; Ozdemir, A.; Hamsici, S.; Gunay, G.; Dana, A.; Tekinay, A.B.; Guler, M.O. Local delivery of doxorubicin through supramolecular peptide amphiphile nanofiber gels. *Biomater. Sci.* **2017**, *5*, 67–76. [[CrossRef](#)] [[PubMed](#)]
46. Kim, I.; Han, E.H.; Ryu, J.; Min, J.-Y.; Ahn, H.; Chung, Y.-H.; Lee, E. One-Dimensional Supramolecular Nanoplatfoms for Theranostics Based on Co-Assembly of Peptide Amphiphiles. *Biomacromolecules* **2016**, *17*, 3234–3243. [[CrossRef](#)]
47. Tesauro, D.; Accardo, A.; Diaferia, C.; Milano, V.; Guillon, J.; Ronga, L.; Rossi, F. Peptide-Based Drug-Delivery Systems in Biotechnological Applications: Recent Advances and Perspectives. *Molecules* **2019**, *24*, 351. [[CrossRef](#)] [[PubMed](#)]
48. Cheetham, A.G.; Zhang, P.; Lin, Y.-a.; Lock, L.L.; Cui, H. Supramolecular Nanostructures Formed by Anticancer Drug Assembly. *J. Am. Chem. Soc.* **2013**, *135*, 2907–2910. [[CrossRef](#)]
49. Li, S.; Zou, Q.; Xing, R.; Govindaraju, T.; Fakhrullin, R.; Yan, X. Peptide-modulated self-assembly as a versatile strategy for tumor supramolecular nanotheranostics. *Theranostics* **2019**, *9*, 3249–3261. [[CrossRef](#)]

50. Barenholz, Y. Doxil<sup>®</sup> — The first FDA-approved nano-drug: Lessons learned. *J. Control. Release* **2012**, *160*, 117–134. [[CrossRef](#)]
51. Lyass, O.; Uziely, B.; Ben-Yosef, R.; Tzemach, D.; Heshing, N.I.; Lotem, M.; Brufman, G.; Gabizon, A. Correlation of toxicity with pharmacokinetics of pegylated liposomal doxorubicin (Doxil) in metastatic breast carcinoma. *Cancer* **2000**, *89*, 1037–1047. [[CrossRef](#)]

**Sample Availability:** Samples of the compounds are available from the authors.



© 2020 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (<http://creativecommons.org/licenses/by/4.0/>).