Case Report Immunology, Allergic Disorders & Rheumatology

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The First Case of an Infant with Familial A20 Haploinsufficiency in Korea

Hye-Young Kim ⑩,¹ Ji Yeon Song ⑫,² Woo-Il Kim ⑫,³ Hyun-Chang Ko ⑫,³ Su Eun Park ⑫,² Ja-Hyun Jang ⑫,⁴ and Seong Heon Kim ⑰ ².⁵

¹Department of Pediatrics, Medical Research Institute, Pusan National University School of Medicine, Pusan National University Hospital, Busan, Korea

²Department of Pediatrics, Pusan National University Children's Hospital, Yangsan, Korea ³Department of Dermatology, Pusan National University Yangsan Hospital, Yangsan, Korea ⁴Laboratory Medicine, Green Cross Genome, Yongin, Korea

⁵Research Institute for Convergence of Biomedical Science and Technology, Pusan National University Yangsan Hospital, Yangsan, Korea

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Address for Correspondence: Seong Heon Kim, MD

Department of Pediatrics, Pusan National University Children's Hospital, 20 Geumo-ro, Mulgeum-eup, Yangsan 50612, Republic of Korea. E-mail: pedksh@gmail.com

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ORCID iDs

Hye-Young Kim D https://orcid.org/0000-0001-7125-8840 Ji Yeon Song D https://orcid.org/0000-0002-9665-4177 Woo-Il Kim D https://orcid.org/0000-0001-7991-2827 Hyun-Chang Ko D https://orcid.org/0000-0002-3459-5474 Su Eun Park D https://orcid.org/0000-0001-5860-821X Ja-Hyun Jang D https://orcid.org/0000-0003-0516-4947 Seong Heon Kim D

https://orcid.org/0000-0001-8003-3010

ABSTRACT

Haploinsufficiency of A20 (HA20) is a newly described autoinflammatory disease caused by loss-of-function mutations in the TNFAIP3 gene. Clinical phenotypes are heterogenous and resemble Behçet's disease, juvenile idiopathic arthritis, inflammatory bowel disease, or periodic fever syndrome, with symptoms developing at an early age. Here, we report the first case of infantile familial HA20 in Korea, which mimics neonatal lupus erythematosus (NLE). A 2-month-old infant exhibited symptoms including recurrent fever, erythematous rashes, and oral ulcers, with elevated liver enzymes, and tested positive for several autoantibodies, similar to systemic lupus erythematosus (SLE); therefore, she was suspected to have NLE. However, six months after birth, symptoms and autoantibodies persisted. Then, we considered the possibility of other diseases that could cause early onset rashes and abnormal autoantibodies, including autoinflammatory syndrome, monogenic SLE, or complement deficiency, all of which are rare. The detailed family history revealed that her father had recurrent symptoms, including oral and genital ulcers, knee arthralgia, abdominal pain, and diarrhea. These Behcet-like symptoms last for many years since he was a teenager, and he takes medications irregularly only when those are severe, but doesn't want the full-scale treatment. Wholeexome sequencing was conducted to identify a possible genetic disorder, which manifested as pathogenic variant nonsense mutation in the TNFAIP3 gene, leading to HA20. In conclusion, HA20 should be considered in the differential diagnosis of an infant with an early-onset dominantly inherited inflammatory disease that presents with recurrent oral and genital ulcerations and fluctuating autoantibodies. Additionally, it also should be considered in an infant with suspected NLE, whose symptoms and abnormal autoantibodies persist.

Keywords: Haploinsufficiency A20; Familial Behçet Disease; Neonatal Lupus Erythematosus; Infant

INTRODUCTION

Haploinsufficiency of A20 (HA20) is a rare hereditary autoinflammatory syndrome caused by mutations in the *TNFAIP3* gene, which encodes the protein A20 (or TNAP 3).^{1,2} This condition is a newly recognized nuclear factor (NF)-κB-mediated autoinflammatory disease; it is also

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Disclosure

The authors have no potential conflicts of interest to disclose.

Author Contributions

Conceptualization: Kim SH. Data curation: Kim H. Formal analysis: Kim H, Kim WI. Investigation: Kim SH, Song JY. Methodology: Kim SH. Project administration: Kim SH. Resources: Ko HC, Park SE, Kim WI, Jang JH. Software: Jang JH. Supervision: Kim SH. Validation: Kim H, Kim SH. Visualization: Kim WI, Ko HC, Song JY. Writing - original draft: Kim H, Kim SH. Writing - review & editing: Kim SH. called autosomal dominant familial Behçet's disease. The protein A20 is a potent inhibitor of the NF- κ B signaling pathway that restricts NF- κ B signals via deubiquitinating enzyme (DUB) activity. Cells expressing the mutant A20 protein exhibit an impaired mechanism for the removal of K63-linked ubiquitin from TRAF6, NEMO, and RIP1 proteins after tumor necrosis factor (TNF) stimulation. HA20 causes activation of the NF- κ B pathway, leading to an increased proinflammatory cytokine expression and systemic inflammation.^{2,3}

The first description of mutations in the *TNFAIP3* gene involved in NF- κ B pathway regulation was reported by Zhou et al. in 2016.¹ Here, we report the first case of HA20 in Korea, which was initially suspected as neonatal lupus erythematosus (NLE).

CASE DESCRIPTION

A 2-month-old infant suffering from recurrent fever and rash on both cheeks was admitted to another hospital. She showed elevated inflammatory markers and liver enzymes and was treated with antibiotics, but the fever did not subside. She was referred to our hospital after a month (at 3 months of age). On admission, a physical examination revealed persistent erythematous wheal-like patches and café au lait spots on her entire body (**Fig. 1**). The rash initially appeared on her face and then spread to her trunk and limbs. Small ulcers were



Fig. 1. Figures show erythematous wheal-like patches on the whole body and 4 extremities (A-D). You can also see the café au lait spot on (C). Figures are published under Informed consent.

Table 1. Major results of initial laboratory tests

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lests	Results	Tests	Results
WBC, 10³/μL	11.23	ANCA	Negative
Hb, g/dL	9.8	Anti-dsDNA IgG, IU/mL	118
Platelet, 10³/μL	260	Anti-RNP Ab	Negative
AST, IU/L	1,036	Anti-Smith Ab	Negative
ALT, IU/L	791	Anti-Ro	Positive
ALP, IU/L	269	Anti-La	Borderline
_DH, IU/L	1,407	ANA	1:1,280 Positive
3UN, mg/dL	5.5	C3, mg/dL	48
Cr, mg/dL	0.13	C4, mg/dL	< 2
Ca, mg/dL	8.9	CRP, mg/dL	1.13
P, mg/dL	4.6	ESR, mm/hr	22

This table shows the major results of initial laboratory tests.

WBC = white blood cells, Hb = hemoglobin, AST = aspartate transaminase, ALT = alanine transaminase, ALP = alkaline phosphatase, LDH = lactate dehydrogenase, BUN = blood urea nitrogen, Cr = creatinine, Ca = calcium, P = phosphorus, ANCA = anti-neutrophil cytoplasmic antibody, dsDNA = double strand DNA, IgG = immunoglobulin G, RNP = ribonucleoprotein, Ab = antibody, ANA = antinuclear antibody, CRP = C-reactive protein, ESR = erythrocyte sedimentation rate.

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Tests	Age						
	2 mon	4 mon	9 mon	12 mon	15 mon	20 mon	
AST, IU/L	1,036	31	31	45	186	38	
ALT, IU/L	791	23	15	55	218	47	
C3, mg/dL	48	43	71	81	93	80	
C4, mg/dL	< 2	< 2	17.9	26.9	32.5	22.7	
CH50, U/mL			45		64		
ESR, mm/hr	22	15	10		5	5	
CRP, mg/dL	1.13	0.35	0.12		0.22	0.4	
Anti-dsDNA IgG, IU/mL (ref, < 27)	118	69	22.1	44.5	38.6	39.6	
Anti-Ro antibodies	(+)	(+)	Borderline	(+)	Borderline	(+)	
Anti-La antibodies	Borderline	Borderline				Borderline	
ANA	1:1,280	1:640				1:320	

AST = aspartate transaminase, ALT = alanine transaminase, ESR = erythrocyte sedimentation rate, CRP = C-reactive protein, dsDNA = double strand DNA, IgG = immunoglobulin G, ANA = antinuclear antibody.

observed on her palate and buccal mucosa. Initial laboratory test findings and follow-up data are summarized in **Tables 1** and **2**.

At first, we suspected NLE because of the typical rashes observed and positive autoantibodies, including antinuclear antibodies, anti-double stranded DNA antibodies, anti-Ro antibodies, and anti-La antibodies. However, her mother had no history of systemic lupus erythematosus (SLE) or Sjogren's syndrome. Several laboratory tests were performed to identify autoantibodies in the mother; these were all negative. The infant's fever and rash abated a little without specific treatment; regular follow-up was maintained on an outpatient basis. The infant's development was normal, but her height was approximately three percentiles, and weight was around 25 percentiles. At 7 months of age, her skin rashes became distinct and began to spread again. A skin biopsy was performed, which demonstrated multifocal histiocytic infiltration, mainly in the perivascular and periappendiceal areas in the dermis and subcutis suggesting panniculitis. Levels of C3 and C4 improved, but tests for autoantibodies were still positive. Then, we considered the possibility of other diseases that could cause early onset rashes and abnormal autoantibodies, including autoinflammatory syndrome, monogenic SLE, or complement deficiency, all of which are rare. Reexamination of detailed family history revealed that her father had recurrent symptoms, including oral and genital ulcers, knee arthralgia, abdominal pain, and diarrhea.

These Behçet-like symptoms have lasted for many years, since he was a teenager, and he takes medications irregularly when they are severe but does not want the full-scale treatment. Her grandmother also had suffered from long-standing ankylosing spondylitis-like disease, although we could not check the details of the disease.

Whole-exome sequencing (WES) was conducted to identify a possible genetic disorder, which revealed a nonsense mutation in the TNFAIP3 gene, leading to HA20. The variant was confirmed by Sanger sequencing in the infant and her father. Although it is a novel mutation, considering that it is a nonsense mutation leading to early termination of the protein A20 and a truncated protein during translation, it is a definite pathogenic mutation (pathogenic predictions by MutationTaster revealed a pathogenic effect). Moreover, it has already been proven that this gene acts as a haploinsufficiency, so we believe that no additional functional study is necessary to confirm its pathogenicity.^{1,2} Also, the infant's and her father's symptoms point towards an autoinflammatory syndrome called autosomal dominant Behcet's disease, caused by mutations in the TNFAIP3 gene. Additionally, WES revealed another known pathogenic mutation in the NF1 gene (c.4103T>G, p.Leu1368*, heterozygote), causing neurofibromatosis, which was evident due to the presence of multiple café au lait spots. Subsequently, the fever and rashes gradually diminished, and she is currently followed up without routine medications. Her latest laboratory tests (Table 1) still showed positive results for some autoantibodies. During her follow-up, she was sometimes admitted at local hospitals because of intermittent severe oral ulcers and poor feeding. Rashes occasionally occurred but disappeared mostly within one week. A TNF blocker would be administered in case her symptoms worsened.

Methods and results of WES

The SureSelect Human All Exon V5 kit (Agilent Technologies, Santa Clara, CA, USA) was used for library preparation, and sequencing was performed on the Illumina NextSeq500 platform (Illumina Inc., San Diego, CA, USA), generating 2 × 150 bp paired-end reads. Alignment of sequence reads, indexing of the reference genome (hg19), and variant calling with a pipeline based on GATK Best Practice was performed. Alignment was carried out using BWA-mem software (version 0.7.12),⁴ and duplicated reads were marked using Picard software (version 1.96, http://picard.sourceforge.net). Local alignment, base quality recalibration, and variant calling was performed using the Genome Analysis Tool kit (GATK, version 3.5), and the annotation was done using VEP88 (Variant Effect Predictor) and dbNSFP v3.3 software.⁵⁻⁷ The mean depth of coverage was 103× and approximately 98% of the targeted bases were read more than 10×. Using population databases—Exome Variant Server (http://evs.gs.washington.edu/EVS/), Exome Aggregation Consortium (http://exac.broadinstitute.org/), gnomAD (http://gnomad.broadinstitute.org/)-and a population specific database—Korean Reference Genome Database (http://152.99.75.168/ KRGDB/menuPages/rstInfo.jsp), among the 480 variants with less than 1% of minor allele frequency, 130 variants were identified on genes associated with Mendelian diseases. After reviewing the variants with the phenotype of the patient, heterozygous nonsense variation of the TNFAIP3 gene was considered as the prime candidate; NM_006290.3:c.492G>A (p.Trp164Ter). This variation was neither found in population databases nor reported as a pathogenic variant in the literature or databases.

The DNA position appeared to be conserved across species (GERP++gt2 6.08; phyloP20way_ mammalian 1.048; phastCons20way_mammalian 0.999). The variant was confirmed by Sanger sequencing in the infant and her father (**Fig. 2**).

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Fig. 2. Sanger sequencing analysis of the candidate variant in the *TNFAIP3* gene of the family. The c.492G>A variation of the proband was inherited from her father.

Ethics statement

This study was approved by the Institutional Review Board in Pusan National University Yangsan Hospital (No. 05-2019-138) and we obtained informed consent from the parents for publication, including all figures.

DISCUSSION

Autoinflammatory syndromes are generally characterized by recurrent attacks of unprovoked inflammation, without significant autoantibodies that represent innate immune system disorders. The term 'systemic autoinflammatory disease' was first proposed in 1999, followed by the identification of NLR inflammasomopathy, which is a well-known subtype.⁸⁻¹⁰ Recently, several monogenic autoinflammatory syndromes related to interferon (interferonopathy) and the NF-κB pathway have been discovered along with inflammasomopathies. Autoinflammatory interferonopathies include systemic inflammation, panniculitis, and myositis due to proteasome defects (PRAAS/CANDLE) and vasculopathy, vasculitis, and interstitial lung disease with STING hyperactivity (SAVI).^{8,9}

Protein A20 (or TNAP3), encoded by *TNFAIP3*, plays an important role in the negative regulation of inflammation and immune responses. HA20 is a newly discovered autoinflammatory disease, caused by loss-of-function mutations in *TNFAIP3*, which result in insufficient ubiquitin editing (DUB) activity of A20 and lead to increased NF-κB signaling and increased proinflammatory cytokine expression and systemic inflammation.^{2,11} The first series of familial early Behçet's disease cases associated with *TNFAIP3* mutations were described in 2016.²

HA20 might manifest in patients as an early-onset, dominantly inherited disease, with a broad spectrum of autoinflammatory and autoimmune features. The clinical presentation may resemble Behçet's disease, juvenile idiopathic arthritis, inflammatory bowel disease, or periodic fever syndrome.³ The initial largest cohort of HA20 stated that the clinical appearance was heterogeneous, and the severity of the disease varied even within families, with some patients presenting with early-onset of severe symptoms whereas others exhibited late-onset of mild symptoms. All patients had recurrent painful ulcers in at least two sites, including oral (100%) and genital (94%). Other symptoms were arthritis (44%), bloody diarrhea (31%), recurrent fevers (50%), severe ocular inflammation (19%), and cutaneous manifestations (50%), ranging from pustular folliculitis-like rashes and acne to dermal abscesses.¹¹ Our patient exhibited recurrent fever and rash, oral ulcers, and elevated liver enzymes but did not have arthritis, bloody diarrhea, or ocular inflammation yet. So far, her symptoms are like early-onset periodic fever syndrome than typical Behçet syndrome. However, as she grows up, other typical Behçet symptoms may become apparent.

A peculiar observation about HA20 is that, unlike other autoinflammatory syndromes, there may be some positive autoantibodies. Therefore, it may be difficult to distinguish this disease from other autoimmune diseases—SLE, Sjogren's syndrome, or, in the case of infants, neonatal LE. Aeschlimann and Laxer³ reported that half the patients had fluctuating amounts of autoantibodies, and two patients were initially diagnosed with SLE.¹¹ Our patient also had fluctuating low autoantibodies from early infancy. The reason and mechanism for the development of these autoantibodies is not exactly known and needs further research. According to a few experimental studies, B cells or dendritic cells with tissue-specific deletion of A20 could lead to the production of autoantibodies.^{12,13}

NLE is an uncommon syndrome, which occurs due to transplacental passage of maternal autoantibodies (anti-Ro or anti-La). Its clinical presentation includes distinctive cutaneous lesions resembling those seen in SLE, liver disease, and cytopenia. However, most of these symptoms are reversed when the maternal autoantibodies are removed from the infant's blood, except a complete atrioventricular block, which is the most severe presentation and ultimately needs permanent pacemaker.¹⁴ Initially, we suspected NLE in our patient because of positive anti-Ro and anti-La antibodies and other clinical manifestations of NLE. However, she tested negative for maternal autoantibodies, which are critical for NLE diagnosis. Even six months after birth, the symptoms and autoantibodies persisted, leading us to an HA20 diagnosis after a detailed literature review. We performed WES because we could not rule out other autoinflammatory diseases and complement deficiencies. WES revealed likely pathogenic variant nonsense mutations in the *TNFAIP3* gene leading to HA20 and a known pathogenic variant in the *NF1* gene (c.4103T>G, p.Leu1368*, heterozygote). Two different genetic disorders can occur in the same patient and approximately 6% of the cases diagnosed using WES have two unrelated genetic diseases.¹⁵

Various drugs—colchicine, steroids, methotrexate, and thalidomide—are administrated to control this disease. Recently developed therapeutic approaches based on functional cytokine studies have shown that cytokine inhibitors—infliximab and anakinra—proved effective in suppressing systemic inflammation.^{11,16}

In conclusion, HA20 should be considered in the differential diagnosis of an infant with an early-onset dominantly inherited inflammatory disease that presents with recurrent oral and genital ulcerations and fluctuating autoantibodies. Additionally, it also should be considered in an infant with suspected NLE, whose symptoms and abnormal autoantibodies persist.

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