# SCIENTIFIC REPORTS

Received: 27 October 2015 Accepted: 25 January 2016 Published: 22 February 2016

## **OPEN** Percutaneous coronary intervention for chronic total occlusion improved prognosis in patients with renal insufficiency at high risk of contrast-induced nephropathy

Yong Liu<sup>1,\*</sup>, Yuanhui Liu<sup>1,\*</sup>, Hualong Li<sup>1,\*</sup>, Yingling Zhou<sup>1</sup>, Wei Guo<sup>1</sup>, Chongyang Duan<sup>2</sup>, Shiqun Chen<sup>1,2,3</sup>, Pingyan Chen<sup>2</sup>, Ning Tan<sup>1</sup> & Jiyan Chen<sup>1</sup>

We investigated whether attempted percutaneous coronary intervention (PCI) for chronic total occlusion (CTO) would improve the prognosis in patients with renal insufficiency at high risk of contrastinduced nephropathy (CIN). We analyzed 2,330 consecutive patients with renal insufficiency with or without CTOs who underwent coronary angiography or PCI from prospectively collected data. The long-term death and risk of CIN were evaluated among three groups: patients without CTOs (group A, n = 1,829), patients with un-attempted PCI for CTOs (group B, n = 142), and patients who underwent attempted PCI for CTOs (group C, n = 359). Overall, group B and group C (successful rate, 89%) patients had similar renal function and were not significantly associated with an increased risk of CIN (adjusted odds ratio [OR] = 0.88, 95% confidence interval [CI]: 0.41-1.93, P = 0.758). During a 2.33-year period (median), multivariate analysis demonstrated that attempted PCI for CTOs was independently associated with lower mortality (adjusted hazard ratio for death: 0.38, 95% CI: 0.18-0.83; P = 0.015). Attempted PCI for CTOs improved the long-term prognosis in patients with high-risk renal insufficiency and did not increase the risk of CIN.

With great advances in expertise and technologies, successful percutaneous coronary intervention (PCI) for chronic total occlusion (CTO) was shown to be associated with reduced long-term mortality in a recent study<sup>1</sup>. Guidelines recommend PCI for patients with mild and moderate chronic kidney disease (CKD), but not in patients with advanced CKD<sup>2</sup>. The impact of CKD on long-term outcomes seems to be greater than that of CTO in patients undergoing primary PCI<sup>3</sup>. Thus, it is unknown whether attempted PCI for CTO is beneficial for patients with renal insufficiency.

In patients with renal insufficiency undergoing PCI, the incidence of contrast-induced nephropathy (CIN), which is associated with prolonged hospitalization and an increased risk of death and healthcare costs, is as high as 30%<sup>4-8</sup>. Moreover, in patients with CTOs, even with a relatively good renal function, the rate of CIN (an underestimated definition in the 24 h) was also as high as 6.16%<sup>9</sup>. Few studies have investigated the risk of CIN in patients with both attempted PCI for CTOs and renal insufficiency, who need a high dose of contrast and may have more risk factors such as diabetes and advanced age.

<sup>1</sup>Department of Cardiology, Guangdong Cardiovascular Institute, Guangdong Provincial Key Laboratory of Coronary Disease, Guangdong General Hospital, Guangdong Academy of Medical Sciences, School of Medicine, South China University of Technology, Guangzhou, China. <sup>2</sup>National Clinical Research Centre for Kidney Disease, State Key Laboratory of Organ Failure Research, Department of Biostatistics, School of Public Health and Tropical Medicine, Southern Medical University, Guangzhou, China. <sup>3</sup>Department of Biostatistics, South China College of Cardiovascular Research, Guangdong Society of Interventional Cardiology, Guangzhou, China. \*These authors contributed equally to this work. Correspondence and requests for materials should be addressed to J.C. (email: chenjiyandr@126.com)



**Figure 1.** Flow Diagram of Patients with Chronic Kidney Disease Undergoing Coronary Angiography or PCI. A = without CTO; B = un-attempted CTO-PCI; C = attempted CTO-PCI; CI-AKI = contrast-induced acute kidney injury; CIN = contrast-induced nephropathy; CrCl = creatinine clearance; CTO = chronic total occlusion; IABP = intra-aortic balloon pump; PCI = percutaneous coronary intervention; re-AMI = relapse acute myocardial infarction.

Thus, we investigated whether attempted PCI for CTOs will improve prognosis in patients with renal insufficiency at high risk of CIN.

#### Results

**Patients' baseline clinical and procedural characteristics.** Overall, 2,330 patients with renal insufficiency (73.6% men; age,  $66 \pm 10$  years) were included in the final analysis (Fig. 1). There was a higher percentage of reduced left ventricular ejection fraction (LVEF) and (LVEF <40%) in patients with CTOs (55.61 ± 13.75 vs. 59.54 ± 12.49, P <.001; 13.8% vs. 9.7%, P = 0.013). Patients who underwent attempted CTO-PCI (successful rate, 89%) had slightly better renal function than those that did not undergo attempted CTO-PCI, but it was not significantly different (CrCl:  $62.33 \pm 16.79$  vs.  $59.40 \pm 16.63$  mL/min, P = 0.079). Furthermore, patients who underwent attempted PCI for CTOs showed a significantly lower rate of previous coronary artery bypass grafting (CABG: P < 0.001) and higher usage of statins than those who did not undergo attempted PCI for CTOs (P = 0.039) (Table 1). However, the mehran risk score, the incidence of previous myocardial infarction (MI) and diabetes mellitus, the usage of angiotensin-converting enzyme inhibitors/angiotensin receptor blocker (ACEI/ARB) were similar between patients who undergo attempted PCI for CTOs and those who did not undergo attempted PCI for CTOs (Table 1).

The angiographic and procedural characteristics are presented in Table 2. The presence of multi-vessel disease was significantly higher in patients with a CTO than in those without a CTO (88% vs. 58.5%, P < 0.001). There were a higher percentage of patients with a V/CrCl (ratio of contrast volume to creatinine clearance) of >2.62 who underwent attempted PCI for CTOs (49.9% vs. 31.7%, P < 0.001). Peri-procedural hydration volume was not significantly higher in group C than in group B (mean:  $816 \pm 452$  vs.  $809 \pm 448$ mL, P = 0.891), and the same was found for the high hydration volume (<960mL, 64% vs. 62%, P = 0.625). In addition, in 96% of cases, an antegrade approach was followed, and in 4%, a retrograde approach was followed. However, the hydration volume was not significantly different among the three groups.

**In-hospital clinical events and predictors of CIN.** Overall, CIN developed in 7.4% of patients (168/2,274). There was no difference in the prevalence of CIN among groups. For the different renal insufficiency categories, the prevalence of CIN was 5.8%, 8.5%, and 17.4% among the low-risk, moderate-risk, and high-risk categories, respectively. Furthermore, the incidence of renal replacement therapy, in-hospital mortality, and other adverse events were not higher in patients who underwent attempted PCI for CTOs than in the other groups (Table 3).

Characteristic	Group A (n=1,829)	Group B (n = 142)	Group C (n = 359)	P*-value	P <sup>â</sup> -value		
Demographic							
Age, years	$65.88 \pm 9.63$	$66.30\pm9.36$	$65.81 \pm 9.65$	0.604	0.881		
Male sex, n (%)	1,303 (71.3%)	123 (86.6%)	287 (79.9%)	0.081	< 0.001		
Smokers, n (%)	613 (33.5%)	55 (38.7%)	141 (39.3%)	0.911	0.020		
Hypertension, n (%)	1,106 (60.5%)	85 (59.9%)	226 (63.0%)	0.520	0.514		
Diabetes mellitus, n (%)	414 (22.7%)	40 (28.2%)	95 (26.5%)	0.698	0.045		
Hyperlipidaemia, n (%)	241 (13.2%)	15 (10.6%)	44 (12.3%)	0.596	0.407		
Previous MI, n (%)	164 (9.0%)	32 (22.5%)	64 (17.8%)	0.228	< 0.001		
Previous CABG, n (%)	5 (0.3%)	13 (9.2%)	2 (0.6%)	< 0.001	< 0.001		
Weight, kg	$62.62\pm9.61$	$64.11\pm9.35$	$63.34\pm9.74$	0.423	0.053		
Biochemical			<u>t</u>				
Baseline SCr, µmol/L	96.17±42.84	$101.92 \pm 33.19$	$94.57 \pm 27.13$	0.020	0.756		
Baseline CrCl, mL/min	$61.49 \pm 17.17$	$59.40 \pm 16.63$	$62.33 \pm 16.79$	0.079	0.998		
CKD stage, CrCl, mL/min				0.168	0.069		
II (60–90), n (%)	1,016 (56.7%)	67 (47.2%)	199 (56.4%)				
III (30–60), n (%)	696 (38.8%)	71 (50.0%)	144 (40.8%)				
IV-V (<30), n (%)	81 (4.5%)	4 (2.8%)	10 (2.8%)				
Total cholesterol, mmol/L	$4.31 \pm 1.53$	$4.24\pm1.25$	$4.32\pm1.24$	0.731	0.586		
Anaemia, n (%)	624 (34.9%)	58 (41.4%)	136 (38.9%)	0.599	0.056		
LDL-C, mmol/L	$2.52\pm0.86$	$2.62\pm0.97$	$2.58\pm0.88$	0.718	0.208		
Clinical Presentation							
Congestive heart failure, n (%)	255 (14.3%)	26 (18.3%)	54 (15.2%)	0.389	0.312		
Hypotension, n (%)	23 (1.3%)	0 (0.0%)	11 (3.1%)	0.035	0.122		
LVEF, (%)	$59.54 \pm 12.49$	$53.68 \pm 14.02$	$56.37 \pm 13.58$	0.061	< 0.001		
LVEF <40%, n (%)	151 (9.7%)	19 (15.0%)	43 (13.3%)	0.648	0.013		
Mehran risk score				0.623	0.028		
$\leq 5$	1,260 (72.3%)	88 (62.9%)	230 (66.3%)				
6-10	351 (20.1%)	41 (29.3%)	84 (24.2%)				
11-15	88 (5.0%)	8 (5.7%)	21 (6.1%)				
≥16	44 (2.5%)	3 (2.1%)	12 (3.5%)				
Medication Therapy							
ACEI/ARB, n (%)	1,576 (86.2%)	125 (88.0%)	333 (92.8%)	0.089	0.020		
ß-blockers, n (%)	1540(84.2%)	125(88.0%)	314(87.5%)	0.863	0.061		
Calcium channel blockers, n (%)	356 (19.5%)	35 (24.6%)	61 (17.0%)	0.050	0.859		
Statins, n (%)	1710(93.5%)	135(95.1%)	353(98.3%)	0.039	< 0.001		

**Table 1. Baseline demographics and clinical features in patients with renal insufficiency.** Group A = without chronic total occlusion (CTO); Group B = un-attempted CTO-PCI; Group C = attempted CTO-PCI; MI = myocardial infarction; CABG = coronary artery bypass grafting; LVEF = left ventricular ejection fraction; SCr = serum creatinine; CrCl = creatinine clearance; CKD = chronic kidney disease; LDL-C = low-density lipoprotein cholesterol; ACEI/ARB = angiotensin-converting enzyme inhibitors/angiotensin receptor blocker; P\*, group B vs. group C; P<sup>a</sup>, group A vs. group B + group C.

**Univariable analysis and multivariable analysis of CIN risk predictors.** A comparison of patients who underwent attempted PCI for CTOs and those who did not undergo attempted PCI for CTOs (group C vs. B) for predicting  $CIN_{25\%/0.5}$  and  $CIN_{0.5}$ . Attempted PCI for CTOs was not significantly associated with an increased risk of  $CIN_{25\%/0.5}$  compared to un-attempted PCI for CTOs (odds ratio [OR] = 0.88, 95% CI: 0.41–1.93, P = 0.758) (Table 4), which was similar to that found for the prespecified risk categories of patients (i.e., age, the hydration volume, CrCl, and congestive heart failure) (Fig. 2) and for the definition of  $CIN_{0.5}$  (Table 5).

**Selected Subgroup Analyses.** Patients who underwent CTO-PCI were not significantly associated with an increased risk of  $CIN_{25\%/0.5}$  compared to those who did not undergo CTO-PCI, and the prespecified risk categories of patients (i.e., age, hydration volume, CrCl, hypotension, congestive heart failure, anemia, diabetes mellitus, LVEF, IABP, contrast volume, calcium channel blocker, statin, the number of stents used, procedural duration, and multivessel coronary disease) (Fig. 2).

A comparison of patients with CTO and without CTO (group C vs. A and group B vs. A) for predicting CIN<sub>25%/0.5</sub> and CIN<sub>0.5</sub>. Multivariable logistic regression analysis showed that attempted PCI for CTOs was not significantly

Characteristic	Group A (n = 1,829)	Group B (n = 142)	Group C (n = 359)	P*-value	P <sup>â</sup> -value
Multivessel coronary disease, n (%)	1,070 (58.5%)	131 (92.3%)	310 (86.4%)	0.067	< 0.001
Multiple CTO, $\geq 2$		31 (21.8%)	69 (19.2%)	0.510	
CTO vessel					
RCA		63 (44.4%)	186 (51.8%)	0.133	
LAD		59 (41.5%)	164 (45.7%)	0.402	
LCX		54 (38.0%)	80 (22.3%)	< 0.001	
LM		2 (1.4%)	3 (0.8%)	0.561	
No. of stents used, n	$1.52\pm1.24$	$1.35 \pm 1.35$	$2.25 \pm 1.29$	< 0.001	< 0.001
Total stent length, mm	$36.57 \pm 32.30$	$32.88 \pm 34.48$	$58.94 \pm 36.97$	< 0.001	< 0.001
Procedural duration, min	$63.09 \pm 41.55$	$74.64 \pm 45.49$	$103.25 \pm 51.24$	< 0.001	< 0.001
Contrast volume, mL	$119.54 \pm 67.42$	$126.76 \pm 71.84$	$169.29 \pm 66.39$	< 0.001	< 0.001
<100	645 (35.4%)	47 (33.1%)	22 (6.1%)		
100-200	905 (49.7%)	69 (48.6%)	208 (57.9%)		
>200	271 (14.9%)	26(18.3%)	129 (35.9%)		
Hydration volume, mL	$776.17 \pm 431.26$	$809.96 \pm 447.75$	$816.08 \pm 451.64$	0.891	0.084
<960 mL, n (%)	1,219 (68.1%)	87 (61.7%)	228 (64.0%)	0.625	0.049
V/CrCl > 2.62, n (%)	521 (29.1%)	45 (31.7%)	176 (49.9%)	< 0.001	< 0.001

Table 2. Angiographic and procedural characteristics in patients with renal insufficiency. Group A = without chronic total occlusion (CTO); Group B = un-attempted CTO-PCI; Group C = attempted CTO-PCI; PCI = percutaneous coronary intervention; CKD = chronic kidney disease; CTO = chronic total occlusion; RCA = right coronary artery; LAD = left anterior descending; LCX = left circumflex coronary artery; LM = left main coronary artery; V/CrCl = ratio of contrast volume to creatinine clearance; P\*, group B vs, group C; Pâ, group A vs. group B + group C.

associated with an increased risk of CIN<sub>25%/0.5</sub> (group C vs. group A: OR = 1.18; 95% CI: 0.72–1.93; P = 0.513) (Table 4), which was similar to that found for the other definitions of CIN (CIN<sub>0.5</sub>) (Table 5). Multivariate analysis showed that female sex, age >75 years, a hydration volume <960 mL, and IABP were independent predictors of CIN<sub>25%/0.5</sub> (Table 4).

Similarly, patients who did not undergo attempted PCI for CTOs (group B vs. group A: P = 0.414) were not significantly associated with an increased risk of CIN<sub>25%/0.5</sub> (Table 4), which was similar to that found for CIN<sub>0.5</sub> (Table 5).

**Follow-up.** In this cohort, the median follow-up was 2.33 years (interquartile range: 1.8-3.2 years). Kaplan-Meier curves for the clinical endpoints are shown in Fig. 3. Patients who underwent attempted PCI for CTOs had lower rates of mortality than those without attempted PCI for CTOs, but higher rates of mortality than those without CTOs (P=0.037). Particularly, patients with CIN who underwent attempted PCI for CTOs did not show a significantly higher risk of death than those without CIN (P=0.396).

A comparison of patients who underwent attempted PCI for CTOs and those who did not undergo attempted PCI for CTOs (group C vs. group B) for predicting mortality. After adjusting for  $CIN_{25\%/0.5}$ , multivariate Cox regression analysis showed that attempted PCI for CTOs (group C vs. group B) was significantly associated with a reduced risk of death (adjusted hazard ratio [HR]: 0.38, 95% CI: 0.18–0.83, P = 0.015). The independent risk factors of death included  $CIN_{25\%/0.5}$  and LVEF <40% (Fig. 4).

#### Discussion

This was the first retrospective analysis, based on prospectively collected data, that evaluated the effect of attempted PCI for CTOs on the risk of CIN and the prognosis in high-risk patients with renal insufficiency. Our observational data showed that attempted PCI for CTOs had a high success rate (89%), and it still improved the long-term prognosis without increasing the risk of CIN in patients with renal insufficiency.

Patients who underwent attempted PCI for CTOs presented with slightly better renal function, but a higher contrast medium volume and higher percentage of V/CrCl of >2.62 than those that did not undergo attempted PCI for CTOs. Regardless of the contrast media insult during the procedure (PCI or no-PCI), the contrast volume of attempted PCI was more than un-attempted PCI for CTOs in this study. Additionally, a higher volume of contrast medium is associated with an increased risk of CIN due to hypoxia in the renal medulla and a direct toxic effect on renal cells<sup>10</sup>. Moreover, there significantly more complicated procedure, which includes more stents used, a longer total stent length, a longer procedural duration, results in higher volumes of contrast medium in patients who underwent attempted CTO-PCI than in those who did not undergo attempted PCI for CTO. Pre-existing renal dysfunction is also an independent risk factor of CIN<sup>11-13</sup>. We found that using a contrast dose based on the estimated renal function with a planned V/CrCl ratio of <3.7 (grams of iodine [g-I]/CrCl <1.37), preferably of <2.62 (g-I/CrCl <0.97), may be valuable for reducing the risks of CIN and even death after PCI<sup>14,15</sup>. However there was no significant difference in the Mehran score and risk factors, including IABP, anemia, and

Characteristic	Group A (n = 1,829)	Group B (n = 142)	Group C (n = 359)	P*-value	P <sup>å</sup> -value
$\begin{array}{l} CIN_{25\%/0.5} \mbox{ (increase } \geq 25\% \mbox{ or } 0.5\mbox{ mg/dL within } 72\mbox{ h),} \\ n\ (\%) \end{array}$	124 (7.0%)	14 (10.0%)	30 (8.6%)	0.617	0.128
CKD stage II	54 (5.4%)	7 (10.8%)	13 (6.6%)	0.267	0.166
CKD stage III	55 (8.0%)	7 (9.9%)	15 (10.6%)	0.874	0.284
CKD stage IV–V	15 (18.8%)	0 (0.0%)	2 (20.0%)	0.334	0.689
$CIN_{0.5}$ (increase 0.5 mg/dL within 72 h), n (%)	38 (2.1%)	5 (3.6%)	11 (3.1%)	0.809	0.144
CI-AKI (increase $\geq$ 50% or 0.3 mg/dL within 48 h), n (%)	124 (7.0%)	0 (0.0%)	2 (20.0%)	0.334	0.128
Renal replacement therapy, n (%)	11 (0.6%)	0 (0.0%)	2 (0.6%)	0.373	0.589
Acute heart failure, n (%)	26 (1.4%)	4 (2.8%)	6 (1.7%)	0.409	0.357
Re AMI, n (%)	6 (0.3%)	1 (0.7%)	0 (0.0%)	0.111	0.641
IABP, n (%)	30 (1.6%)	4 (2.8%)	13 (3.6%)	0.654	0.654
Arrhythmia, n (%)	33 (1.8%)	2 (1.4%)	8 (2.2%)	0.554	0.780
Stroke, n (%)	2 (0.1%)	2 (1.4%)	1 (0.3%)	0.140	0.036
Bleeding, n (%)	8 (0.4%)	2 (1.4%)	1 (0.3%)	0.140	0.641
Death, n (%)	15 (0.8%)	3 (2.1%)	2 (0.6%)	0.114	0.702

**Table 3.** In-hospital clinical outcomes in patients with renal insufficiency. Group A = without chronic total occlusion (CTO); Group B = un-attempted CTO-PCI; Group C = attempted CTO-PCI; CIN = contrast-induced nephropathy; CKD = chronic kidney disease; CI-AKI = contrast-induced acute kidney injury; Re AMI = relapse acute myocardial infarction; IABP = intra-aortic balloon pump; P\*, group B vs. group C; P<sup>å</sup>, group A vs. group B + group C.

	Univariable analysis			Multivariable analysis			
Variables	OR	95% CI	P value	OR	95% CI	P value	
B vs. A	1.49	0.83-2.66	0.181	1.33	0.67-2.65	0.414	
C vs. A	1.26	0.83-1.90	0.285	1.18	0.72-1.93	0.513	
C vs. B	0.84	0.43~1.64	0.618	0.88	0.41~1.93	0.758	
Female sex	1.25	0.88-1.76	0.210	1.52	1.01-2.28	0.045	
Age >75 years	2.16	1.52-3.08	< 0.001	1.81	1.14-2.86	0.012	
Hydration volume < 960 mL	0.56	0.41-0.78	< 0.001	0.66	0.44-0.98	0.040	
ACEI/ARB	1.06	0.64-1.73	0.828	0.95	0.52-1.72	0.861	
Anaemia	1.66	1.21-2.29	0.002	1.28	0.87-1.89	0.209	
CHF	2.41	1.68-3.46	< 0.001	1.53	0.98-2.41	0.064	
CrCl	0.98	0.97-0.99	< 0.001	1.01	0.99-1.02	0.287	
DM	1.24	0.87-1.76	0.236	1.04	0.68-1.58	0.857	
LVEF <40%	1.57	0.98-2.50	0.060	1.44	0.84-2.47	0.181	
Contrast volume	1.00	1.00-1.00	0.838	1.00	1.00 - 1.00	0.849	
Multivessel coronary disease	1.69	1.18-2.43	0.005	1.65	0.98-2.78	0.059	
IABP	6.01	3.06-11.79	< 0.001	3.25	1.47-7.20	0.004	
Hypotension	5.06	2.21-11.61	< 0.001	1.60	0.48-5.33	0.443	
No. of stents used	1.06	0.93-1.20	0.366	0.96	0.80-1.15	0.684	
Procedural duration	1.22	0.85-1.74	0.281	1.03	0.65-1.62	0.897	
ССВ	1.14	0.78-1.68	0.494	1.00	0.64-1.57	1.000	

**Table 4. Multivariate analysis of contrast-induced nephropathy**<sub>25%/0.5</sub> **risk predictors.** Group A = without chronic total occlusion (CTO); Group B = un-attempted CTO-PCI; Group C = attempted CTO-PCI; ACEI/ ARB = angiotensin-converting enzyme inhibitors/angiotensin receptor blocker; CHF = congestive heart failure; CrCl = creatinine clearance rate; DM = diabetes mellitus; LVEF = left ventricular ejection fraction; IABP = intra-aortic balloon pump; CCB = calcium channel blockers.

diabetes mellitus between patients who did or did not undergo attempted PCI for CTOs, which may mainly contribute to a similar risk of CIN<sup>8,16,17</sup>. In the present study, patients with CTO who did or did not undergo attempted PCI received a similar hydration volume, which may be the most effective measure to prevent CIN after PCI<sup>6,18</sup>. In addition, we could not evaluate the effect of individual oral hydration, which may be as effective as intravenous rehydration for preventing CIN<sup>19,20</sup>.



**Figure 2.** Selected Subgroup Analyses for Patients with Chronic Total Occlusion (CTO) (Attempted Percutaneous Coronary Intervention [PCI] vs. un-attempted PCI for CTO). CCB = calcium channel blockers; CrCl = creatinine clearance; Dose = contrast volume; IABP = intra-aortic balloon pump; LVEF = left ventricular ejection fraction.

In Aguiar-Souto's study (9), the incidence of CIN following PCI for CTO was as high as 6.16%, and Yu-Sheng *et al.*<sup>21</sup>. found a similar prevalence of CIN (5.4%) after CTO PCI. Both of these studies were consistent with our study, in which the occurrence of CIN was 8.6%. Our study had a relatively high percentage of CIN. Our patients had worse renal function, which significantly increased the risk of CIN<sup>11</sup>. Additionally, Aguiar-Souto's study documented the creatinine levels as a biomarker of the study end point at baseline and 24 h after the procedure, when the peak level may be missed, causing the incidence of CIN to be underestimated<sup>22</sup>. Collected creatinine levels may be more reliable at 48 h and 72 h after the procedure in the present study.

Our study was consistent with a previous study that demonstrated that attempts to achieve recanalization of CTO in patients with CKD may not increase the risk of CIN; however, it lacked sufficient power to evaluate the long-term outcome due to a relatively small study population<sup>23</sup>. The long-term benefit of attempted PCI for CTOs in patients with CKD was similar to that in Mehran study<sup>1</sup>. Operator awareness, the application of specific algorithms, and the use of novel technology can contribute to minimizing the risk of contrast-related nephropathy<sup>24</sup>. In the present study, 76 patients in the group B underwent PCI for a non-CTO artery and not attempted PCI for CTO, but this may have also attributed to the good long-term prognosis. As all patients who did not undergo attempted PCI for CTOs did not receive complete revascularization, their mortality benefit was consistent across studies irrespective of the revascularization modality<sup>25</sup>. However, attempting PCI for CTOs did not increase the risk of CIN and reduce the improvement of the prognosis in these high-risk patients with renal insufficiency. Certainly, preventing CIN is still important during angiography, which includes PCI for CTOs<sup>26</sup>. With advancement in technology, it is recommended to perform attempted PCI for CTOs since it has a very high success rate in patients with CKD<sup>27</sup>. At our center, there are >10 well-experienced interventional cardiologists who perform PCI for CTOs with about a 90% success rate, thus they may experience less adverse events after this complex procedure<sup>28</sup>. In addition, attempted PCI for CTOs with a higher recanalization rate can improve patient's long-term prognosis<sup>29,30</sup>

The present study has several limitations. First, although the present study was prospective, it was observational in nature; thus, it cannot ascribe causality. Since it was also conducted at a single center among a relatively small patient population, it may not be representative of the wider population of patients who undergo PCI for CTOs. Second, measurements of the peak SCr levels may have been missed because of the variation in the measurement times, which were not standardized. This can potentially cause an underestimation of the true incidence of nephropathy in our study population. Third, there is not a standardized protocol for oral or intravenous

	Univariable analysis			Multivariable analysis			
Variables	OR	95% CI	P value	OR	95% CI	P value	
B vs. A	1.70	0.66-4.39	0.272	1.80	0.57-5.75	0.319	
C vs. A	1.49	0.75-2.95	0.250	1.49	0.63-3.54	0.369	
C vs. B	0.88	0.30~1.57	0.810	0.83	0.22~3.04	0.773	
Females	1.08	0.59-1.98	0.797	1.25	0.61-2.56	0.541	
Age >75 years	3.07	1.75-5.39	< 0.001	1.10	0.53-2.29	0.789	
Hydration volume <960 mL	0.30	0.17-0.52	< 0.001	0.60	0.29-1.24	0.168	
ACEI/ARB	0.66	0.32-1.37	0.269	0.84	0.32-2.20	0.727	
Anaemia	3.19	1.80-5.64	< 0.001	1.88	0.93-3.83	0.080	
CHF	4.25	2.44-7.41	< 0.001	2.07	1.01-4.22	0.046	
CrCl	0.94	0.92-0.95	< 0.001	0.95	0.93-0.98	< 0.001	
DM	1.13	0.61-2.10	0.689	0.71	0.33-1.54	0.388	
LVEF < 40%	1.73	0.80-3.75	0.165	0.93	0.35-2.47	0.879	
Contrast volume	1.00	1.00-1.01	0.209	1.00	0.99-1.01	0.891	
Multivessel coronary disease	1.68	0.90-3.16	0.106	0.66	0.26-1.69	0.388	
IABP	11.17	4.90-25.46	< 0.001	3.07	1.05-9.01	0.041	
Hypotension	9.95	3.63-27.22	< 0.001	1.94	0.36-10.38	0.440	
No. of stents used	1.18	0.96-1.44	0.114	1.11	0.83-1.51	0.480	
Procedural duration	2.03	1.16-3.57	0.013	1.23	0.57-2.68	0.595	
ССВ	1.37	0.73-2.60	0.329	1.10	0.51-2.37	0.800	

Table 5. Multivariate analysis of contrast-induced nephropathy<sub>0.5</sub> risk predictors. Group A = without chronic total occlusion (CTO); Group B = un-attempted CTO-PCI; Group C = attempted CTO-PCI; ACEI/ ARB = angiotensin-converting enzyme inhibitors/angiotensin receptor blocker; CHF = congestive heart failure; CrCl = creatinine clearance rate; DM = diabetes mellitus; LVEF = left ventricular ejection fraction; IABP = intra-aortic balloon pump; CCB = calcium channel blockers.

periprocedural hydration. Finally, since data on oral hydration was missing, we were unable to exclude the effect of the whole hydration strategy on the risk of CIN in patients with renal insufficiency.

In conclusion, attempted PCI for CTOs still improved the long-term prognosis without increasing the risk of CIN in high-risk patients with renal insufficiency. When CIN risk stratification and not satisfaction, an individual contrast dose limit, and periprocedural hydration were also used to protect patient's renal function, and attempted PCI for CTOs was considered in patients with renal insufficiency.

### Methods

**Subjects.** In this prospective, observational, single-center study, we reviewed 3,957 consecutive patients who underwent coronary angiography or PCI between January 2010 and October 2012 according to the institutional protocol at our institution. As described in our previous study<sup>31</sup>, we included patients aged  $\geq$ 18 years who agreed to stay in the hospital for 2–3 days after coronary angiography. In accordance with the updated European Society of Urogenital Radiology Contrast Media Safety Committee guidelines<sup>32</sup>, the exclusion criteria included pregnancy, lactation, intravascular administration of a contrast medium within the previous 7 days or 3 days postoperatively (n = 83), no use of low-osmolarity contrast agents (n = 130), creatinine clearance (CrCl)  $\geq$ 90 mL/min or an emergency coronary angiography (n = 943), cardiovascular surgery or endovascular repair (n = 382), end-stage renal disease or renal replacement (n = 7), missing preoperative or postoperative creatinine value (n = 61), malignancy (n = 3), and no use of isotonic saline for hydration (n = 18).

Finally, 2,330 patients with renal insufficiency (CrCl < 90 mL/min) were retrospectively analyzed, of whom 501 were diagnosed with CTO. Among patients with CTO, 142 mainly underwent PCI of no occluded vessels, 359 underwent PCI for CTO. CTO was defined as thrombolysis in myocardial infraction grade 0 for >3 months with the presence of typical angina or reversible myocardial ischemia on a stress study<sup>9</sup>.

Follow-up events were carefully monitored and were recorded by trained nurses through office visits and telephone interviews at 1, 6, 12, and 24 months after coronary angiography. The mean follow-up time was  $2.45 \pm 0.82$  years (median, 2.33 years; interquartile range, 1.78-3.19 years). All experiments were performed in accordance with the approved protocols, guidelines, and regulations. This study was approved by the Guangdong General Hospital institutional ethics research committee, and all patients provided written informed consent.

**Coronary angiography.** Coronary angiography was performed according to general clinical practice using general guide catheters, guidewires, balloon catheters, and stents through the femoral or radial approach. The contrast dose was left to the discretion of the interventional cardiologist. All patients received 370 mg I/mL of nonionic, low-osmolality contrast agents, either lopamiron or ultravist. Subjects were treated according to the American Heart Association/American College of Cardiology Foundation guidelines<sup>2</sup>. According to the local institutional protocol<sup>31</sup>, serum creatinine concentrations were measured in all patients at hospital admission before coronary angiography and on days 1, 2, and 3 after coronary angiography.



**Figure 3.** Kaplan-Meier Curves Showing Cumulative Probability of Mortality and Major Adverse Clinical Events. (a) Kaplan-Meier curves showing cumulative probability of mortality. (b) Kaplan-Meier curves showing cumulative probability of major adverse clinical events. (c) Kaplan-Meier curves showing cumulative probability of mortality.

The success criteria of PCI for CTOs was defined as a final diameter stenosis <30% with a TIMI flow grade 3 of the CTO vessel without death, or Q-wave myocardial infarction, or emergency coronary surgery. A Q-wave myocardial infarction was defined as new Q waves in two or more contiguous leads in addition to creatine kinase-myocardial band elevation. Creatine kinase-myocardial band fraction was routinely assessed 12 h after PCI in all patients or at least three times every 6h in patients with recurrent chest pain<sup>33</sup>.

The CrCl was calculated by applying the Cockcroft-Gault formula to the serum creatinine concentration<sup>34</sup>. Patients received a continuous infravenous infusion of isotonic saline at a rate of 1 mL/kg/h (or 0.5 mL/kg/h in



#### \*This result favors C

Figure 4. Adjusted Hazard Ratios of the Cox Analysis for Mortality. Group B = un-attempted CTO-PCI; Group C = attempted CTO-PCI; DM = diabetes mellitus; LVEF = left ventricular ejection fraction; V/ CrCl = ratio of contrast volume to creatinine clearance.

cases of left ventricular ejection fraction of <40% or severe congestive heart failure) for at least 2–12 h before and 6–24 h after the procedure. IABP insertion should be considered in patients with hemodynamic instability/ cardiogenic shock for peri-procedure support according to the recent guidelines<sup>2</sup>.

**Study endpoints.** The primary endpoint was long-term mortality; the second endpoint was long-term major adverse clinical events (e.g., death, non-fatal myocardial infarction, target vessel revascularization, CIN requiring renal replacement therapy, stroke, and re-hospitalization). We also observed patients' in-hospital clinical outcomes, including renal replacement therapy, acute heart failure, re-AMI, the use of an intra-aortic balloon pump (IABP), arrhythmia, stroke, bleeding and death. CIN<sub>25%/0.5</sub> was defined as an increase in the serum creatinine level of >0.5 mg/dL ( $\geq$ 44.2 µmol/L) or of  $\geq$ 25% from the baseline within 48–72 h of contrast exposure<sup>35</sup>. CIN<sub>0.5</sub> was defined as an increase in the serum creatinine level of >0.5 mg/dL ( $\geq$ 44.2 µmol/L) from baseline within 48–72 h of contrast exposure.

**Statistical analysis.** First, all the sample patients were divided into two groups: patients without CTOs and patients with CTOs. Then patients with CTOs were further divided into patients who did not undergo attempted PCI for CTOs and those who underwent attempted PCI for CTOs. Continuous variables are presented as mean  $\pm$  standard deviation or median with interquartile range if they fit a normal or non-normal distribution, respectively. Comparisons between two groups were performed using Student's t-test or the Wilcoxon rank-sum test. Pearson's chi-square or Fisher's exact tests were used, as appropriate, for categorical data, and the data are expressed as percentages. The incidence of CIN was compared among three groups using unadjusted and adjusted logistic regression analyses. Multivariable logistic regression analyses were also performed. Univariable analyses of mortality were performed using the log-rank test, and multivariable Cox regression analyses were performed. The data were analyzed on an available case basis, and missing data were not imputed. A two-tailed *P* value <0.05 was considered statistically significant. All data analyses were performed using SAS, version 9.4 (SAS Institute).

#### References

- 1. Mehran, R. *et al.* Multinational chronic total occlusion registry. Long-term outcome of percutaneous coronary intervention for chronic total occlusions. *JACC Cardiovasc. Interv.* **4**, 952–961 (2011).
- Jneid, H. *et al.* 2012 ACCF/AHA focused update of the guideline for the management of patients with unstable angina/non-STelevation myocardial infarction (updating the 2007 guideline and replacing the 2011 focused update): a report of the American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines. *J. Am. Coll. Cardiol.* 60, 645–681 (2012).
- Bataille, Y. et al. Interaction of chronic total occlusion and chronic kidney disease in patients undergoing primary percutaneous coronary intervention for acute ST-elevation myocardial infarction. Am. J. Cardiol. 112, 194–199 (2013).
- 4. McCullough, P. A. *et al.* Contrast-induced nephropathy (CIN) consensus working panel: executive summary. *Rev. Cardiovasc. Med.* 7, 177–197 (2006).
- 5. Bouzas-Mosquera, A. *et al.* [Contrast-induced nephropathy and acute renal failure following emergent cardiac catheterization: incidence, risk factors and prognosis]. *Rev. Esp. Cardiol.* **60**, 1026–1034 (2007).
- Maioli, M., Toso, A., Leoncini, M., Micheletti, C. & Bellandi, F. Effects of hydration in contrast-induced acute kidney injury after primary angioplasty: a randomized, controlled trial. *Circ. Cardiovasc. Interv.* 4, 456–462 (2011).
- 7. Tsai, T. T. *et al.* Contemporary incidence, predictors, and outcomes of acute kidney injury in patients undergoing percutaneous coronary interventions: insights from the NCDR Cath-PCI Registry. *JACC Cardiovasc. Interv.* **7**, 1–9 (2014).
- 8. Mehran, R. *et al.* A simple risk score for prediction of contrast-induced nephropathy after percutaneous coronary intervention: development and initial validation. *J. Am. Coll. Cardiol.* **44**, 1393–1399 (2004).
- 9. Aguiar-Souto, P. *et al.* Frequency and predictors of contrast-induced nephropathy after angioplasty for chronic total occlusions. *Int. J. Cardiol.* **139,** 68–74 (2010).
- 10. Golshahi, J., Nasri, H. & Gharipour, M. Contrast-induced nephropathy; A literature review. J. Nephropathol. 3, 51–56 (2014).
- 11. Mehran, R. & Nikolsky, E. Contrast-induced nephropathy: definition, epidemiology, and patients at risk. *Kidney Int. Suppl.* 100, S11–S15 (2006).
- 12. Boucek, P. *et al.* Prevention of contrast-induced nephropathy in diabetic patients with impaired renal function: a randomized, double blind trial of sodium bicarbonate versus sodium chloride-based hydration. *Diabetes Res. Clin. Pract.* **101**, 303–308 (2013).

- 13. Andreucci, M. *et al.* Prevention of contrast-induced nephropathy through a knowledge of its pathogenesis and risk factors. *ScientificWorldJournal.* **2014**, 823169 (2014).
- 14. Tan, N. *et al.* Use of the contrast volume or grams of iodine-to-creatinine clearance ratio to predict mortality after percutaneous coronary intervention. *Am. Heart J.* **165**, 600–608 (2013).
- Laskey, W. K. et al. Volume-to-creatinine clearance ratio. A pharmacokinetically based risk factor for prediction of early creatinine increase after percutaneous coronary intervention. J. Am. Coll. Cardiol. 50, 584–590 (2007).
- 16. Lai, H. M. *et al.* Risk factors for hemodialysis and mortality in patients with contrast-induced nephropathy. *Am. J. Ther.* **20**, 607–612 (2013).
- 17. Diogo, L. P., Bahlis, L. F. & Carvalhal, G. F. Computerized tomography contrast induced nephropathy (CIN) among adult inpatients. J. Bras. Nefrol. **36**, 446–450 (2014).
- Authors/Task Force members, Windecker, S. et al. 2014 ESC/EACTS Guidelines on myocardial revascularization: The Task Force on Myocardial Revascularization of the European Society of Cardiology (ESC) and the European Association for Cardio-Thoracic Surgery (EACTS)Developed with the special contribution of the European Association of Percutaneous Cardiovascular Interventions (EAPCI). Eur. Heart J. 35, 2541–2619 (2014).
- 19. Kong, D. G., Hou, Y. F., Ma, L. L., Yao, D. K. & Wang, L. X. Comparison of oral and intravenous hydration strategies for the prevention of contrast-induced nephropathy in patients undergoing coronary angiography or angioplasty: a randomized clinical trial. *Acta. Cardiol.* **67**, 565–569 (2012).
- Hiremath, S., Akbari, A., Shabana, W., Fergusson, D. A. & Knoll, G. A. Prevention of contrast-induced acute kidney injury: is simple oral hydration similar to intravenous? A systematic review of the evidence. *PLoS One.* 8, e60009 (2013).
- 21. Lin, Y. S. *et al.* Predictors of contrast-induced nephropathy in chronic total occlusion percutaneous coronary intervention. *EuroIntervention.* **9**, 1173–1180 (2014).
- 22. Caruso, M. et al. Contrast-induced nephropathy after percutaneous coronary intervention in simple lesions: risk factors and incidence are affected by the definition utilized. Intern. Med. 50, 983–989 (2011).
- 23. Liu, Y. H. *et al.* Contrast-induced nephropathy following chronic total occlusion percutaneous coronary intervention in patients with chronic kidney disease. *Eur. Radiol.* 25, 2274–2281 (2015).
- 24. Pavlidis, A. N., Jones, D. A., Sirker, A., Mathur, A. & Smith, E. J. Prevention of contrast-induced acute kidney injury after percutaneous coronary intervention for chronic total coronary occlusions. *Am. J. Cardiol.* **115**, 844–851 (2015).
- Garcia, S. et al. Outcomes after complete versus incomplete revascularization of patients with multivessel coronary artery disease a meta-analysis of 89,883 patients enrolled in randomized clinical trials and observational studies JACC. 62, 1421–1431 (2013).
- Au, T. H., Bruckner, A., Mohiuddin, S. M. & Hilleman, D. E. The prevention of contrast-induced nephropathy. Ann. Pharmacother. 48, 1332–1342 (2014).
- Rathore, S. et al. Procedural and in-hospital outcomes after percutaneous coronary intervention for chronic total occlusions of coronary arteries 2002 to 2008: impact of novel guidewire techniques. JACC Cardiovasc. Interv. 2, 489–497 (2009).
- Thompson, C. A. et al. Retrograde techniques and the impact of operator volume on percutaneous intervention for coronary chronic total occlusions an early U.S. experience. JACC Cardiovasc. Interv. 2, 834–842 (2009).
- Jones, D. A. et al. Successful recanalization of chronic total occlusions is associated with improved long-term survival. JACC Cardiovasc. Interv. 5, 380-388 (2012).
- George, S. et al. Long-term follow-up of elective chronic total coronary occlusion angioplasty: analysis from the U.K. Central Cardiac Audit Database. J. Am. Coll. Cardiol. 64, 235–243 (2014).
- Liu, Y. et al. Safe limits of contrast vary with hydration volume for prevention of contrast-induced nephropathy after coronary angiography among patients with a relatively low risk of contrast-induced nephropathy. Circ. Cardiovasc. Interv. 8 (2015).
- 32. Stacul, F. et al. Contrast induced nephropathy: updated ESUR Contrast Media Safety Committee guidelines. Eur. Radiol. 21, 2527-2541 (2011).
- Valenti, R. et al. Predictors of reocclusion after successful drug-eluting stent-supported percutaneous coronary intervention of chronic total occlusion. J. Am. Coll. Cardiol. 61, 545–550 (2013).
- 34. Xun, L. *et al.* Assessing glomerular filtration rate (GFR) in elderly Chinese patients with chronic kidney disease (CKD): a comparison of various predictive equations. *Arch. Gerontol. Geriatr.* **51**, 13–20 (2010).
- Barrett, B. J. & Parfrey, P. S. Clinical practice. Preventing nephropathy induced by contrast medium. N. Engl. J. Med. 354, 379–386 (2006).

#### Acknowledgements

This study was supported by grants from the National Natural Science Foundation of China (grant no. 81270286), Science and Technology Planning Project of Guangdong Province (grant no. 2008A030201002), and Guangdong Cardiovascular Institute and the Guangdong Cardiovascular Institute's Guangdong Provincial Cardiovascular Clinical Medicine Research Fund (grant no. 2009X41), and DISCOVERY Cardiovascular Research Grant (grant no. DFCMDA201257). The funders had no role in the study design, data collection, and analysis; decision to publish; or preparation of the manuscript. The study was not funded by any industry sponsors.

#### **Author Contributions**

Y.L., N.T., J.C. and P.C. conception or design of the work, Y.L., C.D., S.C. and P.C. acquisition, analysis or interpretation of data. N.T., J.C., P.C. and Y.Z. drafting the work or revising it critically for important intellectual content. Y.L., H.L., Y.Z., Y.L., W.G., C.D., S.C., P.C., N.T. and J.C. final approval of the version published. All authors agreed to be accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

#### Additional Information

Competing financial interests: The authors declare no competing financial interests.

How to cite this article: Liu, Y. *et al.* Percutaneous coronary intervention for chronic total occlusion improved prognosis in patients with renal insufficiency at high risk of contrast-induced nephropathy. *Sci. Rep.* **6**, 21426; doi: 10.1038/srep21426 (2016).

This work is licensed under a Creative Commons Attribution 4.0 International License. The images or other third party material in this article are included in the article's Creative Commons license, unless indicated otherwise in the credit line; if the material is not included under the Creative Commons license, users will need to obtain permission from the license holder to reproduce the material. To view a copy of this license, visit http://creativecommons.org/licenses/by/4.0/