



Standardization and Chemical Characterization of Intravenous Therapy in Adult Patients: A Step Further in Medication Safety

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Abstract

Background Intravenous drug administration is associated with potential complications, such as phlebitis. The physicochemical characteristics of the infusate play a very important role in some of these problems.

Aim The aim of this study was to standardize the dilutions of intravenous drugs most commonly used in hospitalized adult patients and to characterize their pH, osmolarity and cytotoxic nature to better guide the selection of the most appropriate vascular access.

Methods The project was conducted in three phases: (i) standardization of intravenous therapy, which was conducted using a modified double-round Delphi method; (ii) characterization of the dilutions agreed on in the previous phase by means of determining the osmolarity and pH of each of the agreed concentrations, and recording the vesicant nature based on the information in literature; and (iii) algorithm proposal for selecting the most appropriate vascular access, taking into account the information gathered in the previous phases.

Results In total, 112 drugs were standardized and 307 different admixtures were assessed for pH, osmolarity and vesicant nature. Of these, 123 admixtures (40%), had osmolarity values >600 mOsm/L, pH < 4 or > 9, or were classified as vesicants. In these cases, selection of the most suitable route of infusion and vascular access device is crucial to minimize the risk of phlebitis-type complications.

Conclusions Increasing safety of intravenous therapy should be a priority in the healthcare settings. Knowing the characteristics of drugs to assess the risk involved in their administration related to their physicochemical nature may be useful to guide decision making regarding the most appropriate vascular access and devices.

1 Introduction

The intravenous line is an essential device in medicine and is sometimes the only option for the delivery of medication and patient monitoring. It has been estimated that over 80% of hospitalized patients receive intravenous therapy [1, 2]. The most common reasons for intravenous therapy are to replace and maintain fluids and the electrolyte balance;

to administer medications, blood or blood products; and to deliver nutrients and nutritional supplements [3]. Administration of intravenous therapy is performed through vascular access devices (VADs), either peripheral (including short peripheral catheters and midline catheters inserted into the upper arm) [4] or central (CVADs), including peripherally inserted central catheters, tunneled catheters, non-tunneled catheters and implanted ports [5].

The selection of a VAD depends on the clinical circumstances; a peripheral catheter is associated with fewer complications in venous access, and it is preferred if intravenous therapy is required for only a short period, provided the patient's venous patrimony and medication needs are

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Key Points

To our knowledge, this is the first nationwide approach towards intravenous therapy standardization in our country. The list of drugs and standard concentrations we present here are the result of a multidisciplinary team consensus in order to reduce variability and increase safety regarding intravenous drug management.

There is no information in literature related to pH or osmolarity in dilution of the most common drugs that are delivered through an intravenous line. This is the most extensive study addressing the osmolarities and pH of standard drug concentrations.

Current recommendations about vascular access selection include aspects such as length of therapy and patients' requirements. This paper suggests adding different risk levels depending on pH and osmolarity of drugs to better guide the most appropriate vascular access for each patient.

suitable for peripheral intravenous infusion [6]. CVADs, on the other hand, are the devices of choice for long-term therapies, for administering drugs that are potentially harmful to the vascular endothelium due to their physicochemical characteristics, or in cases of the inability or the failure of other forms of venous access [6, 7].

The use of VADs is associated with several complications, including phlebitis, infiltration and extravasation, nerve injuries, VAD occlusion, infection, air embolism and thrombosis [5]. While some of these complications, such as catheter-related bloodstream infections or venous air embolisms, are uncommon [8, 9], phlebitis has been reported to have an incidence of 31 per 100 catheters, and severe phlebitis occurs in 3.6% of patients [10]. The occurrence of these complications has an important impact on patients and society since they are associated with treatment delays, increased patient discomfort and dissatisfaction, and may result in suboptimal health care outcomes, including injury, permanent disability and death [4].

Factors associated with the occurrence of these complications are patient-related (advanced age, female sex, fragility, immunosuppression); use-related, which is closely related with staff training (suboptimal placement or inappropriate device management); and device-related (a large catheter diameter in relation to the vein size, a poorly secured device, the infusion set and the catheter composition). In addition to these factors, the physicochemical characteristics of the infusate play a very important role in phlebitis. Some infusates can harm tissues through direct venous damage

(cytotoxic drugs), direct vasoconstriction, or by exposing cells to osmotic stress or a nonphysiologic pH [4, 11–13]. While oncology drug properties and their influence in VAD selection have been widely documented [14–18], there is limited data available regarding nononcologic drugs.

The objective of the work we present was to standardize the dilutions of nononcologic drugs that are most commonly used in hospitalized adult patients and to characterize these dilutions regarding their pH, osmolarity and cytotoxic nature to complement current knowledge in order to guide the selection of the most appropriate vascular access for each one.

2 Methods

A multidisciplinary team, the Expert Advisory Group (EAG), was created with 10 members from several scientific societies: one physician from the Spanish Society of Intensive, Critical and Coronary Care Medical Units (SEMICYUC); one physician from the Spanish Society for Preventive Medicine, Public Health and Hygiene (SEMPSPH); three nurses from the Spanish Society of Infusion and Vascular Access (SEINAV); and five pharmacists, four of them from the Spanish Society of Hospital Pharmacy (SEFH). One pharmacist experienced in intensive care drug management proposed a list of the drugs most commonly used in hospitalized and/or critically ill adults that are administered intravenously by continuous or intermittent infusion. Every member of the EAG reviewed the proposal and made suggestions according to their clinical experience to comprise the definitive list of drugs of the study. Drugs that required direct intravenous administration or those from a specific therapeutic area such as oncology, radiology, or pediatrics, were excluded.

The project was conducted in three phases: (i) standardization of intravenous therapy, (ii) characterization of the dilutions agreed on in the previous phase and (iii) algorithm proposal for selecting the most appropriate VAD, taking into account the information gathered in the previous phases.

2.1 Standardization of the Intravenous Therapy

After agreeing on the list of drugs, two pharmacists experienced in pharmacy practice risk management proposed one or more potential concentrations for each drug based on the recommendations available in the literature [19, 20], national or international intravenous therapy protocols [21–23] and their own experience. The drug concentrations suggested should encompass a broad range of clinical scenarios and fluid load requirements. All drug concentrations would be obtained by diluting the drug with sodium chloride 0.9% (NS) or dextrose 5% in water (D5W) (the two diluents most

commonly used for intravenous mixtures in the hospital setting). Compatibility of the drug–diluent was checked against standard databases [19, 20, 24], and, in a case of incompatibility, only the compatible diluent was selected.

Parenteral dosage forms supplied as ready-to-use solutions were not intended for standardization consensus but were included in the final document with the characterization of their physicochemical properties.

The standardization process was carried out using a modified double-round Delphi method. The Delphi method is frequently applied to gather opinions from a group of experts in a structured way [25]. A group of 29 experts, including the EAG, with experience in intravenous therapy/vascular access, critical care and/or risk management, was assembled, comprising 6 physicians (4 from intensive care units, 1 anesthetist, and 1 from preventative medicine), 12 nurses, and 11 pharmacists. The list of drugs and concentrations was categorized depending on whether they should be administered by continuous or intermittent infusion. In the Delphi first round that was conducted between April 2019 and June 2019, each expert selected the concentrations that were considered appropriate for dealing with different clinical scenarios in daily practice; the experts could include comments regarding new drug concentrations to cover potential clinical situations not previously considered. Agreement on a specific drug concentration was reached when it was selected by at least 70% of the respondents. Drugs with a nonresponder rate $\geq 30\%$ (meaning none of the suggested concentrations were selected, and no comments were made regarding possible alternatives) were directly excluded from the study. Concentrations selected by 40–69% of the respondents were analyzed in the second-round discussion. Concentrations selected by fewer than 40% of respondents were also excluded from the study.

Given that the process was not anonymous, all participants were informed via e-mail of the results of the first round. This allowed for a discussion, also via e-mail, regarding those concentrations that did not reach the threshold for agreement in the first round. The second round was carried out between June 2019 and July 2019 following the same approach.

2.2 Characterization of the Agreed Upon Infusion Solutions

The osmolarity and pH of each of the agreed concentrations were determined.

Osmotic pressure can be expressed as either osmolality or osmolarity. These concepts are usually misused by health professionals. Osmolality is defined as the number of milliosmoles of solute per kilogram of solvent and can be calculated experimentally using sodium chloride equivalents or determined with an osmometer [11, 26]. Osmolarity is the

number of milliosmoles per liter of solution; it cannot be measured experimentally but instead can be calculated from osmolality using a conversion factor [11, 26]:

Osmolarity (mOsm/L)

$$= \text{osmolality (mOsm/kg)} \times \text{solution density (g/mL)}.$$

This method of expressing density seems to be an optimum combination of accuracy and practicality [27].

In clinical practice, osmolarity is preferred over osmolality since it expresses concentration as a function of volume [11, 26].

Osmolarity was experimentally measured using the Fiske Model 210 Micro Osmometer (John Morris Scientific Pty Ltd., Australia) that determines the osmolality of solutions using freezing point depression. The osmometer was calibrated with its specific calibration solution in the range of 0–2000 mOsm/kg H₂O. The repeatability of the instrument was 0–400 mOsm/kg H₂O: ± 2 mOsm/kg H₂O (1 standard deviation [SD]); 400–2000 mOsm/kg H₂O: $\pm 0.5\%$ (1 SD). The resolution was 1 mOsm/kg H₂O.

Every drug concentration to be tested was prepared using the drugs available at the Pharmaceutical Technology Unit of the Hospital General Universitario Gregorio Marañón, Madrid, Spain. B. Braun Medical NS and D5W were used as diluents for every agreed concentration in order to study their influence on the physicochemical characteristics.

Density was measured with a Gay-Lussac pycnometer, with a capacity of 25 mL that was calibrated with bidistilled water at a temperature of 25 °C, and used the following equation:

$$\text{Density} = \text{weight of the solution (g)/volume of the solution (mL)}$$

Osmolarity was then calculated with the above-mentioned equations and expressed as the mean (\pm SD) of three different measures.

pH was measured with a pH meter (Crison 2006, Hach Lange Spain, S.L.U., Spain) and expressed as the mean (\pm SD) of three different measures.

For each agreed dilution, aliquots of 50 mL were prepared. Then, 25 mL was used for the density determination by the pycnometer method, 60 μ L divided into three aliquots of 20 μ L was used to obtain three osmolality measures, and the remaining volume was used in the pH determinations.

Each drug was also characterized according to its vesicant nature based on the information provided in the corresponding summary of product characteristics and the published information [19, 20, 28, 29].

In cases where the osmolarity of the admixture was higher than 450 mOsm/L (see the Results and Discussion sections), and there was no other admixture at the same concentration with an osmolarity value < 450 mOsm/L, the drug was diluted with 0.45% hypotonic saline solution (1/2S) to assess

the potential changes in osmolarity and pH. Compatibility of the drug–diluent was checked against standard databases [19, 20, 24] and in case the admixture had not been tested, it was kept 8 hours under visual observation in order to assess precipitation or color changes.

If different brand names of the same drugs were available at the hospital at the time of this study, their osmolarity and pH were assessed in order to analyze the potential influence of different brands or excipients on their physicochemical properties.

2.3 Developing an Algorithm for Catheter Selection

The published literature regarding the influence of different factors on the selection of the type of vascular access and catheter was reviewed. Most national and international algorithms available consider the patient's venous patrimony, duration of therapy and osmolarity of the drug to be infused. However, the role of pH, vesicant properties of nononcologic drugs and possible scenarios of different risk levels are not usually taken into account [30–35].

The EAG, led by the experienced nurses from the Spanish Society of Infusion and Vascular Access, agreed on three different risk levels (low, medium and high) regarding the osmolarity and pH of the infusate drugs in order to include all these items, together with the ones mentioned before, in an updated version of the vascular access selection algorithm.

3 Results

3.1 Standardization of the Intravenous Therapy

Table 1 shows the results regarding the number of drugs and concentrations included and selected during the Delphi consensus. An initial list of 111 drugs was suggested by two pharmacists. Of these, 46 (41.4%) were for continuous administration and 71 (63.9%) for intermittent administration. Some drugs had concentrations for both continuous and intermittent infusions. In addition, 13 of these 111 drugs were provided as ready-to-use medications and were not subjected to the standardization discussion. Therefore, 98 drugs, a total of 205 concentrations, were included in the Delphi.

After the first round, there was no agreement for any of the concentrations of five suggested drugs (alprostadil, lidocaine, octreotide, procainamide and tacrolimus), and therefore, these five drugs were directly excluded from the study. On the other hand, 82 specific concentrations out of 205 directly reached consensus as they were selected by at least 70% of the panel experts.

In the second round, 77 different concentrations that had been selected by 40–69% of respondents, together with four additional new ones suggested by several panel members, were the subject of discussion. Finally, the whole panel agreed that all of them should be included as they were necessary to represent different feasible scenarios in clinical practice.

After Delphi consensus, 106 drugs were included with 183 different concentrations (including ready-to-use drugs), 67 (36.6%) for continuous infusion and 116 (63.4%) for intermittent infusion.

Table 1 Double-round Delphi results

	Initial proposal ^a	First round proposal ^b	Agreement after first round ^b	Second round proposal ^b	Final agreement ^a
Number of drugs ^c	111	98	93	56	106
Continuous infusion	46	40	35	24	39
Intermittent infusion	71	62	62	32	71
Number of concentrations	221	205	82	81	183
Continuous infusion	109	102	24	41 (one new strength proposal)	67
Intermittent infusion	112	103	58	40 (three new strengths proposals)	116

Agreement for a definite concentration was achieved after the first round if it was selected by at least 70% of the panel members

Final agreement was achieved after the second round when concentrations with 40–69% votes were discussed

^aReady-to-use drugs included (13 drugs; 16 different strengths)

^bReady-to-use drugs excluded

^cSome of the drugs are included in both continuous and intermittent infusions

Table 2 Agreed standard concentrations and physicochemical characterization

DRUG	CONCENTRATION	DILUENT	MEAN OSMOLALITY ^a	DENSITY ^b	MEAN OSMOLARITY ^c	pH	VESICANT
ACYCLOVIR (amp 25 mg/ml 10 ml) TEDEC-MEIJER FARMA, S.A.	5 mg/mL (500 mg/100 mL)	D5W	287±0.58	1.043	300	10.46±0.02	YES
		NS	279±2.08	1.032	288	11.04±0.03	YES
ALBUMIN HUMAN (5% vial 250 mL, 20% ALBUNORM® vial 100 mL) OCTAPHARMA	5%	-	274±1.53	1.042	286	7.12±0.02	NO
	20%	-	274±0.58	1.059	290	7.04±0.01	NO
AMIKACIN (vial 500 mg/2 mL) B.BRAUN MEDICAL, S.A.	5 mg/mL (500 mg/100 mL)	D5W	308±1.00	1.047	322	4.42±0.01	NO
		NS	283±1.53	1.034	293	4.87±0.01	NO
	10 mg/ml	-	304±2.31	1.037	316	4.55±0.03	NO
AMIODARONE (TRANGOREX® amp 150 mg/3 mL) SANOFI-AVENTIS, S.A.	2.4 mg/mL (600 mg/250 mL)	D5W	298±1.53	1.020	304	3.84±0.01	YES
	3.6 mg/mL (900 mg/250 mL)	D5W	298±1.53	1.020	304	3.80±0.01	YES
AMOXICILLIN SODIUM- CLAVULANATE (vial 1 g) SANDOZ FARMACEUTICA, S.A.	10 mg/mL (500 mg/50 mL)	NS	350±1.53	1.036	363	8.91±0.01	NO
	20 mg/mL (2 g/100 mL)	NS	425±0.58	1.040	442	8.90±0.03	NO
AMPICILLIN (GOBEMICINA® vial 500 mg, vial 1 g) LABORATORIOS NORMON	10 mg/mL (1 g/100 mL)	NS	309±0.58	1.034	320	9.03±0.01	NO
	20 mg/mL (2 g/100 mL)	NS	347±2.08	1.038	360	9.04±0.03	NO
AMPHOTERICIN B (AMBISOME® vial 50 g) GILEAD SCIENCES S.L.	1 mg/mL (50 mg/50 mL)	D5W	298±1.53	1.024	305	5.64±0.01	NO
	2 mg/mL (100 mg/50 mL)	D5W	300±2.31	1.028	309	5.60±0.01	NO

Table 2 (continued)

DRUG	CONCENTRATION	DILUENT	MEAN OSMOLALITY ^a	DENSITY ^b	MEAN OSMOLARITY ^c	pH	VESICANT
ANIDULAFUNGIN (ECALTA® vial 100 mg) PFIZER, S.L.U	100 mg/130 mL (0.77 mg/mL)	D5W	258±1.53	1.042	269	4.57±0.02	NO
		NS	258±1.15	1.035	267	4.49±0.05	NO
AZITHROMYCIN (ZITROMAX® vial 500 mg) PFIZER, S.L.U	2 mg/mL (500 mg/250 mL)	D5W	320±1.53	1.022	327	7.21±0.01	NO
		NS	299±1.53	1.009	301	6.90±0.02	NO
AZTREONAM (AZACTAM® vial 1 g) BRISTOL MYERS SQUIBB S.A.	20 mg/mL (1 g/50 mL)	D5W	383±2.31	1.031	395	5.18±0.03	NO
		NS	361±2.52	1.020	369	5.05±0.01	NO
CALCIUM CHLORIDE (amp 10% 10 mL) B.BRAUN MEDICAL, SA.	2 mg/mL (1.000 mg/500 mL)	D5W	318±0.58	1.022	325	4.15±0.00	YES
		NS	296±1.00	1.008	298	5.60±0.01	YES
	10 mg/mL (1.000 mg/100 mL)	D5W	391±1.53	1.023	400	4.30±0.01	YES
		NS	357±2.31	1.009	361	4.55±0.05	YES
CALCIUM FOLINATE (vial 50 mg/5 mL) TEVA PHARMA, S.L.U.	0.2 mg/mL (50 mg/250 mL)	D5W	300±1.53	1.022	306	5.54±0.01	NO
		NS	285±2.00	1.012	288	5.99±0.04	NO
	0.5 mg/mL (50 mg/100 mL)	D5W	299±0.58	1.021	306	5.97±0.01	NO
		NS	286±1.53	1.008	289	6.31±0.01	NO

Table 2 (continued)

DRUG	CONCENTRATION	DILUENT	MEAN OSMOLALITY ^a	DENSITY ^b	MEAN OSMOLARITY ^c	pH	VESICANT	
CALCIUM GLUCONATE (SUPLECAL® amp 4.6 mEq mg/10 mL) B.BRAUN MEDICAL, SA.	0.2 mg/mL (1 amp/500 mL)	D5W	300±0.58	1.021	307	5.65±0.01	YES	
		NS	281±1.00	1.008	283	6.40±0.01	YES	
	0.4 mg/mL (2 amp/500 mL)	D5W	305±1.00	1.022	312	5.84±0.01	YES	
		NS	284±1.00	1.009	287	6.39±0.02	YES	
	1 mg/mL (1 amp/100 mL)	D5W	308±1.53	1.024	316	6.16±0.01	YES	
		NS	295±1.00	1.010	298	6.28±0.01	YES	
	2 mg/mL (2 amp/100 mL)	D5W	319±1.53	1.027	327	6.20±0.02	YES	
		NS	312±1.00	1.017	317	6.69±0.01	YES	
	CASPOFUNGIN (vial 50 mg/10 mL) TEVA PHARMA, S.L.U.	0.28 mg/mL (70 mg/250 mL)	NS	264±0.00	1.006	266	6.19±0.01	NO
		0.5 mg/mL (50 mg/100 mL)	NS	254±1.00	1.006	256	6.36±0.01	NO
	CEFAZOLIN (vial 1 g) LABORATORIO REIG JOFRE	20 mg/mL (2 g/100 mL)	D5W	317±2.52	1.026	326	5.04±0.01	NO
			NS	309±1.15	1.017	315	4.94±0.03	NO

Table 2 (continued)

DRUG	CONCENTRATION	DILUENT	MEAN OSMOLALITY ^a	DENSITY ^b	MEAN OSMOLARITY ^c	pH	VESICANT
CEFEPIME (vial 2 g) ACCORD HEALTHCARE, S.L.U.	20 mg/mL (1 g/50 mL)	D5W	442±1.53	1.033	457	4.10±0.03	NO
		NS	415±1.53	1.018	422	4.26±0.01	NO
	40 mg/mL (2 g/50 mL)	D5W	558±2.08	1.041	581	4.11±0.04	NO
		NS	539±2.52	1.030	556	4.30±0.01	NO
		1/2S	387±0.58	1.022	396	4.30±0.01	NO
CEFOTAXIME (vial 2 g) LABORATORIO REIG JOFRE	20 mg/mL (1 g/50 mL)	D5W	353±1.53	1.027	363	5.41±0.25	NO
		NS	334±2.31	1.015	339	5.26±0.02	NO
	40 mg/mL (2 g/50 mL)	D5W	398±2.08	1.033	411	5.41±0.09	NO
		NS	383±1.00	1.023	392	5.33±0.01	NO
CEFTAZIDIME (vial 2 g) FRESENIUS KABI ESPAÑA, S.A	20 mg/mL (1 g/50 mL)	D5W	317±1.53	1.023	324	6.71±0.01	NO
		NS	307±0.58	1.015	311	6.95±0.01	NO
	40 mg/mL (2 g/50 mL)	D5W	332±1.73	1.028	341	6.61±0.01	NO
		NS	325±0.58	1.022	332	6.93±0.01	NO
CEFTAZIDIME/AVIBACTAM (ZAVICEFTA® vial 2 g/0.5 g) PFIZER, S.L.U	20 mg/mL (2 g/100 mL)	D5W	374±2.00	1.031	386	6.73±0.18	NO
		NS	356±1.15	1.017	362	6.66±0.01	NO

Table 2 (continued)

DRUG	CONCENTRATION	DILUENT	MEAN OSMOLALITY ^a	DENSITY ^b	MEAN OSMOLARITY ^c	pH	VESICANT
CEFTOLOZANE/TAZOBACTAM (ZERBAXA® vial 1 g-0.5 g) MERCK SHARP & DOHME DE ESPAÑA, S.A.	10 mg/mL (1 g/100 mL)	D5W	504±1.53	1.032	520	5.98±0.01	NO
		NS	478±0.58	1.021	488	6.06±0.02	NO
		1/2S	374±1.00	1.016	380	5.93±0.01	NO
CEFTRIAXONE (vial 1g, 2 g) LABORATORIO REIG JOFRE	20 mg/mL (1 g/50 mL)	D5W	392±1.73	1.031	404	6.57±0.03	NO
		NS	371±1.00	1.018	378	6.61±0.08	NO
	40 mg/mL (2 g/50 mL)	D5W	474±1.53	1.041	494	6.66±0.06	NO
		NS	454±1.00	1.028	467	6.72±0.02	NO
		1/2S	303±0.00	1.016	310	6.36±0.01	NO
CEFUROXIME (vial 750 mg) LABORATORIO REIG JOFRE	15 mg/mL (750 mg/50 mL)	D5W	329±1.00	1.027	338	6.04±0.03	NO
		NS	318±1.53	1.013	322	6.81±0.03	NO
	30 mg/mL (1.500 mg/50 mL)	D5W	355±1.73	1.028	365	6.41±0.03	NO
		NS	346±1.53	1.019	353	6.73±0.03	NO
CICLOSPORIN (SANDIMMUN® amp 250 mg/5 mL) NOVARTIS FARMACEUTICA SA	2.5 mg/mL (250 mg/100 mL)	D5W	593±1.00	1.020	605	6.61±0.01	NO
		NS	546±1.53	1.007	550	6.50±0.01	NO
		1/2S	430±1.53	1.007	433	5.09±0.01	NO

Table 2 (continued)

DRUG	CONCENTRATION	DILUENT	MEAN OSMOLALITY ^a	DENSITY ^b	MEAN OSMOLARITY ^c	pH	VESICANT
CIPROFLOXACINE (bag 200 mg/100 mL) ALTAN PHARMACEUTICALS S.A.U.	2 mg/ml	-	290±1.53	1.043	303	4.30±0.01	NO
CISATRACURIUM (NIMBEX FORTE® vial 150 mg/30 mL, amp 20 mg/10 mL) ASPEN PHARMACARE ESPAÑA S.L.U. (vial) PFIZER, S.L.U (amp 20 mg)	1.2 mg/mL (300 mg/250 mL)	D5W	226±0.58	1.016	230	3.79±0.01	NO
		NS	118±0.58	1.004	119	3.53±0.02	NO
	2 mg/mL (100 mg/50 mL)	-	2±0.58	1.002	2	3.33±0.01	NO
CLARITHROMYCIN (KLACID® vial 500 mg) MYLAN PHARMACEUTICALS, S.L.	2 mg/mL (500 mg/250 mL)	D5W	294±1.15	1.021	301	5.21±0.02	NO
		NS	273±1.53	1.008	275	5.36±0.04	NO
CLINDAMYCIN (vial 300 mg/2 ML, vial 600 mg/4 ml) LABORATORIOS NORMON	9 mg/mL (900 mg/100 mL)	D5W	329±2.08	1.024	337	6.43±0.01	NO
		NS	305±1.53	1.011	308	6.27±0.02	NO
	12 mg/mL (600 mg/50 mL)	D5W	341±1.00	1.025	350	6.81±0.01	NO
		NS	318±1.53	1.013	322	6.69±0.02	NO
CLOXACILLIN (vial 1 g) LABORATORIOS NORMON	20 mg/mL (1 g/50 mL)	D5W	266±2.08	1.020	271	4.91±0.03	NO
		NS	258±1.15	1.012	261	4.90±0.01	NO
COLISTIMETHATE SODIUM (vial 1.000.000 UI) ALTAN PHARMACEUTICALS S.A.U.	1.6 mg/mL (80 mg/50 mL)	D5W	304±1.15	1.020	310	8.26±0.02	NO
		NS	292±1.73	1.008	294	8.29±0.02	NO

Table 2 (continued)

DRUG	CONCENTRATION	DILUENT	MEAN OSMOLALITY ^a	DENSITY ^b	MEAN OSMOLARITY ^c	pH	VESICANT
COTRIMOXAZOLE (SOLTRIM® vial 800 mg sulfamethoxazole/160 mg trimethoprim) ALMIRALL, S.A.	3.2 mg/mL (800 mg/250 mL)	D5W	408±1.00	1.023	417	8.61±0.01	NO
		NS	388±2.00	1.011	392	8.73±0.02	NO
DAPTOMYCIN (CUBICIN® vial 350 mg, 500 mg) MERCK SHARP & DOHME DE ESPAÑA, S.A.	7 mg/mL (350 mg/50 mL)	NS	289±1.53	1.008	292	4.53±0.01	NO
	10 mg/mL (500 mg/50 mL)	NS	295±1.15	1.008	297	4.50±0.01	NO
DESKETOPROFEN (ENANTYUM® amp 50 mg/2 mL) LABORATORIOS MENARINI	1 mg/mL (50 mg/50 mL)	D5W	390±1.53	1.019	397	7.18±0.02	NO
		NS	373±0.58	1.009	376	7.31±0.02	NO
DEXMEDETOMIDINE (DEXDOR® amp 200 µg/2 mL) ORION PHARMA, S.L.	4 µg/mL (5 amp/250 mL)	D5W	298±1.73	1.017	303	4.18±0.01	NO
		NS	278±0.58	1.006	279	5.60±0.02	NO
	8 µg/mL (10 amp/250 mL)	D5W	300±2.08	1.018	306	4.20±0.01	NO
		NS	277±0.58	1.006	279	5.54±0.01	NO

Table 2 (continued)

DRUG	CONCENTRATION	DILUENT	MEAN OSMOLALITY ^a	DENSITY ^b	MEAN OSMOLARITY ^c	pH	VESICANT
DIGOXIN (amp 0.5 mg/2 mL) KERN PHARMA, S.L.	5 µg/mL (0.5 mg/100 mL)	D5W	446±0.58	1.019	455	6.03±0.03	YES
		NS	418±2.08	1.006	421	6.09±0.05	YES
	10 µg/mL (0.5 mg/50 mL)	D5W	608±2.00	1.019	620	6.25±0.02	YES
		NS	568±2.08	1.007	572	6.14±0.04	YES
		1/2S	458±1.73	1.004	460	6.12±0.01	YES
DIPOTASSIUM PHOSPHATE (amp 1 M 10 mL) FRESENIUS KABI ESPAÑA, S.A	1 amp/250 mL	D5W	378±1.53	1.026	387	9.28±0.01	YES
		NS	359±1.15	1.013	363	9.53±0.01	YES
	2 amp/250 mL	D5W	447±1.15	1.030	461	9.41±0.01	YES
		NS	434±0.58	1.020	443	9.63±0.01	YES
DOBUTAMINE (amp 250 mg/20 mL) PFIZER, S.L.U	1 mg/mL (250 mg/250 mL)	D5W	282±1.53	1.018	287	3.95±0.01	YES
		NS	266±1.73	1.007	268	4.55±0.01	YES
	2 mg/mL (500 mg/250 mL)	D5W	264±0.58	1.017	269	3.83±0.01	YES
		NS	250±0.58	1.007	251	4.17±0.01	YES
DOPAMINE (amp 200 mg/5 mL) GRIFOLS MOVACO S.A.	1.6 mg/mL (400 mg/250 mL)	D5W	312±1.73	1.020	318	4.30±0.01	YES
		NS	289±1.53	1.007	291	4.80±0.01	YES

Table 2 (continued)

DRUG	CONCENTRATION	DILUENT	MEAN OSMOLALITY ^a	DENSITY ^b	MEAN OSMOLARITY ^c	pH	VESICANT
EPINEPHRINE (amp 1 mg/mL) B.BRAUN MEDICAL, SA.	40 µg/mL (10 mg/250 mL)	D5W	295±2.08	1.020	301	3.89±0.01	YES
		NS	276±0.58	1.008	279	3.91±0.01	YES
	100 µg/mL (10 mg/100 mL)	D5W	298±2.08	1.019	303	3.76±0.01	YES
		NS	277±0.58	1.008	280	3.72±0.01	YES
EPOPROSTENOL (FLOLAL® vial 0.5 mg) GLAXOSMITHKLINE, S.A.	5 µg/mL (0.5 mg/100 mL)	NS	198±0.58	1.006	199	11.88±0.01	NO
	10 µg/mL (1 mg/100 mL)	NS	117±0.58	1.005	117	12.15±0.01	NO
ERITROMYCIN (PANTOMICINA® vial 1 g) FERRER INTERNACIONAL, S.A.	2 mg/mL (1 g/500 mL)	NS	284±0.58	1.008	287	6.98±0.01	NO
	2.5 mg/mL (250 mg/100 mL)	NS	284±0.00	1.008	286	7.09±0.02	NO
	5 mg/mL (500 mg/100 mL)	NS	283±0.58	1.010	286	7.30±0.01	NO
ERTAPENEM (INVANZ® vial 1 g) MERCK SHARP & DOHME DE ESPAÑA, S.A.	20 mg/mL (1 g/50 mL)	NS	388±1.53	1.018	395	7.76±0.01	NO
ESMOLOL (BREVIBLOC® 10 mg/mL bag 250 mL) BAXTER S.L.	10 mg/ml	-	305±1.53	1.030	314	5.01±0.00	YES
FENTANYL (FENTANEST® amp 0.15 mg/3 mL) KERN PHARMA, S.L.	4.5 µg/mL (0.45 mg/100 mL)	D5W	296±1.00	1.019	302	4.23±0.01	NO
		NS	278±0.58	1.007	280	5.17±0.01	NO
	15 µg/mL (0.75 mg/50 mL)	D5W	294±1.53	1.019	299	4.31±0.02	NO
		NS	279±0.58	1.007	281	4.82±0.01	NO

Table 2 (continued)

DRUG	CONCENTRATION	DILUENT	MEAN OSMOLALITY ^a	DENSITY ^b	MEAN OSMOLARITY ^c	pH	VESICANT
FLECAINIDE (TAMBOCOR® amp 150 mg/15 mL) MYLAN PHARMACEUTICALS, S.L.	2 mg/mL (300 mg/150 mL)	D5W	295±0.58	1.018	300	5.79±0.01	NO
FLUCONAZOLE (400 mg/200 mL bag) LABORATORIOS NORMON	2 mg/ml	-	290±0.58	1.031	299	5.50±0.03	NO
FLUMAZENIL (ANEXATE® amp 1 mg/10 mL) LABORATORIOS RUBIÓ S A	0.04 mg/mL (2 mg/50 mL)	D5W	300±0.58	1.016	305	4.07±0.01	NO
		NS	289±1.15	1.008	292	4.13±0.01	NO
	0.1 mg/mL (5 mg/50 mL)	-	297±0.58	1.007	299	3.97±0.01	NO
FOSCARNET (vial 6.000 mg/250 mL) CLINIGEN HEALTHCARE ltd	12 mg/mL (6000 mg/500 mL)	D5W	294±0.58	1.019	299	7.57±0.00	NO
		NS	281±0.58	1.012	285	7.46±0.01	NO
	24 mg/mL (6000 mg/250 mL)	-	281±1.53	1.016	285	7.45±0.01	NO
FOSPHOMYCIN (vial 1 g) LABORATORIOS ERN, S.A.	20 mg/mL (1 g/50 mL)	D5W	559±1.15	1.035	579	7.79±0.01	NO
		NS	547±2.08	1.026	562	7.75±0.01	NO
		1/2S	455±1.53	1.022	465	7.64±0.01	NO

Table 2 (continued)

DRUG	CONCENTRATION	DILUENT	MEAN OSMOLALITY ^a	DENSITY ^b	MEAN OSMOLARITY ^c	pH	VESICANT
FUROSEMIDE (SEGURIL® 250 mg/25 mL) SANOFI-AVENTIS, S.A.	2 mg/mL (500 mg/250 mL)	D5W	299±1.00	1.017	304	8.85±0.01	NO
		NS	279±0.58	1.007	281	9.37±0.01	NO
	5 mg/mL (250 mg/50 mL)	D5W	291±1.73	1.019	297	8.44±0.02	NO
		NS	282±0.58	1.013	286	8.67±0.01	NO
	10 mg/mL (500 mg/50 mL)	-	284±1.00	1.019	289	8.94±0.01	NO
	GANCICLOVIR (CYMEVENE® amp 500 mg) KERN PHARMA, S.L.	5 mg/mL (500 mg/100 mL)	D5W	302±1.53	1.023	309	10.52±0.01
NS			288±1.15	1.009	290	10.88±0.01	NO
GENTAMICIN (240 mg/80 mL) B.BRAUN MEDICAL, SA.	3 mg/ml	-	297±0.58	1.033	307	4.62±0.02	NO
HALOPERIDOL (amp 5 mg/mL) PENSA PHARMA, S.A.U.	0.05 mg/mL (2.5 mg/50 mL)	D5W	297±0.58	1.021	303	3.91±0.01	NO
	0.1 mg/mL (5 mg/50 mL)	D5W	297±0.58	1.021	303	3.80±0.02	NO

Table 2 (continued)

DRUG	CONCENTRATION	DILUENT	MEAN OSMOLALITY ^a	DENSITY ^b	MEAN OSMOLARITY ^c	pH	VESICANT
HEPARIN SODIUM (5% vial 5 mL) LABORATORIO REIG JOFRE	20 UI/mL (5.000/250 mL)	D5W	293±1.15	1.020	299	6.03±0.02	NO
		NS	276±0.58	1.005	277	5.88±0.01	NO
	40 UI/mL (10.000/250 mL)	D5W	292±1.00	1.020	298	6.35±0.01	NO
		NS	276±1.00	1.006	278	5.65±0.01	NO
	100 UI/mL (25.000/250 mL)	D5W	292±1.53	1.020	298	6.56±0.01	NO
		NS	276±1.53	1.006	278	5.79±0.01	NO
HYDROCORTISONE (ACTOCORTINA® vial 100 mg) TAKEDA FARMACEUTICA ESPAÑA, S.A.	2 mg/mL (100 mg/50 mL)	D5W	296±1.53	1.019	302	7.47±0.01	NO
		NS	274±0.58	1.006	276	7.60±0.01	NO
	4 mg/mL (200 mg/50 mL)	D5W	292±1.00	1.018	297	7.74±0.01	NO
		NS	268±1.00	1.006	270	7.83±0.01	NO
IMIPENEM-CILASTATIN (vial 500 mg/500 mg) FRESENIUS KABI ESPAÑA, S.A	5 mg/mL (500 mg/100 mL)	D5W	386±0.58	1.026	396	7.56±0.01	NO
		NS	358±1.53	1.015	364	7.43±0.02	NO
INSULIN HUMAN REGULAR (ACTRAPID® vial 100 UI/mL) NOVO NORDISK PHARMA, S.A.	1 UI/mL (100 UI/100 mL)	D5W	280±1.00	1.011	283	4.93±0.03	NO
		NS	280±0.58	1.006	282	5.82±0.02	NO

Table 2 (continued)

DRUG	CONCENTRATION	DILUENT	MEAN OSMOLALITY ^a	DENSITY ^b	MEAN OSMOLARITY ^c	pH	VESICANT
ISOPRENALINE (ALEUDRINA® amp 0.2 mg/mL) LABORATORIO REIG JOFRE	4 µg/mL (1 mg/250 mL)	D5W	297±0.58	1.019	302	3.66±0.01	NO
		NS	278±0.58	1.007	280	4.47±0.01	NO
IRON SUCROSE (amp 100 mg/5 mL) VIFOR PHARMA ESPAÑA, S.L.	1 mg/mL (100 mg/100 mL)	NS	328±0.58	1.018	334	10.67±0.01	NO
	2 mg/mL (200 mg/100 mL)	NS	385±1.00	1.020	393	10.82±0.01	NO
KETAMINE (KETOLAR® vial 500 mg/10 mL) PFIZER, S.L.U	2 mg/mL (500 mg/250 mL)	D5W	299±0.58	1.019	305	4.23±0.01	NO
		NS	280±1.00	1.007	282	5.02±0.01	NO
	5 mg/mL (500 mg/100 mL)	D5W	307±1.15	1.019	312	4.23±0.01	NO
		NS	287±0.58	1.007	289	4.81±0.01	NO
LABETALOL (TRANDATE® amp 100 mg/20 mL) KERN PHARMA, S.L.	1 mg/mL (250 mg/250 mL)	D5W	245±1.00	1.016	249	3.93±0.01	NO
		NS	228±1.00	1.005	229	4.20±0.02	NO
	2 mg/mL (500 mg/250 mL)	D5W	190±1.00	1.015	193	3.77±0.01	NO
		NS	177±1.53	1.006	178	4.19±0.01	NO
LEVOFLOXACIN (bag 500 mg/100 mL) FRESENIUS KABI ESPAÑA, S.A	5 mg/ml	-	303±2.08	1.032	312	5.16±0.01	NO
LEVOSIMENDAN (SIMDAX® vial 12.5 mg/5 mL) ORION PHARMA, S.L.	25 µg/mL (12.5 mg/500 mL)	D5W	472±1.00	1.016	480	3.46±0.01	NO
	50 µg/mL (25 mg/500 mL)	D5W	669±1.53	1.017	680	3.29±0.01	NO

Table 2 (continued)

DRUG	CONCENTRATION	DILUENT	MEAN OSMOLALITY ^a	DENSITY ^b	MEAN OSMOLARITY ^c	pH	VESICANT
LEVETIRACETAM (vial 500 mg/5 mL) ACCORD HEALTHCARE, S.L.U.	5 mg/mL (500 mg/100 mL)	D5W	318±0.58	1.020	325	5.17±0.01	NO
		NS	302±0.58	1.007	304	5.52±0.01	NO
	10 mg/mL (1000 mg/100 mL)	D5W	343±2.31	1.020	350	5.32±0.01	NO
		NS	325±1.53	1.011	329	5.47±0.01	NO
	15 mg/mL (1500 mg/100 mL)	D5W	366±1.53	1.021	374	5.34±0.01	NO
		NS	346±0.58	1.009	349	5.47±0.01	NO
LINEZOLID (bag 600 mg/300 mL) FRESENIUS KABI ESPAÑA, S.A	2 mg/ml	-	296±1.53	1.043	309	4.83±0.01	NO
MAGNESIUM SULFATE (SULMETIN SIMPLE® amp 1500 mg/10 mL) SANOFI-AVENTIS, S.A.	30 mg/mL (15.000 mg/500 mL)	D5W	384±1.53	1.030	396	5.63±0.01	NO
		NS	354±1.00	1.022	362	5.77±0.02	NO
	75 mg/mL (7.500 mg/100 mL)	D5W	483±1.73	1.046	505	5.05±0.01	NO
		NS	469±0.58	1.039	488	5.63±0.01	NO
		1/2S	400±1,15	1,037	414	5,50±0,01	NO
MANNITOL (OSMOFUNDINA® 20 % 250 mL) B.BRAUN MEDICAL, SA.	20%	-	1253±1.15	1.066	1335	6.29±0.01	YES
MEROPENEM (vial 500 mg, 1 g) FRESENIUS KABI ESPAÑA, S.A	20 mg/mL (1.000 mg/50 mL)	D5W	439±2.31	1.028	451	7.91±0.02	NO
		NS	409±0.58	1.015	415	7.87±0.00	NO

Table 2 (continued)

DRUG	CONCENTRATION	DILUENT	MEAN OSMOLALITY ^a	DENSITY ^b	MEAN OSMOLARITY ^c	pH	VESICANT	
METAMIZOL MAGNESIUM (NOLOTIL® amp 2 g/5 ml) BOEHRINGER INGELHEIM ESPAÑA S.A.	20 mg/mL (2 g/100 mL)	D5W	372±0.58	1.024	381	6.62±0.01	NO	
		NS	351±1.53	1.018	357	7.08±0.01	NO	
	160 mg/mL (8 g/50 mL)	D5W	786±1.53	1.054	829	7.05±0.01	NO	
		NS	772±1.73	1.043	805	7.18±0.01	NO	
		1/2S	753±1,00	1,041	784	6,84±0,01	NO	
	METHYLPREDNISOLONE (SOLU MODERIN® amp 8mg, amp 125 mg, amp 500 mg) PFIZER, S.L.U	0.8 mg/mL (40 mg/50 mL)	D5W	299±2.08	1.021	305	7.46±0.01	NO
NS			279±0.58	1.015	283	7.59±0.01	NO	
2.5 mg/mL (250 mg/100 mL)		D5W	302±0.58	1.021	309	7.72±0.01	NO	
		NS	284±0.00	1.018	289	7.53±0.01	NO	
5 mg/mL (250 mg/50 mL)		D5W	310±0.58	1.021	316	7.75±0.01	NO	
		NS	290±0.58	1.009	292	7.62±0.01	NO	
10 mg/mL (1 g/100 mL)		D5W	316±0.58	1.022	323	7.74±0.01	NO	
		NS	298±1.53	1.012	301	7.64±0.01	NO	
METOCLOPRAMIDE (amp 10 mg/2 mL) KERN PHARMA, S.L.		0.2 mg/mL (10 mg/50 mL)	D5W	295±1.53	1.019	301	4.13±0.01	NO
			NS	274±1.15	1.007	276	5.64±0.01	NO

Table 2 (continued)

DRUG	CONCENTRATION	DILUENT	MEAN OSMOLALITY ^a	DENSITY ^b	MEAN OSMOLARITY ^c	pH	VESICANT
METRONIDAZOLE (FLAGYL® bag 500 mg/100 mL) SANOFI-AVENTIS, S.A.	5 mg/ml	-	274±1.53	1.035	284	5.35±0.05	NO
MICAFUNGIN (MYCAMINE® vial 100 mg) ASTELLAS PHARMA, S.A.	1 mg/mL (100 mg/100 mL)	D5W	301±0.58	1.020	307	4.35±0.01	NO
		NS	279±1.15	1.007	281	5.90±0.01	NO
MIDAZOLAM (amp 50 mg/10 mL) ACCORD HEALTHCARE, S.L.U.	1 mg/mL (100 mg/100 mL)	D5W	275±1.15	1.017	280	3.55±0.01	NO
		NS	259±1.15	1.006	261	3.76±0.01	NO
MILRINONE (COROTROPE® amp 10 mg/10 mL) SANOFI-AVENTIS, S.A.	0.2 mg/mL (20 mg/100 mL)	D5W	298±0.58	1.019	303	3.49±0.01	NO
		NS	280±0.58	1.010	282	3.52±0.01	NO
MONOPOTASSIUM PHOSPHATE (amp 1 M 10 mL) B.BRAUN MEDICAL, SA.	1 amp/250 mL	D5W	364±0.58	1.024	372	4.36±0.01	YES
		NS	340±0.58	1.011	344	4.34±0.01	YES
	2 amp/250 mL	D5W	422±1.00	1.027	433	4.35±0.01	YES
		NS	400±1.73	1.015	406	4.29±0.01	YES

Table 2 (continued)

DRUG	CONCENTRATION	DILUENT	MEAN OSMOLALITY ^a	DENSITY ^b	MEAN OSMOLARITY ^c	pH	VESICANT
MORPHINE HYDROCHLORIDE (amp 1% 10 mg/mL, amp 2% 40 mg/2 mL) B.BRAUN MEDICAL, SA.	0.2 mg/mL (20 mg/100 mL)	D5W	287±0.58	1.019	292	4.25±0.00	NO
		NS	276±1.53	1.007	278	5.78±0.02	NO
	0.5 mg/mL (50 mg/100 mL)	D5W	285±2.00	1.018	290	4.34±0.04	NO
		NS	275±1.00	1.006	277	5.70±0.01	NO
	1 mg/mL (100 mg/100 mL)	D5W	283±1.53	1.018	288	4.39±0.01	NO
		NS	277±1.00	1.007	279	5.56±0.01	NO
MYCOPHENOLATE MOFETIL (CELLCEPT® vial 500 mg) ROCHE FARMA, S. A.	6 mg/mL (1 vial/84 mL)	D5W	307±1.73	1.023	314	3.80±0.01	NO
NIMODIPINE (vial 10 mg/50 mL) ALTAN PHARMACEUTICALS S.A.U.	200 µg/ml	-	-	1.032	-*	6.94±0.03	NO
NITROGLYCERIN (SOLINITRINA® amp 5 mg/5 mL) KERN PHARMA, S.L.	100 µg/mL (50 mg/500 mL)	D5W	-	0.999	-*	4.25±0.01	NO
		NS	2151±43.21	0.991	2132	5.45±0.01	NO
		1/2S	2021±1.15	0.990	2000	5.46±0.01	NO
	200 µg/mL (50 mg/250 mL)	D5W	-	0.988	-*	4.28±0.01	NO
		NS	2168±23.63	0.980	2125	5.42±0.01	NO
		1/2S	-	0.977	-*	6.21±0.02	NO

Table 2 (continued)

DRUG	CONCENTRATION	DILUENT	MEAN OSMOLALITY ^a	DENSITY ^b	MEAN OSMOLARITY ^c	pH	VESICANT
NITROPRUSSIDE (vial 50 mg) MYLAN PHARMACEUTICALS, S.L.	50 µg/mL (50 mg/1000 mL)	D5W	298±0.58	1.018	304	6.29±0.01	NO
	200 µg/mL (50 mg/250 mL)	D5W	299±1.00	1.019	305	6.97±0.01	NO
NOREPINEPHRINE (amp 0.1% 10 mg/10 mL) B.BRAUN MEDICAL, SA.	80 µg/mL (40 mg/500 mL)	D5W	297±1.00	1.013	300	4.02±0.01	YES
		NS	279±1.53	1.006	280	3.92±0.01	YES
	120 µg/mL (30 mg/250 mL)	D5W	296±0.58	1.014	300	3.80±0.01	YES
		NS	278±0.58	1.006	280	3.82±0.00	YES
	240 µg/mL (60 mg/250 mL)	D5W	289±0.58	1.016	294	3.68±0.01	YES
		NS	279±1.15	1.006	280	3.67±0.02	YES
OMEPRAZOLE (vial 40 mg) LABORATORIOS NORMON	0.4 mg/mL (40 mg/100 mL)	D5W	296±1.00	1.020	302	9.45±0.01	NO
		NS	265±1.00	1.007	267	9.80±0.01	NO
	0.48 mg/mL (120 mg/250 mL)	D5W	303±0.58	1.020	309	9.60±0.00	NO
		NS	282±1.15	1.006	284	9.90±0.01	NO

Table 2 (continued)

DRUG	CONCENTRATION	DILUENT	MEAN OSMOLALITY ^a	DENSITY ^b	MEAN OSMOLARITY ^c	pH	VESICANT
ONDANSETRON (amp 8 mg/4 mL) ACCORD HEALTHCARE, S.L.U.	0.08 mg/mL (4 mg/50 mL)	D5W	297±1.53	1.020	303	4.09±0.01	NO
		NS	280±0.58	1.003	281	4.26±0.01	NO
	0.16 mg/mL (8 mg/50 mL)	D5W	300±0.58	1.021	306	3.97±0.01	NO
		NS	288±0.58	1.007	290	4.06±0.01	NO
PARACETAMOL (vial 1.000 mg/100 mL) FRESENIUS KABI ESPAÑA, S.A	10 mg/ml	-	275±2.08	1.039	286	6.47±0.27	NO
PENICILLIN G SODIUM (SODIOPEN® vial 2.000.000 UI vial 5.000.000 UI) LABORATORIO REIG JOFRE	40.000 UI/mL	NS	380±0.58	1.014	385	5.81±0.01	NO
	100.000 UI/mL	NS	610±1.73	1.031	629	6.13±0.01	NO
		1/2S	421±1.00	1.021	436	6.12±0.01	NO
PENTAMIDINE ISETIONATE (PENTACARINAT® vial 300 mg) SANOFI-AVENTIS, S.A.	1.2 mg/mL (300 mg/250 mL)	D5W	290±1.53	1.020	295	4.25±0.01	YES
		NS	278±1.53	1.007	280	5.65±0.01	YES

Table 2 (continued)

DRUG	CONCENTRATION	DILUENT	MEAN OSMOLALITY ^a	DENSITY ^b	MEAN OSMOLARITY ^c	pH	VESICANT
PHENYTOIN (vial 250 mg/5 mL) LA BOTICA DE VILLAVERDE	2 mg/mL (100 mg/50 mL)	NS	577±1.15	1.007	581	11.24±0.01	YES
		1/2S	427±1.00	1.005	429	11.38±0.02	YES
	3 mg/mL (150 mg/50 mL)	NS	715±1.15	1.008	720	11.50±0.01	YES
		1/2S	592±1.00	1.006	596	11.63±0.01	YES
	5 mg/mL (250 mg/50 mL)	NS	1036±0.58	1.010	1046	11.86±0.00	YES
		1/2S	899±1.00	1.007	905	11.86±0.01	YES
PIPERACILLIN/TAZOBACTAM (vial 4 g/0.5 mg) FRESENIUS KABI ESPAÑA, S.A	40 mg/mL (2 g/50 mL)	D5W	402±1.15	1.031	415	5.53±0.01	NO
		NS	381±1.53	1.023	390	5.68±0.01	NO
	80 mg/mL (4 g/50 mL)	D5W	480±1.53	1.044	501	5.77±0.02	NO
		NS	464±1.53	1.037	482	5.78±0.01	NO
		1/2S	442±1.15	1.036	458	5.31±0.01	NO

Table 2 (continued)

DRUG	CONCENTRATION	DILUENT	MEAN OSMOLALITY ^a	DENSITY ^b	MEAN OSMOLARITY ^c	pH	VESICANT	
POTASSIUM CHLORIDE (amp 2 M 10 mEq/5 mL) B.BRAUN MEDICAL, SA.	0.04 mEq/mL (4 amp/1.000 mL)	D5W	373±0.58	1.021	380	4.11±0.00	YES	
		NS	352±1.00	1.009	355	5.53±0.01	YES	
	0.06 mEq/mL (6 amp/1.000 mL)	D5W	398±1.53	1.025	408	4.36±0.01	YES	
		NS	389±0.58	1.009	392	6.45±0.01	YES	
	0.2 mEq/mL (2 amp/100 mL)	D5W	631±1.00	1.027	648	4.21±0.01	YES	
		NS	628±0.58	1.017	639	5.54±0.01	YES	
		1/2S	510±1.53	1.015	518	5.26±0.01	YES	
	0.4 mEq/mL (4 amp/100 mL)	D5W	990±2.00	1.036	1026	4.30±0.01	YES	
		NS	973±1.00	1.024	996	5.74±0.01	YES	
		1/2S	871±1.53	1.024	892	5.27±0.01	YES	
	PROPOFOL (2% vial 50 mL, 1% vial 50 mL) FRESENIUS KABI ESPAÑA, S.A	1%	-	307±0.01	0.999	307	8.08±0.01	NO
		2%	-	335±2.00	1.022	342	7.88±0.07	NO
RANITIDINE (amp 50 mg/5 mL) LABORATORIOS NORMON	1 mg/mL (50 mg/50 mL)	D5W	274±0.58	1.018	279	6.64±0.01	NO	
		NS	256±1.00	1.007	258	7.22±0.02	NO	

Table 2 (continued)

DRUG	CONCENTRATION	DILUENT	MEAN OSMOLALITY ^a	DENSITY ^b	MEAN OSMOLARITY ^c	pH	VESICANT
REMIFENTANIL (vial 1 mg, vial 5 mg) LABORATORIOS NORMON (vial 1 mg) LABORATORIO REIG JOFRE (vial 5 mg)	20 µg/mL (1 mg/50 mL)	D5W	287±0.00	1.020	293	3.50±0.01	NO
		NS	283±0.58	1.007	285	3.70±0.01	NO
	50 µg/mL (5 mg/100 mL)	D5W	286±1.00	1.019	291	3.60±0.01	NO
		NS	285±0.58	1.007	287	3.69±0.00	NO
	100 µg/mL (5 mg/50 mL)	D5W	285±1.53	1.020	291	3.41±0.01	NO
		NS	285±1.00	1.007	287	3.47±0.01	NO
RIFAMPICIN (RIFALDIN® vial 600 mg) SANOFI-AVENTIS, S.A.	6 mg/mL (600 mg/100 mL)	D5W	282±2.08	1.020	288	8.28±0.01	NO
		NS	262±2.00	1.009	264	8.31±0.01	NO
ROCURONIUM (vial 50 mg/5 mL) FRESENIUS KABI ESPANA, S.A	2.4 mg/mL (600 mg/250 mL)	D5W	295±1.15	1.017	300	4.05±0.01	NO
		NS	279±1.00	1.007	281	3.99±0.00	NO
	5 mg/mL (500 mg/100 mL)	D5W	294±0.58	1.015	298	4.02±0.01	NO
		NS	283±0.00	1.008	285	3.98±0.00	NO
SODIUM BICARBONATE (VENOFUYESN® frasco 1M (8.4%) 250 mL) FRESENIUS KABI ESPAÑA, S.A	8.40%	-	1567±1.00	1.081	1694	8.34±0.00	YES
SODIUM CHLORIDE (amp 20% 10 mL) B.BRAUN MEDICAL, SA.	8 mg/mL (1 amp/250 mL)	NS	516±0.58	1.012	523	5.94±0.01	YES
	20 mg/mL (1 amp/100 mL)	NS	874±1.15	1.020	892	5.72±0.01	YES

Table 2 (continued)

DRUG	CONCENTRATION	DILUENT	MEAN OSMOLALITY ^a	DENSITY ^b	MEAN OSMOLARITY ^c	pH	VESICANT
SODIUM CHLORIDE (2% 500 mL HYPERTONIC) FRESENIUS KABI ESPAÑA,S.A	2%	-	636±2.00	1.038	660	5.09±0.03	YES
TEICOPLANIN (TARGOCID® vial 400 mg) SANOFI-AVENTIS, S.A.	4 mg/mL (200 mg/50 mL)	D5W	297±0.58	1.021	303	7.48±0.02	NO
		NS	280±0.58	1.006	282	7.49±0.01	NO
	8 mg/mL (400 mg/50 mL)	D5W	297±1.53	1.022	304	7.73±0.01	NO
		NS	282±2.52	1.008	284	7.50±0.01	NO
THIOPENTAL (vial 1 g/20 mL) B.BRAUN MEDICAL, SA.	20 mg/mL (1 g/50 mL)	D5W	400±1.00	1.023	409	10.74±0.01	NO
		NS	392±1.53	1.013	397	11.16±0.01	NO
TIGECYCLINE (TYGACIL® vial 50 g) PFIZER, S.L.U	0.5 mg/mL (50 mg/100 mL)	D5W	283±1.53	1.020	289	4.96±0.09	NO
		NS	268±0.58	1.008	270	5.39±0.01	NO
	1 mg/mL (100 mg/100 mL)	D5W	275±1.00	1.020	281	5.05±0.01	NO
		NS	257±0.58	1.007	259	5.40±0.02	NO
TOBRAMYCIN (240 mg/80 mL bag) B.BRAUN MEDICAL. SA.	3 mg/mL (240 mg/80 mL)	-	313±0.58	1.010	316	5.12±0.01	NO
TRANEXAMIC ACID (AMCHAFIBRIN® amp 500 mg/5 mL) MYLAN PHARMACEUTICALS, S.L.	10 mg/mL (500 mg/50 mL)	D5W	340±2.08	1.020	346	6.65±0.01	NO
		NS	314±1.15	1.009	316	7.09±0.02	NO

Table 2 (continued)

DRUG	CONCENTRATION	DILUENT	MEAN OSMOLALITY ^a	DENSITY ^b	MEAN OSMOLARITY ^c	pH	VESICANT
URAPIDIL (ELGADIL® amp 50 mg/10 mL) TAKEDA FARMACEUTICA ESPAÑA, S.A.	2 mg/mL (100 mg/50 mL)	D5W	802±0.58	1.016	815	6.12±0.01	NO
		NS	778±0.58	1.008	785	5.99±0.01	NO
		1/2S	695±1.15	1.007	700	5.95±0.01	NO
	5 mg/mL (250 mg/50 mL)	-	1610±2.00	1.012	1629	6.18±0.01	NO
UROKINASE (vial 100.000 UI) UCB PHARMA, S.A.	1.000 UI/mL (100.000 UI/100 mL)	NS	272±0.00	1.007	274	6.10±0.01	NO
VALPROIC ACID (DEPAKINE® vial 400 mg) SANOFI-AVENTIS, S.A.	4 mg/mL (400 mg/100 mL)	D5W	334±1.00	1.018	340	6.95±0.01	NO
		NS	324±1.00	1.010	327	7.04±0.01	NO
	40 mg/mL (800 mg/20 mL)	D5W	705±1.15	1.022	720	6.82±0.01	NO
		NS	691±1.53	1.014	701	6.81±0.00	NO
		1/2S	592±2.00	1.009	597	6.80±0.01	NO

Table 2 (continued)

DRUG	CONCENTRATION	DILUENT	MEAN OSMOLALITY ^a	DENSITY ^b	MEAN OSMOLARITY ^c	pH	VESICANT
VANCOMYCIN (vial 500 mg) LABORATORIO REIG JOFRE	4 mg/mL (1.000 mg/250 mL)	D5W	279±1.00	1.020	285	3.61±0.01	YES
		NS	261±1.15	1.009	263	3.74±0.02	YES
	5 mg/mL (500 mg/100 mL)	D5W	273±0.58	1.020	278	3.70±0.01	YES
		NS	255±1.00	1.009	257	3.72±0.01	YES
	10 mg/mL (1.000 mg/100 mL)	D5W	249±1.53	1.020	254	3.61±0.01	YES
		NS	233±1.73	1.010	235	3.51±0.02	YES
VORICONAZOLE (vial 200 mg) KERN PHARMA, S.L.	2 mg/mL (200 mg/100 mL)	D5W	335±0.58	1.025	343	4.20±0.00	NO
		NS	321±1.00	1.016	326	5.38±0.01	NO
	4 mg/mL (400 mg/100 mL)	D5W	378±1.53	1.028	389	4.48±0.02	NO
		NS	359±1.00	1.016	365	5.44±0.01	NO

Color legend: Red-High risk; Orange-Moderate risk; Green-low risk

1/2S: sodium chloride 0.45%; D5W: dextrose 5% in water; NS: sodium chloride 0.9%

^a Mean osmolality expressed in mOsm/kg as the mean ± standard deviation of three different measures

^b Density expressed as g/mL

^c Osmolarity expressed in mOsm/L

* Osmolality values were above the osmometer calibration range

-There is no diluent specified in ready to use drugs

Table 3 Different brand-name drugs comparison

DRUG	CONCENTRATION	DILUENT	MEAN OSMOLALITY ^a	DENSITY ^b	MEAN OSMOLALITY ^a	pH	DRUG	CONCENTRATION	DILUENT	MEAN OSMOLALITY ^a	DENSITY ^b	MEAN OSMOLALITY ^a	pH
ACYCLOVIR (amp 25 mg/ml 10 ml) TEDEC-MEJJI FARMA, S.A	5 mg/mL (500 mg/100 mL)	D5W	287±0.58	1.043	300	10.46±0.02	ACYCLOVIR (vial 250 mg) LABORATORY REIG JOFRE	5 mg/mL (500 mg/100 mL)	D5W	324±0.00	1.022	331	10.29±0.01
		NS	279±2.08	1.032	288	11.04±0.03			NS	318±1.00	1.009	321	10.72±0.01
AMOXICILLIN SODIUM- CLAVULANATE (Vial 1 g) SANDOZ FARMACEUTICA, S.A.	10 mg/mL (500 mg/50 mL)	NS	350±1.53	1.036	363	8.91±0.01	AMOXICILLIN SODIUM- CLAVULANATE (Vial 500 mg) NORMON	10 mg/mL (500 mg/50 mL)	NS	350±0.58	1.013	355	8.80±0.01
	20 mg/mL (2 g/100 mL)	NS	425±0.58	1.040	442	8.90±0.03		20 mg/mL (2 g/100 mL)	NS	417±0.58	1.016	423	8.87±0.01
CEFOTAXIME (vial 2 g) LABORATORY REIG JOFRE	20 mg/mL (1 g/50 mL)	D5W	353±1.53	1.027	363	5.41±0.25	CEFOTAXIME (vial 1 g) NORMON	20 mg/mL (1 g/50 mL)	D5W	354±0.58	1.027	364	5.33±0.01
		NS	334±2.31	1.015	339	5.26±0.02			NS	341±1.00	1.015	346	5.38±0.01
	40 mg/mL (2 g/50 mL)	D5W	398±2.08	1.033	411	5.41±0.09		40 mg/mL (2 g/50 mL)	D5W	407±1.00	1.033	420	5.47±0.01
		NS	383±1.00	1.023	392	5.33±0.01			NS	393±0.00	1.025	403	5.45±0.00
HALOPERIDOL (amp 5 mg/mL) PENSA PHARMA, S.A.U.	0.05 mg/mL (2.5 mg/50 mL)	D5W	297±0.58	1.021	303	3.91±0.01	HALOPERIDOL (amp 5 mg/mL) ESTEVE	0.05 mg/mL (2.5 mg/50 mL)	D5W	289±1.00	1.019	294	3.61±0.02
	0.1 mg/mL (5 mg/50 mL)	D5W	297±0.58	1.021	303	3.80±0.02		0.1 mg/mL (5 mg/50 mL)	D5W	285±1.15	1.019	290	3.50±0.01

D5W dextrose 5% in water, NS sodium chloride 0.9%

^aMean osmolality expressed in mOsm/kg as the mean ± standard deviation of three different measures

^bDensity expressed as g/mL

^cOsmolarity expressed in mOsm/L

Color legend: Red high risk, Orange moderate risk, Green low risk

3.2 Characterization of the Agreed-on Infusion Solutions

The characteristics of the 106 drugs, corresponding to 183 different concentrations and 307 different admixtures, are shown in Table 2.

Most admixtures (281 [91.5%], corresponding to 101 drugs) had an osmolality <600 mOsm/L. On the other hand, 26 admixtures, corresponding to 15 drugs, had an osmolality > 600 mOsm/L.

Regarding the pH, 142 admixtures [46.25%], corresponding to 60 drugs, had a pH between 5 and 7.5. However, 68 admixtures [20.15%] corresponding to 27 drugs had an extreme pH < 4 (18 drugs) or > 9 (9 drugs).

Admixtures prepared with D5W had an osmolality slightly higher than those prepared with NS. The pH was more similar among admixtures prepared with D5W than among those prepared with NS.

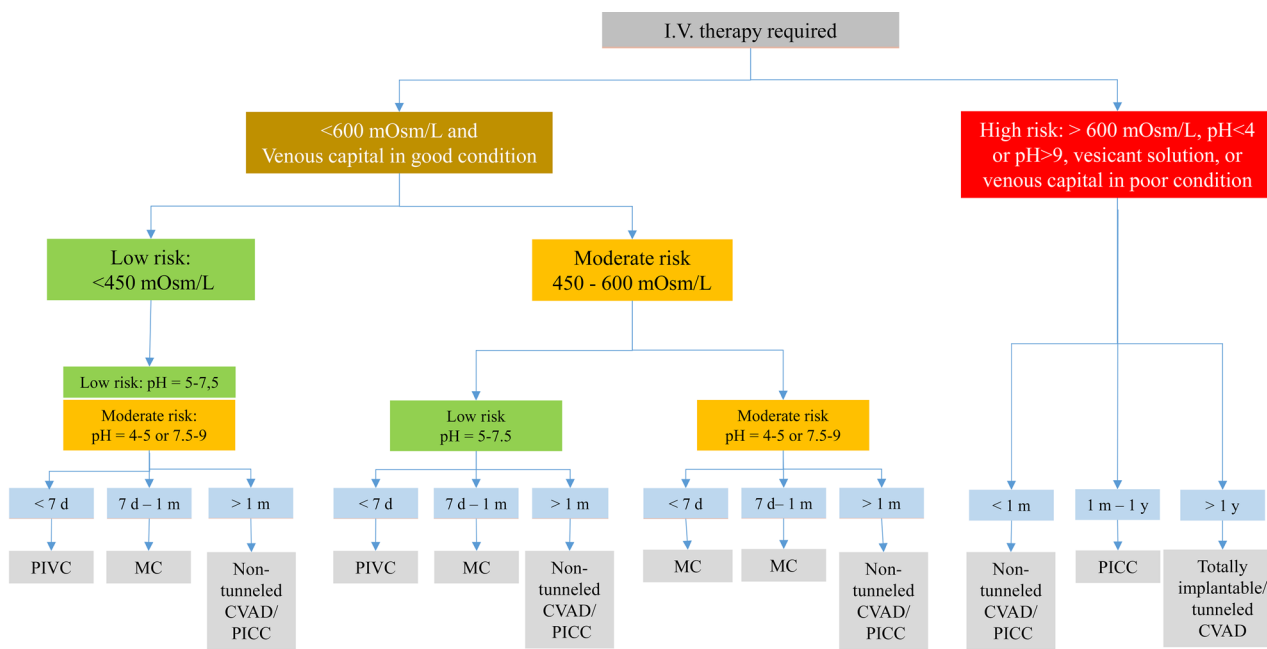
Nineteen drugs were categorized as vesicants, irrespective of their concentration, but only eight had extreme pH values (three drugs had at least one admixture with pH values > 9; five drugs had at least one admixture with pH values < 4)

Based on the literature [11, 32, 36, 37] and the experience of this panel of experts, drugs were categorized into different levels of tissue damage risk:

- ‘high risk’ drugs: osmolality > 600 mOsm/L, pH <4 or >9, or a vesicant;
- ‘moderate risk’ drugs: osmolality 450–600 mOsm/L, or pH 4–5 or 7.5–9 and not a vesicant;
- ‘low risk’ drugs: osmolality < 450 mOsm/L, pH 5–7.5 and not a vesicant.

Overall, 123 (40.0%) of the admixtures involving 45 (40%) of the drugs were categorized as ‘high risk’. In contrast, 99 (32.2%) admixtures involving 47 (44.3%) drugs were categorized as ‘low risk’.

To assess the influence of the diluents, Table 2 also shows the change in osmolality and pH for the same concentrations of drugs that only had osmolality values > 450 mOsm/L when diluted in sodium chloride 0.45% to yield the same concentration. Some of these drugs are usually delivered through a peripheral line but were classified as moderate or high risk according to their osmolality and pH values. None of the drugs diluted in sodium chloride 0.45% seemed to be incompatible with this diluent according to our study.



The specific catheter should be selected based on the manufacturer's recommended dwell time, therapy and patient characteristics. The selection of the vascular access device should be adjusted in each institution according to the situation, available resources and nursing staff training *d, days; m, month; y, year; PIVC, peripheral intravenous catheter; MC, midline catheter; PICC, peripherally inserted central catheters; CVAD, central venous access device*

Fig. 1 Algorithm for vascular access device selection. The specific catheter should be selected based on the manufacturer's recommended dwell time, therapy and patient characteristics. The selection of the vascular access device should be adjusted in each institution

Table 3 shows the comparative osmolarity and pH measurements for the same drugs with different brand names. This approach could only be carried out for acyclovir, amoxicillin/clavulanate, cefotaxime and haloperidol, as these were the only drugs with different brand names for different doses available at the center. All of the paired brands received the same categorization of risk.

3.3 Developing an Algorithm for the Catheter Selection

Based on the drugs' risk classification, the quality of the patients' venous access, and the duration of the therapy, the group of experts included some specific recommendations regarding osmolarity and pH risk in the general management of VADs and agreed on an updated proposed algorithm for the selection of the venous access, which is presented in Fig. 1.

According to this and on a general basis, three different types of catheters can be used:

CVADs are the preferred choice for long-term therapies, patients with difficult venous access, vesicant drugs and infusions with high osmolarity values (> 600 mOsm/L) or extreme pH values (< 4 or > 9). Peripherally inserted central

according to the situation, available resources and nursing staff training. CVAD central venous access device, *d* days, *I.V.* intravenous, *m* month, *MC* midline catheter, *PICC* peripherally inserted central catheters, *PIVC* peripheral intravenous catheter, *y* year

catheters (PICCs), tunneled, non-tunneled and implanted ports could be selected depending on other factors regarding therapy, catheter indications and patient characteristics, that were not the subject of study in this paper.

Short peripheral catheters are the preferred choice for short-term therapies, provided the osmolarity and pH of the infusate are at low risk for at least one of these features and the patient's venous patrimony is in good condition.

Midline catheters play a role for intermediate length therapies and could also be a suitable choice for drugs with an osmolarity and pH of moderate risk that are intended to be delivered in short course treatments.

4 Discussion

4.1 Standardizing Intravenous Therapy

Intravenous therapy can be administered in a wide range of different settings. Although it is delivered to the vast majority of hospitalized patients, it is well known that intravenous administration is potentially associated with relevant complications [5, 38]. It has been reported that in certain settings, more than half of the adverse drug events are associated with

intravenous medications [39, 40], and almost 60% of them occur during the administration phase, mainly due to the use of incorrect intravenous concentrations [40]. Therefore, it is widely recognized that there is a need for standards that may serve as a guide for safe practice to ensure the best patient outcomes [5, 41–43]. Standardization of infusion therapy may reduce variability in clinical practice and minimize the opportunity for errors [44]. Although there is an increasing interest in this strategy among national and international institutions, there is still room for improvement. The Institute for Safe Medication Practices (ISMP) recommends standardization of high-risk intravenous drugs in order to increase safety in this area [45]. In response to the release of this guideline, The American Society of Health-System Pharmacists (ASHP) has become the first professional association to promote a nationwide initiative, known as ‘Standardize 4 Safety’, aimed at achieving the same objective [46].

There are several local groups that have addressed this subject. However, nationwide leadership is needed in order to accomplish this goal. Our study is consistent with this identified need and has been based on the same methodology followed by other international institutions [47].

The drugs and concentrations that finally reached a consensus were those most frequently used in hospitalized adult patients, seemed to cover all possible clinical conditions and are consistent with other concentrations suggested and published in the literature [21, 48]. However, if drug standardization protocols are compared among institutions, differences might be noticed due to variations in procedures, preferences and the availability of different brand drug names that may influence the choice of one drug strength over another.

Limited experience with the five drugs excluded from the study led to a higher variability in possible concentrations that could not reach the consensus threshold and therefore could not be taken into account in the characterization process.

4.2 Characterizing the Physicochemical Properties of Standard Therapy

Characterization of the physicochemical properties of standard therapies could provide very useful information that could guide the selection of the most appropriate vascular access for the patient. Despite an increasing body of evidence regarding the management of intravenous therapy, most of the recommendations on this topic are based on a low level of evidence, and the precise role of drugs according to their physicochemical characteristics remain uncertain.

Unfortunately, human tolerance of pH and osmolarity has not been well studied, but general recommendations exist in

this regard for minimization or prevention of vascular damage due to extremes of pH or osmolarity [5, 11].

The administration of intravenous solutions that are not isotonic, especially hypertonic solutions, may induce osmotic changes that, in turn, may lead to several adverse events, including erythrocyte destruction, phlebitis and even necrosis at the injection site [26, 49]. Reducing the osmolarity may reduce the risk of thrombophlebitis [50]. Taking osmolarity into account is, therefore, important when preparing medication for intravenous infusion [26]. Although osmolality can be measured without major difficulties, in clinical practice osmolarity is preferred as a measure of the osmotic properties of the solution since it expresses the concentration as a function of volume [11, 26]. For dilute solutions, the difference between osmolarity and osmolality is insignificant, and this is the most common scenario in intravenous therapy.

The labels and literature for products for which osmotic strength is important should state the osmolality, and in many cases, the osmolarity. However, real-world evidence shows these data are often missing in the summary of product characteristics.

The physicochemical properties of the admixtures presented in this work had to be determined experimentally due to the lack of published data, both in the literature and in the labels of the drugs. The data presented in this study have been obtained from pharmaceutical commercial presentations available at the center at the time of the study, which are stated in Table 2.

To date, as far as we know, the work we are presenting is the most extensive study addressing the osmolarities and pH of standard drug concentrations.

In our analysis of the 307 admixtures of 106 drugs, we found that osmolality and osmolarity are almost interchangeable since the density of the solutions was close to 1.0 g/mL (Table 2).

Although the type of infusion fluid may affect the osmolality and pH [51], overall, we found that these parameters did not differ much between admixtures prepared with D5W or NS. Osmolarity was slightly higher in D5W and pH was slightly more acidic in D5W. Differences from theoretical data may be justified due to the non-ideal behavior of solutions that may not completely dissociate and may have interionic attractions or solvations [27]. Therefore, the selection of the preferred infusion fluid should not be based only on these characteristics.

Among drugs with different concentrations, drug dilution did not seem to modify pH in a significant manner.

Most admixtures had an osmolarity < 600 mOsm/L, but when osmolarity was > 450 mOsm/L, changing the NS diluent to hypotonic sodium chloride proved to be a valuable strategy for some drugs in order to reduce their osmolarity and subsequent potential risks. This finding is consistent

with other authors' work demonstrating that for drugs with high osmolarities, 0.45% sodium chloride or sterile water may be used as the diluent for injection [26] (Table 2). None of the drugs diluted in sodium chloride 0.45% seemed to be incompatible with this diluent. However, this study was not aimed to assess drug–diluent compatibility, so in case of lack of information in literature these findings should be interpreted with caution.

The osmolarity that peripheral veins are able to tolerate depends not only on the osmolarity value but also on the infusion rate [52]. Therefore, modifying the infusion rate and diluting the drug further might be effective strategies aimed at reducing the risk of phlebitis associated with infusion solutions [53].

Regarding pH, 68 admixtures (22.2%) corresponding to 27 drugs had a pH < 4 or > 9, which is usually, but not always, associated with the vesicant nature of the drug. Vesicant drugs can also be in the physiological range of pH and osmolarity and still induce tissue damage via alternative mechanisms of toxicity [54]. Very acidic or basic drugs can damage the vein's delicate inner layer, so proper dilutions and the correct VAD selection are of critical importance.

These results show almost half of the drugs most commonly used in hospitalized adult patients may be delivered at a concentration that might put patients' venous patrimony at risk, so this is a key point to take into account when selecting the right venous access and the most appropriate VAD in order to minimize potential harm.

To assess the potential influence of different brand-name drugs on osmolarity and pH values, a comparative analysis among five different drugs for which different brand names were available at the center was carried out. Although this subanalysis represents a tiny percentage of all of the drugs included, it seems that changes in brand-name drugs do not alter the risk level assigned to each drug as osmolarity and pH slightly vary.

Although they are not expected to identify important differences between different commercial brands, as shown in Table 3, we should be cautious when interpreting this information.

4.3 Selecting VADs

There is literature proposing decision algorithms for the selection of vascular access, mainly taking into account the duration of the therapy, the conditions of the patient's venous patrimony, the osmolarity and the vesicant nature of the solutions to be infused. In this sense, there is unanimity in recommending central catheters for patients with poor vascular access, long treatments and/or hyperosmolar drugs; however, the osmolarity threshold above which a drug is not considered optimal for peripheral infusion, as well as

the role of the pH of the intravenous mixtures, are not well defined [33–35].

The current 'Infusion Therapy Standard of Practice' considers an osmolarity of 900 mOsm/L as a threshold for selecting central venous access but makes no recommendation on pH [5]. A previous version of this manual recommended an osmolarity threshold value for central venous access of 600 mOsm/L and a pH range of 5–9 [33]. The available literature varies regarding recommendations on the osmolarity limit for solutions suitable for peripheral infusions, and some authors suggest a threshold of approximately 600 mOsm/L [11, 32, 36].

This group of experts, consistent with the recommendations of other authors [55–57], considered a threshold of 450–600 mOsm/L more appropriate for avoiding irritant solutions for peripheral administration. Due to variability in recommendations, it seems reasonable to define different risk levels. Therefore, drugs with an osmolarity value < 450 mOsm/L would be of low risk, moderate risk if osmolarity was 450–600 mOsm/L and high risk if osmolarity was > 600 mOsm/L [11, 36, 55–57].

As far as pH is concerned, experimental studies have suggested that if the pH is not lower than 6.5, peripheral veins are able to tolerate the infusion without phlebitis [58]. The plasma pH is between 7.35 and 7.45; however, because of the plasma's buffering power, it seems reasonable to state that drugs with a pH between 5 and 7.5 can be suitable for peripheral administration.

Although pH is not considered a restrictive factor on its own for the peripheral administration of intravenous medications, some authors believe its influence could be relevant, especially when the pH is <4 or >9 [59, 60]. Taking all this into account, the authors believe it seems reasonable to define three risk levels regarding pH: high risk (pH < 4 or > 9), low risk (pH 5–7.5) and moderate risk for those intermediate situations when pH is 4–5 or 7.5–9 in order to improve the rational and safe use of VADs [11, 32, 36].

The drug nature should also be assessed. It has been proven that vesicant drugs may damage tissues even though their osmolarity and pH values are within a physiological range. Though oncology drugs are well characterized [61], there is no accepted standard for classifying a noncytotoxic solution or medication as a vesicant, and therefore clinicians should rely on the information provided in the summary of product characteristics, case reports and the published literature. The Nurse Infusion Society published a review of vesicant non-cytotoxic drugs with higher evidence in the literature [62] that allowed the authors in this project to identify vesicant drugs in Table 2.

In view of this evidence and controversy, agreeing on different risk levels and including them in classical decision support algorithms might be a useful approach [37].

According to the expert panel and consistent with current evidence, CVADs should be used when delivering drugs with an osmolarity >600 mOsm/L, extreme pH drugs, vesicant drugs, long treatments or patients with a poor vascular access condition [33–35].

Peripheral catheters should be used for short therapies, patients with a good vascular access condition and drugs with osmolarity and/or pH of low-moderate risk. Midline catheters are peripheral catheters inserted into the upper arm via the basilic, cephalic, or brachial vein [5]. They play their part in treatments involving peripherally appropriate solutions that will likely exceed 6 days and for patients requiring infusions of up to 14 days [63, 64]. What this paper adds is that these catheters might be an alternative to short peripheral catheters and a good choice for drugs of a moderate osmolarity and pH risk that are intended to be delivered through a peripheral line for short course treatments.

The suggested algorithm does not differ from the current recommendations regarding peripheral or central access when including risk levels of pH and osmolarity of infusates. However, having a deeper knowledge of the physicochemical properties of therapies can help ensure a safe and suitable decision is made according to the therapy, type of patient and available resources.

This algorithm is a general approach that applies in ideal situations with low complexity patients, availability of resources and trained personnel. If these recommendations cannot be followed due to emergency scenarios, lack of resources or failure to canalize a central venous access safely, some effective strategies that might minimize the potential harm of a vesicant drug or one with extreme osmolarity or pH include assessing the dilution, in order to change the diluent or increase the dilution, and slowing the rate of infusion [5, 59].

5 Conclusions

Ensuring the safety of intravenous drug administration should be a priority in all health care organizations. It should be noted that when categorizing admixtures based on the pH, osmolarity and vesicant nature of the infusates, it was found that 40% of the admixtures involving one-third of the drugs were categorized as ‘high risk’. This highlights the importance of properly characterizing intravenous solutions and medications in order to guarantee patient safety and preserve their venous patrimony. Having tools that allow health professionals to know the characteristics of the drugs to be administered and to assess the risk involved in their administration in relation to other possible patient-related factors can be useful to guide decision making regarding the most suitable type of vascular access and device of choice in each particular case.

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Declarations

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