

Mechanisms by which angiotensin-receptor blockers increase ACE2 levels

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We read with interest the well-balanced Comment by Zheng and colleagues (COVID-19 and the cardiovascular system. *Nat. Rev. Cardiol.* **17**, 259–260; 2020)¹ and their Reply (Reply to: ‘Interaction between RAAS inhibitors and ACE2 in the context of COVID-19’. *Nat. Rev. Cardiol.* **17**, 313–314; 2020)² to the Correspondence written by Mourad and Levy (Interaction between RAAS inhibitors and ACE2 in the context of COVID-19. *Nat. Rev. Cardiol.* **17**, 313; 2020)³.

We have reported the capacity of angiotensin-converting enzyme (ACE) inhibitors and angiotensin II receptor blockers (ARBs) to increase the left ventricular levels of *Ace2* mRNA when given to normotensive rats either under normal conditions⁴ or following coronary artery ligation⁵. This work revealed the existence of a negative feedback mechanism in which the angiotensin-converting enzyme 2 (ACE2)–angiotensin-(1–7)–Mas receptor axis counterbalances the pathological effects of angiotensin II⁶. In their Reply², Zheng and colleagues suggest that the mechanism underlying the increase in levels of cardiac *Ace2* mRNA and ACE2 activity by these drugs was undetermined; we wish to clarify that we did elucidate the mechanism by which these medications augment the expression of ACE2 (REFS^{7–9}).

In these studies, the inhibitory effect of angiotensin II on the transcription of *Ace2* in cultured cerebellar or medullary astrocytes

from rats was prevented by exposure to losartan or valsartan but not PD12319 (a blocker of angiotensin II receptor type 2)⁷. A similar finding was obtained in cultured cardiomyocytes and cardiac fibroblasts from neonatal rats⁸; in these in vitro experiments, the inhibitory effect of angiotensin II on the transcription of *Ace2* and on ACE2 enzymatic activity was replicated by the treatment of cardiomyocytes with exogenous endothelin 1 (REF⁸). The inhibitory effect of angiotensin II on *Ace2* transcription is mediated by activation of extracellular signal-regulated kinase 1 (ERK1; also known as MAPK3) and ERK2 (also known as MAPK1)^{8,9}. In addition, treatment of rat neonatal cardiomyocytes in vitro with atrial natriuretic peptide reversed the downregulation of *Ace2* transcription induced by angiotensin II or endothelin 1 (REF⁸). We have also shown that angiotensin II reduces *Ace2* transcription and ACE2 activity in rat aortic smooth muscle cells in vitro via activation of a MAPK phosphatase pathway⁹, as confirmed by others¹⁰.

These experiments show that *Ace2* expression in cardiac tissues in rats depends on the balance and concentration of regulatory molecules. We appreciate the opportunity to highlight the cellular signalling mechanisms by which ARBs increase *Ace2* expression and ACE2 activity, especially given that ACE inhibitors and ARBs have opposite effects on the plasma and tissue concentrations of angiotensin II and angiotensin-(1–7) (REF⁹).

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<https://doi.org/10.1038/s41569-020-0387-7>

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Acknowledgements

The work by the authors described in this Correspondence was carried out with support from the National Heart, Lung, and Blood Institute of the NIH (grant HL-051952).

Competing interests

The authors declare no competing interests.